

AFGSC All-call Jan 10

Maj. Gen. James Kowalski was promoted to Lieutenant General Jan 5, 2011 and took command of Air Force Global Strike Command Jan 6, 2011.

General Kowalski will conduct an all-call at Minot AFB Jan 10, 2011. All available on-duty personnel are expected to attend. Attendees must be in place at Dock 1 no later than 1:45 p.m.

There is no parking at Dock 1. Bus service for the all-call will run continuous to and from the Pride Building, the commissary, the base theater and the 91st MW headquarters building beginning at 12:30.

INDEX

Commentary.....	4/5
Weather.....	5
Outdoors & Sports.....	7
Church Directory	8
Lighter Side.....	9
TV Guide.....	10
Minot Messenger.....	12/13
Dining & Entertainment.....	14/15
Base Happenings	18
Area Happenings	19
Swap N' Shop.....	20/21/22/23

WELCOME HOME DEPLOYERS

Minot Air Force Base welcomes home its deployers! Family and friends, coworkers and commanders, all share in the warm-hearted feeling when their Airmen return safely from their deployed location, wherever in the world this may have been.

The following Airmen have recently returned from deployment:

5th Civil Engineering Squadron
Staff Sgt. John Burgess

5th Force Support Squadron
Staff Sgt. Kontar King



(U.S. Air Force photo/Tech. Sgt. Lee A. Osberry Jr.)

Senior Airmen Jerome Louis and Senior Airman Destiny Bellamy, both 91st Operations Support Squadron, mission support clerks prepare a food shipment for the missile fields here Jan. 5. The missile feeding operations section was one of the key areas to the 91st Operations Group bringing home the 2011 John L. Hennessy Missile Food Service Award for their excellent food service program provided to missile alert facilities.

91st OG recognized for superior support

by Airman 1st Class
Jessica McConnell

Minot Air Force Base Public Affairs

Airmen assigned to the 91st Operations Group here received the Air Force Global Strike Command 2011 John L. Hennessy Missile Food Service Award for their excellent food service program provided to missile alert facilities.

The Hennessy Award is the highest distinction an Air Force food service program can receive and promotes food service excellence between military and industry experts. The award is based on the entire scope of

an installation's food service.

"The team evaluated everything from the quality of our food to the way we train our Airmen," said Tech. Sgt. Michael Claudio, 91st Operations Support Squadron noncommissioned officer in charge of MAF feeding operations. "Evaluation factors also included management effectiveness, safety and resource conservation."

Established in 1956, the Hennessy Award program is an annual competition to determine the best food service program in the United States Air Force. This award is named after John Lawrence Hennessy, a hotel and restaurant executive who led

a special commission task group to improve military food service.

Minot has demonstrated excellence in their MAF dining facilities in the past, having won this award for three years running.

"It's pretty exciting that we won this year," said Senior Airman Destiny Bellamy, 91st OSS store room and accounting clerk. "This is the third year in a row we've won this award. All of our hard work has really paid off."

Sergeant Claudio said the Airmen put a lot of effort into their training and work hard to ensure food service operation remained above the standard.



(U.S. Air Force photos /Senior Airman Michael J.Veloz)
The 5th Bomb Wing's mission remains in full operations despite the frigid temperatures and piling snow. The mission of these Airmen, who are the 'Warbirds,' is to provide airpower to anywhere around the world and to deliver a wide range of precision-guided bombs and munitions.



An icicle dangling from the Francis X. Deignan Education Center and Library's roof characterizes one of the many sights Minot Airmen see during a winter here. Frigid temperatures, a common occurrence in North Dakota, facilitate the formation of these beautiful ice formations on and off base.



Members from the 5th Civil Engineer Squadron, remove excess snow from the streets in base housing here Jan. 5. Snow removal is key to transportation safety on base and in the local area.



The 91st Missile Wing's mission remains in full operations despite the frigid temperatures and piling snow. The mission of these Airmen, who are the 'Roughriders,' is to provide deterrence to anywhere around with the Minuteman III ICBM.

NOBODY BEATS **Aaron's** Nobody!

WILTON

7 Piece Bedroom Group
Includes
• Headboard • Footboard
• Rails • Dresser • Mirror
• Chest • Nightstand

Add 32" TV for
\$39.99*
A MONTH
YOU OWN IT IN JUST 24 MONTHS

YOU PAY ONLY
\$99.99*
A MONTH
YOU OWN IT IN JUST 24 MONTHS

Aaron's®

Open Mon-Thur 10-7
Fri 10-8 • Sat 10-5
Closed Sunday

SALES & LEASE OWNERSHIP FOR *Less!*
3220 S BROADWAY • MINOT • 838-0003

EVERYONE'S PRE-APPROVED • THERE'S NEVER A CREDIT CHECK!

AF Secretary visits bases in Wyoming and North Dakota

By Air Force Capt. Mary Danner-Jones and Air Force Senior Airman Benjamin Stratton
Special to American Forces Press Service

WASHINGTON – Air Force Secretary Michael B. Donley thanked airmen for their service during holiday visits to bases in Wyoming and North Dakota. He praised the troops' commitment, skill and achievements while visiting F.E. Warren Air Force Base, Wyo., on Dec. 23 and Minot Air Force Base, N.D., on Dec. 23 and 24.

While visiting F.E. Warren, Donley recognized Air Force Global Strike Command airmen who carry out the nuclear deterrence mission.

"We have missile crews and Airmen standing alert over the holidays, and we want them to know their leaders appreciate the sacri-

fices they make," Donley said.

"We appreciate our Airmen and their families for the support they provide every day of the year, but especially during the holiday period when some of our Airmen can't be with their families," he said.

During his visit, the secretary met with 20th Air Force and 90th Missile Wing maintainers, operators, security forces, support personnel, and leaders to express his appreciation for the dedication and professionalism of everyone who supports the mission here.

Donley said the great performance of the 90th Missile Wing during the first Global Strike Challenge in November was reflective of the training, precision, dedication and professionalism of F.E. Warren airmen.

Those honors included the Blanchard Trophy recognizing the best ICBM wing, as

well as three other top Global Strike Challenge awards.

Secretary Donley said the work performed by Warren professionals is "critical" and "truly remarkable," adding that the mission across the nuclear enterprise is nonstop.

Acknowledging the Air Force's 50-plus years of nuclear heritage, he added that nuclear deterrence remains the backbone not only of the Air Force, but also of national military capabilities.

This is the second year in a row an Air Force senior leader has traveled to F.E. Warren during the holiday season. Air Force Chief of Staff Gen. Norton Schwartz, the Air Force's top uniformed leader, made a holiday visit here last year.

During his trip to Minot, Secretary Donley visited several of the base's key facilities, including a missile alert facility, Dock 7, and the Dakota Inn Dining Facility. He also met with several key

community leaders during a dinner meeting in the city of Minot.

"The airmen here are doing an outstanding job," Donley said. "Minot carries a heavy load and is always very busy, but I feel the airmen and leadership team here are very supportive of each other and key to accomplishing the Air Force mission."

Donley said what impressed him the most was the dedication and professionalism of all who served at the base, particularly given the challenging mission and weather climate.

"Minot has a very important mission of two dimensions - bombers and missiles," Donley said. "This two-dimensional mission can be complicated to support. It is complicated even more by the harsh environment our Airmen face here."

Donley noted the support of family and community is important to Airmen be-

ing able to accomplish the nuclear deterrence and global strike mission.

"Our Air Force is hard-working - 24/7 for 365 days a year," he said. "We can't do what we do, as efficiently and productively, without the support of our families and the communities we live in."

As such, the secretary said Minot bears a great responsibility and expressed his appreciation for Team Minot's performance.

"This community serves a very important mission and Minot is doing an outstanding job," he said. "I would like to say thank you for your integrity and commitment to service."

(Air Force Capt. Mary Danner-Jones is assigned to the 90th Missile Wing Public Affairs Office, and Air Force Senior Airman Benjamin Stratton is assigned to the Minot Air Force Base Public Affairs Office.)

STEP Promoted



(U.S. Air Force photos/Staff Sgt. Keith Ballard)

Tech. Sgt. Jason Ellingsworth, 5th Communications Squadron network control center non-commissioned officer in charge, was promoted to Master Sgt. during a Stripes for Exceptional Performers (STEP) ceremony here, Dec. 23. STEP promotions reward outstanding and deserving Airman who work hard and perform superbly.



Staff Sgt. Michael Burnett, 5th Civil Engineering Squadron explosives ordinance disposal journeyman, was promoted to Tech.Sgt. during a Stripes for Exceptional Performers (STEP) ceremony here, Dec. 23.

Nuclear assignments, manning focus of briefings

Minot Air Force Base Public Affairs

Officers and enlisted members assigned to nuclear enterprise and other related career fields at Minot AFB will be visited by one of five Air Force Personnel Center teams here Jan. 12 to outline force development, assignments, education and training for the nuclear force.

AFPC Commander Maj. Gen. A.J. Stewart will visit with combatant command and major command commanders and a team consisting of an AFPC director and two officer and enlisted functional experts will educate the base-level populous during the tour.

"This is a great opportunity for open communication between our nuclear force and the AFPC experts responsible for managing this critical asset and will ensure we are all working toward the Air Force chief of staff's goal of reinvigorating the nuclear enterprise," General Stewart said.

AFPC sent out five teams starting in November to visit Barksdale Air Force Base, La.; Wright-Patterson AFB, Ohio; Offutt AFB, Neb.; Whiteman AFB, Mo.; Malmstrom AFB, Mont.; Kirtland AFB, N.M.; Vandenberg AFB, Calif.; F.E. Warren AFB, Wyo.; Minot AFB, N.D.; Aviano Air Base, Italy; Incirlik AB, Turkey and Spangdahlem AB, Germany.

Airmen from the following career fields will be briefed on officer and enlisted force development, assignments, education and training as well as nuclear enterprise manning, joint manning and other emerging requirements:

Officers:

- 13S (Space and Missile Operations)
- 21M (Munitions and Missile Maintenance)
- 31P (Security Forces)

Enlisted:

- 2W2X1 (Nuclear Weapons)
- 3P0X1 (Security Forces)

In his CSAF Vector sent to Airmen in July, Gen. Norton Schwartz discussed the importance of continuing to strengthen the Air Force's nuclear enterprise.

"As a bedrock of strategic deterrence and stability, it must be properly sustained and funded, and nuclear professionals need to be uncompromising in their pursuit of nuclear expertise and the highest standards of operational discipline," said General Schwartz.

"We will not fail in this mission and will continue to be trustworthy stewards of two legs of America's nuclear triad and critical elements of our forward deployed extended deterrent."

[Editors Note: Staff Sgt. Steve Grever, Air Force Personnel, Services and Manpower Public Affairs contributed to this article.]

CONTACTUS

Sharon Olson
Advertising & Production Manager
nsads@srt.com

Morgan Bauer
Graphic Designer
northernsentry@bhgnews.com

Desiree Murphy
Ad Designer
nsdesign@srt.com

Hannah Searle
Sales Representative
bhgads@srt.com

NEWS SUBMISSIONS

Northern Sentry Office
nsads@srt.com • 701.839.0946

MAFB Public Affairs Office
5bw.pa.dl@minot.af.mil
701.723.6212

MAIL&FAX

15 1st Ave SE • PO Box 2183
Minot, ND 58701 • 701.839.1867

VIEW ONLINE

www.northernsentry.com

The Northern Sentry is published by BHG, Inc., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

The official newssource for Minot Air Force Base is www.minot.af.mil.

The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BHG Inc., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons.

We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication.

The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

Commentary by Airman 1st Class Jose L. Hernandez
Minot Air Force Base Public Affairs



Professionalism on- and off-duty

Nearly one year ago, Tech.Sgt. Daniel Mckeown my military training instructor told members of my flight and me to never get complacent. Yet, it wasn't until I arrived at Minot AFB that I began to fully understand the true value and meaning of those words. In basic military training and in technical school, I went from an environment of stringent training to an environment of receiving more personable guidance and instruction here. While my on-the-job training was intense, the work atmosphere was more relaxed and I had a lot more personal freedoms.

I realized most Airmen go through the same experience. And, as time goes by, it's easy to slowly begin to stray away from some of the fundamental principles they were taught. Soon, it may be evident there is a lack of attention to anything ranging from uniform irregularities to keeping hair in regulations. This was part of the complacency Sergeant Mckeown spoke of.

As Airmen representing Air Force Global Strike Command, I believe it's crucial we all take a moment to reflect on the significance of upholding our Air Force doctrines and ideals.

Everything we learned from the moment we first stepped foot in our

initial military training environment had a purpose. From etiquette to dress and appearance, we were groomed to be part of an institution that places integrity first, service before self and excellence in all we do.

Whether we work in services or as maintenance personnel, we are all expected to behave professionally and show the proper respect to one another. To ensure this, it essential we keep our wingmen in check.

At times even I catch myself not paying full respect to those I work with, and I've caught myself taking a joke too far with my co-workers. So, I remind myself that while I see my colleagues as friends, I still must try my best to show them the respect they all deserve, because it reflects on my moral fibers and character.

I still remember briefings in basic military training designed to lecture us on the importance of maintaining proper etiquette at all times regardless of where we were or who we spoke to.

Our MTI explained time and again that our conduct both on and off-duty reflects the standards and principles the Air Force has taught us and the importance of keeping true to our core values no matter wherever we found ourselves in the future.

We were taught the American public has a very high regard towards servicemembers.

They understand the sacrifices servicemembers make in order to ensure the safety of the country and thus they hold us in high esteem.

As uniformed personnel, we are entrusted with a worthy and respectable role in communities all across the country. That's a significant standing in society few people can say they are part of.

Because of the trust and confidence they place in us, we should always remember that when we are off base and in our communities, whether we are in civilian clothes or in uniform, our communities expect us to conduct ourselves professionally at all times. When just one person doesn't, that erodes the public's respect.

Like Chief Master Sgt. of the Air Force James A. Roy said, "The Air Force Core Values are what we live by, and they will continue to guide our standards."

I for one am proud to be a part of this organization and will continue to do my best to live by the standards the Air Force has taught me.

5th MSG ombudsman here to support

Commentary by Lt. Col. Randall Morris
Minot Air Force Base Mission Support Group

You may have seen my picture posted all throughout the base with an unfamiliar word 'ombudsman' posted below my photograph. So what does it mean for the base community?

Ombudsman is defined as one who investigates complaints, as from consumers, and assists in achieving fair settlements. To many, it may simply be a fancy term for arbitrator.

The Air Force doesn't officially recognize the ombudsman program, which is one of the reasons our base population isn't aware of its role in the community. Ombudsman programs exist for those occasions where customers may feel they have exhausted their options while trying to work out solutions with customer-level providers or their immediate supervisory chain.

Here, the 5th Mission Support Group Ombudsman offers an avenue directly to the group's leadership to present your concerns, seek resolution of the issue or simply provide feedback on your experience.

As 5th MSG deputy commander, I have been specifically designated by the 5th MSG commander as the group Ombudsman.

It is my responsibility to help cut through confusing and difficult policies, procedures and requirements to improve support functions across the base and find ways to assist our customers in need.

The most common issues I address include base entry and pass policies and procedures, privatized housing transition, lodging reservation rules, and services at the club, arts and

crafts center, fitness center, bowling alley, personnel center and other service organizations on base.

I also receive inputs which enable me to pass positive feedback directly to supervisors and their subordinates. The positive feedbacks enable us to encourage and reward outstanding customer services from specific personnel or offices.

The MSG Ombudsman Program was created upon my arrival to Minot AFB. My intent as the first ombudsman is to establish the foundation of a great program and to continue developing it into the finest customer support program in the Air Force.

To help meet this goal, we established a permanent e-mail address and dedicated phone line for the MSG Ombudsman Program. If you have any questions, concerns or comments please e-mail: 5MSG/Ombudsman@minot.af.mil or call 723-3453.

If you have a positive experience on MAFB, or if you simply need help trying to understand how to work through a difficult process, please contact your MSG Ombudsman, and I will work as quickly as possible to help resolve the issue, improve the process, or clarify the operating guidance.

OPERATION SAFERIDE

Operation SafeRIDE is a voluntary organization ready to provide assistance to Airmen in need of a wingman.

Airmen can call **838-2233**.

Lives saved through Dec. 27: 922

Resiliency is key to surviving challenges

Commentary by Lt. Col. Craig Stanaland
8th Medical Support Squadron commander

KUNSAN AIR BASE, South Korea (AFNS) - Resiliency. Interesting word. Although I'm familiar with the meaning, I can't recall having ever actually used the word in conversation. Resiliency can be defined as the ability to grow and thrive in the face of challenges and to bounce back from adversity. A less formal expression of the concept might be something like "having enough gas in your tank to get to where you're going."

Since resilience is both a personal and an organizational characteristic, how can we make sure that we, and our wing, are good to go? I'd offer three suggestions that could apply to the person in the mirror or to an entire wing.

First, admit it when there's a problem. We're an organization under great stress. This should not be a surprise to any Airman. The Air Force has been actively at war for my entire 20-year career. Many Airmen have been on multiple deployments, to truly undesirable locations, often serving in roles well outside their primary area of expertise. Further, many career fields with high deployment

taskings are now facing the double whammy of increased commitments but with decreasing recruitment and retention rates. These stressors eventually take a toll, at both the organizational and personal level.

Individuals face many kinds of challenges, some readily apparent, others not so obvious. Indications of a loss of resiliency range from weight gain or loss, to fitness test failures, to marital crises, and even to the ultimate in adversity: suicide. It's not hard to find units or individuals on base who give the appearance they're on fumes and are about to run out of gas. OK, we've got a problem. Now what?

Second, act on the issue. Pay attention to warning signs. None of us would drive around indefinitely with a warning light illuminated on the dashboard in our car. Why would you ignore signals in yourself or a buddy? Changes in habits, altered mannerisms, insomnia or the inability to accomplish simple tasks are all indicators demanding action. Don't wait for things to get better; be proactive.

Often all that's needed is a break,

a breather, just a chance to recharge. Maybe some built-in relaxation time in your weekly schedule. Perhaps an activity that allows you to work off some stress. Some folks really thrive on a workout routine that also helps address fitness requirements. It might be as simple as getting enough sleep or scaling back on activities that you just don't have time for right now. That all sounds great but what if it's more serious than something that can be fixed with a day off?

Third, get help when necessary. Don't walk past a situation where an Airman or unit is obviously not functioning appropriately. Get actively involved. Remember, being a wingman is not an option.

The Air Force is a special calling. You don't work "for" a company, like your friends and relatives back home. No, you're "in" the Air Force. That's not a minor semantic distinction. Rather, it's a subtle reminder of enormous significance. You're special. You've answered a higher calling. Being a wingman might mean asking awkward questions of a buddy, or stranger, who's acting overstressed.

It might mean a conversation with a superior or outside resource agency. Doing the right thing - erring on the side of caution - can be a risky proposition. Step up. Your country and your Air Force are depending on you. You may be the only person in a position to make the tough call - the mission - or life-saving call.

Nobody likes to ask for a timeout or to request help. We all want to be the battle-scarred hero who, with no strength remaining, miraculously saves the day. That makes for great Hollywood stuff but rarely happens in the real world. More common are conversations that start out with, "Sir, my guys have hit the wall and we're just beat ..." or "Ma'am, I'm worried about Staff Sergeant Smith and the way he's been acting lately ..." Our mission is a marathon, not a sprint. Asking for help, if needed, is critical for success.

Do you have enough gas in the tank to get to mission accomplishment? I'm sure you do! You just need to top off the tank, stop for breaks if needed, and frequently check the dashboard indicators.

Six months wasted? No, not really

Commentary by Senior Airman Melissa B. White
451st Air Expeditionary Wing Public Affairs

KANDAHAR AIRFIELD, Afghanistan (AFNS) - I'm young and I have a family; I should be at home with them. Instead, I'm on a six-month deployment to Afghanistan. I can't get much farther from them than 8,000 miles. I missed my sister's birthday, Labor Day picnics, seeing my little girl dressed up like a princess for Halloween. I also missed Thanksgiving, my mom's birthday, Christmas, New Year's Day, and worst of all, my only daughter's third birthday.

Not only does it seem like I've missed almost every holiday and special event in the book, but there have been many struggles along the way. My husband has dealt with depression and stressful situations, so bad

that our daughter had to go live with my parents in Pennsylvania - more than a three-day drive, or a really expensive plane ticket away from where we both are based at in Lackland Air Force Base, Texas.

I also realize that, wow, it's been such a long time since my parents have cared for a toddler. I get exhausted taking care of her every day, and I can't even begin to imagine how they are even able to keep up with her at their age. I keep asking them if they're hanging in all right, and with a smile, they say they're fine. And my daughter - it's such an up and down rollercoaster every time I talk to her. She doesn't realize where I am, she doesn't know when I'm coming back and she doesn't know why I left.

Sometimes she doesn't even want to talk to me. Ouch! Sometimes she really tugs at my heartstrings.

I had just come up on my fourth year in the Air Force when I arrived at Kandahar Airfield in August to start my first deployment. My first night here, I felt lost and alone as everything swirled around me while people showed me around and told me what it would be like in my new home away from home. Then, I had the chance to talk on the phone with my husband, whom I had already been separated from for a couple of weeks since I began combat training. I talked to him and my daughter on an online video chat a few days later, while my parents were visiting my family in Texas. That was the last time my husband and little girl were going to be together in our house until I came home because my husband was dealing with an unhealthy amount of stress. I cried. For the first time, I felt like my career was tearing apart my family.

But, it didn't. It made us stronger. It takes a special type of person to love someone in the military and an equally special person who is willing to step up to this challenge, so other people don't have to go through the same hardships. Sure, there have been a lot of tears and tough times in the past five months, but there have been just as many great moments and people who have made these months bearable and even special.

First of all, I didn't know how many people cared. I've always been the type of person to think there's a little bit of good in everyone, but my husband's always thought the opposite, being skeptical of everyone's intentions until they prove he's wrong. He has come to realize that, even though he never has and probably never will meet them, there are good people and friends here helping me through the tough times, just like I lend them the same support. Friends, relatives, neighbors and even his commander have reached out to him.

Now, my daughter being separated from her father is both a sweet and sour experience. Both my husband and I were upset with the decision, but it was a decision that needed to be made until he was able to get his life together a little more, so that he could be the best dad he can be.

Though this was my first deployment, it certainly isn't my last. I know other people have experienced similar situations, or even worse situations. No matter who experienced what, a deployment is what you make it. We can either gripe about everything every day, or we can learn from it and appreciate what each assignment has to offer, even the painful growing experiences. I've learned to cherish every moment I have at home with my family and that, no matter how bad something seems when you first look at it, there's a way to find a silver lining in that dark cloud.

WEATHERFORECAST

Your Local Weather

Fri 1/7	Sat 1/8	Sun 1/9	Mon 1/10	Tue 1/11
				
21/5	9/0	6/1	9/0	5/1
Considerable cloudiness.	Snow showers. Highs in the upper single digits and lows 2 to -2F.	A few snow showers.	Cloudy with flurries. Highs in the upper single digits and lows 2 to -2F.	Morning clouds followed by afternoon sun.

Nominations open for Military Child of the Year Award

by Elaine Wilson

American Forces Press Service

WASHINGTON (AFNS) - A nonprofit organization is giving Americans the chance to sing the praises of a group often called the nation's unsung heroes: military children.

Operation Homefront, a troop- and military-family support group, is inviting people to nominate outstanding military children from all branches of service for the 2011 Military Child of the Year Award.

"It is vitally important to recognize military children," said Jim Knotts, Operation Homefront's chief executive officer. "I think kids have gotten overlooked as we've recognized the sacrifices of the military, and they are such an important aspect of our military community. They deserve to have their moment in the sunshine as well."

Each winner will receive \$5,000 and be flown here with a parent or guardian for a special recognition ceremony April 7.

In the past, just one military child out of the services received the annual top honor. But this year, the program's third, officials have expanded the program to recognize one child each from the Army, Navy, Air Force, Marine Corps and Coast Guard.

"The sacrifices of military kids are so dramatic," Mr. Knotts said. "They live through and thrive in the face of such great challenges, it is wholly appropriate to

recognize more of them."

A panel of judges comprising an Operation Homefront staff member and volunteer service members and spouses will select the five winners. The panel will look at objective criteria, such as the number of months a child has dealt with deployments, and at subjective criteria, such as leadership, strength of character, resilience and ability to thrive in the face of challenges, Mr. Knotts explained.

Past winners have set a high bar, he said, but he added that he has no doubt many others are just as deserving of the award.

Last year's winner, 10-year-old Willie Banks, helped to care for his younger sister when his mother deployed to Iraq. His father, an Army major, died when Willie was a toddler. He also volunteers at church, school and on the athletic field.

The year before, Brittany Wallace took the title. When her father was severely injured in Iraq, Brittany took over as head of the household while her mother tended to his rehabilitation. Brittany, who was 17 at the time, took care of her two younger siblings, cleaned the house and made meals, all while keeping up her grades at school.

"The two past winners are indicative of tens of thousands of exemplary military kids that are out there," Mr. Knotts said.

Nominations will be accepted online until Jan. 31 at <http://www.OperationHomefront.net/MCOY>. Nominees must have a valid military ID or currently be enrolled in the Defense Eligibility Enrollment Reporting System, be between the ages of 8 and 18 and able to travel to Washington, D.C., for the April 7 ceremony.




Check out
Spry & Relish
Magazines
In the
Northern
Sentry

now open
HAIR FORCE JUST CUTS



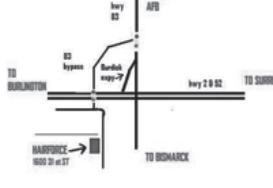
Melissa Todd, Owner

Now Accepting Appointments 701-833-1077

Licensed for 20 years, barbering for 17 years. I offer men's, women's and children's **CUTS ONLY.***

Specializing in Military Cuts for only \$9!

Easy Location off West Bypass



Hours:
Mon and Wed: 6:30am - 5:45pm
Tues and Thurs: 6:30am - 9:00pm
Fri: 6:30am - 5:30pm
Sat: 8:30am - 11:30am
Sun: Please call for appt.
Emergency hair cuts available 24 hours
*coloring and perms not offered

ad design by mfortendesign.com

Come Explore  FREE Lunch!

Troops to Teachers
PROUD TO SERVE AGAIN

TEACHING AS A SECOND CAREER

Learn how your military experience can make a difference in the classroom!

Minot AFB
Jimmy Doolittle Center
Daedalion Room
Wednesday, 19 January
1100-1330 hrs

Active Duty, Guard & Reserve
Veterans & Retired Personnel

- *Honest answers from a current teacher
- * Hear about your education options
- *Learn how you can get up to \$10,000 in financial assistance!
- *Teacher Licensure information
- *Employment Opportunities
- *Individual Career Counseling

For information & seat reservations contact
Troops To Teachers at (866)478-3224
Seminar Co-Sponsored by:



WESTERN GOVERNORS UNIVERSITY
ONLINE • ACCELERATED • AFFORDABLE • ACCREDITED



WATNE REALTORS It's the Sign of Success

Contact me today!

Jessica Silva, SFR
813.598.9771 cell
701.852.1156 office
Jessica@jmodernrealestate.com
www.jmodernrealestate.com




- 25% of my gross commission is given to YOU at closing
- 1/2 off loan origination fee

Homes for Heroes
your partner in workforce housing

"This is my way to say Thank You for serving!"

FREE savings to military, police, firefighters, teachers and healthcare professionals on the **PURCHASE** and **SALE** of your home!

Prairie Adventures

by Patricia Stockdill

With abundant snow conditions throughout North Dakota this winter, snowmobilers have ample opportunities to ride many of the state's snowmobile trails.

However, there might be no better reason to head to Bottineau Jan. 14 and 15 than to ride in the 2nd Annual Pink Ribbon Riders North Dakota Snow Run supporting their mission of promoting breast cancer awareness.

The non-profit organization also provides direct financial assistance to qualifying breast cancer patients; men and women alike.

Activities and registration fees include an organized snowmobile ride with guides, Jan. 14 Welcome Night, collectors event patch, rider gift, silent auction, dance, lunch and dinner banquet, door prizes, live auction, sled decorating contest, and vintage snow suit contest.

Registration is \$110 and available only online at the Pink Ribbon Riders Web site, (www.pinkribbonriders.com). Preregistration is required, explained Snowmobile North Dakota coordinator Keri Wanner, and space is limited. Snowmobile North Dakota is coordinating the Snow Run.

Activities are based at Twin Oaks Resort, located along Lake Metigoshe north of Bottineau.

Plans are underway to host the ride's luncheon at the International Peace Garden's new Interpretative Center, Wanner added.

Headquartered in Michigan, Pink Ribbon Riders was organized when two snowmobiling friends, Alia Brown and Jody McKay, lost a friend to breast cancer. They organized a snowmobile ride in 2005 in her honor. The ride raised nearly \$2,500, which was donated to the Roswell Cancer Institute of New York.

The volunteer-based organization has since expanded to several states and now sponsors fundraising rides in North Dakota, Minnesota, New York, Wisconsin, and Wyoming, in addition to Michigan. Funds raised during the weekend provide financial assistance to cancer patients who are currently undergoing cancer treatment in the six states where rides are held.

More information about Pink Ribbon Riders, how to donate, and how to apply for financial assistance is also on the Web site. Applications for assistance must be mailed using the application from the Web site.

Other Snowmobile North Dakota events include the 2011 Snowmobile North Dakota State Ride Saturday at Rugby, which will take riders on portions of the North Central Trail.

More information about Snowmobile North Dakota, North Dakota's snowmobile trail maps and descriptions, snowmobile safety, state laws and requirements, and the volunteer clubs that support the trail system is available on the Snowmobile North Dakota Web site, (www.snowmobilend.org).

Snowmobile North Dakota, in conjunction with its volunteer clubs and members, maintain and support the state's snowmobile trails. Funding for Snowmobile North Dakota and trail maintenance is through North Dakota snowmobile registration fees and a portion of federal gas tax refunds. Snowmobile North Dakota applies for Recreation Trail Program funds to buy equipment.

However, it's the 43 member Snowmobile North Dakota clubs and more than 2,000 individual, family, and business members comprising Snowmobile North Dakota that work to maintain the state's trail system – 2,800 miles of marked and groomed riding opportunities.

Quote of the Week:

"Snowmobile North Dakota's mission is to generate excitement for the sport of snowmobiling. The organization is excited to partner with the Pink Ribbon Riders to pursue its mission and create awareness for breast cancer."

– Keri Wanner, Snowmobile North Dakota coordinator.

Fitness center hosts indoor half-marathon

by Airman 1st Class
Jessica McConnell
Minot Air Force Base
Public Affairs

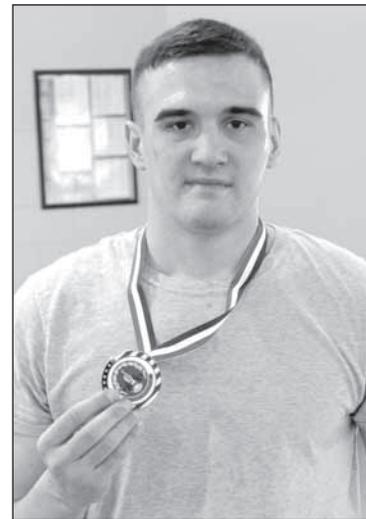
Air Force Global Strike Command and Team Minot Airmen assigned to the 5th Maintenance Squadron participated in the second annual Mustang Run at the McAdoo Sports and Fitness Center here Dec. 31.

With more than 20 Airmen, civilian workers and family members signed up and ready to run, many might wonder why anyone would want to run the 105 laps it takes to complete a half marathon indoors.

"It's more than just a 13.1 mile run for many people," said Senior Master Sgt. Thomas Raupach, 5th MXS aerospace ground equipment flight chief. "For first timers, an accomplishment like this is a life changing event. Events like this are inspirational and foster teamwork, fellowship and camaraderie."

Not only do events like this encourage team unity, they also reinforce an important part of the Air Force mission.

"It encourages health and wellness," said Sergeant Raupach. "It proves fitness isn't a May to September affair. Fitness and healthy lifestyles



(U.S. Air Force photo/
Staff Sgt. Keith Ballard)

Airman 1st Class Justin Blanchard, 5th Maintenance Squadron aerospace ground equipment apprentice, was the first person to complete the 2nd Annual Mustang Run, here Dec. 31, 2010. Airman Blanchard completed the 105-lap half-marathon event with a time of 1:42:28.

are a year-round commitment. Fitness doesn't have to be work, it can be fun."

Chief Master Sgt. John Van Duser, 5th Maintenance Group quality assurance chief, used the marathon to test his overall physical endurance.

"I have been thinking about running the Air Force Marathon in September and used the New Year's Mustang

Run as a test as to see how I could do," he said. "It succeeded in reinforcing my ability to run the longer distance."

According to Chief Van Duser, running the half marathon wasn't as difficult as many thought it would be.

"The thought of running 105 laps around the fitness center's track was the biggest mental hurdle to get past," said the chief.

"The organizers, spectators and lap counters did an excellent job in creating a positive atmosphere to get those who were participating through to the end."

Encouragement received from supporters wasn't the only motivating force in getting runners through the race.

"Events like this are important to participate in because they push people to do things beyond what they think they are capable of," said the chief.

Finishing first in 1 hour, 42 minutes, 28 seconds was Airman 1st Class Justin Blanchard, 5th MXS aerospace ground equipment apprentice. Second was Chief Van Duser, finishing at 1: 46: 42. Finishing third with a time of 1: 51: 33 was Airman 1st Class Jeremy Hernandez, 5th MXS aerospace ground equipment apprentice.

Wildlife Wednesdays begin Jan. 19

The North Dakota Game and Fish Department will host a series of wildlife and conservation related talks on Wednesday nights beginning Jan. 19.

The popular presentations are held in the department's Bismarck office, begin at 7 p.m. and last about two hours. For more information call the department's outreach section at 328-6615.

- Jan. 19 – Chris Grondahl, Game and Fish Department outreach supervisor, presents cleaning and care of wild game, including birds, deer and fish.

- Jan. 26 – Jeremy Duckwitz, U.S. Department of Agriculture Wildlife Services professional trapper, identifies furbearers in North Dakota, explains trapping techniques and provides a history of the fur trade.

- Feb. 2 – Grondahl gives a presentation on tracks

and signs of North Dakota wildlife.

- Feb. 23 – Grondahl discusses the Game and Fish Department's role in wildlife management, and gives a presentation on how to age various wildlife species.

- March 2 – Pat Lothspeich, Game and Fish Department outreach biologist, discusses the important role of a game warden in managing

the state's natural resources. Lothspeich will discuss actual cases, and demonstrate some of the tools wardens use to do their job.

- March 16 – Jeff Long, Game and Fish Department education coordinator, will teach the basics of fishing, including bait and tackle, knot tying, fish identification and where to find different fish species.

Hunting and fishing legislation on Game and Fish website

The North Dakota Game and Fish Department will once again track hunting and fishing issues during the 2011 legislative session.

Interested outdoor enthusiasts can follow proposed outdoors-related bills by logging onto the Game and Fish

Department website, gf.nd.gov.

A brief description of each bill will be included, along with the bill sponsor and hearing schedule.

To view each bill in its entirety, click on the hot-linked bill number.

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule</p> <p>Daily M-F 8:00 a.m. Saturday 5:30 p.m. Sunday 8:30 a.m. & 11:00 a.m.</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p> St. Peter The Aleut Eastern Orthodox Church</p> <p>109 6th St. SE Minot • 838-3094</p> <p>SUNDAY LITURGY 10 A.M. SATURDAY VESPERS 6 P.M.</p> <p>The Very Reverend Father Anastassy</p>	<p>Heritage Baptist Independent Fundamental Meeting at 435 21st St. NW 833-1798</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:45 a.m. Sunday Evening 6:00 p.m. Wed. Prayer/Bible Study 7:00 p.m. Wed. Children's Patch Club 7:00 p.m.</p> <p>Pastor Brian Ferree</p>	<p><i>Minot Air Force Base Chapel</i> Protestant Services (All Sunday)</p> <p> Traditional Service 10:00 a.m. (North Plains Chapel) Gospel Service 11:30 a.m. (Northern Lights Chapel) Contemporary Service 2:00 p.m. (North Plains Chapel) Wednesday Feed Your Faith Classes: North Plains Chapel 1730-1930 Dinner and Children's programs included Chapel 723-2456</p>	<p><i>Minot Air Force Base Chapel</i> Catholic Services</p> <p>Eucharist (Mass) Daily Mass 9:00 a.m. (Northern Lights) Sunday 9:30 a.m. (Northern Lights) Sunday CCD 11:15 a.m. (North Plains School)</p> <p>Northern Lights Chapel 723-2456</p>
<p>Bible Fellowship 1720 4th Ave. NW • 838-0916 www.minotbiblefellowship.org</p> <p>Sunday School 9:45 a.m. Sunday Worship 10:45 a.m. Sunday Evening Worship 7:00 p.m. Wed. Evening Family Night 7:00 p.m.</p> <p>• Pioneer Club • Youth Club • Women's Bible Study • Adult Bible Study</p> <p>Pastor Duane Deckert </p>	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p> Harvest Reformed Church</p> <p>We are devoted to faithful preaching of God's Word, Confessionally Reformed Biblical worship.</p> <p>Now meeting in room 204 Minot Municipal Auditorium</p> <p>Morning Service 10:30 a.m.</p> <p>838-0605 www.harvestreformedchurch.org</p>	<p>Congregational United Church of Christ 430 N. Broadway 839-1064</p> <p>Sunday School 11:00 a.m. Sunday Worship 11:00 a.m. Tuesday Lunch Bible Study 12 Noon Wednesday Youth Classes 6:30-8:30 p.m.</p> <p>Rev. Frank Picard</p>	<p>Welcome to the Minot Church of Christ 1315 1st St. NE</p> <p>Sunday: Bible Classes 9:30 a.m. Worship 5:00 p.m.</p> <p>Wednesday: Bible Classes 7:00 p.m.</p> <p><i>"Restoring 1st Century Christianity in the 21st Century"</i></p>
<p>First Presbyterian Church 1000 3rd St. NE (Next to Trinity Nursing Home) 852-0315</p> <p>Sunday Contemporary Worship 8:30 a.m. Sunday School 9:30 a.m. Sunday Traditional Worship 11:00 a.m. Monday Youth Worship 7:00 p.m. Wednesday Community Supper 5:00-6:30 p.m. Wednesday Contemporary Worship 6:30 p.m. Sunday Transportation & Nursery Available</p> <p>www.minotfpc.org Visitors Welcome</p>	<p>Apostolic Faith Church, UPCI 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Sunday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>Minot First Church of The Nazarene 2500 West Central Avenue 701-838-8704</p> <p><i>Come Experience a Warm Family Feeling</i></p> <p>Coffee & Conversation 9:00-9:30 a.m. Sunday School 9:30 a.m. Morning Worship 10:45 a.m. Evening Service 6:00 p.m. Midweek Service (Wed.) 7:00 p.m.</p> <p>Senior Pastor Francis Warren</p>	<p> First Lutheran Church - ELCA 120 - 5th Ave. NW 852-4853</p> <p>Wednesday Supper 5:00 pm WOW (Worship on Wednesday) 5:45 pm Wednesday School & Confirmation .. 6:20 pm Saturday Worship 5:30 pm Sunday Worship 8:45 & 10:45 am Sunday School & Adult Forum 9:45 am.</p> <p>Radio Broadcast KRRZ 1390 AM - 8:45 a.m. Pastor Ken Nelson, Pastors Michael & Kari Pancoast www.firstlutheranchurchminot.com</p>	<p> St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship 8:30 a.m. & 11 a.m. Sunday School & Bible Class 9:45 a.m.</p> <p>Holy Communion is served at 8:30 a.m. service on the 1st & 3rd Sunday and at 11 a.m. service on the 2nd and 4th Sunday</p> <p>2209 4th Ave. NW • 839-4663 Carlyle Roth, Pastor</p>
<p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Wednesday Worship 7:00 p.m. Sunday Worship 8:15 a.m. & 10:45 a.m. Fellowship 9:15 a.m. Adult Forum 9:30 a.m. Sunday School 9:30 a.m.</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p> North Hill Baptist Church SBC 524 21st Ave. NW • 839-7283</p> <p>Bible Reaching & Teaching 9:30 a.m. Morning Worship 11:00 a.m. Bible Study 5:30 p.m.</p> <p>Pastor Dan Andrus</p>	<p>St. John the Apostle Catholic Church 2600 West Central Ave. Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule:</p> <p>Tuesday 7:00 p.m. Wednesday - Friday 9:00 a.m. Saturday 5:00 p.m. Sunday 8:00 and 10:30 a.m.</p> <p><i>Fr. Dave Zimmer, Pastor</i> Parish website: www.stjohnminot.com</p>	<p>All Saints' Episcopal Church (Anglican) 301 S. Main St. • 839-1037</p> <p>Sunday Worship 10:00 a.m. Wednesday Worship 5:15 p.m.</p> <p>www.allsaintsminot.org</p>	<p>Our Redeemer's Church <i>A Church with a Christian School</i> 700 16th Ave SE</p> <p>Sundays Worship Services 8:30 a.m. & 10:45 a.m. Radio Broadcast KHRT 1320 AM 11 a.m. Children's programs 9:45 a.m. Youth & Adult Bible Classes 10 a.m. Interpreter services for the deaf 10:45 a.m.</p> <p>Wednesdays Supper 5:40 p.m. Bible Classes for all ages 6:30 p.m.</p> <p>Lead Pastor, Rod Spidahl, PhD 838-0750 • www.ouredeemers.org</p>
<p>Augustana Lutheran Church 321 University Ave W • Minot (Across from MSU) ELCA • 839-9563</p> <p>Sunday Worship 8:00 & 10:30 a.m. Sunday School, Confirmation, Adult Forum & Choir Rehearsal 9:00 a.m.</p> <p>Pastor Michon Weingarther Home of Campus Pastor Kerri Williamson</p>	<p> Faith United Methodist Church 801 University Ave. W • 838-1540</p> <p>Worship: 10:45 a.m. <i>Nursery Available</i></p> <p>Soup Kitchen: 11 a.m. - 12:30 p.m. Mon. Food & Clothing Pantry: Mon. 9:30 a.m. - 1 p.m. & Wed. 2 - 4 p.m.</p> <p>Rev. Debra Ball-Kilbourne</p>	<p> Cross Roads Baptist</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11:00 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) .. 6:30 p.m.</p> <p>www.angellnet.net/crossroads email: crbc@srt.com 415 28th Ave SE (Behind Menards) 838-1873 Dr. Ben Pierce, Pastor</p>	<p> West Minot Church of God "A Family Worship Center" 1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church 10:30 a.m. Wednesday Family Training Hour 6:30 p.m. Wednesday Kids on the Rock 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care & Pre-School Center 852-6352</p>	<p> Bethel Free Lutheran AFLC <i>"Building Followers of Jesus Christ"</i></p> <p>Sunday School 9:30 a.m. Worship Service 10:30 a.m. Adult Study/WINGS/Youth Wednesday 6:30-8:30 p.m.</p> <p>530 22nd Ave NW (4 Blocks W of Airport) 852-6492 bethel@minot.com</p>
<p> River of Life Church</p> <p>400 22nd Ave NW • Minot</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Sunday Evening Service 6:00 p.m. Wednesday Service 7:00 p.m.</p> <p>Joe VanEst, Pastor • 858-7777</p>	<p> First Baptist Church 220-3rd St. S.W. 852-4533 www.firstbaptist-minot.org</p> <p>Summer Worship Schedule:</p> <p>Classic Worship 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service 11:05 a.m. Wed. AWANA Clubs (Sept. - May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Gordon Kroeker, Discipleship & Community Life Pastor Paul Pankratz, Student Ministries Pastor Josh Huesby, Worship</p>	<p> Gospel Tabernacle Community Church</p> <p>County Road 19, 4 miles south of MAFB Eld. James W. Henderson, Pastor Church: 701-838-4492 Home: 838-5759 Dial-A-Prayer: 727-6447 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Family Hour/ Leadership Training 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/ Children's Worship (Wed.) 7:00 p.m. Prayer (Friday) 7:00 p.m.</p>	<p>BEREAN BAPTIST CHURCH Independent KJV</p> <p>Sunday School 9:45 a.m. Worship 11:00 a.m. Sunday Evening 6:00 p.m. Wednesday Evening 7:00 p.m.</p> <p>Pastor Joe Minnerup www.bereanbaptistminot.com 601 1st Ave SE • Minot 833-9811</p>	<p>First Assembly of God 1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10:00 a.m. Morning Worship 11:00 a.m. Evening Worship 6:30 p.m. Wednesday Family Night 7:00 p.m.</p>
<p> Trinity Church <i>An Evangelical Free Church</i> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>September - May</p> <p>Sunday School 9 a.m. Worship 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	<p> Immanuel Baptist Church 1615 2nd St. SE • Minot • 839-3694</p> <p>Sunday School 9:15 a.m. Sunday Worship 10:30 a.m.</p> <p>Wednesdays Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:45 p.m. Classes for all ages 6:30 p.m. Adult Choir Rehearsal 8:10 p.m.</p> <p>Pastor Allen Lively Sarah Dvirnak, Youth Director</p>	<p> Zion Lutheran ELCA</p> <p>1800 Hiawatha St. • 852-1872</p> <p>Saturday Worship 5:00 p.m. Sunday Worship 8:30 a.m. & 11:00 a.m.</p> <p>John Streccius, Pastor Nathan Mugaas, Pastor</p>	<p> Vincent United Methodist Church 1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Service 5:00 p.m. Sunday Worship 8:30 a.m. & 11 a.m. Sunday School 9:30 a.m. Coffee Fellowship 10:30 a.m.</p> <p>Gary L. Ball-Kilbourne www.vincentumc.com</p>	

crossword puzzle

ACROSS

1. Gangland guns
5. Pitched too low
9. Still in the game
14. "Zip-__-Doo-Dah"
15. Kennedy matriarch
16. Sir Arthur __ Doyle
17. 1939 epic film
20. Part of GPA
21. Chapter in history
22. Goblet part
23. Sportscaster Berman
24. Tidal reflux
27. Shade of blond
29. Prefix with thermal or metric
30. Art Deco notable
32. NASA affirmative
34. Henpeck
36. President Clinton's personal secretary Betty __
39. Suggest
40. '60s sci-fi series
42. Herman Wouk ship
44. Et __ (and so forth)
45. Do an usher's work
47. Malarkey
48. Country club instructors
52. I-95, e.g.
53. "__ who?" (arguer's retort)
55. Potpie spheroid
57. Circle section
58. "Rule, Britannia" composer Thomas
60. Pacific __ nations
62. TV journalist Couric
64. Chuck Norris thriller of 1984
68. What "i.e." stands for
69. Gloomy
70. Lawn burrower
71. Yields, as territory
72. Pained cry
73. Change for a fin

DOWN

1. Group of geese
2. Swooning fan, say
3. Walk-up dweller
4. Parrot's meal
5. Work wk. ender, for many
6. Sodom refugee
7. 1975 Wimbledon champ
8. Penta- minus one

AWOL

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15				16				
17				18				19				
20						21			22			
23			24	25	26	27		28	29			
30			31	32		33	34		35			
			36	37			38	39				
42	43				44							
45				46	47			48	49	50	51	
52			53		54	55		56	57			
58			59	60		61	62	63				
64			65			66	67					
68					69			70				
71					72				73			

9. Crack fighter pilot
10. Weather map areas
11. Put through hell night
12. Former Miss America Williams
13. Farthest
18. Little piggy's cry, when tripled
19. Dish that's "slung"
25. Young Simpson
26. Antiseptic acid
28. Comic-strip Viking
31. "Low-budget," in brand names
33. '40s-'50s slugger Ralph
35. Postgame segment
37. Pushers' customers
38. Prevent, in legalese
40. Part of LPN
41. Seeger or Sampras
42. Like Limoges collectibles
43. On both sides of
46. Gull relative
49. Meat distribution in 1943, e.g.
50. Orange-and-black flier
51. Public outbursts
54. Hairless comic-strip character
56. Dog-lovers' org.
59. In __ (actually)
61. Muddy ground
63. Spherical opening?
65. "__ De-Lovely"
66. Not a whit
67. Fuse rating unit

G	L	O		C	U	B	A		S	P	A	T	E	S		
I	O	U		O	P	E	C		A	I	M	S	A	T		
B	L	T		H	I	G	H	A	N	X	I	E	T	Y		
L	I	S	L	E				E	S	T	E	S				
E	T	I	E	N	N	E		S	A	L	T	I	N	G		
T	A	D	A		O	M	A	N			A	N	O	N		
				E	K	E	O	U	T		R	E	D	S	E	A
A	S	H		E	N	S	I	L	E	S		I	S	T		
T	H	E	B	E	S		L	I	M	P	E	D				
M	I	L	E				E	T	N	A		T	E	N	T	
E	M	P	A	N	E	L		K	N	I	T	T	E	R		
				R	O	L	L	E			N	U	R	S	E	
L	O	W	C	O	M	E	D	I	A	N		A	S	A		
E	T	H	A	N	E			N	A	V	E		C	I	T	
T	O	O	T	E	R			A	M	E	R		K	E	Y	

Solution to puzzle from December 31.

UPCOMING MOVIES

for more information, call the movie line at 723-3802.

Unstoppable

Friday, December 31, at 7 p.m.

(Denzel Washington, Chris Pine)

A veteran engineer and a young conductor try frantically to stop a half-mile-long freight train carrying enough combustible liquids and poisonous gas to wipe out a nearby city.

Rated PG-13

(sequences of action and peril and some language)

98 min

Harry Potter and The Deathly Hallows Part 1

Saturday, January 1, at 7 p.m.

Harry, Ron and Hermione set out on their perilous mission to track down and destroy the secret to Voldemort's immortality and destruction - the Horcruxes. Without the guidance of their professors, the three friends must now rely on one another more than ever. But there are Dark Forces in their midst that threaten to tear them apart.

Rated PG-13

(some sequences of intense action violence and frightening images)

145 min

sudoku

		1				2	3	
	3		2			4		5
			6				7	
		4			1			
8	7	2				9	1	3
			7			6		
	5				3			
9		7			4		8	
	2	3				1		

Solution to puzzle on page 22.

Friday Evening January 7, 2011

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Supernanny		Primetime: What		20/20		Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	Medium		CSI: NY		The Mentalist		Local	Late Show Letterman	Late	
KMOT/NBC	Minute to Win It		Dateline NBC				Local	Tonight Show w/Leno	Late	
KNDX/FOX	College Football						Local			
Cable Channels										
AMC	Open Range						Open Range			
CNN	Parker Spitzer	Larry King Live	Anderson Cooper 360			Larry King Live				
DISC	Gold Rush: Alaska	Gold Rush: Alaska	Gold Rush: Alaska	Gold Rush: Alaska	Gold Rush: Alaska	Gold Rush: Alaska				
DISN	Deck	Wizards	Fish Hook	Good Luck	Good Luck	Shake it	Shake it	Shake It	Hannah	
ESPN	NBA Basketball				NBA Basketball					
FAM	Funniest Home Videos		Funniest Home Videos		Funniest Home Videos		The 700 Club		Whose?	Whose?
FX	The Happening									
LIFE	Reba	Reba	Reba	Reba	Reba	Reba	How I Met	How I Met	Reba	Reba
NICK	Big Time	Victorou	Chris	Lopez	Lopez	G. Martin	The Nanny	The Nanny	The Nanny	The Nanny
SPIKE	Death Proof				Planet Terror					
TBS	The Wedding Planner				Office		Glory Daze			
TNT	Forrest Gump						The Terminal			
USA	Inside Man						No Country			
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine		Scrubs	Scrubs	South Pk	South Pk
Premium Channels										
HBO	24/7 Penguins		Edge of Darkness			Ricky Gervais: Out, England		Cathouse		
MAX	Security	The Tuxedo			The Wolfman					
SHOW	Hurt Lock	Inglourious Basterds				Strikeforce Chall.				

Tuesday Evening January 11, 2011

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	No Ordinary Family		V		Detroit 1-8-7		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	NCIS		NCIS: Los Angeles		The Good Wife		Local	Late Show Letterman	Late		
KMOT/NBC	The Biggest Loser				Parenthood		Local	Tonight Show w/Leno	Late		
KNDX/FOX	Glee		Million Dollar		Local						
Cable Channels											
AMC	Once Upon				Once Upon			Quick-Dead			
CNN	Parker Spitzer	Larry King Live	Anderson Cooper 360			Larry King Live					
DISC	Dirty Jobs	Dirty Jobs	Auction	Auction	Dirty Jobs	Dirty Jobs					
DISN	Shake it	Shake it	Sonny	Deck	Phineas	Phineas	Good Luck	Good Luck	Hannah	Hannah	
ESPN	College Basketball		College Basketball		SportsCenter				NFL Live	NBA	
FAM	Remember the Titans				Funniest Home Videos		The 700 Club		Whose?	Whose?	
FX	Iron Man										
LIFE	Reba	Reba	Wife Swap	Wife Swap	How I Met	How I Met	Frasier	Frasier			
NICK	My Wife	My Wife	Chris	Chris	George	George	My Wife	My Wife	My Wife	My Wife	
SPIKE	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Permanant	MANswers	Walker, Texas Ranger		
TBS	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Glory Daze	Glory Daze	Conan	Conan	Lopez Tonight		
TNT	The Patriot				Southland		Memphis Beat				
USA	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Next Friday				
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine		Scrubs	Scrubs	South Pk	South Pk	
Premium Channels											
HBO	Monsters vs. Aliens		Clash of the Titans			Taxicab Confessions		The Book of Eli			
MAX	Orphan	National Lampoon's Vacation			12 Rounds						
SHOW	Quantum of Solace		Californ.	Episodes	Shameless		Episodes	Family			

Saturday Evening January 8, 2011

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Wipeout		The Bachelor				Local			
KXMC/CBS	Blue Bloods		CSI: Crime Scene		48 Hours Mystery		Local			
KMOT/NBC	NFL Football						Local	Saturday Night Live		
KNDX/FOX	Change of Plans				Local		The Good Guys	TBA	Local	
Cable Channels										
AMC	True Grit						El Dorado			
CNN	CNN Presents	Larry King Live	Newsroom			CNN Presents				
DISC	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters				
DISN	Wizards	Deck	Fish Hook	Shake It	Hannah	Hannah	Deck	Wizards	Fish Hook	Fish Hook
ESPN	SportsCtr	Poker	Poker Stars		Poker Stars		SportsCenter		NFL PrimeTime	
FAM	Aladdin				Cheaper by the Dozen					
FX	Jumper	Two Men	Two Men	Two Men	Two Men	Two Men	Justified	Justified		
LIFE	Boy She Met	Craigslit Killer								
NICK	Big Time	Victorou	House of Anubis	Lopez	Lopez	The Nanny	The Nanny	The Nanny	The Nanny	
SPIKE	The Exorcist				Hannibal Rising					
TBS	Nick and Norah		Legally Blonde							
TNT	Forrest Gump		A Time to Kill						Lakeview Terrace	
USA	Terminator 3				Street Kings				Shoot 'Em	
WGN	NBA Basketball				News/Nine	How I Met	How I Met	South Pk	South Pk	
Premium Channels										
HBO	Clash of the Titans				A Perfect Getaway		24/7 Penguins		Clash	
MAX	The Jackal				Cop Out					
SHOW	Twilight: New Moon				Punisher: War Zone		Transporter 3			

Wednesday Evening January 12, 2011

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Middle	Better	Family	Cougar	Off the Map		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	Live to Dance		Criminal Minds		The Defenders		Local	Late Show Letterman	Late		
KMOT/NBC	Minute to Win It		Chase		Law & Order: SVU		Local	Tonight Show w/Leno	Late		
KNDX/FOX	Human Target				Local						
Cable Channels											
AMC	Swordfish				The Specialist			Break-Bad			
CNN	Parker Spitzer	Larry King Live	Anderson Cooper 360			Larry King Live					
DISC	MythBusters	Flying Wild Alaska	Gold Rush: Alaska		MythBusters		Flying Wild Alaska				
DISN	Adventures of Sharkboy		Deck	Phineas	Phineas	Good Luck	Good Luck	Hannah	Hannah		
ESPN	College Basketball		College Basketball		SportsCenter				NFL Live	NBA	
FAM	Funniest Home Videos		Funniest Home Videos		Funniest Home Videos		The 700 Club		Whose?	Whose?	
FX	Iron Man										
LIFE	Reba	Reba	Mad Money			How I Met		How I Met	Frasier	Frasier	
NICK	My Wife	My Wife	Chris	Chris	George	George	My Wife	My Wife	My Wife	My Wife	
SPIKE	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	BlueMount	MANswers	Walker, Texas Ranger		
TBS	Browns	Browns	Payne	Payne	Are We Th	Are We Th	Conan	Conan	Lopez Tonight		
TNT	Bones	Bones	Bones	Bones	Bones	Bones	Southland	Southland	CSI: NY		
USA	NCIS		NCIS		NCIS		The Dukes of Hazzard				
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine		Scrubs	Scrubs	South Pk	South Pk	
Premium Channels											
HBO	It's Complicated				The Informant!						
MAX	Whip It	Opportunity Knocks			Cop Out						
SHOW	Episodes	Californ.	Inside the NFL		Shameless		Inside the NFL		My Best Friend		

Sunday Evening January 9, 2011

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Extreme Makeover		Desperate Housewives		Brothers & Sisters		Local				
KXMC/CBS	CSI: Miami		Undercover Boss		Criminal Minds		Local				
KMOT/NBC	Dateline NBC		The Cape				Local		Dateline NBC		
KNDX/FOX	Simpsons	Burgers	Fam. Guy	Cleveland	Local						
Cable Channels											
AMC	Exit Wounds				Exit Wounds			Money Train			
CNN	State of the Union		Larry King Live	Newsroom			State of the Union				
DISC	Auction	Auction	Auction	Auction	Auction	Auction	Auction	Auction	Auction	Auction	
DISN	Hannah	Shake it	Shake It	Shake It	Good Luck	Good Luck	Wizards	Wizards	Hannah	Hannah	
ESPN	NFL PrimeTime		College Football								
FAM	A Bug's Life				Liar Liar		J. Osteen		Ed Young		
FX	Hellboy-Army										
LIFE	Craigslit Killer		Army Wives		Army Wives		Craigslit Killer				
NICK	My Wife	My Wife	News	Chris	Lopez	Lopez	The Nanny	The Nanny	The Nanny	The Nanny	
SPIKE	CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		CSI: Crime Scene		
TBS	Just Married				Just Married						
TNT	Hitch										
USA	Prince Caspian						The Golden Compass				
WGN	How I Met	How I Met	How I Met	How I Met	News/Nine	Replay	Monk	Monk			
Premium Channels											
HBO	Avatar				Percy Jackson						
MAX	Charlies	Cop Out			Ocean's Eleven		Co-Ed-4		She's Out		
SHOW	Twilight: New Moon		Californ.	Episodes	Shameless		Shameless	Californ.	Episodes		

Thursday Evening January 13, 2011

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Wipeout		Grey's Anatomy		Private Practice		Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	Big Bang	Dad Says	CSI: Crime Scene		The Mentalist		Local	Late Show Letterman	Late	
KMOT/NBC	Community	Community	Office	Office	30 Rock	30 Rock	Local	Tonight Show w/Leno	Late	
KNDX/FOX	Million Dollar		Bones		Local					
Cable Channels										
AMC	Enter the Dragon				Enter the Dragon					
CNN	Parker Spitzer	Larry King Live	Anderson Cooper 360			Larry King Live				
DISC	MythBusters	American Chopper	Auction		MythBusters		American Chopper			
DISN	16 Wishes		Deck	Phineas	Phineas	Good Luck	Good Luck	Hannah	Hannah	
ESPN	College Basketball		College Basketball		SportsCenter				NFL Live	Final
FAM	Van Helsing									
FX	Two Men	Two Men	Two Men	Two Men	Double Jeopardy		Double Jeopardy			
LIFE	Reba	Reba	Poison Ivy II: Lily			How I Met		How I Met	Frasier	Frasier
NICK	My Wife	My Wife	Chris	Chris	George	George	My Wife	My Wife	My Wife	My Wife
SPIKE	Gangland		TNA Wrestling		MANswers		MANswers		MANswers	
TBS	50 First Dates				Fam. Guy	Fam. Guy	Conan	Conan	Lopez Tonight	
TNT	NBA Basketball				NBA Basketball					
USA	The Break-Up									
WGN	WWE Superstars		How I Met	How I Met	WGN News at Nine		Scrubs	Scrubs	WWE Superstars	
Premium Channels										
HBO	Tooth Fairy		Percy Jackson			Orgasm: Real Sex		Good Hair		
MAX	The Ring				The Hangover					
SHOW	Scary Movie 2		Joan Rivers: A Piece of Work	Laugh	Laugh	Californ.	Shameless			

Monday Evening January 10, 2011

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	The Bachelor				Castle		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	How I Met	Rules	Two Men	Mike	Hawaii Five-0		Local	Late Show Letterman	Late		
KMOT/NBC	Chuck		The Cape				Local	Tonight Show w/Leno	Late		
KNDX/FOX	Lie to Me				Local						
Cable Channels											
AMC	Exit Wounds				Exit Wounds			Bowfinger			
CNN	Parker Spitzer	Larry King Live	Anderson Cooper 360			Larry King Live					
DISC	American Chopper	American Chopper	Gold Rush: Alaska		American Chopper		Get Out Alive				
DISN	Ratatouille		Phineas		Phineas	Good Luck	Good Luck	Hannah	Hannah		
ESPN	Pregame	College Football			Postgame		SportsCtr				
FAM	Pretty Little Liars		Greek	Pretty Little Liars		The 700 Club		Whose? Whose?			
FX	X-Men: Last										
LIFE	Reba	Reba	Dan in Real Life			How I Met		How I Met	Frasier	Frasier	
NICK	My Wife	My Wife	Chris	Chris	George	George	My Wife	My Wife	My Wife	My Wife	
SPIKE	UFC Fight Night		The Longest Yard		Jail		Walker, Texas Ranger				
TBS	Office	Office	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Conan	Conan	Lopez Tonight		
TNT	The Closer				Bones		Men of a Certain Age				
USA	NCIS		WWE Monday Night RAW		Royal Pains		Royal Pains				
WGN	Chris	Chris	Funniest Home Videos	WGN News at Nine		Scrubs	Scrubs	South Pk	South Pk		
Premium Channels											
HBO	Tooth Fairy				Good Hair		Bette Midler: Showgirl Must				
MAX	Mystery Men				Cop Out						
SHOW	Twilight: New Moon		Shameless	Californ.	Episodes	Californ.	Episodes	Shameless			

BEFORE U DRINK

THINK

Operation SafeRIDE

Call
838-2233

A Free and Anonymous Ride Home for Military, Their Family & DOD Civilians.

Heart Link links hearts and minds of military spouses

by Senior Airman
Erica Stewart
39th Air Base Wing
Public Affairs

INCIRLIK AIR BASE, Turkey (AFNS) - The words "Heart Link" may evoke a mental image of animated cartoon hearts holding hands or perhaps the infamous paper heart chain that has become a staple around school rooms during Valentine's Day.

Sometimes spouses may feel like that flimsy chain of paper hearts, vulnerable and alone. Heart Link is a program meant to help new military spouses develop a support network and become more comfortable in a new and often strange setting of the military environment.

"Going from the civilian sector to the military can be an intimidating transition," said LeAnn Throlson, an Incirlik community readiness consultant. "Heart Link helps the spouse become more familiar with military customs, courtesies, rank, traditions, benefits and entitlements, as well as what resources are available to them on base."

In addition to learning what the military has to offer them, the crash course in "military" is designed to im-

prove spousal relationships.

"It improves communication between the member and spouse, since the spouse will be informed about acronyms and Air Force culture," Ms. Throlson said.

This dynamic program also explains to spouses their critical role in the Air Force family.

"Most new Air Force spouses come into Heart Link not knowing where they fit into the Air Force mission," she said. "They just think that they're on the outside looking in. It's our job to show them that they're much more than that."

Spouses learn their intricate role in the mission through knowledge and networking.

"Heart Link explains to spouses the helping resources available to them as well as bringing them together with other spouses, expanding camaraderie while enhancing communication and knowledge," Ms. Throlson said.

According to feedback from attendees of a recent Heart Link class here, every military spouse should attend, because everyone learns something new, no matter how many years the member has been associated with the military.



Bowyer Law Office

Family Law
Divorce/Child Custody

Criminal Defense
DUI/Felony/Misdemeanor

(701) 838-2422 • bowyerlaw@gmail.com
12 South Main, Suite 1 • Minot, ND

WESTLIE vs RYAN
FORD·LINCOLN·MERCURY Chevrolet

Over
600
Vehicles
Priced For
Immediate
Sale!

Low, Low
Financing!
HUGE
REBATES!
Enormous
Dealer
Discounts!

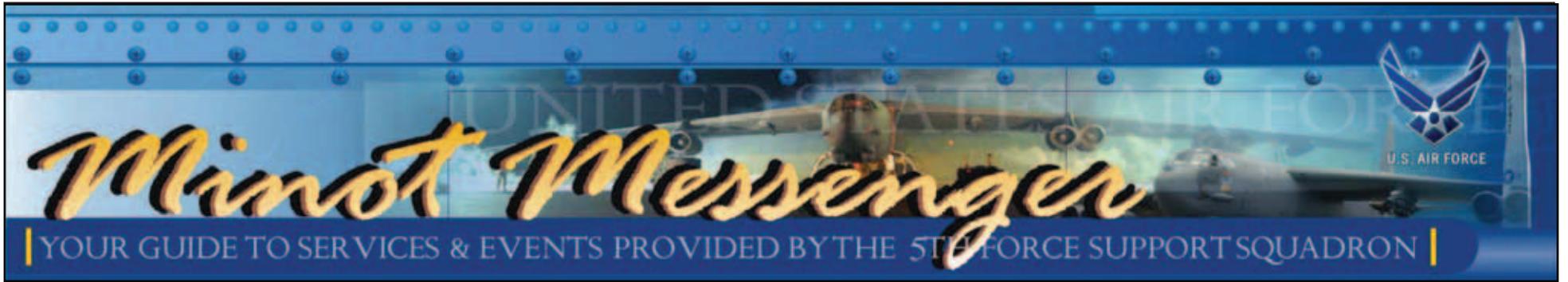
Indoors at the
ALL SEASONS ARENA
North Dakota State Fairgrounds, Minot
January 13 - 17, 2011
4 DAYS ONLY

Thursday, Jan. 13....9 am - 7 pm **Saturday, Jan. 15....9 am - 5 pm**
Friday, Jan. 14.....9 am - 7 pm **Monday, Jan. 17.....9 am - 5 pm**

It's the Sign of Success

Over 59 years serving the
real estate needs of the Minot Area
408 North Broadway, Minot, ND 58703 • 701-852-1156

<p>\$154,900</p> <p>JUST LISTED! 3+ bedroom, 1 1/4 bath home. New hardwood flooring & windows, living room complete w/52" mounted TV, \$2000 flooring allowance. Lower level has family room w/ceramic tile & wood stove fireplace, & potential to be a rental. 2 garages, fenced backyard and patio.</p> <p>MLS #20101664</p>	<p>\$159,000</p> <p>CHARMING - 2 story home in Eastwood park. Original woodwork, hardwood floors, fireplace in living room. 2 new baths, new carpet on 2nd level, 4 bedrooms, front and back enclosed porch, attached garage.</p> <p>MLS #20101657</p>	<p>\$218,000</p> <p>NICE CONDO - 3 bedroom, 3 bath in excellent condition in convenient SW location. Semi-finished lower level with large bedroom and 3/4 bath. New kitchen appliances, C/A, deck, attached double garage.</p> <p>MLS #20101193</p>
<p>\$184,900</p> <p>SPACIOUS - 4 bedroom, 1 1/4 bath family size home close to school, shopping & park. Lower level family room, main floor laundry, C/A, attached double garage.</p> <p>MLS #20100634</p>	<div style="font-size: 2em; color: #0070C0; font-weight: bold;">Happy New Year!</div> <div style="font-size: 1.5em; color: #0070C0; font-weight: bold;">From all of us at Watne Realtors</div>	<p>\$169,900</p> <p>WELL CARED FOR - 3 bedroom, 1 3/4 bath, updated kitchen, master bedroom with loft. Full finished basement with family room, bedroom with egress, 3/4 bath, laundry and lots of storage. Covered deck, double garage.</p> <p>MLS #20101501</p>
<p>Ashleigh Collins 240-2608 ashleigh@minohomes.com</p>	<p>Ali Ryan 720-9004 amryan66@yahoo.com</p>	<p>ZOOM IN minohomes.com</p>



January Brings Month Of Great Events At J.R. Rockers

If the colder weather is getting you down, it's time to get out and enjoy one of the multitude of great events scheduled in January at J.R. Rockers. Whether you enjoy Hip Hop, Country, or Old School music, Texas Hold'em, or Open Mic night, you'll find great entertainment in store for you.

TEXAS HOLD'EM TOURNAMENT

Do you know when to hold'em and when to fold'em? J.R. Rockers invites you to the Texas Hold'em tournament scheduled for Friday, January 7th. \$20 for club members and \$25 for non-members; sign in by 7 p.m. with play beginning at 7 p.m. Call 727-ROCK to register.

COUNTRY NIGHT

Saddle up for a night of great music and fun during Country Night on January 8th from 9 p.m. to 2 a.m. at J.R. Rockers. Be sure to wear your best cowboy hat and belt buckle for the hat/belt buckle contest. Gather your friends and enjoy a night of great boot scootin' festivities. For more information, call J.R. Rockers at 727-ROCK.

HIP HOP NITES

Dance, party, and hang out during J.R. Rockers Hip Hop Nights on January 15th and 29th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Gather up your friends and enjoy a great night out. Call J.R. Rockers at 727-ROCK for additional information.



OPEN MIC NIGHT

Calling all poets, R & B, country, jazz, gospel, rock, and hip-hop artists. Come show off your talent during Minot AFB's "Open Mic Night" on January 21st at J.R. Rockers. The fun starts at 7 p.m. and runs until 11 p.m.; open to club members and non-members. For more information and to sign-up to perform, contact SSgt Brian Wyche at 723-1421.

OLD SCHOOL MUSIC NIGHT

Come to J.R. Rockers on January 22nd for Old School Music Night from 10 p.m. to 2 a.m. Enjoy a drink with your friends while you listen to your old time favorite music. J.R. Rockers DJ will be playing smooth and easy music to bring you back to the old school days. Call 727-ROCK for details.

Event Update

Beginning Scrapbooking Class
January 7 • 10:30 a.m. • Arts & Crafts Center

Texas Hold'em Tournament

January 7 • 7 p.m. • J.R. Rockers

MAFB Aerobathon

January 8 • 9 a.m. • Fitness Center

Show & Tell Day

January 8 • 1 p.m. • Base Library

Give Parents A Break

January 8 • 1 p.m. • CDC/SAP

Scotch Doubles 9 Pin No Tap Bowling Tournament

January 8 • 6 p.m. • Rough Rider Lanes

Country Night

January 8 • 9 p.m. • J.R. Rockers

Lights & Strikes Bowling

January 8 & 9 • 10 p.m. • Rough Rider Lanes

Sunday Champagne Brunch

January 9 • 10:30 a.m. • Doolittle Center

Football Frenzy

January 9 • 11 a.m. • J.R. Rockers

Sunday Escapes Book Club

January 9 • 1:30 p.m. • Base Library

Framing Class

January 10 • 10 a.m. • Arts & Crafts Center

Family Child Care Pre-Orientation

January 10 • 6 p.m. • Family Child Care (old Shopette)

Veterinary Appointments

January 11, 12, 18 & 19 • Vet Clinic

Burger Doo It Your Way! Family Night

January 12 • 5 p.m. • Doolittle Center

Counted Cross Stitch Class

January 14 • 1 p.m. • Arts & Crafts Center

Controlling Your Happiness

January 14 • 3:30 p.m. • A&FRC

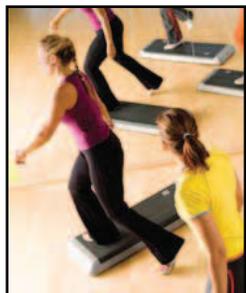
Anime Club

January 14 • 4:30 p.m. • Base Library

Pirate Dinner Adventure

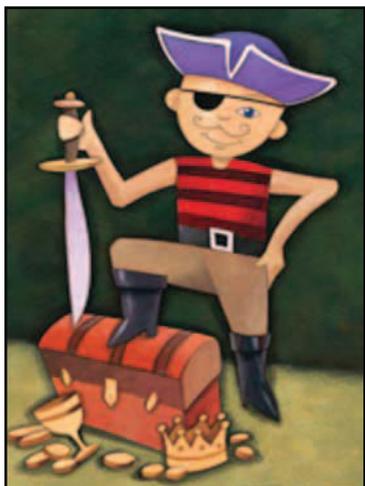
January 14 • 5 p.m. • Treasure Island

MAFB Aerobathon Set For January 8th



Did you gain a few extra pounds over the holiday season? Come out for a day of calorie burning fun and healthier living during the MAFB Aerobathon on January 8th from 9 a.m. to 1 p.m. at the Fitness Center. Among the classes projected for the day are Yoga, Indoor Cycling, Turbo Kick, and Zumba. Sign up at the Fitness Center customer service desk until the day of the event. Open to all DoD ID card holders 16 years of age or older. For details, call 723-2145.

Pirate Dinner Adventure Provides Bounty Of Fun For Entire Family



Ahoy me hearties, come to Treasure Island for the Pirate Dinner Adventure on January 14th from 5-8 p.m. That be pizza, playing, and more for everyone to enjoy. Cost: Free per lad age 6 and under and \$5 per matey age 7 and older. Price includes unlimited activities, a slice of pizza, and a drink. Call Outdoor Recreation at 723-3648 for more information. The Pirate Dinner Adventure is a Four Seasons Family event.



Visit our website at www.5thforcesupport.com

Arts & Crafts Center Retail Store Open Saturday, January 15th

The retail store at the Arts & Crafts Center will be open on Saturday, January 15th from 10 a.m. to 2 p.m. Browse through their wide selection of craft supplies or check out the many unique gift ideas they offer. Be sure to ask about the wide variety of classes they offer including scrapbooking, framing, counted cross stitch, crocheting, knitting, and more. For more information, call 723-3640.

Family Child Care Pre-Orientation

Would you like to work in your home, be your own boss, and make a difference on Minot AFB and in the life of a child? Then attend the Family Child Care Pre-Orientation on January 10th from 6-8 p.m. at the old shoppette to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. Call the Family Child Care office at 723-6662 to make your reservation to attend.

Martin Luther King Day Bowling Special

Enjoy the Martin Luther King, Jr. Day special at Rough Rider Lanes on January 17th from noon to 8 p.m. Open lanes will have a red pin special where bowlers can win a free game when a strike is made on the red head pin. One free game per bowler per game. Cost is \$2.50 per game. For more information, call Rough Rider Lanes at 727-4715.

Veterinary Appointments

Veterinary appointments are available at the Vet Clinic on January 11th, 12th, 18th, 19th, 25th, and 26th. To schedule an appointment, call the Veterinary Treatment Facility at 723-6449.

Scotch Doubles 9 Pin No Tap Tournament

Rough Rider Lanes will host a Scotch Doubles 9 Pin No Tap Tournament on January 8th at 6 p.m. Patrons must be 18 years of age or older to participate in this tournament. Cost is \$25 per team; must have at least 15 teams to conduct this tournament. For more information, call Rough Rider Lanes at 727-4715.

Martin Luther King Day Meal at Dakota Inn

The Dakota Inn has a delicious menu planned for Martin Luther King Day, January 17th from 10 a.m. to 12:45 p.m. Enjoy mouth watering entrees including southern fried catfish, barbecued spareribs, and southern fried chicken along with steamed rice, baked macaroni and cheese, french fried okra, corn fritters, mustard greens, salads, tasty desserts and more. For additional information, contact the Dakota Inn Dining Facility at 723-2359.

Airmen Only Night

Need to get out of the dorms? Feel like having some fun and friendly competition? The Community Center invites you to the Airmen Only Night on January 20th from 8 p.m. to midnight. Come on over to the Community Center and challenge your friends to a classic board/video game or a friendly game of poker. Bring your appetite as there will be free food and door prizes. Enjoy a night out at no cost. For additional information, call the Community Center at 723-4670.

Show & Tell At The Base Library Set For January 8th

Join the Base Library on January 8th at 1 p.m. for their Second Saturday program entitled "Show & Tell at the Library". Children of all ages are invited to come in and "show and tell" their favorite items: books, toys, or even younger siblings! The library will "show & tell" some of their favorite children's books to begin the program and conclude with a related craft. For more information, contact the Base Library at 723-3344.

Buck Bowling Every Sunday In January

Rough Rider Lanes is starting off the year with a tremendous way to enjoy affordable fun. Every Sunday in January, you can bowl for only \$1 per game all day long (noon to 8 p.m.). Shoe rental is \$1.50 per person. Call Rough Rider Lanes at 727-4715 for additional details.

5 FSS Military Personnel Section (MPS) Announces Change In Hours Of Operation

Effective January 1, 2011, all 5th Force Support Squadron Military Personnel Section (MPS) offices will close on Thursdays at 3 p.m. for training. This change affects the MPS Customer Service, Customer Support, Career Development, Force Management, and PRP offices. Beginning in January, hours for the MPS Customer Service will be Monday, Tuesday, Wednesday, and Friday from 8 a.m. to 4 p.m., and Thursday from 8 a.m. to 3 p.m. All other MPS office hours will change to Monday, Tuesday, Wednesday, and Friday from 7:30 a.m. to 4:30 p.m. and Thursday from 7:30 a.m. to 3 p.m. If you have any questions, please call the following POCs: Customer Service – 723-1343, Customer Support – 723-1335, Career Development – 723-7407, Force Management – 723-4711, and PRP – 723-5578.

Snow Removal

Don't want to shovel your driveway this winter? Base residents can call the Snow Removal Hotline at 723-6134 and leave their name, address, and phone number. An Auto Hobby employee will return your call with a time they can clear your driveway. Cost is \$20 per driveway or \$10 per driveway for spouses of deployed members (copy of orders needed). Fee is per individual housing unit. For more information, contact Auto Hobby at 723-2127.

Dakota Inn Open To Authorized Users On Special Advertised And Holiday Meals

The Dakota Inn dining facility allows active duty enlisted and officers, retirees, and immediate family members to dine at their facility on special advertised and holiday meals. Civilians who are on TDY orders are allowed to eat at the Dakota Inn during holiday meals (per IAW, AFI 34-239 & Wing Commanders Policy). For additional information, contact the Dakota Inn at 723-2359.

Sign Up Now For FSS Event Text Messages At www.5thforcesupport.com

FAMILY NIGHT

BURGER DOO IT YOUR WAY

JANUARY 12, 5:00PM-8:00PM

Members: \$4 Non-Members: \$7
Plus \$.50 for each ounce of meat & cheese

723-3731

"Dizzy the Clown will be performing a special show at 6:00pm, so bring the kids!"

5TH FORCE CENTER

WEEKLY RECIPE

Bayou Shrimp

Jumbo shrimp, cooked in white wine and butter and tossed with tomatoes, bacon, chives and toasted croutons, provide a hearty meal to jazz up any mealtime.

- 3 cups day-old bread cubes (½" cubes)
- 1 cup diced bacon
- 2 cups dry white wine
- 2 cups diced fresh tomatoes
- 2 cups raw shrimp, thawed, peeled and deveined
- 6 tablespoons butter, cubed
- Salt and freshly ground pepper to taste
- ¼ cup minced fresh chives

1. Preheat oven to 350° F.
2. Place bread cubes in single layer on a baking pan. Bake for 6-8 minutes or until crispy; set aside.
3. Meanwhile, in a large saucepan over medium heat, cook diced bacon until crispy. Remove to paper towels to drain; set aside.
4. Carefully drain bacon drippings; add wine to pan. Bring to a boil; reduce heat. Cook wine until it is reduced by 25%.
5. Add tomatoes and shrimp; cook for 3-4 minutes or until shrimp turn pink.
6. Remove from the heat. Gradually add butter cubes, one at a time, stirring until butter is melted. Season with salt and pepper.
7. Add the chives, and the reserved croutons and bacon; gently stir until coated.



NW Art Center lecture "Australia Bound"

Mark Boren, Coordinator of Brass Studies in the Minot State University Music Division, will recap a recent trip to the 2010 International Trumpet Guild Conference in Sydney, Australia in "Australia Bound," a presentation of the Northwest Art Center Lecture Series, Wednesday, January 12 at 7:00 p.m. in Aleshire Theater, MSU.

Boren and music students Angela Orluck and Alyson Gross represented Minot State University in The Regional Upper Midwest Performance and Educational Trumpet Summit Ensemble (TRUMPETS) which performed at the conference this past summer. Orluck and Gross played in the TRUMPETS ensemble, which Boren helped direct.

Boren will share pictures and experiences from the trip, and also provide guidelines for those wishing to organize similar excursions—from developing the initial vision,

to budgeting and funding, to packing for foreign travel. "A well organized plan is the soother of angst," states Boren.

At MSU Boren teaches private lessons in trumpet and horn, Music Fundamentals, directs the MSU Brass Ensemble and Beaver Athletic Band, and assists with the MSU Marching Band. He has performed internationally in Australia, South Korea, Thailand, Canada, and in the United States on live radio, and at music conventions, recitals, clinics, educational programs, and outreach concerts.

The lecture is free and open to the public. A question and answer period and informal reception will follow the lecture. Parking on the MSU campus is unrestricted and open to the public after 5 p.m.

For more information about Northwest Art Center activities, call 701-858-3264.

Murphy Motors Next to New HOME OF THE HALF PRICE CAR

2009 PONTIAC VIBE GT



\$12,995

2010 JEEP COMMANDER



\$23,995

2008 GMC 1500 CREW SLT



\$31,995

2006 JEEP WRANGLER



\$18,995

2010 BUICK LUCERNE



\$25,995

2010 CHEVY SUBURBAN LTZ



\$34,995

2003 Dodge Stratus 55,000 Miles.....	\$6,995
2003 Chrysler Town & Country	\$6,995
2005 Chrysler PT Cruiser Convertible.....	\$6,995
2005 Dodge Grand Caravan.....	\$6,995
2002 Chevy Trailblazer LS	\$7,995
2003 Buick Regal Low Miles.....	\$7,995
1999 BMW 328i.....	\$9,995
2005 Audi A4 Sedan	\$9,995
2006 Chevy Monte Carlo.....	\$9,995
2007 Toyota Scion TC Coupe.....	\$10,995

2010 Hyundai Sonata.....	\$13,995
2004 Ford F 150 Super Cab XLT	\$14,995
2004 Cadillac SRX	\$14,995
2010 Chevy Impala LT.....	\$15,995
2008 Mercury Sable Premier.....	\$16,995
2006 Ford Expedition Eddie Bauer Edition.....	\$18,995
2009 Ford Taurus Limited.....	\$19,995
2007 GMC Envoy Denali.....	\$20,995
2007 Chevy Trailblazer	\$21,995
2010 Ford Escape XLT	\$21,995
2009 GMC Canyon.....	\$22,995

2008 Honda Ridgeline.....	\$23,995
2010 Jeep Commander	\$24,995
2010 Dodge Ram 1500 Quad	\$24,995
2008 Ford F-250 Super Crew	\$25,995
2010 Buick Lucerne CXL	\$25,995
2010 Ford Explorer XLT	\$25,995
2008 Ford F-250 Super Crew	\$26,995
2008 Ford F-150 Super Crew	\$26,995
2008 GMC Acadia Low Miles	\$28,995
2007 Chevy Suburban	\$30,995
2010 Buick Enclave 2 to Choose From.....	\$35,995



www.murphymotorsnexttonew.com
 838-2222 • 1-800-377-7236
 1738 S. Bdwy., Minot (South of Arby's)
 STORE HOURS: 9-7 Monday - Thursday • 9-6 Friday • 9-5 Saturday



Jeff Luedke



Jason Goine



Ashley Halligan

Printmaking featured in January at NWAC Galleries

The Northwest Art Center at Minot State University will open the new year with the Americas 2011: Paperworks exhibition, featuring a three-day residency and workshop by the competition's juror, internationally noted printmaker Victoria Goro-Rapoport of Kearney, NE. A solo exhibition of intaglio prints by last year's Paperworks Best of Show artist, Art Werger of Athens, OH will run concurrently in the Gordon B. Olson Library Gallery.

Americas 2011: Paperworks will be on display January 10 through Feb-

ruary 18 at the Hartnett Hall Gallery. Public reception for the exhibition is Wednesday, January 19 from 6:30 to 8:00 p.m. at the gallery.

Goro-Rapoport will present a gallery talk at 7:00 p.m. to discuss her selections for the exhibition and to announce Best of Show and Merit Award recipients. The Library Gallery and Hartnett Hall exhibits and the reception are free and open to the public.

As part of her residency at MSU, Goro-Rapoport will conduct a workshop on the

etching printmaking process January 18-20 from 4:30 p.m. to 8:00 p.m. each day, in Room 215, Hartnett Hall. The workshop is open to area art educators and interested adult artists, university students and advanced high school students. There is no charge for the sessions, but space is limited and pre-registration is necessary. To register, or for more information, contact Northwest Art

tation," said Veikley. Artists submit works created "on or of paper" for consideration by a juror, and the juror decides which works will be displayed in the show.

"Prints have always been an important component of the show," said Veikley. "We are happy to be able to emphasize printmaking this year with our workshop, plus the wide variety of printmaking processes represented in

the exhibit.

And we have a fine offering of intaglio prints in Art Werger's solo show."

In addition to prints, the Paperworks exhibit

“We are happy to be able to emphasize printmaking this year with our workshop, plus the wide variety of printmaking processes represented in the exhibit.”

- Avis Veikley,
Northwest Art Center Director

Center Director Avis Veikley, 858-3264, or Doug Pflger, MSU Art Department, 858-3107. The workshop and Goro-Rapoport's visit are co-sponsored by the Northwest Art Center and the MSU Center for Engaged Teaching and Learning.

Americas 2011: Paperworks marks the 40th edition of the annual juried competition and its resulting exhibit.

"The Paperworks event began in the late 60s as a print and drawing show, and has evolved over the years into a competition of national repu-

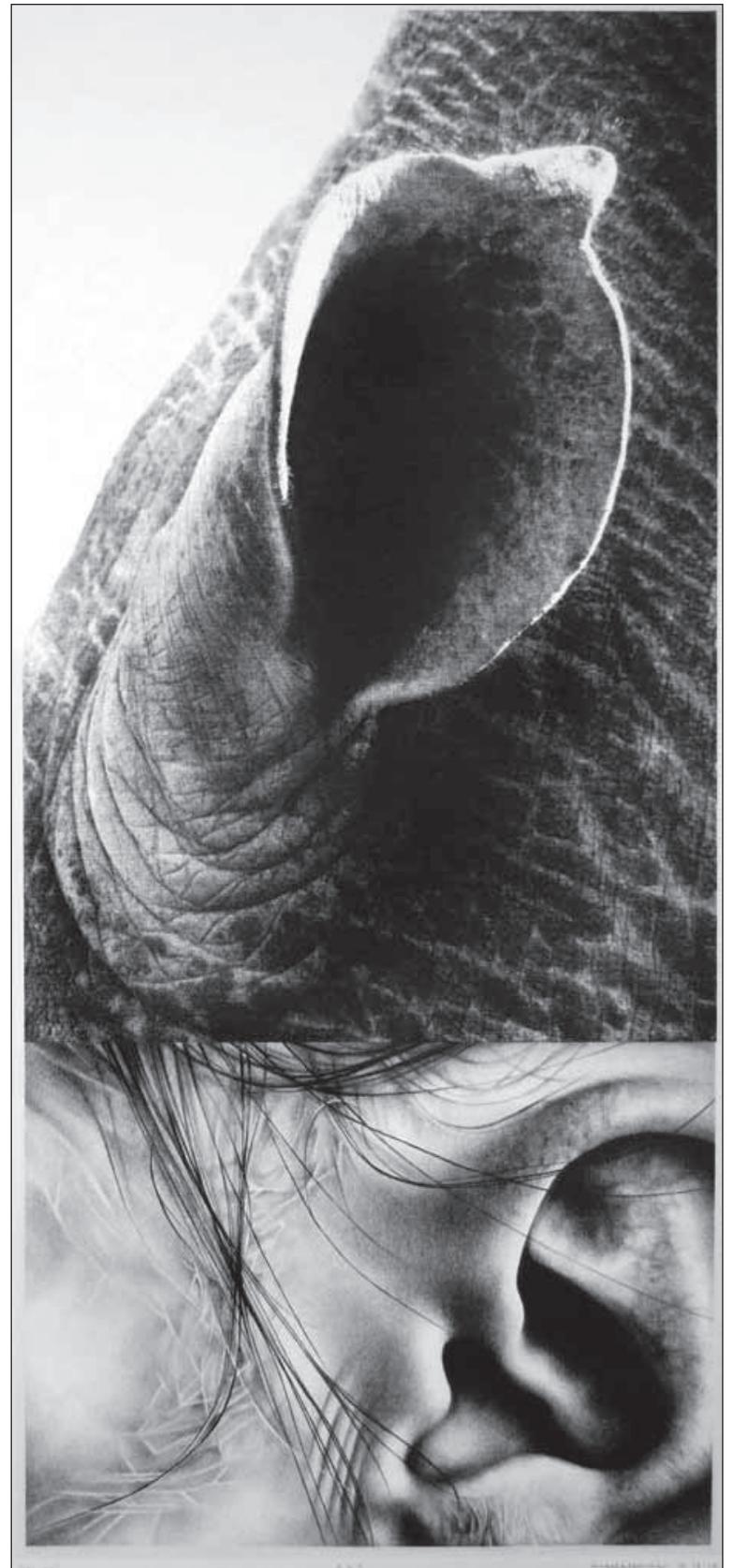
cludes photography, watercolors, pastels, ink drawings, digital media, and a sculpture made from recycled paperback books. The show emphasizes contemporary art—works must have been completed within the last two years—and encourages experimental work, said Veikley.

Goro-Rapoport is Assistant Professor of Art at University of Nebraska-Kearney, where she teaches printmaking and drawing. A native of Moscow, Russia, Goro-Rapoport is an active studio artist.

In the last five years she has participated in over 150 juried exhibitions on national and international level and won 49 awards in national juried exhibitions. Her works earned Best of Show honors in Northwest Art Center competitions in 2003 and 2009.

Art Werger is Professor of Art and Printmaking Area Chair at Ohio University, Athens, OH. His prints will be on display in the Library Gallery until February 6. Werger works in various forms of intaglio, a process which develops an image on a metal plate.

"My subjects are drawn in a realistic manner but are often observed from an unusual angle," Werger writes in a statement about his work. "I present imagery from an aerial vantage point,



"Sound," lithograph by Angela Young

or overlapping other layers of reality, taking on the role of the omniscient narrator in a work of fiction." His approach, states Werger, "is intended to suggest a narrative which ultimately requires the viewers' participation."

The Library Gallery and Hartnett Hall Gallery are located on the Minot State University campus along 11th Avenue Northwest. Hartnett Hall Gallery hours

are Monday through Friday, 8:00 a.m. to 4:30 p.m. and by special appointment. The Library Gallery is open regular library hours. Parking in campus lots is unrestricted after 5 p.m.

This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.



"Haste," mezzotint by Art Werger

General Klotz reflects on command, career

by Carla Pampe

Air Force Global Strike
Command Public Affairs

BARKSDALE AIR FORCE BASE, La. (AFNS) - *Editor's Note: When he enlisted in the Air Force Reserve in 1968 to attend the Air Force Academy Prep School, Lt. Gen. Frank Klotz says he never imagined where his Air Force career would take him.*

Now, after more than 37 years of commissioned service, he took a few minutes to sit down and reflect on a career that includes time as an Air Force Academy instructor, White House Fellow, defense attaché in Moscow, and commander at every level of the space and missile force. General Klotz's career culminated as the first commander of Air Force Global Strike Command, the job he leaves Jan. 6 as he transitions from active duty.

What do you consider to be the highlight of your career?

The highlight of my career is my current assignment as the Commander of Global Strike Command. I've spent an entire career working on issues related to nuclear deterrence and global strike. So, the opportunity to lead a major command dedicated solely to that mission as my last job on active duty has been very special. It also has been a great honor and a privilege to work with the numbered Air Force and wing commanders, the NCO leaders, and the nearly 23,000 magnificent Airmen who make up Global Strike Command.

When the command first stood up, what were the main priorities for AFGSC?

At the outset, we concentrated primarily on getting the right people on board and into the right jobs. Then, we had to define the right mission, vision, values and goals to guide the organization as we began to move forward.

I think in retrospect we were enormously successful in both of those areas. One of the things we discovered early on was that there was a long line of highly-talented people knocking at the door, wanting to become a part of Global Strike Command. Many had a passion for our mission based on prior assignments and experiences. So, the opportunity to come back and to work in a major command that was focused on that mission really appealed to them.

Quite frankly, many of the people who came on board in the early days took an enormous personal risk. They were well established in other jobs and other commands, and for them to make the leap to this brand-new command required a tremendous amount of courage and faith. I'm sure glad they did.

Air Force Global Strike Command officials have put a lot of

emphasis on visits to the wings by senior headquarters staff. Why did you feel that was important?

We've made it a priority in this command to get out of the headquarters and visit the wings on a regular and recurring basis. The purpose of a headquarters is to provide guidance, resources and people for the operational units. Therefore, it's critically important that the headquarters staff understands ground truth at the level where the work is actually being accomplished. The only way you get that understanding is to go to the field and see for yourself, talk to the Airmen, and get a sense of what's on their minds.

One of the most outstanding achievements during your command of AFGSC was certainly Global Strike Challenge. Why is competition important to what we do?

If we're going to be successful at building and sustaining a safe, secure and effective nuclear and global strike force, we must foster a culture of excellence. Competition helps build that culture.

In order to succeed in a competition like Global Strike Challenge, you have to be the very best in your particular field, whether its ops, cops or maintenance. To be the very best, you have to hit the books. You have to totally master the weapons system and the hardware. You have to think through a multitude of scenarios and how you would handle them if you ever confronted them in the air or in the field.

Through competition we raise the bar, we raise the standard for the entire force. Those individuals who were competitors become the centers of excellence within their own organizations. They serve as role models, and they pass on to others all the things that they have learned.

Now that the command has achieved full operational capability, where do we go from here, and what are the areas of focus for the future?

I must say, I think the command has come a very long way in a short time. We've come a long way in terms of performance on nuclear inspections, and in the very focused and disciplined way in which we approach

both ICBM and bomber operations and maintenance.

The Minuteman III, the B-52 Stratofortress and, to a significant degree, the B-2 Spirit are aging weapon systems. So, by necessity, our focus is rightly on sustaining and modernizing the forces which we now have responsibility for. At the same, we will also be full partners in the process of identifying the requirements for follow-on global strike systems, as called for in the Department of Defense's Nuclear Posture Review released last April.

How are the local communities around our six wings and two geographically-separated squadrons important to Air Force Global Strike Command and its Airmen?

We have marvelous support from our civic leaders and local communities, both for the mission and, more importantly, for our Airmen and their families.

The active duty military are assigned to a particular base for only a few short years and then they move on. So our local community leaders in a sense become the institutional memory, the continuity between commanders at all levels. They share an immense pride in their local Air Force base and feel like it's their base, too. It's a magnificent, critically important relationship and a key to our continued success as an Air Force.

What are your plans post-retirement?

My wife Nancy's one criterion for where we move is to live in the same time zone as our children and grandchildren! Given the pace of the last year-and-a-half, we honestly haven't had a moment to spend thinking about what we will do next in life or where we will live next. However, I do hope to continue my association with our Air Force family, and to continue to work on issues related to national security and the nuclear enterprise.

Will you miss the active-duty Air Force?

What I'll miss the most are the two things that contributed to my decision to make the Air Force a career. The first was having the opportunity to do work for which the Air Force had educated and trained me. That has given me an enormous sense of personal and professional satisfac-

tion.

The second thing I'll miss is the opportunity to work with Airmen. The work ethic, the devotion to duty, the commitment to something greater than oneself are all unique and very special attributes of the military profession.

If you had a parting message for the Airmen of AFGSC, what would it be?

I'd like for them to know that the senior Air Force leaders understand the enduring importance of the nuclear and global strike mission to the security of our nation, and of our friends and allies.

Over the last two Christmases, the secretary of the Air Force, the chief of staff of the Air Force, and the chief master sergeant of the Air Force have all visited Global Strike Command bases, in some very challenging winter weather conditions, I might add. And the undersecretary of the Air Force not only made her first official trip outside Washington to a Global Strike Command base, she also flew down for Global Strike Innovation and Technology Symposium and the Challenge Strike Challenge score posting in November.

Our senior leaders know the sacrifices and demands associated with being a part of the nuclear enterprise. As a result of that, they are extraordinarily proud of each and every one of our Airmen and the work that Global Strike Command does 24 hours a day, 7 days a week, 365 days a year.

With every sortie, every alert, every dispatch and every post, our Airmen set the conditions that help deter potential adversaries and assure our allies and friends around the world.

Our success in standing up this command while continuing the operational missions at home and abroad is due to the tireless, skilled and dedicated efforts of our total team - active duty, Guard, Reserve, government civilians and contractors.

Is there anything else you'd like to add?

I want to congratulate each and every member of Air Force Global Strike Command for successfully launching the Air Force's newest major command. The noble and worthy work they have performed in a very short period of time is both recognized and highly valued by the entire Air Force and Department of Defense.

On a more personal note, Nancy and I extend our very best wishes for the New Year to our Airmen and their families, and to the good citizens of the local communities around our bases.

We are so grateful to them all for their selfless service in defense of our nation, and for the opportunity to share this experience with them.



Lt. Gen. Frank Klotz

Changes coming to the Post-9/11 GI-Bill

WASHINGTON (AFNS)

- The Post-9/11 Veterans Education Assistance Improvements Act of 2010 was recently signed into law.

Effective Aug. 1, 2009, but not payable until Oct. 1, 2011

- Certain National Guard members mobilized on Title 32 orders on, or after, Sept. 11, 2001 are now eligible for the Post-9/11 GI Bill and any qualifying Title 32 mobilization may be used to increase your percentage of eligibility

Effective Aug. 1, 2011

- The Post-9/11 GI Bill will pay all public school tuition and fees; this includes graduate training, out-of-state tuition differential, etc.

- For students attending private institutions of higher learning or foreign schools, the tuition and fee reimbursement will be capped at the lesser of net out-of-pocket cost or \$17,500 annually. However the Yellow Ribbon Program still exists

- College fund payments will be paid on a monthly basis instead of a lump sum at the beginning of the term. Those training at one-half time or less will be eligible for college fund payments

- Reimbursement will be available for multiple licensing and certification tests

- Reimbursement will be available for fees paid to take national examinations used for admission to an institution of higher learning, such as the SAT

- Vocational Rehabilitation participants will be able to elect the higher housing allowance offered by the Post-9/11 GI Bill if otherwise eligible for the Post-9/11 GI Bill

- Break or interval pay will no longer be payable under any Department of Veterans Affairs education benefit program unless under an executive order of the president or due to an emergency situation such as a natural disaster or strike.

Entitlement that previously would have been used for break pay will be available for use during a future enrollment. This means that if a semester ends Dec.15, housing allowance is paid for the first 15 days of December only. Benefits will begin again when a new semester begins. Benefits will be paid for the remaining days of that month and term.

- Students using other VA education programs are included in this change. Monthly benefits will be prorated in the same manner.

Effective Oct. 1, 2011

- For those training at

greater than one-half time, housing allowance will be prorated according to the training time those are enrolled in. For example, if a person's full housing allowance is \$1000, and that person is attending three-quarters time, housing allowance would be \$750.

- Housing allowance will be payable to students enrolled solely in distance learning. The housing allowance will be one-half the national average basic allowance for housing for an E-5 with dependents. The rate would be \$673.50 for 2011)

- Non-college degree

programs, on-the-job training and flight-training programs will be covered under the Post-9/11 GI Bill

- The book stipend will be payable to active-duty members

(Courtesy of the U.S. Department of Veterans Affairs)

Your Vision In Focus



Dr. Brad Schimke
is available for appointments
Monday - Friday
8:30 a.m. - 5:00 p.m.

Health Center—Medical Arts
400 Burdick Expy.
Minot, ND
Call 701-857-7890



Dr. Nelson & Dr. Martinson
are available for appointments
Monday - Friday 8 a.m. - 5 p.m.
Saturdays 8 a.m. - 11 a.m.

120 E. Burdick Expy.
Minot, ND
Call 701-TLC- EYES
(701-857-3937)

Services Offered:

- Cataract Evaluation
- Diabetic Eye Diseases
- Glaucoma
- Macular Degeneration
- Eye Exams for all ages

www.trinityhealth.org



KeyCare Optical

Wide selection of Eye Glasses,
Contact Lenses and Sunglasses.

Military Discounts

Watts Alterations

Why wait 2-3 weeks for the laundry to repair you **military and formal attire** when you can call **Watts Alterations** for lightning-fast turnarounds.
Call or stop by today

2121 North Broadway • 839-2906 • Veteran Owned & Operated

If you have any problems concerning the delivery of the Northern Sentry in base housing,
Please call Michelle Bock at 838-5937.

Breastfeeding Information Class

January 12th, 0930-1100, Family Advocacy Conference Room, 5 MDG. The Breastfeeding Information Class is a class designed to help mothers who have decided they want to breastfeed their child or for mothers who want more information about breastfeeding. This program will educate you on the many advantages of breastfeeding as well as give you techniques to use with your new baby. The information in the class should give you the confidence to start an amazing bond with your baby and give you the accurate information and support that you need. Please call 723-5096 to register.

Resume Writing & Interview Skills Workshop

Get the tools to write a resume and brush up on your interviewing skills during the Resume Writing and Interview Skills Workshop on January 18th from 11:30 a.m. to 1 p.m. at the Airman and Family Readiness Center. This fact filled 90 minute seminar has great information to assist you in writing your resume to get the interview you want. Additionally, you'll learn interviewing skills to make that impression which will help you get the job. Call the Airman and Family Readiness Center at 723-3950 to pre-register.

Bundles For Babies

Expectant mothers in their last trimester are invited to attend Bundles For Babies at the Airman and Family Readiness Center on January 20th at 9

a.m. The class offers information on Air Force Aid Society community enhancement programs and the financial impact and family stressors of having a baby. For additional information, call the Airman and Family Readiness Center at 723-3950.

Applications Being Accepted for BGCA Youth of the Year

The Youth Center is accepting applications for this year's BGCA Youth of the Year competition now through February 25th. Program is open to teens between the ages of 14 and 18 years of age, Youth Center member, and active in youth programs clubs. Several certificates, awards, and potential scholarships are available to the state winner. The initial competition will be held at Minot Air Force Base. This is a progressive program where the Minot AFB winner has the potential to advance to state, regional, and national competition. Application packets are available at the Youth Center or visit www.BGCA.com. For additional details, call the Youth Center at 723-2838.

Attention All Enlisted Spouses

The Enlisted Spouses Club is in great need of new volunteer chairpersons for the Airman's Attic. The Attic is a valued resource for AF families so this is a position that requires commitment. We would love to have several people share the work, so talk to a friend! If this sounds like something of interest to you or for more information call 723-1818 or email mafb.airmanattic@yahoo.com.

Medical Right Start Briefing

The Medical Right Start briefing takes place every 1st and 3rd Wednesday of each month from 12:45 p.m. to 4:00 pm located at the Large Education and Training Classroom of the 3RD floor at the medical group building. The MRS briefing offers a plethora of important information from TRICARE enrollment to hours of operation. It's a one-stop shop for the medical portion during in-processing. The MRS briefing is not tailored just to Active Duty members, but is informational to spouses as well. The 5th Medical Group encourages military members to bring spouses to their MRS briefing. For more information contact Staff Sgt. Aharon Hoke at 723-5001.

ATTN: Housing Residents

Montana Dakota Utilities reminds housing residents to remove snow and ice accumulation from around the natural gas regulators at their homes. Snow and ice packed natural gas regulators impede proper venting of the regulator and result in regulator failure. If the natural gas regulator quits functioning, the furnace will shut down and the home will not have heat. For more information, contact Montana Dakota Utilities at 857-6810 or the Housing Office at 723-6440.

Meals on Wheels

Meals on Wheels is a program that delivers food to the elderly. The time slots available are from 11 a.m. to 12:30 p.m. on Mondays and Fridays. Volunteers will have an opportunity to drive downtown to the Senior Center downtown to receive the routes and food for delivery. For more information or if interested in volunteering, contact Senior Airman Jessica Ayure at 723-3109.

Today

- **Beginning Scrapbooking**, 1030-1200, Arts & Crafts
- **BGCA Keystone Club**, 1600, Youth Center
- **Texas Hold'em Tournament**, 1900, J.R. Rockers

- **Lights & Strikes**, 2200-2400, Rough Rider Lanes

Saturday

- **MAFB Aerobathon**, 0900-1300, Fitness Center
- **Show & Tell Day**, 1300, Library
- **Give Parents a Break**, 1300-1700, CDC/SAP
- **Scotch Doubles 9 Pin No Tap Tournament**, 1800, Rough Rider Lanes
- **Country Night**, 2100-0200, J.R. Rockers
- **Lights & Strikes**, 2200-2400, Rough Rider Lanes

Sunday

- **All-Ranks Champagne Brunch**, 1030, JDC
- **Football Frenzy**, 1100-1900, J.R. Rockers
- **Rent a Lane Special**, 1200, Rough Rider Lanes
- **Buck Bowling**, 1200-2000, Rough Rider Lanes
- **Traditional Service**, 1000 North Plains Chapel
- **Gospel Service**, 1130 Northern Lights Chapel
- **Contemporary Service**, 1400 North Plains Chapel

Monday

- **Framing Class**, 1000-1600, Arts & Crafts
- **FCC Pre-Orientation**, 1800-2000, FCC
- **New Parent's Playgroup**, Youth Center 1000-1130

Tuesday

- **4-H Business Meeting**, 1700, Youth Center
- **Family Frenzy**, 1700-2100, J.R. Rockers
- **Veterinary Appointments Available**, Call 723-6449

Wednesday

- **Right Start**, 0800-1200, JDC
- **Baked Potato Bar & \$1 Drafts for Members**, 1600, J.R. Rockers
- **Hello/Goodbye/Birthday Celebration**, 1600, Youth Center
- **Burger Doo It Your Way! Family Night**, 1700-2000, JDC
- **4-Day Childbirth Class (2 of 4)**, 1900-2100, A&FRC
- **Veterinary Appointments Available**, Call 723-6449
- **Feed Your Faith Night**, 1730-1930 North Plains Chapel

Thursday

- **Frenzy Appetizer Night, Buy 1 Get 1 FREE for Members**, 1700-1900, J.R. Rockers
- **Zumba**, 1800, Fitness Center

January 14

- **Counted Cross Stitch**, 1300-1500, Arts & Crafts
- **Controlling Your Happiness**, 1530-1630, A&FRC
- **Anime Club**, 1630, Library
- **Pirate Dinner Adventure**, 1700, Treasure Island
- **Family Fun Night**, 1800-2000, Youth Center

January 15

- **New Key Spouse Workshop**, 0800-1600, A&FRC
- **Retail Store Open**, 1000-1400, Arts & Crafts
- **Crocheting Class**, 1030-1200, Arts & Crafts
- **Otaku Minot**, 1600-1800, Library

BASECHAPELHAPPENINGS**Catholic**

- Join CYO for 6-8 grades & 9-12 grades. Contact Colleen Moore at 723-6442.
- For your convenience, daily mass has changed to 9 a.m. Monday – Thursday.
- Weekend Mass: Sunday 9:30
- We are always looking for ways to reach out to the community. Come see how we can benefit from one another.

Catholic Advent/Christmas Schedule:

- Sunday, Jan. 9, 9:30 a.m.
- Sunday, Jan. 16, 5 p.m.
- Sunday, Jan. 23, 5 p.m.

Protestant

- Sunday services are as follows: Traditional Service 1000 North Plains Chapel; Gospel Service 1130 Northern Lights Chapel; Contemporary Service 1400 North Plains Chapel. Children's Church offered at all services.
- Feed Your Faith night every Wednesday North Plains Chapel. 1730 Dinner, 1800-1930 Classes in Foundations of Faith, Relationship, Discipleship/Growth and Bible Study. Care for children under 3, classes for 3-9 and Youth Group for grades 7-12. All materials, food and classes are Free.
- AWANA club Sunday from 1600 to 1800 at the Youth Center for ages 3 to high school senior September to May only.
- Mothers of Preschoolers, conception to Kindergarten (MOPS), meet the second and fourth Thursday of the month at the North Plains Chapel from 9:15 to 11:30 September to May.
- You do not need to attend a Protestant Chapel worship service to participate in the programs listed above - we would love to see you all there! Chapel Staff, 723-2456.

Action Agility Dog Training Puppy Manner Class

The class will begin on Saturday, January 8th. This class is for puppies up to six months old and includes general puppy care and an introduction to basic obedience. For more information, call 852-4722 or visit www.actionagility.com.

MSU Military Appreciation Night

The David C. Jones AFA chapter will be holding a Military Appreciation Night at the Minot State University women's and men's basketball games on Saturday, Jan. 8 at the MSU Dome. The first 60 active duty, veterans, retirees and their family members will receive a ticket for a free soda and popcorn. The women's game begins at 4:30 p.m. with the men's game to follow. Also, a reminder, with a military ID card, all are admitted free to the MSU games.

Baseball Groaners play and a Night of Entertainment

For completion of a theatre degree at MSU, Jazmine Wolff and the Lampshade Brigade Present: Baseball Groaners and a Night of Entertainment. Join us for the last performance of the 30 min. play Baseball Groaners, along with performances by local acts. This performance marks the return of a week long tour through the Midwest of this original play written by Minot native Conrad Davidson. Jan. 8th at 6pm at Pangea House, \$5 suggested donation, mature audiences suggested.

Spaghetti Supper and Silent Auction for Braxstan Schrum

Spaghetti supper and silent auction will be on Jan. 9th at 11:30 a.m. to 2 p.m. at the Bread of Life Lutheran Church in Minot. Adults: \$7 Children 6 & up: \$5 and 5 & under Free. Please stop by for a great supper, great auction gifts, and the great feeling of helping out Braxstan!

Starting Your Own Business: A Plan For Success

A workshop for those interested in starting a business or those who have been in business for less than one year will be held Monday, January 10th and Tuesday, January 11th from 7 pm to 10 pm each evening in the Forum Room, Holiday Inn Riverside, 2200 Burdick Expressway E, Minot. A nominal registration fee will be charged for materials and refreshments. For more information or to register, contact the Small Business Administration at 1-800-776-9144 ext. 3 or north.dakota@sba.gov; or register online at www.trainingnd.com.

Teen Programs at Library

Register for programs by calling the Minot Public Library 852-1045 or e-mail Krista at ktiller@srt.com.

- Thursday, January 13, 6 - 8:30 p.m. - Movie Nite: The Karate Kid, North Meeting Room. Come watch The Karate Kid on the BIG screen at the library with your friends! The movie is 140 minutes. Refreshments will be served.

- Monday, January 17, 1:30 - 3:30 p.m. - Snow Creations, Outside & North Meeting Room. School's out! Wear your warm clothes to make Snow Creations outside at the Minot Public Library. Then we will come inside to warm up while having Hot Cocoa and Cookies!

- Thursday, January 27, 3:30 - 5:30 p.m. - Gaming, North Meeting Room. Come hang out with your friends and play video games on the Xbox 360, the Wii and the Xbox Kinect at the Minot Public Library. Refreshments will be served.

2nd Annual ND Snow Run

The snow run will be held on January 14th and 15th at Twin Oakes Resort, Bottineau. \$100 per person. Pink & Ribbonriders.com The Snow Run includes: Organized snowmobile ride with guides, welcome party on Friday night, collectors event patch, rider gift silent auction, music. On Saturday: Lunch & dinner banquet, awards & recognition party, prize program for donations raised, door prizes, live auction, sled decorating contest, vintage snow suit contest & more. For more information go to www.pinkribbonriders.com.

Chorale Looking for Singers

The Minot Chamber Chorale is seeking singers for the upcoming Winter/Spring season. The Chorale is the only mixed community chorus in Minot, and will be performing "Rutter's Requiem" on Sunday, February 27 as well as a Chorale Potpourri & Ice Cream Social on Sunday, May 1. For an audition, please contact Bob Demke at 839-4548 by January 14th.

Help with Snow Creations

On Monday, January 17th join us at the Minot Public Library in the North Meeting Room. School's Out! Wear your warm clothes to make Snow Creations outside at the Minot Public Library. Then we will come inside to warm up while having Hot Cocoa and Cookies! Register by calling the Minot Public Library at 852-1045 or e-mail Krista at ktiller@srt.com

Ice Fishing Derby at Lake Darling

Sponsored by: The Souris River Basin Long Beards & The Hunters Den Bar of Foxholm,

Saturday, January 22. Registration is \$50 for a 2 person team, breakfast at The Hunters Den Bar 8 a.m. Pre-tournament Meeting at 9 a.m. Derby runs from 9:30 a.m. to 5 p.m. Supper served at 6 p.m. at Hunters Den Bar. Prizes Awarded at 8 p.m. Applications are available at The Hunters Den Bar. For more information call Percy at 839-5546 or visit www.srblongbeards.com.

Minot High School Home Show

Join us at the Minot Municipal Auditorium on Saturday, January 22nd at 4 pm. The doors open at 3 pm. \$3 for Adults, \$2 student with Minot Public Schools or Student ID. Some dance teams represented will include: Minot Majettes Varsity, Minot Majettes Junior Varsity, Minot MagiKix, Brick Studio Competition teams, Brick Studio Preschool. Annual Basket Raffle over 60 baskets. Values over \$75.00 in merchandise per basket, donated by various Minot Area Businesses.

Love Without Fear Walk-a-thon

The annual Love Without Fear Walk-a-thon will be on February 5, at the MSU Dome from 10 a.m. to 2 p.m. Get a team together and come on out for this community event. There will be door prizes, music and children's activities. For more information, please call Kari at 852-2258.

Human Tractor Pull

This event will be held on February 12th from 1-4 pm at Dakota Square Mall. There will be 24 teams of six, competing in 4 divisions, racing against time and the mass of a tractor, to win \$250 for their favorite charity, PLUS...Bragging rights as Tractor Champions! There will be grand prize drawings for 1 free family birthday party at the Sleep Inn & Splashdown Superslides. The goal is to have a ton of fun while letting the Minot Community know about the RSI Children's Home Project.

Rutter's Requiem

Sunday, February 27th - Nelson Hall MSU at 7pm. The Chorale is excited to perform on of John Rutter's all-time favorites, the Requiem. The concert will be accompanied by a small ensemble and organ. (No Admission Charge). A free-will offering will be taken.

Parenting Education

Trinity's Behavioral Health Services will begin another round of weekly parenting education sessions each Tuesday, through April 12th. The program, which is geared towards families with children 0 - 12 years of age, is free and will be held at Health Center-Riverside, 1900 8th Ave SE. Each class begins with a light supper at 5:30pm and concludes at 8pm. To register please call 857-3622.

MSU art department to host printmaking workshop

The Art Department at Minot State University will host a printmaking workshop January 18-20 conducted by internationally noted printmaker Victoria Goro-Rapoport of Kearney, NE.

The workshop will focus on etching, a printmaking process using metal plates, and is open to area art educators and interested adult artists, university students and advanced high school students. The workshop will meet from 4:30 p.m. to approximately 8:00 p.m. each day, in Room 215, Hartnett Hall, MSU.

Participants will produce a small edition of prints from original designs, and will exchange the finished prints with one another at the conclusion

of the workshop.

There is no charge for the sessions, but space is limited and pre-registration is necessary. To register, or for more information, contact Northwest Art Center Director Avis Veikley, 858-3264, or Doug Pfliger, MSU Art Department, 858-3107.

Goro-Rapoport is visiting MSU to serve as juror of the Northwest Art Center's Americas 2011: Paperworks competition. She will present a gallery talk January 19 at 7:00 p.m. at the Hartnett Hall Gallery, MSU as a part of both the workshop and the public reception for the Paperworks exhibition. The reception is from 6:30 to 8:00 p.m. and is open to the public.

Goro-Rapoport is Assistant Professor of Art at University of Nebraska-Kearney, where she teaches printmaking and drawing. A native of Moscow, Russia, Goro-Rapoport is an active studio artist.

In the last five years she has participated in over 150 juried exhibitions on national and international level and won 49 awards in national juried exhibitions.

The printmaking workshop is co-sponsored by the Northwest Art Center and the MSU Center for Engaged Teaching and Learning. It is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

BUSINESS & PROFESSIONAL DIRECTORY

FOR SALE




Century 21
Action Realtors
www.minotsells.com

Action Realtors
1370 20th Ave. SW
Minot, ND 58701
(701) 839-0021

To View All Properties Listed In Minot And The Surrounding Areas
Go To www.minotsells.com
For More Information Or To Schedule A Showing
Call A Century 21 Action Agent at 839-0021

AUTOMOTIVE

MBM AUTO SERVICE
Minot's Service Specialists
PARTS & SERVICE

VW
Diagnostics 
Check ups

We Specialize in
Volkswagen,
Audi, and More...

1215 Valley St.
838-9607
Next to Action Wrecking

SONY TV SALE



ALL NEW LCD TVs FROM 22" - 60" ON SALE
12 Month Free Financing For Qualified Buyers

Locally Owned/Free Delivery within 20 Miles

THE STEREO SHOP 304 Burdick
Expressway West, Minot
839-7075

Thomas & Thomas
Attorneys At Law
114 South Main Street

- Divorce
- Bankruptcy
- Step-parent Adoption
- Military Law
- Vehicle Accidents
- Criminal Defense
- Child Support
- Child Custody
- Guardianship
- Wills
- Estates
- Juvenile Law
- Personal Injury
- Wrongful Death

852-1602

Richard B. Thomas
Attorney At Law
Former USAF Judge Advocate

Robert S. Thomas
Attorney At Law

ACTION AUTO WRECKING

Free Parts Locating service

1215 Valley St., Minot
Formerly Minot Wrecking

We pay top price for cars & trucks, running or not
Selling new, used and rebuilt parts.

Phone 852-2470 or Toll Free
1-800-533-5904 • Fax 838-7627

Sterling Kennels Inc.
PET BOARDING & GROOMING

"WE DON'T SAY WE'RE THE BEST - WE PROVE IT"

- Most Modern & Complete Pet Facilities You Will Find Anywhere
- Full All Breed Grooming Service
- Indoor/Outdoor Heated Kennels
- Central Air Conditioning
- Individual Daily Exercise
- Pet Supplies
- 24 Hr Vet On Call
- On Premise Security

852-6379
RR #6 • Minot
1 Mile West
Hwy 83 Bypass
30th Ave NW

OPEN 7 DAYS A WEEK
8 A.M. TO 7 P.M.

Individual and Family Therapy Services
Laura Larson, M.S., LPCC

- Depression and Anxiety
- Blended Family Issues
- Behavioral Problems
- Relationship Issues
- Attention Deficit Hyperactive Disorder
- Abuse Issues

Children, Adolscents, Adults
Cognitive and Behavioral Therapy
Play Therapy and Art Therapy

Arrowhead Mall-Minot
1600 2nd Ave SW Suite 27 • (701) 852-8798



Laura Larson

HOBBY SHOP

AEROPORT HOBBY SHOP
RC Cars, RC Airplanes, Rockets,
Trains, Plastics, Testors Paints,
Engines & Accessories,
Helicopters, Balsa Wood & Glues.

838-1658
2112 N. Broadway • Minot, ND
Ask for Eva • www.airporthobby.com

HAUGEN RANCH KENNELS
2431 3rd Ave NW, Butte, ND 58723

- Hunting Pups
- Kenneling Services
- Finished Bird Dogs

Visit our website to book an online
boarding reservation at:
www.haugenranchkennels.com

10% Discount for first time customers!
Stuart Haugen - Ph. 701-240-2006

Your ad could be here for as little as **\$6.00**
Ask about our business contracted rates.
Call us at 839-0946 or email: nsads@srt.com for more info

motor new ruder 6. class ice. 00

accessori Remainir
One ov trailer e
CD pla
extre
Awer
C
5t

A Great Escape Salon
701.578.5853

Cuts, Colors, Foils, Waxing, Perms, Pedicures....

Don't waste your time looking for a walk-in,
make your appointment TODAY!!!!

Available Days, Tues. Evenings, & Saturday's
by appointment



Tami Lindblom
Stylist / Owner

MISCELLANEOUS

BRADY MARTZ
CERTIFIED PUBLIC ACCOUNTANTS
24 W. Central, Minot • 852-0196
www.bradmartz.com

STORAGE UNITS

AAA MINI STORAGE
Several Sizes Available
Reasonable Rates, Easy Access,
Security Lights

N. Hwy 83 Next to Starr
Fireworks • 852-1157

NORTHERN PRAIRIE CONDOS & STORAGE, INC.

Military Discounts ~ Best Rates
24 Hour Access
701-720-0710 or 701-720-1093
Convenient North Location for Both Base & Minot Customers

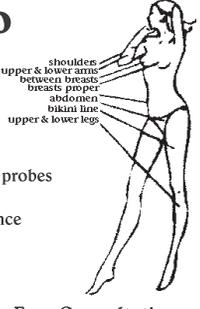
Electrolysis & Reflexology STUDIO

What is Electrolysis?
Electrolysis is the only FDA approved methods of permanent hair removal for unwanted hair on both face and body.
A large percentage of women & men have superfluous hair problems.

- Sterile procedure using disposable probes
- Board Certified & Licensed
- Electrologist with 21 years experience

701.852.2690
E-mail hairoff@minot.com
1809 S. Bdwy., Plaza Suite K, Minot

Free Consultation
Private Office



Help Wanted

Minot State UNIVERSITY

Learning Resource Center Coordinator Department of Nursing
12-month position
Deadline: January 10, 2011
Salary: \$11.73 per hour, includes benefits
For complete information: www.minotstateu.edu/hr/jobs_05.shtml

Position Description: The LRC Coordinator supervises activities in the LRC and the Simulation Center; provides learning resource support and secretarial services; and maintains inventory and orders supplies.

Selection Criteria: Requires the equivalent of successful completion of high school with secretarial experience and proficiency in word processing, spreadsheets, and database management. Preference to applicants with an associate's degree, other preferences listed on website. Requires excellent communication skills. Must demonstrate ability to deal effectively and interact positively with various types of people. Must possess the ability to organize and work independently.

Submit MSU application to:
Human Resources Office
Minot State University
500 University Avenue West
Minot, ND 58707
701-858-3352
Minot State University is an equal opportunity and affirmative action employer.

Help Wanted



Help Wanted
Looking for Part Time Nights & Weekend Help
Mechanics, Sales, Tire & Lube Techs
 Work in a fast-paced, productive shop offering excellent wages and benefits. Some week-ends and nights will be required. Drop applications off at Tires Plus or email resume to: tiresplus@srt.com
All applications will be kept confidential.

THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

DRIVERS: CDL-A. Full Time/Year Round. Excellent Pay/Benefits. 6 months free housing in Ross, ND. 701-575-8242 or visit www.missouribasinwell.com

LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

The Minot Vocational Adjustment Workshop (MVAV) is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. We are an equal opportunity employer and a drug free workplace.

Apply in person at:
 605 27th St SE, Minot ND 58701
 or contact: Gail Peterson
 by E-mail or phone at
 gpeterson@mvav.org
 (701)852-1014 ext 136

MATURE, RELIABLE, TRUSTWORTHY INDIVIDUAL. Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

JCPenney is hiring.

We're searching for friendly, outgoing people to assist our customers at JCPenney.

- **Customer Service Associates**
- **Commission Shoe Associates**
- **Salon Stylist**

- *15-40 hour positions available
- * Flexible hours, including mornings, mid-day evenings and weekends
- * Friendly atmosphere
- * Merchandise discounts
- * Competitive pay

To join the JCPenney team, apply now at the Associate kiosk at JCPenney in Dakota Square, or visit www.jcpenneycareers.com to apply to the store nearest you. EOE.

Every Day Matters™



Come join our family. We are now hiring:

For Full Time & Part Time Positions Available
 Cashiers - flexible hours.
 Tire Lube Express - flexible hours.
 2nd Shift or Overnight
 Inventory Control Team/Unloaders
 Apparel/Jewelry/Shoes
 Bakery/Deli
 Meat/Frozen
 Dairy/Produce/Grocery
 Paint/Toys
 New competitive wages, Shift differentials for key areas, 401K/Profit Sharing.
 Health Insurance available for full and part time associates.
 To join the Walmart family apply at the hiring kiosk at your Minot Walmart or at www.walmartstores.com/career.

CARRIERS NEEDED to deliver the Northern Sentry to base housing. Please call Michelle at 838-5937 for more information.

PEPSI COMMISSARY STOCKER, weekends only. Must be 18, clean driving record, pass drug and alcohol, and physical test. Must be able to lift and carry 50lbs. \$11per hour starting. Email jimdavenport@srt.com for further information.

LOOKING FOR WORKER for maintenance of properties. Working inside & out. Planned hours Mon - Fri, 9am - 5pm. Includes lawn care & snow removal, Must be a self starter and have a valid driver's license. 838-8400 or apply at 1300 4th Ave. NW.

MUSICIANS WANTED: Active Minot blues band interested in adding a guitarist and a harmonica player. Please call 240-3589 if interested.

Real Estate



Chad Vogel
 Cell 721-5889
 NMLS #213256



eLendingNow
 PREMIER MORTGAGE CORP.

...Very Fast ...Very Simple ...and the Very Best Rates!

Fast & Free Preapproval • VA and FHA Financing
 Apply Online at eLendingNow.com

701-838-3247

1408 20th Ave. SW, Ste 3 • Minot, ND 58701



Mike Lindquist
 Cell 578-0478
 NMLS #213449



Minot Public Schools' Kindergarten Registration

For the 2011-2012 School Term
 Register at your neighborhood school.
 Beginning February 7th, 8:00 a.m. to 4:00 p.m.
 Children must be 5 years old by July 31st, 2011.
 Please contact your neighborhood school for further information or call **857-4456**.

Real Estate

Find **ALL listed homes for sale in Minot and the surrounding areas** at: www.brokers12.com

INTERESTED IN BUYING OR SELLING A HOME? Call to find out about my new client incentives! As a military spouse, I can offer both my real estate and military experience to better serve you! Michele Lister, REALTOR@Brokers12, Inc. C:701-240-7615/W:701-852-3757Ext.42. www.alistpropertiesnd.com

F.S.B.O. 4 bdrm, 1 3/4 bath, 2 story home in Surrey. 2 stall detached garage. Beautiful fenced front and back yard. New windows, furnace and central air in 2009. \$144,900. 837-0868 or 720-7689.

For Rent

MANAGEMENT OF RENTAL HOMES & APARTMENTS. Professional, experienced, and affordable. Contact Matt or Roger. IPM, Inc. 852-1157

Child Care

CHRIS'S CHILDCARE IN GLENBURN, ND Licensed In-Home Childcare has 4 Openings for Full/Part Time Child Care. Day Hours Only (7am-5pm) Please call for interview (701) 362-7900

DAYCARE PROVIDER HAS OPENINGS: Licensed, CPR Certified, Military 20 years experience, Pre-School Program. Call Becky 420-0970

Looking for a job?

Check out the classifieds in the Northern Sentry

Garage Sales

BUYING NEW & USED FURNITURE, appliances, antiques, couches, loveseats, dining sets, all households. Leaving Minot? Just give me a call on my cell phone 833-9042 or home 839-1776.

HUGE INDOOR "YARD" SALE!! Multi-Family. Tons of clothes, books and such. Big tickets - Small fridge, couch, fish tank, TV, baby saucer, desk, prom dresses and MORE! January 14-16. 9am-4pm. 102-1 Sunset loop MAFB

INDOOR PCS SALE 122-2 Waverly Way, Minot AFB Saturday 8 Jan 8am-2pm Steam Washer, Dryer, couch, entertainment center, King size bed, dishes, toys, seasonal décor, men's mountain bike, air purifier, and much more. Stop by and find some great bargains.

LOOKING FOR SOME GREAT AFTER HOLIDAY DEALS? Stop in at the Minot AFB Thrift Store for our Monthly Bag Sale. Saturday 9am-1pm Jan. 8, 2011

Help Wanted

Don't Let This Opportunity Pass You By!



KELLERMAYER BUILDING SERVICES, LLC
 A Commercial Cleaning Leader

Now Recruiting in the Minot area for:

Cleaning Supervisors & General Cleaners

\$10-13/Hour Starting Wage Depending on Qualifications
 Entry-level & experienced positions available
 Full & Part-Time, Early Morning & Overnight Shifts Available
Advancement opportunities! Premium pay & incentives!
Relocation assistance provided to the Minot area!

Apply online at www.kbs-clean.jobs
 Or call 1-866-775-0143 extension 611
 EOE

TRINITY HEALTH

KEYCARE MEDICAL SALES ASSOCIATE

Key Care Medical is looking for Sales Associates to assist customers with selection of prosthetics/orthotics and home medical equipment and supplies. The shift is every other weekend, 11 am to 6 pm on Saturday and Sunday. A high school diploma or equivalent is required and previous sales experience is preferred.

Visit our website now and apply for one of the Orthotic Fitter Sales positions. For more information or if you need assistance, call or stop by our office:



HUMAN RESOURCES
 Health Center-Medical Arts, 3rd Floor
 400 Burdick Expy. E • Minot, ND 58701
 701-857-5191
www.trinityhealth.org
 EQUAL OPPORTUNITY EMPLOYER

Transportation

KARZ4-U
AUTO SALES

240-9172
1105 16th St. SW • Minot
Cliff Butler/Retired MSgt
www.Karz4-U.com



06 JEEP WRANGLER
4x4, 44K miles, Auto, New Tires NICE
\$17,995



04 JEEP WRANGLER RUBICON
68K, 5 spd, NICE
\$15,995



92 FORD F150 XLT
4x4, Stepside, Flat black, no rust, runs good
\$3,495



01 OLDS ALERO
4 Dr, Great running car, 104K
\$3,995



98 FORD TAURUS
Nice car, Runs/drives great, 137K
\$2,995



06 PONTIAC GRAND PRIX
4 Dr, 3.8 V6, 84K, New Tires
\$8,995



99 FORD CONTOUR LX
NICE, Low Mileage car, 76K, Great MPG
\$3,995



02 MINI COOPER
MINT, 88K, 5spd, AC, Cruise, Leather, Sunroof
\$9,995



96 FORD TAURUS
Very Nice Car, Runs/starts great 107K
\$2,995



99 CHEVY S-10 EXT
2WD, NICE, 5 Spd, 118K, new tires
\$4,995



97 OLDS 98
Only 87,000 miles, Runs/Drives great
\$3,995



05 TOYOTA COROLLA
4dr CE, power windows/locks/hill/cruise 91K
\$7,995

\$\$\$ QUICK CASH \$\$\$ Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

****GOOD USED CARS FOR SALE**** We buy, consign, take trades and have financing available. Check out our inventory at KARZ-4-U, 16th St. SW (next to High School). Call Cliff (Retired MSgt) at 240-9172. www.karz4-u.com

I BUY CARS OR HAUL JUNKERS AWAY FOR FREE - Call Karz 4-U at 240-9172.

FOR SALE... 1976 HONDA XL-100, a totally street legal bike that is ready to ride! Great beginner's bike, 3500 actual miles, recent tune up, runs great! Selling for \$500 obo. May be seen at Action Cycles Call Rod at 838-8790.

00 Pontiac Grand Am GT 2 dr, Red, 101K, remote start \$4,995 Call Cliff at 240-9172 or see @www.karz4-u.com

1985 CHEVY SILVERADO 4X4 350, runs/drives good. \$2,995 Call Cliff at 240-9172 or see @www.karz4-u.com

96 VOLVO 960 SEDAN, leather, sunroof, 98,000 miles, new tires. \$3,995. Call Cliff at 240-9172 or see @www.karz4-u.com

99 PONTIAC BONNEVILLE, 122K, Great MPG \$3,995. Call Cliff at 240-9172 or see @www.karz4-u.com

95 CHEVY EXTCAB 3/4T, 4x4, 5 Spd, Runs/Drives good. \$3,995. Call Cliff at 240-9172 or see @www.karz4-u.com

02 BUICK CENTURY, 101K, Runs/Drives nice. Lady owned. \$3,995. Call Cliff at 240-9172 or see @www.karz4-u.com

Pets

PURE BRED GOLDEN RETRIEVER w/papers: fixed, shots up to date, 8 months: Becky 420-0970

Sell your car with an ad in the Northern Sentry.
Call us at 839-0946
or
email the ad to: nsads@srt.com
the cost is
\$8 first week and
\$3.50 each additional week.

QUICK CASH!!
Running & Non-Running Cars & Trucks



Edwardson Sales
839-9512
We also sell cars \$500 - \$1500
Give Us A Call!
Will Haul Junk Cars Free Of Charge

Recreational

SPORTSMAN'S LOFT

2800 S. Broadway
Between Denny's & Penny's

GUNS
Buy, Sell & Trade

- *Handguns *AR - 15's
- *Tactical Weapons (and accessories)
- *Hunting Rifle & Shotguns
- *Large Ammo Section
- *Military Discounts for Glock Firearms

852-4000

Household

BED-BRAND NEW QUEEN P/TOP mattress/box set. Never used. Still in plastic. Call 340-0925.

SOLID WOOD LOFT BED- one side has a built in desk the other has 3 book shelves. also drawers in the front. Only used 3 months! Also a 4 drawer dresser. We paid 900 for the set and asking 600 obo Have to get rid of asap we have no place to store it! 701-720-9113

PLASTIC GRACO HIGH-CHAIR- \$40 Car bouncy-\$45 Round Circus bouncy-\$35 Boys Clothes and shoes 12 months, rattles- \$.50 and up Please call Carrie 509-5660

TWINSIZED8PCSWITCHINGGEARS boys bedding. we bought at Jcpennys for 120 but is on sale now for 60 so I am willing to sell for 40obo. Only used the comforter and one pillow case for less than a year. 701-720-9113 For pictures go to: http://www.bismanonline.com/8_pc_twin_size_boys_bedding and click on the link.

PCSing: Kenmore washer/dryer, \$250 for both; dining room table & chairs, seats 6, \$150; full size sleeper/sofa, \$20; child's twin bed w/mattress, \$20. All items in Glenburn. Shift worker, so please leave msg. 701-720-7088

SELLING XL SAMSUNG Silvercare frontload steam washer model # WF419AAW. We paid >\$1K for it 6 months ago. It's yours for \$600. 5 yr old Kenmore Elite electric dryer for \$50 looks and runs great. Men's mountain bike \$50 Call 707-430-3418

PCSing, Antique upright Piano, free Move at takers' expense Call 240-5338 for Leilani

CAPITAL R.V.

North Dakota RV Dealer
#1 Motor Home, Towable & Toy Hauler RV Sales

2305 Elk Drive • Minot, ND

Hours: Monday - Thursday 8:00 am - 6:00 pm
Friday 8:00 am - 5:00 pm • Saturday 9:00 am - 3:00 pm

701-838-4343 • 800-488-7896

www.capitalrv.com

Miscellaneous

FOR SALE. exercise bike \$50, computer with desk paid 1700 for asking 600, its made to play highend games on it. for more information please call 940 531 8171

BEANIE BABIES, extra Christmas Stock, toys, rocking chair w/footstool Nintendo/games, xbox 360/games Disney pictures wframes, king mattress And box spring, Call Becky 420-0970

HORIZONFITNESSENDURANCE200 elliptical machine. Hardly used. Bought new at Scheels. \$400 OBO. 679-2566 leave message.

Miscellaneous

Let your mouse navigate you to your next House

brokers12.com
852-3757 • 1-800-568-6671

RUTHVILLE BARBER SHOP, Mon-Thurs. 8:30 to 5. Appointments or walk ins, haircut, neck shave and shoulder massage for \$12. Call 839-5311 today!

BABY STUFF FOR SALE: Bassinet \$25, Avent Bottle Warmer \$15, Wipes Warmer \$15, Diaper Genie II & 2 Refills \$25. All items used for 2 months, bottle warmer never used. Call 701-509-0539

SHOP & SAVE

Closet Connection
CONSIGNMENT SHOP



Quality Brand Clothing
New Consignments arriving daily
Childrens • Mens • Womens
1515 24th Ave SW
(1 Blk West of Dakota Square)
Mon - Sat 10-6; Sun 12-5

SuDoKu Answers

5	8	1	4	7	9	2	3	6
7	3	6	2	1	8	4	9	5
2	4	9	6	3	5	8	7	1
6	9	4	3	8	1	5	2	7
8	7	2	5	4	6	9	1	3
3	1	5	7	9	2	6	4	8
1	5	8	9	2	3	7	6	4
9	6	7	1	5	4	3	8	2
4	2	3	8	6	7	1	5	9

Answers to puzzle on page 9

KARZ4-U
AUTO SALES

240-9172
1105 16th St. SW • Minot
Cliff Butler/Retired MSgt
www.Karz4-U.com



03 PONTIAC GRAND AM SE
V6, 117,000 miles, Runs/Drives good
\$4,995



02 MUSTANG GT
70K, Leather, SCT programmer, 4-10 gears
\$9,995



92 TOYOTA PASEO
Runs/Starts great, New tires, Great Heater
\$2,495



08 PONTIAC G6 GT
Even Smells New, 7200k miles
\$13,995



08 HONDA ACCORD LX-P
1 local owner, very nice, 26,000 miles
\$17,995



99 DODGE DURANGO SLT
4X4, Leather, 123K
\$4,995



04 FORD SUPERDUTY CREWCAB
2WD, MINT, 47K, 6.0 Diesel
\$19,995



06 TOYOTA CAMRY
72K, Very nice local trade
\$10,995



09 PONTIAC G6 GXP
U name it, it's got it. 24K, like new
\$17,995



04 PONTIAC SUNFIRE
67K, Automatic
\$5,995



01 OLDS INTRIGUE GL
MINT, Remote start, 109K
\$4,995



01 CHEVY BLAZER 4X4
2dr, 104k, Bose, Sunroof, NICE
\$5,995

JOHN'S



AUTOBODY

Pays Up To
\$500

Insurance Deductibles

We Guarantee All Work & Color Match

4121 S. Broadway

839-8896

You'll Feel Right at Home With Us!



Signal, Inc. Realtors

1541 S. Broadway

1-800-735-4065 Fax: 852-5526

Email: signal@srt.com

Website: signalrealtors.com

- | | | | | | |
|---------------------------|--------------------------------|--------------------------------|------------------------------|--------------------------------|-----------------------------|
| Brad Beeter.....833-1758 | Gene Eggen.....721-9595 | Duane Peterson.....240-3660 | Jason Schnaible.....721-0658 | Melody Sundbakken.....833-4673 | Linda Zimelman.....721-9308 |
| Alecia Berg.....721-5996 | Dick Hodnefield.....721-0299 | Mona Prellwitz.....721-5250 | Vonnie Schoenborn...720-0318 | Lucy Tuttle.....240-6707 | Bryan Knight.....720-0965 |
| Brian Berg.....833-4876 | Bernie Pellenwessel...721-5221 | Darlene Schnaible.....721-7374 | Jeff Stremick.....721-2584 | Wayne Tuttle.....240-6667 | |
| Kristen Boen.....340-5592 | Mike Pellenwessel.....833-8430 | Ed Schnaible.....720-0076 | Larry Sundbakken...833-7363 | Marla Rae Uscensky...720-0215 | |

<p>END UNIT CONDO!</p> <p>3 Bedroom & 2 1/2 Bath Condo. Open Kitchen w/Stainless Steel Appliances. Large Master Suite w/Large Walk-In Closet. Living Room Includes Surround Sound. Heated 2 Stall Attached Garage. Call Brad Beeter at 833-1758. \$174,900 #20101656</p>	<p>SERENE VIEWS!</p> <p>Large Lot in the City w/Country Views. 3 Bedroom & 2 Bath Home In Newer Neighborhood. Great Open Floor Plan with 9' Ceilings. Natural Sunlight w/Large Insulated Vinyl Wndws. Attached Double Garage. Call Alecia Berg at 721-5996. NOW \$179,900 #20101123</p>	<p>SINGLE LEVEL DESIGN!</p> <p>2 Bedroom & 1 1/2 Bath Home. Foyer is Connected to the Kitchen & Dining Room. Dining Room Features a Large Bay Window w/View. Large Windows in Sunroom Make it A Favorite Room. Attached Heated Double Garage. Call Brian Berg at 833-4876. \$234,900 #20101635</p>	<p>BUILT FOR COMFORT!</p> <p>3 Bedroom & 3 Bath End Unit Condo. Large Windows w/Great View on 2 Sides. Master Bedroom w/Bath & Walkout to Private Dck Overlooking City. Professionally Finished Walk Out Bsmnt w/ Room For Hot Tub. Newer Roofing, Water Heater, Furnace & Central Air. Call Kristen Boen at 340-5592. \$184,900 #20101202</p>
<p>CHARMING SW HOME!</p> <p>2 Bedroom Home with Guest Room on a Spacious Treed Corner Lot. Partially Finished Basement. Room to Build a Double Garage. Located between Jim Hill & Edison Schools. Call Gene Eggen at 721-9595. \$129,000 #20101255</p>	<p>EXCEPTIONAL PATIO HOME!</p> <p>2 Bdrm & 1 1/2 Bath Patio Home Designed for Main Floor Living without steps. Open Floor Plan w/9ft. Ceilings & Sunroom. Features a Bonus Room Above the Garage Perfect for Guests, Office, Storage, Etc. Call Dick Hodnefield at 721-0299. \$234,900 #20101637</p>	<p>CHARACTER & CHARM!</p> <p>3 Bedroom & 1 1/2 Bath Home Features a Fireplace in the Main Floor Living Room. Spacious Bedrooms & Nice Kitchen/Dining Room. The Basement has a Large Family Room, 1/2 Bath & a Workshop. Yard is Well kept & Has an Detached Heated Double Garage. Call Bryan Knight at 720-0965. NOW \$169,900 #20101427</p>	<p>GREAT END UNIT CONDO!</p> <p>2 Bedroom & 2 Bath Condo in SW Minot. Large Master Bedroom w/ Master Bath. Main Floor Laundry, Great Room, Kitchen w/Walk-Out Deck. Finished Family Room in the Lower Level w/Look-Out Windows. Room to Finish off 2 Additional Bdrms & Another Bathroom. Call Bernie Pellenwessel at 721-5221. \$184,900 # 20101360</p>
<p>NEW TOWNHOME UNDER CONSTRUCTION!</p> <p>2 Bedroom & 2 Bath Townhome w/Great Curb Appeal. Open Floor Plan w/ 9 Ft. Ceilings, Oak Interior & Spacious Bedrooms. Heated Garage Will Be Finished w/Floor Drains. Exterior will have Covered Front Porch & Patio, Underground Sprinklers & Seeded Lawn. Call Mike Pellenwessel at 833-8430. \$228,500 #20101224</p>	<p>MAIN FLOOR LIVING!</p> <p>2 Bedroom & 1 1/2 Bath Home Features a Sunroom & Large Bay Window in the Dining Room. Quality, Energy Efficient Construction w/9ft. Ceilings & Open Kitchen w/Sit-Up Counter Area. Bonus Room Upstairs is great for guests, storage, etc. Call Duane Peterson at 240-3660. \$231,900 #20101636</p>	<p>SINGLE FAMILY OR DUPLEX FOR SALE NEAR MSU!</p> <p>Interior & Exterior in Great Condition. Both Apartments Have Been Updated w/Custom Kitchen, 2 Full Baths, Vinyl Siding, Etc. Could Very Easily be A Single Family Home. Call Mona Prellwitz at 721-5250. NOW \$129,300 #20101473</p>	<p>THIS HOME "HAS IT ALL"</p> <p>Gorgeous 4 Bedroom & 1 1/2 Bath Home Near Lewis & Clark School. Bathrooms & Flooring Updated in 2009 along w/New Duraceramic Floors & New Living Room Carpet. Fenced in Backyard w/Shed, Deck, Garden Spot, & Finished Walk Out Basement. Attached Double Garage & Remarkable Lawn. Call Darlene Schnaible at 721-7374. \$188,900 #20101339</p>

BEAUTY on a BUDGET- Skin care packed with multiple benefits. Special offers you don't want to miss. Free samples so you can try before you buy. Free makeovers and expert tips. Shop at your convenience with my personal delivery. No crowds. No parking hassles. No drain on your gas tank. What better way to get all your skin care and makeup! Contact me today! LEE CLOUSE Mary Kay Independent Beauty Consultant. www.marykay.com/lclouse. 839-0475

ON-BASE SNOW REMOVAL. \$15/ Driveway. Call Chris: 240-4828.

CHIROPRACTIC SOLUTIONS - Now open & accepting new patients. Flexible hours including Saturdays. Therapeutic massage therapist available utilizing various techniques. Lindsey White D.C. & Danielle White L.M.T. 3108 S. Broadway, Suite B, Minot, ND. 58701. 852-3232

SHOP MINOT'S Largest Antique & Second Hand Store. DAKOTA ANTIQUES & BOOKS. Clean Used Furniture. #3-1st St. SE. Downtown Minot. 838-1150

SOURIS RIVER STORAGE Located in SE Minot Easy Access, Low Rates 5x10,10x10,10x15,10x20 Call 701-833-5362

INVENTORY BLOWOUT SALE!! "HOME BUSINESS OPEN HOUSE" Scentsy, Thirty-One, Silpada, Tastefully Simple, Blessings, Violet Vine & much MORE! Saturday, 15 Jan 2011 from 12-4PM, 101-1 Landing Court FREE Refreshments and Raffle! For more info: Call (931) 206-6400

Check us out online each week at: www.northern Sentry.com

Welcome to Your New Home



1ST MINOT REALTY
219 S. Main
852-0136

www.cbminot.com • cb@minot.com

An Independently Owned and Operated Member of Coldwell Banker Real Estate Corporation

\$205,000

Move right into this 2 bedroom 2 bath 1 level townhouse in a superb SW location. Open kitchen/dining and living areas. Double attached heated garage. Call Aisha Vadell Today!
#20101589

\$345,000 Powers Lake

Fabulous home on Cottonwood Lake with 69 acres. 3BR's 2 baths and a double garage. Pool table and antique bar included. Over 5,000 trees! Awesome hunting area! Call Brad Torkelson Today!
#20100066

\$210,000 Surrey

A great family home with an extra large garage 32x36. The 3/4 bath in the lower level is brand new with a tile floor. The home has had new windows and siding in 1995. New central air unit in 2009. Roof was shingled in 2000. Call Bruce Walker Today!
#20101576

\$174,500

Very nice 3 bedroom/2 bathroom home with steel siding and dual pane windows throughout with a finished basement. The home has hardwood floors and bathrooms have been updated and home has been repainted. Yard is fenced. Call Clyde Thorne Today!
#20101593

\$79,900

Nice starter home with vinyl siding, new double pane windows, and a newer roof. The electrical box, hot water heater, and the furnace have all been replaced in 2010. There are 2 bedrooms on the main floor and another on the upper floor. Call Clyde Thorne Today!
#20101577

\$201,900 Surrey

Quality new construction, 2 bedroom 1 bath with room for more in the unfinished basement. Large kitchen Island and open floor plan. Attached double garage. Call Danette Krumwiede Today!
#20101469

\$199,900

Nice 4 bedroom 2 bath split foyer home centrally located in Minot. Home has a nice finished triple garage, maintenance free siding and windows. Call Jerry Thomas Today!
#20101343

\$349,900

Beautiful log cabin home with 4 bedrooms, 2 baths, 2 garages (24x36 & 28x40). Large family room in the basement with a wood burning fireplace. All of this is located on 5 acres. Call Jerry Thomas Today!
#20101579

\$179,900

Great home in excellent location! 4Bedroom, 1 1/2 bath, color lock siding, 2 decks in fenced backyard. Kitchen and bathrooms have been updated and home has nice open floor plan. Basement has 2 bedrooms, a nice sized 3/4 bath and a kitchenette. The garage is very large (35x24), and has a workbench. Call Matt Waind Today! #20101221

\$144,900

Just like new! This one level townhome has 2 bedrooms, 1 3/4 bathrooms and a double garage. Great open floor plan for living/dining area. Kitchen has stainless steel appliances. Patio off of the living room. Vinyl siding and sprinkler system. Quick access to 83 N to MAFB. Call Sara Luedke Today!
#20101591

\$224,500

This 2 bedroom, 2 bath Wynwood Cottage plan features main floor living on a beautiful, scenic lot close to Minot. It has great details throughout including vaulted ceilings, glass inserts and special lighting. Home to be completed approx. 120 days after acceptance of offer. Call Tamie Dunn Today!
#20100205

\$139,900 Burlington

Nice 3 bedroom home with attached garage in Burlington. Home has many updates including kitchen, appliances and flooring throughout. This is a wonderful starter home. Call Jerry Thomas Today!
#20101347

\$190,000

Lovely 4 bedroom 3 1/2 bathroom home just walking distance from the elementary school, zoo, and the city park. Built in 2007, the current owners finished the basement. Kitchen has stainless steel appliances and maple cabinets. Call Clyde Thorne Today!
#20101653

- | | | | | |
|--------------------------------|--------------------------------|------------------------------|-------------------------------|------------------------------|
| Tony Alef.....362-7599 | Neil Gush.....833-9003 | Brad Livesay.....720-7769 | Lorell Seibold.....721-4996 | Brad Torkelson.....339-8907 |
| Alish Charley.....701-509-5362 | Tasha Haugen.....721-9969 | Sara Luedke.....852-0136 | Erich Sinn.....852-0136 | Aisha Vadell.....833-1136 |
| Tamie Dunn.....720-1723 | Trenton Kary.....720-6520 | Mike Matteson.....463-2099 | Virginia Slavick.....852-0136 | Dawn VerBruggen.....720-2034 |
| Todd Fettig.....852-0136 | Danette Krumwiede.....720-2335 | Orville Nesdahl.....852-6488 | Jerry Thomas.....833-7578 | Matthew Waind.....721-1166 |
| Ken Gorze.....852-0136 | Brenda Larson.....578-5480 | Jim Olson.....240-8761 | Clyde Thorne.....240-8594 | Bruce Walker.....852-0136 |

HYUNDAI FIRST TIME BUYER NOTICE



2010 HYUNDAI GENESIS COUPE
#M8822, Sunroof LOADED, Turbo, MSRP \$26,425
Now Priced \$24,678



2010 HYUNDAI SANTE FE
#M8984, Gray, PW, PL, SE, MSRP \$27,080
Now Priced \$24,864*



2010 HYUNDAI ACCENT
#M8818, Silver, Air, Great MPG, MSRP \$15,545
Now Priced \$13,816



2011 HYUNDAI VERACRUZ
#M9045, Limited, Leather, CD, 3rd Seat, MSRP \$37,125
Now Priced \$35,125*



2011 HYUNDAI TUSCON
#M9019, Silver, LOADED, Limited, MSRP \$25,725
Now Priced \$24,698



2011 HYUNDAI SONATA SE
#M9012, Wheels, Roof, 35 MPG, MSRP \$23,500
Now Priced \$22,745

Don't forget to ask about our first time buyers program!



2011 HYUNDAI ELANTRA
#M9049, Blue, PW, PL, MSRP \$20,195
Now Priced \$19,578

America's Best Warranty

10-Year/100,000-Mile Powertrain Limited Warranty



* Price Includes \$1000 Rebate

Don Bessette Motors

Stop in today at Don Bessette Motors high atop North Hill, Minot • 1715 N. Broadway • 701-852-3300 • 800-422-1201
www.donbessettemotors.com • 9 am - 7 pm Mon. - Fri.; 9 am - 6 pm Sat.



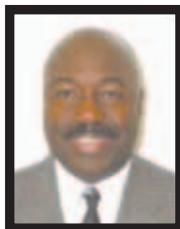
Dennis Bessette



Terry Faul



Dermer Chadwell



Terry Epps



Kevin Johnson



Rodney McHenry



Robin Shelby



Mitch Melby