

NSI — Be prepared, think PRP

5th Mission Support Group

Over the past several months the base has prepared for its Nuclear Surety Inspection or NSI, which is currently underway until Aug. 20.

While military family members may not be familiar with the extent of all areas being evaluated, they should be aware of the areas of base security which overlap with their safety and protection.

Recall last week's exercise. During this exercise the base was placed into Force Protection Condition DELTA, or FPCON Delta. All military members and their families should ask themselves a few questions.

Did I know what was happening when the warning was given? Do I know what I should do at our house, while in the Commissary or in the BX? Am I familiar with what the schools will do with my children in-place?

If one has a doubt or a concern, TALK ABOUT IT. They should talk to their military spouse, the unit's key spouse, the unit's First Sergeant, other spouses or spouse groups. The bottom line is talk to someone and get the questions answered!

For example, when FPCON Delta is directed, all missions halt except base security. This includes training, administrative functions and most day-to-day operational activities. Security forces will be fighting to protect personnel and resources. Base residents can expect rigid security at base gates and immediate restrictions on their movements, such as being directed to stay home.

FPCONs have five different levels ranging from FPCON NORMAL to FPCON DELTA. Each describes progressive threat levels and initiates pre-planned defensive or mitigation actions.

FPCON ALPHA applies when there is an increased



(U.S. Air Force photo by Airman 1st Class Aaron-Forrest Wainwright)

Senior Airman Alexander Ballard, 5th Security Forces Squadron response force team member, provides security following an increase of Force Protection Condition during a major accident response exercise here Aug. 5. During heightened protection levels, security forces will be fighting to protect personnel and resources, and base residents can expect rigid security at base gates and immediate restrictions on their movements, such as being directed to stay home.

general threat of possible terrorist activity against personnel or facilities. FPCON BRAVO applies when an increased or more predictable threat of terrorist activity exists. If an incident occurs or when intelligence is received that a threat action against a specific location is imminent, Minot AFB will implement FPCON CHARLIE or DELTA. Some incidents that could result in these elevated levels are: a bomb-threat, suspicious package/improvised explosive device, vehicle gate runner, weapons fire, unauthorized aircraft landing and terrorist attacks.

After the situation is

handled or the threat has passed, lower protection levels may be directed and base security procedures returned to a lower state of readiness. Follow-up announcements will be broadcasted over the base's giant voice system, through electronic battle staff directives, on the base website and through unit control centers.

Remember the DELTA warning. If DELTA is implemented, the entire base will hear an audible wavering tone and verbal instructions over the installation emergency broadcast system (giant voice). At this time, all personnel should go inside

the nearest building or house and lock the doors and windows. Once secured in the nearest shelter, await further guidance from the commander. Family members should have an emergency plan and emergency communication plan, know the plan and be ready to follow announcements from authorities both on- and off-base.

As an example of some emergency plans, in FPCON DELTA bus drivers transporting students on base are expected to divert to the fitness center or as directed. Also, on the occasion that the bus is off base and unable to gain entry to the base, chil-

dren will be returned to the school from which they were picked up.

While learning about and discussing FPCONs, one should ask their spouse or another military member about Nuclear Surety and the Personnel Reliability Program, or PRP. What are some questions a spouse or family member should ask about PRP?

Do I know about PRP? Do I know if my spouse is on PRP? If so, do I know the basics of the program and the limitations and responsibilities this program places on

see NSI on page 11

Northrop Grumman celebrates 40 years

Aerospace systems manufacturer throws out red carpet for Fort Berthold employees

By Brooks McKinney
Northrop Grumman
Public Affairs

Employees of Northrop Grumman Corporation's (NYSE: NOC) New Town facility, their families, state and local elected officials and visiting dignitaries joined together on Friday, Aug. 6 to celebrate the company's 40 years as an integral and valued member of the community.

The anniversary party, marked by a barbecue, face painting, karaoke and dancing in New Town's Van Hook Park, brought together people for whom the facility has been a significant part of life. Attendees included Gov. John Hoeven (R- N.D.); Marcus Levings, chairman of the Three Affiliated Tribes; Dan Uran, mayor of New Town; representatives for several members of North Dakota's Congressional delegation; and

Northrop Grumman officials.

"I want you to know how much I appreciate the work you've done, the work ethic you bring, and the role you've played in helping bring positive attention to the great state of North Dakota," Hoeven told the gathering of current and former employees.

"The work you're doing on the Global Hawk (high altitude long endurance unmanned aircraft), for example, is helping us turn Grand Forks into one of the nation's premier centers for unmanned aircraft systems."

The New Town facility produces RF and fiber-optic cables, and wire harnesses essential to key Northrop Grumman aircraft programs such as the F/A-18 Hornet and Global Hawk.

"The 137 employees of the New Town site are a critical extension of the 120,000 employees of Northrop Grum-

man," said Tommy Tomlinson, sector vice president for production operations for Northrop Grumman's Aerospace Systems sector. "They are an invaluable resource to the company, their community and the security of our nation. The consistent quality, performance and on-time delivery of their products helps Northrop Grumman continue delivering the best technology in the world to U.S. warfighters and their allies."

Northrop Grumman's New Town facility began operation in 1970. It is one of the largest employers in Mountrail County.

"The New Town operations remain a key part of the community and Mountrail County," said Bryan Fluhrer, the facility's site manager.

"Over the years many things have changed around here, but a few things have remained constant: our employees' dedication to their work,



(photo by Jodie Iverson)

Northrop Grumman New Town site manager Bryan Fluhrer introduces dignitaries Friday during the 40th anniversary celebration of the aerospace systems manufacturer. Dignitaries include from left; Marcus Levings, Three Affiliated Tribes chairman, Gov. John Hoeven, New Town Mayor Dan Uran and Northrop Grumman sector vice president Tommy Tomlinson.

the quality of their work, and their desire to always do what's right for the men and women in uniform."

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Warbird comic artist explains inspiration

by Senior Airman
Benjamin Stratton
Minot Air Force Base
Public Affairs

[Editors note: This story is part two of a three part series highlighting Staff Sgt. Eric Henson's gift in comic art and how he incorporates them and what they mean into his everyday life and family as an Airman.]

A Minot Airman graced with a special gift explains his art and dedication to the comic book industry.

Staff Sgt. Eric Henson, 5th Force Support Squadron base personnel reliability program monitor, works magic every time he sets down to his drawing desk. But how does he do it? What brings him back each time with greater vigor than before?

"It's a huge portion of who I am," said Sergeant Henson. "It's just part of my natural build."

The sergeant began drawing when he was 5-years-old. His father, Jim Henson, was an amateur artist himself and greatly influenced his son. So much that Sergeant Henson said, "He's my number one mentor by far."

"If my Papa likes it, it's good art," he added. "He started me on the path to art and I will always value his opinion over all others."

Keeping it in the family, the sergeant said he also turns to his 4-year-old daughter, Nevaeh, for "her artist's eye."

"She sees things much more purely," Sergeant Henson continued. "Our children are observers first."

Yet, Nevaeh does more than critique her father's work, she also provides him with motivation.

"She inspires me to draw," he said. "Some of my most ac-

claimed ideas have come from a 4-year-old."

Just as the sergeant's family is important to him, his religious beliefs are also a big part of his life and more importantly, his art.

"There is a verse from the Bible in the book of Proverbs from chapter three which states: 'Do not be wise in your own eyes,'" Sergeant Henson said. "This verse quite literally tells you to build a stable of counselors."

And the sergeant has done just that, he has sought after the advice of his father, his daughter and others who have been in the business for years, such as Loston Wallace, who is a licensing artist with DC comics.

"I met Mr. Wallace through an online community for artists," said Sergeant Henson. "He's one of the best art critique(r)s and has given me some great tips."

While tips and critiques help an artist, having a strong history with an infamous instructor is invaluable. Frank Neal, an instructor at the art school Sergeant Henson attended, was a driving force and a contributing factor to the sergeant's art to this day.

"He always pushed me to enter art contests," Sergeant Henson said. "I placed every year from 1997 to 2003 and received awards at local and district levels."

Neal's mentorship brought about the best in the sergeant's work growing up. Sergeant Henson added, "He was a phenomenal painter too!"

Mentors, family, friends and coworkers alike have appreciated what the sergeant has produced throughout the years. They are a part of who he is and who he is to become.

Referencing his art, the

sergeant explained what it truly is that brings him back to the drawing table day after day:

"Love it and be happy with who you are," he said. "If you love something, whether it be comic art, music, painting, etc.; do not be ashamed of it - pursue it with all your heart and when you die, you'll know you did all you could to be a good steward of the gift you've been blessed with."

With all his art and work for the Lord, Sergeant Henson said, "I am an Airman first."

Find out in the next story of this series how Sergeant Henson fits his all he does, whether it is his art or his work as a Lay minister, into his life as an Airman.

(U.S. Air Force photo by Senior Airman Benjamin Stratton) Staff Sgt. Eric Henson, 5th Force Support Squadron base personnel reliability program monitor, poses in front of some of his first pieces of comic art in his home here Aug. 11.



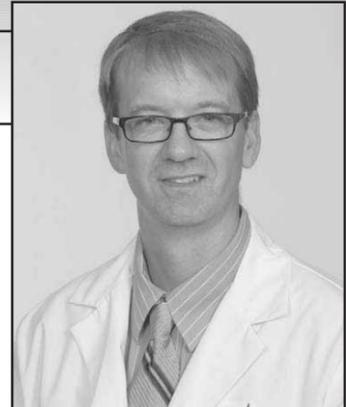
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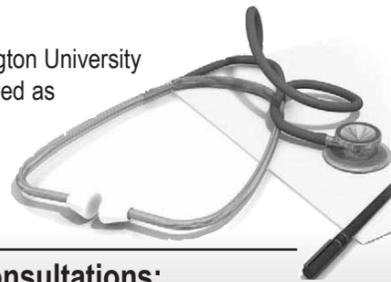
Education:

- Medical degree, MCP Hahnemann University School of Medicine, Philadelphia
- General Surgery residency, Indiana University School of Medicine
- Chief resident, 2007-2008
- Plastic Surgery residency, Washington University School of Medicine, where he served as chief resident
- Member, American Society of Plastic Surgeons



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Welcome Home Deployers!

Minot Air Force Base welcomes home its deployers! Family and friends, coworkers and commanders, all share in the warm-hearted feeling when their Airmen return safely from their deployed location, wherever in the world this may have been. The following Airmen have recently returned from deployment:

5th Bomb Wing
Staff Sgt. Timothy Fiordaliso

5th Logistics Readiness Squadron
Senior Airman Christopher Curtis

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ii. Submissions: We welcome your stories and photos if interest to the readership of the Northern Sentry. E-mail articles and photos for possible publication in the Northern Sentry to nsads@srt.com. Minot Air Force Base Public Affairs reserves the right to not authorize publication.

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Photos: Photos must be 4"x6" or at least 200 pixels in order to assure print quality. If questions, please e-mail nsads@srt.com.

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For advertising, call 839-0946 or fax to 839-1867, 15 1st Ave. SE (downtown Minot) or mail to P.O. Box 2183, Minot, ND 58702, nsads@srt.com.

To view the paper online go to www.northernentry.com.

Local Weather

Fri
8/13 73/55 

A few thunderstorms possible. Highs in the low 70s and lows in the mid 50s.

Sat
8/14 69/51 

Scattered thunderstorms possible.

Sun
8/15 74/50 

Some sun with a few showers possible.

Mon
8/16 73/49 

Times of sun and clouds. Highs in the low 70s and lows in the upper 40s.

Tue
8/17 74/48 

Few showers. Highs in the mid 70s and lows in the upper 40s.

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operation homefront

Commentary by Martina Kranz
Northern Sentry Writer

Practice Makes Perfect

As I waited for my daughter at the orthodontist's office, I read a school's advertisement for their children's writing course in a magazine.

Several weeks later, I wrote the entrance essay. I mailed the essay, crossed my fingers, and hoped it was at least entertaining.

In March 2006, I received the acceptance letter and my course manual. When I received my instructor's letters in the mail, I read her comments, good or bad, about my assignments. This course taught two important life lessons that I had forgotten.

The first lesson was that I had to accept constructive criticism; which was so difficult for me in the beginning. Otherwise, what was the point

for the course? My instructor was polite, eloquent, and extremely helpful in her letters.

Her favorable comments spurred me to keep my good writing habits, but the criticism hurt. Then I realized that the criticism either made me a better writer or made me a better quitter.

I took a writing course in college but I did not enjoy it very much. The instructor was too uptight for me and didn't make many comments, just mostly proofread. Proofreading is important, but I just remembered the feeling when my essays were returned and they were full of red ink!

The second lesson I tried to teach to my own children when they got frustrated. Do you remember when

your parents said to you "practice makes perfect?" I forgot to apply this wise adage to myself as I got older. I had too many other daily duties to worry about constantly.

Finally, I set aside "me" time to do whatever I pleased.

As the course progressed, I looked forward to writing after cleaning the house, washing laundry, vacuuming, or caring for my family. Some days, I only wrote for 30 minutes, but this time was the most creative.

The initial course and the advanced course took over two years to complete, but it became a fun and creative outlet for me. I improved my writing skills, enjoyed the learning, and relearned patience along the way.

In need of a will? Look no further

Commentary by
Lt. Col. Ira Perkins

21st Space Wing Staff Judge Advocate

PETERSON AIR FORCE BASE Colo. (AFNS) - A few days ago, my 4-year-old son, Phoenix, asked me what was going to happen to all of my money when I go to heaven. I think my wife had just told him that his dad would not buy him a candy factory, so money was obviously on this youngster's mind.

I usually can't answer most of Phoenix's questions (e.g., What do clouds taste like? How much does a cloud cost?), but this one I knew I could nail - because I am, in fact, a lawyer. So, I effortlessly responded, "Son, Dad's will will take care of that." In his 4-year-old dialect, Phoenix, just as effortlessly, responded, "then, when will your 'will' buy me a candy factory?"

Just about then, my 7-month-old son began to cry. Immediately, a pang of anxiety ripped through my legal skull - I have a new baby, but I don't have a new will. Foolishly, in the commotion, stress, and excitement of our pending permanent change of station, I had completely forgotten to amend my will to account for my new son. Now, I realize this is not the crime of the century. But here's the thing: I've been briefing Airmen for 14 years on the importance of estate planning, on the importance of updating your will, on the importance of having all your legal affairs in order before you move,

or before you deploy; and yet I had failed to heed my own words.

Now, clearly I have the inside track on getting a will. I could just walk down the hall and one of my seven judge advocate generals would love to draft the document that determines where the boss's money goes in the event of his untimely demise. But, instead of going directly to my JAGs, I decided to join the crowd and try out the new legal assistance website that was advertised in the paper a few weeks back. The new website is <https://aflegalassistance.law.af.mil>.

To be honest, I was a little skeptical the website might be just another "save-time-initiative" that did save time for the unit, but not for the frustrated customer that took on the work.

This is absolutely not the case with the legal assistance website. It saves you time.

By visiting the website at home, I had all the information I needed to completely fill out my will worksheet (e.g., relatives' names, addresses, inventory of valuables). Most importantly, I was able to discuss critical decisions about our assets and our children with my wife in the privacy of our home. After I completed the will worksheet, the website produced a ticket number that allowed an attorney in my office to pull up my confidential information and then draft and discuss my will with me.

If you are still not convinced that you need to visit this legal assistance

website, here are five reasons to check it out:

1. You can print your own general or special power of attorney, and bring it in to get notarized during the duty day (not just legal assistance hours).

2. You can research legal topics like taxes, identity theft and deployment readiness.

3. You can prepare for your legal visit while you're on temporary duty or out of the office.

4. You can take an online survey to rate how my attorneys are doing, so we can provide you even better service.

5. You can get your son's candy factory inheritance in writing.

To ensure that you are legally ready for your PCS, deployment, or for whatever comes your way; check out <https://aflegalassistance.law.af.mil> before visiting the legal office.

Lives saved through AADD

Airmen Against Drunk Driving is a voluntary organization Airmen can call when they need assistance from a wingman, at 838-2233.

Volunteers for the weekend of Aug. 12 to Aug. 14 are from the 5th Force Support Squadron, 5th Contracting Squadron and the 5th Communications Squadron.

**Saves through
August 7: 607**

If you know of an event or happening on base or around the area, let us know!

Email to: nsads@srt.com

Face of the Base

The Minot AFB public affairs office highlights everyday Airmen from both the 5th Bomb Wing and 91st Missile Wing to showcase our base's exemplary Airmen.



Senior Airman Joshua Farre

(U.S. Air Force photo by Senior Airman Michael J. Veloz) Senior Airman Joshua Farre, 54th Helicopter Squadron noncommissioned officer-in-charge department of evaluations, is from Fajardo, Puerto Rico. Senior Airman Farre joined the Air Force in Sept. 2005 for "the chance to serve the nation while having the opportunity to travel." A career goal of his is to make a commission and earn a ration position as a pilot. In his free time, he enjoys spending time with his wife and training his dogs.



Airman 1st Class Michael Casey

(U.S. Air Force photo by Senior Airman Michael J. Veloz) Airman 1st Class Michael Casey, 5th Munitions Squadron line delivery crew member, is from Rancho Cordova, Calif. Airman Casey joined the Air Force in Oct. 2009 to "broaden his horizon and enhance his education." A career goal of his is to attain the rank of Chief Master Sergeant. In his free time, he relaxes by playing sports and camping with his friends.



Airman 1st Class Moises D. Gallardo

(U.S. Air Force photo by Senior Airman Benjamin Stratton) Airman 1st Class Moises D. Gallardo, 741st Missile Squadron missile chef, is from Columbia. Airman Gallardo joined the Air Force in Oct. 2008 to "to gain experience that only the Air Force could provide." A career goal of his is to earn his degree and attempt to continue his career through the Air Force academy. In his free time, he enjoys reading and playing soccer.



Staff Sgt. Robert Poteat

(U.S. Air Force photo by Senior Airman Michael J. Veloz) Staff Sgt. Robert Poteat, 91st Operations Support Squadron codes controller, is from Dalzell, S.C. Sergeant Poteat joined the Air Force in 2001 to "serve and defend his country." A career goal of his is to achieve the rank of Master Sergeant. In his free time, he tries to relax by watching movies.

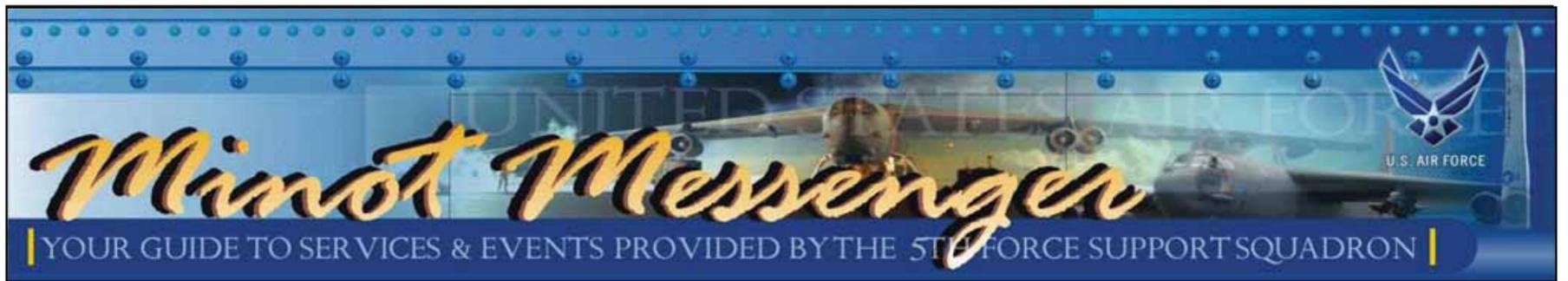


Staff Sgt. Tyler Ellingson

(U.S. Air Force photo by Senior Airman Michael J. Veloz) Staff Sgt. Tyler Ellingson, 5th Maintenance Operations Squadron network noncommissioned officer-in-charge scheduling, is from Fargo, N.D. Sergeant Ellingson joined the Air Force over six years ago to "gain experience in the aircraft maintenance field." A career goal of his is to finish his degree to earn a commission in the Air Force. When not coordinating training for members of the 5th Maintenance Group, he enjoys camping and hunting.

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End Of Summer Bash Features Block Party & Car Show

Although summer officially ends in September, one of the last big bashes of the season takes place on Friday, August 20th during the Family Reunion Block Party and Show & Shine Car Show.

The Block Party is an FSS Dollar Days event for club members and features a wide array of activities and events for both young and old. The Block Party runs from 4:30-8 p.m. with food served from 5 p.m. to 7 p.m. The menu features roasted and barbeque chicken and ribs, plus all the fixings. Cost for the meal is \$1 per person for club members and their family members (children under 2 are free). Club cards must be presented to show current membership. **Non-club members are invited to take this opportunity to sign-up for membership at this event and then participate in all the festivities.**

For the young, there are plenty of games planned along with a Bouncy Castle, Super Slide, and Dunk Tank. This year, the Block Party is featuring a number of "live" bands including REDBALL, BENT, and The Main Street Revival along with a DJ to play your favorite party music. Numerous prize drawings are scheduled to be held throughout the evening. The Family Reunion Block Party is sponsored in part by Wells Fargo Bank. *No Federal Endorsement of Sponsor Intended.*

The Block Party takes place outside in the J.R. Rockers parking lot. J.R. Rockers is only open to support the Block Party. For details, call 727-ROCK.

Car enthusiasts will definitely enjoy the 5th Annual Show & Shine Car Show held on Friday, August 20th from 4:30-8 p.m. in the J.R. Rockers



parking lot. The Show & Shine Car Show features five classes including car (1975 and older), car (1976 and newer), truck (1975 and older), truck (1976 and newer), and a motorcycle division. Each class will be judged by the public with the top 2 vehicles in each class receiving "People's Choice" awards for their respective division. In addition, special "Kid's Choice" awards are given to the top 2 vehicles overall as determined by the votes of the children age 12 and under attending the show.

Car enthusiasts that would like to enter their vehicle in the Show & Shine Car Show should contact Jay, Auto Hobby at 723-2127 to receive an entry form. There is no entry fee for this show and numerous door prizes will be given away.

The event includes display booths from car show sponsors. The Show and Shine Car Show is sponsored in part by Tires Plus, Jim Ryan Chevrolet, Jerome's Auto Body, and Fisher Motors. *No Federal Endorsement of Sponsors Intended.*

WATER CARNIVAL MOVED TO SATURDAY, AUGUST 14TH

Due to replacement of a pump, the Water Carnival at the Outdoor Pool originally scheduled for Friday, August 13th from 1-7 p.m. has been moved to Saturday, August 14th from 10 a.m. to 7 p.m. If the pump installation is not accomplished by Saturday, the Water Carnival will be moved to the Indoor Pool.

Summer Reading Program Wrap-Up Party

Aug. 14th - 1 p.m. - Library

Grand prize drawing for the camping supply package valued at \$250 plus children's stories and a craft. Call 723-3344 for details.

Movie Night in the Park

August 20th - 9 p.m.

Bud Ebert Park

Movie will be:

"Princess & the Frog"

Outdoor Recreation invites you to bring your family and a blanket to Bud Ebert Park for the FREE Movie Night in the Park. Reserve your spot by 8:30 p.m.; movie begins at 9 p.m. Concessions will be available for purchase. In case of inclement weather, event will be moved to Treasure Island. For more information, contact Outdoor Recreation at 723-3648.

Year of the Air Force Family



Event Update

Water Carnival

August 13 • 1-7 p.m. • Outdoor Pool

Anime Club

August 13 • 4:30 p.m. • Base Library

Lights & Strikes Bowling

August 13 & 14 • 9 p.m. • Rough Rider Lanes

Summer Reading Program

Wrap-Up Party

August 14 • 1 p.m. • Base Library

9 Pin No Tap Tournament

August 14 • 6 p.m. • Rough Rider Lanes

Hip Hop Nite

August 14 • 11 p.m. • J.R. Rockers

Sunday Champagne Brunch

August 15 • 10:30 a.m. • Doolittle Center

Framing Class

August 16 • 10 a.m. • Arts & Crafts Center

Resume Writing & Interview Skills

August 17 • 11:30 a.m. • A&FRC

Federal Resume Workshop

August 18 • 9 a.m. • A&FRC

Operation HEROES Registration

Register by August 18 • A&FRC

Creative Kids

August 19 • 10:30 a.m. • Arts & Crafts Center

August 5K Run

August 20 • 3 p.m. • Fitness Center

Show & Shine Car Show

August 20 • 4:30 p.m. • Rockers Parking Lot

Family Reunion Block Party

August 20 • 4:30 p.m. • J.R. Rockers

Movie Night In The Park

August 20 • 9 p.m. • Bud Ebert Park

Open Mic Night

August 21 • 8 p.m. • J.R. Rockers



Visit our website at www.5thforcesupport.com

Open Mic Night

Calling all poets, R & B, country, jazz, gospel, rock, and hip-hop artists. Come show off your talent during Minot AFB's "Open Mic Night" on August 21st at J.R. Rockers. The fun starts at 8 p.m. and runs until close; open to club members and non-members. For more information and to sign-up to perform, contact SSgt Brian Wyche at 723-1421 or TSgt LaToya Stewart at 723-7278.

Lunch Schedule Change at Doolittle Center

Due to a schedule change, the Doolittle Center will now be open for lunch on August 19th. However, the Doolittle Center will not be open for lunch on August 26th.

Will You Be Our Friend?

The 5th Force Support Squadron invites you to become our friend on the 5 FSS Facebook page.

August 5K Run

Don't miss the August 5K Run hosted by the Fitness Center on August 20th at 3 p.m. Runners will compete individually in male and female categories. Prizes awarded for 1st and 2nd place in each category. Deadline for registrations is August 20th. Open to all DoD ID card holders age 16 and older. Contact the Fitness Center at 723-2145 for additional information.

Moonlight & Music Bowling

Enjoy bowling to great music and lighting during Moonlight and Music at Rough Rider Lanes on August 21st from 6 p.m. to 11 p.m. Cost is \$2 per game. If there is a waiting list, there will be a 3 game limit per bowler. Gather your friends or bring the entire family and have some fun. For more information, call Rough Rider Lanes at 727-4715.

9 Pin No Tap Tournament

Rough Rider Lanes will host a 9 Pin No Tap Tournament on August 14th at 6 p.m. Patrons must be 18 years of age or older to participate in this tournament. Cost is \$20 per person. For more information, call Rough Rider Lanes at 727-4715.

Resume Writing & Interview Skills Workshop

Get the tools to write a resume and brush up on your interviewing skills during the Resume Writing and Interview Skills Workshop on August 17th from 11:30 a.m. to 1 p.m. at the Airman and Family Readiness Center. This fact filled 90 minute seminar has great information to assist you in writing your resume to get the interview you want. Additionally, you'll learn interviewing skills to make that impression which will help you get the job. Call 723-3950 to pre-register.

Dance The Night Away

Dance, party, and hang out during J.R. Rockers Hip Hop Nights on August 14th and August 28th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Call J.R. Rockers at 727-ROCK for additional information.

Federal Resume Workshops

In order to provide everyone a more active workshop on USAJOBS and accommodate ALL DoD civilians for the new way to apply for 'internal civilian' federal jobs, the Airman & Family Readiness Center will be holding a "Federal Resume Workshop" on August 18th from 9-11 a.m. This workshop is open to all active duty members, spouses, retirees, and DoD civilians. Information included will be accessing USAJOBS, how to find federal jobs, finding the KSA's, and tips on writing the resume. To sign up for the workshop, call the Airman & Family Readiness Center at 723-3950.

Family Deployment Line

Operation HEROES

Minot AFB, ND 2010

**August 28th
10am-2pm**

All deployers report to the Base Theater at 9:30am

EVENTS

- Bomb Robot Demonstration
- Hot Dogs, T-Shirts, Dog Tags!
- Humvee, Firetruck, Ambulance, PDL Displays and Many More!
- Deployed Living Quarters
- Deployment Site Briefing
- K9 Demonstration
- And Much More!

**Pre-Register NLT 18 Aug
At Operation HEROES Headquarters**
(Airman & Family Readiness Center)
723-4500, Mon-Fri, 0730-1630

Please call the Airman and Family Readiness Center at 723-3950 for more information.

Enjoy Mongolian Barbecue At Jimmy Doolittle Center



Make plans now to enjoy the Mongolian Barbecue at the Jimmy Doolittle Center on August 25th from 5-8 p.m. Build your bowl with white rice, beef, pork, shrimp, or chicken, a variety of vegetables, and your choice of sauce. Cost of this delicious dining experience is \$9.95 for club members, \$12.95 for non-members, \$4.95 for children ages 6-11, and free for children under age 5. For additional details, call the Doolittle Center at 723-3731.

Prairie Adventures

by Patricia Stockdill

It's not anyone's imagination if they think they're seeing more ducks and coots on North Dakota's landscape this year.

"Conditions are very good for waterfowl in North Dakota," described N.D. Game and Fish Department waterfowl biologist Mike Szymanski.

Good water conditions plus available nesting cover translates into another good year for North Dakota duck reproduction. The state's contribution to the fall duck flight heading south to wintering grounds increased 20 percent from 2009, Szymanski said.

That number might be a conservative estimate: Along with abundant water conditions, biologist also found abundant cover for broods to hide when conducting Game and Fish Department annual duck brood surveys July 11-18.

In addition, with winter breaking early this year and wetlands dotting much of prairie pothole region in North Dakota well into late spring and summer, even Type 3 wetlands – those seasonal water splotches typically dry by mid-July – held water then and are still doing so now.

Yes, there was abundant water last year and the ducks responded. But with water for two consecutive years, this year's wetlands were even more productive in terms of forage for ducks and ducklings.

Diving ducks like scaup are responding to the excellent conditions with a record number of broods recorded in the 2010 surveys. "North Dakota is becoming very important for scaup recruitment," Szymanski explained. Scaup populations in some areas of their range have been down in recent years.

Many species – pintails, ruddy ducks, redheads, etc. – increased in brood numbers this year, Szymanski said. The only ones that were down were mallards, gadwall, and wigeon.

With abundant vegetation makes it challenging to observe broods, it's possible those species aren't down as much as data indicates. And with many birds nesting early, older ducklings are extremely secretive and could have been hiding. "Heck, some of them (ducklings) were flying already," Szymanski described.

This year, biologists estimate they observed 3.89 broods per square mile, a 14 percent increase from 2009 and 63 percent of above the long-term average.

Game and Fish Department biologists began duck brood surveys in 1955, expanding the number of routes in 1965. Currently they survey 18 transects in areas north and east of the Missouri River – the heart of duck country.

During the U.S. Fish and Wildlife Service May breeding duck and wetlands surveys, flyway biologist and pilot John Solberg noted a proliferation of coots across the region. Szymanski said they remained abundant in July – even on smaller, marginal wetlands that would dry up in normal years. Coots typically nest on larger water bodies. This year they nested throughout the region. It's almost like the coots somehow knew the water would hold, Szymanski said.

Baby coots were everywhere. While they're not a species included the survey, it was impossible not to notice their abundance. While wetland, nesting, brood, and fall flight projections are rosy, Szymanski has a word of caution to bring hunters back to reality: While North Dakota will have good reproduction and fall flight numbers, hunting success will be predicated by fall weather and how long birds stay in the state, he reminded hunters.

But in the meantime there's at least the possibility of good things to come.

Quote of the Week:

"It's the second year of the water being around so there's good forage for the birds." – N.D. Game and Fish Department waterfowl biologist Mike Szymanski.

Producers have opportunities with conservation reserve program

Producers interested in submitting bids to enroll land in Conservation Reserve Program acres can receive assistance from private land biologists with the North Dakota Game and Fish Department, Ducks Unlimited and Pheasants Forever.

Kevin Kading, Game and Fish Department private land section leader, said applications received during the current signup period will be ranked against others according to the Environmental Benefit Index. The deadline to submit applications is Aug. 27.

"There are things that

producers can do to increase their chances of being accepted into CRP, and they can get some help from conservation partners such as Game and Fish, Pheasants Forever and Ducks Unlimited," Kading said.

Private land biologists can help producers find the best possible combination of factors that will positively influence their EBI score, which will increase their likelihood of being accepted into the program. Kading said some things producers can do to improve their EBI score include planting optimum cover types, offering fields or areas

of land that are most environmentally sensitive, conversion of 51 percent or more of an existing monoculture stand to a mixture of native grass species, establishing pollinator habitat, establishing wildlife food plots, or offering land below the maximum rental rate that Farm Service Agency is willing to pay.

In addition, the North Dakota Game and Fish Department offers incentives and cost share if producers enroll their CRP into the department's Private Land Open To Sportsmen program to allow walk-in access for hunting. "This is an option producers should keep in mind when applying for CRP," Kading said.

Land currently enrolled in CRP with an expiration date of Sept. 30 is eligible. In addition, new acreage may also be offered into this sign-up if cropping history and other eligibility requirements are met.

HIP certification required for migratory bird hunters

With the opening day of early Canada goose season set for Aug. 15, migratory game bird hunters are reminded to register with the Harvest Information Program prior to hunting in North Dakota.

HIP certification is required for all migratory bird hunters, regardless of age, before hunting ducks, geese, swans, mergansers, coots, cranes, snipe, doves or woodcock.

Hunter compliance is essential in order to obtain reliable national and regional estimates of annual harvest of all migratory game bird species. These estimates provide information biologists need to make sound decisions concerning hunting seasons, bag limits and population management.

Hunters who purchase a license through the North Dakota Game and Fish Department's electronic licensing system (gf.nd.gov) or instant licensing telephone number at (800) 406-6409 can easily get HIP certified.

Otherwise, hunters can access the department's website, or call (888) 634-4798 and record the HIP number on their fishing, hunting and furbearer certificate.

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 Classes scheduled in Minot, Washburn, Bismarck, Dickinson, Williston, Stanley, Fargo and anywhere upon request in ND & MT

August 23rd at American Legion in Minot

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Family Fun Sale!



2010 Nomad 246 Joey
 Light weight with triple bunks.
CLEARANCE PRICE: \$15995.00
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STARTING AT: \$6695.00
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2011 Salem 26TBUD
 Super-slide bunk house.
SALE PRICE: \$19995.00
 w/payments as low as \$206/mo.



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 Floor plans to fit all your needs!
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Friday Evening		August 13, 2010								
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Wife Swap		Primetime: What		20/20		Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	Medium		CSI: NY		Flashpoint		Local	Late Show Letterman	Golf	
KMOT/NBC	Who Do You		Dateline NBC				Local	Tonight Show w/Leno	Late	
KNDX/FOX	Night at the Museum						Local			
Cable Channels										
AMC	M*A*S*H						M*A*S*H			
CNN	Rick's List		Larry King Live		Anderson Cooper 360			Larry King Live		
DISC	MythBusters		Man, Woman, Wild		Dual Survival		MythBusters		Man, Woman, Wild	
DISN	Den Brother				Deck	Sonny	Good Luck	Hannah	Phineas and Ferb	
ESPN	Little League				Baseball Tonight		SportsCenter		Baseball	NFL Live
FAM	Funniest Home Videos		Funniest Home Videos		Funniest Home Videos		The 700 Club		Whose?	Whose?
FX	Me, Myself & Irene		Grandma's Boy				Rescue Me		Bedazzled	
LIFE	Reba	Reba	Reba	Reba	Reba	Reba	How I Met	How I Met	Frasier	Medium
NICK	Victorou	The Troop	Chris	Chris	George	G. Martin	Chris	Chris	Chris	Chris
SPIKE	CSI: Crime Scene Investigation		Entourage		Entourage		Entourage		MANswers	Trailers
TBS	Fam. Guy	Fam. Guy	Diary-Black				My Boys		Truman	
TNT	A Few Good Men						The Fugitive			
USA	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Pirates-Dead			
WGN	Blown Away				WGN News at Nine		Scrubs	Scrubs	S. Park	South Pk
Premium Channels										
HBO	My Life	Hard Knocks			The Final Destination		Eastbound	Hung	Hard Knocks	
MAX	Cast Away				Wanted					
SHOW	New York, I Love You		The Real L. Word		Teller	Teller	Strikeforce Chall.			

Tuesday Evening		August 17, 2010								
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Wipeout		Shaq VS		Primetime: What		Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	NCIS		NCIS: Los Angeles		The Good Wife		Local	Late Show Letterman	Late	
KMOT/NBC	Minute to Win It		America's Got Talent				Local	Tonight Show w/Leno	Late	
KNDX/FOX	Glee						Local			
Cable Channels										
AMC	Charlie Wilson's War						The Ladykillers			Spaceball
CNN	Rick's List		Larry King Live		Anderson Cooper 360			Larry King Live		
DISC	Swords: Life		Swords: Life		The Colony		Swords: Life		Swords: Life	
DISN	Hannah	Hannah	Den Brother		Mater's		Deck	Deck	Hannah	Hannah
ESPN	2010 Poker		2010 Poker		Baseball Tonight		SportsCenter		Baseball	NFL Live
FAM	Melissa	Melissa	Make It or Break It		Melissa	Melissa	The 700 Club		Whose?	Whose?
FX	Made of Honor				Rescue Me		Louie	Louie	Rescue Me	
LIFE	Reba	Reba	Wife Swap		Cheerleader Nation		Will	Will	Frasier	Medium
NICK	Matters	Matters	Chris	Chris	George	George	Matters	Matters	Matters	Matters
SPIKE	Ways Die	Ways Die	Ways Die	Ways Die	Scrappers	Scrappers	Scrappers	Scrappers	Knockout	Sports
TBS	Office	Office	Office	Office	Office	Office	Lopez Tonight		My Boys	Sex and t
TNT	Bones		HawthoRNe		Memphis Beat		HawthoRNe		Memphis Beat	
USA	Law & Order: SVU		White Collar		Covert Affairs		Psych		White Collar	
WGN	Why Do Fools				America's		Scrubs	Scrubs	South Pk	South Pk
Premium Channels										
HBO	Transformers				REAL Sports Gumbel		Entourage		True Blood	Terminator
MAX	Any Given Sunday				Death Race					
SHOW	The Real L. Word		Weeds	The Big C	Weeds	The Big C	The Real L. Word		Punisher: War Zone	

Saturday Evening		August 14, 2010								
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Meet the Fockers				Rookie Blue		Local			
KXMC/CBS	Cold Case		48 Hours Mystery		48 Hours Mystery		Local			
KMOT/NBC	Gymnastics				Law Order: CI		Local	Saturday Night Live		
KNDX/FOX	Cops	Cops	Amer. Most Wanted				Local	The Wanda Sykes Show	Brothers	Local
Cable Channels										
AMC	The Cowboys						The Shootist			
CNN	CNN Presents		Larry King Live		Newsroom		CNN Presents		Larry King Live	
DISC	Dual Survival		Two Weeks in Hell		Two Weeks in Hell		Dual Survival		Two Weeks in Hell	
DISN	Den	Hannah	Sonny	Sonny With a Chance	Phineas and Ferb		Jonas L.A		Hannah	Hannah
ESPN	Little League		Little League				SportsCenter		Baseball Tonight	
FAM	Billy Madison				Independence Day					
FX	Ghost Rider						Sons of Anarchy		Anarchy	
LIFE	Lying to Be Perfect		Something's						Project Runway	
NICK	iCarly	Big Time	Victorou	Jackson	George	George	Malcolm	Malcolm	The Nanny	The Nanny
SPIKE	Star Wars V		Star Wars VI: Return						Stuck on You	
TBS	Get Married?				Last Holiday				Drumline	
TNT	Ocean's Eleven				Sahara					
USA	House		House		House		Royal Pains		Action Sports	
WGN	MLB Baseball				WGN News at Nine		Scrubs	Scrubs	Blown Away	
Premium Channels										
HBO	Transformers				Boxing				Hard Knocks	
MAX	Yes Man				The Hangover					
SHOW	Inglourious Basterds				Forbidden King				Teller	

Wednesday Evening		August 18, 2010								
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Middle	Middle	Family	Cougar	Castle		Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	Big Brother		Criminal Minds		CSI: NY		Local	Late Show Letterman	Late	
KMOT/NBC	Minute to Win It		America's Got Talent		Law & Order: SVU		Local	Tonight Show w/Leno	Late	
KNDX/FOX	MasterChef						Local			
Cable Channels										
AMC	Inside Man						The Negotiator			
CNN	Rick's List		Larry King Live		Anderson Cooper 360			Larry King Live		
DISC	Man vs. Wild		Man vs. Wild		Surviving the Cut		Man vs. Wild		Man vs. Wild	
DISN	Hannah	Hannah	Meet the Robinsons				Deck	Deck	Hannah	Hannah
ESPN	MLB Baseball				MLB Baseball					
FAM	Two Weeks Notice				Melissa	Melissa	The 700 Club		Whose?	Whose?
FX	Wild Hogs				Wild Hogs				Tomcats	
LIFE	Reba	Reba	Antwone Fisher				Will	Will	Frasier	Medium
NICK	Matters	Matters	Chris	Chris	George	George	George	George	George	George
SPIKE	UFC Unleashed		Ultimate Knockouts 4		Pros vs. Joes		Knockout	Knockout	Knockout	Sports
TBS	Payne	Payne	Browns	Browns	Browns	Browns	Lopez Tonight		Name Earl	Name Earl
TNT	Bones		Dark Blue		Law & Order		Dark Blue		Leverage	
USA	NCIS		NCIS		Psych		Burn Notice		Royal Pains	
WGN	Poltergeist				WGN News at Nine		Scrubs	Scrubs	S. Park	South Pk
Premium Channels										
HBO	The Dark Knight		True Blood		Hard Knocks		Hard Knocks		Scott	Final
MAX	Vegas	Candyman	Farewell Flesh		The Hangover					
SHOW	You Can Count on Me		The Big C	Weeds	Inside NASCAR		Teller	Teller	Inside NASCAR	

Sunday Evening		August 15, 2010								
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Extreme Makeover		Scoundrels		The Gates		Local			
KXMC/CBS	Big Brother		Undercover Boss		CSI: Miami		Local			
KMOT/NBC	Law Order: CI		Law Order: CI		Law Order: CI		Local		Dateline NBC	
KNDX/FOX	Simpsons	Cleveland	Fam. Guy	Fam. Guy	Local					
Cable Channels										
AMC	The Pledge		Rubicon		Mad Men		Mad Men		Rubicon	
CNN	State of the Union		Larry King Live		Newsroom		State of the Union		Larry King Live	
DISC	Behind Bars		Behind Bars		Gang Wars		Behind Bars		Behind Bars	
DISN	Den	Good Luck	Jonas L.A	Wizards	Wizards	Wizards	Jonas L.A	Jonas L.A	Hannah	Hannah
ESPN	MLB Baseball						SportsCenter		SportsCtr	
FAM	Remember the Titans		Remember the Titans				J. Osteen		Ed Young	
FX	X-Men 2				Louie		Rescue Me		'70s Show	
LIFE	Within		Drop Dead Diva		Army Wives		Drop Dead Diva		Army Wives	
NICK	Dora the Explorer		Chris	Chris	George	Lopez	Malcolm	Malcolm	The Nanny	The Nanny
SPIKE	Star Wars VI: Return		No Country						No Country	
TBS	Legally Blonde				My Boys	Guess Who			Cookout	
TNT	Sahara		Leverage		Copycat				Leverage	
USA	Burn Notice		Burn Notice		Burn Notice		Covert Affairs		Hostage	
WGN	Newhart	Newhart	BarneyM	BarneyM	News/Nine	Replay	Cheers	Cheers	Becker	Becker
Premium Channels										
HBO	Transformers		True Blood		Hung	Entourage	Hung	True Blood	Entourage	
MAX	The Hangover				Red Heat					
SHOW	The Real L. Word		Dexter		The Real L. Word		The Real L. Word		Women in Trouble	

Thursday Evening		August 19, 2010								
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Wipeout		Rookie Blue		NightlinePrime		Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	Big Brother		CSI: Crime Scene		The Mentalist		Local	Late Show Letterman	Late	
KMOT/NBC	Community	30 Rock	Office	Parks	Law & Order: SVU		Local	Tonight Show w/Leno	Late	
KNDX/FOX	NFL Football						Local			
Cable Channels										
AMC	Life						Undisputed			Mad Men
CNN	Rick's List		Larry King Live		Anderson Cooper 360			Larry King Live		
DISC	MythBusters		Pitchmen		MythBusters		MythBusters		Pitchmen	
DISN	Suite Life on Deck		Sonny	Sonny	Phineas	Phineas	Deck	Deck	Hannah	Hannah
ESPN	Football Spec.		Road/Cooperstown		Baseball Tonight		SportsCenter		Baseball	NFL Live
FAM	Funniest Home Videos		Funniest Home Videos		Funniest Home Videos		The 700 Club		Whose?	Whose?
FX	21				The Departed					
LIFE	Project Runway		Project Runway		Road	Road	Road	Road	Road	Medium
NICK	Matters	Matters	Chris	Chris	George	George	The Nanny	The Nanny	The Nanny	The Nanny
SPIKE	Gangland		TNA Wrestling				TNA ReACTION		MANswers	MANswers
TBS	Tokyo Drift				Fam. Guy	Fam. Guy	Lopez Tonight		Name Earl	Name Earl
TNT	Bones		Bones		Crossfire Trail				Dark Blue	
USA	NCIS		Burn Notice		Royal Pains		White Collar		Burn Notice	
WGN	WWE Superstars		Funniest Home Videos		WGN News at Nine		Scrubs	Scrubs	WWE Superstars	
Premium Channels										
HBO	Drag Me to Hell				Hung	Entourage	Entourage	Taxicab Confessions		Hard Knocks
MAX	Gran Torino				Domino				Busty Cops: Protect	
SHOW	Flawless				Weeds	The Big C	Body	Beach	The Real L. Word	

Monday Evening		August 16, 2010								
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Bachelor Pad				Dating in the Dark		Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	How I Met	Rules	Two Men	Big Bang</						

crossword puzzle

ACROSS

1. "Barbarella" director Roger
6. Jazz style for Charlie Parker
9. Like a beaver, perhaps
14. "Maria ___" ('40s hit)
15. AP rival
16. Single-handedly
17. Certain circus star
18. Sample the sherry
19. Permanent location?
20. It has holes
23. The Marlins' home: Abbr.
24. "Pygmalion" author
25. Any of the Chicago 7, e.g.
27. Cartoon skunk Le Pew
30. HBO competitor
32. Car bomb?
33. Prefix with glottis or dermis
34. Shoe attachments
36. Comes down in buckets
39. Mudville complement
41. Deep-six
43. In perfect alignment
44. 1983 movie with Mr. T
46. Welles character
47. Entrepreneur-aiding org.
48. Surfer, these days
50. Common surgical replacement
51. 180-degree turns, slangily
52. Waldheim was its president
55. Management level
57. Librarian's admonition, maybe
58. It has holes
63. Grofé's "Grand Canyon ___"
65. Conventioneer's topper
66. Sine or tangent
67. Loud, as the surf
68. Multipurpose truck
69. Large computer key
70. Lionesses lack them
71. Letters for Leary
72. Taunt

DOWN

1. November

The Hole Truth

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15			16				
17					18			19				
20					21			22		23		
24					25			26				
27	28	29			30		31	32				
33					34		35	36			37	38
39			40		41			42		43		
44				45	46					47		
48					49		50			51		
52	53				54		55		56			
57				58			59			60	61	62
63			64		65				66			
67					68				69			
70					71				72			

- paraders
2. What "there oughta be"
3. Moore of "G.I. Jane"
4. Actually existing
5. Everglade
6. Attack by surprise
7. Aunt Bee's charge
8. Kilted musician
9. Lessened the pressure
10. Taking after
11. It has holes
12. ___ Gay (Hiroshima bomber)
13. Kidney-related
21. Playbill listings
22. Two cents' worth
26. "___ You Babe"
27. Hang in the balance
28. Monumental
29. It has holes
31. First name in afternoon TV
35. Disinfected
37. Keeler of "42nd Street"
38. Salty septet
40. Vane direction
42. Charlemagne's father
45. North African tribesmen
49. Cruise port, briefly
51. Suave
52. State of India
53. "Star Trek" lieutenant
54. Worth two thumbs down
56. White-plumed bird
59. "___ Make a Deal"
60. "___ boy!"
61. Baloney
62. Folk wisdom
64. Menlo Park monogram

A	R	I	E	S		D	A	L	I		S	H	O		
N	O	B	L	E		O	X	E	N		S	H	I	P	
K	N	I	F	E	P	L	E	A	T		W	A	K	E	
H	I	D		T	O	L	D		H	O	O	K	E	D	
				H	E	Y		T	E	R	R	O	R	S	
P	R	E	S	E	T		H	I	R	E	D				
R	U	M	P	S		R	A	R	E		T	O	D	O	
O	D	I	E		W	A	G	E	D		A	V	I	D	
F	E	T	A		I	D	E	S		T	I	A	R	A	
				R	E	R	A	N		V	A	L	L	E	Y
C	R	I	M	P	E	R		B	I	B					
L	A	R	I	A	T		B	R	E	A		M	O	W	
A	D	I	N		A	R	R	O	W	S	M	I	T	H	
M	I	S	T		P	E	A	T		C	A	R	T	E	
P	O	E			S	A	S	H		O	D	E	O	N	

Solution to puzzle from August 6.

movies

for more information, call the movie line at 723-3802.

The Twilight Saga: Eclipse

Friday, August 13, at 7 p.m.

(Kristen Stewart, Robert Pattinson)

Bella once again finds herself surrounded by danger as Seattle is ravaged by a string of mysterious killings and a malicious vampire continues her quest for revenge. In the midst of it all, she is forced to choose between her love for Edward and her friendship with Jacob - knowing that her decision has the potential to ignite the ageless struggle between vampire and werewolf. With her graduation quickly approaching, Bella is confronted with the most important decision of her life.

Rated PG-13 (intense sequences of action and violence, and some sensuality)

124 min

The Last Airbender

Saturday, August 14, at 7 p.m.

(Noah Ringer, Nicola Peltz)

Air, Water, Earth, Fire. Four nations tied by destiny when the Fire Nation launches a brutal war against the others. A century has passed with no hope in sight to change the path of this destruction. Caught between combat and courage, Aang discovers he is the lone Avatar with the power to manipulate all four elements. Aang teams with Katara, a Waterbender, and her brother, Sokka, to restore balance to their war-torn world.

Rated PG (fantasy action violence)

90 min

sudoku

	1	2		3			4	
	5			6				7
		3		4		8		
		7	4		6	3		1
		9				2		
1		4	2		3	6		
		5		8		9		
3				2			6	
	7			1		4	5	

Solution to puzzle on page 24.

Work to Harder Spend Smarter

By Hannah Searle
Northern Sentry

Tip of the Week: Savings on Back-to-School

Believe it or not, the start of a new school year is just around the corner and the school supply aisles at retailers are stocked with all the back-to-school necessities, from clothes to classroom supplies to electronic equipment. As any parent knows, back-to-school shopping can be a big shock to the family budget. But, a little advance planning, careful shopping and a little research can go a long way in helping you stay within your budget and still get everything you need to start the school year.

Determine what's reusable.

Students have only been out of school for three months, so some items left over from the last school year still have some value. Blank paper and notebooks, pens and pencils still may be in good, useable condition. Assess what new materials are needed before going out and buying all the new items kids think they need.

Make a budget and stick to it.

Decide how much you are willing to spend on school supplies ahead of time and, if possible, set aside cash to avoid overspending. Bring a list to the store with you so you're not tempted to select extra items that can add up quickly. And, if you do use credit cards, have a plan to pay them off quickly to avoid paying interest on the school items bought on sale.

Let your kids do the shopping.

Bring your kids with you while you shop for school items and let them have a voice in picking out their school necessities. This can be a teachable moment where they can learn about a simple budget, needs versus wants and keep a running total of their purchases. Children will have more respect and care for their items if they are part of shopping process and learn about how much things cost.

Shop online and at discount retailers.

Several national office supply stores offer discounted online prices for school supplies and books. Look for free delivery, too, as another way to save.

Shop off-season

For school supplies, try scanning Sunday advertisements for coupons and closeout sales. You can buy items like notebooks, folders, pencils and pens whenever they are on sale to stock up for the second half of the school season or as a reserve of supplies for any last-minute projects. It'll save you a trip to the store and a few bucks, too.

NSI continued from page 1

my military spouse?

PRP is designed and intended to ensure each person selected and retained for performing duties associated with nuclear weapons or nuclear command and control systems and equipment is emotionally stable and physically capable. It also ensures they have demonstrated reliability and professional competence. This requires constant monitoring by the individual's commander, supervisor, medical treatment facility and peers.

What does this mean to a spouse? It means that any situation which could impact a military spouse's reliability, such as family or marriage problems, financial difficulties, unusual behavior, death of a family member or medi-

cal issues, can directly affect their reliability status. When the individual's reliability may be affected, it must be reported to the PRP member's supervisor to ensure they are removed from their PRP related duties. Most importantly, the individual then receives any assistance needed to help resolve the issue(s).

It is very important to remember suspension from nuclear duties under the PRP is NON-PUNITIVE! Temporary situations like the ones described do not reflect negatively on the individual from a PRP standpoint. Once the issue is resolved, the member will be able to continue their previously assigned duties.

Minot AFB currently has the largest PRP population in

the Department of Defense. It would be safe to assume if one doesn't have a spouse or family member on PRP, there is a good chance they know someone who is. As a result, individuals may come across a situation where someone who is on the program is facing some personal challenges which may affect their ability to focus on their nuclear duties. If the situation occurs, please contact the unit First Sergeant so they can get the help they need.

Remember, the Air Force is a community environment. It takes everyone-Active Duty, civilians and family members-to help ensure the safety, security and effectiveness of the base's nuclear and conventional responsibilities and missions!

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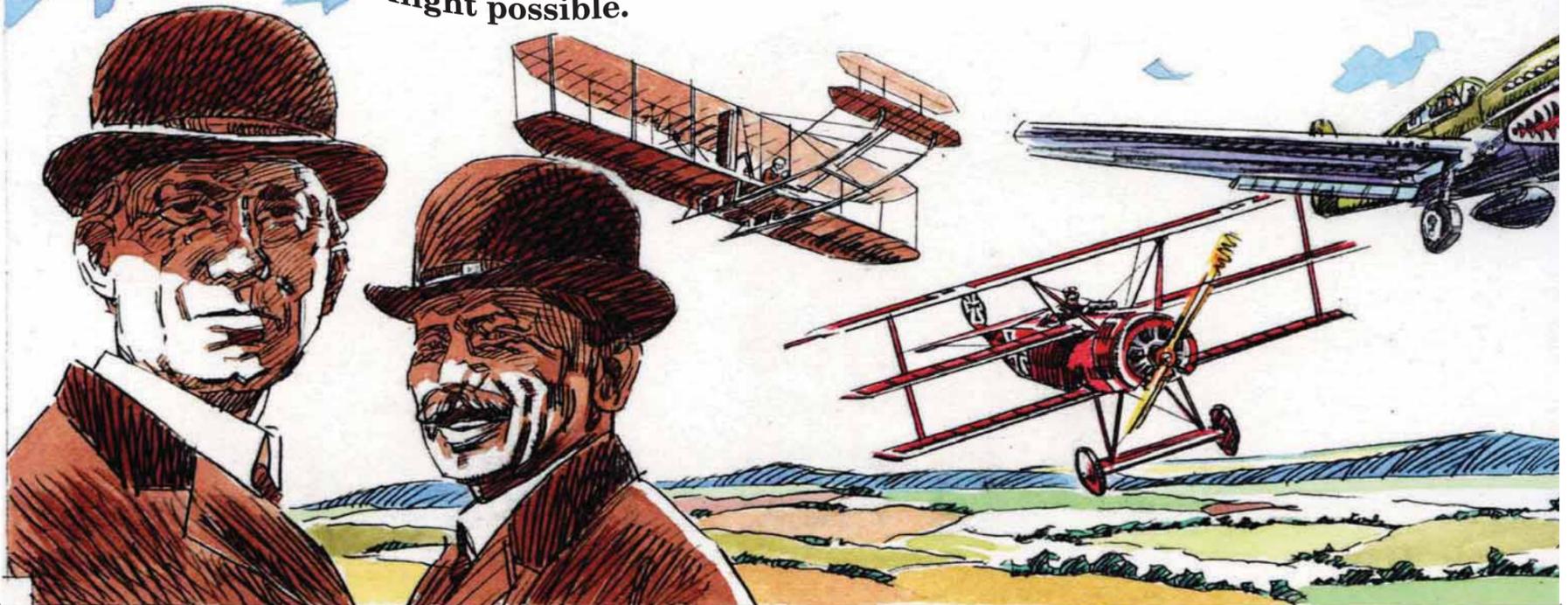
www.ntiermd.org

National Aviation Day

National Aviation Day is observed on August 19th each year to celebrate the history and development of aviation. The day coincides with the birthday of Orville Wright.

The Wright brothers, Orville and Wilbur, were two Americans who were credited with the invention of the world's first successful airplane in 1903.

Although the Wright brothers were not the first to build and fly experimental aircraft, they were the first to invent aircraft controls that made fixed-wing powered flight possible.



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