

northern sentry

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WELCOME HOME DEPLOYERS

Minot Air Force Base welcomes home its deployers! Family and friends, coworkers and commanders, all share in the warm-hearted feeling when their Airmen return safely from their deployed location, wherever in the world this may have been.

The following Airmen have recently returned from deployment:

5th Bomb Wing

Capt. Aubrie Jones
Master Sgt. Spencer Glipta

5th Force Support Squadron

Tech. Sgt. Robert Woods

5th Communications Squadron

Airman 1st Class Britt Vail
Airman 1st Class Christopher Mills

69th Bomb Squadron

Capt. Chad Guendelsberger
Capt. Justin Cox
Capt. John Rolsen

91st Missile Security Forces Squadron

Tech. Sgt. Ray Marquez Jr.
Staff Sgt. Gqwon Morton
Staff Sgt. Jeffrey Nicholas
Staff Sgt. John Levrier
Senior Airman Jonathan Marshik
Senior Airman Santiago Lopez
Senior Airman Albert Graham
Senior Airman Matthew Heide
Senior Airman Alisa Podgorskaya
Airman 1st Class Nicholas Murphy
Airman 1st Class Pedro Mangualrivera
Airman 1st Class Zachary Braegelmann



(U.S. Air Force photo/Airman 1st Class Jose L. Hernandez)

Tech. Sgt. Ray Marquez, 91st Missile Security Forces Squadron flight security controller, embraces his spouse Amy Marquez at the Minot International Airport, after returning from a six month deployment to Sather Air Base, Iraq Feb. 9. Sergeant Marquez was part of a team of 12 91st MSFS members who were the only ones to deploy in 2010, given the importance of the nuclear mission here.

91st MSFS warriors recall deployment worth

by Airman 1st Class
Jose L. Hernandez

Minot Air Force Base Public Affairs

A team of 12 91st Missile Security Forces Squadron Airmen from Air Force Global Strike Command's Minot AFB arrived home Feb. 9 after a six month deployment to Sather Air Base.

Airmen from the 91st MSFS here are among many who are entrusted with ensuring the safety and security of one of the most powerful weapons in our nation's arsenal here. For that reason, few are called to serve in deployed locations throughout the world.

Because of the odds, Staff Sgt. John Levrier, 91st MSFS flight security controller and returning deployer said it was a privilege to have served overseas.

"Not a lot of Security Forces Airmen here get a chance to deploy," said Sergeant Levrier. "From the 91st Missile Wing side, our small group of security forces members were the only ones who deployed in 2010."

He emphasized the importance of allowing younger Airmen, who have

never deployed an opportunity to gain insight and an understanding of how deployed environments operate.

"Each deployment can always be a bit different," said Sergeant Levrier. "But whenever we get a chance to deploy, it is always a good experience for us." Senior Airman Nicholas Murphy, 91st MSFS security forces member, was one of the first-time deployers.

"I volunteered to deploy," said Airman Murphy. "I was really hoping to experience something new, even though I didn't know what to expect."

He said once he was on station in Iraq, he quickly noticed the change in work environment, but came to enjoy it overall.

"I had the opportunity to meet a lot of new people over there," said Airman Murphy. "I enjoyed interacting with the total force as with other foreign troops."

Sergeant Levrier explained he to enjoyed working alongside ANG members. "Working alongside members of the Air National Guard was a whole new experience for me," said Sergeant Levrier. "Many of these members incorporated some civilian aspects into

their work."

"A lot of them were law enforcement officers in the civilian world," he continued. "It's interesting to see their perspective on some of the work we did."

During this deployment, Sergeant Levrier explained the work there was primarily providing overall base security. "Some of our tasks included air base defense, perimeter flightline security, controlling entry points to the base and conducting mobile patrols," said Sergeant Levrier.

He said that while they were kept busy at work, they found time to enjoy some of the local culture.

"We were able to tour Saddam Hussein's old palaces," said Sergeant Levrier. "There was a lot of culture in the building designs."

He said the tour explained the country's history, which helped them better understand the current situation and the Iraqi people.

"Overall this deployment was great," said Sergeant Levrier. "It's one thing to talk about it, but a completely different experience to actually go through it."



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MTI professionalism and commitment makes impact on Airmen

by Mike Joseph

502nd Air Base Wing
OL-A Public Affairs

LACKLAND AIR FORCE BASE, Texas - There's a commonality that unites the men and women who serve as the 737th Training Group's military training instructors - service before self while transitioning more than 35,000 civilians a year into Airmen.

It's an MTI's professionalism and commitment to Air Force core values in basic military training that molds those civilians into successful Airmen; role models to be followed and at the end of eight weeks, often imitated.

Their effectiveness as leaders, teachers and mentors has changed lives and inspired Airmen for more than 60 years. Those attributes and mission objectives beyond just marching flights and teaching drill prompted the Air Force to quickly change from the original term in 1947 of flight marchers to military training instructors.

It was the leadership, teaching, mentoring and recognition skills of an MTI that not only changed the life of Staff Sgt. Carmen DeLeon-Acosta but served as a catalyst to her Air Force career.

"My TI changed my life in a lot of ways, more personally I think," Sergeant DeLeon-Acosta said. "He was not only my mentor but someone in whose footsteps I wanted to follow."

Sergeant DeLeon-Acosta said her father left when she was a child, she had no relationship with her stepfather or mother and was on her own at a young age. It was her MTI who changed her perception of men.

"He changed that attitude in me," said Sergeant DeLeon-Acosta, now an MTI recruiter and a former instructor. "He showed me that not every man leaves his family and children."

"I thought if my MTI could make me start talking to my father again and make my life better, I wanted to come back and do something similar," she said.



(Courtesy photo)

It's an MTI's professionalism and commitment to Air Force core values in basic military training that molds civilians into successful Airmen. Their effectiveness as leaders, teachers and mentors has changed lives and inspired Airmen for more than 60 years.

"He changed my life," she reminisced. "To this day we still talk, since we entered BMT in February 2002. That's a long time to have someone in your life."

Master Sgt. Eric Gaona, MTI recruiting team flight chief, agreed that not only did his MTI change him, but his time as an instructor also served as a career springboard.

"I clearly remember the day when I came to basic training with no discipline and didn't know where I wanted to go in life," Sergeant Gaona said. "That

man, now Chief Master Sgt. William Dambacher and current supervisor, made a difference. He inspired me greatly."

Sergeant Gaona, an instructor from 1993-1997, returned to the MTI Corps in a supervisory role in April 2010.

"I had an itch again to make a difference before I retire," he said, adding the intangibles of the special duty assignment had a huge impact on his career.

"There is no measure of how much you get from being an MTI," he said. "I came

in 1993 as a senior airman, when I left and compared myself to other senior airmen, the difference was amazing."

"The MTI experience is invaluable," he continued. "Supervisors single you out because you're more professional. Your career just takes off."

Staff Sgt. Scott Weimer said the skill set he developed as an MTI and MTI recruiter would be beneficial when he returns to the missile maintenance career field in April 2011.

"It doesn't matter what rank Airmen leave the MTI

Corps as, they leave performing two stripes higher," Sergeant Weimer said. "The different people to deal with, the responsibility, time management, work ethic and counseling skills you develop as an MTI will make these individuals an unparalleled asset to whatever job they assigned."

For more information on the MTI Corps, contact Master Sgt. Eric Gaona at the MTI recruiting office at DSN 473-1018 or the local Career Assistance Advisor, Master Sgt. Steven Ekker at DSN 453-1724.

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We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication.

The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

warbird journal

Commentary by Col. Douglas Cox
5th Bomb Wing commander



Presidents Day:

A time to remember those who sacrificed

Happy Valentine's Day, and Happy Presidents Day Team Minot! We have had a very nice February, with unseasonably warm weather. Lots of smiles and great attitudes greeted our distinguished visitors, including the surgeon general of the Air Force, Lt. Gen. Bruce Green, the Air Force Global Strike Command commander, Lt. Gen. Jim Kowalski and his wife, Julie, and N.D. U.S. Senator John Hoeven, all of whom were impressed by the dedication and professionalism that you displayed while they were here. Thanks to all - keep it up!

Presidents Day is a great time to remember those men and women who have given so much of their lives in service to our great nation. Even though the presidency is a political office, it is also the most important

opportunity for public service within our republic. As our commander in chief, the president is the ultimate military authority in the United States.

Across the more than two centuries that America has stood firm for freedom, we've been fortunate to have people willing to spend themselves for the good of our nation, and willing to make great sacrifices to keep our nation strong. We owe them a debt of gratitude.

Even though each and every one of us here at Minot serves on a smaller stage than the president, our service has great value too. Indeed, it's imperative to the success of our national defense and to the continued peace that deterrence provides. Without you delivering safe, secure and effective operations 24/7, and without the

family members and friends who provide encouragement and support to our hard working Airmen every day, this mission would not succeed. But it does succeed, and the credit belongs to you. We owe each of you a debt of gratitude - never doubt that the American people appreciate what you are doing for them day and night here and out in the missile field.

Thank you all so much for the hard work that you do. Thank you for the dedication, professionalism, upbeat attitude and leadership that you bring to the mission. You prove that it's true: Only the best come north! Stay ready, stay strong.

If you're under 21 don't drink. If you're of age don't drink and drive. Never, ever leave your wingman.

Perfection can be deadly

Commentary by A Team Minot Airman
5th Bomb Wing

I'm so fat; so ugly and disgusting. How could anyone even want to speak to me? How could anyone ever love me? I must be perfect, no matter what it takes. And I don't care if my methods hurt me.

These are just a few of the thoughts that run through my head when I look in the mirror; and these are usually on a good day.

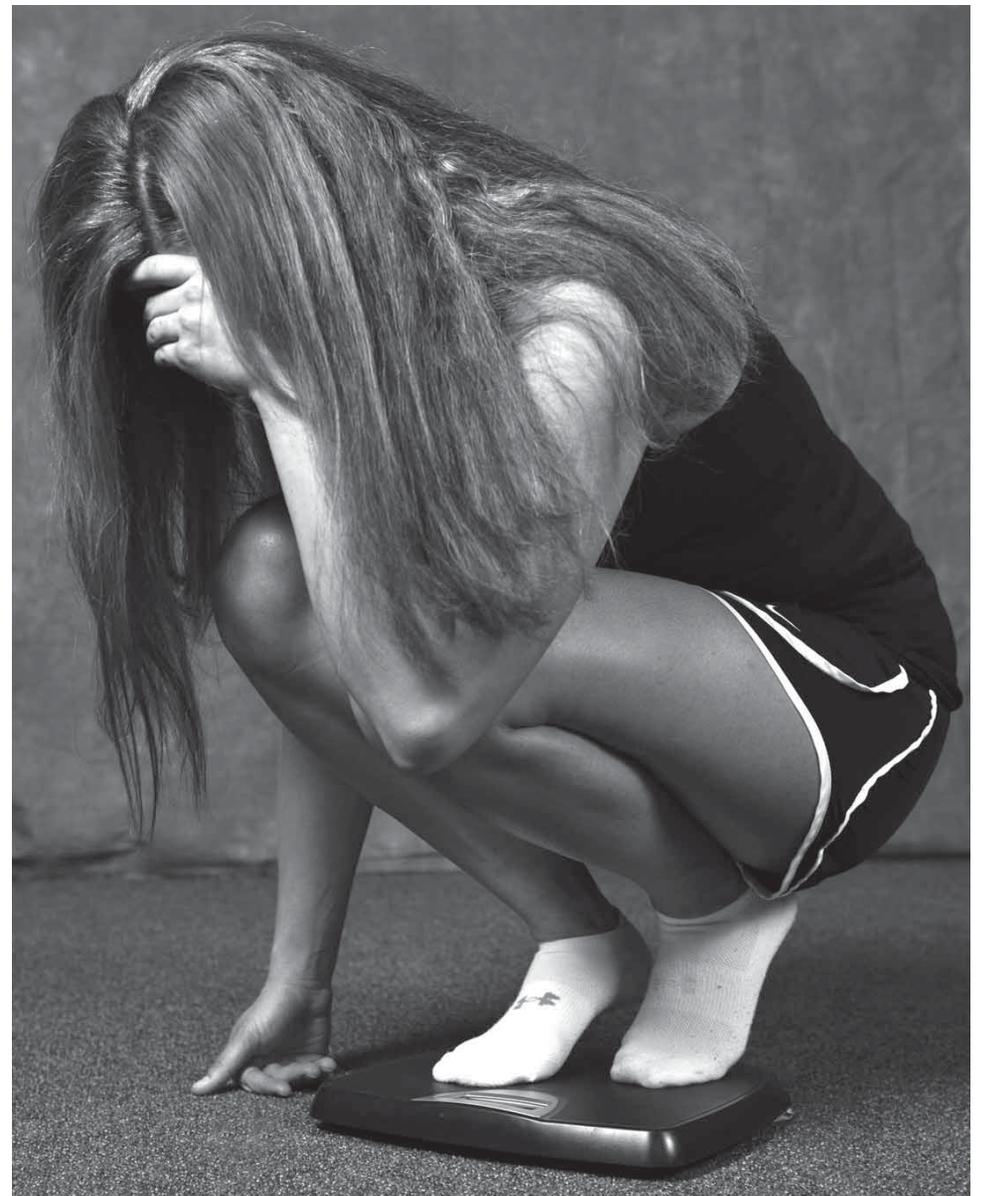
So what would cause a person to think such horrible things? Why would someone think they need to be perfect all the time, in every way possible? How exhausting life is when trying to attain something so impossible. But it never mattered to me. My appearance was more important than anything, even my health.

For me, it all started in college. I went to school in a beautiful city on the coast. Beautiful girls and good-looking guys were everywhere. It was the best place to be, so I thought.

Once I arrived, I immediately became aware of my place on the beauty scale, and it definitely wasn't at the top. To make matters worse, my roommate was basically an exact replica of Barbie, absolutely perfect.

I was depressed during this time and took no time putting on the "freshman 15", going from 135 pounds to 170 in a matter of four months. As you can see, it was more like the freshman 30. I was in constant denial. I would hide in my room, and to fuel my need to be happy, I'd eat whatever I could, whenever I could.

I went back home the summer



(U.S. Air Force illustration/Staff Sgt. Keith Ballard)

see **DEADLY PERFECTION** on page 7

February is National Eating Disorder Awareness month. If you are struggling with an eating disorder, call your base mental health clinic. You're not alone.

Visualize winter driving

Commentary by Dan Heald
5th Bomb Wing Ground Safety

Driving on snow and ice offers enough challenges by itself, but not being able to see while driving under these conditions puts the driver and others on the road in danger.

When driving to and from work, peephole drivers are easy to spot. They are the ones who have cleared or scraped just enough of their windshield to see straight in front of them, but nothing else.

Usually people do this when it's extremely cold outside and don't want to be out there any longer than necessary. At the same time, most people like their vehicles the way they are and do not need them customized by collision.

It's easy to prevent this; before heading out:

- Start the car and turn on the defroster. This would be a good time to go back inside while the vehicle warms up.
- If there is snow on the vehicle, brush all of the snow off. Snow left on the hood of the vehicle can blow up onto the windshield, obscuring the driver's view and can even cause disorientation. There is nothing worse than driving down the road and being

distracted by chunks of snow flying off of someone's vehicle.

• Once the snow is removed, it may be necessary to scrape any frost or ice off of the other windows. Use short downward motions with a long-handled scraper for better leverage. Not only is it nice to see straight in front while driving, but it's also good to see what else is going on all around the car.

Another type of peephole driver might confuse you. This is the one where the outside of the windows are clear of snow and ice but the frost is on the inside of the car. They can be seen scraping the inside of the windshield while driving.

This problem is easily fixed. On the heater controls, there is usually a button with two arrows making a circle. If the button is pushed in, the air in the car is recycled, allowing no fresh air into the vehicle. This works great for the air conditioning by keeping it cooler in the car, but lousy when defrosting the windows with the driver in the car. Body temperature and moisture from one's breath results in frost accumulating on the inside of the windows. To fix this



(U.S. Air Force photo by Senior Airman Kelly Timney)

An Airman scrapes ice off his car before driving home. Team Minot Airmen should always be sure to completely scrape ice off of their vehicles to ensure complete visibility while driving.

problem, simply change the control to allow fresh air into the car.

It is very important to take the

time to clear vehicle windows. While driving, always remain aware of other drivers on the roads.

Staying warm in the winter

Commentary by Tech. Sgt. Rhonda M. Armstrong-Penney
5th Bomb Wing Safety

Many Air Force Global Strike Command Airmen here have experienced the low temperatures Minot can bring. That being said, it can sometimes feel impossible to get warm whenever outside during the cold winter months. It may be hard to stay warm, but it most certainly isn't impossible. Staying warm in very cold weather is all about insulation. Many people mistakenly think this means putting on the heaviest clothing possible. However, the secret to staying warm is not by keeping the cold out, but by keeping the heat in.

To do this, dress in layers. Layers of thin clothing are much better against the cold than just a few thick garments. Always cover one's head and be sure to wear gloves or mittens. A massive amount of body heat is lost from the top of the head.

Many people like to cover the lower part of the face with a scarf. But in extreme cold, keep in mind, the moisture in breath will be trapped in the scarf and over time, the humidity could lead to serious frostbite on the face.

When trying to keep feet warm, many think that stuffing the shoes is the way to go. However, stuffing shoes

with insulation material such as extra socks will leave very little room for air around the foot, ultimately leading to even colder feet. Without the room for air between shoes and feet, heat can be drawn out and cooled even more by the snow.

The following are just a few simple tips to follow during the long winter

days:

- Check the weather beforehand.
- Think about the types of activities you will be doing.
- Dress appropriately.
- Be prepared for all conditions.
- If you will be outside remember to wear shoes with excellent grip for icy and slippery conditions.

- Wear gloves or mittens and long thick socks.

Keeping warm is the key to surviving the cold. It is amazing how layers of thin clothing will keep a person warm, even in the coldest weather. So dress properly and remember that there is no such thing as bad weather, just the wrong type of clothes.

WEATHERFORECAST

Your Local Weather

Fri 2/18	Sat 2/19	Sun 2/20	Mon 2/21	Tue 2/22
7/1 Windy, chance of snow showers in the morning.	17/5 A few snow showers.	15/9 More clouds than sun.	15/8 Clouds giving way to sun.	17/12 Mix of sun and clouds. Highs in the upper teens and lows in the low teens.

OPERATIONSAFERIDE

Operation SafeRIDE is a voluntary organization ready to provide assistance to Airmen in need of a wingman. Airmen can call **838-2233**.

Volunteers for the week and weekend of Feb. 14 to Feb. 21 and Feb. 17 to Feb. 20 are from the 5th Security Forces Squadron.

Lives saved through February 14: 121

Trinity serves wounded Airmen

by Senior Airman
Jesse Lopez
Minot Air Force Base
Public Affairs

Totaling near one half million Active Duty members, Reserve and Guardsmen, the Air Force is also comprised of those who, by many different means, have endured various afflictions while serving their country. Yet, they continue to serve the Air Force proudly as wounded warriors.

Wounded warriors, who were once war-ready and world-wide deployable Airmen, now strive to carry on the Air Force mission despite being injured and with the hope of returning to full duty.

Most of these wounded warriors are recognized for their acts of valor which were carried out in the most crucial conditions of wartime. Other servicemembers have been injured in mishaps, caused literally by the tools of their trade.

Staff Sgt. Ann King, 91st Missile Security Forces Squadron flight security controller, was injured while on duty. A malfunctioning tool caused a puncture-wound to her leg.

"Being prepared to face unpredictable misfortunes and the injuries that follow is just part of the job," she said.

After losing full range of motion in her leg, she is now a patient at North Dakota's Trinity Outpatient Therapy office in the city of Minot.

Physical therapists perform many procedures to help rehabilitate Minot citizens, as well as Air Force Global Strike Command Airmen like Sergeant King.

"My goal is to help Sergeant King overcome this injury and reintegrate her back into her work environment," said Katie Peterson, a physical therapist with Trinity Outpatient Therapy and Sports Medicine.



(U.S. Air Force photo/Senior Airman Jesse Lopez)

Katie Peterson, a physical therapist with Trinity Outpatient Therapy and Sports Medicine, performs range of motion exercises on Staff Sgt. Ann King, 91st Missile Security Forces Squadron flight security controller, at the Trinity Outpatient Therapy office in downtown Minot Jan. 24. Trinity's physical therapists perform many procedures to help rehabilitate Team Minot Airmen.

Through medical consultation and participation in therapeutic exercises provided by the physical therapist, a full recovery is well within reach for Sergeant King.

"I feel that the physical therapists downtown at Trinity strive to do their best to assist me and other fellow servicemembers with whatever physical therapy needs we have," said Sergeant King.

One program that has been committed to providing

aid for wounded servicemembers is the Wounded Warrior Project. It is a nonprofit organization that states its mission is to "honor and empower wounded warriors" of the United States armed forces.

The organization states it works to raise awareness and enlist the public's aid for the needs of severely injured service men and women and to provide unique, direct programs and services to meet their needs.

Exercise tests ATSO, Force Protection



(U.S. Air Force photo/Senior Airman Michael J. Veloz)

1st Lt. Zachary Franklin, 23rd Bomb Squadron co-pilot, stands still for members of the aircrew flight equipment section as they remove pieces of equipment during a decontamination exercise here Feb. 10. Training exercises like these provide Air Force Global Strike Command Airmen an avenue to keep their combat readiness skills sharp.



(U.S. Air Force photo/Staff Sgt. Miguel Lara III)

Senior Airman Gregory Rivera, 5th Logistics Readiness Squadron logistic supply apprentice, explains the inventory of contents in the chem. bag to an inspector here Feb. 8.



(U.S. Air Force photo/Airman 1st Class Jessica McConnell)

Maintenance crew members from the 5th Munitions Squadron build unguided bombs at the conventional maintenance shop during a base exercise here Feb. 11.



(U.S. Air Force photo/Airman 1st Class Aaron-Forrest Wainwright)

Airman 1st Class Christopher Sheets, 5th Munitions Squadron maintenance crew member, helps assemble six unguided bombs at the conventional maintenance shop during a base exercise here Feb. 11.



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Military charities see green when you 'go green'

by Kristen Ward

TriWest Healthcare Alliance

TRICARE West Region beneficiaries can assist military families and help save the environment with a simple click of a mouse.

Now through March 31, 2011, when a TRICARE beneficiary chooses to "Go Green" and opts-in for paperless statements, TriWest will contribute \$5 to one of the following military support organizations: Armed Services YMCA (ASYMCA), Operation Homefront, Tragedy Assistance Program for Survivors (TAPS) or the USO.

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Armed Services YMCA (ASYMCA)—Delivers quality social, educational and recreational programs and services to active duty military and family members. Its programs include children's waiting rooms at various military hospitals

and Operation Hero. Tragedy Assistance Program for Survivors (TAPS)—Offers hope, healing, comfort and care to families grieving after the death of a service member through programs such as Survivor Seminars and Good Grief Camps.

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DEADLY PERFECTION from page 4

after my first year. There, I thought things would get better, but it only seemed to make matters worse.

To my peers, I wasn't the pretty homecoming queen anymore. I'd put on more than 30 pounds and had become anti-social. All of my clothes were either very baggy or too tight. I would barely do my makeup because I didn't think it mattered anymore. I'd obviously let myself go, and people weren't afraid to let me know it either.

I swore to myself I would eat only when absolutely necessary. I picked up smoking to curb my appetite and I walked miles to work everyday.

I began losing weight at a rapid pace and started getting compliments and attention again. Things were starting to get back to the way they were in high school.

Positive reinforcement only gave me more reason and motivation to continue starving myself. To me, I was doing absolutely nothing wrong. This behavior only lasted a few months, but it was the catalyst leading me through the gateway to even more problems.

I went back to school and was praised for the way I looked. To me, everything was perfect. In school however, I couldn't not eat in front of people. So I ate anytime I was in a social setting. This might sound like a step in the right direc-

tion, but it was actually the opposite.

After my meal, I would go home and purge in every way possible. Sometimes I only did this once a day. Other times, if I ate more than twice a day, I would purge even more. I decided if I couldn't control the social situations, I'd still have control over what happened to my body, and I definitely wasn't going to let myself get fat again.

This was the beginning of a long and painful six years

“

...One thing that never changed was my mindset with having to be perfect. As more and more stress accumulated over time, the need to be perfect only increased...

”

of self-hatred and punishment. I didn't know it at the time, but I had developed bulimia nervosa. Several years passed and much had happened in between. I finished my degree, got married to the most amazing man and joined the Air Force.

One thing that never changed was my mindset with having to be perfect. As more and more stress accumulated over time, the need to be perfect only increased.

My body however, stopped cooperating. Every time I got on the scale, I'd be a couple pounds heavier. It was as though my body was rebelling and fighting to stay alive. You can imagine what happened after that.

By this time, I'd become beyond depressed and I was fighting a battle that I knew I

could never win. Even worse, I felt like I couldn't tell anyone around me. I knew I desperately needed help.

I was scared at first; I didn't want to be discharged from the Air Force. I swore I'd serve my country, and I wasn't about to let anything get in the way. On top of that, I knew being discharged would only increase my feelings of failure and imperfection. But I had to; I felt that I was on the verge of a mental breakdown.

I finally called and made an appointment with the mental health clinic. This turned out to be one of the best decisions I'd ever made in my life.

Soon after my call, I had a team of doctors

and nutritionists on my side, working to save me. After all these years, I finally had hope.

I am still in therapy and I'm still working on this unhealthy relationship with myself. But I am making progress; and I am not being discharged.

February is National Eating Disorder Awareness month. I know I'm not the only one struggling with this issue and neither are you. You don't need to be afraid.

If you are struggling with an eating disorder, call your base mental health clinic. You're not alone. They're there to help. And trust me, you are worth saving.

[Editor's note: The author of this article has requested to remain anonymous as she is currently in treatment.]

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- WED:** PO330 Public Administration (Blended Course)
- THURS:** MG352 Principles of Management**
- SAT:** CA103 Public Speaking**

** = CCAF Course

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Reading for success

by Airman 1st Class
Jose L. Hernandez
Minot Air Force Base
Public Affairs

Whether it is in third or tenth grade, students are told time and again the value of maintaining proficient reading skills for academic success.

For one sixth grade student, Trinity Chapa, daughter of Capt. Mark Chapa, 5th Aircraft Maintenance Squadron maintenance operation officer, her devotion to reading led her to be ranked among the top three in the 2011 Ward County Spelling Bee held at Minot State University Feb. 2.

She was part of a group comprised of eight students from the base's North Plains Elementary, Dakota Elementary and Memorial Middle School, who competed against approximately 90 other students from various schools in Ward County.

Teresa Chapa explained reading has always been very important to her family and that it has truly helped her

daughter be successful in school.

"Trinity is an avid reader," said Mrs. Chapa. "Reading has helped her tremendously in all academic areas."

Trinity said she loves to read so much she averages reading one book per week. She explained her commitment to reading ultimately lead to her success at the

“

Children who constantly read are more likely to increase their knowledge of vocabulary, it also increases their spelling skills and will improve their chances of succeeding in other subjects as well.

-Chelsea Battles,
North Plains Elementary school teacher

”

spelling bee contest because she is constantly exposed to new words.

Chelsea Battles, North Plains Elementary school teacher explained the benefits of reading.

"Children who constantly read are more likely to increase their knowledge of vocabulary," said Mrs. Battles. "It also increases their spelling skills and will improve their chances of succeeding in other subjects as well."

She stressed the impor-

tance of keeping children engaged in reading regardless of the material.

"There are some instances where parents don't agree with what children are reading," said Mrs. Battles. "They may think their child is reading books that seem too easy or not worthwhile."

However, Mrs. Battles explained children need to be able to read what they enjoy.

"If we let children read what they are fond of, they are more likely to reach for another book," she said. "Eventually they might come to really enjoy reading."

Mrs. Battles also encouraged parents to spend time discussing reading material with their children. It is usually positive reinforcement students receive when they engage parents in book discussions.

"Parents can let their kids talk to them about what they just read," said Mrs. Battles. "Summarizing and re-telling is a skill that takes time to master and it engages the mind."



(U.S. Air Force photo/Airman 1st Class Jose L. Hernandez)

Trinity Chapa, a sixth grade student at North Plain's Elementary School and daughter of Capt. Mark Chapa, maintenance operation officer, ranked third in the 2011 Ward County Spelling Bee held at Minot State University Feb. 2. Her commitment to reading ultimately lead to her success at the spelling bee contest because she was constantly exposed to new words.

Mrs. Battles said overall students who enjoy reading are more likely to be better students all around with good academic scores.

"I'm very proud of Trinity's success at the spelling bee contest," said Mrs. Battles. "She loves to learn and her hard work paid off."

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Sunday Evening		February 20, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Extreme Makeover		Desperate Housewives		Brothers & Sisters		Local				
KXMC/CBS	The Amazing Race		Undercover Boss		CSI: Miami		Local				
KMOT/NBC	SNL Just Commercials		SNL Backstage				Local		Dateline NBC		
KNDX/FOX	Simpsons	Burgers	Fam. Guy	Cleveland	Local						
Cable Channels											
AMC	Taxi Driver										
CNN	Pictures Don't Lie	Piers Morgan Tonight	Newsroom		Pictures Don't Lie	Piers Morgan Tonight					
DISC	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper	American Chopper					
DISN	Good Luck Shake It	Wizards-Place	Shake It	Good Luck	Good Luck	Good Luck	Hannah	Hannah			
ESPN	Year/Quarterback	A Race Story	NASCAR Now		SportsCenter		SportsCtr				
FAM	Titanic		Funniest Home Videos	J. Osteen	Ed Young						
FX	Iron Man		Lights Out	Jumper							
LIFE	Coyote Ugly	Sundays at Tiffany's		August Rush							
NICK	My Wife	My Wife	Chris	Chris	Lopez	Lopez	The Nanny	The Nanny	The Nanny	The Nanny	
SPIKE	Star Wars Ep 2	Star Wars Ep 2								Die Hard	
TBS	Monster-in-Law		Monster-in-Law								
TNT	Tip-Off	NBA Basketball			NBA	NBA Basketball					
USA	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU		Royal Pains	Royal Pains	Burn Notice				
WGN	How I Met	How I Met	How I Met	How I Met	News/Nine	Replay	Monk	Monk			
Premium Channels											
HBO	The Losers	Big Love	Big Love		The Sunset Limited	Gervais					
MAX	Avatar		Terminator Salvation	Sin City Diaries							
SHOW	Episodes	Californ.	Californ.	Episodes	Shameless	Shameless	Californ.	Episodes			

Thursday Evening		February 24, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Wipeout		Grey's Anatomy		Private Practice		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	Big Bang	Rules	CSI: Crime Scene		The Mentalist		Local	Late Show Letterman	Late		
KMOT/NBC	Community	Couples	Office	Parks	30 Rock	Outsource	Local	Tonight Show w/Leno	Late		
KNDX/FOX	American Idol				Local						
Cable Channels											
AMC	Godfather III								Training Day		
CNN	Parker Spitzer	Piers Morgan Tonight	Anderson Cooper 360		Piers Morgan Tonight						
DISC	Man vs. Wild	Man vs. Wild	Wild: Venezuela	Man vs. Wild	Man vs. Wild	Man vs. Wild					
DISN	Shake It	Good Luck	Fish Hook	Deck	Good Luck	Good Luck	Deck	Deck	Hannah	Hannah	
ESPN	College Basketball	College Basketball			SportsCenter		SportsCenter	NFL Live	Final		
FAM	Bruce Almighty	Liar Liar			The 700 Club	Whose?	Whose?				
FX	Two Men	Two Men	Two Men	Two Men	Archer	Archer	Archer	White Chicks			
LIFE	Reba	Reba	Sydney White		How I Met	How I Met	Frasier	Frasier			
NICK	My Wife	My Wife	Chris	Chris	George	George	The Nanny	The Nanny	The Nanny	The Nanny	
SPIKE	Gangland	TNA Wrestling			UFC 127 Countdown	MANswers	MANswers	MANswers	MANswers		
TBS	Last Holiday		Fam. Guy	Fam. Guy	Conan	Lopez Tonight					
TNT	NBA Basketball		NBA Basketball								
USA	NCIS	Royal Pains	Fairly Legal	White Collar	Royal Pains						
WGN	WWE Superstars	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	WWE Superstars				
Premium Channels											
HBO	Big Love	Thurgood			Real Sex						
MAX	Transfmr	Our Family Wedding	I Love You, Man								
SHOW	Soul Men	Shaquille O'Neal: Comedy	Laugh	Laugh	Californ.	Shameless					

Monday Evening		February 21, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	The Bachelor				Castle		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	How I Met	Mad Love	Two Men	Mike	Hawaii Five-0		Local	Late Show Letterman	Late		
KMOT/NBC	Chuck		The Cape		Harry's Law		Local	Tonight Show w/Leno	Late		
KNDX/FOX	House		The Chicago Code	Local							
Cable Channels											
AMC	Pearl Harbor				Pearl Harbor						
CNN	Parker Spitzer	Piers Morgan Tonight	Anderson Cooper 360		Piers Morgan Tonight						
DISC	Gold Rush: Alaska	Gold Rush: Alaska	Gold Rush: Alaska	Gold Rush: Alaska	Gold Rush: Alaska	Gold Rush: Alaska					
DISN	The Game Plan		Good Luck	Good Luck	Deck	Deck	Hannah	Hannah			
ESPN	College Basketball	College Basketball			SportsCenter		NFL Live	Final			
FAM	Pretty Little Liars	Greek	Pretty Little Liars	The 700 Club	Whose?	Whose?					
FX	Armageddon				Death Sentence						
LIFE	Craiglist Killer	Amanda Knox			Beyond the Headlines	Frasier	Frasier				
NICK	Big Time Rush	Chris	Chris	George	George	The Nanny	The Nanny	The Nanny	The Nanny		
SPIKE	Die Hard				Swordfish						
TBS	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Conan	Lopez Tonight			
TNT	Bones	Bones	Rizzoli & Isles	Rizzoli & Isles	CSI: NY						
USA	NCIS	WWE Monday Night RAW	White Collar	CSI: Crime Scene							
WGN	Chris	Chris	Funniest Home Videos	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk			
Premium Channels											
HBO	Real Time/Bill Maher	The Wolfman			Gervais	Boxing					
MAX	Minority Report	Avatar									
SHOW	Youth in Revolt	Shameless	Californ.	Episodes	Californ.	Episodes	Shameless				

Friday Evening		February 25, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Supernanny		Primetime: What		20/20		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	The Defenders		CSI: NY		Blue Bloods		Local	Late Show Letterman	Late		
KMOT/NBC	Who Do You		Dateline NBC				Local	Tonight Show w/Leno	Late		
KNDX/FOX	Kitchen Nightmares	Fringe	Local								
Cable Channels											
AMC	GoodFellas				GoodFellas						
CNN	Parker Spitzer	Piers Morgan Tonight	Anderson Cooper 360		Piers Morgan Tonight						
DISC	Gold Rush: Alaska	Flying Wild Alaska	Gold Rush: Alaska	Gold Rush: Alaska	Gold Rush: Alaska	Flying Wild Alaska					
DISN	Bolt	Fish Hook	Phineas	Hannah	Hannah	Shake It	Shake It	Shake It			
ESPN	NBA Basketball				NBA Basketball						
FAM	Funniest Home Videos	Funniest Home Videos	Funniest Home Videos	The 700 Club	Whose?	Whose?					
FX	Devil-Prada				Devil-Prada						
LIFE	Reba	Reba	Reba	Reba	Reba	Reba	How I Met	How I Met	Reba	Reba	
NICK	Big Time Rush	Chris	George	George	G. Martin	The Nanny	The Nanny	The Nanny	The Nanny		
SPIKE	1,000 Ways to Die	Ways Die	Ways Die	Ways Die	1,000 Ways to Die	CSI: Crime Scene	CSI: Crime Scene	Cobra			
TBS	Diary-Black				Meet the Browns	How Stell					
TNT	Bones	Air Force One			A Time to Kill						
USA	NCIS	CSI: Crime Scene	CSI: Crime Scene	CSI: Crime Scene	CSI: Crime Scene	NCIS					
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk		
Premium Channels											
HBO	Battle Marjah	Gervais	Eastbound	Real Time/Bill Maher	Real Time/Bill Maher	Funny or	Gervais				
MAX	Sherlock Holmes	Avatar									
SHOW	A Single Man	Youth in Revolt	The Cable Guy	Janky Pro							

Tuesday Evening		February 22, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	No Ordinary Family	V			Primetime: What		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	NCIS	NCIS: Los Angeles	The Good Wife		Local	Late Show Letterman	Late				
KMOT/NBC	The Biggest Loser		Parenthood		Local	Tonight Show w/Leno	Late				
KNDX/FOX	Glee	Raising	Traffic	Local							
Cable Channels											
AMC	The Godfather				Taxi Driver						
CNN	Parker Spitzer	Piers Morgan Tonight	Anderson Cooper 360		Piers Morgan Tonight						
DISC	Dirty Jobs	Dirty Jobs	American	Auction	Dirty Jobs	Dirty Jobs					
DISN	Ice Age	Deck	Good Luck	Good Luck	Deck	Deck	Hannah	Hannah			
ESPN	College Basketball	College Basketball			SportsCenter		NFL Live	NBA			
FAM	Funniest Home Videos	Funniest Home Videos	Funniest Home Videos	The 700 Club	Whose?	Whose?					
FX	Wanted				Lights Out	Justified					
LIFE	Reba	Reba	Kids	Kids	One Born Ev.	How I Met	How I Met	Frasier	Frasier		
NICK	My Wife	My Wife	Chris	Chris	George	George	The Nanny	The Nanny	The Nanny	The Nanny	
SPIKE	On Deadly	Under Siege			Best of PRIDE	Ultimate Fight Night					
TBS	Office	Office	Office	Office	Office	Office	Conan	Lopez Tonight			
TNT	Rush Hour 3		Southland	Memphis Beat	Southland						
USA	Raiders-Lost Ark	White Collar	Royal Pains	Fairly Legal							
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk		
Premium Channels											
HBO	Rollerball	The Losers	Big Love	Gervais	Funny or						
MAX	It's Complicated	Ninja Assassin									
SHOW	Mississippi Damned	Californ.	Episodes	Shameless	Episodes	Halloween					

Saturday Evening		February 26, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Pursuit-Happy						Local				
KXMC/CBS	Hawaii Five-0	The Mentalist	48 Hours Mystery		Local						
KMOT/NBC	Harry's Law	Law-Order L.A.	Law & Order: SVU		Local	Saturday Night Live					
KNDX/FOX	Cops	Cops	Amer. Most Wanted	Local	Fringe	Fame	Local				
Cable Channels											
AMC	Terminator 2				Terminator 2						
CNN	Pictures Don't Lie	Piers Morgan Tonight	Newsroom		Pictures Don't Lie	Piers Morgan Tonight					
DISC	Hogs Gone Wild	Hogs Gone Wild	Hogs Gone Wild	Hogs Gone Wild	Hogs Gone Wild	Hogs Gone Wild					
DISN	Wizards	Wizards	Wizards-Place	Good Luck	Hannah	Deck	Deck	Wizards			
ESPN	College GameDay	College Basketball			SportsCenter	Final	NBA				
FAM	Billy Madison	Happy Gilmore	O Brother, Where Art								
FX	Death Race	Two Men	Two Men	Two Men	Two Men	Archer	Rules of Engagement				
LIFE	The Other Woman	Amanda Knox			Beyond the Headlines	Kids	Kids				
NICK	Big Time Rush	Victorou	Jackson	George	George	The Nanny	The Nanny	The Nanny	The Nanny		
SPIKE	A Bronx Tale				Days of Thunder						
TBS	Diary-Black	Family-Preys			Why Did I Get Married?						
TNT	Air Force One	The Guardian			The Postman						
USA	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU					
WGN	Videos	NBA Basketball	News/Nine	How I Met	South Pk	South Pk					
Premium Channels											
HBO	Date Night	Couples Retreat	Date Night								
MAX	Hangover	The Sweetest Thing	Edge of Darkness	Life-Top	Sexy						
SHOW	Shameless	Bruce Bruce	Boxing	NASCAR							

Wednesday Evening		February 23, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Middle	Better	Family	Sunshine	Off the Map		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	Survivor: Redemption	Criminal Minds	C.M.: Suspect		Local	Late Show Letterman	Late				
KMOT/NBC	Minute to Win It	Minute to Win It	Law & Order: SVU		Local	Tonight Show w/Leno	Late				
KNDX/FOX	American Idol		Local								
Cable Channels											
AMC	Godfather Pt 2				Break-Bad						
CNN	Parker Spitzer	Piers Morgan Tonight	Anderson Cooper 360		Piers Morgan Tonight						
DISC	MythBusters	Sons	Sons	Desert Car Kings	MythBusters	Sons	Sons				
DISN	Meet the Robinsons			Good Luck	Good Luck	Deck	Deck	Hannah	Hannah		
ESPN	NBA Basketball	NBA Basketball			SportsCenter						
FAM	Funniest Home Videos	Funniest Home Videos	Funniest Home Videos	The 700 Club	Whose?	Whose?					
FX	Hancock				Justified	Lights Out					
LIFE	Reba	Reba	Meth: County Crisis	Meth's Deadly High	How I Met	How I Met	Frasier	Frasier			
NICK	My Wife	My Wife	Chris	Chris	George	George	The Nanny	The Nanny	The Nanny	The Nanny	
SPIKE	Ways Die	Ways Die	Ways Die	Ways Die	3 Sheets	Ways Die	Ways Die	Ultimate Fight Night			
TBS	Browns	Browns	Payne	Payne	Are We Th	Are We Th	Con				

Prairie Adventures

by Patricia Stockdill

It's been a rough legislative session so far for nonresident hunters coming to North Dakota.

Only one bill relating to nonresident hunting opportunities remains alive – House Bill 1407 – and the House Energy and Natural Resources committee heard its testimony Feb. 3. The bill would add Benson, Ramsey, and Towner counties to the list of counties where nonresidents could hunt Canada geese in the early season without counting against their regular 14-day nonresident waterfowl limit. Currently, that only applies to nonresidents hunting early season Canada geese in Sargent and Richland counties.

Two nonresident hunting bills were defeated in the Senate: SB 2225 would have established a \$500 season-long combination small game and waterfowl license but failed 17-29. SB 2235 would have created a nonresident three-day waterfowl license option. That bill failed 21-25. A motion to reconsider also failed. In the House, HB 1237 would have created a nonresident small game and waterfowl season-long combination senior citizen license for those 55 years of age and older. It failed 4 – 87.

Examples of other hunting-related bills still under consideration include:

- HB 1181: Establishes a youth antelope season. The bill was amended in committee and given a do-pass recommendation. It was later re-referred back to the committee for additional amendments.
- SB 2227: Deals with deer depredation expenses paid by the N.D. Game and Fish Department and would allow hunting of antlerless deer on private land impacted by deer depredation through March 15. Initially the Senate Natural Resources gave it a thumbs-down, 5-2, recommendation. However, it was re-referred back to the committee where it was amended and then given a 6-0 do-pass recommendation.
- SB 2352: The first bill addressing shooting of big game animals confined to fences to be introduced since the November defeat of an initiated measure that would have banned such operations, this bill was heard in committee Feb. 3. It allows for creation of big game preserves and establishes \$300 permit fees for such preserves, affording them all rights, privileges, opportunities, and responsibilities as other agricultural enterprises in the state, and regulates shooting of big game animals on preserves.
- SB 2352: Prohibits Internet hunting in North Dakota. If passed, North Dakota would join several states already banning such activities. The Senate Natural Resources Committee heard bill testimony Feb. 3.

One coyote bounty bill, SB 2224, failed 16-30 in the Senate. That bill would have established \$100 bounties until 2,000 coyotes were taken. Funding would have come from a line-item in Game and Fish Department budget the agency pays Wildlife Services. However, that same language is tagged onto HB 1454, which in addition to creating the same bounty structure as the failed Senate bill, would allow use of artificial lights when beaver hunting. Funding in the House version comes from the department's budget with additional \$200,000 added onto their appropriations. House Energy and Natural Resources heard testimony Feb. 4.

People interested in tracking hunting and natural resource legislation can log onto the Game and Fish Department Web site, (gf.nd.gov) for links to bills and their current status.

Quote of the Week:

"They (the public) need to pay attention. If they think it affects them they need to be involved."

– N.D. Game and Fish Department director Terry Steinwand, discussing hunting, fishing, and natural resource bills.

Hunter education volunteers recognized

Volunteer instructors for North Dakota's hunter education program were recognized Feb. 12 for their contributions of teaching students the importance of hunter safety and ethics.

Instructor of the year and years of service awards were presented at the annual hunter education workshop and awards banquet held in Bismarck.

Susan and Richard Harwood of Lemmon, S.D. and Keith Domke from Jamestown were named instructors of the year.

James Linnertz from West Fargo was honored for 35 years of service.

Receiving 30-year service awards were Allan Aufforth, Bottineau; Dale Bakkum, Mayville; Ronald Brilz, Tioga; James Buchweitz, Bottineau; James Grubb, Tioga; Robert Herdt, St. John; Doyle Heupel, Elgin; Darrell Jamsa, Starkweather; Dale Kilwein, Dickinson; Allan Kville, Portland; Ellary Liebelt, Lidgerwood; Thomas Linnertz, Harwood; Charles Paulson, Bisbee; Ralph Peterson, Portland; Toby Placek, Crosby; Melvin Stark, Cavalier; Walter Turbiville, Dickinson; Daryl Vance, Watford City.

Honored for 25 years of service were David Colby, Kenmare; Bruce Fairbrother, Towner; Allen Giese, Wahpeton; Dwight Leier, Esmond; Gary Leslie, Burlington; Gary Nilsson, Walhalla; Larrett Peterson, Bottineau; Larry Sinner, Hillsboro; Paul Stave, Grafton; Mark Walsh, Williston; Terry Week, Beach; Walter Zimbelman, Fullerton.

Presented with 20-year service awards were Ronald Bachmeier, Dickinson; Dwain Barondeau, Mott; Neil Dockter, Horace; Thomas Kelsh, Minot; Gene Kouba, Bismarck; Cory Lohse, Alexander; Patrick Lorge, Amidon; Dale Marks, Ypsilanti; Robert Opp, Jamestown; Gerald Quintus, Richardson; Paul Sinner, Wahpeton; Larry Thompson, Dickinson; Gary Wald, Maddock; Merle Weatherly, Jamestown; Curtis Wittmayer, Parshall.

Recognized for 15 years of service were Wayne Andersen, Bismarck; William

Byram, Devils Lake; Roger Dienert, Hankinson; Glen Fuhrman, Enderlin; Rick Haldorson, Enderlin; Robert Herding, Hankinson; Mark Hunt, Minot; Jackie Jacobson, Max; Ike Kuntz, Dickinson; Larry Leier, Hague; Pam Podoll, Velva; Thomas Simmons, Cavalier; Douglas Sommerfeld, Lisbon; Mark Spravzoff, Watford City; Don Underwood, Grand Forks; Mark Volk, Bismarck; Debbie Waldahl, Casselton.

Ten-year service awards were presented to George Babcock, Minot; Bruce Baer, Belfield; Janice Bishop, Kathryn; Dawn Brehmer, Fargo; Ryan Brehmer, Fargo; Diane Dockter, Horace; James Dusek, Grafton; Corinne Engen, Anamoose; Merle Ferry, Finley; Sheila Francis, Norwich; John Gorman, Larimore; Bradley Gregoire, Grand Forks; Jeremy Hagen, Washburn; Tim Holt, Grand Forks; Rodney Howatt, Langdon; Darrell Kersting, Kindred; Dallas Marchus, Fessenden; Danae Marquette, Britton, S.D.; Ryan Mitchell, Rolla; Scott Pedersen, Northwood; Tony Poupa, Emerado; Andrew Robinson, Minot Air Force Base; David Sardelli, Hebron; Jodie Woroniecki, Hebron.

Five-year active instructors recognized were Dave Aberle, Fargo; Teri Anderson, Hettinger; Clinton Baxter, Minot; Gary Green, Granville; Richard Hamel, Lakota; Kevin Harris, Watford City; Jerry Hassler, Minot; Bradley Hofman, Wyndmere; Justin Hughes, Minot; Kasey Karlstad, Mayville; Curtis Kase-man, Jamestown; Suzanne Kersting, Kindred; Kristi Kilde, Glen Ullin; Paul Lambert, Minot; Calvin Leyendecker, Marion; Jerry Lillis, Lincoln; Lee Murphy, Williston; Michael Myers, Grafton; Jeff Roehrich, Fessenden; Steve Schrader, Walcott; John Schwalk, Milnor; Russell Ziegler, Richardton.

Recognized for two years of service were Glen Bahm, Shields; Andrew Banta, Williston; Jamey Boutilier, Hazen; Jamie Bradley, Beulah; Matthew Deal, Carrington; Pat Downs, West Fargo; Jennifer Ekberg, Manvel; Lindsay Elsner, Galesburg; Kevin Fire, Grand Forks;

Jason Heinz, Rolette; Timothy Hoff, Burlington; Brian L. Johnson, Minot; Michael Jordheim, Thompson; Nathan Kron, Enderlin; Russ Lehr, Ashley; Kellen Leier, Bismarck; Jeff Linnertz, West Fargo; Catherine Logosz, Dickinson; Andrew Majeres, Garrison; Jeremy Meier, Minot Air Force Base; Quentin Obrigewitsch, Belfield; Kimberly Oien, Elgin; Dennis Peltier, Belcourt; Kendall Peterson, Devils Lake; Kevin S. Peterson, Minot Air Force Base; Ross Peterson, Mayville; Robert Reikow, Bismarck; Clinton Russell, Cavalier; Benjamin Sand, Bismarck; Rod Schwandt, Burlington; Corey Wysocki, Grafton; Jennifer Ziebarth, Minot.

Watchable wildlife newsletter now online
The State Game and Fish Department has repackaged its annual Watchable Wildlife Newsletter into an electronic-only document.

The 2011 version, detailing recent Watchable Wildlife successes and project highlights, is now available online at the Game and Fish Department's website, gf.nd.gov. View February 2011 Watchable Wildlife Newsletter (1.9Mb PDF)

To have future issues of the Watchable Wildlife newsletter e-mailed directly, just send an e-mail address to Watchable Wildlife Newsletter subscription.

Spring turkey applications due Feb. 16

Applications for this spring's turkey season must be in the mail and post-marked before midnight Feb. 16. Only North Dakota residents are eligible to apply.

Prospective hunters can submit a lottery application online, or print an application, at the Game and Fish Department's website, gf.nd.gov. Applications can also be submitted by calling (800) 406-6409. Online or phone applications must be logged before midnight Feb. 16.

Application forms are also available at most license vendors, county auditors and Game and Fish offices.

The spring turkey season opens April 9 and continues through May 15.

PRESIDENTS' DAY SALUTE TO SAVINGS

ALL NEW **\$24,598**



2011 Hyundai **TUSCON**
 • #M9019 • Silver • LOADED • Limited • MSRP \$25,725

33 MPG
expected range for most drivers

ALL NEW **\$33,601**



2011 Hyundai **VERACRUZ**
 • #M9045 • Limited • Leather • CD • 3rd Seat • MSRP \$37,125

ALL NEW **\$19,558**



2011 Hyundai **ELANTRA**
 • #M9049 • Blue • PW • PL • MSRP \$20,195

40 MPG
expected range for most drivers

ALL NEW **\$22,126**

BEST SELLER!



2011 Hyundai **SONATA SE**
 • #M9012 • Wheels • Roof • MSRP \$23,500

41 MPG
expected range for most drivers

ALL NEW **\$19,700**



2011 **MAZDA 3S**
 • #M8995 • Teal • MSRP \$20,945

\$22,794



2010 **MAZDA 6**
 • #M8812 • Silver • MSRP \$27,200

\$25,812
 \$24,126 after \$1,000 Rebate



2010 Hyundai **SANTE FE**
 • #M8984 • Gray • LOADED • PW • PL • SE • MSRP \$27,080

30 MPG
expected range for most drivers

\$24,678



2010 Hyundai **GENESIS COUPE**
 • #M8822 • Sunroof • LOADED • Turbo • MSRP \$26,425

47 MPG
expected range for most drivers

DON BESSETTE PRE-DRIVEN SPECIALS

2009 CHEVY SILVERADO CREWCAB #12890A was \$36,995...**NOW \$30,988**

2008 CHEVY CREWCAB #12855A was \$30,995...**NOW \$27,888**

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2009 CHEVY CREWCAB #M19123A was \$29,995...**NOW \$27,888**

2008 FORD F150 SUPERCREW #M19354A was \$26,995...**NOW \$25,344**

2006 FORD F250 CREWCAB DIESEL #M18898A was \$27,995...**NOW \$26,344**

2008 HONDA RIDGLINE RTL #12822B was \$28,995...**NOW \$26,344**

2010 CHEVY SUBURBAN #M19382 was \$40,995...**NOW \$38,990**

2007 CHEVY SUBURBAN #C4290 was \$31,995...**NOW \$29,996**

2010 CHEVY TAHOE #M19278 was \$36,995...**NOW \$35,210**

2007 CHRYSLER ASPEN #M19391 was \$24,995...**NOW \$23,888**

2007 CHRYSLER PACIFICA #M19356 was \$19,995...**NOW \$18,888**

2010 DODGE NITRO #19224 was \$21,995...**NOW \$20,888**

2010 HYUNDAI SANTE FE #M19323 was \$23,995...**NOW \$22,888**

2007 NISSAN PATHFINDER #M19350 was \$21,995...**NOW \$20,888**

2004 CHEVY TAHOE 4X4 Gold, 3rd Seat, Leather, Sunroof was \$18,995...**NOW \$16,990**

2007 GMC YUKON SLT SLT 4X4 Black, 3rd Seat, 40k miles, Leather roof was \$30,990...**NOW \$29,977**

2008 BUICK LUCERNE #M17465 was \$21,495...**NOW \$19,988**

2006 CADILLAC CTS #M19281B was \$18,995...**NOW \$17,777**

2010 CHEVY MALIBU #M19390 was \$20,495...**NOW \$18,988**

2006 CHRYSLER 300 #M8986A was \$16,995...**NOW \$15,888**

2007 CHRYSLER SEBRING #M19340B was \$10,595...**NOW \$9,577**

2008 CHRYSLER SEBRING was \$13,995...**NOW \$11,995**

2008 FORD FOCUS #M19344 was \$11,995...**NOW \$9,995**

2009 HYUNDAI SONATA #M19241A was \$17,995...**NOW \$15,978**

2009 HYUNDAI ACCENT #M19333 was \$11,995...**NOW \$9,995**

2009 NISSAN VERSA #M19334 was \$11,995...**NOW \$10,488**

2008 VW JETTA M19095, 27K, White was \$18,995...**NOW \$17,500**

2011 KIA SORENTO was \$24,995...**NOW \$23,995**

2010 HYUNDAI SANTA FE was \$23,995...**NOW \$22,995**

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Terry Epps



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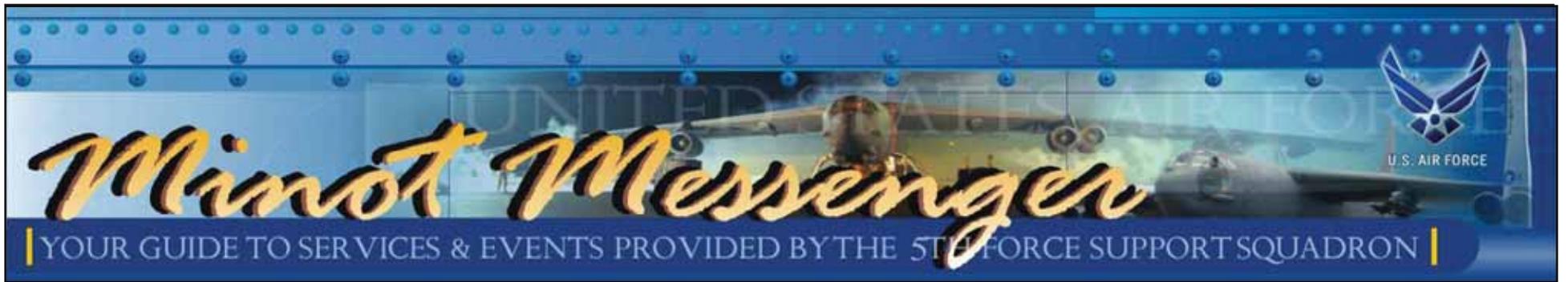
Rodney McHenry



Mitch Melby



Robin Shelby
 2nd in Sales in January

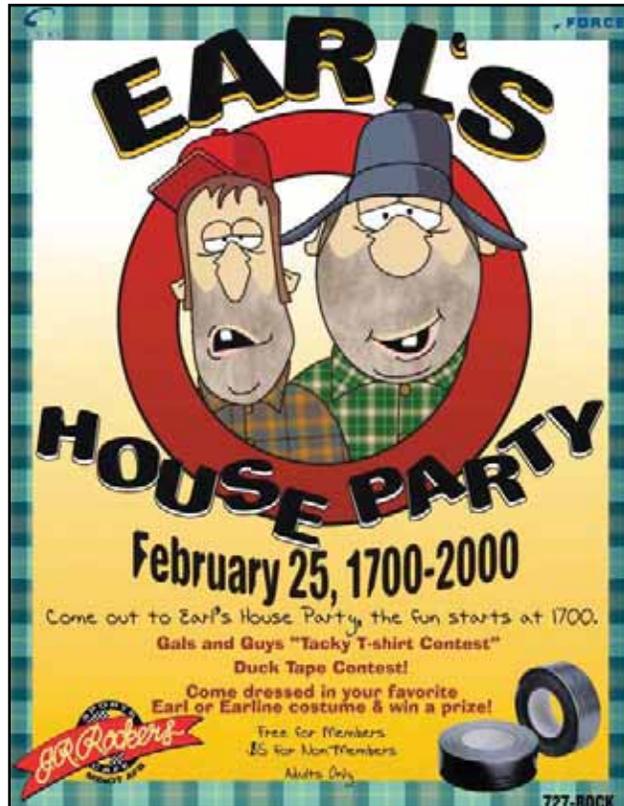


A Night Like No Other...Earl's House Party At J.R. Rockers

Every once in awhile, an event happens that is like no other. That probably best describes what you'll find when you attend Earl's House Party at J.R. Rockers on February 25th from 5-8 p.m. If you're looking for fun, laughs, and even a chance to win prizes, you won't want to miss this inaugural event.

Guys and gals are invited to search through their closets for the t-shirt which could make them a winner in the "Tacky T-Shirt Contest". Everyone knows duck tape has a multitude of uses and you might discover more of them during the Duck Tape Contest. Plus, be sure to complete your dress ensemble with your favorite Earl or Earline costume and you could win a prize (think of the "My Name Is Earl" television show if you need help coming up with your costume).

Gather your friends, pile into the pick-up truck, and head to J.R. Rockers for a great night of fun and laughter. Earl's House Party is free for club members and \$5 for non-members; adults only. For additional details, call J.R. Rockers at 727-ROCK.



Event Update

- Mardi Gras Celebration**
February 18 • 4 p.m. • J.R. Rockers
- Wing Fest**
February 18 • 5:30 p.m. • Doolittle Center
- YOUTH: Nothing Less Than Royalty Pageant**
February 18 • 6:30 p.m. • Youth Center
- Preteen Prom**
February 18 • 8 p.m. • Youth Center
- Lights & Strikes Bowling**
February 18 & 19 • 10 p.m. • Rough Rider Lanes
- Bench Press Competition**
February 19 • Noon • Fitness Center
- Hip Hop Nite**
February 19 • 11 p.m. • J.R. Rockers
- Sunday Champagne Brunch**
February 20 • 10:30 a.m. • Doolittle Center
- President's Day Special**
February 21 • Noon - 8 p.m. • Rough Rider Lanes
- Credit Management Workshop**
February 22 • 5 p.m. • A&FRC
- What's Your Money Habitude?**
February 23 • 8:30 a.m. - 3:30 p.m. • A&FRC
- HeartLink**
February 23 • 9:30 a.m. • A&FRC
- Burger Doo It Your Way! Family Night**
February 23 • 5-8 p.m. • Doolittle Center
- Tops In Blue**
February 23 • 7 p.m. • ND State Fair Center
- Crocheting Class**
February 24 • 10:30 a.m. • Arts & Crafts Center
- Build Wealth With TSP**
February 24 • Noon • A&FRC
- Financially Fit Info Fair & Dodgeball**
February 25 • 7 a.m. • Fitness Center
- Intro To Savings & Investing**
February 25 • Noon • A&FRC
- Earl's House Party**
February 25 • 5 p.m. • J.R. Rockers

5 FSS Events Scheduled For President's Day Weekend

Mardi Gras Celebration At J.R. Rockers

J.R. Rockers invites you to celebrate Mardi Gras Minot style from 4-7 p.m. on February 18th. Free Cajun buffet in the lounge for club members from 5-7 p.m.; adults only. For details, call 727-ROCK.

Wing Fest At The Doolittle Center

Join the Doolittle Center for Wing Fest on February 18th at 5:30 p.m. There will be a variety of wings for bar food culminating into a wing eating contest. There are two categories of wings – spicy and mild. Each contestant has 3 minutes to consume as many wings as possible. Winners receive a trophy to hold onto until next month's contest along with \$25 in Darby dollars. Call 723-3731 for more details.

Bench Press Competition At The Fitness Center

Come out and test your strength against others who think they are stronger during the Bench Press Competition at the Fitness Center on February 19th at

noon. You can showcase your strength and see how you stack up against the competition. The event is open to all DoD ID card holders age 18 and older; register by February 18th. For more information, call the Fitness Center at 723-2145.

Hip Hop Nite At J.R. Rockers

Dance, party, and hang out during J.R. Rockers Hip Hop Night on February 19th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Gather up your friends and enjoy a great night out. Call J.R. Rockers at 727-ROCK for details.

President's Day Special At Rough Rider Lanes

Rough Rider Lanes is offering a President's Day special on February 21st from noon to 8 p.m. Bowl for \$2.50 per game. Bowlers can win a free game if the #1 (head pin) is a red pin and they get a strike. One free game per person per game. For details, call Rough Rider Lanes at 727-4715.



Celebrate "Military Saves Week" February 20-27

Check out this issue of the Minot Messenger for information on a wide variety of "Military Saves Week" events and programs. For more information, contact the Airman and Family Readiness Center at 723-3950.



Visit our website at www.5thforcesupport.com

What's Your Money Habitude?

The Airman and Family Readiness Center invites you to play a quick game of Money Habitude and learn how, why, and when to spend money. Visit the AFRC on February 23rd any time from 8:30 a.m. to 3:30 p.m. Learn how your attitude with money affects how, why, and when you spend, save, give, invest, and go into debt. The event is part of "Military Saves Week". For more information, call 723-3950.

Financially Fit Info Fair & Dodgeball Tournament

You're invited to visit the Financially Fit Info Fair at the Fitness Center on February 25th from 7-11 a.m. There will be lots of great information available from numerous on base and community partners. Plus, sign up by February 24th for the Financially Fit Dodgeball Tournament scheduled for February 25th at 7 a.m. This is a squadron against squadron tournament. Call the Fitness Center at 723-2145 for additional details.

Credit Management Workshop

Have you ever wondered what credit scores mean and how to improve them? The Credit Management Workshop at the Airman and Family Readiness Center on February 22nd from 5-6:30 p.m. will help give you the answer. Don't miss this opportunity to learn everything you'll ever need to know about credit reports including: how to obtain a free copy of your credit report, the best ways to establish, build, and maintain your credit, how to read and repair your credit report, and more. Open to all active duty members, spouses, family members, and DoD civilians. Call 723-3950 to pre-register.

Build Wealth With The Thrift Savings Plan

The Airman & Family Readiness Center is hosting a Build Wealth with the Thrift Savings Plan class on February 24th from noon to 1:30 p.m. This introduction to the Thrift Savings Plan (TSP) will provide an overview of the 5 funds within TSP, the current rates of return for each fund, and how you can build wealth utilizing this investment vehicle. The class is open to all active duty members, spouses, family members, and DoD civilians. Call 723-3950 to pre-register.

Introduction To Savings and Investing

An Introduction To Saving and Investing class will be held at the Airman and Family Readiness Center on February 25th from noon to 1 p.m. The class offers assistance with the following: tools to help you determine if you are ready to invest; help to discover your risk tolerance; an overview of various investment opportunities i.e. CDs, bonds, stocks, and mutual funds; learn how your money can grow and what key factor is important to increase the return you'll receive on your money. Call 723-3950 to pre-register.

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Happy Birthday!



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WEEKLY RECIPE



Gingered Catfish with Stir-Fried Vegetables

- 1 pound catfish, cut in to 2 inch pieces
- 2 tablespoons cornstarch
- 3 tablespoons canola oil
- 2 cups fresh snow peas
- 2 cups fresh broccoli florets
- 2 cups julienned fresh carrots
- 1 cup julienned red bell pepper
- 1 cup julienned yellow bell pepper
- ½ cup ginger-teriyaki stir-fry sauce
- Sliced scallions

1. In a large bowl, toss the catfish in cornstarch until pieces are completely coated.
2. Place oil in hot wok; add fish. Stir-fry until fish is golden brown.
3. Add vegetables. Cook and stir for 3 minutes.
4. Drizzle with stir-fry sauce; toss to coat. Stir-fry for 2 minutes. Transfer to serving bowl; garnish with scallions.

Servings: 4

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<p>\$119,900 GREAT STARTER!- There are 2 bedrooms on the main level plus a lower level master suite w/egress window, nursery and 3/4 bath. Newer kitchen cabinets and breakfast bar. Detached garage. MLS #20110053</p>	<p>\$149,900 CENTRAL LOCATION! 3 bedroom, 2 bath home close to MSU. Fireplace in living room, large dining room, lower level has a family room, non-egress bedroom, full bath and laundry. Attached garage. MLS #20110145</p>	<p>\$189,900 SPACIOUS! 5 bedroom home that has a 1 bedroom apartment in the lower level. Formal dining room, elec. fireplace in living room, oak cabinets, new fridge and stove in kitchen. Large deck and detached double garage. MLS #20110119</p>	
<p>\$98,000 IN NEWBURG - 3 bedroom, 2 bath ranch style home. Spacious kitchen w/dining area, main floor laundry and many updates to include doors, carpet, dura-ceramic and paint. Attached 3-stall garage. MLS #20101670</p>	<p>\$127,400 COZY - 2 bedroom, 2 bath home. Lower level family room, office area and laundry. Deck, shed, patio, fenced yard and attached triple garage. MLS #20110036</p>	<p>\$125,000 AFFORDABLE! 2 bedroom home in NW area. Refinished hardwood floors in living room and master bedroom, eat-in kitchen with laminate floor, new windows in 2005, new siding and roof in 2000. Attached garage. MLS #20101686</p>	
<p>Mel Bartsch 240-0479 melbartsch@yahoo.com</p>	<p>minothomes.com</p>		<p>Matt Watne 720-5700 mwatne@minot.com</p>

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Motor Magic and United Way partner up

Pedal cars now available for 2nd annual auction

In 2010 Motor Magic played host to the first annual Souris Valley United Way Pedal Car Auction which raised \$9,100 for the Souris Valley United Way. Pedal cars are now available to be purchased by organizations for the Second Annual Pedal Car Auction.

Body shops or individuals can purchase one of 17 disassembled, primed pedal cars for \$105. The purchaser is then given complete artistic control to paint or modify the body of the pedal cars with any color combination or style they choose. Assembled pedal cars are to be turned in to the Souris Valley United Way by Wednesday, June 1, 2011.

After June 1 the pedal cars will be displayed in the community at area businesses and community functions as well as at www.svunitedway.com under campaign, Pedal Car Auction.

SVUW will provide signage for organizations to be included in the displays. The pedal cars will also be on display at the Motor Magic Classic Car Auction (MMCCA) during Labor Day weekend where they will be auctioned off at 4 pm on Saturday, Sept 3rd during Motor Magic in the State Fair Center.

All proceeds from the pedal car auction will be donated directly to the SVUW to be included in their 2011 campaign. The MMCCA is providing the venue for the auction a ND licensed auctioneer, and a ND licensed clerk at no cost to SVUW.

"Last year's auction was a huge success and we are looking for just as great of an event for 2011," commented

SVUW Executive Director, Patricia Smith. Those interested are encouraged to purchase their pedal car soon from the United Way by calling 839-2994. "There are only eight pedal car kits left as we've already had great interest from area body shops and the public," added Smith.

Souris Valley United Way's vision in fulfilling basic human needs encompasses our entire community, bringing us all together for the purpose of assisting with food, shelter, wellness, dignity, self-worth and the opportunity to be independent. For more information on the Souris Valley United Way visit www.svunitedway.com

Motor Magic, The largest motorsports event in the upper Midwest, cruises into Minot Labor Day weekend, September 2-5, 2011. Motor Magic provides entertainment for auto enthusiasts of all ages, for more information about this year's event visit www.motormagic.net



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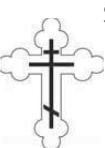
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Richard B. Thomas
Attorney At Law
Former USAF Judge Advocate

Robert S. Thomas
Attorney At Law

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule</p> <p>Daily M-F8:00 a.m. Saturday5:30 p.m. Sunday8:30 a.m. & 11:00 a.m.</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p> St. Peter The Aleut Eastern Orthodox Church</p> <p>109 6th St. SE Minot • 838-3094</p> <p>SUNDAY LITURGY 10 A.M. SATURDAY VESPERS..... 6 P.M.</p> <p>The Very Reverend Father Anastassy</p>	<p>Heritage Baptist Independent Fundamental Meeting at 435 21st St. NW 833-1798</p> <p>Sunday School9:30 a.m. Sunday Worship10:45 a.m. Sunday Evening6:00 p.m. Wed. Prayer/Bible Study7:00 p.m. Wed. Children's Patch Club.....7:00 p.m.</p> <p>Pastor Brian Ferree</p>	<p><i>Minot Air Force Base Chapel</i> Protestant Services (All Sunday)</p> <p> Traditional Service10:00 a.m. (North Plains Chapel) Gospel Service11:30 a.m. (Northern Lights Chapel) Contemporary Service2:00 p.m. (North Plains Chapel)</p> <p>Wednesday Feed Your Faith Classes: North Plains Chapel 1730-1930 Dinner and Children's programs included</p> <p>Chapel 723-2456</p>	<p><i>Minot Air Force Base Chapel</i> Catholic Services</p> <p>Eucharist (Mass) Daily Mass9:00 a.m. (Northern Lights) Sunday9:30 a.m. (Northern Lights) Sunday CCD.....11:15 a.m. (North Plains School)</p> <p>Northern Lights Chapel 723-2456</p>
<p>Bible Fellowship 1720 4th Ave. NW • 838-0916 www.minotbiblefellowship.org</p> <p>Sunday School9:45 a.m. Sunday Worship10:45 a.m. Sunday Evening Worship7:00 p.m. Wed. Evening Family Night.....7:00 p.m.</p> <p>• <i>Pioneer Club • Youth Club</i> • <i>Women's Bible Study • Adult Bible Study</i></p> <p>Pastor Duane Deckert </p>	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School9:45 a.m. Morning Worship11:00 a.m. Evening Worship6:00 p.m. Wednesday Evening7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p> Harvest Reformed Church</p> <p>We are devoted to faithful preaching of God's Word, Confessionally Reformed Biblical worship.</p> <p>Now meeting in room 204 Minot Municipal Auditorium</p> <p>Morning Service 10:30 a.m.</p> <p>838-0605 www.harvestreformedchurch.org</p>	<p>Congregational United Church of Christ</p> <p>430 N. Broadway 839-1064</p> <p>Sunday School11:00 a.m. Sunday Worship11:00 a.m. Tuesday Lunch Bible Study.....12 Noon Wednesday Youth Classes.....6:30-8:30 p.m.</p> <p>Rev. Frank Picard</p>	<p>Welcome to the Minot Church of Christ 1315 1st St. NE</p> <p>Sunday: Bible Classes9:30 a.m. Worship5:00 p.m.</p> <p>Wednesday: Bible Classes7:00 p.m.</p> <p><i>"Restoring 1st Century Christianity in the 21st Century"</i></p>
<p>First Presbyterian Church 1000 3rd St. NE (Next to Trinity Nursing Home) 852-0315</p> <p>Sunday Contemporary Worship8:30 a.m. Sunday School9:30 a.m. Sunday Traditional Worship.....11:00 a.m. Monday Youth Worship.....7:00 p.m. Wednesday Community Supper.....5:00-6:30 p.m. Wednesday Contemporary Worship.....6:30 p.m.</p> <p>Sunday Transportation & Nursery Available www.minotpc.org Visitors Welcome</p>	<p>Apostolic Faith Church, UPCI 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Sunday School2:00 p.m. Sunday Worship3:30 p.m. Wednesday Bible Study7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>Minot First Church of The Nazarene 2500 West Central Avenue 701-838-8704</p> <p><i>Come Experience a Warm Family Feeling</i></p> <p>Coffee & Conversation9:00-9:30 a.m. Sunday School9:30 a.m. Morning Worship10:45 a.m. Evening Service.....6:00 p.m. Midweek Service (Wed.).....7:00 p.m.</p> <p>Senior Pastor Francis Warren</p>	<p> First Lutheran Church - ELCA 120 - 5th Ave. NW 852-4853</p> <p>Wednesday Supper5:00 pm WOW (Worship on Wednesday)5:45 pm Wednesday School & Confirmation ..6:20 pm Saturday Worship5:30 pm Sunday Worship8:45 & 10:45 am Sunday School & Adult Forum9:45 am.</p> <p>Radio Broadcast KRRZ 1390 AM - 8:45 a.m. Pastor Ken Nelson, Pastors Michael & Kari Pancoast www.firstlutheranchurchminot.com</p>	<p> St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship8:30 a.m. & 11 a.m. Sunday School & Bible Class.....9:45 a.m.</p> <p>Holy Communion is served at 8:30 a.m. service on the 1st & 3rd Sunday and at 11 a.m. service on the 2nd and 4th Sunday</p> <p>2209 4th Ave. NW • 839-4663 Carlyle Roth, Pastor</p>
<p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Wednesday Worship7:00 p.m. Sunday Worship8:15 a.m. & 10:45 a.m. Fellowship9:15 a.m. Adult Forum.....9:30 a.m. Sunday School9:30 a.m.</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p> North Hill Baptist Church SBC 524 21st Ave. NW • 839-7283</p> <p>Bible Reaching & Teaching.....9:30 a.m. Morning Worship11:00 a.m. Bible Study5:30 p.m.</p> <p>Pastor Dan Andrus</p>	<p>St. John the Apostle Catholic Church 2600 West Central Ave. Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday.....7:00 p.m. Wednesday - Friday9:00 a.m. Saturday5:00 p.m. Sunday8:00 and 10:30 a.m.</p> <p><i>Fr. Dave Zimmer, Pastor</i> Parish website: www.stjohnminot.com</p>	<p>All Saints' Episcopal Church (Anglican) 301 S. Main St. • 839-1037</p> <p>Sunday Worship10:00 a.m. Wednesday Worship5:15 p.m.</p> <p>www.allsaintsminot.org</p>	<p>Our Redeemer's Church <i>A Church with a Christian School</i> 700 16th Ave SE</p> <p>Sundays Worship Services.....8:30 a.m. & 10:45 a.m. Radio Broadcast KHRT 1320 AM11 a.m. Children's programs9:45 a.m. Youth & Adult Bible Classes10 a.m. Interpreter services for the deaf.....10:45 a.m.</p> <p>Wednesdays Supper.....5:40 p.m. Bible Classes for all ages6:30 p.m.</p> <p>Lead Pastor, Rod Spidahl, PhD 838-0750 • www.ourredeemers.org</p>
<p>Augustana Lutheran Church 321 University Ave W • Minot (Across from MSU) ELCA • 839-9563</p> <p>Sunday Worship8:00 & 10:30 a.m. Sunday School, Confirmation, Adult Forum & Choir Rehearsal.....9:00 a.m.</p> <p>Pastor Michon Weingarther Home of Campus Pastor Kerri Williamson</p>	<p> Faith United Methodist Church 801 University Ave. W • 838-1540</p> <p>Worship: 10:45 a.m. <i>Nursery Available</i></p> <p>Soup Kitchen: 11 a.m. - 12:30 p.m. Mon. Food & Clothing Pantry: Mon. 9:30 a.m. - 1 p.m. & Wed. 2 - 4 p.m.</p> <p>Rev. Debra Ball-Kilbourne</p>	<p> Cross Roads Baptist</p> <p>Sunday School (all ages).....9:45 a.m. Sunday Worship11:00 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ..6:30 p.m.</p> <p>www.angellinet.net/crossroads email: crbc@srt.com 415 28th Ave SE (Behind Menards) 838-1873 Dr. Ben Pierce, Pastor</p>	<p> West Minot Church of God "A Family Worship Center" 1105 16th St. NW • 839-1407</p> <p>Sunday School9:30 a.m. Sunday Worship10:30 a.m. Children's Church10:30 a.m. Wednesday Family Training Hour6:30 p.m. Wednesday Kids on the Rock6:30 p.m. Youth Center, Friday.....7:00 - 11:00 p.m.</p> <p>ABC Child Care & Pre-School Center 852-6352</p>	<p> Bethel Free Lutheran AFLC <i>"Building Followers of Jesus Christ"</i></p> <p>Sunday School9:00 a.m. Worship Service10:30 a.m. Wednesday Supper6:15 p.m. Adult/Youth Bible Study Kids Club7:00 p.m.</p> <p>Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com</p>
<p> River of Life Church</p> <p>400 22nd Ave NW • Minot</p> <p>Sunday School9:30 a.m. Sunday Worship10:30 a.m. Sunday Evening Service6:00 p.m. Wednesday Service.....7:00 p.m.</p> <p>Joe VanEst, Pastor • 858-7777</p>	<p> First Baptist Church 220-3rd St. S.W. 852-4533 www.firstbaptist-minot.org</p> <p>Summer Worship Schedule: Classic Worship8:30 a.m. Adult Sunday School9:45 a.m. Contemporary Worship Service.....9:50 a.m. Sunday School (All Ages)11:00 a.m. Contemporary Worship Service.....11:05 a.m. Wed. AWANA Clubs (Sept. - May).....6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Gordon Kroeker, Discipleship & Community Life Pastor Paul Pankratz, Student Ministries Pastor Josh Huesby, Worship</p>	<p></p> <p>Gospel Tabernacle Community Church</p> <p>County Road 19, 4 miles south of MAFB Eld. James W. Henderson, Pastor Church: 701-838-4492 Home: 838-5759 Dial-A-Prayer: 727-6447 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School.....9:45 a.m. Morning Worship11:00 a.m. Family Hour/ Leadership Training6:30 p.m. Evening Worship7:30 p.m. Bible Study/ Children's Worship (Wed.).....7:00 p.m. Prayer (Friday)7:00 p.m.</p>	<p>BEREAN BAPTIST CHURCH Independent KJV</p> <p>Sunday School9:45 a.m. Worship11:00 a.m. Sunday Evening6:00 p.m. Wednesday Evening.....7:00 p.m.</p> <p>Pastor Joe Minnerup www.bereanbaptistminot.com 601 1st Ave SE • Minot 833-9811</p>	<p>First Assembly of God 1805 2nd St. SE 838-1111</p> <p>Morning Worship8:30 a.m. Sunday School10:00 a.m. Morning Worship11:00 a.m. Evening Worship6:30 p.m. Wednesday Family Night.....7:00 p.m.</p>
<p> Trinity Church <i>An Evangelical Free Church</i> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>September - May</p> <p>Sunday School9 a.m. Worship10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	<p> Immanuel Baptist Church 1615 2nd St. SE • Minot • 839-3694</p> <p>Sunday School9:15 a.m. Sunday Worship1030 a.m.</p> <p>Wednesdays Soup Kitchen11:30 a.m. - 12:30 p.m. Family Supper5:45 p.m. Classes for all ages6:30 p.m. Adult Choir Rehearsal8:10 p.m.</p> <p>Pastor Allen Lively Sarah Dvirnak, Youth Director</p>	<p> Zion Lutheran ELCA</p> <p>1800 Hiawatha St. • 852-1872</p> <p>Saturday Worship5:00 p.m. Sunday Worship8:30 a.m. & 11:00 a.m.</p> <p>John Streccius, Pastor Nathan Mugaas, Pastor</p>	<p> Vincent United Methodist Church</p> <p>1024 2nd St. SE • 838-4425 <i>Behind Town & Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Service5:00 p.m. Sunday Worship8:30 a.m. & 11 a.m. Sunday School9:30 a.m. Coffee Fellowship.....10:30 a.m.</p> <p>Gary L. Ball-Kilbourne www.vincentumc.com</p>	

crossword puzzle

UPCOMING MOVIES

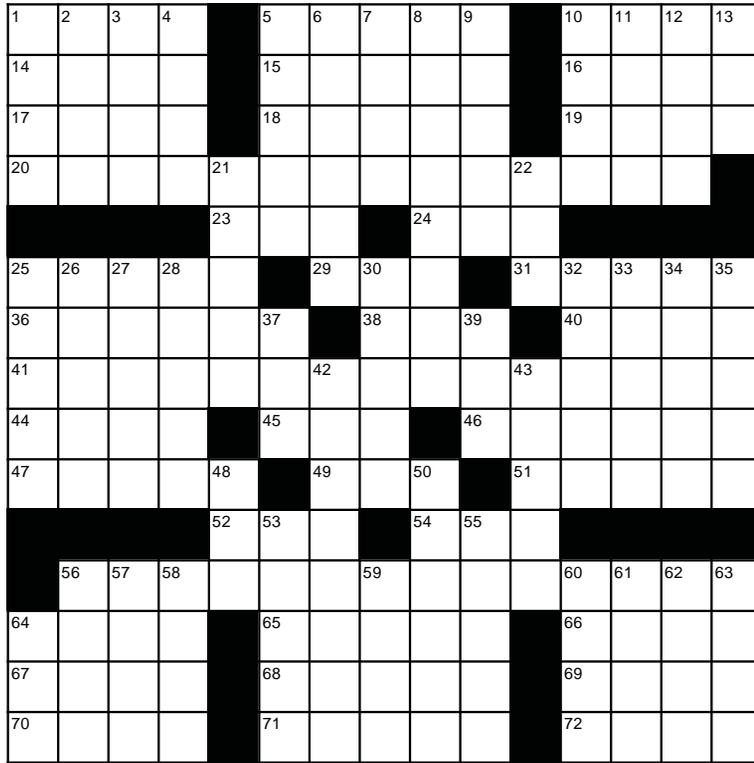
for more information, call the movie line at 723-3802.

ACROSS

1. Words to Brutus
5. Father-and-son presidential name
10. Rigging support
14. "Oh, no! Not ___!"
15. Problem for Pauline
16. ___ mater
17. First miracle site
18. Milan's La ___
19. Goulash, for example
20. Four-H Club's footwear?
23. "Just ___ thought!"
24. Word before talk or rally
25. Tressed like Simba
29. In addition
31. Prefix for element #9
36. Handsome hunk
38. NATO member
40. Willy of "Free Willy," e.g.
41. Request for a pause in conversation at the Four-H Club?
44. Johnson of "Laugh-In"
45. Make a choice
46. Current unit
47. Distrustful
49. Wee bit
51. Dangerous mosquito
52. Ryan's "Love Story" costar
54. ___ Saud (former Arabian leader)
56. King of the Four-H Club?
64. Lay blacktop on
65. Grofé's "Grand Canyon ___"
66. Act the siren
67. Diva's performance
68. More off-the-wall
69. Controversial orchard spray
70. Place for a wish
71. City on the Aire
72. Title for Myra Hess

DOWN

1. Inscribe with acid
2. Bangkok tongue
3. Zingy taste
4. Brigham Young's state
5. Church recesses
6. Duplicity
7. Fast-shrinking sea
8. Highway



9. "Same Time, Next Year" playwright Bernard
10. The 4077th, for one
11. Choir voice
12. "Peter Pan" henchman
13. Shooting marble
21. "I've ___ up to here!"
22. Sunblock letters
25. Taj ___
26. Love to death
27. Nick of "Cape Fear"
28. Rear-___ (road mishap)
30. "I'm ___ here!" (skedaddler's cry)
32. Jeweler's glass
33. Twisted the arm of
34. Earthy hue
35. Gives a thumbs-up or a thumbs-down, say
37. HBO competitor
39. "So, it's YOU!"
42. Part of SAT
43. Yemeni neighbor
48. Yevtushenko's "Babi ___"
50. Lost on purpose?
53. Disinfectant brand
55. Oktoberfest quaffs
56. Aesopian loser
57. Bad to the bone
58. "Hud" Oscar winner Patricia
59. Elude the seeker
60. Tickled pink
61. Wahine's dance
62. Way around London, once
63. Not there?
64. Dad, to a rustic



Solution to puzzle from February 11.

The Fighter

Friday, February 18, at 7 p.m.

(Mark Wahlberg, Christian Bale)

Inspired by the true story of two brothers who, against all the odds, come together to train for a historic title bout that will unite their fractured family, redeem their past and at last, give their hard-luck town what it's been waiting for: Pride. The story unfolds on the gritty, blue-collar streets of Lowell, Mass, where Dicky is a former boxing hero that squandered his talents and threw away his shot at greatness. Micky Ward, his half brother, is the struggling journeyman boxer who spent his life living in his big brother's shadow.

Rated R (language throughout, drug content, some violence and sexuality)

115 min

The Dilemma

Saturday, February 19, at 7 p.m.

(Vince Vaughn, Kevin James)

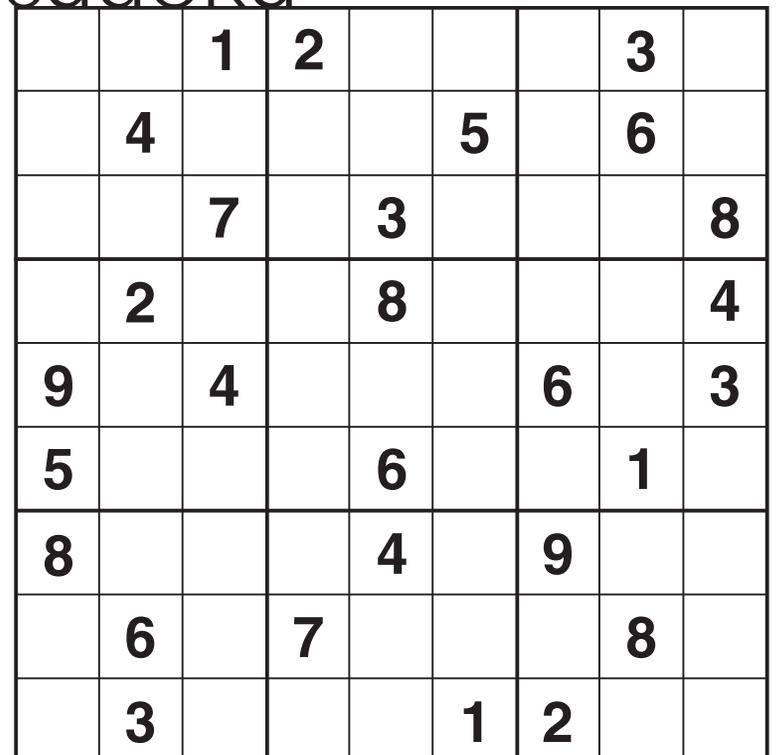
Since college Ronny and Nick have been through thick and thin. Now partners in an auto design firm, the two pals are vying to land a dream project that would launch their company. With Ronny's girlfriend, Beth, and Nick's wife, Geneva, by their sides, they're unbeatable. Ronny's world is turned upside down when he sees Geneva out with another man making it his mission to get answers. As the investigation dissolves his world into comic mayhem, he learns that Nick has a few secrets of his own. Ronny must decide what will happen if he reveals the truth.

Rated PG-13

(mature thematic elements involving sexual content)

111 min

sudoku



Solution to puzzle on page 22.

Dance The Night Away

Dance, party, and hang out during J.R. Rockers Hip Hop Nights on February 19th and 26th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Gather up your friends and enjoy a great night out. Call J.R. Rockers at 727-ROCK for additional information.

Veterinary Appointments

Veterinary appointments are available at the Vet Clinic on February 22nd, and 23rd. To schedule an appointment, call the Veterinary Treatment Facility at 723-6449.

Old School vs. New School Basketball Game

The McAdoo Fitness Center invites you to the new, exciting Old School vs. New School Basketball Game on February 22nd at 4:30 p.m. Old School vs. New School is a collaboration of players from each team in their respective league (over 30 and intramurals). Teams representing each group will battle it out in this first ever event. You don't want to miss this exciting game featuring a flavorful blend of music, sports, and fan participation. Must be a DoD ID card holder and 16 years of age or older to participate. Tickets will be given out from 4-5:30 p.m. for drawings to allow fans to compete in various shooting contests to win prizes. For more information, contact the Fitness Center at 723-2145.

Happiest Baby on the Block Class

Wednesday, February 23, 0900-1100, Family Advocacy Conference Room, 5 MDG. The Happiest Baby on the Block is a class designed for the calming of crying or colicky babies. This class uses the unique techniques created by Dr. Harvey Karp. You will become familiar with the "5 Steps to Turn On Your Baby's Calming Reflex." You not only get this valuable information, but you will also get hands on experience practicing these techniques.

BASECHAPELHAPPENINGS

Catholic

- Join CYO for 6-8 grades & 9-12 grades. Contact Colleen Moore at 723-6442.
 - For your convenience, daily mass has changed to 9 a.m. Monday – Thursday.
 - Weekend Mass: Sunday 9:30
 - We are always looking for ways to reach out to the community.
- Come see how we can benefit from one another.

Protestant

- Sunday services are as follows: Traditional Service 1000 North Plains Chapel; Gospel Service 1130 Northern Lights Chapel; Contemporary Service 1400 North Plains Chapel. Children's Church offered at all services.
- Feed Your Faith night every Wednesday North Plains Chapel. 1730 Dinner, 1800-1930 Classes in Foundations of Faith, Relationship, Discipleship/Growth and Bible Study. Care for children under 3, classes for 3-9 and Youth Group for grades 7-12. All materials, food and classes are Free.
- AWANA club Sunday from 1600 to 1800 at the Youth Center for ages 3 to high school senior September to May only.
- Mothers of Preschoolers, conception to Kindergarten (MOPS), meet the second and fourth Thursday of the month at the North Plains Chapel from 9:15 to 11:30 September to May.
- You do not need to attend a Protestant Chapel worship service to participate in the programs listed above - we would love to see you all there! Chapel Staff, 723-2456.

After this class, your baby will be the "Happiest Baby on the Block." Please call 723-5096 to register.

Burger Doo It Your Way! Family Night

For many of us, one of life's most delicious menu items is the hamburger. As American as apple pie, most people have a favorite burger that makes their mouth water from simply thinking about it. The Jimmy Doolittle Center has the perfect cure for your delicious hamburger cravings. On Wednesday, February 23rd, you won't want to miss Burger Doo it Your Way! Family Night from 5 - 8 p.m. You can build your own burger by choosing from ground beef, ground turkey, portobello mushrooms, and all the toppings. You start by choosing the kind and amount of meat, cheese, and seasonings you want. Then the Doolittle Center staff pack your burger and grill it to perfection. Once it's cooked and returned to you, you'll put it on your choice of bread and top with your choice of toppings. The meal is served with fries, fresh greens, and a drink. Cost is \$4 for club members and \$7 for non-members plus 50 cents for each ounce of meat and cheese. To make this family night extra special, Dizzy the Clown will be performing a special show at 6 p.m. For more information on the Burger Doo It Your Way! Family Night, contact the Doolittle Center at 723-3731.

HeartLink:

A Right Start For Spouses

The Airman and Family Readiness Center hosts HeartLink on February 23rd from 9:30 a.m. to 2 p.m. at the Doolittle Center. The class is for spouses with less than 8 years of experience with military and/or those new to Minot. This class is designed to provide important information to spouses on protocol, mission, financial readiness, resources, and the local community. It's a great chance to network with other spouses. Additionally, attendees have the opportunity to ask questions directly to a base leadership panel. Lunch and door prizes are provided. Interested spouses must pre-register by close of business on February 22nd. For more information or to register, call 723-3950.

Deployed Family Dinner

Are you tired of cooking? The Airman & Family Readiness Center invites family members of currently deployed personnel to enjoy a free Deployed Family Dinner on February 24th from 5-6:30 p.m. at the Northern Lights Chapel Annex. This is a great opportunity to network with other family members experiencing a separation. There will be door prizes, resource materials, program/incentive information, great food, and lots of conversation. Interested persons should pre-register by February 18th by calling 723-4500; seating is limited. Please bring a copy of the deployed spouse's orders to receive the free meal. Also included are families of Remote Tours (orders needed) and 91 MW families (spouse must be in the field on the day of the event). For more information, contact the Airman & Family Readiness Center at 723-4500.

Applications Being Accepted for BGCA Youth of the Year

The Youth Center is accepting applications for this year's BGCA Youth of the Year competition now through February 25th. Program is open to teens between the ages of 14 and 18 years of age, Youth Center member, and active in youth programs clubs. Several certificates, awards, and potential scholarships are available to the state winner. The initial competition will be held at Minot Air Force Base. This is a progressive program where the Minot AFB winner has the potential to advance to state, regional, and national competition. Application packets are available at the Youth Center or visit www.BGCA.com. For additional details, call the Youth Center at 723-2838.

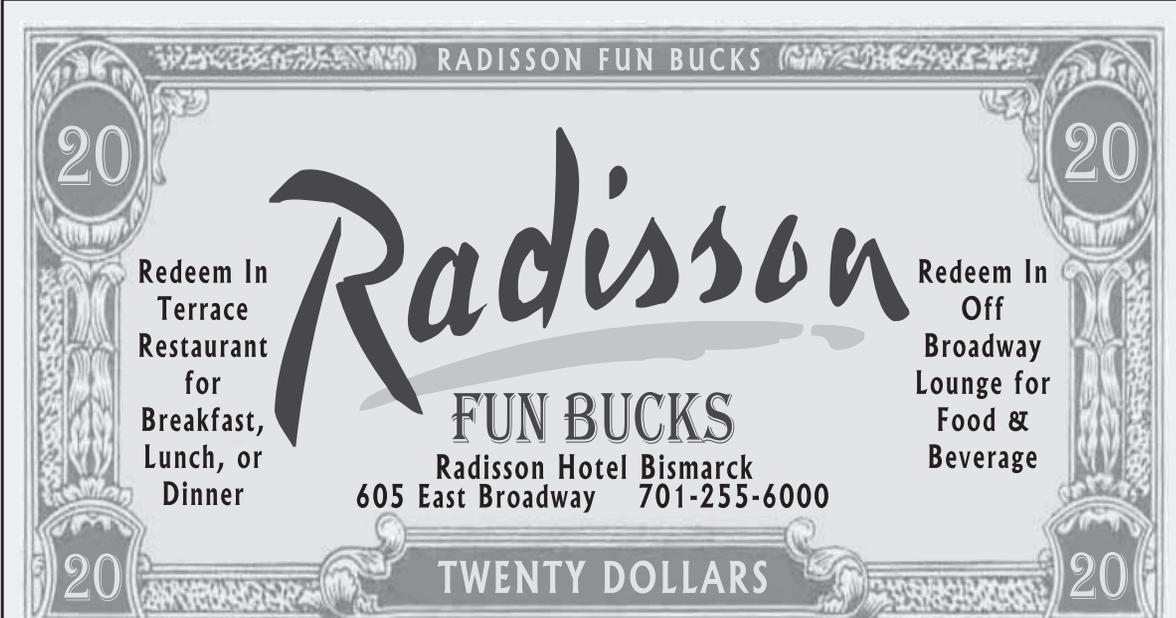
Family Bowl-a-Rama

Rough Rider Lanes invites you to bring the whole family to Family Bowl-a-Rama on February 25th from 5-7 p.m. During this affordable, fun family event, you can bowl for 2 hours with up to 6 people on a lane for only \$25. The price includes shoe rental and a pitcher of soda. Call Rough Rider Lanes at 727-4715 for details.

Indoor Archery Simulator League

Register now through February 26th for the Indoor Archery Simulator League at Outdoor Recreation. This 9 week league runs from March 1st to April 30th and offers no set times allowing

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Radisson

FUN BUCKS

Radisson Hotel Bismarck
605 East Broadway 701-255-6000

TWENTY DOLLARS

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Lunch, or
Dinner

Redeem In
Off
Broadway
Lounge for
Food &
Beverage

-Advance reservation required	conventions, weddings, or room blocks	denominations) to be used during their stay.
-Offer valid off rack rates only	-Upon check-in guest will receive \$20.00 in fun bucks (\$5.00	-Earn Goldpoints for your stay
-Friday, Saturday, & Sunday	-Not available during special events,	-Enroll at no charge. Goldpoints may be
		redeemed toward a free night stay, airline miles or merchandise on line.
		-No cash value



605 E. Broadway
701-255-6000

participants a very flexible schedule. This is a two person team league and team members can be from any squadron. Cost is free for archery members; non-members must become members to participate. Yearly membership is \$35/single or \$45/family. Trophies and prizes will be awarded to the winners. Call Outdoor Recreation at 723-3648 for more information.

LAN Party & X-Box Gaming

Come play your favorite multi-player games during the LAN Party & X-Box Gaming on February 26th beginning at 10 a.m at the Community Center. Children 16 and under must be accompanied by an adult. For more information, visit www.dakrats.net or call the Community Center at 723-4670.

Lights & Strikes Family Night

Rough Rider Lanes is hosting Lights & Strikes Family Night on February 26th from 6 p.m. to midnight. Experience music, flashing lights, glow in the dark lanes, pins, and bowling balls. Cost is \$2.50 per game. Don't miss this enjoyable family event. Call Rough Rider Lanes at 727-4715 for more information.

Scholarship Opportunity

Graduating seniors from Minot area high schools and spouses who are dependents of active duty, retired or deceased military members of any rank or service branch are eligible to apply for scholarships from the Minot Officers' Spouses' Club (MOSC). Please see the application packet for eligibility details. The number of Scholarships and the amount awarded may vary according to available funds. The scholarship selection panel, made up of five independent judges, will use a blind system to determine winners based on a variety of factors. These are merit-based awards and will use both academic records and community involvement. For specifics regarding evaluation elements please refer to the application packet. Applications are available from High School counselors, JR Rockers, Jimmy Doolittle Center, or from the Scholarship Chair of the MOSC. Application requests may be made in person or can be filled by writing to the MOSC, Scholarship Chair, c/o The Jimmy Doolittle Center, 18 Summit Drive, Minot AFB, ND 58704. All applications and accompanying materials must be postmarked or hand delivered no later than February 28, 2011 to the address listed above. You will receive a card acknowledging receipt of your application materials. Scholarship recipients will be notified by the end of March and will be honored at an MOSC social in April.

Swimming Lesson Open Enrollment

Swimming lesson open enrollment will be held at the indoor pool on Monday, February 28th at 5:30 p.m. The swimming lesson session runs from February 28th to March 10th. Cost of the lessons are \$30 per person. Participants must be 5 years of age or older. Call Outdoor Rec at 723-3648 for more information.

Buck Bowling Every Sunday

Rough Rider Lanes is offering everyone a great way to get out of the house and enjoy some recreation fun. Every Sunday in February, you can bowl for only \$1 per game all day long (noon to 8 p.m.). Shoe rental is \$1.50 per person. Call Rough Rider Lanes at 727-4715 for additional details.

Youth Cheerleading Registration

Registration for Youth Cheerleading is now through March 18th at the Youth Center for ages

5-18. The cost is \$26 plus the cost of uniform. Participants must be Youth Center members and have a current physical. The Youth Center is seeking coaches and assistants; mandatory training is provided. Apply at the Youth Center. For details, call the Youth Center at 723-2838.

Youth Basketball Registration

Registration for Youth Basketball is now through March 18th at the Youth Center for youth ages 5-18. The cost is \$26. Participants must be Youth Center members and have a current physical. The Youth Center is seeking coaches and assistants; mandatory training is provided. Apply at the Youth Center. For details, call the Youth Center at 723-2838.

ATTN: Housing Residents

Montana Dakota Utilities reminds housing residents to remove snow and ice accumulation from around the natural gas regulators at their homes. Snow and ice packed natural gas regulators impede proper venting of the regulator and result in regulator failure. If the natural gas regulator quits functioning, the furnace will shut down and the home will not have heat. For more information, contact Montana Dakota Utilities at 857-6810 or the Housing Office at 723-6440.

Snow Removal

Don't want to shovel your driveway this winter? Base residents can call the Snow Removal Hotline at 723-6134 and leave their name, address, and phone number. An Auto Hobby employee will return your call with a time they can clear your driveway. Cost is \$20 per driveway or \$10 per driveway for spouses of deployed members (copy of orders needed). Fee is per individual housing unit. For details, contact Auto Hobby at 723-2127.

Today

- **Mardi Gras**, 1600-1900, J.R. Rockers
- **Wing Fest**, 1730, JDC
- **YOUTH: Nothing Less than Royalty Pageant**, 1830-2000, ages 3-8, Youth Center
- **Pre-Teen Prom**, 2000-2230, ages 9-12, Youth Center
- **Lights & Strikes**, 2200-2400, Rough Rider Lanes
- **Last day to register for Deployed Family Dinner**, A&FRC

Saturday

- **Bench Press Competition**, 1200, Fitness Center
- **Otaku Minot**, 1600-1800, Library
- **Lights & Strikes**, 2200-2400, Rough Rider Lanes
- **Hip Hop Nite**, 2300-0400, J.R. Rockers

Sunday

- **All-Ranks Champagne Brunch**, 1030, JDC
- **Rent a Lane Special**, 1200, Rough Rider Lanes
- **Buck Bowling**, 1200-2000, Rough Rider Lanes
- **Traditional Service**, 1000 North Plains Chapel
- **Gospel Service**, 1130 Northern Lights Chapel
- **Contemporary Service**, 1400 North Plains Chapel

Monday

- **President's Day Special**, 1200-2000, Rough Rider Lanes

- **New Parent's Playgroup**, Youth Center 1000-1130

Tuesday

- **Credit Management Workshop**, 1700-1830, A&FRC
- **Family Night**, 1700-2100, J.R. Rockers
- **4-H Project Meeting**, 1700, Youth Center
- **Veterinary Appointments Available**, Call 723-6449

Wednesday

- **Right Start**, 0730-1200, JDC
- **What's Your Money Habitude?** 0830-1530, A&FRC
- **HeartLink: A Right Start for Spouses**, 0930-1400, A&FRC
- **Wild Wing Wed & \$1 Drafts for Members**, 1600, J.R. Rockers
- **Burger Doo it Your Way! Family Night**, 1700-2000, JDC
- **Tops In Blue - We Believe**, 1900, ND State Fair Center
- **Veterinary Appointments Available**, Call 723-6449
- **Feed Your Faith Night**, 1730-1930 North Plains Chapel

Thursday

- **Crocheting Class**, 1030-1200, Arts & Crafts
- **Build Wealth with TSP**, 1200-1330, A&FRC
- **Deployed Family Dinner**, 1700-1830, Northern Lights Chapel Annex, hosted by A&FRC

February 25

- **Financially Fit Info Fair & Dodgeball**, 0700-1100, Fitness Center, hosted by A&FRC
- **Introduction to Saving & Investing**, 1200-1300, A&FRC
- **Mardi Gras Party**, 1600, JDC
- **Anime Club**, 1630, Library
- **Earl's House Party**, 1700-2000, J.R. Rockers
- **Family Bowl-a-Rama**, 1700-1900, Rough Rider Lanes
- **Give Parents a Break**, 1800-2200, CDC/SAP
- **Preteen Pool Party**, 1800-2230, Indoor Pool, Hosted by the Youth Center
- **Kids Night Out**, 1830-2100, Youth Center
- **Last day to hand in Youth of the Year Applications**, Youth Center

February 26

- **LAN Party & X-Box Gaming**, 1000, Community Center
- **Framing Class**, 1000-1600, Arts & Crafts
- **Lights & Strikes Family Night**, 1800-2400, Rough Rider Lanes
- **Hip Hop Nite**, 2300-0400, J.R. Rockers
- **Last day to register for Archery League**, Outdoor Recreation

Ongoing Events

- **Equipment Orientation Class**, By appointment, Fitness Center
- **On-Base Roadside Assistance**, Auto Hobby
- **Youth Employment Skills**, for ages 13-18, Youth Center
- **Snow Removal**, Call Auto Hobby at 723-6134
- **Auto Hobby Feb Special** - Small Engine Service Special
- **BGCA Youth of the Year Applications Due Feb 25th**, Youth Center
- **Youth Basketball & Cheerleading Registration**, Feb 13th-Mar 18th, ages 5-18, Youth Center

Waterfowlers Banquet

The 5th annual West Dakota Waterfowlers dinner and auction will be held Friday, Feb. 18 at the Grand International, Minot. 5:30 p.m. social and 7:30 p.m. dinner. Raffles! Auctions! Games! and a youth giveaway. For tickets and info contact. Erik Myre-721-2220 or Steve Bogden-833-9497.

Ladies Stagette Night

The MSU Men's hockey team is sponsoring a night designed around women Friday, Feb. 18 at 6:30 p.m.! Ladies can come to play bingo, participate in silent auctions, participate in raffles and even bid to have a MSU hockey player wait on them all night long! Proceeds sponsor the MSU hockey team. Tickets are \$30 and include food and some free drinks.

SnoTrails, Inc. Organized Fun Run

SnoTrails Fun run will be held Saturday, Feb. 19, 11 a.m. at White Buffalo and Branding Iron in Granville, Bottoms Up and Big Dog Saloon in Surrey, Big Reds in Deering, The Vantage Point north of Granville, and the Lariat in Velva. It ends at the White Buffalo in Granville. Cash prizes will be awarded. All funds raised go towards the maintenance of the local snowmobile trails.

A Doll's House Play

"A Doll's House" focuses on Nora Helmer and the traditional role she plays in her household circa 1879 Norway. Cherished by her husband and loved by her children, there is no suspicion that Nora holds a life-altering secret only she knows of. Not only is the subject of women's rights presented and

questioned, but rather the idea of human rights as well. The performance will be held in MSU's Hartnett Hall, Harold G. Aleshire theater. Feb 24, 25, 26 at 7:30pm and again on February 27th at 2pm. Directed by Kevin R. Neuharth. Ticket prices: \$6 for adults, \$5 for students and seniors, & Free with MSU ID. Reservations are recommended please call 858-3172. For more information you can look on Facebook page: http://facebook.dj/msu_theatre

Rutter's Requiem

The Minot Chamber Chorale is excited to perform one of John Rutter's all-time favorites, the Requiem, Sunday, February 27 at 3:00 pm. This enchanting, expressive and rich piece will be enhanced by the wonderful acoustics of MSU's Nelson Hall. The concert will be accompanied by a small ensemble and organ. No admission charge (a free will offering will be taken).

"Have A Heart" Food Drive

The MAHC "Have A Heart" food drive runs from February 1-28, 2011. We encourage people to donate their non-perishable food items at any of the participating businesses/churches through out town. Contributions benefit the local area soup kitchens and food pantries. Contact the Minot Area Homeless Coalition, Inc. for questions 852-6300.

Magic City Sports Card & Memorabilia Show

Buying, Selling, and Trading of the latest packs and the hottest cards from all the major sports will take place at the Sleep Inn Suites - Dakota Square Mall, Minot from 9 a.m. to 5 p.m., Saturday, March

5. Former Minnesota Twins great Dave Goltz will be signing autographs from 2 p.m. to 4 p.m.

Sexual Assault Survivors' Group

The winter session of Sexual Assault Survivors' Group will be at the Domestic Violence Crisis Center. The group meets Mondays, 2-4 pm and will run until March 21. For more information, call Diane at the DVCC at 852-2258 or 1-800-398-1098.

Adult Computer Training

The Minot Public Library will be offering computer training for adults in February and March 2011 at no cost. Classes are geared towards library information, as well as other helpful information. Pre-registration is required and class size is limited. Registration deadline is the week prior to class time. Class topics include: Computer Basics and Library Catalog, Internet Tips and Searching, Microsoft Word Basics, Beginning Hotmail, Genealogy Basics, Consumer Health Resources on the Internet, and OverDrive/NetLibrary eAudiobooks, eBooks and eVideos. Please call Marci at 852-1045 for more information.

Parenting Education

Trinity's Behavioral Health Services will begin another round of weekly parenting education sessions each Tuesday, through April 12th. The program, which is geared towards families with children 0 - 12 years of age, is free and will be held at Health Center-Riverside, 1900 8th Ave SE. Each class begins with a light supper at 5:30 p.m. and concludes at 8 p.m. To register please call 857-3622.

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Miscellaneous

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6	9	1	2	7	8	4	3	5
3	4	8	1	9	5	7	6	2
2	5	7	6	3	4	1	9	8
1	2	6	9	8	3	5	7	4
9	8	4	5	1	7	6	2	3
5	7	3	4	6	2	8	1	9
8	1	2	3	4	6	9	5	7
4	6	5	7	2	9	3	8	1
7	3	9	8	5	1	2	4	6

Answers to puzzle on page 17

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\$114,900 Lansford



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\$201,900 Surrey



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