

# northern sentry

FRIDAY, FEBRUARY 11, 2011 | VOL. 50 • ISSUE 7 | MINOT AIR FORCE BASE | WWW.NORTHERNSENTRY.COM

## INSIDE

- Security Forces Airman to become military leader  
page 2
- Mission-driven travel card  
page 2
- Top Minot Airman visits Malmstrom AFB  
page 3

## INDEX

Weather .....	4
Commentary .....	4/5
Minot Messenger .....	8/9
Outdoors & Sports .....	12
Church Directory .....	14
Lighter Side .....	15
Dining & Entertainment .....	18
Area Happenings .....	19
Base Happenings .....	20/21
Swap 'N Shop .....	24/25/26/27

## WELCOME HOME DEPLOYERS

Minot Air Force Base welcomes home its deployers! Family and friends, coworkers and commanders, all share in the warm-hearted feeling when their Airmen return safely from their deployed location, wherever in the world this may have been.

The following Airmen have recently returned from deployment:

**5th Civil Engineer Squadron**  
Tech. Sgt. Steven Weller

**5th Medical Operations Squadron**  
Staff Sgt. Caton Todd

**5th Operations Support Squadron**  
Staff Sgt. Brett Steinbrink

**5th Logistics Readiness Squadron**  
Senior Airman

Jorge Alberto Castro-Lemus  
Staff Sgt. Dorothy Hamm  
Senior Airman Shonda Hooper



(U.S. Air Force photo/Senior Airman Michael J. Veloz)

Construction of the new dormitory is well underway in the insulation process here. Construction projects like this help foster a better quality of life for Air Force Global Strike Command Airmen here.

## Thousands to pour in for base facelift

by Capt. Genieve David  
Minot Air Force Base Public Affairs

During the January Minot Military Affairs Committee luncheon, more than 50 Air Force Global Strike Command and Team Minot Airmen, along with members of the local City of Minot community gathered to hear about the military construction program here.

Lt. Col. Matthew Jefson, 5th Civil Engineer Squadron commander, provided a brief on a variety of construction projects that are currently underway or programmed for the base's future.

Since 2007, Minot has received more than \$161 million for accompanied housing construction. By the end of 2011, the 5th CES projects 1,606 of 1,746 housing units will have been renovated or replaced through the MILCON program.

"Here in the not too distant future we will be going through privatization," said Colonel Jefson. "Developers are looking to privatize housing

at Minot Air Force Base and other northern tier bases."

Minot AFB has been grouped with Grand Forks AFB, N.D., Cavalier AFB, N.D., Ellsworth AFB, S.D., Mountain Home AFB, Idaho and Cannon AFB, N.M. to form the northern group. Privatization of on-base housing is scheduled to be completed by spring 2012 with a one year transition period to follow.

Besides family housing, two new dormitories for unaccompanied Airmen are also currently under construction with an additional three new dormitory buildings on the horizon.

"As the new facilities are constructed, we will begin the tear down of the old structures," Colonel Jefson added. Demolition of the existing dorms will provide land for the construction of the future dorms as the base works toward the concept of a dormitory campus with walkways and park-like spaces for outdoor activities.

In fiscal year 2011, 168 dorm rooms, with a projected cost of \$22.9

million, are scheduled for completion. The dorm is set to be in a suite configuration providing single occupancy bedrooms with private baths, as well as shared common areas to include a kitchenette, living room and washer and dryer for every four rooms.

On the west side of base, construction on the 91st Missile Wing's Missile Procedures Training Complex continues. The 25,000 square foot complex will co-locate training and evaluation functions, consolidate the operations group training, evaluation and logistics and will provide a one-stop shop for rations, supplies and warehouse support. The programmed amount for the project is \$10 million.

Other military construction projects that are in planning stages include an air traffic control tower with an airfield operations facility, a transportation complex, an indoor firing range, a two-bay phase dock for B-52 Stratofortresses, a three-bay conventional munitions maintenance facility and a series of projects to repair the runway.

# Security Forces Airman to become military leader

by Airman 1st Class  
Jessica McConnell

Minot Air Force Base Public Affairs

What does it take to be a leader? More specifically, what does it take to be an officer in the Air Force?

Among the newest group of those selected for the Airman Education and Commissioning Program, Air Force Global Strike Command Airman, Senior Airman Lee R. Kozokas, 5th Security Forces Squadron protection level one entry controller, answered these questions with confidence.

"I am a strong believer in leading by example," said Airman Kozokas. "If shortcuts are taken, those looking up to that leader are bound to do the same, resulting in potentially disastrous consequences. An effective leader should also have courage and excellent planning skills; both essential characteristics of good leadership."

His peers and supervisors said that Airman Kozokas already demonstrates these characteristics on a daily basis.

Staff Sgt. Christopher Ellis, 5th SFS operations assistant, believes Airman Kozokas has what it takes to be a successful officer.

"Airman Kozokas takes extraordinary circumstances above and beyond

with his leadership skills, communication skills and most importantly, his loyalty to the Air Force and its core values," said Sergeant Ellis.

Capt. Michael Gallucci, 5th SFS operations and training officer, wasn't hesitant in stating why he thought



I am a strong believer in leading by example, if shortcuts are taken, those looking up to that leader are bound to do the same, resulting in potentially disastrous consequences. An effective leader should also have courage and excellent planning skills; both essential characteristics of good leadership.

- Senior Airman Lee R. Kozokas,  
5th Security Forces Squadron,  
protection level one entry controller

Airman Kozokas was going to be an exceptional officer.

"He has set the standard for excellence since he arrived here in March 2008," said the captain.

Captain Gallucci said Airman Kozokas is a three-time nuclear surety inspection outstanding performer, a below the zone winner and the 2010 Global Strike Command Security

Forces Airman of the Year.

"He is going to be an outstanding officer because of his drive, determination and positive can-do attitude," the captain continued. "He has incredible work ethic and always strives to set the bar to the highest levels!"

"After that, I began seeking enlisted commissioning opportunities."

Once he found out how to apply, he started the process immediately. He said the application process was a difficult one to get through, but with the help of the education center's staff and Airman Kozokas' determination, he was able to submit it right on time.

"It consisted of more than 15 different documents ranging from physical fitness test scores to a complete degree plan approved by both the university and the ROTC detachment there," he said. "The largest challenge I encountered during this process was creating the package itself; more than 300 hours were put into its creation and many of the items required coordination with multiple agencies."

Airman Kozokas said he started the process many months in advance and established a timeline to ensure he continued to make progress. But he was sure to give credit to those who helped him the most. "I believe the overall attention to detail put into my package played an enormous role in my selection," he started. "Lois Nelson, a member of the base education center staff, cared for my package as if it was her own. Without her dedication, submitting a flawless application would never have happened."

While enrolled in ROTC, Airman Kozokas' primary duty will be to attend classes under his selected major, a Bachelor of Science in business economics, as well as to attend leadership labs and aerospace study courses taught by ROTC detachment officers.

"Upon graduation, ROTC members are normally commissioned as a second lieutenant within 60 days," he added. Airman Kozokas is being proactive by already setting his next long-term goal.

"While in ROTC, I hope to further develop my leadership skills and gain a better understanding of the officer corps," Airman Kozokas said. "Once I'm commissioned, my goal is to either earn a rated position or to be selected to obtain an Air Force Specialty Code in special tactics."

Airman Kozokas advises enlisted Airmen who want to become an officer to start at the base education center. "They have in-depth knowledge of each program, which ultimately makes it easier to find which program is best for each individual," he said. "Other than that, it is key to be cognizant of the deadlines and ensure each one is met. The time put into the application is well worth a chance at becoming an Air Force officer."

For more information on commissioning opportunities, contact the base education center at 723-2772.



## Lt. Gen. Kowalski visits Minot AFB

(U.S. Air Force photo/Staff Sgt. Keith Ballard)

Lt. Gen. Jim Kowalski, Air Force Global Strike Command commander, and Mrs. Julie Kowalski, talk with Dr. (Maj.) Christopher Wilhelm, 5th Medical Operations Squadron pediatrician, during their visit here, Feb. 7. General Kowalski and his wife visited Team Minot as part of a tour of Global Strike Command installations.

# Top Minot Airman visits Malmstrom

by Airman 1st Class  
Kristina Overton  
341st Missile Wing  
Public Affairs

**MALMSTROM AIR FORCE BASE, Mont.** - One of the Air Force's 12 Outstanding Airmen, recognized for superior leadership, job performance, community involvement and personal achievements, visited Malmstrom Air Force Base Jan. 13.

Staff Sgt. Ryan Pfeifer, from the 791st Missile Security Forces Squadron at Minot Air Force Base, N.D. said the purpose of his visit was to discuss the successes and challenges Airmen face as well as ways to improve the Air Force.

As one of his duties as an outstanding Airman, Sergeant Pfeifer is tasked to canvas Air Force Global Strike Command and spread the word of Airmen to senior leadership, and vice versa.

"During these visits, I have an opportunity to have one-on-one conversations with Airmen from within the command and talk to them about issues they face, and ways to increase morale and job productivity at their respective bases," said Sergeant Pfeifer. "Airmen are the individuals doing the job in the field everyday and a lot of times they are the ones that see the areas needing improvement."

During his visit to Malmstrom, Sergeant Pfeifer visited several facilities on base and participated in forums with the Dorm Council, Airman's Council and instructors and students attending Airman Leadership School.

"Having Sergeant Pfeifer visit the base was very uplifting in a sense that Airmen felt like their voices were actually being heard," said Senior Airman Dynesha Adams, Airman's Council president. "He has the capability to take our views and issues to leadership, and make positive changes that could affect our lives, as well as the lives of future Airmen. We really enjoyed and appreciated him coming to the base."

Sergeant Pfeifer said that aside from being able to see all of the bases within Air Force Global Strike Command, what he enjoys most



(U.S. Air Force photo/Airman 1st Class Kristina Overton)

Staff Sgt. Ryan Pfeifer talks with junior Airmen of the security forces squadrons about the rewards of the career field he has experienced. Sergeant Pfeifer was named as one of the 12 Outstanding Airmen of the Year for fiscal year 2011 and appointed to address Airmen issues and concerns with Air Force Global Strike Command.

about his position is meeting with Airmen.

"I love being able to actually talk to the Airmen, my peers," Sergeant Pfeifer said. "It's an awesome responsibility I'm tasked with, and it's an honor to be able to ensure

their voices are being heard. My hope is that there will be a positive impact for them in knowing that their concerns are being represented and that we're doing our best to make their lives and our service better."

"One thing I like to stress when I visit the different bases is that everyone is capable of earning this position as an outstanding Airman," he said. "To get this position, I worked hard, volunteered at places I liked and took

classes that I enjoyed. I work in the same places they do and do the same job in the same environment. I want to see the same changes they do, and through their feedback, hopefully that'll be something we'll accomplish."

## A mission-driven travel card

by Airman 1st Class  
Jose L. Hernandez  
Minot Air Force Base  
Public Affairs

The Air Force is currently implementing a new travel card program designed to provide travelers with increased flexibility in order to meet their traveling needs.

Air Force Global Strike Command and Team Minot Airmen who currently possess a Government Travel Card can expect to be enrolled in the new Citi Controlled Spend Account program by April. Currently, there are approximately 500 Airmen here who have obtained a CSA card since

the program's initial implementation in early January.

Vicki Campbell, 5th Contoller Squadron financial management analyst, explained the new program will put each member in control of their own official traveling expenses.

"The new CSA card will have a spending limit based on the projected cost of travel," said Mrs. Campbell. "And it will only be valid during a member's active orders."

She explained all Air Force members could now be authorized a CSA card with no credit check required, which allows for instant approvals. This was not the

see **TRAVEL CARD** on page 13



(U.S. Air Force illustration/Airman 1st Class Jose L. Hernandez)

The Air Force is currently implementing a new travel card program designed to provide travelers with increased flexibility in order to meet their traveling needs. The new Citi Controlled Spend Account program's mission-driven initiatives aims at simplifying and streamlining the whole travel process, as well as allowing travelers to perform their mission with confidence while making travel related purchases with ease.

**CONTACTUS**

Sharon Olson  
Advertising & Production Manager  
nsads@srt.com

Morgan Bauer  
Graphic Designer  
northernsentry@bhgnews.com

Desiree Murphy  
Ad Designer  
nsdesign@srt.com

Hannah Searle  
Sales Representative  
bhgads@srt.com

**NEWS SUBMISSIONS**

Northern Sentry Office  
nsads@srt.com • 701.839.0946

MAFB Public Affairs Office  
5bw.pa.dl@minot.af.mil  
701.723.6212

**MAIL&FAX**

15 1st Ave SE • PO Box 2183  
Minot, ND 58701 • 701.839.1867

**VIEW ONLINE**

www.northernsentry.com

The Northern Sentry is published by BHG, Inc., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

The official newssource for Minot Air Force Base is [www.minot.af.mil](http://www.minot.af.mil).

The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BHG Inc., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons.

We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication.

The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

Commentary by Lt. Col. John Lyons  
35th Fighter Squadron



**Taking care of your Air Force family**

KUNSAN AIR BASE, South Korea (AFNS) - July 2010 brought an end to the Year of the Air Force Family, a year devoted to providing Airmen, their families and local communities with information regarding the variety and scope of programs offered by the Air Force.

This yearlong dedication centering on our families and the communities in which we live was the first time in my career that I'd witnessed such attention given to something external to the Air Force mission: Fly, Fight, and Win.

During my permanent change of station trip to Kunsan Air Base, I had time to reflect on how long overdue this Year of the Air Force Family really was.

Having recently left my family for the remote assignment, thoughts of this proclaimed year of commitment reminded me of just how important my Air Force family was to me.

In formulating my vision statement as commander of the 35th Fighter Squadron, I chose my words carefully, so as to stress how important balance is in our lives, a balance that focuses not only on the mission but also on taking care of our families.

The equilibrium that I emphasize during every newcomer's interview is no easy task for our Airmen. Regardless of career field, we all have a strong desire to succeed while serving our country. It runs in our blood.

Furthermore, it's a proven fact that professional military education, advanced academic degrees, awards and decorations all have a direct impact on promotion opportunities. As a result, time becomes an ultimate premium as our Airmen constantly strive to better themselves, both on and off duty.

Lastly, the recent force-shaping decisions and Department of Defense budget cuts have forced many Air Force organizations to do more with fewer resources.

However, despite these challenges, Airmen continue to work harder, almost always finding a way to make it happen. It's what we do. However, hard work and determination to build a successful Air Force career can be totally consuming if we don't maintain a balance in our lives.

Now for the family perspective. Many of our Airmen are married and have children. What about them?

As we continue to do whatever it takes to get the job done at work, our families often begin to see less and less of us at home. In addition, I think we'd all agree that life in the military can be very dynamic on the home front. A typical 20-year career is often accompanied by as many as 10 PCS moves. Every time we relocate, our spouses and children are expected to drop their current lives and adapt to new environments, new jobs, new schools, and eventually, new friends. To cut to the chase, life in the Air Force for a dependent is no cake walk, especially if the Air Force member has to deploy or serve on a remote assignment overseas.

Life during a deployment is extremely challenging for our dependents, no matter how strong our spouses are or how much support they have surrounding them.

So what does this all mean? To me it's very simple. Each and every day, we owe it to our families to ensure balance remains in our lives. Here, this can be difficult, as we all tend to work long hours in this unaccompanied setting. Despite the time difference, it is absolutely essential that we find a way to stay in touch with our

loved ones back home. Whether it be via online chat, e-mail or a letter just to let our families know how much they mean to us and how much we appreciate their sacrifice, it goes a long way.

Furthermore, if or when you go home on your mid-tour, try to find a way to leave work behind and maximize the quality of the time you spend with your spouse and children. Work e-mail while on leave can be a huge distraction for your family. Trust me, they know when you are only paying half-attention to them.

Another very rewarding way I've found to find balance is through volunteering. Whether we help out at school or coach youth sports, our time means the world to children. Remember, kids are only young once. Kenny Chesney said it best, "Don't Blink!"

To sum it up, the sacrifices of my Air Force family have made my career possible. Not a day goes by where I don't think about this, and to a fault, I don't express my appreciation enough.

Furthermore, I've witnessed too many successful leaders throughout the last 19 years, both senior and junior in rank, who have developed incredibly successful Air Force careers, tragically at the expense of their families, because they failed to maintain proper balance.

Whether you serve for only a single enlistment or retire with four stars, despite the impressive collection of "wood" on the walls, when your career comes to a close, if you're lucky, your Air Force family will still be by your side. Make sure you take care of them along the way.

**WEATHERFORECAST**

Fri 2/11	Sat 2/12	Sun 2/13	Mon 2/14	Tue 2/15
				
<b>31/26</b>	<b>36/29</b>	<b>34/28</b>	<b>34/27</b>	<b>33/25</b>
Snow showers in the morning. Highs in the low 30s and lows in the mid 20s.	Cloudy and windy. Highs in the mid 30s and lows in the upper 20s.	Mix of sun and clouds. Highs in the mid 30s and lows in the upper 20s.	Mostly sunny. Highs in the mid 30s and lows in the upper 20s.	Partly cloudy. Highs in the low 30s and lows in the mid 20s.

**OPERATIONSAFERIDE**

Operation SafeRIDE is a voluntary organization ready to provide assistance to Airmen in need of a wingman. Airmen can call **838-2233**.

Volunteers for the week and weekend of Feb. 7 to Feb. 14 and Feb. 10 to Feb. 12 are from the Minot Enlisted Airmen's Council.

**Lives saved through January 31: 121**

## I saw the light

Commentary by George Masters  
5th Civil Engineer Squadron

What does the light on the dashboard mean? Many have seen them on their vehicles and sometimes just ignore them. But what are they really trying to say and is it necessary to pull over immediately or can it wait?

It is important for Air Force Global Strike Command and Team Minot Airmen to understand what these lights mean to ensure their overall safety, as well as prevent any serious complications, which could possibly result in a large financial burden.

These lights are called critical warning lights or maintenance lights depending on what system they are monitoring. The critical warning lights identify something that requires immediate attention. These include the brake light, antilock brake system light and the oil light. Normally these are red warning lights. If these lights are illuminated, pull over as soon as possible and look in the owner's manual to see what the problem might be.

Maintenance lights are generally amber and identify a system that is not functioning as it should. Some of these lights are the check engine

light, air bag light, battery charge light and emissions lights. If a light is on, get home or to a convenient place to stop and check the owner's manual for the light's definition.

Although these lights are meant to keep the driver safe, it is important not to wait for one of these lights to come on to have the vehicle looked at. Sometimes it may already be in an unsafe condition before the light comes on. In certain engines, the engine oil can be down one to one and a half quarts before it lights, possibly causing serious damage to the engine before the operator is warned.

If the vehicle is equipped with a tire-pressure monitoring system, some of the sensors can allow tires to be up to 20 percent under-inflated before the light comes on.

This will reduce the vehicle's fuel economy and grip on the road, possibly endangering the driver and vehicle.

Once a month and before heading out on a trip, take the time to inspect the vehicle to be used, top off the fluids and check the air in the tires, including the spare, or have a auto



(U. S. Air Force photo/Airman 1st Class Jose L. Hernandez)

It is important for Air Force Global Strike Command and Team Minot Airmen to understand what various lights on dashboards mean to ensure their overall safety, as well as prevent any serious complications, which could possibly result in a large financial burden.

shop perform a safety inspection. This should minimize the possibility

of warning lights illuminating during the trip.

## Food for thought on healthy teeth

Commentary by Staff Sgt. Jessica Maxfield  
5th Medical Operations Group

Unlike a snail, which has about 25,000 teeth, humans only get two sets of teeth: baby and adult teeth. Since we are not as lucky as snails in the teeth department, Air Force Global Strike Command and Team Minot Airmen should ensure they are doing their part to make their teeth last.

In this day and age, with the wonderful mint-flavored toothpaste and soft-bristle brushes, it's a lot easier than it used to be to keep teeth clean.

When eating or drinking sweets, everyone should brush their teeth at least twice daily, rinse with water or even chew some xylitol gum in between brushing. This will help reduce the risk of decay.

Regular flossing will also greatly improve oral health. Flossing on a daily basis ensures healthy gums.

Try to put the floss where it will be used the most, which may not be right next to the sink. It may be next to the couch, the computer or maybe even in the shower. Gums will benefit greatly from regular flossing.

Xylitol gum is a great addition to any oral hygiene plan. Though xylitol gum is not intended to replace brushing or flossing, it does help in the event that one is unable to brush after drinking a sugary soda, drinking coffee and eating lunch.

Just chew a piece of xylitol gum for 20 minutes after consuming these



(U.S. Air Force photo/ Senior Airman Jesse Lopez)

Staff Sgt. Jessica Maxfield, 5th Medical Group dental technician, cleans the teeth of Senior Airman Samantha Smith, 5th Maintenance Squadron non-destructive inspection apprentice, during a routine cleaning here Jan. 26. The mission of the 5th MDG is to ensure base Airmen are dentally qualified to deploy.

products and it will help neutralize the acid and pH levels in one's mouth. Ultimately, chewing xylitol decreases

the risk of tooth decay.

If there are any questions or concerns regarding this information,

please contact one of the local dental providers or ask during an upcoming exam.

# My CCAF journey

**Commentary by  
Mike Strickler**  
95th Air Base Wing  
Public Affairs

EDWARDS AIR FORCE BASE, Calif. - I sat down hard on the bed in our small Wiesbaden apartment when the news came: child number two was on the way and I knew, right then, that I had to get my collective together.

It was January 1985, cold and sunny, and Kim and I just stared at each other. Child number one was strolling through the house with huge Garfield slippers on, the joy of our lives giggling down the hallway in mommy's shoes and now that joy was to multiply.

I imagined a rush of fuzzy pairs of Garfield heads charging through the house, weaving under the dining room table and filling the rooms. And I was Odie, a damn fool dog with merely a handful of college credits, tongue wagging stupid and lazy. That had to change.

The following Monday I was in the base Education Office at Lindsey Air Station looking for a better life for my family and I found experienced hands ready to help.

It was 1985 and I was a

young senior airman not yet 21, only as smart as my combat camera technical school with some early life lessons in marriage and parenting.

Now, more than 25 years later, I'm Director of Public Affairs here and still in school, working in my third graduate degree program, writing a book, and taking on a PhD.

It all began with a Community College of the Air Force degree.

I started with a business course with Embry Riddle; then I enrolled in an algebra class and found a knack for trinomials and properties of equality that just didn't exist in high school. It's funny how a few life lessons, like marriage and kids, can make one a scholar. It wasn't long before I had a two-year degree in my hands and by then, I was hooked.

Thank God and the Air Force for tuition assistance. I can't remember how much I made as a staff sergeant back then, but the amount the Air Force kicked in for school each year probably doubled it.

You will not find a better employer than the USAF in supporting your educational goals, both in terms of assistance and moral support. And

(Courtesy photos)  
Mike Strickler, the Public Affairs director at Edwards Air Force Base, Calif., and his granddaughter, Zoe, read a bedtime story last December. Twenty-five years prior, his daughter Stephanie (below left) and son Michael motivated him to earn his first Community College of the Air Force degree.

the more you know in this organization, the higher you'll go.

How high? It depends on your aim.

For me, I decided to apply for Officer Training School and was selected only months after sewing on technical sergeant, promotion being a great benefit of good study habits learned in college.

I had a pretty good package going in because the English and History courses I took prepared me for the Noncommissioned Officers



Academy, where I won the John

Levitow award. In OTS the management skills I learned in college allowed me to earn recognition as a distinguished graduate, and that got me into blue chip schools and provided opportunities I never knew existed.

Business, English, history, management and math. You'll take all manner of courses to achieve advanced degrees, but it's the bedrock subjects you'll study in getting your

CCAF degree that will help the most. All you have to do is sign up, show up, and apply yourself.

It's been said that the constant pursuit of knowledge is an addiction. If so, then it's a craving to understand more about yourself and those things and people around you, and learning is the bug that keeps your interest in life burning.

My favorite saying is

see **JOURNEY** on page 13

## DOD must train for 'degraded' environments, official says

by **Jim Garamone**

American Forces Press Service

WASHINGTON (AFNS) - The military needs to do a better job of training to conduct operations in less-than-perfect conditions, the chairman of the Defense Science Board said here Feb. 9.

Paul G. Kaminski said that given the cyber and space threat environment that exists today and likely will grow in the future, commanders must be ready for these types of operations.

Mr. Kaminski spoke in advance of the science board's summer study that will be released shortly.

The chairman of the Joint Chiefs of Staff agrees. In the National Military Strategy released Feb. 8, Navy Adm. Mike Mullen wrote, "Our ability to operate effectively

in space and cyberspace, in particular, is increasingly essential to defeating aggression. The United States faces persistent, widespread and growing threats from state and nonstate actors in space and cyberspace."

The chairman said the U.S. military, "must grow capabilities that enable operations when a common domain is unusable or inaccessible."

Building workarounds, isolating or cauterizing a cyber attack are things that commanders should learn in an exercise, not on the battlefield, Mr. Kaminski said.

"We think we are falling way short in what we need to be doing to look at degraded operations," he said.

Degraded operations are caused by unanticipated changes in the environment and unanticipated changes in

how systems perform. They affect a number of Defense Department capabilities, including command, control and communications systems and "all of the netcentric activities that we are dependent upon that certainly going to be attacks in active cyber ways," Mr. Kaminski said.

Degraded operations also will affect U.S. dependence on both orbital and airborne intelligence, surveillance and reconnaissance assets, Mr. Kaminski said.

An enemy could attempt to degrade the environment and attack the U.S. military's reliance on electronic navigation and the American dependence on electronic warfare in general, he explained, and this could reach to trying to disrupt supplies through the U.S. critical logistics infrastructure.

The Defense Science Board looked at what the department is doing to prepare for degraded operations at four levels: the strategic level, the operational level, the tactical level and the individual level.

"We find differences in the services at the individual level," Mr. Kaminski said. "The Marines still turn off GPS systems and use a map and compass to find their way by dead reckoning. Special operators also do some good training."

But the farther up the chain, "the worse it gets as far as training that we do," he added.

When the Air Force first put electronic warfare into its Red Flag combat training exercises, Mr. Kaminski said, "they decided not to do it again, because it ruined the

whole exercise."

One way to conduct degraded-environment exercises, Kaminski said, is to introduce the environment and grade people on how they react. Another is to keep pushing the envelope until the system breaks. A combination of the two scenarios is necessary, he told the defense writers.

"You need to conduct the break-the-system exercises and put it into the training where we grade people," he said.

"This is not a high-cost thing to do. It is a high-opportunity cost, because to do this right, you need to have senior leaders in place to participate so it does place demands on people's schedules. But this needs to be addressed."

# Women learn to fight stress from home front

by Terri Moon Cronk  
American Forces Press Service

WASHINGTON (AFNS) - During a week in which White House officials pledged a whole-of-government approach to supporting military families, 11 women worked diligently a few miles away to learn to cope with the stresses of their husbands' multiple deployments and the post-traumatic stress that affects many of them when they return home.

Ten military wives and a fiancée met the week of Jan. 24 without the distractions from ringing phones, kids' schedules and work projects. They learned coping skills through resilience training. They learned meditation, tried acupuncture, talked, laughed and cried.

The "significant others," who found out first-hand that post-traumatic stress affects entire families, came to the support group with more questions than answers. But

they left armed with a battery of tools to cope with the everyday stresses of military life in a time of war.

The Significant Others Support Group is an offshoot of the Specialized Care Program their husbands completed following a diagnosis of combat stress or post-traumatic stress, or because they had difficulty readjusting to home life after war. Both programs are based on resilience and strength-building education conducted by the Defense Health Clinical Center at Walter Reed Army Medical Center here.

Navy Adm. Mike Mullen, the Chairman of the Joint Chiefs of Staff, has called post-traumatic stress "the military health issue of our era."

He and his wife, Deborah, are well-known advocates of taking care of the military family, taking every opportunity to make it known they want war veterans and their families to get all the help

they need to cope with war's invisible scars.

For five days, the Significant Others Support Group charter class studied family roles and relationships, how combat affects service members, how to raise children during a stressful time in a lengthy war, and how to communicate about and deal with control issues when the deployment is over. They also learned the how to take care of themselves, an often-overlooked need.

"We don't 'cure' people here," said Dan Bullis, the director of administration and operations at the clinical center. "It's the start of their journey to cope with symptoms."

Because it affects the entire family, efforts to confront post-traumatic stress must be include a family care plan, he said.

"(It's) is not a level playing field for them," Mr. Bullis said, adding that he believes

the support group will become even more successful as word spreads to new attendees and sponsors.

"In a weeks' time," he said, "12 to 14 [significant others] are equipped with tools to cope with life. It's their lesson plan to take home so they can deal with the chronic symptoms. They're so overwhelmed."

The idea, Mr. Bullis said, was spawned from the husbands in the Specialized Care Program who began saying, "If only my significant other could get this support." A pilot program that launched with five or six women progressed to the charter class of 11 last month, he added.

Thanks to a \$35,000 donation by the nonprofit Walter Reed Society, the 11 women were brought to Walter Reed on per diem travel, housed in a nearby hotel, and attended the training and education, all expenses paid.

Designing the support group for women came from a

tried-and-true approach.

"We had a lot of input through the years from service members to help their families and significant others," said Victoria Bruner, the center's director of clinical education and training, who also is a social worker and expert in traumatic stress, with a background as a registered nurse. "Whether it's a mother, brother, sister or adult child, we built the group on the basics of what helps people heal."

A holistic approach, Ms. Bruner said, is important in an environment that promotes comfort, healing and peacefulness.

"The (significant others) need a sense of safety to feel comfortable to tell a story, and to connect to other people so they know they're not alone," she said. "It's important to be in a safe environment, where people are assured their stories are

see **HOME FRONT** on page 11

**NOBODY  
BEATS**

**Aaron's**

**Nobody!**



**The Embassy**

10 - Piece Bedroom  
PLUS 19" LCD FLAT PANEL TV!

Includes:

- Headboard • Footboard
- Chest • Dresser • Lamp
- Mirror • Nightstand
- Queen Mattress Set
- AND 19" TV!

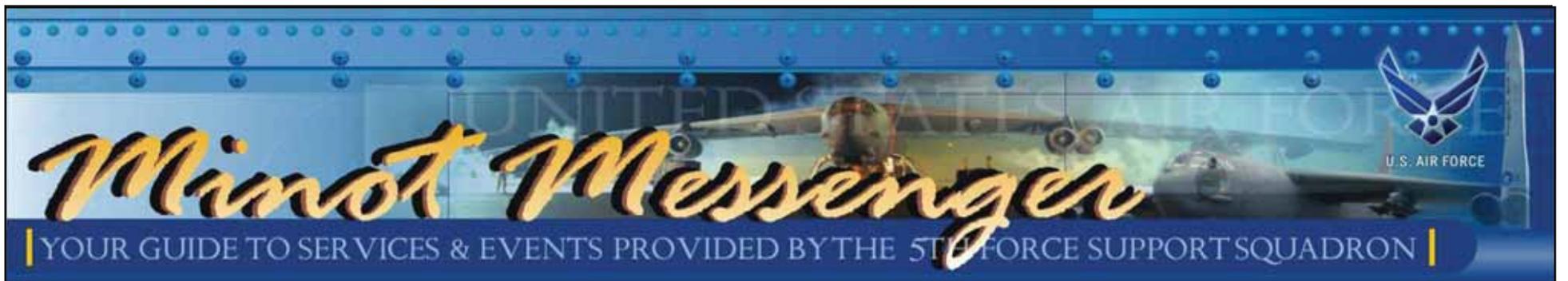
YOU PAY ONLY  
**\$139.99\***  
A MONTH  
YOU OWN IT IN JUST 24 MONTHS

**Aaron's**

SALES & LEASE OWNERSHIP FOR *Less!*

3220 S BROADWAY • MINOT • 838-0003

EVERYONE'S PRE-APPROVED • THERE'S NEVER A CREDIT CHECK!



## Variety Of Events Slated For Military Saves Week, Feb. 20-27

The Airman and Family Readiness Center, along with other base and community partners, will observe Military Saves Week from February 20-27. The week is the highlight of a month long campaign focusing on financial readiness dedicated to encourage military service members and their families to reduce debt and save money. This year's slogan, "Start Smart, Think Big," instills the idea that saving just a little money over time can significantly benefit families in the long term.

A wide variety of activities and programs are available as part this year's Military Saves campaign. Interested persons may take the "Military Saves Pledge" by visiting [www.militarysaves.org](http://www.militarysaves.org). By taking a pledge, one is making a commitment to exercise good financial habits and encourage other Americans to do the same. Some of the other scheduled events include:

### Credit Management Workshop

Have you ever wondered what credit scores mean and how to improve them? The Credit Management Workshop at the Airman and Family Readiness Center on February 22nd from 5-6:30 p.m. will help give you the answer. Don't miss this opportunity to learn everything you'll ever need to know about credit reports including: how to obtain a free copy of your credit report, the best ways to establish, build, and maintain your credit, how to read and repair your credit report, and more. Open to all active duty members, spouses, family members, and DoD civilians. Call 723-3950 to pre-register.

### What's Your Money Habitude?

The Airman and Family Readiness Center invites you to play a quick game of Money Habitude and learn how, why, and when to spend money. Visit the AFRC on February 23rd any time from 8:30 a.m. to 3:30 p.m. Learn how your attitude with money affects how, why, and when you spend, save, give, invest, and go into debt.



### Build Wealth With The Thrift Savings Plan

The Airman & Family Readiness Center is hosting a Build Wealth with the Thrift Savings Plan class on February 24th from noon to 1:30 p.m. This introduction to the Thrift Savings Plan (TSP) will provide an overview of the 5 funds within TSP, the current rates of return for each fund, and how you can build wealth utilizing this investment vehicle. The class is open to all active duty members, spouses, family members, and DoD civilians. Call 723-3950 to pre-register.

### Introduction To Savings and Investing

An Introduction To Saving and Investing class will be held at the Airman and Family Readiness Center on February 25th from noon to 1 p.m. The class offers assistance with the following: tools to help you determine if you are ready to invest; help to discover your risk tolerance; an overview of various investment opportunities i.e. CDs, bonds, stocks, and mutual funds; learn how your money can grow and what key factor is important to increase the return you'll receive on your money. Call 723-3950 to pre-register.

### Financially Fit Info Fair & Dodgeball Tournament

You're invited to visit the Financially Fit Info Fair at the Fitness Center on February 25th from 7-11 a.m. There will be lots of great information available from numerous on base and community partners. Plus, sign up by February 24th for the Financially Fit Dodgeball Tournament scheduled for February 25th at 7 a.m. This is a squadron against squadron tournament. Call the Fitness Center at 723-2145 for additional details.

## Event Update

### Valentine's Day "Touch Of Class"

February 14 • 6 p.m. • Doolittle Center  
Reservation deadline is February 11

### Valentine Sale

February 11 • 10 a.m. - 4 p.m. • Arts & Crafts Center  
**Anime Club**

February 11 • 4:30 p.m. • Base Library

### Texas Hold'em Tournament

February 11 • 7 p.m. • J.R. Rockers

### Lights & Strikes Bowling

February 11 & 12 • 10 p.m. • Rough Rider Lanes

### Retail Store Open

February 12 • 10 a.m. - 2 p.m. • Arts & Crafts Ctr

### Beginning Knitting Class

February 12 • 10:30 a.m. • Arts & Crafts Center

### Robots Are Out of This World

February 12 • 1 p.m. • Base Library

### Comedy Show & Dinner

February 12 • 6 p.m. • J.R. Rockers

### Sunday Champagne Brunch

February 13 • 10:30 a.m. • Doolittle Center

### Sunday Escapes Book Club

February 13 • 1:30 p.m. • Base Library

### Framing Class

February 14 • 10 a.m. • Arts & Crafts Center

### Home Based Business Workshop

February 14 • 10 a.m. • A&FRC

### Small Business Workshop

February 14 • 1 p.m. • A&FRC

### Sweetheart's Night Special

February 14 • 4-9 p.m. • Rough Rider Lanes

### FCC Pre-Orientation

February 14 • 6-8 p.m. • Old Shoppette

### Stress Management

February 16 • 10 a.m. • A&FRC

### Counted Cross Stitch Class

February 16 • 1 p.m. • Arts & Crafts Center

### Airmen Only Night

February 17 • 8 p.m. • Community Center



## YOUth: Nothing Less Than Royalty Pageant

The Youth Center invites children (both girls and boys) from ages 3-8 to participate in their "YOUth: Nothing Less Than Royalty Pageant" on February 18th from 6:30-8 p.m. Everyone's a winner in this pageant! Parent escorts youth down the red carpet while our Master of Ceremonies proudly introduces our kings and queens. Dress up in your finest. Each royal participant receives a crown or tiara at the end of the red carpet. There will be a reception to follow featuring cookies and lemonade. This is a wonderful photo opportunity so be sure to bring your cameras. Each participant receives a FREE picture frame. Cost is \$10 for Youth Center members and \$15 for non-members. Register at the Youth Center by February 15th. For details, call 723-2838.



Visit our website at [www.5thforcesupport.com](http://www.5thforcesupport.com)

### Robots Are Out Of This World

Children of all ages won't want to miss the "Robots Are Out of This World" program at the Base Library on Saturday, February 12th at 1 p.m. Kids will explore outer space, the planets, and robots such as the Mars rover. The EOD bomb robot is tentatively set to make an appearance. Stories, a craft, and more are all part of this fun-filled event. For additional information, contact the Base Library at 723-3344.

### Preteen Prom At The Youth Center

Children ages 9-12 can dance the night away during the Preteen Prom at the Youth Center on February 18th from 8-10:30 p.m. The prom starts with a Grand March followed by plenty of fun. A drawing is scheduled at 10 p.m. where one lucky participant will win a FREE digital camera; must be present to win. Cost of the Preteen Prom is \$5 for Youth Center members and \$6.50 for non-members. For details, call 723-2838.



**Celebrate Valentine's Day  
During These 5th Force  
Support Squadron Events**

### Valentine's Sale at Arts & Crafts Center

Visit the Arts & Crafts Center on February 11th to find great gift ideas for your special significant other during their Valentine Sale. Heart scrapbooking items and stamps will be 25% off. For details, call the Arts & Crafts Center at 723-3640.

### Comedy Show & Dinner at J.R. Rockers

Celebrate Valentine's Day early or simply enjoy a great night of comedy and delicious food during the Valentine's Day Comedy Show and Dinner at J.R. Rockers on February 12th. You'll enjoy hilarious comedy of nationally touring headliner comedian Richard Villa and clever, funny comedian Benny Quash. Your admission includes a delicious meal featuring Chicken Cordon Blue, Chicken Kiev, oven roasted potatoes, wild rice, herb gravy, vegetable medley, salad, rolls, and cheesecake. Doors open at 6 p.m. with dinner starting at 7 p.m. and the comedy show beginning at 8 p.m. J.R. Rockers is closed for regular business on this night. Admission prices are \$14 per person for club members and \$19 per person for non-members. Tickets are now available at J.R. Rockers (limited seating). For details, contact J.R. Rockers at 727-ROCK.

### Sweetheart's Night at Rough Rider Lanes

For a fun and affordable evening, make plans to attend Sweetheart's Night at Rough Rider Lanes on February 14th from 4-9 p.m. You and your sweetheart can bowl 4 games each for only \$12 per couple. Kelley's Place is offering a Valentine's Day special of 2 appetizers and 2 sodas for \$10. For details, call 727-4715.

### Valentine's Touch of Class at Doolittle Center

If you're searching for an elegant evening complete with a gourmet meal, don't miss the Valentine's Day "Touch of Class" at the Doolittle Center on February 14th. You'll savor the delicious menu which starts with a tasty mandarin orange salad with vinaigrette dressing. Then each couple will share a platter of Chateaubriand and Lobster Ragu served on top of Pappardelle pasta. The entree platter comes with Duchess potatoes, broccoli with hollandaise sauce, cauliflower with cheese sauce, and glazed baby carrots. Your elegant meal will conclude with a tantalizing dessert of chocolate torte with Kahlua fudge sauce. A complete beverage service, to include wine, is available. The entree will be served table side. This is an all-ranks dinner served from 6-8 p.m.; cost is \$30 per person for club members and \$35 per person for non-members. Reservations must be made by February 11th by calling the Doolittle Center at 723-3731.

A United States Air Force Production  
www.topsinblue.com

*we believe*

*tops in blue '10  
world tour*

**ND State Fair Center**  
Wednesday - February 23, 2011 - 7:00 pm



No Federal Endorsement of Sponsor(s) Intended

# THE HOTTEST CARS OF THE YEAR JUST GOT HOTTER!

**ALL NEW** 2011 Hyundai AWD **TUSCON**

- #M9019 • Silver • LOADED
- Limited • MSRP \$25,725

**5-STAR SAFETY RATING** ★★★★★

**33 MPG** expected range for most drivers



**\$24,598**

2010 Hyundai **GENESIS COUPE**

- #M8822 • Sunroof • LOADED
- Turbo • MSRP \$26,425

**5-STAR SAFETY RATING** ★★★★★

**47 MPG** expected range for most drivers



**\$24,678**

2011 Hyundai **ELANTRA**

- #M9049 • Blue • PW
- PL • MSRP \$20,195

**5-STAR SAFETY RATING** ★★★★★

**40 MPG** expected range for most drivers



**\$19,558**

2010 Hyundai AWD **SANTE FE**

- #M8984 • Gray • LOADED
- PW • PL • SE
- MSRP \$25,725

**5-STAR SAFETY RATING** ★★★★★

**30 MPG** expected range for most drivers



**\$25,812**  
\$24,126 after \$1,000 Rebate

2011 Hyundai **VERACRUZ**

- #M9045 • Limited • Leather
- CD • 3rd Seat
- MSRP \$37,125

**5-STAR SAFETY RATING** ★★★★★



**\$33,601**

**ALL NEW** 2011 Hyundai **SONATA SE**

**BEST SELLER!**

- #M9012 • Wheels • Roof
- MSRP \$23,500

**5-STAR SAFETY RATING** ★★★★★

**41 MPG** expected range for most drivers



**\$24,126**

2011 **MAZDA 3S**

- #M8995 • Teal
- MSRP \$20,945

\$400 rebate + 0.9% for 60 months



**\$19,700**

2010 **MAZDA 6**

- #M827 • Red
- MSRP \$25,355



**\$20,996**

## DON BESSETTE PRE-DRIVEN SPECIALS

- 2009 CHEVY SILVERADO CREWCAB #12890A was \$36,995...**NOW \$30,988**
- 2008 CHEVY CREWCAB #12855A was \$30,995...**NOW \$27,888**
- 2008 CHEVY CREWCAB #13035A was \$29,995...**NOW \$27,888**
- 2009 CHEVY CREWCAB #12875A was \$30,995...**NOW \$28,777**
- 2009 CHEVY CREWCAB #M19123A was \$29,995...**NOW \$27,888**
- 2008 FORD F150 SUPERCREW #M19354A was \$26,995...**NOW \$25,344**
- 2006 FORD F250 CREWCAB DIESEL #M18898A was \$27,995...**NOW \$26,344**
- 2008 HONDA RIDGLINE RTL #12822B was \$28,995...**NOW \$26,344**
- 2005 GMC CANYON CREWCAB 4X4 silver, 64kmiles was \$17,995...**NOW \$15,988**

- 2010 CHEVY SUBURBAN #M19382 was \$40,995...**NOW \$38,990**
- 2007 CHEVY SUBURBAN #C4290 was \$31,995...**NOW \$29,996**
- 2010 CHEVY TAHOE #M19278 was \$36,995...**NOW \$35,210**
- 2007 CHRYSLER ASPEN #M19391 was \$24,995...**NOW \$23,888**
- 2007 CHRYSLER PACIFICA #M19356 was \$19,995...**NOW \$18,888**
- 2010 DODGE NITRO #19224 was \$21,995...**NOW \$20,888**
- 2010 HYUNDAI SANTE FE #M19323 was \$23,995...**NOW \$22,888**
- 2007 NISSAN PATHFINDER #M19350 was \$21,995...**NOW \$20,888**
- 2004 CHEVY TAHOE 4X4 Gold, 3rd Seat, Leather, Sunroof was \$18,995...**NOW \$16,990**

- 2007 GMC YUKON SLT SLT 4X4 Black, 3rd Seat, 40k miles, Leather roof was \$30,990...**NOW \$29,977**
- 2008 BUICK LUCERNE #M17465 was \$21,495...**NOW \$19,988**
- 2006 CADILLAC CTS #M19281B was \$18,995...**NOW \$17,777**
- 2010 CHEVY MALIBU #M19390 was \$20,495...**NOW \$18,988**
- 2006 CHRYSLER 300 #M8986A was \$16,995...**NOW \$15,888**
- 2007 CHRYSLER SEBRING #M19340B was \$10,595...**NOW \$9,577**
- 2008 CHRYSLER SEBRING was \$13,995...**NOW \$11,995**
- 2008 FORD FOCUS #M19344 was \$11,995...**NOW \$9,995**
- 2009 HYUNDAI SONATA #M19241A was \$17,995...**NOW \$15,978**

- 2009 HYUNDAI ACCENT #M19333 was \$11,995...**NOW \$9,995**
- 2009 NISSAN VERSA #M19334 was \$11,995...**NOW \$10,488**
- 2008 VW JETTA M19095, 27K, White was \$18,995...**NOW \$17,500**
- 2011 KIA SORENTO was \$24,995...**NOW \$23,995**
- 2010 HYUNDAI SANTA FE was \$23,995...**NOW \$22,995**
- 2006 NISSAN MURANO SL 35K was \$22,995...**NOW \$21,995**

**Don't forget to ask about our first time buyers program!**

# Don Bessette Motors

Stop in today at Don Bessette Motors high atop North Hill, Minot • 1715 N. Broadway • 701-852-3300 • 800-422-1201  
www.donbessettemotors.com • 9 am - 7 pm Mon. - Fri.; 9 am - 6 pm Sat.



Dennis Bessette



Dermer Chadwell



Terry Epps



Terry Faul



Kevin Johnson



TJ Lee



Rodney McHenry



Mitch Melby



Robin Shelby

## HOME FRONT from page 7

honored and respected, so they can go as far as they want about their situation, or not."

Late in the morning on their final day together, Ms. Bruner conducted a session with the women, seated in a circle in a comfortable room adorned with plants, a wall quilt and subdued lighting.

"What has this week been like for you?" she asked. Answers circulated in a flurry of optimism from the participants, whose identities are not included in this article to protect their privacy.

"I feel less isolated, I made close friends," one of the women said. "We understand each other."

"I feel empowered, re-

freshed -- a partner with my partner," another said. "I'm inspired to work as a team."

"It's refreshing," said a third. "I learned skills to regain my energy. I feel whole again."

Ms. Bruner said the women in the support group see signs of strength in themselves to keep going -- to bounce back and realize they're not "crazy." They learn how to practice patience, be more tolerant and supportive of their military family in a balanced manner, she added.

Ms. Bruner, who lost her husband in Vietnam, said it's critical for the women "to get the support they need, to reduce the cost of war."

Post-traumatic stress is not new -- it's just another name for a phenomenon that's been recognized since the Civil War. "Melancholy," "shell shock" and "battle fatigue" are among the names it's had when it's been observed in service members in past conflicts.

Mr. Bullis, a former Army medic who served in Vietnam, said that during and after the Gulf War deployment in 1990 and 1991, 100,000 service members complained of what became known as "Gulf War syndrome."

"It came from out of nowhere, and they had symptoms similar to chronic fatigue syndrome," he said. Eventually, with no real medical cause found, it was called "medically unexplained physical symptoms." And service in the Gulf War, he added, was never linked to it.

Mr. Bullis added that 20 percent to 30 percent of those deployed to Iraq and Afghani-

stan can develop symptoms of post-traumatic stress, but treatment can be successful if it is caught in its early stages. And medical staff members at military clinics worldwide are catching signs of the disorder at a rapid pace through routine screening, he added.

Yet, the average time it takes a service member to seek help after the onset of symptoms is a staggering 12 years, Mr. Bullis noted.

"It's an invisible wound," he said, "and it's always a part of war."

The Significant Others Support Group provides sessions on topics such as "Dealing with Adrenaline Overload," "Understanding Triggers" and "Dealing with Things You Can't Control." It also provides relaxation and focus classes featuring Yoga Nidra, QiGong and acupuncture, as well as a massage donated by a local spa.

Robin Carnes, a local

mind and body skills instructor who teaches relaxation tools to the Significant Others Support Group, said the techniques can be used at home in five minutes a day. Her methods teach the women to relax and refocus by "putting back life energy and storing it," she said.

"If you want to change your life," she added, "change your practice. It's a healthy addiction if done every day."

The charter class of 11 significant others gathered one last time on the final day in a small ceremony. As they received certificates of completion, some quietly said, "Thank you."

But one Army wife, also a veteran, dropped to her knees, tearfully gesturing to the group, thanking everyone for the support she now has, and for her husband's success in the Specialized Care Program.

"This program," she said, "gave me my husband back."

## Park University

Minot Campus Center

### Onsite Spring 2 Schedule

14 March 2011 - 8 May 2011

**MON:** GGH110 Cultural Geography\*\*  
CS300 Technology in a Global Society

**TUES:** MA125 Intermediate Algebra\*\*  
MG268 Office Administration

**WED:** PO330 Public Administration (Blended Course)

**THURS:** MG352 Principles of Management\*\*

**SAT:** CA103 Public Speaking\*\*

\*\* = CCAF Course

Blended Course: 3 hours face to face & 2 hours online each week

Online Schedule available at: [www.park.edu](http://www.park.edu)

Registration begins in the office 14 FEB!

Contest:

## WIN AN IPOD NANO!!

Refer a friend and become eligible to WIN an IPOD nano!

For rules and regulations, please contact the Park University Minot Campus Center. Contest ends: 9 March 2011.

*Continuing to Serve the Educational needs  
of the United States Military*

 Park University Minot Campus Center 210 Missile Ave., MAFB  
PHONE: (701) 727-0469 FAX: (701) 727-0470  
EMAIL: [mino@park.edu](mailto:mino@park.edu) WEBSITE: [www.park.edu/MINO](http://www.park.edu/MINO)

## Global Strike Airmen save lives by employing the Wingman concept

by Maja Z. Stevanovich  
Air Force Global Strike  
Command Public Affairs

**BARKSDALE AIR FORCE BASE, La.** - Two Air Force Global Strike Command Airmen saved a life recently when they alerted base security forces to the suicidal thoughts of their friend, employing the Wingman concept to get the ailing Airman the help he needed.

"A life was saved in our command that day because immediate action was taken by two Wingmen who were paying attention, then stepped in and dedicated themselves to saving their fellow Airman," said Chaplain (Lt. Col.) Carl Wright, deputy command chaplain.

Multiple lives in Global Strike Command have been saved through suicide prevention efforts, according to Father Wright.

"If you stop to think of it,

we probably spend more time with our fellow Airmen than we do with our families; so professional relationships matter," Chaplain Wright said. "By showing that we care, we can literally save lives. When suicides are prevented, it can be traced to healthy professional relationships in the workplace."

The most important thing to convey to a suicidal Airman is first, that there is hope, and second, there is always a way out of life's problems that does not involve ending one's life, Chaplain Wright said.

Chaplain Wright recalls other recent instances where a suicide was prevented because a Wingman listened and offered a kind word to an individual who was contemplating taking his or her own life.

"One key to suicide prevention is getting to know your fellow Airmen at work

so you can notice any changes in their behavior," the chaplain said.

"If somebody tells you they're thinking about taking their own life, first, stress to them that suicide is not a solution to their problems," Chaplain Wright said. "If anything, it creates more problems for those they leave behind. Then, show that you care about them by offering to assist them in getting help." Common warning signs of suicidal thoughts include an individual giving away personal possessions, talking about suicide and showing unexplained behavioral changes, officials say.

Help is available from chaplains on base, in addition to on-base mental health facilities, the chaplain noted. Importantly, chaplains honor strict confidentiality, where they are sworn to never disclose what they hear in counseling, the chaplain said.

Check us out on the web  
[www.northernsentry.com](http://www.northernsentry.com)

## Prairie Adventures

by Patricia Stockdill

The November 2011 deer gun season is a long ways away but preparations are already underway to determine how many licenses will be available.

If there's a bright spot this winter, it's that N.D. Game and Fish Department big game biologists and pilots had enough snow cover throughout the state to enable them to complete wintering white-tailed deer survey areas.

That's just one of several pieces of information used to determine the number of available licenses each year, explained Game and Fish Department wildlife division chief Randy Kreil.

Flying began in early January. Depending on the weather, there can be several planes in the air in efforts to get as much of the state flown as possible. This is the third consecutive year biologists completed all of their aerial survey areas, Kreil said, marking the first time in several years they will have three straight years of wintering data. It's too early for final survey results but early indications are that deer numbers are down in several areas. "How significantly remains to be seen," Kreil said.

The Game and Fish Department must have the proposed deer gun season proclamation to Gov. Jack Dallymple by April 24. Kreil said the proposed number of licenses will be finalized by late March or early April in time for spring Game and Fish Department public meetings. Wildlife such as pheasants and deer tend to congregate in winter, especially harsh ones – the "strength in numbers" wildlife version of self-defense, safety, and warmth. Because that typically means sheltered areas like farmsteads and ranches, the Game and Fish Department is once again dealing with deer depredation complaints. So far, the number of complaints is on par with last year – about 200.

That's significantly less than the winter of 1996-1997 when there were more than 1,000 depredation complaints from producers.

Pheasants will also likely see some losses beyond normal mortality this winter but the most notable critter to take another hit could likely be pronghorn. Those managing to hang on after last year probably can't stand much more winter again. Big game biologists estimate the state's pronghorn numbers plummeted almost 50 percent since 2008. Facing a third straight tough winter in the southwest and western part of North Dakota leaves little doubt pronghorn are in a vulnerable state again because of deep snow, Kreil said.

Normally pronghorn simply migrate out of an area but heavy snow restricts their ability to move and they have extreme difficulty crossing fenced areas.

As tired of winter as most North Dakotans are, the state's wildlife is probably even more so.

Everyone could stand a reprieve. Even a few sunny days and temperatures hovering around freezing help. Extended periods of cold and snow drain an animal of its fat reserves. "Animals have been stressed for a couple of months now and they don't have the energy they had in early winter," Kreil said.

People can do something to help stressed wildlife – leave them alone. Each winter Game and Fish Department game wardens deal with a barrage of frenzied snowmobilers who chase and harass wildlife, some knowingly – especially coyotes – and others inadvertently.

Regardless of whether or not it's intentional, the pursuit, chasing, flushing, and harassment of wildlife is illegal.

Quote of the Week:

"Animals could definitely use a reprieve." – N.D. Game and Fish Department wildlife division chief Randy Kreil, discussing another tough winter, the third in a row.

## Spring light goose licenses available

Light goose hunters planning to hunt during North Dakota's spring season can purchase a license online at the state Game and Fish Department's website.

Residents can hunt during the spring season by having last fall's 2010-11 bird licenses. Otherwise, hunters will need to purchase either a 2011-12 combination license; or a small game, and general game and habitat license.

Nonresidents, regardless of age, need a 2011 spring light goose season license. The cost is \$50 and the license is good statewide. Nonresidents who hunt the spring season remain eligible to buy a fall season license. The spring season does not count against the 14-day fall hunting season regulation.

A federal duck stamp is not required of either residents or nonresidents.

Licenses are available only from the Game and Fish Department's Bismarck office, the department's website at [gf.nd.gov](http://gf.nd.gov), or by calling (800) 406-6409. North Dakota's spring light goose season officially opens Feb. 19, but hunters shouldn't expect to see geese migrate through anytime soon.

North Dakota's annual spring season opens in February in case weather conditions allow for an early arrival. Availability of food and open water dictate when snow geese arrive in the state. Early migrants generally start showing up in the southeast part of the state in mid-to-late March, but huntable numbers usually aren't around until the end of March or early April. Movements through the state largely depend on available roosting areas and the extent of the snow line.

Hunters must obtain a new Harvest Information Program registration number before venturing out into the field. Those purchasing a license are able to register with the HIP at that time.

Otherwise, hunters should call (888) 634-4798. The HIP number is good for the fall season as well, so spring hunters should save it to record on their fall license.

The Game and Fish Department will provide hunters with migration updates once geese have entered the state. Hunters can access the department's website, or call (701) 328-3697, to receive generalized locations of bird sightings in North Dakota until the season ends or geese have left the state. Migration reports will be updated periodically during the week.

The spring season is only open to light geese – snows, blues, and Ross's. Species identification is important because white-fronted and Canada geese travel with light geese. The season is closed to whitefronts, Canada geese, swans and all other migratory birds.

The statewide season is open through May 8. Shooting hours are 30 minutes before sunrise to 30 minutes after sunset. There is no daily bag limit or possession limit. Electronic and recorded calls, as well as shotguns capable of holding more than three shells, may be used to take light geese during this season. There are no waterfowl rest areas designated for the spring season. Hunters should note that private land within waterfowl rest areas closed last fall may be posted closed to hunting.

Nontoxic shot is required for hunting all light geese statewide. Driving off established roads and trails is strongly discouraged during this hunt because of the likelihood of soft, muddy conditions, and winter wheat that is planted across the state.

To maintain good landowner relations, hunters are advised to seek permission before hunting on private lands or attempting any off-road travel during this season. Sprouted winter wheat is considered an unharvested crop. Therefore, hunting or off-road travel in winter wheat is not legal without landowner permission.

Game Wardens Association to Give Scholarship

The North Dakota Game Wardens Association has a \$300 scholarship available for a graduating high school senior entering college in fall 2011 who enrolls in fisheries or wildlife management with an emphasis on law enforcement.

Applicants must be North Dakota residents and have maintained a 3.25 grade point average. The scholarship will be awarded to the student upon proof of enrollment in college. Applications are available by contacting the North Dakota Game and Fish Department at 328-6604; or e-mail [ndgf@nd.gov](mailto:ndgf@nd.gov). Applications must be post-marked no later than May 6, 2011.

### TLC Pet Resort & Salon

Minot's Premier Pet Care Facility

Services offered:

- Dog & Cat Boarding
- Daycare
- Grooming
- Retail



701.838.1079

M-F: 7-7 Sat: 8-5 Sun: 12-5

1625 27th Street SE • Minot, ND 58701

[www.tlcpetresortandsalon.com](http://www.tlcpetresortandsalon.com)



**MAGIC CITY**  
**FLEA MARKET**  
STATE FAIRGROUNDS • MINOT  
Saturday, Feb. 12th • 8 am to 4 pm  
Sunday, Feb. 13th • 10 am to 3 pm  
ANTIQUES, COINS, BOOKS, JEWELRY,  
TOOLS, BAKED GOODS, & MORE

## TRAVEL CARD from page 3

case with the travel card. It also differs in that there will not be an available balance unless there is an approved travel order or a residual balance left over from a previous trip. "Before, almost three-fourths of the Air Force had access to a GTC," Mrs. Campbell explained. "Now everyone will have access to a travel card."

She said one of the benefits of this new program is its ability to allow travelers to fulfill mission requirements, while also minimizing the risk of delinquency.

"A lot of manpower hours are dedicated in order to deal with delinquencies," she continued. "Clearing up delinquencies takes time, but this new program is sure to help us out."

"This program will help curtail disciplinary actions due to delinquencies as well," said Mrs. Campbell. "Members will know their spending limits up front before they travel."

Mrs. Campbell said delivering a more efficient travel program by simplifying and

streamlining the whole travel process was also a main goal.

She explained that when a member files for a travel voucher, 100 percent of the final payment will go to the card. "Members will then be able to use any money that is left on the card to their liking," added Mrs. Campbell. "They also have the option to transfer it to their own personal account."

She added because of the CSA program's collaboration with CitiBank, there is increased access to merchants. This allows members to make purchases from any location.

Mr. Todd Johnson, 5th CPTS financial services officer, mentioned Air Force leadership has always worked hard at trying to find ways to make traveling procedures more effective and that this program was a step in the right direction.

"This CSA program has been in testing at Keesler AFB, Miss., as well as a few others, and we've received good data on how it's been doing," said Mr. Johnson.

He stressed that while this

program places a personal responsibility on individuals to spend wisely, they also have implemented a "leave no one stranded" policy. With CitiBank's 24-hour customer service availability, travelers will be able to request a temporary increase in their card limit to prevent members

from being stranded out at their TDY locations without funds.

"We understand that situations arise when a traveler might require more money," said Mr. Johnson. "Sometimes the mission changes or unexpected expenses arise."

He said this new pro-

gram's mission-driven initiatives would definitely allow travelers to perform their mission with confidence while making travel related purchases with ease.

Additional information can be found by searching "controlled spend account" on the USAF Portal.

Legal Notice

## Important information about the \$3.4 billion Indian Trust Settlement

### For current or former IIM account holders, Owners of land held in trust or restricted status, or their heirs

There is a proposed Settlement in *Cobell v. Salazar*, a class action lawsuit about individual Indian land held in trust by the federal government. This notice is just a summary. For details, call the toll-free number or visit the website listed below.

The lawsuit claims that the federal government violated its duties by (a) mismanaging trust funds/assets, (b) improperly accounting for those funds, and (c) mismanaging trust land/assets. The trust funds include money collected from farming and grazing leases, timber sales, mining, and oil and gas production from land owned by American Indians/Alaska Natives.

If you are included in the Settlement, your rights will be affected. To object to the Settlement, to comment on it, or to exclude yourself, you should get a detailed notice at [www.IndianTrust.com](http://www.IndianTrust.com) or by calling 1-800-961-6109.

#### Can I get money?

There are two groups or "Classes" in the Settlement eligible for payment. Each Class includes individual IIM account holders or owners of land held in trust or restricted status who were alive on September 30, 2009.

#### Historical Accounting Class Members

- Had an open individual Indian Money account ("IIM") anytime between October 25, 1994 and September 30, 2009, **and**
- The account had at least one cash transaction.
- Includes estates of account holders who died as of September 30, 2009, if the IIM account was still open on that date.

#### Trust Administration Class Members

- Had an IIM account recorded in currently available data in federal government systems any time from approximately 1985 to September 30, 2009, **or**
- Owned trust land or land in restricted status as of September 30, 2009.
- Includes estates of landowners who died as of September 30, 2009 where the trust interests were in probate as of that date. This means you have asked a court to transfer ownership of the deceased landowner's property.

An individual may be included in one or both Classes.

#### What does the Settlement provide?

- A \$1.5 billion fund to pay those included in the Classes.
- A \$1.9 billion fund to buy small interests in trust or restricted land owned by many people.
- Up to \$60 million to fund scholarships to improve access to higher education for Indian youth.
- A government commitment to reform the Indian trust management and accounting system.

#### How much can I get?

- Historical Accounting Class Members will each get \$1,000.
- Trust Administration Class Members will get at least \$500.
- If you own a small parcel of land with many other people, the federal government may ask you to sell it. You will be offered fair market value. If you sell your land it will be returned to tribal control.

If you believe you are a member of either Class and are not receiving IIM account statements, you will need to call the toll-free number or visit the website to register.

#### What are my other rights?

- If you wish to keep your right to sue the federal government about the claims in this Settlement, you must exclude yourself by **April 20, 2011**.
- If you stay in the Settlement you can object to or comment on it by **April 20, 2011**. The detailed notice explains how to exclude yourself or object/comment.

The U.S. District Court for the District of Columbia will hold a hearing on June 20, 2011, to consider whether to approve the Settlement. It will also consider a request for attorneys' fees, costs, and expenses in the amount of \$99.9 million. However, Class Counsel has fee agreements that would pay them 14.75% of the funds created for the Classes, which could result in an award of \$223 million. The Court may award more or less than these amounts based on controlling law. If approved, these payments and related costs will come out of the Settlement funds available for payment to Class Members.

If you wish, you or your own lawyer may ask to appear and speak at the hearing at your own cost. For more information, call or go to the website shown below or write to Indian Trust Settlement, P.O. Box 9577, Dublin, OH 43017-4877.

## JOURNEY from page 6

"You don't know what you don't know" and it has aptly applied to all situations of life I've found, especially in the military. That day in the Lindsey Education Center I found out just how much I didn't know, and then, found out how I could find out more. I haven't looked back since.

Twenty-five years ago that little girl in the too-big slippers motivated me to be better than I was, and now she's a nurse, working on her masters degree with a husband and a daughter of her own (who is very bright, and loves learning). Our son is an

Air Force air traffic controller and father, an honor graduate from basic training and technical school. He is excelling on his own CCAF journey and, when he graduates, Kim and I will be there because we know how important that degree is.

The things you do today will affect so many others, especially the ones you love. So get involved, sign up, show up and get ready for a great ride. All it takes is some willpower and faith, and that's where all great stories are born. Your story is waiting just ahead.

If you have any problems concerning the delivery of the Northern Sentry in base housing, Please call Michelle Bock at 838-5937.



For more Information: 1-800-961-6109 [www.IndianTrust.com](http://www.IndianTrust.com)

**Little Flower Catholic Church**  
800 University Avenue West  
838-1520

**Mass Schedule**  
Daily M-F .....8:00 a.m.  
Saturday .....5:30 p.m.  
Sunday ..... 8:30 a.m. & 11:00 a.m.

**Fr. Fred Harvey, Pastor**  
[www.littleflowerminot.com](http://www.littleflowerminot.com)

**St. Peter The Aleut Eastern Orthodox Church**

109 6th St. SE  
Minot • 838-3094

SUNDAY LITURGY ..... 10 A.M.  
SATURDAY VESPERS ..... 6 P.M.

The Very Reverend Father Anastassy

**Heritage Baptist**  
Independent Fundamental  
**Meeting at 435 21st St. NW**  
**833-1798**

Sunday School .....9:30 a.m.  
Sunday Worship .....10:45 a.m.  
Sunday Evening .....6:00 p.m.  
Wed. Prayer/Bible Study .....7:00 p.m.  
Wed. Children's Patch Club .....7:00 p.m.

**Pastor Brian Ferree**

**Minot Air Force Base Chapel**  
**Protestant Services (All Sunday)**

Traditional Service .....10:00 a.m.  
(North Plains Chapel)  
Gospel Service .....11:30 a.m.  
(Northern Lights Chapel)  
Contemporary Service .....2:00 p.m.  
(North Plains Chapel)  
Wednesday Feed Your Faith Classes:  
North Plains Chapel 1730-1930  
Dinner and Children's programs included

**Chapel 723-2456**

**Minot Air Force Base Chapel**  
**Catholic Services**

**Eucharist (Mass)**  
Daily Mass .....9:00 a.m.  
(Northern Lights)  
Sunday .....9:30 a.m.  
(Northern Lights)  
Sunday CCD .....11:15 a.m.  
(North Plains School)

**Northern Lights Chapel**  
**723-2456**

**Bible Fellowship**  
1720 4th Ave. NW • 838-0916  
[www.minotbiblefellowship.org](http://www.minotbiblefellowship.org)

Sunday School .....9:45 a.m.  
Sunday Worship .....10:45 a.m.  
Sunday Evening Worship .....7:00 p.m.  
Wed. Evening Family Night .....7:00 p.m.

• Pioneer Club • Youth Club  
• Women's Bible Study • Adult Bible Study

**Pastor Duane Deckert**

**Minot Baptist Church**

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School .....9:45 a.m.  
Morning Worship .....11:00 a.m.  
Evening Worship .....6:00 p.m.  
Wednesday Evening .....7:00 p.m.

Independent/Fundamental/KJV  
500 46th Ave NE • 839-1351  
Pastor David Miller

**Harvest Reformed Church**

We are devoted to faithful preaching of God's Word, Confessionally Reformed Biblical worship.

Now meeting in room 204  
Minot Municipal Auditorium

**Morning Service 10:30 a.m.**

**838-0605**  
[www.harvestreformedchurch.org](http://www.harvestreformedchurch.org)

**Congregational United Church of Christ**  
430 N. Broadway  
839-1064

Sunday School .....11:00 a.m.  
Sunday Worship .....11:00 a.m.  
Tuesday Lunch Bible Study .....12 Noon  
Wednesday Youth Classes .....6:30-8:30 p.m.

**Rev. Frank Picard**

**Welcome to the Minot Church of Christ**  
1315 1st St. NE

**Sunday:**  
Bible Classes .....9:30 a.m.  
Worship .....5:00 p.m.

**Wednesday:**  
Bible Classes .....7:00 p.m.

"Restoring 1st Century Christianity in the 21st Century"

**First Presbyterian Church**  
1000 3rd St. NE  
(Next to Trinity Nursing Home)  
**852-0315**

Sunday Contemporary Worship .....8:30 a.m.  
Sunday School .....9:30 a.m.  
Sunday Traditional Worship .....11:00 a.m.  
Monday Youth Worship .....7:00 p.m.  
Wednesday Community Supper .....5:00-6:30 p.m.  
Wednesday Contemporary Worship .....6:30 p.m.

Sunday Transportation & Nursery Available  
[www.minotpc.org](http://www.minotpc.org)  
Visitors Welcome

**Apostolic Faith Church, UPCI**  
2929 19th Ave NW • Minot  
Located off Hwy 83 Bypass West  
**(701) 838-0609**

Sunday School .....2:00 p.m.  
Sunday Worship .....3:30 p.m.  
Wednesday Bible Study .....7:30 p.m.

**Jesse Starr, Pastor**

**Minot First Church of The Nazarene**  
2500 West Central Avenue  
701-838-8704

Come Experience a Warm Family Feeling

Coffee & Conversation .....9:00-9:30 a.m.  
Sunday School .....9:30 a.m.  
Morning Worship .....10:45 a.m.  
Evening Service .....6:00 p.m.  
Midweek Service (Wed.) .....7:00 p.m.

**Senior Pastor Francis Warren**

**First Lutheran Church - ELCA**  
120 - 5th Ave. NW  
852-4853

Wednesday Supper .....5:00 pm  
WOW (Worship on Wednesday) .....5:45 pm  
Wednesday School & Confirmation ..6:20 pm  
Saturday Worship .....5:30 pm  
Sunday Worship .....8:45 & 10:45 am  
Sunday School & Adult Forum .....9:45 am.

Radio Broadcast KRRZ 1390 AM - 8:45 a.m.  
Pastor Ken Nelson, Pastors Michael & Kari Pancoast  
[www.firstlutheranchurchminot.com](http://www.firstlutheranchurchminot.com)

**St. Mark's Lutheran Church**  
Missouri Synod

Sunday Worship .....8:30 a.m. & 11 a.m.  
Sunday School & Bible Class .....9:45 a.m.

Holy Communion is served at 8:30 a.m. service on the 1st & 3rd Sunday and at 11 a.m. service on the 2nd and 4th Sunday

**2209 4th Ave. NW • 839-4663**  
Carlyle Roth, Pastor

**Bethany Lutheran**  
215 3rd Ave. SE, Minot, ND  
Phone: 838-5196 • Fax: 852-8494  
A Member of the ELCA

Wednesday Worship .....7:00 p.m.  
Sunday Worship .....8:15 a.m. & 10:45 a.m.  
Fellowship .....9:15 a.m.  
Adult Forum .....9:30 a.m.  
Sunday School .....9:30 a.m.

Website: [www.bethanylutheranminot.com](http://www.bethanylutheranminot.com)  
Email: [bethanylutheran@srt.com](mailto:bethanylutheran@srt.com)  
Pastor Janet Hernes Mathistad  
Pastor Gerald Roise

**North Hill Baptist Church SBC**  
524 21st Ave. NW • 839-7283

Bible Reaching & Teaching .....9:30 a.m.  
Morning Worship .....11:00 a.m.  
Bible Study .....5:30 p.m.

**Pastor Dan Andrus**

**St. John the Apostle Catholic Church**  
2600 West Central Ave.  
Minot, ND 58701  
**839-7076**

Daily Mass Schedule:  
Tuesday .....7:00 p.m.  
Wednesday - Friday .....9:00 a.m.  
Saturday .....5:00 p.m.  
Sunday .....8:00 and 10:30 a.m.

**Fr. Dave Zimmer, Pastor**  
Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)

**All Saints' Episcopal Church**  
(Anglican)  
301 S. Main St. • 839-1037

Sunday Worship .....10:00 a.m.  
Wednesday Worship .....5:15 p.m.

[www.allsaintsminot.org](http://www.allsaintsminot.org)

**Our Redeemer's Church**  
A Church with a Christian School  
700 16th Ave SE

**Sundays**  
Worship Services .....8:30 a.m. & 10:45 a.m.  
Radio Broadcast KHRT 1320 AM .....11 a.m.  
Children's programs .....9:45 a.m.  
Youth & Adult Bible Classes .....10 a.m.  
Interpreter services for the deaf .....10:45 a.m.

**Wednesdays**  
Supper .....5:40 p.m.  
Bible Classes for all ages .....6:30 p.m.

Lead Pastor, Rod Spidahl, PhD  
838-0750 • [www.ourredeemers.org](http://www.ourredeemers.org)

**Augustana Lutheran Church**  
321 University Ave W • Minot  
(Across from MSU)  
ELCA • 839-9563

Sunday Worship .....8:00 & 10:30 a.m.  
Sunday School, Confirmation, Adult Forum & Choir Rehearsal .....9:00 a.m.

**Pastor Michon Weingarther**  
Home of Campus Pastor Kerri Williamson

**Faith United Methodist Church**  
801 University Ave. W • 838-1540

Worship: 10:45 a.m.  
Nursery Available

**Soup Kitchen: 11 a.m. - 12:30 p.m. Mon.**  
**Food & Clothing Pantry: Mon. 9:30 a.m. - 1 p.m. & Wed. 2 - 4 p.m.**

**Rev. Debra Ball-Kilbourne**

**Cross Roads Baptist**

Sunday School (all ages) .....9:45 a.m.  
Sunday Worship .....11:00 a.m. & 6:30 p.m.  
Wednesdays (Prayer & Missions) ..6:30 p.m.

[www.angellnet.net/crossroads](http://www.angellnet.net/crossroads)  
email: [crbc@srt.com](mailto:crbc@srt.com)  
**415 28th Ave SE (Behind Menards)**  
838-1873  
Dr. Ben Pierce, Pastor

**West Minot Church of God**  
"A Family Worship Center"  
1105 16th St. NW • 839-1407

Sunday School .....9:30 a.m.  
Sunday Worship .....10:30 a.m.  
Children's Church .....10:30 a.m.  
Wednesday Family Training Hour .....6:30 p.m.  
Wednesday Kids on the Rock .....6:30 p.m.  
Youth Center, Friday .....7:00 - 11:00 p.m.

ABC Child Care & Pre-School Center  
852-6352

**Bethel Free Lutheran AFLC**  
"Building Followers of Jesus Christ"

Sunday School .....9:00 a.m.  
Worship Service .....10:30 a.m.  
Wednesday Supper .....6:15 p.m.  
Adult/Youth Bible Study  
Kids Club .....7:00 p.m.

**Pastor Shane McLoughlin**  
530 22nd Ave NW • 852-6492  
[bethel@minot.com](mailto:bethel@minot.com)

**River of Life Church**

400 22nd Ave NW • Minot

Sunday School .....9:30 a.m.  
Sunday Worship .....10:30 a.m.  
Sunday Evening Service .....6:00 p.m.  
Wednesday Service .....7:00 p.m.

**Joe VanEst, Pastor • 858-7777**

**First Baptist Church**  
220-3rd St. S.W.  
852-4533  
[www.firstbaptist-minot.org](http://www.firstbaptist-minot.org)

Summer Worship Schedule:  
Classic Worship .....8:30 a.m.  
Adult Sunday School .....9:45 a.m.  
Contemporary Worship Service .....9:50 a.m.  
Sunday School (All Ages) .....11:00 a.m.  
Contemporary Worship Service .....11:05 a.m.  
Wed. AWANA Clubs (Sept. - May) .....6:30 p.m.

Rev. Kent Hinkel, Senior Pastor  
Rev. Gordon Kroeker, Discipleship & Community Life  
Pastor Paul Pankratz, Student Ministries  
Pastor Josh Huesby, Worship

**Gospel Tabernacle Community Church**

County Road 19, 4 miles south of MAFB  
Eld. James W. Henderson, Pastor  
Church: 701-838-4492 Home: 838-5759  
Dial-A-Prayer: 727-6447  
KHRT 1320: 9 a.m. Sunday

Sunday School .....9:45 a.m.  
Morning Worship .....11:00 a.m.  
Family Hour/  
Leadership Training .....6:30 p.m.  
Evening Worship .....7:30 p.m.  
Bible Study/  
Children Worship (Wed.) .....7:00 p.m.  
Prayer (Friday) .....7:00 p.m.

**BEREAN BAPTIST CHURCH**  
Independent KJV

Sunday School .....9:45 a.m.  
Worship .....11:00 a.m.  
Sunday Evening .....6:00 p.m.  
Wednesday Evening .....7:00 p.m.

**Pastor Joe Minnerup**  
[www.bereanbaptistminot.com](http://www.bereanbaptistminot.com)  
601 1st Ave SE • Minot  
833-9811

**First Assembly of God**  
1805 2nd St. SE  
838-1111

Morning Worship .....8:30 a.m.  
Sunday School .....10:00 a.m.  
Morning Worship .....11:00 a.m.  
Evening Worship .....6:30 p.m.  
Wednesday Family Night .....7:00 p.m.

**Trinity Church**  
An Evangelical Free Church  
3500 4th St. SW • 839-5127  
(Just North of Super Wal-Mart)

**September - May**  
Sunday School .....9 a.m.  
Worship .....10:30 a.m.

[www.trinitychurchminot.org](http://www.trinitychurchminot.org)

**Immanuel Baptist Church**  
1615 2nd St. SE • Minot • 839-3694

Sunday School .....9:15 a.m.  
Sunday Worship .....10:30 a.m.  
Wednesdays  
Soup Kitchen .....11:30 a.m. - 12:30 p.m.  
Family Supper .....5:45 p.m.  
Classes for all ages .....6:30 p.m.  
Adult Choir Rehearsal .....8:10 p.m.

**Pastor Allen Lively**  
Sarah Dvirnak, Youth Director

**Zion Lutheran ELCA**

1800 Hiawatha St. • 852-1872

Saturday Worship .....5:00 p.m.  
Sunday Worship .....8:30 a.m. & 11:00 a.m.

**John Streccius, Pastor**  
**Nathan Mugaas, Pastor**

**Vincent United Methodist Church**

1024 2nd St. SE • 838-4425  
Behind Town & Country Shopping Center  
open hearts...open minds...open doors!

Saturday Informal Service .....5:00 p.m.  
Sunday Worship .....8:30 a.m. & 11 a.m.  
Sunday School .....9:30 a.m.  
Coffee Fellowship .....10:30 a.m.

**Gary L. Ball-Kilbourne**  
[www.vincentumc.com](http://www.vincentumc.com)

# crossword puzzle

## ACROSS

1. Alternatives to Volvos
6. James \_\_\_ Garfield
11. \_\_\_ Paese cheese
14. Just kidding around
15. Rigg or Ross
16. Hollywood's Thurman
17. Dull surface, as of paint
19. Biol. or chem.
20. Jack Sprat's preference
21. More morally degraded
23. State with conviction
26. Greeks
27. Olympic ski champ Phil
28. Pea container
29. Suffix with bleacher or suburban
30. Te-\_\_\_ (cigar brand)
31. Apothecary's weight
33. Broke down grammatically
36. Mother porkers
38. Concert venue
40. Scandinavian capital
41. Strut showily
43. Comic Rudner
45. Chow down
46. Roofer's gunk
47. Code often following city and state
48. Al \_\_\_ (pasta specification)
50. Moss's reproductive-cell container
53. Gave the slip to
54. Hook-shaped New England peninsula
55. Citrus drinks
56. Headstone letters
57. Post-World War II barrier
62. Indivisible
63. Guardian Angel's topper
64. Take forcibly
65. "\_\_\_ Rosenkavalier"
66. Grad students' hurdles
67. Flubbed

## DOWN

1. Scrooge player Alastair
2. Santa \_\_\_, Cal.

## In Conclusion

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15					16		
17					18					19		
			20				21			22		
23	24	25				26						
27					28			29				
30			31	32			33				34	35
36			37	38			39			40		
41			42			43			44		45	
		46			47			48	49			
50	51				52			53				
54						55						
56			57			58				59	60	61
62			63					64				
65			66						67			

3. Toward the stern
4. Suspect in many murder mysteries
5. Looked like Snidely
6. Tennis edge
7. Coal container
8. Embossed
9. Photographer Adams
10. Gospel's Jackson
11. Front part, as of a gun
12. Host a roast
13. Lions' digs
18. "Spare tire," essentially
22. Way to get around Paris
23. Build up
24. Pago Pago's place
25. Dazzling performance
26. Like the "Iliad" or the "Odyssey"
28. Goal on a hole
32. Bit of sunshine
33. Benatar or Buchanan
34. Send to cloud nine
35. Was overfond
37. Piece of the pie
39. Playful bite
42. Puerto Rican city
44. Unfavorable
47. Actress Pia
49. Island with colossal carved heads
50. "Catch of the day" fish
51. "Common Sense" pamphleteer Thomas
52. More upset
53. Alternative to .org, .com or .net
55. Does something
58. "\_\_\_ blu, dipinto di ..."
59. Televised
60. Suffix with ion or lion
61. Nancy Drew's beau

M	A	P		C	L	O	S	E		R	E	M	I	T	
A	T	O		B	E	R	L	E		A	M	I	S	H	
M	I	L	K	S	H	E	I	K		J	E	L	L	O	
A	L	A	N		R	O	N		B	A	R	T	E	R	
S	T	R	O	K	E		K	A	T	H	Y				
			T	H	R	U		S	U	R		U	S	A	
P	A	S	T	A		S	A	S	S	A	F	R	A	S	
A	L	I	E	N		E	V	E		B	L	A	C	K	
L	A	N	D	O		W	N	E	R		B	I	L	K	S
E	S	S		F	E	E		T	R	I	G				
			S	W	A	T	S		A	T	H	O	M	E	
P	A	S	T	O	R		T	A	D		T	O	I	T	
A	L	T	A	R		A	R	T	I	E	S	H	A	H	
S	T	O	R	M		R	O	M	A	N		E	T	A	
T	O	P	E	S		S	P	E	L	L		D	A	N	

Solution to puzzle from February 4.

## UPCOMING MOVIES

for more information, call the movie line at 723-3802.

### Season of the Witch

Friday, February 11, at 7 p.m.

(Nicolas Cage, Ron Pelman)

Nicolas Cage stars as a 14th century Crusader who returns with his comrade to a homeland devastated by the Black Plague. A beleaguered church, deeming sorcery the culprit of the plague, commands the two knights to transport an accused witch to a remote abbey, where monks will perform a ritual in hopes of ending the pestilence.

Rated PG-13 (drama and suspense/horror)  
95 min

### Gulliver's Travel

Saturday, February 12, at 7 p.m.

(Jack Black, Jason Segel)

Lemuel Gulliver is a mailroom clerk at a New York newspaper. After Gulliver bluffs his way into an assignment writing about the secrets of the Bermuda Triangle, he is hurtled to an undiscovered land, Lilliput. In this fantastical new world, Gulliver is a bigger-than-life figure in size and ego especially after he starts telling tall tales, taking credit for his world's greatest inventions, and placing himself at the center of its most historic events. Gulliver's position is enhanced even further when he leads his new friends in a daring battle against their longtime enemies. But when Gulliver loses it all and puts the Lilliputians in peril, he must find a way to undo the damage.

Rated PG  
(brief rude humor, mild language and action)  
85 min

## sudoku

		1	2		3	4		5
	3		1					2
		6		7			8	1
	5			2	6			
6								9
			8	5			3	
4	6			1		8		
7					9		1	
9		8	3		5	6		

Solution to puzzle on page 18.

## Scholarships offered through Chevy Scholar Program

Four area students will receive \$5,000

High school juniors and seniors have until Feb. 20 to apply for \$20,000 in scholarship money from the West Dakota and Heartland Chevy Dealers of North Dakota and western Minnesota. Applications can be downloaded at [www.chevyscholar.com](http://www.chevyscholar.com).

The Chevy Scholar program kicked off in October and will award four \$5,000 scholarships to outstanding high school juniors and seniors.

After the Feb. 20 deadline, ten scholarship finalists will be chosen. From February 24-March 9, online and text voting will take place to determine the winners. The scholarship winners will be announced March 12.

"Our dealers are deeply involved in our communities, and this is one more way we can make a difference," says West Dakota Chevy president Kathy Gaddie. "The Chevy Scholar program allows us to work together to provide an ongoing benefit to outstanding students across the region."

Students can nominate themselves or be nominated by family, friends, parents, teachers or coaches. Nomination forms can be downloaded at [www.chevyscholar.com](http://www.chevyscholar.com) or picked up from local Chevy dealers. Nominators fill out basic information including community involvement, academic achievements, extracurricular activities and volunteer work.

According to Heartland Chevy president, Brad Sather, the Chevy Scholar program allows the dealers to give back and help out. "We are learning a lot about the great young people in our communities. It will be exciting to have the public involved in the voting process, and to help four good kids get to college."

Nomination forms can be submitted at any Chevy dealership. At the end of the process, one nominator will win a \$500 cash award through a random drawing.

To learn more or to nominate a student, go to [www.chevyscholar.com](http://www.chevyscholar.com) or visit your local Chevy dealer.

### BASECHAPELHAPPENINGS

#### Catholic

- Join CYO for 6-8 grades & 9-12 grades. Contact Colleen Moore at 723-6442.
- For your convenience, daily mass has changed to 9 a.m. Monday - Thursday.
- Weekend Mass: Sunday 9:30
- We are always looking for ways to reach out to the community. Come see how we can benefit from one another.

#### Protestant

- Sunday services are as follows: Traditional Service 1000 North Plains Chapel; Gospel Service 1130 Northern Lights Chapel; Contemporary Service 1400 North Plains Chapel. Children's Church offered at all services.
- Feed Your Faith night every Wednesday North Plains Chapel. 1730 Dinner, 1800-1930 Classes in Foundations of Faith, Relationship, Discipleship/Growth and Bible Study. Care for children under 3, classes for 3-9 and Youth Group for grades 7-12. All materials, food and classes are Free.
- AWANA club Sunday from 1600 to 1800 at the Youth Center for ages 3 to high school senior September to May only.
- Mothers of Preschoolers, conception to Kindergarten (MOPS), meet the second and fourth Thursday of the month at the North Plains Chapel from 9:15 to 11:30 September to May.
- You do not need to attend a Protestant Chapel worship service to participate in the programs listed above - we would love to see you all there! Chapel Staff, 723-2456.

IT'S  
HERE!

Get More...  
BOATS • ATVs • FUN!  
For Less!

AT OUR  
SHOWROOM!

## 25<sup>th</sup> Annual



# EARLY BIRD SALE

2125 Elk Drive • Minot, ND  
February 11, 12, 13  
Fri.-Sat. 10am-7pm • Sun. 12-5pm






## VALLELY

### SPORT & MARINE

BISMARCK - MINOT, N.D.

SPECIAL EARLY BUYERS PRICES!

Find Boats, Pontoons, Motorcycles, Watercraft, ATVs.  
Find Pre-Season Savings. Factory Authorized Discounts...  
Special Financing...And Trades Are Welcome!



Check out  
Spry & Relish  
Magazines  
In the  
Northern Sentry

# SECTION 2

Northern Sentry • Friday, Feb. 11, 2011 • www.northernsentry.com



(U.S. Air Force photos/Staff Sgt. Ryan Crane)

Officials in a cargo truck from the 375th Logistics Readiness Squadron pull up behind a C-17 Globemaster III to load humanitarian aid supplies Feb. 7, 2011, at Scott Air Force Base, Ill. (Inset photo) Tech Sgt. Matthew Hamilton helps members of the 375th Logistics Readiness Squadron push a 500-pound pallet onto a C-17 Globemaster III Feb. 7, 2011, at Scott Air Force Base, Ill. Sergeant Hamilton is a loadmaster assigned to the 452nd Air Mobility Wing.

## Airmen help transport clothes, shoes to Kyrgyzstan

by Senior Airman Andrew Davis  
375th Air Mobility Wing Public Affairs

SCOTT AIR FORCE BASE, Ill. (AFNS) - More than 6,500 pounds of humanitarian goods were loaded onto a C-17 Globemaster III here Feb. 7.

The goods are being shipped to Manas Air Base, Kyrgyzstan, as part of the Denton Program, which allows private citizens and organizations to use space available on military cargo planes to transport humanitarian goods.

Included in the shipment were three pallets of donated clothing and shoes, donated from Red Bud, Ill. Due to the holidays and recent inclement weather, the donation coordinators from Red Bud were unable to bring

the goods to Scott Air Force Base.

"Normally the volunteers who collect the goods will bring the goods to the nearest port of embarkation, which in this case would be Scott (AFB)," said Staff Sgt. John Ruiz, of the 375th Logistics Readiness Squadron. "Due to some limiting factors on their end, the 375th LRS (members) took it upon themselves to come together and volunteer to pick it up from Red Bud."

Because of the large amount of cargo, squadron officials gathered 16 volunteers to drive out and pick it up.

"We gathered as many personnel as we could from across the squadron to help out," Sergeant Ruiz said. "The squadron really came together donating money for gas, manpower and

vehicles to haul it all back to Scott (AFB)."

The Denton Program is jointly administered by officials from the U.S. Agency for International Development, the Department of State and the Department of Defense. Through the program, humanitarian aid can be shipped at little or no cost to the donor.

Donated items include clothing, food, medical and educational supplies, and agricultural equipment and vehicles, which are sent to countries in need while simultaneously putting the extra space on U.S. military transport assets to good use.

Transportation is generally available to nearby destinations such as Central and South America. However,

the availability of transportation to particular countries is affected by current military and political situations.

Transportation can neither be scheduled nor guaranteed; therefore it cannot be used to meet urgent needs or deadlines.

In 2008, more than 600,000 pounds of humanitarian goods were sent to 17 different countries through the Denton Program.

Online applications and additional information about DOD humanitarian assistance transportation programs, including the Denton and Funded Transportation programs, are available at <http://hatransportation.ohasis.org>.

WEEKLY RECIPE



**Shrimp and Tomato Soup**

- 2 cans (10-3/4 ounces each) condensed tomato soup, undiluted
- 2-2/3 cups milk
- 1 cup cooked shrimp
- 4 ounces goat cheese, cubed
- Diced red onion and snipped chives

1. In a large saucepan, combine the tomato soup and milk. Bring to a boil. Reduce heat; keep warm.
2. To serve, stack the shrimp and goat cheese together in the center of each soup bowl. Carefully pour soup around edges of bowls.
3. Garnish with red onion and chives.

Servings: 4

**Minot Catholic Schools**  
 Welcome Home!  
 Bishop Ryan High School  
 Little Flower Elementary School  
 701.838.3355

**NWAC Lecture and exhibit highlight travels along the 'Silk Road'**

New York based photographer Marla Mossman will present "Peace Caravan: Journey Along the Silk Road," Wednesday, March 2, 2011 at 7 p.m. in the Aleshire Theater, Minot State University as a part of the Northwest Art Center Lecture Series.

Mossman will share, in stories and photos, her quest to retrace the historic Silk Road trade routes from Jerusalem, Israel to X'ian, China. In a series of trips from 1996 to 2010, traveling by car, foot, horse, mule and camel, Mossman photographed places of historical and religious significance mentioned in the Bible, the Torah, the Koran and the Vedas in the modern nations of Israel, Jordan, Syria, Turkey, Afghanistan, India and China.

In conjunction with her lecture, an exhibit of Mossman's photographs will be on display in the Gordon B. Ol-

son Library Gallery at Minot State University February 14 through March 17.

"Some of the regions I've photographed—Kabul, Herat, Kashmir, Kurdish Turkey, Northern and Eastern Syria, Xingiang Province, China—are extremely dangerous and the utmost caution, precaution and diligence is taken for my safety," states Mossman.

"However, the media today is focused on too many images of war. The Peace Caravan Project has a different mission—illustrating the beauty of the landscapes, the dignity and diversity of the people, to illuminate the beauty of our differences, sharing in the knowledge of our one humanity."

In addition to the Peace Caravan project, she has established a number of arts-related non-profit organizations, including MMARTS, London, and Art Soup, Santa Barbara, CA, which develop

exhibition spaces for local artists; and ImagineAsia, which provides education and health care to rural Asian communities. Born in Detroit, Michigan, and raised and educated in Canada, Mossman currently resides in New York.

The lecture and exhibit are free and open to the public. The public is invited to a reception with Mossman Wednesday, March 2 from 6:30 to 9 p.m. at the Library Gallery, before and after her 7:00 p.m. lecture. Parking on the MSU campus is unrestricted after 5 p.m.

The Northwest Art Center Lecture Series is funded in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

For more information about Northwest Art Center activities, call 701-858-3264.

<p>It's the Sign of Success</p>		<p>Over 59 years serving the real estate needs of the Minot Area                  408 North Broadway, Minot, ND 58703 • 701-852-1156</p>	
<p><b>\$149,900</b>                  CENTRAL LOCATION! 3 bedroom, 2 bath home close to MSU. Fireplace in living room, large dining room, lower level has a family room, non-egress bedroom, full bath and laundry. Attached garage.                  MLS #20110145</p>	<p><b>\$245,000</b>                  FAMILY LIVING – 5 bedroom, 3 1/2 bath home close to park and school. Large dining room w/bay window, hardwood floor in living room, master suite with bath &amp; walk-in closet, large lower level family room. Attached double garage.                  MLS #20110152</p>	<p><b>\$189,900</b>                  SPACIOUS! 5 bedroom home that has a 1 bedroom apartment in the lower level. Formal dining room, elec. fireplace in living room, oak cabinets, new fridge and stove in kitchen. Large deck and detached double garage.                  MLS #20110119</p>	
<p><b>\$98,000</b>                  IN NEWBURG – 3 bedroom, 2 bath ranch style home. Spacious kitchen w/dining area, main floor laundry and many updates to include doors, carpet, dura-ceramic and paint. Attached 3-stall garage.                  MLS #20101670</p>	<p><b>\$127,400</b>                  COZY – 2 bedroom, 2 bath home. Lower level family room, office area and laundry. Deck, shed, patio, fenced yard and attached triple garage.                  MLS #20110036</p>	<p><b>\$125,000</b>                  PRICE REDUCED! 2 bedroom home in NW area. Refinished hardwood floors in living room and master bedroom, eat-in kitchen with laminate floor, new windows in 2005, new siding and roof in 2000. Attached garage.                  MLS #20101686</p>	
<p><b>Judy Brooks</b>                  833-8893                  judyb@minothomes.com</p>	<p>minothomes.com</p>		<p><b>Judy Hoskin</b>                  721-3837                  judyh@minothomes.com</p>

**Building, Buying, Refinancing or Remodeling?**

Lisa Moser

American Bank Center has the service you expect, the expertise you need, all with a name you can trust.

We are located at 2201 15th St SW in Minot or call 837-5000 for all your home loan needs.

**American BANK CENTER**  
 Make Life Easier  
 weareamerican.com  
 2201 15th St SW • Minot • 701-837-5000

**Human Tractor Pull**

This event will be held on February 12th from 1-4 pm at Dakota Square Mall. There will be 24 teams of six, competing in 4 divisions, racing against time and the mass of a tractor, to win \$250 for their favorite charity. There will be grand prize drawings for 1 free family birthday party at the Sleep Inn & Splashdown Superslides. The goal is to have a ton of fun while letting the Minot Community know about the RSI Children's Home Project.

**17th Annual Frozen Fingers Old Time Music Festival**

Bluegrass and old time and classic country music at Sleep Inn Suites, Minot. High 48s band, Dakota Rose band, Highway 43, and many others. Saturday, February 12 all day and Sunday, February 13 the stage opens at 11 a.m.

**Ramstad PTA Pancake Breakfast**

The breakfast will be held on Saturday, February 12 from 8 am to 11:30 am in the Ramstad Cafeteria. Cost \$5 (6 years old and under eat free) Tickets are available from a Ramstad student, in the main office at the school or at the door. You will receive a coupon for one FREE Woppor Jr. at a Minot Burger King with each ticket sold. Door Prizes will be drawn during the breakfast. You do not need to be present to win.

**Vincent United Methodist Rummage and Bake Sale**

Vincent will hold their Rummage and Bake Sale on Tuesday, Feb 15 from 9 am to 2 pm. Rummage items include office furniture and children's Sunday School chairs as well as clothing and white elephants. Lunch will be served beginning at 11 am. Bag bargains begin at 1 pm.

**Waterfowlers Banquet**

The 5th annual West Dakota Waterfowlers dinner and auction will be held Friday, Feb. 18 at the Grand International, Minot. 5:30 p.m. social and 7:30 p.m. dinner. Raffles! Auctions! Games! and a youth giveaway. For tickets and info contact. Erik Myre-721-2220 or Steve Bogden-833-9497.

**Rutter's Requiem**

The Minot Chamber Chorale is excited to perform one of John Rutter's all-time favorites, the Requiem, Sunday, February 27 at 3:00 pm. This enchanting, expressive and rich piece will be enhanced by the wonderful acoustics of MSU's Nelson Hall. The concert will be accompanied by a small ensemble and organ. No admission charge (a free will offering will be taken).

**"Have A Heart" Food Drive**

The MAHC "Have A Heart" food drive runs from February 1-28, 2011. We encourage people to donate their non-perishable food items at any of the participating businesses/churches throughout town. Contributions benefit the local area soup kitchens and food pantries. Contact the Minot Area Homeless Coalition, Inc. for questions 852-6300.

**Magic City Sports Card & Memorabilia Show**

Buying, Selling, and Trading of the latest packs and the hottest cards from all the major sports will take place at the Sleep Inn Suites - Dakota Square Mall, Minot from 9 a.m. to 5 p.m., Saturday, March 5. Former Minnesota Twins great Dave Goltz will be signing autographs from 2 p.m. to 4 p.m. Dave was voted one of the 50 greatest Minnesota Twins of all-time.

**Sexual Assault Survivors' Group**

The winter session of Sexual Assault Survivors' Group will be at the Domestic Violence Crisis Center. The group meets Mondays, 2-4 pm and will run until March 21. For more information, call Diane at the DVCC at 852-2258 or 1-800-398-1098.

**Adult Computer Training**

The Minot Public Library will be offering computer training for adults in February and March

2011 at no cost. Classes are geared towards library information, as well as other helpful information. Pre-registration is required and class size is limited. Registration deadline is the week prior to class time. Class topics include: Computer Basics and Library Catalog, Internet Tips and Searching, Microsoft Word Basics, Beginning Hotmail, Genealogy Basics, Consumer Health Resources on the Internet, and OverDrive/NetLibrary eAudiobooks, eBooks and eVideos. Please call Marci at 852-1045 for more information.

**Parenting Education**

Trinity's Behavioral Health Services will begin another round of weekly parenting education sessions each Tuesday, through April 12th. The program, which is geared towards families with children 0 - 12 years of age, is free and will be held at Health Center-Riverside, 1900 8th Ave SE. Each class begins with a light supper at 5:30pm and concludes at 8pm. To register please call 857-3622.

**Girl Scouts Volunteers**

Girl Scouts-Dakota Horizons is searching for volunteers who are willing to share their passion, knowledge and experience with the leaders of tomorrow! Volunteers are currently needed in Minot, the Minot Air Force Base and surrounding areas. To find out more, please call or 852-5611 or 800-279-5306.

**Iseman Homes**  
**MINOT INDOOR SALE**  
**ALL SEASONS ARENA**  
**ND STATE FAIRGROUNDS - MINOT**  
**4 DAYS ONLY!**  
 Feb 18, 19, 20, 21  
 Fri. 10-7, Sat. 9-6, Sun. 12-5, Mon. 9-5

On-the-spot FINANCING!      Factory Reps on hand to assist with special orders  
 BUY NOW for the years best prices and interest rates      10 Brand New Homes on Display

**SPECIAL OFFER!**



**\$44,495**

Crest 7616-8809 16 X 80 (Not exactly as pictured)

**FREE!**



Free flat panel TV and Washer/Dryer Combo with purchase during this sale!

\*Not exactly as shown. Must be purchased by Monday, February 21 at 5:00 PM to qualify for this promotion.

**REGISTER FOR \$1000 CASH DRAWING!**  
 www.isemanhomes.com

**FREE DELIVERY & SET-UP WITH PURCHASE!**

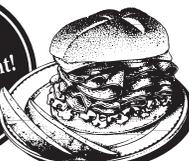


**ISEMAN**  
Since 1920  
**HOMES**

1710 20th Ave SW  
 Minot, ND 58701  
**701-839-0039**

If you know of an event or happening on base or around the area, let us know!  
 Email to: nsads@srt.com

**Soup, Sandwiches & Soul Food!**



**NEW Management!**

Monday-Thursday 7am-3pm  
 Friday 7am-3pm & 5pm-8pm  
 Saturday 8am-2pm & 4pm-6pm  
 \*Catering available \*Office Parties  
**We deliver to base!**  
**Deli at the Fair**  
 Soups, Sandwiches & Soul Food!  
 112 Main Street South  
 701-838-0712

## Texas Hold'em Tournament

Do you know when to hold'em and when to fold'em? J.R. Rockers invites you to the Texas Hold'em tournament scheduled for Friday, February 11th. \$20 for club members and \$25 for non-members; sign in by 7 p.m. with play beginning at 7 p.m. Call 727-ROCK to register.

## Arts & Crafts Center Retail Store

The retail store at the Arts & Crafts Center will be open on Saturday, February 12th from 10 a.m. to 2 p.m. Browse through their wide selection of craft supplies or check out the many unique gift ideas they offer. The center is holding a Beginning Knitting Class from 10:30 a.m. to noon. Persons interested in participating in the class should sign up prior to the class. Cost is \$5 which includes instruction (2 classes) but materials are extra. Be sure to ask about the wide variety of other classes they offer including scrapbooking, framing, counted cross stitch, crocheting, and more. For more information, call 723-3640.

## SBA Workshops

The Airman & Family Readiness Center will host two Small Business Administration (SBA) workshops on February 14. The Home Based Business Workshop will be from 10 a.m. to noon. This free workshop provides an introduction into the steps needed to set up a home-based business in an efficient and effective manner. Participants will learn how to avoid common mistakes and pitfalls that affect many home-based entrepreneurs. Among the key issues to be covered are: evaluating the business opportunity, advantages vs. disadvantages of having a home business, finding the right "space" in your home, and marketing options. The Small Business Workshop will be from 1 p.m. to 4 p.m. Studies show the mortality rate among new businesses is very high. The purpose of this workshop is to help prospective business owners identify and minimize the risks associated with opening a new business. Among the key issues to be covered are: evaluating the business opportunity, creating a unique business identity, regulations and the business plan, and finding the money. The workshops are open, free of charge, to all active duty members, spouses, family members, DoD and NAF civilians, and retirees and their families. To pre-register, contact the Airman & Family Readiness Center at 723-3950.

## Family Child Care Pre-Orientation

Would you like to work in your home, be your own boss, and make a difference on Minot AFB and in the life of a child? Then attend the Family Child Care Pre-Orientation on February 14th from 6-8 p.m. at the old shoppette to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. Call the Family Child Care office at 723-6662 to make your reservation to attend.

## Veterinary Appointments

Veterinary appointments are available at the Vet Clinic on February 15th, 16th, 22nd, and 23rd. To schedule an appointment, call the Veterinary Treatment Facility at 723-6449.

## Bundles For Babies

Expectant mothers in their last trimester are invited to attend Bundles For Babies at the Airman and Family Readiness Center on February 17th at 9 a.m. The class offers information on Air Force Aid Society community enhancement programs and

the financial impact and family stressors of having a baby. For additional information, call the Airman and Family Readiness Center at 723-3950.

## Airmen Only Night

Need to get out of the dorms? Feel like having some fun and friendly competition? The Community Center invites you to the Airmen Only Night on February 17th from 8 p.m. to midnight. Come on over to the Community Center and challenge your friends to a classic board/video game or a friendly game of poker. Bring your appetite as there will be free food and door prizes. Enjoy a night out at no cost. For additional information, call the Community Center at 723-4670.

## Federal Resume Workshop

In order to provide everyone a more active workshop on USAJOBS and accommodate ALL DoD civilians for the new way to apply for 'internal civilian' federal jobs, the Airman & Family Readiness Center will be holding a "Federal Resume Workshop" on February 17th from 11 a.m. to 1 p.m. This workshop is open to all active duty members, spouses, retirees, DoD civilians, and NAF employees. Information included will be accessing USAJOBS, how to find federal jobs, finding the KSA's, and tips on writing a resume. To sign up for the workshop, call the Airman & Family Readiness Center at 723-3950.

## Mardi Gras at J.R. Rockers

J.R. Rockers invites you to celebrate Mardi Gras Minot style from 4-7 p.m. on February 18th. The event features a free Cajun buffet in the lounge for club members from 5-7 p.m.; adults only. For additional details, call 727-ROCK.

## Wing Fest At Doolittle Center

Join the Doolittle Center for Wing Fest on February 18th at 5:30 p.m. There will be a variety of wings for bar food culminating into a wing eating contest. There are two categories of wings – spicy and mild. Each contestant has 3 minutes to consume as many wings as possible. Winners receive a trophy to hold onto until next month's contest along with \$25 in Darby dollars. Call the Doolittle Center at 723-3731 for additional details.

## Bench Press Competition

Come out and test your strength against others who think they are stronger during the Bench Press Competition at the Fitness Center on February 19th at noon. You can showcase your strength and see how you stack up against the competition. The event is open to all DoD ID card holders age 18 and older; register by February 18th. For more information, call the Fitness Center at 723-2145.

## Dance The Night Away

Dance, party, and hang out during J.R. Rockers Hip Hop Nights on February 19th and 26th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Gather up your friends and enjoy a great night out. Call J.R. Rockers at 727-ROCK for additional information.

## Deployed Family Dinner

Are you tired of cooking? The Airman & Family Readiness Center invites family members of currently deployed personnel to enjoy a free Deployed Family Dinner on February 24th from 5-6:30 p.m. at the Northern Lights Chapel Annex. This is a great opportunity to network with other family members experiencing a separation. There will be door prizes, resource materials, program/incentive information, great food, and lots of conversation.

Interested persons should pre-register by February 18th by calling 723-4500; seating is limited. Please bring a copy of the deployed spouse's orders to receive the free meal. Also included are families of Remote Tours (orders needed) and 91 MW families (spouse must be in the field on the day of the event). For more information, contact the Airman & Family Readiness Center at 723-4500.

## Applications Being Accepted for BGCA Youth of the Year

The Youth Center is accepting applications for this year's BGCA Youth of the Year competition now through February 25th. Program is open to teens between the ages of 14 and 18 years of age, Youth Center member, and active in youth programs clubs. Several certificates, awards, and potential scholarships are available to the state winner. The initial competition will be held at Minot Air Force Base. This is a progressive program where the Minot AFB winner has the potential to advance to state, regional, and national competition. Application packets are available at the Youth Center or visit [www.BGCA.com](http://www.BGCA.com). For additional details, call the Youth Center at 723-2838.

## Indoor Archery Simulator League

Register now through February 26th for the Indoor Archery Simulator League at Outdoor Recreation. This 9 week league runs from March 1st to April 30th and offers no set times allowing participants a very flexible schedule. This is a two person team league and team members can be from any squadron. Cost is free for archery members; non-members must become members to participate. Yearly membership is \$35/single or \$45/family. Trophies and prizes will be awarded to the winners. Call Outdoor Recreation at 723-3648 for more information.

## Scholarship Opportunity

Graduating seniors from Minot area high schools and spouses who are dependents of active duty, retired or deceased military members of any rank or service branch are eligible to apply for scholarships from the Minot Officers' Spouses' Club (MOSC). Please see the application packet for eligibility details. The number of Scholarships and the amount awarded may vary according to available funds. The scholarship selection panel, made up of five independent judges, will use a blind system to determine winners based on a variety of factors. These are merit-based awards and will use both academic records and community involvement. For specifics regarding evaluation elements please refer to the application packet. Applications are available from High School counselors, JR Rockers, Jimmy Doolittle Center, or from the Scholarship Chair of the MOSC. Application requests may be made in person or can be filled by writing to the MOSC, Scholarship Chair, c/o The Jimmy Doolittle Center, 18 Summit Drive, Minot AFB, ND 58704. All applications and accompanying materials must be postmarked or hand delivered no later than February 28, 2011 to the address listed above. You will receive a card acknowledging receipt of your application materials. Scholarship recipients will be notified by the end of March and will be honored at an MOSC social in April.

## Buck Bowling Every Sunday

Rough Rider Lanes is offering everyone a great way to get out of the house and enjoy some recreation fun. Every Sunday in February, you can bowl for only \$1 per game all day long (noon to 8 p.m.). Shoe rental is \$1.50 per person. Call Rough Rider Lanes at 727-4715 for additional details.

**ATTN: Housing Residents**

Montana Dakota Utilities reminds housing residents to remove snow and ice accumulation from around the natural gas regulators at their homes. Snow and ice packed natural gas regulators impede proper venting of the regulator and result in regulator failure. If the natural gas regulator quits functioning, the furnace will shut down and the home will not have heat. For more information, contact Montana Dakota Utilities at 857-6810 or the Housing Office at 723-6440.

**Snow Removal**

Don't want to shovel your driveway this winter? Base residents can call the Snow Removal Hotline at 723-6134 and leave their name, address, and phone number. An Auto Hobby employee will return your call with a time they can clear your driveway. Cost is \$20 per driveway or \$10 per driveway for spouses of deployed members (copy of orders needed). Fee is per individual housing unit. For details, contact Auto Hobby at 723-2127.

**Today**

- **Valentine Sale, 25% OFF Heart Scrapbooking & Stamps, Arts & Crafts**
- **Anime Club, 1630, Library**
- **Texas Hold'em Tournament, 1900, J.R. Rockers**
- **Lights & Strikes, 2200-2400, Rough Rider Lanes**
- **Prairie Knights & Casino Trip, Feb 11-12, Outdoor Recreation**
- **Last day to make reservations for Valentine's Day Touch of Class, JDC**

**Saturday**

- **Retail Store Open, 1000-1400, Arts & Crafts**
- **Beginning Knitting, 1030-1200, Arts & Crafts**
- **Robots are Out of This World, 1300, Library**
- **Valentine's Day Comedy Show, Doors open at 1800, dinner at 1900, show at 2000, J.R. Rockers, Tickets are available now, Seating is limited.**
- **Lights & Strikes, 2200-2400, Rough Rider Lanes**

**Sunday**

- **All-Ranks Champagne Brunch, 1030, JDC**
- **Rent a Lane Special, 1200, Rough Rider Lanes**
- **Buck Bowling, 1200-2000, Rough Rider Lanes**
- **Sunday Escapes Book Club, 1330, Library**

**Monday**

- **New Parent's Playgroup, 1000-1130, Youth Center**
- **Framing Class, 1000-1600, Arts & Crafts**
- **Home Based Business Workshop, 1000-1200, A&FRC**
- **Small Business Workshop, 1300-1600, A&FRC**
- **Sweetheart's Night Special, 1600-2100, Rough Rider Lanes**
- **Valentine's Day Touch of Class, 1800-2100, JDC**
- **FCC Pre-Orientation, 1800-2000, Old Shopette**

**Tuesday**

- **Family Night, 1700-2100, J.R. Rockers**
- **Bedtime Story Time, 1830, Library**
- **Veterinary Appointments Available, Call**

723-6449

**Wednesday**

- **Stress Management, 1000-1130, A&FRC**
- **Counted Cross Stitch, 1300-1430, Arts & Crafts**
- **Baked Potato Bar & \$1 Drafts for Members, 1600, J.R. Rockers**
- **2-4-1 Burger Night for Members, 1700-2100, J.R. Rockers**
- **Veterinary Appointments Available, Call 723-6449**

**Thursday**

- **Bundles for Babies, 0900-1100, A&FRC**
- **Creative Kids, 1030-1130, Arts & Crafts**
- **Federal Resume Workshop, 1100-1300, A&FRC**
- **Airmen Only Night, 2000-2400, Community Center**

**February 18**

- **Mardi Gras, 1600-1900, J.R. Rockers**
- **Wing Fest, 1730, JDC**
- **YOUTH: Nothing Less than Royalty Pageant, 1830-2000, ages 3-8, Youth Center**
- **Pre-Teen Prom, 2000-2230, ages 9-12, Youth Center**

• **Last day to register for Deployed Family Dinner, A&FRC**

**February 19**

- **Bench Press Competition, 1200, Fitness Center**
- **Otaku Minot, 1600-1800, Library**
- **Hip Hop Nite, 2300-0400, J.R. Rockers**

**Ongoing Events**

- **Equipment Orientation Class, By appointment, Fitness Center**
- **On-Base Roadside Assistance, Auto Hobby**
- **Rough Riders Feb Specials: Italian Garlic Supreme Pizza & Sub**
- **Wrap of the Month - Feb- BBQ Chicken Wrap, J.R. Rockers**
- **Youth Employment Skills, for ages 13-18, Youth Center**
- **Snow Removal, Call Auto Hobby at 723-6134**
- **Auto Hobby Feb Special - Small Engine Service Special**
- **BGCA Youth of the Year Applications Due Feb 25th, Youth Center**
- **Youth Basketball & Cheerleading Registration, Feb 13th-Mar 18th, ages 5-18, Youth Center**

1111 20th Ave SW • Minot, ND 58701  
701.852.1111 • 1.800.932.8808  
Formerly Fisher Motors





Accord\*



Civic\*\*

**Featured Special Lease** \*\$0 first months payment, \$270.00 per month for 35 months \*\*\$0 first months payment, \$200.00 per month for 35 months

**\$0** Down Payment

**\$0** First-Month Payment

**\$0** Security Deposit

**\$0** Due At Lease Signing\*

FEATURED SPECIAL LEASE: Closed end lease for 2011 Civic Sedan 5 Speed Automatic LX (FA1F5BEW) available from 01/05/2011 through 02/28/2011, to well-qualified lessees approved by Honda Financial Services. Not all lessees will qualify. Higher lease rates apply for lessees with lower credit ratings. MSRP \$19,305.00 (includes destination, excludes tax, license, title fees, registration, documentation fees, options, insurance and the like). Actual net capitalized cost \$18,262.26. Net capitalized cost includes \$95 acquisition fee. Dealer contribution may vary and could affect actual lease payment. Total monthly payments \$7,000.00. Option to purchase at lease end \$11,776.05. Must take new retail delivery on vehicle from dealer stock by 02/28/2011. Lessee responsible for maintenance, excessive wear/tear and 15¢/mile over 12,000 miles/year for vehicles with MSRP less than \$30,000, and 20¢/mile over 12,000 miles/year for vehicles with MSRP of \$30,000 or more. See your Honda dealer for complete details. FEATURED SPECIAL LEASE: Closed end lease for 2011 Accord Sedan 5 Speed Automatic LX (CP2F3BEW) available from 01/05/2011 through 02/28/2011, to well-qualified lessees approved by Honda Financial Services. Not all lessees will qualify. Higher lease rates apply for lessees with lower credit ratings. MSRP \$22,730.00 (includes destination, excludes tax, license, title fees, registration, documentation fees, options, insurance and the like). Actual net capitalized cost \$21,702.24. Net capitalized cost includes \$95 acquisition fee. Dealer contribution may vary and could affect actual lease payment. Total monthly payments \$9,450.00. Option to purchase at lease end \$13,410.70. Must take new retail delivery on vehicle from dealer stock by 02/28/2011. Lessee responsible for maintenance, excessive wear/tear and 15¢/mile over 12,000 miles/year for vehicles with MSRP less than \$30,000, and 20¢/mile over 12,000 miles/year for vehicles with MSRP of \$30,000 or more. See your Honda dealer for complete details.

<p><b>10 Accord LX Sedan</b></p>  <p>Was \$20,990 <b>NOW \$18,990</b> #12166A. Honda Certified, 4,000 miles</p>	<p><b>08 GMC Envoy</b></p>  <p>Was \$20,490 <b>NOW \$18,990</b> #12250A. Power Seat, XM Radio, Moonroof</p>	<p><b>09 Hyundai Genesis</b></p>  <p>Was \$25,990 <b>NOW \$23,490</b> #12196A. Moonroof, Power Seats, Heated Leather</p>	<p><b>08 Honda Ridgeline RTS</b></p>  <p>Was \$23,990 <b>NOW \$20,990</b> #12157A. Honda Certified, 49,000 miles</p>	<p><b>05 Chevrolet Malibu LT Sedan</b></p>  <p>Was \$9,990 <b>NOW \$8,990</b> #12095B. V-6, Moonroof, Heated Leather</p>
<p><b>09 Chrysler PT Cruiser</b></p>  <p>Was \$11,490 <b>NOW \$9,490</b> #12216A. Power Windows, Power Locks, 30,400 miles</p>	<p><b>03 Saturn L300 Sedan</b></p>  <p>Was \$7,990 <b>NOW \$6,990</b> #12253A. Power Seat, 50,000 miles</p>	<p><b>08 Accord EXV Sedan</b></p>  <p>Was \$19,990 <b>NOW \$16,990</b> #12151A. V-6, Moonroof, Honda Certified</p>	<p><b>10 Dodge Avenger SXT Sedan</b></p>  <p>Was \$16,490 <b>NOW \$12,490</b> #12126A. Power Windows, Power Doors, 17,000 miles</p>	<p><b>05 Pontiac Bonneville SLE</b></p>  <p>Was \$9,999 <b>NOW \$8,990</b> #12102B. Sharp, Leather, Spoiler</p>
<p><b>07 Ford Escape XLT 4x4</b></p>  <p>Was \$18,990 <b>NOW \$16,990</b> #12185A. V-6, Alloy Wheels</p>	<p><b>09 Nissan Maxima S Sedan</b></p>  <p>Was \$24,990 <b>NOW \$21,490</b> #12152A. Moonroof, Power Seat</p>	<p><b>03 Honda Accord EXVL Coupe</b></p>  <p>Was \$12,990 <b>NOW \$10,990</b> #12260A. V-6, Leather, Moonroof, 32,000 miles</p>	<p><b>08 Mazda 3 S Sedan</b></p>  <p>Was \$17,490 <b>NOW \$14,990</b> #12142A. Moonroof, Alloy Wheels, 14,000 miles</p>	<p><b>06 Pontiac G6 GT</b></p>  <p>Was \$10,990 <b>NOW \$9,490</b> #12043B. Panoramic Roof, Remote Start</p>
<p><b>08 Saturn Aura XE Sedan</b></p>  <p>Was \$13,990 <b>NOW \$12,990</b> #12002B. Cruise, Power Seat</p>	<p><b>05 Jeep Liberty Sport 4x4</b></p>  <p>Was \$11,990 <b>NOW \$11,490</b> #12271A. Clean, Moonroof</p>	<p><b>09 Nissan Rogue S 4x4</b></p>  <p>Was \$18,990 <b>NOW \$18,490</b> #12278A. Pearl White, Power Doors/Locks</p>	<p><b>09 Accord LX Sedan</b></p>  <p>Was \$17,990 <b>NOW \$17,490</b> #12268A. Honda Certified, 22,000 miles</p>	<p><b>07 Lincoln MKZ</b></p>  <p>Was \$18,990 <b>NOW \$17,990</b> #12263A. Heated Leather, Local Trade, 32,000 miles</p>

**Servicing All Makes, All Models!**



**COLE Johnson**  
1st in Sales



**RICK Teagle**



**STEVE Miller**



**JIM Almond**



**PAUL Mellum**



**Ryan FAMILY DEALERSHIPS**  
Minot • Williston • Bismarck

**Artistic Ambiance** Buy Local For Valentine's Day

We have great gift ideas for your sweetheart! Stop in for long-stemmed roses, mixed bouquets, bulb gardens, chocolates, jewelry & more!

flowers • floors • decor & lighting

417 East Burdick Expressway • Minot, ND • 701-852-6828

# Happy Valentine's Day!

## COUPLES THERAPY

A Valentines Gift To Each Other

Buy 1 Gift Certificate & receive a \$15 discount on 2nd Gift Certificate



• Relaxational • Stress Management • Swedish

### Body Dimensions Massage Therapy

Owen Randle  
Licensed Massage Therapist  
1809 S Bdwy, Ste T • Minot, ND 58701

# 852-5060

**Berni's** HAIR DESIGNERS INC.

Give Her a Gift Certificate from Berni's

She will Love You for it!

Full Service Salon • Reflexology  
• Facials • Color Techniques  
Trend Setting Hair Styles

2001 3rd St. NW • Minot  
852-5095

COOKIES FOR YOU, INC. and cakes too

A Cookie Gift & Bouquet Company  
Sweets for your Sweetie!

Cookie & Candy Bouquets • Cookie Pizzas • Sweets Trays  
Valentine Cookies • Assorted Cupcake Flavors • Specialty Cakes

We deliver locally, on base & ship out of state.  
117 S. Main • 701-839-4975  
www.cookiesforyou.com

## Find a SWEET DEAL at Murphy Motors Next to New!

### 2007 SCION TC COUPE



### 2004 PONTIAC GTO



### 2008 GMC 1500 CREW SLT



### 2009 PONTIAC VIBE GT



### 2010 BUICK LUCERNE



### 2007 CHEVY SUBURBAN LTZ



2005 Mitsubishi Lancer	\$5,995
2003 Chrysler Town & Country	\$5,995
2003 Dodge Stratus 55,000 Miles	\$6,995
2003 Buick Regal Low Miles	\$6,995
2006 Chevy Cobalt Coupe	\$8,995
1999 BMW 328i	\$9,995
2006 Chevy Monte Carlo LT	\$9,995
2010 Hyundai Sonata GLS	\$13,995
2006 Chevy Avalanche Z71	\$20,995
2010 Ford Escape XLT	\$21,995

2008 Honda Ridgeline	\$22,995
2010 Ford Explorer XLT	\$25,995
2008 Ford F-150 Super Crew	\$26,995
2010 Chevy 1500 Crew LT	\$29,995
2010 Ford Edge Limited	\$29,995
2007 Chevy Suburban LT	\$30,995
2009 Chevy Suburban LT	\$32,995
2009 Chevy 1500 Crew LTZ	\$34,995
2010 Buick Enclave CXL	\$35,995
2008 Chevy Tahoe LTZ	\$36,995
2008 Ford F-250 Super Crew Diesel	\$39,995

2010 Chevy Tahoes  
as low as \$31,995



www.murphymotorsnexttonew.com  
838-2222 • 1-800-377-7236  
1738 S. Bdwy., Minot (South of Arby's)  
STORE HOURS: 9-7 Monday - Thursday • 9-6 Friday • 9-5 Saturday



THE SAINT VALENTINE SESSION  
from  
**otis and james**  
PHOTOGRAPHY

CHECK OUT  
[www.otisandjames.com](http://www.otisandjames.com)  
OR CALL 701.838.6181 FOR MORE INFO!

**Happy Valentines Day!**  
- The Staff of the Northern Sentry

**Book a Valentine's Spa Day For You & Your Sweetie!**  
Couples Pedicures for \$50  
Our gift certificates also make a great gift!  
**Base Beauty Shop**  
701.727.5545

**Margie's Art Glass Studio**  
Art Glass, Supplies, Classes & Repair

Offering Classes from Beginner to Advanced in:  
• Stained Glass • Mosaic • Kiln Formed Glass • Glass Bead & Jewelry Making •

**Paint Your Own Pottery**  
Hundreds of items ready to paint.  
Great selection of seasonal items!  
From \$4 to \$50

Gifts Made By Your Hands Will Always Warm Their Hearts!

We also offer an Eclectic Array of Fun & Funky ,  
One of a Kind Gifts of Original Art from Local and In-House Artists

Tues & Thurs • 10-8:30 Wed - Fri - Sat • 10-5:30  
Closed Sunday & Monday

We host parties for all ages! [www.margiesartglass.com](http://www.margiesartglass.com)  
109 South Main Street Minot • 701-837-8555

WINE & DINE  
your Valentine at  
**MICHAEL'S**  
ITALIAN AMERICAN RESTAURANT

Monday - Thursday  
11 am - 10 pm  
Friday & Saturday  
11 am - 11 pm  
Sunday  
11 am - 9 pm  
515 20th Ave SE  
701-837-6133  
Banquet rooms available

A Special Valentine Treat for you!

**25% off your first month!**

**Aaron's**  
SALES & LEASE OWNERSHIP FOR Less!  
3220 S BROADWAY • MINOT • 838-0003  
\*Coupon valid in-store only. Coupon must be presented at time of lease.

*Put some hyper...*

*in her ventilation!*

**Lien's Jewelry**  
Since 1903  
107 South Main Street • 701-838-5151

**Knowles**  
MINOT ND

*For Valentine's Day*

Available only at Knowles -  
B-52 and missile pendants custom designed by our goldsmith

- ♦ Military Discounts
- ♦ Knowles Jewelry - providing brilliance you deserve
- ♦ Visit us to see our extensive diamond and gemstone jewelry.

515 20th Ave. SE Suite #4  
Minot, ND 58701  
701-838-3523 or 1-800-735-5934  
Mon. to Fri. 10 a.m. - 6 p.m. Sat. 10 a.m. - 4 p.m.

# BUSINESS & PROFESSIONAL DIRECTORY

FOR SALE



**Century 21**  
Action Realtors  
[www.minotsells.com](http://www.minotsells.com)



Support Our Troops



Action Realtors

1370 20th Ave. SW  
Minot, ND 58701  
(701) 839-0021

To View All Properties Listed In Minot And The Surrounding Areas  
Go To [www.minotsells.com](http://www.minotsells.com)  
For More Information Or To Schedule A showing  
Call A Century 21 Action Agent at 839-0021



We're  
More  
Than  
Just  
Print.

Check out the whole newspaper on our website. Find out how to place an ad and send us a note on how we are doing.

[www.northernsentry.com](http://www.northernsentry.com)

Visit  
our  
Web  
site.



15 1st Ave SE  
Minot, ND 58701  
(701) 839-0946  
[nsads@srt.com](mailto:nsads@srt.com)

DIVORCE? CUSTODY ISSUES?

ANDREW J. SCHULTZ

Attorney at Law  
U.S. Army Veteran

Divorce ~ Custody/Visitation ~ Child Support ~ Wills & Trusts

201 South Main St., Suite 200, Minot  
(701) 852-4837

Ultimate Cuts

- Haircuts, specializing in Military Haircuts
- Perms • Full Colors • Foils
- Highlights & Lowlights
- Acrylic Nails • Waxing • Relaxers

Hours of operation: 8:30am - 7:30pm Mon-Thurs  
8:30am- 7pm Friday • 8am-4pm Saturday

We are still at same location - Watch for new electric sign in window

809 N Broadway • Minot  
852-2265

Book appt now with your favorite stylist: Kathy, Colleen, Becky, Sheena, Frenchie or Christy

Walk-ins Welcome upon Availability

The **FISHER** MOTORS COLLISION CENTER

Experience

brought to you by Wade

1200 20th Ave SW  
Minot, ND 58701

701.857.1333

www.fishermotors.com





WRITTEN GUARANTEES  
FREE ESTIMATES

MISCELLANEOUS

AEROPORT HOBBY SHOP

RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues.

838-1658

2112 N. Broadway • Minot, ND  
Ask for Eva • [www.airporthobby.com](http://www.airporthobby.com)



HAUGEN RANCH KENNELS

2431 3rd Ave NW, Butte, ND 58723

- Hunting Pups
- Kenneling Services
- Finished Bird Dogs

Visit our website to book an online boarding reservation at:  
[www.haugenranchkennels.com](http://www.haugenranchkennels.com)

10% Discount for first time customers!  
Stuart Haugen - Ph. 701-240-2006

BRADY MARTZ

CERTIFIED PUBLIC ACCOUNTANTS  
24 W. Central, Minot • 852-0196  
[www.bradymartz.com](http://www.bradymartz.com)

AUTOMOTIVE

ACTION AUTO WRECKING

Free Parts Locating service

1215 Valley St., Minot  
Formerly Minot Wrecking

We pay top price for cars & trucks, running or not

Selling new, used and rebuilt parts.

Phone 852-2470 or Toll Free  
1-800-533-5904 • Fax 838-7627

MBM AUTO SERVICE

Minot's Service Specialists

PARTS & SERVICE

VW

Diagnostics Check ups



We Specialize in Volkswagen, Audi, and More...

1215 Valley St.  
838-9607  
Next to Action Wrecking

**STORAGE UNITS**

**AAA MINI STORAGE**

Several Sizes Available  
Reasonable Rates, Easy Access,  
Security Lights  
**N. Hwy 83 Next to Starr  
Fireworks • 852-1157**

**NORTHERN PRAIRIE CONDOS  
& STORAGE, INC.**

**Military Discounts ~ Best Rates  
24 Hour Access  
701-720-0710 or 701-720-1093**  
Convenient North Location for Both Base & Minot Customers

**Souris River Storage**

Located in SE Minot Easy Access  
**Low Rates**  
5x10, 10x10, 10x15, 10x20  
**Call 701-833-5362**

**Help Wanted**

**LOOKING FOR A CAREER  
THAT IS BOTH  
CHALLENGING AND REWARDING?**

The Minot Vocational Adjustment Workshop (MVAW) is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. We are an equal opportunity employer and a drug free workplace.

Apply in person at:  
605 27th St SE, Minot ND 58701  
or contact: Gail Peterson  
by E-mail or phone at  
gpeterson@mvaaw.org  
(701)852-1014 ext 136

**CARRIERS NEEDED** to deliver the Northern Sentry to base housing. Please call Michelle at 838-5937 for more information.

**Help Wanted**



**Help Wanted**

**Looking for Part Time Nights  
& Weekend Help  
Mechanics, Sales, Tire & Lube Techs**  
Work in a fast-paced, productive shop offering excellent wages and benefits. Some week-ends and nights will be required. Drop applications off at Tires Plus or email resume to: tiresplus@srt.com  
*All applications will be kept confidential.*

**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

**MATURE, RELIABLE, TRUSTWORTHY INDIVIDUAL.** Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

**HONEST WORKER FOR MAINTENANCE** of properties residential and commercial. Lead base paint certified with the EPA (Proof Required). Must have a current (valid & clear) driver's license. Lawn care, snow removal, painting, roof work and cleaning vacant properties along with minor plumbing etc. Planned hours are M - F 9am, 5pm. Apply at 1300 4th Avenue NW. 838-8400.

**JCPenney is hiring.**

We're searching for friendly, outgoing people to assist our customers at JCPenney.

- Customer Service Associates
- Commission Shoe Associates
- Salon Stylist

- \*15-40 hour positions available
- \*Flexible hours, including mornings, mid-day evenings and weekends
- \*Friendly atmosphere
- \*Merchandise discounts
- \*Competitive pay

To join the JCPenney team, apply now at the Associate kiosk at JCPenney in Dakota Square, or visit [www.jcpennycareers.com](http://www.jcpennycareers.com) to apply to the store nearest you. EOE.

**Every Day Matters™**



**PEPSI COMMISSARY STOCKER,** weekends only. Must be 18, clean driving record, pass drug and alcohol, and physical test. Must be able to lift and carry 50lbs. \$11per hour starting. Email [jimdavenport@srt.com](mailto:jimdavenport@srt.com) for further information.

**Real Estate**



Chad Vogel  
Cell 721-5889  
NMLS #213256



**eLendingNow**  
PREMIER MORTGAGE CORP.

**...Very Fast ...Very Simple  
...and the Very Best Rates!**

Fast & Free Preapproval VA and FHA Financing  
Apply Online at [eLendingNow.com](http://eLendingNow.com)

**701-838-3247**

1408 20th Ave. SW, Ste 3 • Minot, ND 58701



Mike Lindquist  
Cell 578-0478  
NMLS #213449

**Real Estate**

Find ALL listed homes for sale in Minot and the surrounding areas at: [www.brokers12.com](http://www.brokers12.com)

**FSBO. 1035 W Central Ave.** Very unique 3 Bdrm/2 Bath. 2900 sq. ft. 3 family rooms, formal dining room, hardwood floors, 3 wood fireplaces, updated appliances, C/A, finished basement w/ wet bar, fenced backyard. Great neighborhood near Lincoln Elem. School. \$189,900. Call 701-240-6435.

**Looking for a job?  
Check out the classifieds  
in the Northern Sentry**

**For Rent**

**MANAGEMENT OF RENTAL HOMES & APARTMENTS.** Professional, experienced, and affordable. Contact Matt or Roger. IPM, Inc. 852-1157

**FOR RENT IN GLENBURN:** 3 Bedroom, 1-1/2 BA Split level duplex with single attached garage. Stove, fridge incl. with W/D hookups. Tenant pays utilities. \$700 rent plus deposit. Call 362-7437 or 852-0722

**Child Care**

**DAYCARE PROVIDER HAS OPENINGS:** Licensed, CPR Certified, Military 20 years experience, Pre-School Program. Call Becky 420-0970

**Thomas & Thomas**

Attorneys At Law

114 South Main Street

- Divorce
- Bankruptcy
- Step-parent Adoption
- Military Law
- Vehicle Accidents
- Criminal Defense
- Child Support
- Child Custody
- Guardianship
- Wills
- Estates
- Juvenile Law
- Personal Injury
- Wrongful Death

**852-1602**

Richard B. Thomas  
Attorney At Law  
Former USAF Judge Advocate

Robert S. Thomas  
Attorney At Law



Theatre DVR Suite and MidcoNet®  
Preferred Broadband Bundle  
**\$79**  
per month for 6 months

Regular Price  
per month  
**\$123.90**  
Total Savings  
over 6 months  
**\$269.40**



**SAVING MONEY ON  
FUN STUFF IS COOL.**

**SAVING \$269 ON CABLE AND BROADBAND IS UNBELIEVABLE.**

The Midcontinent Theatre DVR Suite & MidcoNet® Preferred Broadband Duo gives you more viewing choices. Better broadband. And it's Better Bundle Bureau Approved! Are you ready for the coolness?

ORDER, UPGRADE AND MORE WITH MYMIDCO™ AT [MIDCOCOMM.COM](http://MIDCOCOMM.COM)

**CALL 1.800.888.1300**  
**GO ONLINE: MIDCOCOMM.COM**

VISIT ONE OF OUR CUSTOMER SERVICE CENTERS.  
FIND A LOCATION NEAR YOU AT [MIDCOCOMM.COM](http://MIDCOCOMM.COM).



This limited time offer is available to new and upgrading residential customers only. Offer and services not available in all areas and some restrictions apply. Taxes and fees not included. Promotional pricing applies to first full month of service after installation. An HDTV is required to receive HD programming. Customer is responsible for modem purchase or lease required for MidcoNet® Broadband Service. Modem lease price is \$3/month for standard modem or \$5/month for wireless. Actual Internet speeds may vary depending on your computer's capacity and web traffic. Speeds may also be impacted by third party equipment (such as your computer or router). Installation is \$9.95 with Theatre DVR Suite and MidcoNet® Preferred bundle and \$19.95 for any other Single Service. Expiration 4/15/11.



Transportation

**KARZ4-U**  
AUTO SALES

**240-9172**  
1105 16th St. SW • Minot  
Cliff Butler/Retired MSgt  
www.Karz4-U.com

 <b>06 JEEP WRANGLER</b> 4x4, 44K miles, Auto, New Tires NICE <b>\$17,995</b>	 <b>04 JEEP WRANGLER RUBICON</b> 68K, 5 spd, NICE <b>\$15,995</b>	 <b>00 JEEP GR CHEROKEE</b> Laredo 4x4, 105K <b>\$5,995</b>
 <b>01 OLDS ALERO</b> 4 Dr, Great running car, 104K <b>\$3,995</b>	 <b>98 FORD TAURUS</b> Nice car, Runs/drives great, 137K <b>\$2,995</b>	 <b>06 PONTIAC GRAND PRIX</b> 4 Dr, 3.8 V6, 84K, New Tires <b>\$8,995</b>
 <b>01 FORD ESCORT</b> 102K, remote start, nice car <b>\$3,495</b>	 <b>08 CHEVY MALIBU</b> 2LT, 44K, htd/leather, remote start, rims <b>\$15,495</b>	 <b>04 CHEVY 1500 SILVERADO</b> 4x4 Crewcab, 80K, NICE <b>\$17,995</b>
 <b>99 CHEVY S-10 EXT</b> 2WD, NICE, 5 Spd, 118K, new tires <b>\$4,995</b>	 <b>99 MERCURY SABLE</b> 117K, leather, alloys, nice car <b>\$3,495</b>	 <b>05 TOYOTA COROLLA</b> 4dr CE, power windows/locks/tint/cruise 91K <b>\$7,995</b>

**\$\$\$ QUICK CASH \$\$\$** Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

**\*\*GOOD USED CARS FOR SALE\*\*** We buy, consign, take trades and have financing available. Check out our inventory at KARZ-4-U, 16th St. SW (next to High School). Call Cliff (Retired Msgt) at 240-9172. www.karz4-u.com

**I BUY CARS OR HAUL JUNKERS AWAY FOR FREE** - Call Karz 4-U at 240-9172.

**1985 CHEVY SILVERADO 4X4 350**, runs/drives good. \$2,995 Call Cliff at 240-9172 or see @www.karz4-u.com

**96 VOLVO 960 SEDAN**, leather, sunroof, 98,000 miles, new tires. \$3,995. Call Cliff at 240-9172 or see @www.karz4-u.com

**99 PONTIAC BONNEVILLE**, 122K, Great MPG \$3,995. Call Cliff at 240-9172 or see @www.karz4-u.com

**95 CHEVY EXTCAB 3/4T**, 4x4, 5 Spd, Runs/Drives good. \$3,995. Call Cliff at 240-9172 or see @www.karz4-u.com

**02 BUICK CENTURY**, 101K, Runs/Drives nice. Lady owned. \$3,995. Call Cliff at 240-9172 or see @www.karz4-u.com

**2006 FORD F150 LARIET EXTEND CAB** 4x4. 4 door, fully loaded, including heated leather seats, black and chrome, excellent condition, only 77,000 miles. \$19,000 OBO. Call 833-9042 or 839-1776.

**'91 CAPRICE CLASSIC FOR SALE**. Black, 305 cubic inch. 27 MPG on road. All power, leather interior. Second owner, motor strong. \$2250 asking price. Call 720-4992.

Sell your car with an ad in the Northern Sentry. Email us at: nsads@srt.com

**SuDoKu Answers**

8	7	1	2	9	3	4	6	5
5	3	4	1	6	8	9	7	2
2	9	6	5	7	4	3	8	1
3	5	7	9	2	6	1	4	8
6	8	2	4	3	1	7	5	9
1	4	9	8	5	7	2	3	6
4	6	5	7	1	2	8	9	3
7	2	3	6	8	9	5	1	4
9	1	8	3	4	5	6	2	7

Answers to puzzle on page 15

**QUICK CASH!!**  
Running & Non-Running Cars & Trucks

**Edwardson Sales**  
**839-9512**  
We also sell cars \$500 - \$1500  
Give Us A Call!  
Will Haul Junk Cars Free Of Charge

Recreational

**SPORTSMAN'S LOFT**  
2800 S. Broadway  
Between Denny's & Penny's

**GUNS**  
Buy, Sell & Trade

- \*Handguns \*AR - 15's
- \*Tactical Weapons (and accessories)
- \*Hunting Rifle & Shotguns
- \*Large Ammo Section
- \*Military Discounts for Glock Firearms

**852-4000**

Garage Sales

**BUYING NEW & USED FURNITURE**, appliances, antiques, couches, love seats, dining sets, all households. Leaving Minot? Just give me a call on my cell phone 833-9042 or home 839-1776.

**MOVING NEED CASH?** Sell your used/unwanted items at MAGIC CITY FLEA MARKET, February 12 & 13, State Fairgrounds. Info 852-1289

**ESTATE AUCTION SALE**  
Sunday Feb. 13th  
12:01 PM  
ND State Fair Center

Antiques, Furniture, Jewelry, Books, Toys, Household, Bedroom Set, Collection of HO Scale Model Trains (50 pieces), Much More!

www.sundsbakauctions.com

Your ad could be here for as little as **\$5.00**  
Ask about our business contracted rates. Call us at 839-0946 or email: nsads@srt.com for more info

Miscellaneous

**RUTHVILLE BARBER SHOP**, Mon-Thurs. 8:30 to 5. Appointments or walk ins, haircut, neck shave and shoulder massage for \$12. Call 839-5311 today!

**BEAUTY on a BUDGET**- Skin care packed with multiple benefits. Special offers you don't want to miss. Free samples so you can try before you buy. Free makeovers and expert tips. Shop at your convenience with my personal delivery. No crowds. No parking hassles. No drain on your gas tank. What better way to get all your skin care and makeup! Contact me today! LEE CLOUSE Mary Kay Independent Beauty Consultant. www.marykay.com/lclouse. 839-0475

**CHIROPRACTIC SOLUTIONS** - Now open & accepting new patients. Flexible hours including Saturdays. Therapeutic massage therapist available utilizing various techniques. Lindsey White D.C. & Danielle White L.M.T. 3108 S. Broadway, Suite B, Minot, ND. 58701. 852-3232

**SHOP MINOT'S** Largest Antique & Second Hand Store. DAKOTA ANTIQUES & BOOKS. Clean Used Furniture. #3-1st St. SE. Downtown Minot. 838-1150

**BRANDAN'S LAWN CARE AND SNOW REMOVAL**, Serving MAFB. Competitive rates with many deals. Stay warm, enjoy that cup of hot coco while we maintain your driveway and sidewalk. Call 701-212-8590 Today.

**VALENTINES EXTRAVAGANZA!!!** Vendor show @American Legion Hall Minot (1949 N Broadway) February 12th 12-3pm Free Admission and Lots of Doorprizes and Raffles!! Contact Emma @661-428-4135 with questions.

**VINTAGE JEWELRY**, old tools, used records/CDs, Watkins, Avon, old books/paperbacks, baked goods, and much much more at the Flea Market, Sat. and Sun. at the State Fairgrounds.

**HOME FURNITURE SALE**: Beige living set: Sofa, chaise lounge, armless chair \$300 (\$150ea if sold separate). Breakfast nook high top table w/2 chairs \$50. Glass & blk iron round coffee table \$30. Home decor and more. Call 340-1629

**WEIDER HOME GYM**. Ok condition. Completely FREE. Call Mark 340-0824

**SHOP & SAVE**  
*Claret Connection*  
CONSIGNMENT SHOP

Quality Brand Clothing  
New Consignments arriving daily

Childrens • Mens • Womens  
**1515 24th Ave SW**  
(1 Blk West of Dakota Square)  
Mon - Sat 10-6; Sun 12-5

Let your mouse navigate you to your next House

brokers12.com  
852-3757 • 1-800-568-6671

**KARZ4-U**  
AUTO SALES

**240-9172**  
1105 16th St. SW • Minot  
Cliff Butler/Retired MSgt  
www.Karz4-U.com

 <b>03 PONTIAC GRAND AM SE</b> V6, 117,000 miles, Runs/Drives good <b>\$4,995</b>	 <b>02 MUSTANG GT</b> 70K, Leather, SCT programmer, 4-10 gears <b>\$9,995</b>	 <b>92 TOYOTA PASEO</b> Runs/Starts great, New tires, Great Heater <b>\$2,495</b>
 <b>08 PONTIAC G6 GT</b> Even Smells New, 7200K miles <b>\$13,995</b>	 <b>02 SUBARU OUTBACK</b> Limited, AWD, 96K, htd/leather, remote <b>\$7,995</b>	 <b>08 TOYOTA CAMRY</b> 5 Spd, Pwr windows/locks/cruise, 49K <b>\$12,995</b>
 <b>04 FORD SUPERDUTY CREWCAB</b> 2WD, MINT, 47K, 6.0 Diesel <b>\$19,995</b>	 <b>06 TOYOTA CAMRY</b> 72K, Very nice local trade <b>\$10,995</b>	 <b>09 PONTIAC G6 GXP</b> U name it, it's got it, 24K, like new <b>\$17,995</b>
 <b>04 PONTIAC SUNFIRE</b> 67K, Automatic <b>\$5,995</b>	 <b>01 OLDS INTRIGUE GL</b> MINT, Remote start, 109K <b>\$4,995</b>	 <b>01 CHEVY BLAZER 4X4</b> 2dr, 104k, Bose, Sunroof, NICE <b>\$5,995</b>

**JOHN'S**

**AUTOBODY**  
Pays Up To **\$500**  
Insurance Deductibles  
We Guarantee All Work & Color Match  
4121 S. Broadway  
**839-8896**

You'll Feel Right at Home With Us!



852-3505

Signal, Inc. Realtors

1541 S. Broadway  
1-800-735-4065 Fax: 852-5526  
Email: signal@srt.com  
Website: signalrealtors.com

- |                           |                                  |                                |                                |                                 |                             |
|---------------------------|----------------------------------|--------------------------------|--------------------------------|---------------------------------|-----------------------------|
| Brad Beeter.....833-1758  | Gene Eggen.....721-9595          | Duane Peterson.....240-3660    | Jason Schnaible.....721-0658   | Melody Sundbakken.....833-4673  | Linda Zimelman.....721-9308 |
| Alecia Berg.....721-5996  | Dick Hodnefeld.....721-0299      | Mona Prellwitz.....721-5250    | Vonnie Schoenborn.....720-0318 | Lucy Tuttle.....240-6707        | Bryan Knight.....720-0965   |
| Brian Berg.....833-4876   | Bernie Pellenwessel.....721-5221 | Darlene Schnaible.....721-7374 | Jeff Stremick.....721-2584     | Wayne Tuttle.....240-6667       |                             |
| Kristen Boen.....340-5592 | Mike Pellenwessel.....833-8430   | Ed Schnaible.....720-0076      | Larry Sundbakken.....833-7363  | Marla Rae Uscensky.....720-0215 |                             |

LOT LOCATED IN DEVELOPED AREA!

90'x 117' Single Family Lot. Access from 16th Ave or Side Driveway. All Services Available.  
Call Gene Eggen at 721-9595  
**\$49,900 #20110029**

COUNTRY SETTING!

Under Construction. Nice Open Floor Plan. 3 Bedrooms, 2 Full Baths. 3 Stall Garage. 1368 Sq Ft Above Ground. Nice Quiet Street With A View.  
Call Dick Hodnefeld at 721-0299  
**\$209,900 #20110079**

LIFE WITH A VIEW

Under Construction. 3 Bedrooms, 2 Full Baths. Master Suite With Separate Shower Stall, Tub, Dual Sinks. Kitchen With Island, Oak Custom Cabinets, Pantry.  
Call Bernie Pellenwessel at 721-5221  
**\$214,900 #20110080**

STYLISH PATIO HOME!

2 Bedroom & 1 1/2 Bath Home Including a Sunroom. Living Room Features a Bay Window, Providing a View to the Front of the Home. Open Floor Plan w/ Large Spacious Foyer & Large Windows Add to the Appeal of the Patio Home.  
Call Mike Pellenwessel at 833-8430  
**\$229,900 #20101633**

BRAND NEW TOWNHOME!

2 Bedroom & 2 Bath Townhome w/ Great Curb Appeal. Open Floor Plan w/ 9 Ft. Ceilings, Oak Interior & Spacious Bedrooms. Heated Garage Will Be Finished w/ Floor Drains. Exterior will have Covered Front Porch & Patio. Underground Sprinklers & Seeded Lawn When Weather Permits.  
Call Duane Peterson at 240-3660  
**\$228,500 #20101224**

SINGLE LEVEL DESIGN!

2 Bedroom & 1 1/2 Bath Patio Home. Foyer is Connected to the Kitchen & Dining Room. Dining Room Features a Large Bay Window w/ View. Large Windows in Sunroom Make it A Favorite Room. Attached Heated Double Garage.  
Lucy Tuttle at 240-6707  
**\$234,900 #20101635**

HOME IN THE COUNTRY NORTH OF MAX!

4 Bedroom & 2 Bath Manufactured Home Located on 2.3 Acres of Land. Kitchen Open to Living RM & Dining RM w/ sliding glass door to deck. 2,640 Square Feet Including 3 Family Rooms & Master BR w/ Bath. Extra Large Double Garage w/ Extra Acres Available to Purchase.  
Darlene Schnaible at 721-7374  
**\$164,900 #20110115- #20110118**

GREAT END UNIT CONDO!

2 Bedroom & 2 Bath Condo in SW Minot. Large Master Bedroom w/ Master Bath. Main Floor Laundry, Great Room, Kitchen w/ Walk-Out Deck. Finished Family Room in the Lower Level w/ Look-Out Windows. Room to Finish off 2 Additional Bdrms & Another Bathroom.  
Call Ed Schnaible at 852-3505  
**\$184,900 #20101360**

UNIQUE TRIPLEX!

Built as A Owner Occupied 2,500 Sq. Ft. Home w/ 2 Daylight Apartments in the Lower Level. Double Attached Garage w/ Parking for at Least 4 Other Cars. Rents Are Extremely Low for the Main Floor Unit. Very Close to Minot State University.  
Call Jason Schnaible at 721-0658  
**NOW \$219,600 #20101629**

MAIN FLOOR LIVING!

2 Bedroom & 1 1/2 Bath Home Features a Sunroom & Large Bay Window in the Dining Room. Quality, Energy Efficient Construction w/ 9ft. Ceilings & Open Kitchen w/ Sit-Up Counter Area. Bonus Room Upstairs is great for guests, storage, etc.  
Call Vonnie Schoenborn at 720-0318  
**\$231,900 #20101636**

SINGLE FAMILY OR DUPLEX FOR SALE NEAR MSU!

Interior & Exterior In Great Condition. Both Apartments Have Been Updated w/ Custom Kitchen, 2 Full Baths, Vinyl Siding, Etc. Could Very Easily be A Single Family Home.  
Call Larry Sundbakken at 833-7363  
**\$129,300 #20110052**

BUILT FOR COMFORT!

3 Bedroom & 3 Bath End Unit Condo. Large Windows w/ Great View on 2 Sides. Master Bedroom w/ Bath & Walkout to Private Dck Overlooking City. Professionally Finished Walk Out Bsmt w/ Room For Hot Tub. Newer Roofing, Water Heater, Furnace & Central Air.  
Melody Sundbakken at 833-4673  
**\$184,900 #20101202**

**MAGIC CITY FLEA MARKET**  
STATE FAIRGROUNDS • MINOT  
Saturday, Feb. 12th • 8 am to 4 pm  
Sunday, Feb. 13th • 10 am to 3 pm  
ANTIQUES, COINS, BOOKS, JEWELRY, TOOLS, BAKED GOODS, & MORE

THE HARD WAY.

THE EASY WAY.

For Sale:

Sell Those Unused or Unwanted Items Today with an Ad in the Northern Sentry! We offer you the lowest prices in town!!

Check us out online each week at: [www.northernsentry.com](http://www.northernsentry.com)

Welcome to Your New Home

**COLDWELL BANKER**

**1ST MINOT REALTY**  
219 S. Main  
852-0136

[www.cbminot.com](http://www.cbminot.com) • [cb@minot.com](mailto:cb@minot.com)

An Independently Owned and Operated Member of Coldwell Banker Real Estate Corporation

**\$89,500**

This 2 Story 2 bedroom 1 bath would be perfect for your 1st home!! Home has numerous updates including new paint upstairs, bathroom has a new tub surround, sink and new flooring.  
Call Ken Gorze Today!  
#20110134

**\$162,500**

Great family home with 6 bedrooms and 1 1/2 bathrooms located on a nice large lot. Many updates such as new windows, furnace and AC, Shingles & Gutters done in 2010. Wrap around trex deck with patio off the kitchen.  
Call Bruce Walker Today!  
#20110003

**\$417,500**

Awesome custom 5 bed room, 4 bath home in a beautiful NW neighborhood close to schools and shopping. This home has over 3600 square feet of living space and a 4 stall garage for all of your toys.  
Call Jerry Thomas Today!  
#20101674

**\$169,500**

Very nice 3 bedroom/2 bathroom home with steel siding and dual pane windows throughout with a finished basement. The home has hardwood floors were refinished last year and the interior has been repainted. Yard is fenced.  
Call Clyde Thorne Today!  
#20101593

**\$205,000**

Move right into this 2 bedroom 2 bath 1 level townhouse in a superb SW location. Open kitchen/dining and living areas. Double attached heated garage. Covered porch in front and a concrete patio in the back. Most furnishings may stay!  
Call Aisha Vadell Today!  
#20101589

**\$79,900**

Nice starter home with vinyl siding, new double pane windows, and a newer roof. The electrical box, hot water heater, and the furnace have all been replaced in 2010. There are 2 bedrooms on the main floor and another on the upper floor.  
Call Clyde Thorne Today!  
#20101577

**\$179,900**

Great home in excellent location! 4 Bedroom, 1 1/2 bath, color lock siding, 2 decks in fenced backyard. Kitchen and bathrooms have been updated and home has nice open floor plan. Basement has 2 bedrooms, a nice sized 3/4 bath and a kitchenette. The garage is very large (35x24), and has a workbench.  
Call Matt Waind Today!  
#20101221

**\$262,900**

New Construction Home! 3 BR and 2 bath Rambler home to be located in great SE location. Features 1,600 sq ft of living space on main floor with triple garage and sits on a full unfinished basement. An additional \$30,000 can be added to purchase price to finish basement.  
Call Tamie Dunn Today!  
#20100688

**\$30,000 Lansford**

Very Unique ROUND home with steel framework and fiberglass exterior sides and roof. Bathrooms are operational. Interior needs to be completed. Situated on 5 city lots.  
Call Aisha Vadell Today!  
#20091861

**\$210,000 Surrey**

A great family home with an extra large garage, 32x36. The 3/4 bath in the lower level is brand new with a tile floor. The home has had new windows and siding in 1995. Central air unit was new in 2009. Roof was shingled in 2000.  
Call Bruce Walker Today!  
#20101576

**\$145,000**

Large Manufactured home that sits on pier foundation. Home features are large living room that flows nicely into large kitchen & dining room, large master bedroom with master bath that boasts large garden tub and separate shower.  
Call Jerry Thomas Today!  
#20101467

**\$79,900**

Business Only - No Real Estate! Small beer bar with a steady and loyal clientele. Sale includes everything you need to start the business including tables/chairs, 2 freezers, glassware, pizza oven, air conditioner, moveable cooler and much more.  
Call Brad Livesay Today!  
#20101104

**\$165,000**

Investors! Close to 3000sq ft business/residential building. Prime rental! 1500 sq ft on the main level w/ a large 3 bedroom apartment above. Extra lot for parking goes with the property. Make your investment move now!  
Call Lorell Seibold Today!  
#20110002

- |                                |                                |                              |                               |                              |
|--------------------------------|--------------------------------|------------------------------|-------------------------------|------------------------------|
| Tony Alef.....362-7599         | Neil Gush.....833-9003         | Brad Livesay.....720-7769    | Lorell Seibold.....721-4996   | Brad Torkelson.....339-8907  |
| Alish Charley.....701-509-5362 | Tasha Haugen.....721-9969      | Sara Luedke.....852-0136     | Erich Sinn.....852-0136       | Aisha Vadell.....833-1136    |
| Tamie Dunn.....720-1723        | Trenton Kary.....720-6520      | Mike Matteson.....463-2099   | Virginia Slavick.....852-0136 | Dawn VerBruggen.....720-2034 |
| Todd Fettig.....852-0136       | Danette Krumwiede.....720-2335 | Orville Nesdahl.....852-6488 | Jerry Thomas.....833-7578     | Matthew Waind.....721-1166   |
| Ken Gorze.....852-0136         | Brenda Larson.....578-5480     | Jim Olson.....240-8761       | Clyde Thorne.....240-8594     | Bruce Walker.....852-0136    |

# Ryan CHEVROLET

## the NO WORRIES sales event

Rates As Low As

# 1.9% APR

UP TO 36 MONTHS



**CHEVROLET**

- Silverado
- Impala
- Malibu
- GMC**
- Sierra
- Acadia
- BUICK**
- Enclave
- PONTIAC**
- G6

Rates As Low As

# 2.9% APR

UP TO 60 MONTHS



A SAMPLE OF OVER **500** PRE-OWNED VEHICLES YOU CAN FIND NOW AT

[DriveRyan.com](http://DriveRyan.com)

05 Ford Five Hundred SEL.....#6329823....	<b>\$7,611</b>
05 Pontiac Grand Prix.....#5400421....	<b>\$8,901</b>
04 Isuzu Axiom XS.....#5397521....	<b>\$9,481</b>
02 Ford Escape XLS.....#5397331....	<b>\$9,969</b>
05 Chevy Malibu.....#5383021....	<b>\$9,971</b>
06 Mazda 6 S.....#6343823....	<b>\$10,952</b>
08 Toyota Yaris hatchback.....#6304720....	<b>\$11,429</b>
07 Pontiac G6 GT.....#5365410....	<b>\$11,968</b>
05 Toyota Camry XLE.....#6306410....	<b>\$12,970</b>
07 Mercury Milan.....#5397221....	<b>\$14,648</b>
07 Nissan Xterra S.....#6346221....	<b>\$14,851</b>
06 Chrysler 300 Touring.....#5379410....	<b>\$14,929</b>
10 Chevy Impala LS.....#5403611....	<b>\$14,931</b>
06 Honda Odyssey EX.....#6340613....	<b>\$16,754</b>
10 Dodge Avenger R/T.....#6347311....	<b>\$16,916</b>
06 Ford Expedition XLT Sport.....#5402921....	<b>\$17,279</b>
06 Nissan Maxima.....#5406121....	<b>\$18,236</b>
09 Chevy Impala LTZ.....#6300110....	<b>\$18,926</b>
09 Cooper Mini.....#6319410....	<b>\$19,915</b>
07 Silverado 2500 X-Cab 1LT.....#6308810....	<b>\$21,986</b>
07 Toyota Tundra.....#6333220....	<b>\$24,555</b>
10 Chevy Camaro 2LT.....#6306010....	<b>\$24,904</b>
08 Ford Edge Limited.....#6353611....	<b>\$24,936</b>
10 Chevy Traverse LS.....#5407411....	<b>\$26,426</b>
10 Chevy Equinox LTZ.....#6349811....	<b>\$29,923</b>
11 Honda Pilot EX-L.....#6334110....	<b>\$34,801</b>
10 Buick Enclave CXL.....#5413611....	<b>\$35,629</b>
10 Chevy Suburban LT.....#6353811....	<b>\$39,916</b>
09 Chevy Tahoe LTZ.....#5403711....	<b>\$39,930</b>
08 Toyota Sequoia 6-S.....#5408311....	<b>\$39,931</b>

THERE'S **\$1,925** of **BUILT-IN VALUE** in every **GM CERTIFIED USED VEHICLE**

[DriveRyan.com](http://DriveRyan.com)

Ask your dealer to do the math for your vehicle and compare! \*\*

**chevy owner appreciation days**

To show our appreciation, we're offering you **\$1,000** Owner Loyalty Cash\* on every new '11 Chevy in stock!

**2011 Chevy Impala LT**

#6355600 MSRP: \$29,020  
Heated Leather, Power Seats, XM, OnStar, Universal Home Remote

**\$22,450**

AFTER ALL REBATES TO DEALER



\*Must own/lease a '99 or newer GM vehicle to receive Owner Loyalty Cash. Excludes Volt and Camaro Convertible. Not available with some other offers. \*\*\$1,925 of built-in value is the national average value. Finance rates with approved Ally credit on over 70 select GM Certified Used Vehicles. Tax, title, license and doc fees not included. Offers end 2/28/11. Photos for display purposes only.



Flip Bernsdorf Sales



Chuck Betts Sales



Terry Bostow #3 Sales Jan.



Kyle Erickson Sales



Barry Hoffer #2 Sales Jan.



Wendy Kambeltz Sales



Wayne Krefting Sales



Jason Morgan Sales



Remona Mulholland Sales



Dennis Rowe #1 Sales Jan.



Miranda Schuler Sales



Eldon Strand Sales



Adam Tillema Sales



Mike Gietzen Commercial Sales

# Ryan CHEVROLET



- CALL:
- CLICK:
- VISIT:

**852-3571 OR 1-888-546-7926**

Shop 24/7 Search Our Inventory Apply For Financing  
[www.DriveRyan.com](http://www.DriveRyan.com)

**1800 S. Broadway, Minot**

Monday - Friday 8 A.M. - 7 P.M. Saturday 9 A.M. - 5 P.M.