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WELCOME HOME DEPLOYERS

Minot Air Force Base welcomes home its deployers! Family and friends, coworkers and commanders, all share in the warm-hearted feeling when their Airmen return safely from their deployed location, wherever in the world this may have been.

The following Airmen have recently returned from deployment:

5th Logistics Readiness Squadron

Senior Airman Matthew Jones
Airman 1st Class Tyler Hill
Airman 1st Class Travis Carter
Airman 1st Class Dustin Jessep
Airman 1st Class Peter Rivera
Airman 1st Class Brandon Leibfried

5th Maintenance Squadron

Master Sgt. Joseph Garcia

5th Civil Engineer Squadron

Staff Sgt. Akellios Lorden
Senior Airman Gene Yeater
Senior Airman Joshua Grimsley
Senior Airman Justin Rhine
Senior Airman Jason Swope
Airman 1st Class Bryan Schroeder

46th Annual Sportsmen Feed aims to build camaraderie

by Airman 1st Class
Jose L. Hernandez
Minot Air Force Base Public Affairs

The 46th Annual Team Minot Sportsmen Feed, designed to bring service and community members together, was held at the Jimmy Doolittle Center here Jan. 23.

Air Force Global Strike Command and Team Minot Airmen from all ranks had the opportunity to interact with their fellow community members all while enjoying exquisite wild game dishes ranging from Arctic salmon to oven-roasted mallard duck.

The Sportsmen Feed also gave attendees an opportunity to win door prizes and other neat rewards by competing in a game of Bingo, among other sets of games.

Col. Douglas Cox, 5th Bomb Wing commander, expressed the importance of maintaining an open dialogue with the Minot community through events such as this one.

"The Sportsmen Feed represents almost five decades of outreach our base has had with the local community," he added. "It also goes to show how the local community is always engaged in helping take care of our Airmen"

Betty Fedorchak, business owner

see **SPORTSMEN FEED** on page 3



(U.S. Air Force photo/Tech. Sgt. Thomas Dow)

John MacMartin, president of the Minot Area Chamber of Commerce, pulls a batch of pheasant strips from the fryer at the 46th Annual Team Minot Sportsmen Feed held at the Jimmy Doolittle Center here Jan. 23. The annual event brings Minot's Airmen and members of the local community together for food, fun and camaraderie.



23rd BS welcomes new commander

(U.S. Air Force photo/
Senior Airman Michael J. Veloz)

Col. Troy VanBemmelen, 5th Operations Group commander, passes the guidon to Lt. Col. Robert Billings, the new 23rd Bomb Squadron commander, during a change of command ceremony here Jan. 24.

Barksdale sergeant streamlines maintenance process

by Senior Airman
Chad Warren

2nd Bomb Wing Public Affairs

BARKSDALE AIR FORCE BASE, La. - For Air Force maintainers, the shift is not over until the job is finished. This means every minute counts and precious time is wasted every time an Airman has to wait in line for an aircraft part.

Where most people saw an unavoidable delay, one Airman found a way to ensure Barksdale and the Air Force Global Strike Command are staying on the cutting edge of technology.

"I was reading a news article about a year ago about an automated part vending machine, and I knew we could benefit from it," said Staff Sgt. Justin Garcia, a supply technician with the 2nd Maintenance Squadron.

Sergeant Garcia spent the next few months researching and pricing the machines before submitting the idea to leadership. The machine was installed on Nov. 15 and is already fully operational and used daily.

The machine, which dispenses mainly small, universal parts such as bolts and washers, is a fully automated alternative to the painstaking process of waiting in line at a window to be issued parts. Prior to the machine, any inventory item had to be checked out at a window.

"Tools, parts, even snack bar items were all at the same window," Sergeant Garcia said. "An Airman needing two bolts could be waiting in line behind an entire flight checking out tools for the day. It was basically a funnel that the window could not keep up with."

The machine, which dispenses widely used items known as bench stock parts, relieves this strain and expedites the maintenance process by eliminating the wait for bench stock parts. An Airman simply keys in a pin number and chooses which part he/she needs and the machine dispenses a tray containing the required part.

"My troops like not having to wait in line," said Tech. Sgt. Joshua Parker, 2 MXS inspection section dock chief. "This way they can avoid the window and get back out to

the aircraft."

In addition to dispensing parts quickly, the dispenser keeps an accurate inventory of the parts in stock. Before this technology, Airmen had to hand count exactly how many parts were left in stock and document when the stock was below half capacity. Now after taking the needed parts from the machine, the user simply places the tray on a scale and the remaining inventory is automatically calculated based on weight.

"It saves me lots of time doing inventory, and makes re-ordering equipment much easier," Sergeant Garcia said.

Sergeant Garcia's innovation has captured the attention of installation leadership, and depending on the success of the program it may be expanded to improve maintenance operations across Barksdale.

Overall, the process saves the unit approximately 7 hours per person per aircraft phase inspection. This is a tremendous asset to a job where less time spent with the B-52 undergoing maintenance means more operational aircraft and faster bombs on target.



(U.S. Air Force photo/Senior Airman Chad Warren) (RELEASED)

Senior Airman Bryant Fisher, 2nd Maintenance Squadron maintainer, logs into a bench stock vending machine in the phase hangar on Barksdale Air Force Base, La., Dec. 15. The machine streamlines the process of acquiring small parts such as bolts and washers for maintainers and eliminates the need to wait in line for each part.



Defenders sharpen their skills

(U.S. Air Force photo/Senior Airman Michael J. Veloz)

Airman 1st Class Nathan Anderline, 5th Security Forces Squadron response force team member, lines up his sights during a training scenario at the weapons storage area here Jan. 24. Training like this helps the 5th SFS "Defenders" keep their combat skills sharp.

More money, less stress

by Airman 1st Class
Jessica McConnell
Minot Air Force Base
Public Affairs

Money: it makes the world go round. It can buy almost anything if enough is saved, but many don't have the patience to wait that long. This is where most people get in trouble. They see something they really want and whip out their credit card without ever considering the consequences. But it's only one big purchase right? It'll be fine as long as payments are made in a timely manner, right? But as time passes, this type of thinking can turn one big purchase into many.

Air Force Global Strike Command and Team Minot Airmen are expected to keep their finances in order, and for good reason.

"Failure or the inability to meet all financial responsibilities could cause a servicemember to have security issues of concern," said Ms. Cheryl Vedvig, a community readiness consultant for the Airman and Family Readiness Center. "Not only that, but Airmen may acquire negative information within their credit report, which ultimately results in difficulty with securing any future credit."

Knowing how many negative consequences come with bad spending habits, why is it that so many people seem to find themselves in trouble?

"There are many reasons why people have a hard time managing their money," said Ms. Vedvig. "Most people just don't have a system in place to organize their finances; they're not tracking their spending and end up overextending themselves."

Ms. Vedvig realizes most clients don't intentionally get into financial trouble, they just fail to plan their purchases.

"If people would stop and give themselves 24 hours to contemplate before making a major purchase, I believe we would see a significant decrease in the amount of people experiencing financial hardship," she added.

With student loans, home loans and credit cards being only a few of the different

types of debt, consultants are ready to help and offer a wide variety of classes to address individual issues.

"There are several financial classes offered here on base," she said. "Some of the programs available include: Introduction to Saving and Investing, Credit Management Workshop, Thrift Savings Plan, Home and Car Buying, Basic Budgeting and Debt Reduction."

If attending a class doesn't sound very appealing, one-on-one counseling is another option to consider. "Our financial counseling is very individualized," Ms. Vedvig said. "The community readiness consultant will either provide general financial education or may work more intensively with a client to address any specific financial needs."

Ms. Vedvig added that the main goal of the one-on-one counseling is to guide clients, help them identify what they want to address and assist them in developing and executing a plan of action.

But if one-on-one counseling or attending a workshop sounds impossible for those with hectic schedules, the AFRC offers another great option that an entire unit can benefit from.

"We provide a lot of outreach programs, as we receive many requests from leadership wanting to provide this type of training to their units," said Ms. Vedvig. "Providing training within the unit works well for the Airmen as they aren't required to travel anywhere; we go to them at whatever time works best for the unit."

Tech. Sgt. Julie Stimson, 5th Medical Group acting flight chief, is one NCO who has used this option with great success.

"The outreach that consultants provide is great for supervisors who want to educate their Airmen," said Sergeant Stimson. "I recently arranged for training on the thrift savings plan. A consultant was able to conduct the training in house during our lunch hour. It was convenient, very resourceful and easy to utilize."

Ms. Vedvig believes people should be as proactive as pos-

sible when managing their finances.

"It is best for clients to educate themselves before issues arise," she said. "The upcoming Military Saves Campaign in February is a perfect opportunity for Airmen and their families to educate themselves through the different workshops offered; it's their opportunity

to make a positive financial change."

But those wanting to be proactive don't have to wait for any counseling; they can start right now with tips Ms. Vedvig believes are the foundation of any solid financial plan. "Eliminate impulse spending, prepare a budget that's easy to stick to and make sure to plan for major

purchases," she said. "Also, be sure to have adequate insurance, an emergency fund and invest or save for retirement as early as possible."

For even more help with financial planning, the AFRC will also be hosting a Military Saves Campaign in February. More information on the campaign will follow next week.

SPORTSMEN FEED from page 1

and member of the Minot Chamber of Commerce expressed that the Minot community has done its best to engage with base personnel and build better relationships.

"The City of Minot has absolutely enjoyed having Minot AFB in our community," she said. "Our community members have such respect for our uniformed servicemembers and this event offers an opportunity for us to give back to the base."

Ms. Fedorchak said the long hours volunteers put into making this event possible is testament to the community's desire to show their support for base personnel.

"The Sportsmen Feed brings out the best from both our community members as well as Airmen on base," said Ms. Fedorchak. "The volunteer efforts that go into making this event possible is astounding."

John MacMartin, Minot Chamber of Commerce president, added none of this would have been possible without the support of leadership on base.

"This whole event is a combined effort," said Mr. MacMartin. "We do our part downtown in gathering volunteers and the base does its part in spreading the word as well."

First sergeants play a key role in this event because they are the ones who bring the enthusiasm to Airmen and invite them to come see what the event is all about said Mr. MacMartin.

He explained it was exciting to see the event unfold and witness a diverse group of people come together.

"Base personnel come from all across the country," he



(U.S. Air Force photo/Tech. Sgt. Thomas Dow)

Airman 1st Class Chris Buchfink, an aircraft structural maintenance technician with the 5th Maintenance Squadron, tosses a bean bag during a game of corn hole at the 46th Annual Team Minot Sportsmen Feed held at the Jimmy Doolittle Center here Jan. 23.

said. "Those who come from distinct areas perhaps have not had a chance to sample some of the native dishes North Dakota has to offer."

Chief Master Sgt. Martin K. Smith, 5th BW command chief, agreed with Mr. MacMartin in that many Airmen come from different backgrounds and this event gives them an opportunity to taste the various wild game ND has to offer.

"It was a neat weekend to come out and enjoy some of ND's best dishes," said Chief Smith.

He expressed his gratitude to the Minot COC, Military Affairs Committee as well as all others involved in managing and sponsoring the event.

"This is really a great op-

portunity for our AF community come together with those in the Minot community and get to know one another," said Chief Smith. Mr. MacMartin said overall main goal was to increase participation between base personnel and community members.

"We think it's important we interact with servicemembers because it builds good camaraderie," continued Mr. MacMartin. "The Sportsmen Feed has been going on for a very long time and we want to keep the tradition going."

Mr. MacMartin said at the end of the day, leftover food would be packaged in trays and sent over to shift workers on base who were unable to attend due to the requirements of the 24-hour mission.

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We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication.

The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

Commentary by Lt. Gen. Jim Kowalski
Commander of Air Force Global Strike Command



New commander pledges 'best leadership, guidance' possible

BARKSDALE AIR FORCE BASE, La. - To The Men and Women of Air Force Global Strike Command,

It is my honor to serve as your commander and continue the important work of this command. It was humbling to take the reins from Global Strike's first commander, Lt. Gen. Klotz. The Air Force loses a wealth of experience and dedicated leadership as he heads into retirement. We will continue the momentum he started.

Chief Master Sgt. Jack Johnson and I were able to visit our major installations last week and meet with many of you. As I noted in my Commander's Calls, we're counting on each of you to exercise the leadership needed to take our command to the next level.

We're looking to all of you for your good ideas and your solutions to problems we might not even know exist. We encourage you to tell your chain of command how to improve our

operations.

I see three key challenges ahead for us. First, we must consolidate our successes as a command and continue to strengthen our nuclear culture. Second, we must be agile enough to maintain the intense focus on the nuclear deterrence mission while at the same time aggressively supporting our joint team in today's conventional wars. Third, we must be innovative-that's why we need your good ideas-to sustain the current force while preparing for the challenges of the future.

A note of thanks to the hundreds of Airmen deployed to the missile fields in support of Strategic Command's nuclear deterrence mission-your hard work and vigilance give our nation a safe, secure and effective nuclear arsenal to ensure strategic stability for a peaceful world.

Thanks also to the 1,100 Global Strike Command Airmen currently

deployed in support of today's operations across the globe-you make a difference daily in support of our Regional Combatant Commanders.

A special thanks as well from my wife, Julie, and me to the 2d Bomb Wing at Barksdale for hosting the events surrounding the first-ever Global Strike Command change of command.

The Air Force Chief of Staff, the Strategic Command commander, the Air Combat Command commander, and our friends and family were greatly impressed by the execution of the week's events, just as I have been impressed by what I've seen already at each base.

I pledge to return the gracious welcome as your new commander by providing all of you the best leadership and guidance I possibly can.

Safety Corner: Ice and Snow Safety

Commentary by Tech. Sgt. Chris Smith
5th BW Ground Safety

Spring is right around the corner, so for those Air Force Global Strike Command and Team Minot Airmen who enjoy ice fishing or skating, or any other winter activity, keep in mind that winter is almost over.

Warming temperatures may cause snow and ice to melt and re-freeze as temperatures drop. When going ice fishing, be aware of the location and thickness of the ice. Contact the local fish and game or wildlife management for a detailed report of the body of water being fished on.

First time ice fishers should go with an experienced person who can instruct and train one on the dangers of ice fishing.

Snow can have an adverse effect on how the ice forms. It is an excellent insulator, meaning that if there is enough snow cover, the blowing cold wind may not be able to reach the water and ice.

There are a few safety tips to keep in mind while on a fishing excursion. First, make sure to look for weaker spots of ice. In most cases this looks

different than stronger ice. Carry a spud to test the ice and if the bottom moves, leave immediately. Although it may not be warm enough for ice to melt, it's enough to weaken a solid piece of ice.

Another tip is to wear wool or loose fitting layers of clothing which, helps insulate the body even after it has gotten moist. If a person does get wet, immediately change to dry clothes.

Just remember that if it looks unsafe, trust that instinct and go enjoy another winter sport.

WEATHERFORECAST

Fri 1/28	Sat 1/29	Sun 1/30	Mon 1/31	Tue 2/1
27/17	8/-4	0/-7	1/-4	3/-4
More clouds than sun, windy.	Cloudy. Highs in the upper single digits and lows -2 to -6F.	Cloudy. Highs 2 to -2F and lows -5 to -9F.	Sunshine. Highs in the low single digits and lows -2 to -6F.	Times of sun and clouds. Highs in the low single digits and lows -2 to -6F.

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OPERATIONSAFERIDE

Operation SafeRIDE is a voluntary organization ready to provide assistance to Airmen in need of a wingman. Airmen can call **838-2233**.

Volunteers for the week and weekend of Jan. 24 to Jan. 31 and Jan. 27 to Jan. 29 are from the 5th Civil Engineer Squadron.

Lives saved through January 24: 41

The supervisor's role in success

Commentary by Col. Patrick A. McClelland
31st Fighter Wing vice commander

AVIANO AIR BASE, Italy (AFNS) - An organization's culture is the combination of the tangible and intangible factors that determine the long-term success of a unit. Examples of these factors include communication, respect, pride, performance and perhaps, most importantly, morale.

Excellent morale can ensure unit cohesiveness and superior performance through the most difficult challenges. Poor morale, on the other hand, is likely to guarantee mediocre execution of the mission and even failure.

Simply stated, morale is the bond that keeps the foundation of a unit together; it is also the most obvious indicator of an organization's health.

Why is morale remarkably better in some units than others? Why can

morale be remarkably low regardless of superb duty location? The answer is simple ... supervisors.

In organizations with exceptional morale, you will find supervisors who have eagerly accepted their responsibilities and recognize their role in the health of the unit. In organizations with low morale, you will find supervisors who are out for themselves, always pessimistic and continually negative.

The responsibility for the health of the unit starts with the squadron commander and continues throughout the chain of command. The squadron commander will, consciously or subconsciously, establish the baseline by which the squadron health will exist. Once established, supervisors at every level will follow suit.

There are many ways that leaders and supervisors can make a difference and improve or sustain the moral of the unit.

Here are some examples (excerpts from an article on morale by S.T. Love):

Understand the power of your influence. An arrogant rolling of the eyes, a careless word, or rude remark will send subordinates in the direction of apathy. Each contact you make with any member of the unit will directly add to or take away from the individual and collective morale of the organization.

Frequent and spontaneous praise will allow commanders and supervisors to harness the power of social influence. Done appropriately and sincerely, this power can shape the

premise of what is accepted as strong performance; it will also serve to inspire peers to extend beyond their reach.

Supervisors maintaining an optimistic outlook is the thermostat of the unit's attitude and everyone will look to you. Face challenges head-on and stay positive, regardless of the situation.

Supervisors can make a huge difference in the culture of organizations. You can shape and mold through the power of influence. Ensure this influence is positive. Be a part of the solution, be optimistic, upbeat and praise the members of your unit publicly and often. If supervisors embrace this philosophy, then unit success and high morale is sure to endure.

What motivates you?

Commentary by Maj. Daniel Huffman
8th Comptroller Squadron

KUNSAN AIR BASE, South Korea (AFNS) - You know what motivates me? A Chinese buffet with plenty to eat and a reasonable price, or a \$5 Kentucky Fried Chicken all-you-can-eat buffet full of baked chicken, mashed potatoes and green beans, or even a seafood buffet with shrimp and fish, especially on a Friday.

What also motivates me is the sheer ability to know you can push through any adversity by applying some continuous force to an object along with a great deal of energy received from said buffets to make things happen and help take care of people, along with solving problems and issues. In addition to my love for my family, country and the military (and a powerlifting or/Crossfit workout), it keeps me going every day.

What is motivation? Motivation is simply a force or stimulus which, as the word implies, motivates something to do something. It is that inner

"oomph" that gets you through the day, or during times of adversity, or simply when you are just sitting down thinking of a great thought and you gain a boost of energy. For example, thinking of getting home when you are getting close to your redeployment date.

Motivation comes in many forms, so what motivates you? How about performing your Air Force specialty knowing you are a part of the greatest air and space force on the planet, let alone part of the United States military? How about knowing you are getting paid and receiving other great benefits to perform that specialty?

What about knowing you are getting trained in that specialty, so one day you could possibly do the same job in a civilian position after you are retired from the military? These are motivating thoughts and should drive you to high performance in conjunction with our core values of integrity

first, service before self, and excellence in all we do.

How do you motivate others? Different scenarios call for different motivation. If someone is feeling depressed, or having a hard time, positive motivation is required. Meanwhile, someone underperforming, or performing in an unprofessional manner would require some negative motivation between positive motivation (called a "motivation sandwich").

The key is to know when to use both to get the member back on track. As you gain experience in supervision, you will gain an understanding of which to use and when to use it, along with the proper forms at your disposal.

How do you get motivated? Does someone motivate you verbally and you feel energized? Do you eat a meal, or a buffet like me, and instantly feel like you can lift a mountain? How about just being around someone else

who is motivating and that instantly gets you motivated? The point is, motivation is infectious. Once it gets ahold of someone, it quickly spreads from person to person. A good example is a sports game where it seems like one team is going to lose with just a couple of minutes left, and then suddenly the team members get the pep-talk of their lives and get the big win. A military example would be a commander who rallies his troops to defend a base, ensures reinforcements flow and continues fighting the enemy forward.

What can you say about motivation? It is motivating! I am motivated, and you need to find out what motivates you. Eat a buffet, work out in the gym, visit friends, go shopping, or just take five minutes and gather your positive energy. Motivation can help push you through many forms of adversity. If you are ever in need of it, just ask yourself, what motivates you?

Development projects: Seeing progress first hand

Commentary by Capt. Seth Platt
Kapisa Provincial Reconstruction Team Civil Engineer

KAPISA PROVINCE, Afghanistan (AFNS) - One would think that measuring progress in a war-torn country would be easy, especially in the civil engineering realm where we traditionally measure progress by dollars spent, miles of roads opened and numbers of buildings constructed.

After all, when you start with no real infrastructure to speak of, anything at all can be considered an improvement and can therefore be considered progress, correct?

Unfortunately, this is does not seem to be the case here in Afghanistan. We are building schools, courthouses, bridges and roads, but that is

not how we should choose to measure progress.

Let me give an example (albeit a seemingly small one) of what I'm trying to say. I was in a meeting with Kapisa Minister of Public Health the other day and was pleasantly shocked when I heard the minister tell us that having a building for his doctors was not the most important thing because a doctor can still heal people even while working under the trees. His point was that having the doctor without a building was infinitely better than having a building without a doctor.

During that meeting, I could tell

that I was seeing progress first-hand, and it was exciting. Of course progress is slow, as later in the meeting the minister asked the Provincial Reconstruction Team to design and construct a new tuberculosis clinic, (which highlights that having the doctor and the clinic is really the best choice), but I digress.

The nugget I took from that meeting is that the leadership in this part of the country seems to understand the problems and solutions here more acutely than we sometimes give them credit for.

In our line of work as a PRT, it's important to remember that progress

isn't just building the facilities, but what you do with those facilities that make the difference.

Only when the schools I helped to build are full of children, when every courthouse we construct is open and managed by a lawful judge, and when local commerce is strengthened by newly constructed road systems managed by the PRT engineers will I consider my work here a success.

And most of all, only when the local government is able to protect and maintain those structures and is capable of constructing such projects for itself will we have won this war, at least in my corner of the world.

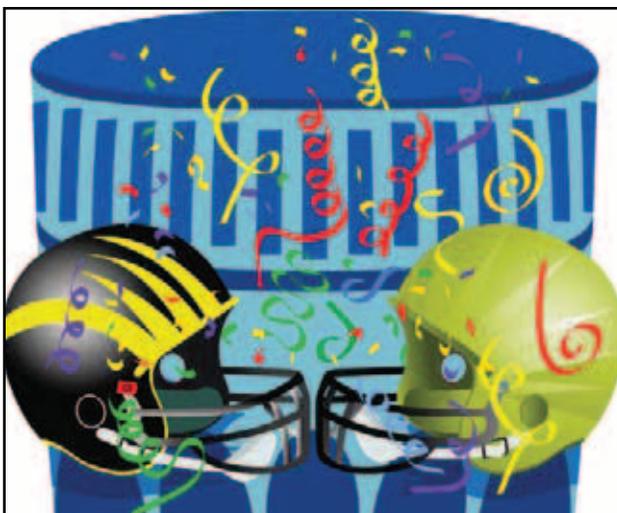


Score Some Fun During Super Bowl Party At J.R. Rockers

It's down to the final two teams to determine who will become the winner of Super Bowl XLV. Whether you're a fan of the frozen tundra NFC champion Green Bay Packers with their high powered offense led by quarterback Aaron Rodgers or are cheering on the Pittsburgh Steelers famous for their "iron curtain" defense, you're sure to find a great time at the annual Super Bowl Party at J.R. Rockers. Doors open at 3 p.m. Super Bowl Sunday, February 6th with plenty of fun in store for football fanatics and those individuals looking for another opportunity to party.

The Super Bowl Party features a football game buffet starting at 4 p.m. (while it lasts). Plus, J.R. Rockers is offering a \$4.95 pitcher special and .35 wing special.

During half-time, the highly anticipated Gynormous TV Giveaway drawing will be held with some lucky person winning a 55-inch Visio LED 120 Hz 1080p television valued at over \$1,600. Club members and their adult family members (18 years and older) can register during various Football Frenzy events including Family Frenzy Night on Tuesdays from 5-9 p.m., Frenzy Appetizer Night on Thursdays from 5-7 p.m., Frenzy Fridays in



the lounge from 4-9 p.m., as well other Frenzy events. Eligible participants who make a purchase at any of these Football Frenzy events will print their name and phone number on the back of their sales receipt and deposit it in one of the Gynormous TV Giveaway registration boxes to qualify for a chance to win.

The Super Bowl Party is free for club members and \$5 for non-members. For more information, call J.R. Rockers at 727-ROCK.

Enjoy Some Laughs During Comedy Show & Dinner Event



Nationally touring comedian Richard Villa will headline the Valentine's Day Comedy Show and Dinner at J.R. Rockers on Saturday, February 12th. Clever, funny comedian Benny Quash is also slated to perform. Tickets are available now at J.R. Rockers (limited seating available).

Are you searching for a perfect opportunity for you and your significant other to enjoy a date night? Or perhaps you and your friends simply love a great comedy show and delicious food. In either case, J.R. Rockers has the solution during the Valentine's Day Comedy Show and Dinner on February 12th. You'll enjoy hilarious comedy as nationally touring headliner comedian Richard Villa and clever, funny comedian Benny Quash bring their special brand of humor to Minot AFB.

Raised in the urban city of Compton, California, Richard Villa always knew he wanted to make people laugh. After completing a Bachelors degree in Mechanical Engineering, Richard felt there was something more out there in store for him. While driving home one night, the neon lights of the Irvine Improv called his name. Seizing the moment of amateur night, Richard grabbed the microphone, went on stage, and has not stopped since.

His ability to appeal to the audience earned him a special invitation by the U.S. military to perform for the troops on the "Combat Comedy Tour" which included Iraq, Afghanistan, Kuwait, Qatar, and more. In 2005, Vanguard Cinema released

Continued on Page 9

Event Update

Anime Club

January 28 • 4:30 p.m. • Base Library

Family Bowl-a-Rama

January 28 • 5-7 p.m. • Rough Rider Lanes

Winter Carnival

January 28 • 5-7 p.m. • Youth Center

Prairie Knights Casino Trip

February 11 & 12 • Outdoor Recreation

Register by January 28

Lights & Strikes Bowling

January 28 & 29 • 10 p.m. • Rough Rider Lanes

LAN Party & X-Box Gaming

January 29 • 10 a.m. • Community Center

Lights & Strikes Family Night

January 29 • 6 p.m. • Rough Rider Lanes

Hip Hop Nite

January 29 • 11 p.m. • J.R. Rockers

Sunday Champagne Brunch

January 30 • 10:30 a.m. • Doolittle Center

Swimming Lesson Open Enrollment

January 31 • 5:30 p.m. • Indoor Pool

Veterinary Appointments

February 1, 2, 8, & 9 • Vet Clinic

Weekly Story Time

February 2 • 10:30 a.m. • Base Library

Recipe Swappers Club

February 3 • 6:30 p.m. • Base Library

Beginning Scrapbooking Class

February 4 • 10:30 a.m. • Arts & Crafts Center

Family Fun Night

February 4 • 6 p.m. • Youth Center

Give Parents A Break

February 5 • 1 p.m. • CDC/SAP

9 Pin No Tap Tournament

February 5 • 6 p.m. • Rough Rider Lanes

Open Mic Night

February 5 • 7 p.m. • J.R. Rockers

Super Bowl Party

February 6 • 3 p.m. • J.R. Rockers



Visit our website at www.5thforcesupport.com

COMEDY SHOW & DINNER

from Page 8

Richard's first DVD, entitled "Richard Villa: Performing This Way". His resume includes television appearances on Mun2's Loco Comedy Jam, HBO Latino, and Los Angeles based LATV. Now being hailed as "the leader" for the new generation of Latino comics, Richard Villa exemplifies dedication to making other people laugh.

Comedian Benny Quash has as many personalities as he has voices, and not one of them is the voice of reason. He makes the joke sound simple but you'll still be thinking about it an hour later. Benny highlights the humor of every day life, along with the humor of lives you never imagined.

Besides a great night of comedy, your admission includes a delicious meal featuring Chicken Cordon Blue, Chicken Kiev, oven baked potatoes, wild rice, herb gravy, vegetable medley, salad, rolls, and cheesecake. Doors open at 6 p.m. with dinner starting at 7 p.m. and the comedy show beginning at 8 p.m. J.R. Rockers is closed for regular business on this night. Admission prices are \$14 per person for club members and \$19 per person for non-members. Tickets are now available at J.R. Rockers (limited seating). For additional information, contact J.R. Rockers at 727-ROCK.

Buck Bowling Every Sunday In January

Rough Rider Lanes is starting off the year with a tremendous way to enjoy affordable fun. Every Sunday in January, you can bowl for only \$1 per game all day long (noon to 8 p.m.). Shoe rental is \$1.50 per person. Call Rough Rider Lanes at 727-4715 for additional details.

Dance The Night Away

Dance, party, and hang out during J.R. Rockers Hip Hop Night on January 29th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Gather up your friends and enjoy a great night out. Call J.R. Rockers at 727-ROCK for details.

Family Bowl-a-Rama

Rough Rider Lanes invites you to bring the whole family to Family Bowl-a-Rama on January 28th from 5-7 p.m. During this affordable, fun family event, you can bowl for 2 hours with up to 6 people on a lane for only \$25. The price includes shoe rental and a pitcher of soda. Call Rough Rider Lanes at 727-4715 for details.

LAN Party & X-Box Gaming

Come play your favorite multi-player games during the LAN Party & X-Box Gaming January 29th, 10 a.m. at the Community Center. Children 16 and under must be accompanied by an adult. For more information, visit www.dakrats.net or call the Community Center at 723-4670.

Veterinary Appointments

Veterinary appointments are available at the Vet Clinic on February 1st, 2nd, 8th, 9th, 15th, 16th, 22nd, and 23rd. To schedule an appointment, call the Veterinary Treatment Facility at 723-6449.

Fun-Filled Winter Carnival At Youth Center On January 28th

The 7th annual Winter Carnival is filled with a variety of fun and exciting activities for children of all ages. This winter extravaganza will be held on Friday, January 28th from 5-7 p.m. at the Youth Center. Children are sure to enjoy the snowshoe racing, blizzard bowling, ice fishing, and other chilly and exciting games. Admission is free and no registration is necessary. Tickets for the games are \$.25 each or 5 for \$1 in advance; games are either one or two tickets. There will be prizes galore, so mark your calendar now to attend this terrific event for children. For more information, call the David C. Jones Youth Center at 723-2838.

Lights & Strikes Family Night

Rough Rider Lanes is hosting Lights & Strikes Family Night on January 29th from 6 p.m. to midnight. Experience music, flashing lights, glow in the dark lanes, pins, and bowling balls. Cost is \$2.50 per game. Don't miss this enjoyable family event. Call Rough Rider Lanes at 727-4715 for more information.

No Regular Lunch On February 3rd At JDC

There will be no regular lunch service available at the Jimmy Doolittle Center on February 3rd as the facility is hosting the National Prayer Luncheon.

Sign Up Now For FSS Event Text Messages

At www.5thforcesupport.com



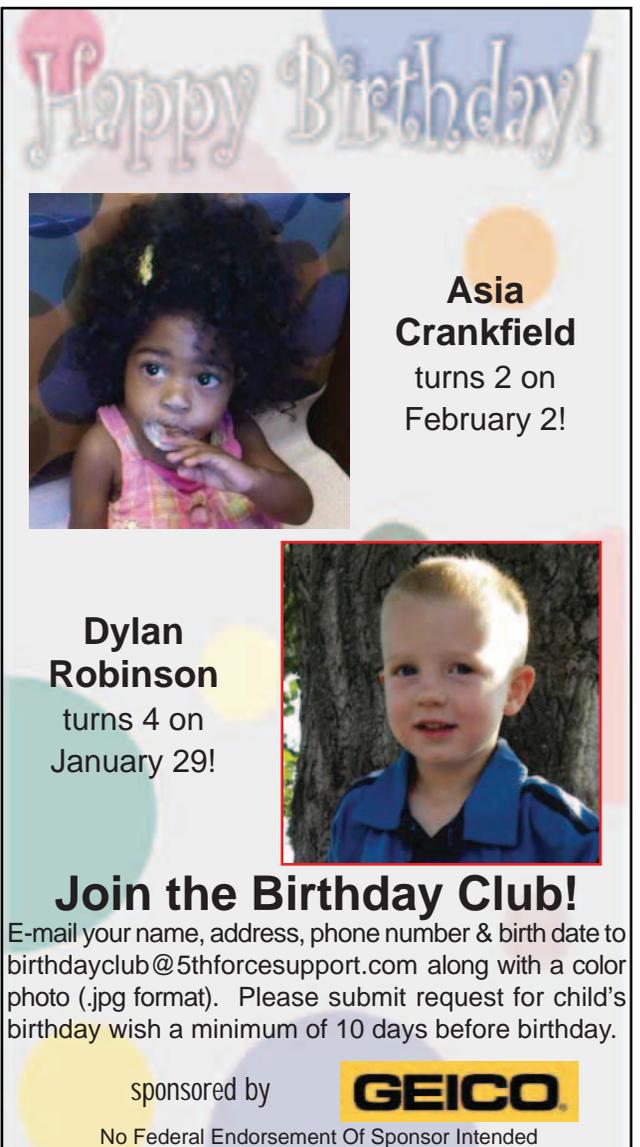
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Prairie Adventures

by Patricia Stockdill

Pay attention. Be involved. Express your opinion.

That's the advice N.D. Game and Fish Department director Terry Steinwand has for people this legislative session.

Sure, the agency tracks legislation, providing data and statistics on bills. But it's up to the state's citizens to play an active role when legislation is of interest to them, he said.

There's still time to introduce bills and cross-over is weeks away, but by late January the Game and Fish Department was monitoring about two dozen bills.

Here's a glance at a few:

*House Bill (HB) 1181 establishes a youth antelope season for hunters 12 and 13 years of age. Steinwand said the agency supports the concept of providing opportunities for young hunters. However, the bill's draft language raises issues by mandating a season and providing licenses for all 12 and 13-year-old applicants. That could eliminate available licenses for the public, he said. Plus it mandates a season even if regular gun season isn't open due to lower antelope populations.

Three bills could provide increased nonresident hunting opportunities, including HB 1237 establishing a \$175 nonresident senior citizen statewide small game and waterfowl license for hunters 55 years of age and older. Based on current numbers of nonresident waterfowl and small game hunters, Steinwand said the bill could cost the agency about \$151,000 in lost revenue. In addition, "where's the counter-proposal for the resident," he asked.

HB 1466 could potentially chip into the amount of public land along Lake Oahe and Lake Sakakawea by allowing the university and school lands commissioner to negotiate with the Army Corps of Engineers introducing federal legislation to return excess land around the two reservoirs to private landowners or adjacent lands. Steinwand said the Game and Fish Department will be as consistent in its testimony on this bill as it was regarding a proposal for the corps to give excess land to Indian tribes along the reservoirs. "We have to make sure the public interest will be intact," he said.

The Game and Fish Department manages about 100,000 acres of corps land as Wildlife Management Areas and the corps manages thousands of acres of habitat along the lakes.

Deer and deer depredation comes to the forefront with winter slapping the state hard for the third consecutive year. Senate Bill (SB) 2227 addresses the issue: In addition to allowing antlerless deer license holders to take deer on private land determined to have severe deer impact, the bill directs the Game and Fish Department to provide all costs for deer-proof hay yards. Presently the agency provides materials and supplies; affected landowners construct the fence.

Examples of other legislation include allowing cross-bows in any open season and remove muzzleloaders from the definition as a firearm.

The Game and Fish Department's Web site, (<http://gf.nd.gov>) updates legislative activity, providing links to track each bill.

Also check the State of North Dakota's Legislative Branch's home page, (www.legis.nd.gov). Scroll down to "2011 Session" on the lower right-hand side, click "Session Quick Links", and scroll to "Bills and Resolutions". People can email their senator or representative directly from the home page or call toll-free (888) 635-6447.

Quote of the Week

"They (the public) need to pay attention. If they think it affects them they need to be involved."

— N.D. Game and Fish Department director Terry Steinwand, discussing hunting, fishing, and natural resource bills.

Spring turkey season set, online applications available

The state Game and Fish Department is offering 6,720 wild turkey licenses for the spring hunting season, an increase of 80 from last year. The increase is a result of better turkey production in spring 2010, mostly in the hunting units bordering the Missouri River.

Six of the 22 hunting units have an increase in the number of spring licenses from 2010, while three have a decrease. Unit 21 (most of Hettinger and Adams counties) will remain closed in 2011 due to lack of turkeys in the unit.

Successful spring turkey applicants must purchase a 2011-12 hunting license, as last year's 2010-11 licenses expire March 31. In addition to the spring turkey license, hunters must have a fishing, hunting and furbearer certificate, and a general game and habitat license. Also, hunters ages 16 and older must possess a small game license, or combination license.

First-time spring turkey hunters ages 15 or younger are eligible to receive one spring license valid for the regular hunting season in a specific unit.

To be eligible, the youth hunter must be 15 or younger on opening day of spring turkey season, and have never received a spring turkey license in North Dakota.

Spring turkey applicants can apply online at the Game and Fish Department website, gf.nd.gov. Applications can also be submitted by calling (800) 406-6409.

Application forms will also be available by Feb. 1 at most license vendors, county auditors and Game and Fish offices. The deadline for applying is Feb. 16. Online or phone applications must be logged before midnight that day.

Spring turkey licenses are available only to North Dakota residents. The spring turkey season opens April 9 and continues through May 15.

North Dakota Earth Day Patch Contest
The state Game and Fish Department's annual Earth

Day awareness campaign is accepting entries for design of a 2011 Earth Day patch. North Dakota students ages 6-18 are eligible to participate. The deadline to submit entries is March 15.

The Game and Fish Department will announce a winner in three age categories – 6-9, 10-13, and 14-18. Each winner will receive a pair of Leupold 8x25 compact binoculars. The final patch design will be chosen from the three winners.

The winning design will be used on a patch given to members of Girl Scouts, Boy Scouts, 4-H clubs and any school participating in Earth Day cleanup projects on state-owned or managed lands in North Dakota in April and May.

The patch should incorporate some aspect of Earth Day – celebrated April 22 – or keeping North Dakota clean. It must be round and three inches in diameter. There is a limit of five colors on the patch, and lettering must be printed. Name, address, age and phone number of the contestant must be clearly printed on the entry form. Only one entry per person is allowed.

Earth Day entry and reporting forms are available on the Game and Fish

Department's website, gf.nd.gov. For more information, contact Pat Lothspeich at (701) 328-6332.

Boat Safety Class Offered at Bismarck Sport Show

The North Dakota Game and Fish Department will conduct a certified Boat North Dakota Safety Course on Saturday, Feb. 19 at the Bismarck Civic Center during the 2011 Bismarck Tribune Sport Show.

The five-hour certified class is scheduled from 10:30 a.m. – 12 p.m., and 1-4:30 p.m. in Prairie Rose room 105, located in the upper level of the exhibition hall. The class is limited to 25 students. The course is free, and all materials are provided. All registered students will receive a free admission to the Sport Show for that day.

State law requires youngsters ages 12-15 who want to operate a boat or personal watercraft with at least a 10 horsepower motor to first pass the state's Boating Basics Course. In addition, major insurance companies give adult boat owners who pass the course a premium discount on boat insurance.

For more information, or to register for the class, contact Pat Lothspeich at (701) 328-6332.

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Memorial Middle School Honor Roll

Second Quarter

8th Grade

Highest Honors

Bowley, Colin; Cleveland, Adanya; Dominguez, Knacks; English, Emily; Hansford, Samantha; Haskell, Autumnne; Henley, Dejah; Hepler, Michaela; Johnson, Jacob; Lennon, Malena; Mikula, Dominique; Morgan, Rylie; Schutt, Adam; Smith, Casey; Spitzer, Jasmine; Stoss, Matthew; Stucki, Macie; Tuggle, Alisabeth and VanTilborg, Scott.

7th Grade

Highest Honors

Ballard, Tarryn; Cartwright, Calista; Ellingsworth, Samantha; Ely, Leah; Hoggan, Brynn; Houston, Ocean; Kruskie, Kendrick; Lara, Gabriela; Lewison, Morgan; Lisner, Megan; McClure, Jazmyne; McDonald, Alyssa; Merwin, Hunter; Moore, Emma; Morgan, Irene; Morgan, James; Muhlberger, Erik; Pierce, Rachel; Presciti, Hannah; Presciti, Hayley; Reid, Briyonna; Revier, Elizabeth; Reybok, Anthony; Richardson, Madelaine; Spitzer, Jewel; Tyner, Kylee; Warsitz, Ashlyn and Warsitz, Erika.

8th Grade High Honors

Battles, Trey; Brands, Austin; Bucholtz, Andrew; Clarke, Channing; Grossman, Zoie; Johnson, Caleb; Johnson, Jaylynn; Keys, Kari; Mills, Kendall; Rhoads, Katelyn; Rodriguez, Samantha; Stevens, Tyler; VanDuser, Sarah; Watson, Dallas;

Whited, Mason and Wright, Kaleth.

7th Grade High Honors
Braun, Cheyanne; Chambers, Jordan; Chronister, Mark; Collado, Khristopher; Evans, Darius; Fiebigler, Alexis; Hoskin, Aja; Manning, Alex; Myles, Alexis; Peterson, Brian; Ranger, Josiah; Rickenbach, Christopher; Ritchie, Sasha; Rubio, Jazmine; Sexton, Cassandra and Spagnola, Niki.

8th Grade Honors

Buckles, Gabrielle; Cremeans, Matthew Scott Jr.; Eddins, Sarah I; Getty, Micah; Kopecky, Lindsay; McCoy, Macey; Rico, Alec; Scoggins, Jacob; Shearer, Reece; Silva, Zachary and Two Hearts, Brooke.

7th Grade Honors

Ardoin, Tyler; Ballard, Rebecca; Bucholtz, Alissa; Burns, Damian; Cleghorn, Aaron; Collins, Leila; Cummings, William; Denny, Mason; Grable, Jada; Herman, Ian; Kim, Jun; Legault, Andrew R; Moreau, Helena; Rosario, Kiara; Wasserman, Blake and Willis, Michael.



Airmen train for ATSO readiness

(U.S. Air Force photos/ Airman 1st Class Aaron- Forrest Wainwright)
Airman 1st Class Coleen Kelly, 5th Maintenance Squadron aircraft structural maintainer, is detained as part of the Ability to Survive and Operate training here Jan. 19. During ATSO training, Airmen learn the basics of detaining enemies, self aid buddy care, different types of explosives, how to respond to a chemical attack and more.



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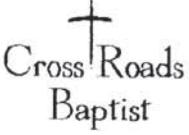
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<p>Bible Fellowship 1720 4th Ave. NW • 838-0916</p> <p>www.minotbiblefellowship.org</p> <p>Sunday School 9:45 a.m. Sunday Worship 10:45 a.m. Sunday Evening Worship 7:00 p.m. Wed. Evening Family Night 7:00 p.m.</p> <p>• Pioneer Club • Youth Club • Women's Bible Study • Adult Bible Study</p> <p>Pastor Duane Deckert </p>	<p>Minot Baptist Church</p> <p><i>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</i></p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p> Harvest Reformed Church</p> <p>We are devoted to faithful preaching of God's Word, Confessionally Reformed Biblical worship.</p> <p>Now meeting in room 204 Minot Municipal Auditorium</p> <p>Morning Service 10:30 a.m.</p> <p>838-0605 www.harvestreformedchurch.org</p>	<p>Congregational United Church of Christ 430 N. Broadway 839-1064</p> <p>Sunday School 11:00 a.m. Sunday Worship 11:00 a.m. Tuesday Lunch Bible Study 12 Noon Wednesday Youth Classes 6:30-8:30 p.m.</p> <p>Rev. Frank Picard</p>	<p>Welcome to the Minot Church of Christ 1315 1st St. NE</p> <p>Sunday: Bible Classes 9:30 a.m. Worship 5:00 p.m.</p> <p>Wednesday: Bible Classes 7:00 p.m.</p> <p><i>"Restoring 1st Century Christianity in the 21st Century"</i></p>
<p>First Presbyterian Church 1000 3rd St. NE (Next to Trinity Nursing Home) 852-0315</p> <p>Sunday Contemporary Worship 8:30 a.m. Sunday School 9:30 a.m. Sunday Traditional Worship 11:00 a.m. Monday Youth Worship 7:00 p.m. Wednesday Community Supper 5:00-6:30 p.m. Wednesday Contemporary Worship 6:30 p.m. Sunday Transportation & Nursery Available</p> <p>www.minotpc.org Visitors Welcome</p>	<p>Apostolic Faith Church, UPCI 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Sunday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>Minot First Church of The Nazarene 2500 West Central Avenue 701-838-8704</p> <p><i>Come Experience a Warm Family Feeling</i></p> <p>Coffee & Conversation 9:00-9:30 a.m. Sunday School 9:30 a.m. Morning Worship 10:45 a.m. Evening Service 6:00 p.m. Midweek Service (Wed.) 7:00 p.m.</p> <p>Senior Pastor Francis Warren</p>	<p> First Lutheran Church - ELCA 120 - 5th Ave. NW 852-4853</p> <p>Wednesday Supper 5:00 pm WOW (Worship on Wednesday) 5:45 pm Wednesday School & Confirmation .. 6:20 pm Saturday Worship 5:30 pm Sunday Worship 8:45 & 10:45 am Sunday School & Adult Forum 9:45 am.</p> <p>Radio Broadcast KRRZ 1390 AM - 8:45 a.m. Pastor Ken Nelson, Pastors Michael & Kari Pancoast www.firstlutheranchurchminot.com</p>	<p> St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship 8:30 a.m. & 11 a.m. Sunday School & Bible Class 9:45 a.m.</p> <p>Holy Communion is served at 8:30 a.m. service on the 1st & 3rd Sunday and at 11 a.m. service on the 2nd and 4th Sunday</p> <p>2209 4th Ave. NW • 839-4663 Carlyle Roth, Pastor</p>
<p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Wednesday Worship 7:00 p.m. Sunday Worship 8:15 a.m. & 10:45 a.m. Fellowship 9:15 a.m. Adult Forum 9:30 a.m. Sunday School 9:30 a.m.</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p> North Hill Baptist Church SBC 524 21st Ave. NW • 839-7283</p> <p>Bible Reaching & Teaching 9:30 a.m. Morning Worship 11:00 a.m. Bible Study 5:30 p.m.</p> <p>Pastor Dan Andrus</p>	<p>St. John the Apostle Catholic Church 2600 West Central Ave. Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7:00 p.m. Wednesday - Friday 9:00 a.m. Saturday 5:00 p.m. Sunday 8:00 and 10:30 a.m.</p> <p><i>Fr. Dave Zimmer, Pastor</i> Parish website: www.stjohnminot.com</p>	<p>All Saints' Episcopal Church (Anglican) 301 S. Main St. • 839-1037</p> <p>Sunday Worship 10:00 a.m. Wednesday Worship 5:15 p.m.</p> <p>www.allsaintsminot.org</p>	<p>Our Redeemer's Church <i>A Church with a Christian School</i> 700 16th Ave SE</p> <p>Sundays Worship Services 8:30 a.m. & 10:45 a.m. Radio Broadcast KHRT 1320 AM 11 a.m. Children's programs 9:45 a.m. Youth & Adult Bible Classes 10 a.m. Interpreter services for the deaf 10:45 a.m.</p> <p>Wednesdays Supper 5:40 p.m. Bible Classes for all ages 6:30 p.m.</p> <p>Lead Pastor, Rod Spidahl, PhD 838-0750 • www.ourredeemers.org</p>
<p>Augustana Lutheran Church 321 University Ave W • Minot (Across from MSU) ELCA • 839-9563</p> <p>Sunday Worship 8:00 & 10:30 a.m. Sunday School, Confirmation, Adult Forum & Choir Rehearsal 9:00 a.m.</p> <p>Pastor Michon Weingarther Home of Campus Pastor Kerri Williamson</p>	<p> Faith United Methodist Church 801 University Ave. W • 838-1540</p> <p>Worship: 10:45 a.m. <i>Nursery Available</i></p> <p>Soup Kitchen: 11 a.m. - 12:30 p.m. Mon. Food & Clothing Pantry: Mon. 9:30 a.m. - 1 p.m. & Wed. 2 - 4 p.m.</p> <p>Rev. Debra Ball-Kilbourne</p>	<p> Cross Roads Baptist</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11:00 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) .. 6:30 p.m.</p> <p>www.angellnet.net/crossroads email: crbc@srt.com 415 28th Ave SE (Behind Menards) 838-1873 Dr. Ben Pierce, Pastor</p>	<p> West Minot Church of God "A Family Worship Center" 1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church 10:30 a.m. Wednesday Family Training Hour 6:30 p.m. Wednesday Kids on the Rock 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care & Pre-School Center 852-6352</p>	<p> Bethel Free Lutheran AFLC <i>"Building Followers of Jesus Christ"</i></p> <p>Sunday School 9:00 a.m. Worship Service 10:30 a.m. Wednesday Supper 6:15 p.m. Adult/Youth Bible Study Kids Club 7:00 p.m.</p> <p>Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com</p>
<p> River of Life Church</p> <p>400 22nd Ave NW • Minot</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Sunday Evening Service 6:00 p.m. Wednesday Service 7:00 p.m.</p> <p>Joe VanEst, Pastor • 858-7777</p>	<p> First Baptist Church 220-3rd St. S.W. 852-4533 www.firstbaptist-minot.org</p> <p>Summer Worship Schedule: Classic Worship 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service 11:05 a.m. Wed. AWANA Clubs (Sept. - May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Gordon Kroeker, Discipleship & Community Life Pastor Paul Pankratz, Student Ministries Pastor Josh Huesby, Worship</p>	<p> Gospel Tabernacle Community Church</p> <p>County Road 19, 4 miles south of MAFB Eld. James W. Henderson, Pastor Church: 701-838-4492 Home: 838-5759 Dial-A-Prayer: 727-6447 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Family Hour/ Leadership Training 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/ Children Worship (Wed.) 7:00 p.m. Prayer (Friday) 7:00 p.m.</p>	<p>BEREAN BAPTIST CHURCH Independent KJV</p> <p>Sunday School 9:45 a.m. Worship 11:00 a.m. Sunday Evening 6:00 p.m. Wednesday Evening 7:00 p.m.</p> <p>Pastor Joe Minnerup www.bereanbaptistminot.com 601 1st Ave SE • Minot 833-9811</p>	<p>First Assembly of God 1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10:00 a.m. Morning Worship 11:00 a.m. Evening Worship 6:30 p.m. Wednesday Family Night 7:00 p.m.</p>
<p> Trinity Church <i>An Evangelical Free Church</i> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>September - May</p> <p>Sunday School 9 a.m. Worship 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	<p> Immanuel Baptist Church 1615 2nd St. SE • Minot • 839-3694</p> <p>Sunday School 9:15 a.m. Sunday Worship 10:30 a.m.</p> <p>Wednesdays Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:45 p.m. Classes for all ages 6:30 p.m. Adult Choir Rehearsal 8:10 p.m.</p> <p>Pastor Allen Lively Sarah Dvirnak, Youth Director</p>	<p> Zion Lutheran ELCA 1800 Hiawatha St. • 852-1872</p> <p>Saturday Worship 5:00 p.m. Sunday Worship 8:30 a.m. & 11:00 a.m.</p> <p>John Streccius, Pastor Nathan Mugaas, Pastor</p>	<p> Vincent United Methodist Church 1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Service 5:00 p.m. Sunday Worship 8:30 a.m. & 11 a.m. Sunday School 9:30 a.m. Coffee Fellowship 10:30 a.m.</p> <p>Gary L. Ball-Kilbourne www.vincentumc.com</p>	

crossword puzzle

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ACROSS

1. "___ mial"
6. Lamebrain
10. Marquis de ___
14. Computer of the '40s
15. Ark set
16. Thunder sound
17. South Pacific dance?
19. Chophouse request
20. Iroquois Confederacy member
21. Word before fiction or fair
23. College web address suffix
25. Merkel of moviedom
26. European sitcom bus driver?
34. "Winner" in a 1948 headline
35. Paddy wagon sounder
36. "Rope-a-dope" boxer
37. Gung-ho
38. ___ excursion module
39. Touched down
40. Diarist Anaïs
41. Witchcraft trials town
42. Five-alarmer, e.g.
43. African symbols of royalty?
46. Memorable Burns role
47. ___ Tafari (Haile Selassie)
48. Performs sans rehearsal
52. "The Carpetbaggers" producer Joseph E.
57. Carrying no guarantees
58. Asian quiz-show regulars?
61. Gambling haven
62. Lou Grant's paper
63. Christmas tree topper
64. Hammer end
65. Change for a fin
66. Orbital periods

DOWN

1. "Take ___ your leader"
2. Bartlett's abbr.
3. Greedy one's exclamation
4. Christmas trio
5. Plebe's place
6. Masseur's milieu
7. Fleming or Paisley

National Shakeups

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
17					18				19				
20						21		22					
			23		24			25					
	26	27	28			29	30			31	32	33	
34					35					36			
37					38					39			
40				41					42				
43			44					45					
			46			47							
48	49	50			51			52		53	54	55	56
57					58	59	60						
61					62				63				
64					65				66				

- | | |
|--------------------------------------|------------------------------|
| 8. Russian-built fighters | 31. ___ Lama |
| 9. Acquirer, as of free passes | 32. "My Fair Lady" lady |
| 10. Sound from a Beatles concertgoer | 33. TV's Nick at ___ |
| 11. Greenspan, formerly of the Fed | 34. Comical Carvey |
| 12. Jeanne ___ (French saint) | 38. Attacked |
| 13. Fencer's blade | 39. The whole schmeer |
| 18. Bit of vocal fanfare | 41. Sellout shows, for short |
| 22. ___ uproar | 42. Wage, excluding overtime |
| 24. Address of film | 44. Incites |
| 26. "The ___ made me do it!" | 45. Brazen boldness |
| 27. "Dallas" family name | 48. Get bent out of shape |
| 28. Buntline or Rorem | 49. "Understood!" |
| 29. '40s-'50s slugger Ralph | 50. Half a golf course |
| 30. Seinfeld's neighbor | 51. Gull relative |
| | 53. Wind indicator |
| | 54. Swenson of "Benson" |
| | 55. ___-do-well |
| | 56. Conduit bends |
| | 59. Missile for Moe |
| | 60. Tummy muscles |

B	A	S	E	D		S	P	A	T		H	I	P	S
A	S	T	R	O		O	A	R	S		O	V	A	L
S	T	A	G	G	E	R	L	E	E		L	I	R	A
S	I	R		G	A	T	E	S		I	D	E	S	T
O	N	E	F	O	R		T	O	P	S	I	D	E	S
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I	R	I	S	E		P	E	S	T		G	L	E	E
R	U	S	H	D	I	E		T	A	S	S	E	L	S
S	E	M	I		C	E	D	E		T	W	I	L	L
			N	Y	E		O	P	E	R	A			
H	A	N	G	E	R	O	N		T	A	Y	L	O	R
I	N	E	R	T		N	A	A	C	P		A	V	A
M	O	V	E		P	I	T	C	H	P	I	P	E	S
O	D	I	E		H	O	O	T		E	V	E	R	T
M	E	L	L		I	N	R	E		D	E	L	T	A

Solution to puzzle from January 21.

Little Fockers

Friday, January 28, at 7 p.m.

(Robert DeNiro, Jessica Alba)

The test of wills between Jack Byrnes and Greg escalates to new heights. It has taken 10 years, two little Fockers with wife Pam and countless hurdles for Greg to finally get "in" with his tightly wound father-in-law, Jack. When Greg and Pam's entire clan - including Pam's lovelorn ex, Kevin - descends for the twins' birthday party, Greg must prove to the skeptical Jack that he's fully capable as the man of the house. But with all the misunderstandings, spying and covert missions, will Greg pass Jack's final test and become the family's next patriarch or will the circle of trust be broken for good?

Rated PG-13 (mature sexual humor throughout, language and some drug content)
98 min

Yogi Bear

Saturday, January 29, at 7 p.m.

(Dan Aykroyd, Justin Timberlake)

Jellystone Park has been losing business, so greedy Mayor Brown decides to shut it down and sell the land. That means families will no longer be able to experience the natural beauty of the outdoors, even worse, Yogi and Boo Boo will be tossed out of their only home. Faced with his biggest challenge, Yogi must prove that he is "smarter than the average bear" as he and Boo Boo join forces with their Ranger Smith to find a way to save Jellystone Park from closing forever.

PG for Some mild rude humor
83 min

sudoku

	1				2			3
			4					2
	5			6	3	1	7	
		3	2			7		
8								1
		7			9	5		
	6	2	3	1				4
9					8			
7			9					6

Solution to puzzle on page 22.

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SECTION 2

Northern Sentry • Friday, Jan. 28, 2011 • www.northernentry.com



Firefighters perform monthly drills

(U.S. Air Force photo/Airman 1st Class Aaron-Forrest Wainwright)

Firefighters from the 5th Civil Engineer Squadron practice rescue procedures on Airman Daniel Farmer, 5th Operation Support Squadron aircrew flight equipment technician, while responding to a simulated fire during a monthly structural drill here Jan. 24. Firefighters participate in the monthly drills to maintain excellence in their skills.

Obama cites military successes in State of Union address

by Karen Parrish

American Forces Press Service

WASHINGTON (AFNS) - In a State of the Union address here marked by a call for renewed American innovation and cooperation, President Barack Obama pointed to the nation's military as an example to follow.

"Look to Iraq, where nearly 100,000 of our brave men and women have left with their heads held high; American combat patrols have ended; violence is down; and a new government has been formed," the commander in chief said.

In Afghanistan, U.S. troops have taken Taliban strongholds and trained Afghan Security Forces, and will continue to deny al Qaeda the safe-haven that served as a launching

pad for 9/11, he said.

"Thanks to our heroic troops and civilians, fewer Afghans are under the control of the insurgency," President Obama said. "There will be tough fighting ahead, and the Afghan government will need to deliver better governance."

But U.S. and coalition efforts are strengthening Afghan capacity and building an enduring partnership with the Afghan people, he said.

"This year, we will work with nearly 50 countries to begin a transition to an Afghan lead. And this July, we will begin to bring our troops home," the president said.

The nation has sent a message to all parts of the globe, President Obama said: "We will not relent, we will not waver, and we will defeat you."

President Obama credited American leadership, especially in the New Strategic Arms Limitation Treaty, for curbing the global nuclear threat.

Thanks to the treaty, he said, far fewer nuclear weapons and launchers will be deployed.

"Because we rallied the world, nuclear materials are being locked down on every continent so they never fall into the hands of terrorists," he said.

America leads the world in the quest for freedom and security, the president said, and the nation must always remember "that the Americans who have borne the greatest burden in this struggle are the men and women who serve our country."

The nation can repay that service, he said, "by giving them the equipment they need; by providing them

with the care and benefits that they have earned; and by enlisting our veterans in the great task of building our own nation."

American troops represent every creed, color, culture and geographical region in the nation, President Obama said.

And, he added, some are gay, and may now serve openly for the first time since the "don't ask, don't tell" law was overturned late last year.

"Starting this year, no American will be forbidden from serving the country they love because of who they love," he said. "And with that change, I call on all our college campuses to open their doors to our military recruiters and ROTC. It is time to leave behind the divisive battles of the past. It is time to move forward as one nation."

WEEKLY RECIPE



Catfish BLTs

BLTs with a twist! Crispy nuggets of sweet catfish and a lemon mayo are added to this all-time classic and served as a sub sandwich.

- 4 Catfish fillets
- 1 teaspoon salt
- ½ teaspoon pepper
- ¼ cup canola oil
- ¼ cup mayonnaise
- 4 teaspoons fresh lemon juice
- 4 sub rolls, cut in half
- 8 Boston or Bibb lettuce leaves
- 8 slices Roma tomato
- 8 bacon strips, cooked

1. Season catfish fillets on both sides with salt and pepper.
2. In large skillet over medium heat, heat oil.
3. Cook catfish for 3 minutes on each side or until golden brown and fish flakes easily with a fork.
4. Meanwhile, combine mayonnaise and lemon juice; spread on sub rolls.
5. Top with catfish, lettuce, tomato and bacon.

Servings: 4

walk for a Change

By Jamie Helbling
Northern Sentry

The entire community is invited to come and walk for a change at the annual Love Without Fear walk-a-thon, which will take place on Feb. 5 from 9 a.m. to 2 p.m. at the Minot State University Dome. Proceeds from this event will benefit the Domestic Violence Crisis Center of Minot.

Since the event takes place indoors, a change in the weather should not prohibit anyone from participating. Walkers can get out of their home and enjoy some social time with friends and family under the protection of the dome. Protection and safety are what we all want, from the buildings we shelter in and from the people we are closest to; something domestic violence robs from those it affects.

Officials say the number of domestic violence incidents reported in North Dakota continues to rise each year. The DVCC provides comprehensive services to victims of domestic violence and sexual assault in Ward, McHenry, Pierce and Renville counties, including Minot Air Force Base. Last year 1,986 cases were services. The program in Minot also housed around 250 women and children in

emergency shelters.

Not only is this event a great fundraiser for the DVCC and a great way to get people out during the winter for a bit of physical exercise, it can even change the way people view domestic violence. As awareness increases, hopefully the number of domestic violence cases will decrease.

Each year a variety of people participate in the walk-a-thon, including area businesses. Teams are formed for some friendly competition, while many individual walkers and families come to show their support. "Although many of the participants form teams with a minimum sponsorship of \$100, anyone can participate and show up to walk on the day of the event without having to pay the team entry fee," said Cindy Whitesell, Airmen and Family Readiness Center chief and coordinator for Minot AFB walking teams. "We don't turn anyone away. All ages are welcome and parents of non-walkers can push them along in strollers.

"If someone from the base

would like to be part of a team, they can join the Airmen and Family Readiness Center's team," said Ms. Whitesell. "Our participation from the base has been good, but I'd love to see even more become involved with this excellent event." Ms. Whitesell also said that people don't have to walk for the entire time.

"Anyone can come between 9 a.m. and 2 p.m. and walk for as short or as long as they want," she said. "Besides the walk, there are a lot of other things going on at the event to entertain participants. In addition to the storyboards and information booths, there will be music, refreshments and hourly door prizes throughout the day plus activities for the kids."

To join AFRC's team or sign up with your own team, contact AFRC at 723-3950 or sign up at the event.

The DVCC needs this support to continue its services to the community; so now is the time to walk for a change. For more information about the DVCC, contact Kari at 852-2258.

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Officials extend window for cross-flow applications

RANDOLPH AIR FORCE BASE, Texas (AFNS) - Air Force officials are extending the application period for nonrated line officers in overmanned Air Force specialties to voluntarily apply for cross flow into undermanned career fields until Feb. 4, as part of a newly formalized program announced in January.

Air Force leaders announced the implementation

of a competitive officer cross-flow program as an enduring measure for managing the force by balancing officer skills across the active-duty component.

Eligible officers include those in the 17D, 21A, 21M, 31P, 38F, 61A/B/C and 65F specialties in select year groups between 2002 and 2007, as well as 38F force-support officers in the 2000

and 2001 year groups. Officers can compete to cross flow into the 13D/L, 14N, 35P, 62E and 63A career fields.

Officers can identify up to three Air Force specialties for consideration in their application packages.

Air Force Personnel Center officials here said that all of the gaining specialties remain available for officers to apply.

A panel of five officers in the grade of O-6 will convene Feb. 14 at Randolph Air Force Base to select officers to cross-train into the targeted career fields. Force management officials at the air staff said an involuntary selection process may be implemented if a sufficient number of officers in the targeted specialties are not selected to meet the program's goal.

For more information about cross-flow opportunities and program criteria, visit the Air Force personnel services website at <http://gum.afpc.randolph.af.mil>, or call the Total Force Service Center at 800-525-0102.

(Courtesy of Air Force Personnel, Services and Manpower Public Affairs)

BASECHAPELHAPPENINGS

Catholic

- Join CYO for 6-8 grades & 9-12 grades. Contact Colleen Moore at 723-6442.
- For your convenience, daily mass has changed to 9 a.m. Monday – Thursday.
- Weekend Mass: Sunday 9:30
- We are always looking for ways to reach out to the community. Come see how we can benefit from one another.

Protestant

- Sunday services are as follows: Traditional Service 1000 North Plains Chapel; Gospel Service 1130 Northern Lights Chapel; Contemporary Service 1400 North Plains Chapel. Children's Church offered at all services.
- Feed Your Faith night every Wednesday North Plains Chapel. 1730 Dinner, 1800-1930 Classes in Foundations of Faith, Relationship, Discipleship/Growth and Bible Study. Care for children under 3, classes for 3-9 and Youth Group for grades 7-12. All materials, food and classes are Free.
- AWANA club Sunday from 1600 to 1800 at the Youth Center for ages 3 to high school senior September to May only.
- Mothers of Preschoolers, conception to Kindergarten (MOPS), meet the second and fourth Thursday of the month at the North Plains Chapel from 9:15 to 11:30 September to May.
- You do not need to attend a Protestant Chapel worship service to participate in the programs listed above - we would love to see you all there! Chapel Staff, 723-2456.

Minot Public Schools' Kindergarten Registration

For the 2011-2012 School Term
Register at your neighborhood school.
Beginning February 7th, 8:00 a.m. to 4:00 p.m.
Children must be 5 years old by August 1, 2011.
Please contact your neighborhood school for further information or call **857-4456**.

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Swimming Lesson Open Enrollment

Swimming lesson open enrollment will be held at the indoor pool on Monday, January 31st at 5:30 p.m. The swimming lesson session runs from January 31st to February 11th. Cost of the lessons are \$30 per person. Participants must be 5 years of age or older. Call Outdoor Rec at 723-3648 for more information.

Art Auction

Good Friends, Great Food, and Fabulous Art! The Minot Officers' Spouses' Club invites everyone to attend our biggest fundraiser of the year...an incredible Art Auction brought to you by State of the Art. Saturday, February 5, 2011 at The Vegas. Preview at 6:00, Auction at 7:00. Call Julia Coleman at 310-871-2470 or visit minotosc.com for further information.

9 Pin No Tap Tournament

Rough Rider Lanes will host a 9 Pin No Tap Tournament on February 5th at 6 p.m. Nine pins down count as a strike. Cost is \$25 per person; must be 18 years or older to bowl in this event. Requires at least 20 bowlers to conduct this tournament. For details, call Rough Rider Lanes at 727-4715.

Open Mic Night

Calling all poets, R & B, country, jazz, gospel, rock, and hip-hop artists. Come show off your talent during Minot AFB's "Open Mic Night" on February 5th at J.R. Rockers. The fun starts at 7 p.m. and runs until 11 p.m.; open to club members and non-members. For more information and to sign-up to perform, contact SSgt Brian Wyche at 723-1421.

Super Bowl Party

Make plans now to gather your friends and head to J.R. Rockers on Sunday, February 6th for their annual Super Bowl Party. Doors open at 3 p.m. on Super Bowl Sunday with the buffet starting at 4 p.m. (while it lasts). Plus, J.R. Rockers is offering a \$4.95 pitcher special and 35 cent wings. Fans who registered for the Gynormous TV Giveaway will find out at half time if they are the lucky winner of the 55" HD-LCD television. The Super Bowl Party is free for club members and \$5 for non-members. For more information, call J.R. Rockers at 727-ROCK.

Resume Writing & Interview Skills Workshop

Get the tools to write a resume and brush up on your interviewing skills during the Resume Writing and Interview Skills Workshop on February 7th from 5-6:30 p.m. at the Airman and Family Readiness Center. This fact filled 90 minute seminar has great information to assist you in writing your resume to get the interview you want. Additionally, you'll learn interviewing skills to make that impression which will help you get the job. Call 723-3950 to pre-register.

Texas Hold'em Tournament

Do you know when to hold'em and when to fold'em? J.R. Rockers invites you to the Texas Hold'em tournament scheduled for Friday, February 11th. \$20 for club members and \$25 for non-members; sign in by 7 p.m. with play beginning at 7 p.m. Call 727-ROCK to register.

Valentine Sale

Visit the Arts & Crafts Center on February 11th to find great gift ideas for your special significant other during their Valentine Sale. Heart scrapbook-

ing items and stamps will be 25% off. For more information, contact the Arts & Crafts Center at 723-3640.

Robots Are Out of This World

Children of all ages won't want to miss the "Robots Are Out of This World" program at the Base Library on Saturday, February 12th at 1 p.m. Kids will explore outer space, the planets, and robots such as the Mars rover. The EOD bomb robot is tentatively set to make an appearance. For more information, call the Base Library at 723-3344.

Arts & Crafts Center Retail Store Open Saturday, February 12th

The retail store at the Arts & Crafts Center will be open on Saturday, February 12th from 10 a.m. to 2 p.m. Browse through their wide selection of craft supplies or check out the many unique gift ideas they offer. The center is holding a Beginning Knitting Class from 10:30 a.m. to noon. Persons interested in participating in the class should sign up prior to the class. Cost is \$5 which includes instruction (2 classes) but materials are extra. Be sure to ask about the wide variety of other classes they offer including scrapbooking, framing, counted cross stitch, crocheting, and more. For more information, call 723-3640.

Home Based Business Workshop

The Airman & Family Readiness Center will host a Small Business Administration (SBA) – Home Based Business Workshop on February 14th from 10 a.m. to noon. This free workshop provides an introduction into the steps needed to set up a home-based business in an efficient and effective manner. Participants will learn how to avoid common mistakes and pitfalls that affect many home-based entrepreneurs. Among the key issues to be covered are: evaluating the business opportunity, advantages vs. disadvantages of having a home business, finding the right "space" in your home, and marketing options. The workshop is open, free of charge, to all active duty members, spouses, family members, DoD and NAF civilians, and retirees and their families. To pre-register, contact the Airman & Family Readiness Center at 723-3950.

Small Business Workshop

The Airman & Family Readiness Center will host a Small Business Administration (SBA) – Small Business Workshop on February 14th from 1 p.m. to 4 p.m. Studies show the mortality rate among new businesses is very high. The purpose of this workshop is to help prospective business owners identify and minimize the risks associated with opening a new business. Among the key issues to be covered are: evaluating the business opportunity, creating a unique business identity, regulations and the business plan, and finding the money. The workshop is open, free of charge, to all active duty members, spouses, family members, DoD and NAF civilians, and retirees and their families. To pre-register, contact the Airman & Family Readiness Center at 723-3950.

Valentine's Day Touch of Class

If you're searching for an elegant evening complete with a gourmet meal, then don't miss the special Valentine's Day "Touch of Class" at the Doolittle Center on February 14th. This is a candlelight dinner you and your loved one are sure to enjoy. You'll savor the delicious menu featuring Chateaubriand and Lobster Ragu served on top of Pappardelle pasta. Beverages will include gourmet coffee and wine service. This fabulous all-ranks dinner will be served from 6-9 p.m. Cost is \$30 for

club members and \$35 for non-members. Reservations must be made by February 11th by calling the Doolittle Center at 723-3731. Ladies receive a free rose.

Applications Being Accepted for BGCA Youth of the Year

The Youth Center is accepting applications for this year's BGCA Youth of the Year competition now through February 25th. Program is open to teens between the ages of 14 and 18 years of age, Youth Center member, and active in youth programs clubs. Several certificates, awards, and potential scholarships are available to the state winner. The initial competition will be held at Minot Air Force Base. This is a progressive program where the Minot AFB winner has the potential to advance to state, regional, and national competition. Application packets are available at the Youth Center or visit www.BGCA.com. For additional details, call the Youth Center at 723-2838.

Scholarship Opportunity

Graduating seniors from Minot area high schools and spouses who are dependents of active duty, retired or deceased military members of any rank or service branch are eligible to apply for scholarships from the Minot Officers' Spouses' Club (MOSC). Please see the application packet for eligibility details. The number of Scholarships and the amount awarded may vary according to available funds. The scholarship selection panel, made up of five independent judges, will use a blind system to determine winners based on a variety of factors. These are merit-based awards and will use both academic records and community involvement. For specifics regarding evaluation elements please refer to the application packet. Applications are available from High School counselors, JR Rockers, Jimmy Doolittle Center, or from the Scholarship Chair of the MOSC. Application requests may be made in person or can be filled by writing to the MOSC, Scholarship Chair, c/o The Jimmy Doolittle Center, 18 Summit Drive, Minot AFB, ND 58704. All applications and accompanying materials must be postmarked or hand delivered no later than February 28, 2011 to the address listed above. You will receive a card acknowledging receipt of your application materials. Scholarship recipients will be notified by the end of March and will be honored at an MOSC social in April. The scholarship money is the result of yearlong fund-raising efforts by MOSC members and the Charitable Committee including our base Thrift Shop and Charitable Art Auction to be held in February.

Attention All Enlisted Spouses

The Enlisted Spouses Club is in great need of new volunteer chairpersons for the Airman's Attic. The Attic is a valued resource for AF families so this is a position that requires commitment. We would love to have several people share the work, so talk to a friend! If this sounds like something of interest to you or for more information call 723-1818 or email mafb.airmanattic@yahoo.com.

ATTN: Housing Residents

Montana Dakota Utilities reminds housing residents to remove snow and ice accumulation from around the natural gas regulators at their homes. Snow and ice packed natural gas regulators impede proper venting of the regulator and result in regulator failure. If the natural gas regulator quits functioning, the furnace will shut down and the home will not have heat. For more information, contact Montana Dakota Utilities at 857-6810 or the Housing Office at 723-6440.

Snow Removal

Don't want to shovel your driveway this winter? Base residents can call the Snow Removal Hotline at 723-6134 and leave their name, address, and phone number. An Auto Hobby employee will return your call with a time they can clear your driveway. Cost is \$20 per driveway or \$10 per driveway for spouses of deployed members (copy of orders needed). Fee is per individual housing unit. For details, contact Auto Hobby at 723-2127.

Meals on Wheels

Meals on Wheels is a program that delivers food to the elderly. The time slots available are from 11 a.m. to 12:30 p.m on Mondays and Fridays. Volunteers will have an opportunity to drive downtown to the Senior Center downtown to receive the routes and food for delivery. For more information or if interested in volunteering, contact Senior Airman Jessica Ayure at 723-3109.

Medical Right Start Briefing

The Medical Right Start briefing takes place every 1st and 3rd Wednesday of each month from 12:45 p.m. to 4:00 pm located at the Large Education and Training Classroom of the 3RD floor at the medical group building. The MRS briefing offers a plethora of important information from TRICARE enrollment to hours of operation. It's a one-stop shop for the medical portion during in-processing. The MRS briefing is not tailored just to Active Duty members, but is informational to spouses as well. The 5th Medical Group encourages military members to bring spouses to their MRS briefing. For more information contact Staff Sgt. Aharon Hoke at 723-5001.

Today

- **Anime Club**, 1630, Library
- **Family Bowl-a-Rama**, 1700-1900, Rough Rider Lanes
- **Winter Carnival**, 1700-1900, Youth Center
- **Lights & Strikes**, 2200-2400, Rough Rider Lanes

Lanes

- **Last Day to register for Prairie Knights Casino Trip**, Outdoor Recreation

Saturday

- **LAN Party & X-Box Gaming**, 1000, Community Center
- **Lights & Strikes Family Night**, 1800-2400, Rough Rider Lanes
- **Lights & Strikes**, 2200-2400, Rough Rider Lanes
- **Hip Hop Nite**, 2300-0400, J.R. Rockers

Sunday

- **All-Ranks Champagne Brunch**, 1030, JDC Lanes
- **Rent a Lane Special**, 1200, Rough Rider Lanes
- **Buck Bowling**, 1200-2000, Rough Rider Lanes

Monday

- **New Parent's Playgroup**, 1000-1130, Youth Center
- **Swimming Lessons Open Enrollment**, Jan 31-Feb 11, 1730, Indoor Pool
- **Traditional Service**, 1000 North Plains Chapel
- **Gospel Service**, 1130 Northern Lights Chapel
- **Contemporary Service**, 1400 North Plains Chapel

Tuesday

- **Lunch Time Bowling**, 1030-1330, Rough Rider Lanes

- **Family Night**, 1700-2100, J.R. Rockers
- **Veterinary Appointments Available**, Call 723-6449

Wednesday

- **Baked Potato Bar & \$1 Drafts for Members**, 1600, J.R. Rockers
- **2-4-1 Burger Night for Members**, 1700-2100, J.R. Rockers
- **Veterinary Appointments Available**, Call 723-6449
- **Feed Your Faith Night**, 1730-1930 North Plains Chapel

Thursday

- **No Regular Lunch at the JDC due to National Prayer Luncheon**
- **Zumba**, 1800, Fitness Center
- **Recipe Swappers Club**, 1830, Library

February 4

- **Beginning Scrapbooking**, 1030-1200, Arts & Crafts
- **Family Fun Night**, 1800-2000, Youth Center
- **Lights & Strikes**, 2200-2400, Rough Rider Lanes

February 5

- **Give Parents a Break**, 1300-1700, CDC/SAP
- **9 Pin No Tap Tournament**, 1800-2200, Rough Rider Lanes
- **Open Mic Night**, 1900-2300, J.R. Rockers
- **Lights & Strikes**, 2200-2400, Rough Rider Lanes

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<p>\$119,900</p> <p><small>CUTE AS A BUTTON – This home has 2 bedrooms on main level, one offers lots of storage w/2 closets, the other has a sliding glass door to a large deck. Newer kitchen cabinets & breakfast bar, lower level master suite w/egress window, nursery & ¾ bath. Detached garage.</small></p> <p>MLS #20110053</p>	<p>\$134,000</p> <p><small>START HERE! 2 bedroom home in NW area. Refinished hardwood floors in living room and master bedroom, eat-in kitchen with laminate floor, new windows in 2005, new siding and roof in 2000. Attached garage.</small></p> <p>MLS #20101686</p>	<p>\$94,900</p> <p><small>CLOSE TO MAFB. 2+ bedrooms, 2 new baths in this home on large corner lot in Deering. Large kitchen, hardwood floors, master suite w/bath, semi-finished attic for 3rd bedroom.</small></p> <p>MLS #20101685</p>
<p>Emily Tescher-Johnston 721-3675 emndoug@srt.com</p>	<p>ZOOM IN</p> <p>minothomes.com</p>	<p>Gary Kramlich 721-0526 kramlich@minot.com</p>

Lewis & Clark Elementary School Fun Night

Lewis & Clark Elementary School Family Fun Night on Friday, January 28th from 5 - 8 pm. Sponsored by the PTA and Boy Scouts, The event will feature carnival games with prizes, BINGO, Prize Bottles, Food (pizza, homemade bars). Low cost family fun.

Love Without Fear Walk-a-thon

The annual Love Without Fear Walk-a-thon will be on February 5, at the MSU Dome from 10 a.m. to 2 p.m. Get a team together and come on out for this community event. There will be door prizes, music and children's activities. For more information, please call Kari at 852-2258.

Soup It Up Fundraiser

The event will be held on Saturday, February 5th from 11am to 1pm. The first 100 people will take home a hand crafted ceramic bowl created by the MSU Ceramics Department. Master Chefs from 10 North Main, Primo's, Badlands Grill House and Saloon, Big Time Bistro, and Michaels are contributing their time and soup for this heartwarming event. Artisan breads are being provided by Mar-

ketplace Foods and desserts by volunteers. Tickets are \$10 for members and \$15 for nonmembers, \$5 for children 10 and younger, which does not include a bowl, but does give them the opportunity to create artwork in the Education Classroom! Normal business hours are 10:30am to 5:30pm Tuesday through Friday and 11am to 4pm on Saturday. For more information call Nancy F. Walter, Executive Director at the Taube Museum of Art at 838-4445.

PTA Founders Day

The Minot City PTA would like to announce the PTA Founders Day Banquet, celebrating the establishment of PTA and honoring our volunteers, on Monday, February 7, 2011 at the Grand International. For more information about this event, contact Susan Wagers at 720-7203 or Nancy Taylor at 578-4679.

Human Tractor Pull

This event will be held on February 12th from 1-4 pm at Dakota Square Mall. There will be 24 teams of six, competing in 4 divisions, racing against time and the mass of a tractor, to win \$250 for their favorite charity. There will be grand prize drawings for 1 free family birthday party at the Sleep Inn & Splashdown Superslides. The goal is to have a ton of fun while letting the Minot Community know about the RSI Children's Home Project.

17th Annual Frozen Fingers Old Time Music Festival

Bluegrass and old time and classic country music at Sleep Inn Suites, Minot. High 48s band, Dakota Rose band, Highway 43, and many others. Saturday, February 12 all day and Sunday, February 13 the stage opens at 11 a.m.

Erik Ramstad PTA Pancake Breakfast

The breakfast will be held on Saturday, February 12 from 8 am to 11:30 am in the Ramstad Cafeteria. Cost \$5 (6 years old and under eat free) Tickets are available from a Ramstad student, in the main office at the school or at the door. You will receive a coupon for one FREE Woppe Jr. at a Minot Burger King with each ticket sold. Door Prizes will be drawn during the breakfast. You do not need to be present to win.

Vincent United Methodist Rummage and Bake Sale

Vincent will hold their Rummage and Bake Sale on Tuesday, Feb 15 from 9 am to 2 pm. Rummage items include office furniture and children's Sunday School chairs as well as clothing and white elephants. Lunch will be served beginning at 11 am. Bag bargains begin at 1 pm.



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Waterfowlers Banquet

The 5th annual West Dakota Waterfowlers dinner and auction will be held Friday, Feb. 18 at the Grand International, Minot. 5:30 p.m. social and 7:30 p.m. dinner. Raffles! Auctions! Games! and a youth giveaway. For tickets and info contact. Erik Myre-721-2220 or Steve Bogden-833-9497.

Rutter's Requiem

Sunday, February 27th - Nelson Hall MSU at 7 p.m. The Chorale is excited to perform on of John Rutter's all-time favorites, the Requiem. The concert will be accompanied by a small ensemble and organ. (No Admission Charge). A free-will offering will be taken.

"Have A Heart" Food Drive

The MAHC "Have A Heart" food drive runs from February 1-28, 2011. We encourage people to donate their non-parishable food items at any of the participating businesses/churches through out town. Contrabutions benefit the local area soup kitchens and food pantries. Contact the Minot Area Homeless Coalition, Inc. for questions 852-6300.

Magic City Card & Memorabilia Show

Buying, Selling, and Trading of the latest packs and the hottest cards from all the major sports will take place at the Sleep Inn Suites - Dakota Square Mall, Minot from 9 a.m. to 5 p.m., Satur-

day, March 5. Former Minnesota Twins great Dave Goltz will be signing autographs from 2 p.m. to 4 p.m. Dave was voted one of the 50 greatest Minnesota Twins of all-time.

Sexual Assault Survivors' Group

The winter session of Sexual Assault Survivors' Group will be at the Domestic Violence Crisis Center. The group meets Mondays, 2-4 pm and will run until March 21. For more information, call Diane at the DVCC at 852-2258 or 1-800-398-1098.

Adult Computer Training

The Minot Public Library will be offering computer training for adults in February and March 2011 at no cost. Classes are geared towards library information, as well as other helpful information. Pre-registration is required and class size is limited. Registration deadline is the week prior to class time. Class topics include: Computer Basics and Library Catalog, Internet Tips and Searching, Microsoft Word Basics, Beginning Hotmail, Genealogy Basics, Consumer Health Resources on the

Internet, and OverDirve/NetLibrary eAudiobooks, eBooks and eVideos. Please call Marci at 852-1045 for more information.

Parenting Education

Trinity's Behavioral Health Services will begin another round of weekly parenting education sessions each Tuesday, through April 12th. The program, which is geared towards families with children 0 - 12 years of age, is free and will be held at Health Center-Riverside, 1900 8th Ave SE. Each class begins with a light supper at 5:30pm and concludes at 8pm. To register please call 857-3622.

Girl Scouts Volunteers

Girl Scouts-Dakota Horizons is searching for volunteers who are willing to share their passion, knowledge and experience with the leaders of tomorrow! Volunteers are currently needed in Minot, the Minot Air Force Base and surrounding areas. To find out more, please call or 852-5611 or 800-279-5306.

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<p>09 Chrysler PT Cruiser</p>  <p>Was \$11,490 NOW \$9,990 #12166A, Power Windows, Power Locks, 30,400 miles</p>	<p>03 Saturn L300 Sedan</p>  <p>Was \$7,990 NOW \$7,490 #12250A, Power Seat, XM Radio, 50,000 miles</p>	<p>08 Accord EXV Sedan</p>  <p>Was \$19,990 NOW \$17,490 #12151A, V-6, Moonroof, Honda Certified</p>	<p>10 Dodge Avenger SXT Sedan</p>  <p>Was \$16,490 NOW \$12,990 #12167A, Power Windows, Power Doors, 17,000 miles</p>	<p>08 Ford Fusion SEL</p>  <p>Was \$15,990 NOW \$13,490 #12011B, Power Seat, Alloy Wheels, 42,000 miles</p>
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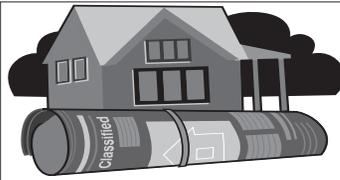


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FREE TO GOOD HOME. Female Yellow Lab Beagle mix, 4 months old 525-6727 leave message

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4	1	6	5	7	2	9	8	3
3	7	8	4	9	1	6	5	2
2	5	9	8	6	3	1	7	4
1	4	3	2	8	5	7	9	6
8	9	5	7	3	6	4	2	1
6	2	7	1	4	9	5	3	8
5	6	2	3	1	7	8	4	9
9	3	4	6	5	8	2	1	7
7	8	1	9	2	4	3	6	5

Answers to puzzle on page 9

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3 Bedroom & 2 Bath Home. 1 1/2 Story Floor Plan w/Lots of Character. Spacious Kitchen w/Ample Oak Cabinets. Beautiful Master Suite. Patio Door Perfect for Entertaining. Call or Text Jeff Stremick at 721-2584
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CHARMING SW HOME!



2 Bedroom Home with Guest Room on a Spacious Treed Corner Lot. Partially Finished Basement. Room to Build a Double Garage. Located between Jim Hill & Edison Schools. Call Melody Sundbakken at 833-4673
\$129,000 #20101255

BRAND NEW - AVAILABLE SOON!



2 BR & 2 Bath Home w/Inviting Front entryway & spacious foyer. The Master is a nice size w/a 3/4 bath & walk-in closet. Roomy Kitchen w/stainless Steel Appliances. Oak cabinets & large island. Open dining room w/ 10 x 12 Deck that is perfect for Entertaining! Includes 3 Stall Garage in New Neighborhood w/Great Curb Appeal. Call Lucy Tuttle at 240-6707. **\$249,900 #20101257**

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THIS HOME "HAS IT ALL"



Gorgeous 4 Bedroom & 1 1/2 Bath Home Near Lewis & Clark School. Bathrooms & Flooring Updated in 2009 along w/New DuraCeramic Floors & New Living Room Carpet. Fenced in Backyard w/Sheed, Deck, Garden Spot, & Finished Walk Out Basement. Attached Double Garage & Remarkable Lawn. Call Marla Rae Uscensky at 720-0215.
\$188,900 #20101339

EXTRAORDINARY PATIO HOME!



2 Bdrm & 1 1/2 Bath Patio Home Designed for Main Floor Living without steps. Open Floor Plan w/9ft. Ceilings & Sunroom. Features a Bonus Room Above the Garage Perfect for Guests, Office, Storage, Etc. Call Linda Zimbelman at 721-9308
\$234,900 #20101639

EDGEWOOD VILLAGE PATIO HOME!



2 Bedroom & 1 1/2 Bath Home Features Large Bay Window in the Living Room. Open Floor Plan w/9ft. Ceilings & Large Sunny Windows. Open Kitchen & Sit-Up Counter Area. Each Bedroom Has a Walk-In closet. Call Brad Beeter at 833-1758
\$217,900 #20101638

LOCATION, LOCATION, LOCATION!



4 Bedroom & 2 1/2 Bath Home Located in Nice Neighborhood. All Good Size Rooms w/ 3/4 Bath in Master Bedroom. Large Family Room Has a Wood Burning Fireplace. Newer Carpet & Windows on the West Side of Home. Located Close to Schools & Shopping. Call Alecia Berg at 721-5996
NOW \$194,900 #20101169

WELCOMING PATIO HOME!



2 Bedroom & 1 1/2 Bath Patio Home. Spacious Foyer Connected to An Open Kitchen & Dining Area. Cozy Living Room w/Access to the Sunroom & Patio. Bonus Room Above the Garage is Perfect for a Guest Room, Office, Exercise Room. Call Brian Berg at 833-4876
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Affordable 2 bedroom 1 bath Condo in a great SW location with a nice view and balcony. New roof and siding in 1995. 1 stall garage. Don't miss this excellent value for the money! Call Clyde Thorne Today!
#20110073

\$170,00



Great open floor plan in this 3 bedroom 1 & 3/4 bathroom home that offers lots of room upstairs and down. Large backyard is fenced with a super sized shed. Open kitchen w/breakfast bar and lot of room for a formal dining room. Newer carpet throughout up and down stairs. Call Bruce Walker Today!
#20110019

\$79,900



Nice starter home with vinyl siding, new double pane windows, and a newer roof. The electrical box, hot water heater, and the furnace have all been replaced in 2010. There are 2 bedrooms on the main floor and another on the upper floor. Call Clyde Thorne Today!
#20101577

\$169,500



Very nice 3 bedroom/2 bathroom home with steel siding and dual pane windows throughout with a finished basement. The home has hardwood floors were refinished last year and the interior has been repainted. Yard is fenced. Call Clyde Thorne Today!
#20101593

\$145,000



Large Manufactured home that sits on pier foundation. Home features are large living room that flows nicely into large kitchen & dining room, large master bedroom with master bath that boasts large garden tub and separate shower. Call Jerry Thomas Today!
#20101467

\$417,500



Awesome custom 5 bed room, 4 bath home in a beautiful NW neighborhood close to schools and shopping. This home has over 3600 square feet of living space and a 4 stall garage for all of your toys. Call Jerry Thomas Today!
#20101674

\$165,000



Investors! Close to 3000sq ft business/residential building. Prime rental! 1500 sq ft on the main level w/a large 3 bedroom apartment above. Extra lot for parking goes with the property. Make your investment move now! Call Lorell Seibold Today!
#20110002

\$30,000 Lansford



Very Unique ROUND home with steel framework and fiberglass exterior sides and roof. Bathrooms are operational. Interior needs to be completed. Situated on 5 city lots. Call Aisha Vadell Today!
#20091861

\$202,500



This Madison Cottage floor plan has great curb appeal! Main floor features living room, dining room, kitchen, master bedroom w/bath, laundry and powder room. The loft has 2 bedrooms, bath and family room. Call Tamie Dunn Today!
#20100200

\$209,000 Powers Lake



Gorgeous new construction home should be ready by the first of March. Great layout with master bedroom with walk-in closet and full bath. 2 additional bedrooms with full bath. Call Brad Livesay Today!
#20101068

\$205,000



Move right into this 2 bedroom 2 bath 1 level townhouse in a superb SW location. Open kitchen/dining and living areas. Double attached heated garage. Call Aisha Vadell Today!
#20101589

\$210,000 Surrey



A great family home with an extra large garage, 32x36. The 3/4 bath in the lower level is brand new with a tile floor. The home has had new windows and siding in 1995. New central air unit in 2009. Roof was shingled in 2000. Call Bruce Walker Today!
#20101576

\$79,900



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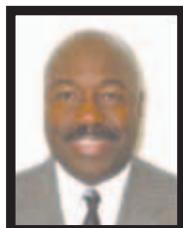
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