

northern sentry

FRIDAY, APRIL 29, 2011 | VOL. 50 • ISSUE 18 | MINOT AIR FORCE BASE | WWW.NORTHERNSENTRY.COM

INSIDE

- Working out the Zen way **page 2**
- Making responsible choices for our future **page 2**
- ICBM generals address 'warfighter' issues **page 13**

INDEX

Weather	4
Commentary	4
Minot Messenger	6/7
Outdoors & Sports	8
Lighter Side	9
Church Directory	10
TV Guide	11
Dining & Entertainment	14
Base Happenings	16
Area Happenings	17
Classifieds	21/22/23



WELCOME HOME DEPLOYERS

Minot Air Force Base welcomes home its deployers! Family and friends, coworkers and commanders, all share in the warm-hearted feeling when their Airmen return safely from their deployed location, wherever in the world this may have been.

The following Airmen have recently returned from deployment:

5th Civil Engineer Squadron

Master Sgt. Danny Christ
Master Sgt. Robert Dalton
Staff Sgt. Jeremiah Webb
Senior Airman Daniel Hudson
Senior Airman Ryan Rhodes
Senior Airman Ian Field

5th Logistics Readiness Squadron

Tech. Sgt. John Hamilton
Tech. Sgt. David Dobrava
Staff Sgt. Christopher Kulseth
Staff Sgt. John Watson
Senior Airman Maureen Kim
Senior Airman Tedd Adair
Airman 1st Class Bruce Jones



STRENGTHENING NUCLEAR OPERATIONS

Munitions squadrons to align

(U.S. Air Force graphic/Corey Parrish)

by Vicki Stein

Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) - Air Force officials announced April 27 here plans to transfer munitions squadrons responsible for nuclear mission support from Air Force Materiel Command to Air Force Global Strike Command in the next 12 months.

This is another step in continuing to strengthen the nuclear enterprise; under a previous move, these munitions squadrons were consolidated under AFMC's Air Force Nuclear Weapons Center. "The most important lesson is that this mission takes a total team approach," says Col. Phillip Boroff, commander of the 798th Munitions Maintenance Group, "with everyone giving it their very best effort every day. We have outstanding support from the AFNWC and I don't see that changing at all."

With Air Force Global Strike Command now fully mission-capable, the time is right for a final realignment under the command that also has responsibility for daily nuclear deterrence operations, Air Force Chief of Staff Gen. Norton Schwartz said.

"The munitions squadrons were placed under Air Force Materiel Command at the outset of our effort to reinvigorate the nuclear enterprise," General Schwartz said. "AFMC and its leaders have done an outstanding job restoring excellence in munitions operations, and they, along with the Air Force Nuclear Weapons Center, will remain a key part of the nuclear munitions sustainment and integration process."

The re-alignment will allow for enhanced unity of command under a single major command responsible for most of the nuclear operational mission, the general said.

"Most important, by doing this we are continuing to strengthen the nuclear enterprise while seeking con-

stant improvement and doing things the best way possible for safe, secure and effective operations," General Schwartz said.

Squadrons will re-align in place as well as remain about the same size organizationally, so disruptions to operations and people at the units will be minimal.

"Almost two years after being established, Air Force Global Strike Command is now a mature organization capable of integrating the munitions function into the larger nuclear mission," General Schwartz said.

Affected organizations are: 798th Munitions Maintenance Group at Minot Air Force Base, N.D.; 498th Munitions Maintenance Group at Whiteman AFB, Mo.; 15th Munitions Squadron at F.E. Warren AFB, Wyo.; 16th Munitions Squadron at Malmstrom AFB, Mont.; 17th Munitions Squadron at Minot AFB; 19th Munitions Squadron at Whiteman

AFB; 498th Nuclear Systems Wing at Kirtland AFB, N.M.; and 798th Munitions Maintenance Group, Detachment 1, at Vandenberg AFB, Calif.

"As we continue to move forward, our MAJCOM may change, but our mission and high standard of nuclear surety excellence will not," said 17th MUNS commander, Lt. Col. Keith Hepler. "The men and women of the 17th Munitions Squadron look forward to the next step in strengthening the nuclear enterprise as we realign with our fellow nuclear professionals in Air Force Global Strike Command."

Over the next several months, officials at the Air Force's Strategic Deterrence and Nuclear Integration Directorate, as the Air Staff nuclear mission integrator, will lead the internal implementation process, including specifics regarding final manpower and unit realignments.

[Noted: Minot Air Force Base Public Affairs contributed to this story.]



Improving base facilities

(U.S. Air Force photo/Senior Airman 1st Class Aaron-Forrest Wainwright)

Construction of the new dormitory is well underway in the insulation process here April 27. Construction projects like this help foster a better quality of life for Air Force Global Strike Command Airmen here.

Working out the

Zen way

by Airman 1st Class
Jessica McConnell

Minot Air Force Base Public Affairs

When most people think of yoga, they might picture a person sitting cross-legged on the ground in the middle of a quiet area, perhaps in a field on top of some desolate mountain with nothing and no one around to bother them.

While meditation is part of yoga, it is actually also very focused on strength training and stretching.

Whether the goal is to relax, stretch, or tone muscle, Air Force Global Strike Command and Team Minot Airmen can take a yoga class, to do one or all three of these things, at the McAdoo Sports and Fitness Center here.

"The true yoga discipline is a lot of self meditation," said Kris Stivers, a fitness instructor at the McAdoo Sports and Fitness Center. "Yoga was designed to be mentally with physically stimulating. I try to give people the last five minutes of class to have some of that inner reflection time and to bring that positive energy in."

Although this might sound like the best part, Ms. Stivers has another opinion.

"Personal reflection is the hardest part of yoga to learn," she continued. "To lay there and not use the body, to just let one's body truly relax, is a very difficult thing to do," she said.

For those people who are more interested in the strength training part of yoga, not to fear. The physical part is Ms. Stivers' favorite part.

"I personally like the actual fitness side of it; the stretching," Ms. Stivers said. "It really is like weight training while one is stretching. For example, during most poses, the back muscle

is stretched while the front muscle is being worked. It is a workout; I've had people leave here sweating."

Ms. Stivers noted that people of all shapes, sizes, backgrounds and abilities can benefit from practicing yoga.

"This is great for everyone," she said. "It's especially great for people trying to recover from an injury or surgery. Yoga is basically the same thing as physical therapy."

Aside from being great for those needing to recover, she emphasized the fact that everyone can benefit from yoga simply because people just don't stretch enough.

"Experts recommend we stretch at least 15 minutes following a workout," she said. "Most people are lucky if

they even spend two minutes stretching afterwards. I always say this is the best class to take once a week and just stretch."

And for those worried about missing a workout because they're taking this class instead, she said not to worry, yoga will still provide the workout many are looking for.

"I have one person who comes in just because he needs to stretch," she said. "After his first class, he left here surprised, exclaiming he didn't ever think he'd leave yoga sweating."

Another class-taker, Ashley Stephenson, only takes the class when she can get to it, but says she practices it on her own as well.

"It's so relaxing," she said. "It's

really not as hard as it looks and it's good for teaching people how to relax on their own."

For those who are just beginning, Ms. Stivers said to be sure to let the instructor know, not to be intimidated and to focus more on one's self than on other people in the class.

"The class is very individual-based," she said. "During the class, I usually will present two ways of doing the pose so people can choose which one to perform based on their ability."

Yoga offers many different benefits. Whether one is looking to improve muscle tone or just to escape the busy schedule most call life, yoga is sure to provide the balance many seek in their lives.

(Air Force photo/ Airman 1st Class Jessica McConnell)

Yoga class-taker Ashley Stephenson performs a pose during a yoga class taught at the McAdoo Sports and Fitness Center here. Yoga offers many different benefits, including improved muscle tone, relaxation and greater flexibility.

Proclamation: Responsible choices to protect our future

by Airman 1st Class
Jose L. Hernandez

Minot Air Force Base Public Affairs

April has been an important month with respect to raising awareness on a variety of issues, including family maltreatment, sexual assaults, alcohol misuse, and even the importance of looking out for military children.

The various agencies here that continually deal with these matters and strive to educate the community concerning these topics have come to be recognized by base leadership. Earlier this month, a proclamation issued by commanders from the 5th Bomb Wing and the 91st Missile Wing, designated April as a continual month of awareness for these issues.

Reagan Lantz, 5th Medical Operations Squadron family advocacy outreach manager, said support from leadership gives people in the community a glimmer of how much they care. The endorsement of leadership was also a way to get people more engaged in mitigating these problems.

"Designating April as an awareness month is pretty significant," said Ms. Lantz. "A lot of these issues are

correlated; hence the reason a joint-proclamation was established."

Ms. Lantz said one of her primary roles as outreach manager is focused base community education on family

“Designating April as an awareness month is pretty significant...A lot of these issues are correlated; hence the reason a joint-proclamation was established.”

-Reagan Lantz, 5th Medical Operations Squadron family advocacy outreach manager

maltreatment prevention. Meeting with specialized groups like key spouses or anyone dealing with children and families, to make sure they know the warning signs of maltreatment and understand the mandated reporter policy is pivotal for outreach. Other agencies she has worked with include the child development center, youth center and family child care.

"We also brief new commanders and first sergeants within 90 days of their arrival," said Ms. Lantz. "They are trained on family advocacy, how to respond to family maltreatment, and what organizations or teams that

require involvement in certain cases as well."

One significant aspect regarding child abuse is that it encompasses more than just physical abuse. Child abuse includes emotional abuse, neglect, placing

children in dangerous living conditions, or leaving them home alone without supervision.

She emphasized placing education and awareness at the forefront of all organizations involved. She continued by stating the joint-proclamation was key for mission success, especially since it involved issues concerning child abuse, sexual assaults, and cases in which the individuals were

driving under the influence.

Capt. Jeffrey Smith, 5th MDOS alcohol and drug abuse prevention and treatment program manager, said there tends to be a commonality between issues of sexual assault and family maltreatment.

"A significant amount of these cases involve alcohol," Captain Smith said. "Right now we've seen higher incident rates of sexual assaults, alcohol abuse and child abuse. We're really trying to find ways to mitigate these problems."

He agreed that educating and providing feedback to Airmen and families dealing with these issues was essential for awareness.

The captain explained there are several reasons people drink in excess and engage in unnecessary behaviors. Some say it is because of their location and that they have nothing to do. Yet, despite the motives, he stressed the need to educate Airmen on the consequences that could arise.

"Ultimately, we want to ensure Airmen are in good reliability and have good judgment to complete their mission," said Captain Smith. "We always strive to provide education about these issues to our best ability."

Minot AFB mitigates rising water levels

by Airman 1st Class
Jessica McConnell

Minot Air Force Base Public Affairs

In an effort to control springtime flooding, 91st Missile Wing and 5th Bomb Wing Airmen are responding by preparing sandbags and digging ditches to protect people, government property and military readiness.

Although Minot AFB, like the rest of the state, faces rising waters, base leaders remain confident in the base's ability to maintain normal operations.

"Like our neighbors statewide, we've also experienced flooding," said Col. Douglas Cox, the 5th BW commander. "However, there has been no disruption to our ability to ensure combat-ready forces for nuclear deterrence and Global Strike operations."

Col. Fred Stoss, the 91st MW commander, says this Global Strike Command base is well-prepared to handle these situations.

"Minot Air Force Base has already taken action to respond to flooding on base and within the missile complex area," said Colonel Stoss. "Support of these operations has been above normal to ensure combat-ready forces for nuclear deterrence and Global Strike operations remain available to the President of the United States and combatant commanders."

As a precautionary measure, 29 launch facilities have been sandbagged thus far. About 20,000 sandbags have been used to safeguard against rising water levels.

The base is experiencing rising water levels due to an above-average amount of snowfall during winter and



(U.S. Air Force photo/Airman 1st Class Aaron-Forrest Wainwright)

Access roads, like this one, show the effects of elevated water levels here April 13. The base is prepared to handle these types of events through robust readiness plans and are taking the appropriate steps to mitigate the effects of increased water levels.

spring months.

According to the 5th Operations Support Squadron Weather Flight, Minot has seen a little more than 60 inches of cumulative snow so far this winter.

Colonel Cox said the base is pre-

pared to handle events such as this because of its thorough and extensive readiness plans. Base operations will continue to remain safe, secure and effective, he said.

"With regards to the missile field, the elevated water has created challenging road conditions which has caused us to look at using alternate routes, but there has been no disruption

to our ability to ensure combat-ready forces for nuclear deterrence and global strike operations," Colonel Stoss said.

With both wings working hard to manage rising water levels, the base continues normal operations and remains capable of delivering combat-ready forces for nuclear deterrence, officials said.



(U.S. Air Force photo/Airman 1st Class Aaron-Forrest Wainwright)

A 91st Missile Wing Airman loads sandbags into a Bobcat vehicle here April 13. The base is prepared to handle these types of events through robust readiness plans and are taking the appropriate steps to mitigate the effects of increased water levels.



Senior Leaders donate to AFAF

(U.S. Air Force photo/Senior Airman Jesse Lopez)

Col Fred Stoss, 91st Missile Wing commander, and Chief Master Sgt. John Hoffman, 91st Missile Wing Command Chief, fill out their forms for the Air Force Assistance Fund here April 21. The AFAF was established to raise funds for the charitable organizations that provide support for active duty, retirees, reservists, guardsmen and their dependents, including surviving spouses in need.

CONTACTUS

Sharon Olson
Advertising & Production Manager
nsads@srt.com

Morgan Bauer
Graphic Designer
northernentry@bhgnews.com

Desiree Murphy
Ad Designer
nsdesign@srt.com

Hannah Searle
Sales Representative
bhgads@srt.com

NEWS SUBMISSIONS
Northern Sentry Office
nsads@srt.com • 701.839.0946

MAFB Public Affairs Office
5bw.pa.dl@minot.af.mil
701.723.6212

MAIL & FAX
15 1st Ave SE • PO Box 2183
Minot, ND 58701 • 701.839.1867

VIEW ONLINE
www.northernentry.com

The Northern Sentry is published by BHG, Inc., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

The official newssource for Minot Air Force Base is www.minot.af.mil.

The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BHG Inc., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons.

We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication.

The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

OPERATIONS SAFERIDE

Operation SafeRIDE is a voluntary organization ready to provide assistance to Airmen in need of a wingman. Airmen can call **838-2233**.

Volunteers for the week and week-end of April 25 to May 2 and April 28 to April 30, are from the 5th Bomb Wing Staff, 5th Operations Group and 5th Comptroller Squadron.

Lives saved through April 25: 431

A walk in the dark

I stood on the railway tracks leading into Dachau, the first official World War II concentration camp. Standing in the dirt, the snow started to fall as the clock on my phone switched over to midnight. As I slowly made my way onto the tracks and headed for the front gates of the camp, I couldn't help but think about how surreal it all was.

Just knowing that I would walk up to the gates of Dachau and see firsthand a terrifying piece of history, my eyes began to well with tears. How could the Nazi Party have performed such heinous crimes for so long without the international community intervening?

I began to feel numb and my heart felt like it was going to burst at any moment as the gate came into view. The closer I got to the gate, the denser the darkness seemed to get. That night changed my life.

After being there and seeing the place where unspeakable acts took

place, I decided to start researching. I wanted to learn as much as I could about the concentration camp.

Through my research, I learned that in 1933, Dachau was the first regular concentration camp built for political prisoners. The camp was first used for incarcerating those convicted of violating the Nuremberg Laws of 1935.

Up until its liberation on April 29, 1945, the camp held a total of 206,000 registered imprisoned souls. As many as 33,000 members were held at one time and were scattered throughout the camp, used as slave laborers. Approximately 67,000 were held at the camp at the time of its liberation in late April.

Aside from being used as slave laborers, the prisoners were used for medical and military experiments if they went to be treated at the camp's hospital. Between the camp's opening in 1933 and its liberation in 1945, Dachau's homicide toll rose to 31,950

Commentary by Staff Sgt. Natisha Johnson
Minot Air Force Base Equal Opportunity Office

personnel. However, it has been thoroughly noted that many more died inside the harsh stone walls of Dachau.

The Holocaust occurred more than 56 years ago, so why is it so important that we still honor the men, women and children who regrettably lost their lives?

That is the easiest question that has ever been asked. Perhaps Maj. Robert Ward said it best. "Should we ever stop honoring them, we risk that we might forget. And once humanity begins to forget its mistakes, humanity often repeats those same mistakes over again. Therefore, we must never forget." Those words have never ringed more true than they have in today's society.

May 1-8 is National Holocaust Remembrance Week. Take the time during this week to remember the past and honor the present, for who only knows what the future may hold.

Commentary by
Chief Master Sgt. Timothy Winfree
50th Mission Support Group

Chief shares ingredients of success

SCHRIEVER AIR FORCE BASE, Colo. (AFNS) - As this will be my last article as an active-duty member, I thought I would share a few bits of advice on what I believe is needed for one to be successful in this great way of life we all have chosen.

While there are as many opinions on what it takes to be a success as there are people, I would submit the following four key ingredients as critical to being a successful Airman: pride, humility, perspective, and determination. I have used these four throughout my career, both in good times and bad. They have served me well and helped me remain focused.

First, let's talk about pride. I can remember vividly how I felt the first time I put on an Air Force uniform. I had just arrived at basic training, it was shortly after having all the hair (I actually had hair back then) cut off my head and receiving my clothing issue. Although I was nervous and still wondering what I'd gotten myself into, I couldn't hold back the urge to look at myself in the mirror and smile. Man! I was a good looking Airman!

Seriously though, I felt immensely proud. Proud to be a member of the Air Force, proud to be an American and proud to wear a uniform that symbolizes what people around the world have come to respect as the greatest Air Force in the history of mankind.

Throughout my career I have continued to be proud of this uniform, and even more so I have always been proud of whatever duties I was assigned to complete. As a security forces member, whether I was standing guard at an installation entry control point, filling sandbags, picking up trash, completing my career development course or running a radar, you can bet I was proud to be doing it.

Taking pride in my work, my appearance, my attitude and how I conducted myself as an Airman certainly had a positive impact on my career and contributed greatly to my accomplishments as a military professional.

The best advice I can give you about this is to be proud of whatever you are doing and usually whatever you are doing will be excellent or at least completed with excellent results.

Now let's switch gears to another ingredient that has served me well:

humility.

I learned at a very early age that no one likes the person who makes it known that they are better at everything than everybody else. We all have encountered this guy or gal. If you are one of these people, and you know if you are, take a hard look around to see who's really listening next time you are ranting along about yourself and how great you are.

In my experiences, I have found success is much sweeter when you "walk softly and carry a big stick." You don't have to tell people you are great and excellent in all you do. Your results will speak volumes for you, and people will respect the fact that you don't brag about what you've done all the time. There's a big difference between pride and arrogance, and trust me, the line between the two is thin.

My advice is to use your successes to demonstrate proficiency, to encourage others to better themselves and to teach others how to succeed. I have always been grateful for the opportunity to serve and have used humility to keep me grounded to the fact that nothing I have done in my life has been without the assistance of others in some form or fashion. So, while being humble will help keep you from being stoned to death by co-workers, putting things into perspective can help you along the road to success as well.

During the first three weeks of my Air Force career, I learned a very

good lesson about perspective. At the time, I was stationed at Hellenikon Air Base in Athens, Greece. Many people don't know it, but in 1989, Athens was the terrorist capital of the world. Military members and their families were prime targets for many ideological factions.

I was working a midnight shift when a call came across my radio from the desk sergeant notifying everyone of an off-base attack. We immediately formed a detail and responded to an area right outside the main gate where many military families, myself included, resided. Upon arrival, we found three vehicles completely engulfed in flames. All had been firebombed. I noticed immediately that one of the vehicles was mine.

Needless to say I was upset by this and my attitude showed it, but I still completed my duties. We cordoned off the area, ensured there were no injuries to personnel, and eventually turned the scene over to civilian authorities for investigation. My "ahh moment" on perspective came shortly thereafter while I was expressing my disgust, anger and frustration with the situation to my friends. My supervisor, Sergeant Mario Martinez, calmly approached me and stated simply, "Well, at least you weren't in it Winfree." So I shut up!

The moral of the story is that no matter how bad you think things are, there is always some good in it. You just have to look for it.

WEATHER FORECAST

Fri 4/29	Sat 4/30	Sun 5/1	Mon 5/2	Tue 5/3
				
59/36	37/29	44/29	52/35	54/38
Showers possible. Highs in the upper 50s and lows in the mid 30s.	Cloudy and windy with snow.	Windy with times of sun and clouds.	Mostly sunny. Highs in the low 50s and lows in the mid 30s.	Partly cloudy. Highs in the mid 50s and lows in the upper 30s.

Car Care: How to Prepare Your Car for spring

Commentary by Rod Krause

5th Bomb Wing Safety Office

Spring is finally here at Air Force Global Strike Command's Minot Air Force Base, where we're more likely to think about how to prepare for the winter than for the mildness of spring. Nonetheless, when it comes to keeping vehicles in tip-top shape, it's important to re-examine our vehicle's working condition and make sure it's good to go for the days ahead.

In order to protect your investment, and make sure your car is as safe and economical as it can be, you need to know how to prepare your car for spring.

One of the first recommendations is to check all of a vehicle's belts and hoses, because during the winter, the cold weather can cause quite a bit of wear on them.

It's important to be on the lookout for any cracking or leaking. Fixing these problems early can mean the difference between a quick and inexpensive repair and being broken down alongside the road with extensive car damage.

During the spring, your car needs to be able to pull through the mud, as well go over wet roads, thus, it is essential to check tire conditions. It's not uncommon for tires to lose pres-

sure during the winter-time, therefore, ensure tire-pressure is at the levels recommended by the vehicle's manufacturer. In addition, check to make sure that the tread on all your tires is in good condition.

Inspecting spark plugs and their wiring as well is crucial. If plugs or plug wires need to be replaced, you'll want to take care of it as soon as possible.

Also, be sure to check the car's battery as it may have lost capacity during the winter. The spring is a wonderful time to consider replacing this important part of your vehicle. Also, you should check engine coolant, as you want to make sure that coolant levels are where they should be and ensure it's nice and clean.

Take notice of oil levels and if indicated, change the fluid. Running your car too long in between oil changes can cause a number of problems with your engine, all of which tend to be very expensive to fix. Make sure your engine oil is clean and full.

Following a few simple steps can ultimately prepare your car for spring which can save you hours of headache and, in many cases, hundreds of dollars.



The day autism was made into a fool

Commentary by Master Sgt. Scott T. Sturkol

Air Mobility Command Public Affairs

SCOTT AIR FORCE BASE, Ill. (AFNS) - It was April 1, also known as "April Fool's Day," and I saw a 14-year-old boy make autism into a fool.

The 14-year-old is my son Jackson. On April 1 he was competing in the Chicago area as an Illinois state finalist for the National Geography Bee, representing his school district.

But before I tell you how he did, let me tell you more about how we got to this point.

Back in September 1996, Jackson was the last child born to our family. At the time, neither my wife Bobbi nor I had ever thought about autism, much less knew anyone who had lived with it. Over the course of the next 18 months, after he was born, we started to see signs of something different.

At Jackson's 18-month "well baby" check at the base hospital at Mountain Home Air Force Base, Idaho, his pediatrician told us his development process was behind considerably. Hearing it from the doctor wasn't a surprise to us since we noticed his abilities were much different than his older siblings' were at the same age.

So what did this all mean? We didn't know. But, thanks to the pediatrician, we were recommended to have further tests completed through the state and other sources. I can say it was learning experience for all of us as we went through the process.

For the first few years, Jackson was diagnosed as having "development delay" with "some autistic behaviors."

Whatever they called it, my wife and I didn't care - we just knew we had to work hard as a family to keep Jackson advancing in everything. Everything new Jackson had to learn was a challenge for him, but he pressed forward and made many leaps and bounds.

When Jackson learned to walk, he was nearly 3 years old. We were on a camping trip to the Idaho mountains and for some reason he just finally decided to get up and go. When he

was 4 years old, we got our first family computer, and within a short time, he had taught himself most of the alphabet, how to type and partially how to read. It was an amazing leap in learning ability.

By the time Jackson was 6 years old, he could not only read, but I'd also have him load software on the computer. He'd even help his mom with the computer when she had questions. It was like having a junior-sized techie in the house.

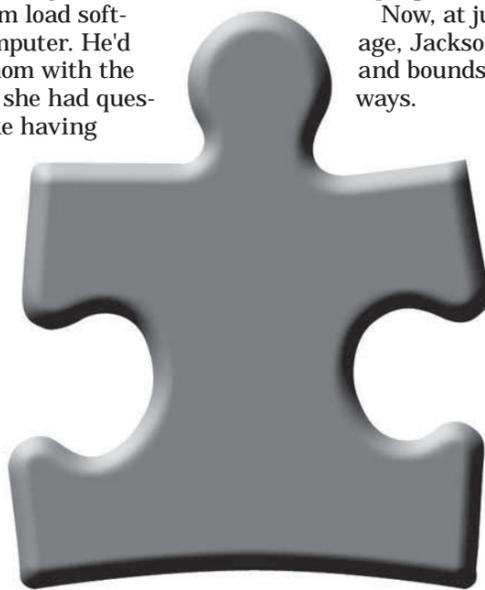
On the technical side with computers, Jackson's ability was far more advanced than even some adults. On the social and sensory perception side though,

he had autism.

Yet again, no matter what the medical community was calling Jackson's condition, we just kept our nose to the grindstone as a family, doing whatever we had to do to keep our son on the road to progress. And truly, he has progressed.

Now, at just over 14 years of age, Jackson has made leaps and bounds in many, many ways.

I credit his mother, first, for being his "biggest fan." There is no other person in our family who has made more of a monumental effort than her to bring him to a point where when he enters ninth grade, he'll be doing the work like any other child his age.



AUTISM SPEAKS™ It's time to listen.

Jackson was behind other children his age. He had difficulty writing with a pencil, and his desire to be around crowds of other people just wasn't there. Sometimes, I think it terrified him to be around large groups of other people.

But as a family, we pressed on and so did Jackson. When he was about 9 years old, the way the world viewed the autism spectrum changed, and Jackson's diagnosis changed as well. He was now said to have autism, but was "high functioning." For us, leading up to that time, we already knew

I also credit Jackson's sisters, his grandparents and extended family members for encouraging him, helping him when he needed it, keeping him honest and genuinely making him feel like any other member of a family should feel.

Much credit also goes to the school teachers and aides who made a difference in helping Jackson through schooling in Idaho, North Dakota, New Jersey and now Illinois. They have all been part of the building blocks of his progress.

Now, to get back to April 1 in Chi-

cago. Jackson became a state finalist for the National Geographic Society's National Geography Bee after winning the competition at his school, and then taking a test based on geography that served as a "regional" competition which created 100 finalists for the state of Illinois.

In Illinois, for 2011, there were 532 school winners from around the state. Jackson's test results put him in the top 100, and according to school officials, he's only the second student in his school district to advance this far in the last decade.

That is an amazing achievement, considering the thousands of students who have gone through his school in those 10 years.

At the competition, Jackson had an impressive performance, but he wasn't the overall winner. He correctly answered seven of eight questions and finished 14th in the state. Not bad for a kid who has persevered over much tougher things, such as simply learning to ride a bike.

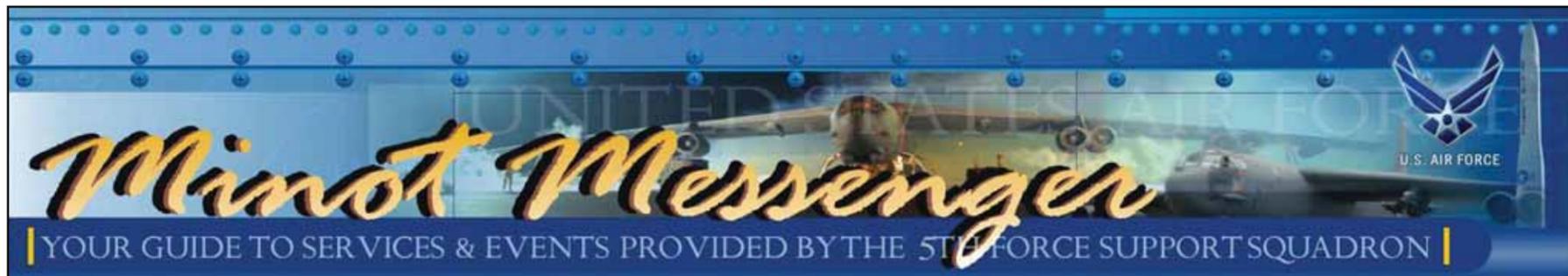
So on April 1, I sat there and saw my son, in front of dozens of people, stand up and compete with the confidence of a motivational speaker. I sat and thought how ironic the journey had been to that day. I thought of all the things we'd been through with him and how he's been a conquering hero through it all.

"It's April Fool's Day," I thought, watching Jackson get yet another answer right. "But who is the fool now?"

Though April is Autism Awareness Month, I can tell you that every month for our family is Autism Awareness Month.

When you think of autism, think of children like Jackson and families like ours who know the everyday challenges the condition can bring. We are stronger because of it and we continue to do the best we can.

On April 1, 2011, a great thing happened. I saw a boy with autism beat down the doors that supposedly stay shut for children like him. It's the day I saw autism made into a fool.



AFGSC Youth Summer Golf Promotion Provides Excellent Opportunity For Youth

Learning to play golf is a tremendous challenge for every beginner. For kids, the challenge is even greater. The length of the golf course and the complexities of instruction can be discouraging and possibly turn them away from golf forever. The Rough Rider Golf Course has just the program you need to teach your child the game of golf which they can enjoy for a lifetime.

The inaugural AFGSC Youth Summer Golf promotion features four different sessions spread throughout the spring and summer allowing youth ages 6 and older to choose the clinic that best fits their schedule. Sessions will be held May 16-27, June 6-17, July 11-22, and August 15-26; session times are 5-6 p.m. or 6-7 p.m. on Monday, Wednesday, and Friday. The program consists of five one-hour lessons. At the end of each session, a golf outing for the junior golfers and their

parents will be held with food and refreshments.

Program focuses on teaching youth how to golf using clubs fitted especially for them. The emphasis is following an instructional program developed to teach the fundamentals of golf and show it can be a fun sport to participate in.

Thanks to the Air Force Global Strike Command offsetting a portion of the expense, for only \$69.95, each child receives their very own set of starter golf clubs, a U.S. Kids golf shirt, and U.S. Kids golf cap. Registration fees must be paid two weeks in advance of the session start date. Prior year participants will receive upgrades to their golf club sets (if they are still in the same color group) or another new set of clubs. For more details, call the Rough Rider Golf Course at 723-3164 or visit the golf course page on www.5thforcesupport.com.



Club Scholarship Can Help With Money For College



Air Force (AF) Clubs know it takes more than ambition, good grades, and great numbers on the SAT to get into college these days. That's why for the past several years, they have assisted club members and their families through its annual scholarship program.

According to Ms. Gail Thompson, 5th Force Support Acting Sustainment Services Flight Chief, the scholarship program is a great benefit for Air Force Club members.

"This will be the sixteenth year for the Air Force Club Membership Scholarship Program," said Ms. Thompson. "The program provides \$25,000 in scholarships that is sponsored in part by Chase Bank." (*No Federal Endorsement of Sponsor Intended*)

"This is an exclusive club member program," she said, "only club members and their families are eligible. This includes the member's spouse, son, daughter, stepson or stepdaughter. Grandchildren are also eligible, if they are dependents of the club

member."

Applicants for the scholarships must have been accepted by or be enrolled in an accredited college or university for the fall of 2011 term as a part-time or full-time student. Student enrollment status may involve either undergraduate or graduate curriculum. In addition, applicant must provide a copy of their college or university acceptance letter or latest transcripts.

Awarding of scholarship money is based on a written essay on the topic: "My Contribution(s) to the Air Force". Each entrant is required to submit an essay of **no more** than 500 words. This requirement is strictly enforced. Essays exceeding 500 words (excluding title) are disqualified.

Participants' essay must be single-spaced, with double-spacing between paragraphs, with one-inch top and bottom margins and one and one-quarter inch left and right margins. They should be typed in MS Word 12-point Arial or Times New Roman font. Essays must be submitted on CD ROM containing essay with participants name, date, and word count. Essays need to be submitted to either J.R. Rockers or the Doolittle Center by July 1, 2011. Final scholarship awards for the upcoming school year will be announced by September 16, 2011. This year, the Air Force Club Scholarship Program is awarding 25 college bound students \$1,000 toward their tuition.

For more information and an official entry form for the AF Club Membership Scholarship Program, stop by J.R. Rockers or the Doolittle Center or visit www.afclubs.net. The Scholarship Program is just one more way to show that club membership pays!

Link Up 2 Golf Available At Rough Rider Golf Course

Rough Rider Golf Course is offering Link Up 2 Golf, a new player program which makes learning the game simple, fun, and more affordable than ever before. This industry-wide player development initiative focuses on bringing more players to the game and keeping them playing for a lifetime. It is designed to attract new golfers, as well as infrequent and former golfers.

Four different Link Up 2 Golf sessions will be held at the Rough Rider Golf Course this year. Each Link Up 2 Golf session provides participants with a solid foundation about the game of golf, including swing mechanics, etiquette, terminology, proper behavior, and how to maintain speed of play. For only \$99, participants receive eight hours of small group instruction and a variety of on-course playing experiences. Dates of the four Link Up 2 Golf sessions are May 16-27, June 6-17, July 11-22, and August 15-26. The sessions are scheduled during the same period as the AFGSC Youth Summer Golf promotion, thereby allowing parents and children to participate in their respective programs on the same session dates. For Link Up 2 Golf participants who do not have golf clubs, rental clubs and range balls will be provided free of charge during the clinics.

At the end of each session, a golf outing for Link Up 2 Golf participants will be held.

Interested parties can register at the Rough Rider Golf Course pro shop. For more information about Link Up 2 Golf, call the golf course at 723-3164.

\$300 Guarantee Purse Up For Grabs During End Of Season Tourney



Show off your bowling skills and have a chance to win some cash during the End of Season Nine Pin No Tap Tournament at Rough Rider Lanes. The tournament is scheduled for Saturday, May 7th from 5-9 p.m. This tournament features a \$300 guarantee purse. Cost is \$25 per person; must have at least 20 bowlers to conduct this event. Participants must be 18 years of age or older to bowl in this tournament. To register or for additional details, call Rough Rider Lanes at 727-4715. Be sure to sign up for the "Have a Ball" Summer League or adult and youth summer leagues that begin mid-May.

Spring Showcase For Spouses

Make plans to attend Spring Showcase for Spouses at the Doolittle Center on May 12th at 6 p.m. Prizes, food, and lots of great booth exhibits. Call the Community Center at 723-4670 for details.

Visit our website at www.5thforcesupport.com

Un-Birthday Party for Families of Deployed Personnel

Join the Airman and Family Readiness Center on Saturday, May 7th from 4-5:30 p.m. at the Youth Center for the Un-Birthday Party celebrating families of deployed personnel. This is a great informal event which provides an opportunity to enjoy conversations and share experiences with other families of deployed. Cake and drink will be provided. Interested persons should pre-register by May 5th by calling 723-4500. Eligible participants include 5 BW and 91 MW families of currently deployed personnel and 91 MW families experiencing a work-related separation on the date of the event. For more information, contact the Airman & Family Readiness Center at 723-4500.

Youth T-Ball, Baseball, & Softball Registration

The Youth Center is accepting youth T-ball, baseball, and softball registrations from April 25th to May 20th. Cost is \$26 for youth age 5 and older. Late registration is \$31 after May 20th while spots are available. Registrations available include: co-ed T-Ball for ages 5 & 6, co-ed Baseball for ages 7 & 8, boys Baseball for ages 9-18, and Girls Softball for ages 9-18. Youth Center membership is required and youth must have a current physical and the fall flu vaccine (dated after September 2010) to participate. Children without current physicals and the fall flu vaccine can be registered by paying a non-refundable deposit while waiting for appointments/immunizations. Coaches and assistants are needed. For details, call 723-2838.

Certified Babysitter Training and CPR/First Aid Course

The Youth Center is hosting the American Red Cross Babysitting Course on May 14th from 9 a.m. to 3 p.m. and May 15th from noon to 4 p.m. (one class over two days). Youth age 13 and older will be taught child and infant CPR and first aid. Learn about the business of babysitting and what every parent wants in a responsible babysitter. Cost for the Red Cross Babysitting Course is \$40 and includes books; youth need to bring their own sack lunch, snacks and a drink. Registration will be taken through May 6th or until slots are filled. For additional information on the Red Cross Babysitting Course, contact the David C. Jones Youth Center at 723-2838.

MAFB Triple Crown

Are you ready to conquer Minot's first ever Triple Crown? The Fitness Center is hosting the inaugural Triple Crown with events slated for May 7th, 14th, and 21st at noon. The first event is a 5K run scheduled for May 7th followed by a 10K run on May 14th and concludes with a triathlon on May 21st. All participants receive points for each event they compete in. The top five contenders for each event receive bonus points with the number one contender getting the most points. The more difficult the event, the more points you gain per rank and participation. Registration deadline is May 6th; must be a DoD ID card holder 16 years of age or older. For additional details, contact the Fitness Center at 723-2145.

Open Mic Night

Calling all poets, R & B, country, jazz, gospel, rock, and hip-hop artists. Come show off your talent during Minot AFB's "Open Mic Night" on April 29th at J.R. Rockers. The fun starts at 7 p.m. and runs until 11 p.m.; open to club members and non-members. For more information and to sign-up to perform, contact SSgt Brian Wyche at 723-1421.

80's Rockin-n-Rollin Roller Skating Party

The Youth Center is hosting a 1980's themed roller skating party for youth ages 9-14 on May 6th from 8 p.m. to 10:30 p.m. Skates and helmets will be provided as well as pizza and lemonade. Cost is \$10 for Youth Center members and \$11.50 for non-members. Registration deadline is May 4th by 4 p.m. For more information, contact the Youth Center at 723-2838.

Jewelry Making Class

The Arts & Crafts Center is excited to offer a Jewelry Making class on Friday, May 6th at 10:30 a.m. Participants will receive instruction on the tools used for jewelry making as well as all supplies to make a necklace and earrings. Once you complete the jewelry, it is yours to keep. Cost for the Jewelry Making class is \$10; please sign up prior to class date. For more information or to register, contact the Arts & Crafts Center at 723-3640.

Veterinary Appointments

Veterinary appointments are available at the Vet Clinic on May 3rd, 4th, 10th, and 11th. To schedule an appointment, call the Veterinary Treatment Facility at 723-6449.

Mother's Day Sunday Brunch

The Doolittle Center is hosting a special Mother's Day Sunday Brunch on May 8th from 10:30 a.m. to 1:30 p.m. Come enjoy the delicious Sunday brunch menu with a special selection of entree items and desserts. The first 100 mothers receive a free plant. Cost is \$12.95 for club members and \$15.95 for non-members. Children ages 6-12 are \$5.95 and 5 and under are free. For details, call the Doolittle Center at 723-3731.

Cinco de Mayo at J.R. Rockers

Looking for a great time? Then you won't want to miss Cinco de Mayo at J.R. Rockers on May 6th beginning at 4:30 p.m. Club members enjoy a free Mexican buffet and drink specials; \$5 for non-members. Adults only in the lounge. Call J.R. Rockers at 727-ROCK for details.

Family Bowl-a-Rama

Rough Rider Lanes invites you to bring the whole family to Family Bowl-a-Rama on April 29th from 5-7 p.m. During this affordable, fun family event, you can bowl for 2 hours with up to 6 people on a lane for only \$25. The price includes shoe rental and a pitcher of soda. Call 727-4715 for details.

Fitness Bingo

B9...BINGO! Five fitness classes...BINGO! The Fitness Center is hosting Fitness Bingo from May 1st through May 31st. Win a prize for completing the required workouts on your bingo card. Participants must complete one regular bingo, either horizontally, vertically, or diagonally by May 31st. Participants may pick up their bingo card and guidelines at the Fitness Center customer service desk. Event is open to all DoD ID card holders 16 years of age or older. For more information, call the Fitness Center at 723-2145.

Dance The Night Away

Dance, party, and hang out during J.R. Rockers Hip Hop Night on April 30th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Gather up your friends and enjoy a great night out. Call 727-ROCK for details.

Celebrate Cinco de Mayo at JDC

Don't miss the Cinco de Mayo Celebration at the Doolittle Center on May 6th starting at 4:30 p.m. Enjoy a fiesta in the Ground Zero Lounge featuring a fajita bar, salsa music, DJ "Crowd Pleasers", and lots of fun. Call 723-3731 for details.

MONTH OF THE MILITARY CHILD

Upcoming Special Events

April 1-30 - Purple Ribbon Campaign

Youth Center, Child Development Center & Family Child Care

Show your support for military children by wearing a purple ribbon. Ribbons available at the CDC, FCC, and Youth Center.

April 29th - Kids Block Party

5-7:30 p.m. - Youth Center

The annual Kids Block Party is the finale for the Month of the Military Child. From 5-6:15 p.m. children can enjoy numerous carnival type games along with the Wheels Rally. Then from 6:30-7:30 p.m., don't miss the Phil Baker Children's Concert. Both events are free and open to both Youth Center members and non-members. Call 723-2838 for additional details information.

April 29th - Pre-Teen Dance

8-10 p.m. - Youth Center

April 29th - Teen Dance

10-11 p.m. - Youth Center

1st Annual MAFB GRILL OFF

SPONSORED BY: USAA

MAY 13, 2011 • 3:00PM-8:00PM
REGISTER BY 9 MAY 2011

WIN ME! Quantum Infrared Urban Grill Valued at \$259.00

Teams compete in preparing a 3 course meal off the grill. Contact the Doolittle Center for complete rules and to register. Prizes will be given for the winner of each course with the overall winner receiving a new grill! Volleyball (with beach balls if indoors) and corn hole games will be going on during the grilling competition, along with music from DJ "Crowd Pleasers".

723-3731 Weather permitting all events will be taking place outside. In case of inclement weather, tents will be available for grilling and all other events will be indoors.



First fish certificate captures moment

The North Dakota Game and Fish Department is reminding parents to capture their little angler's first catch on a specially designed First Fish certificate. First Fish has no qualifying weights or measurements. The only

requirement is the successful landing of a North Dakota fish. Certificates are available to all who request them, and have ample room for all the important information, such as name, age, lake and a short fish story, plus a blank

space for a photograph big enough to contain the smile of the happiest little angler.

Free certificates are available by contacting the Game and Fish Department at (701) 328-6300, or send an email to ndgf@nd.gov.

PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL

When North Dakota hunters and anglers have an opportunity to meet with the state's fish and wildlife biologists, the topics look like a paintball explosion - all over the board.

Will there be a 2011 pronghorn season?

Does anyone hunt the early Canada goose season and would anyone care if it opened Aug. 1 rather than Aug. 15?

Any thoughts on switching to annual fishing guides rather than keeping the long-standing tradition of two-year booklets?

What's the skinny on how people obtain handicapped hunting licenses?

Perhaps more than anything, the resonating voice throughout North Dakota is concern for the state's fish and wildlife and how three consecutive, never-ending winters will affect one's ability to hunt and fish: How did deer, pronghorn, pheasants, and even fish fare this winter?

Like the topics the answers vary, as well.

The bottom line for pronghorn: Hunters probably won't want to schedule their vacation around the traditional season opener with the thought they will get a license. It's too early to know if the state's herd just moved to less snowier areas in Montana and South Dakota this winter or if the population is still besieged enough to warrant a second year of hunting season closure. North Dakota's pronghorn season has not always been an annual occurrence, N.D. Game and Fish Department deputy director Roger Rostvet reminded hunters. For example, it took several years for populations to rebound enough to allow for an open season after the treacherous, ice-laden winter of 1977.

When it comes to deer, it simply depends on where you're at and where you want to hunt: Based on aerial white-tailed deer winter survey areas, deer numbers in some parts of the state are faring better than anticipated. However, other areas, such as Unit 3A1 in the northwest, simply don't

have many deer and hunters will notice another year of fewer available licenses. Yet some units will likely have the same or similar number of licenses when final number crunching is complete.

Look for fewer mule deer licenses, too. While aerial mule deer surveys weren't finished by mid-April, early indications point towards approximately a 25 percent decrease in mule numbers.

In general, look for fewer overall deer licenses although it will vary unit-by-unit.

North Dakota's lakes are in a similar situation - some fared OK thanks to higher than normal water levels. Others, such as Ward County's Rice Lake, likely suffered major fish losses due to winterkill from poor dissolved oxygen levels from heavy vegetative die-off and heavy snow cover on the ice blocking sunlight.

Speaking of fishing, discussions within the Game and Fish Department include pros and cons of changing to annual fishing guides rather than two-year regulations. It's much cheaper to produce a quality, two-year booklet of regulations than on an annual basis but proclamation amendments are needed if situations arise to warrant changes. At this point, Game and Fish Department management personnel are just eyeing the option and no final decision is on the horizon.

The next go-around of eight public advisory board meetings will be in November after the deer gun season.

Attendees will be able to count on one thing - the 2011 deer gun season and overall deer populations will likely be another highlight of discussion.

Quote of the Week:

"If I was guessing man, I'd say "probably not".

- N.D. Game and Fish Department deputy director Roger Rostvet, discussing the possibility of a 2011 pronghorn season.

Habitats workshop for teachers scheduled in Valley City, Bismarck

Teachers, environmental educators and anyone else who works with youth are invited to attend wildlife conservation and resource management workshops in Valley City or Bismarck this summer.

"A Visual Arts Approach to Teaching Life Science" is scheduled June 7-8 at the Valley City Area Teacher Center on the campus of Valley City State University, and June 29-30 at the North Dakota Game and Fish Department's main office in Bismarck.

The workshop is fast-paced and offers a hands-on approach educators can use in their classrooms, and in discussing classroom and curriculum integration. Workshop participants will have the opportunity to experiment with different visual arts including clay, water media, pastel and colored pencil. No previous art experience is necessary or required, and all supplies are provided. Field trips will demonstrate

the use of natural areas as classrooms.

Workshop instructors are Sherry Niesar, a nationally recognized Project WILD educator and curriculum specialist with the North Dakota Game and Fish Department, and Paul Noot, a professional artist and visual arts teacher at Bismarck High School.

A \$20 registration fee is required for the Valley City workshop. To register, contact Sandy Zahn at (701) 845-7282, or email sandy.zahn@sendit.nodak.edu.

The Bismarck workshop has a registration fee of \$30. To register, contact the Bismarck Art and Galleries Association at (701) 223-5986, or email sherry.baga@midconetwork.com.

Graduate credit is available through the University of North Dakota. For more information about the workshops contact Niesar at (701) 527-3714, or email sniesar@nd.gov.

Game and Fish pays \$464,000 in property taxes to counties

The North Dakota Game and Fish Department recently paid \$464,835 in taxes to counties in which the department owns or leases land. The 2010 in-lieu-of-tax payments are the same as property taxes paid by private landowners.

The Game and Fish Department manages more than 200,000 acres for wildlife habitat and public hunting in 50 counties. The department does not own or manage any land in Traill or Renville counties.

Following is a list of counties and the tax payments they received.

County	Tax Due
Adams	139.64
Grant	764.64
Ramsey	5,001.46
Barnes	4,229.51
Griggs	349.42
Ransom	1,187.95
Benson	2,988.86
Hettinger	2,905.76
Richland	14,978.23
Bottineau	4,097.00
Kidder	9,409.40
Rolette	18,157.86
Bowman	1,600.18
LaMoure	6,599.68
Sargent	12,502.92
Burke	653.92
Logan	1,301.07
Sheridan	57,913.67
Burleigh	28,957.08
McHenry	1,696.30
Sioux	386.82
Cass	6,043.79
McIntosh	6,719.68
Slope	1,464.38
Cavalier	21,068.47
McKenzie	28,781.27
Stark	240.35
Dickey	14,943.42
McLean	47,074.20
Steele	7,993.98
Divide	1,416.12
Mercer	11,928.34
Stutsman	6,739.95
Dunn	6,816.70
Morton	15,973.78
Towner	2,034.08
Eddy	3,329.43
Mountrail	9,815.21
Walsh	8,792.74
Emmons	3,036.10
Nelson	4,505.42
Ward	72.08
Foster	2,757.88
Oliver	2,325.06
Wells	39,239.50
Golden Valley	181.85
Pembina	14,717.35
Williams	6,888.19
Grand Forks	12,203.30
Pierce	1,911.82

Ultimate Cuts

809 N Broadway
Minot
852-2265

- Haircuts, specializing in Military Haircuts
- Perms • Full Colors • Foils
- Highlights & Lowlights
- Acrylic Nails • Gel Nails
- Waxing • Relaxers

Book appt now with your favorite stylist
Kathy, Becky, Sheena,
Christy, Colleen & Emily
Walk-ins Welcome
upon Availability

Hours of Operation: Mon - Thurs 8:30am-7:30pm
8:30am - 7pm Friday • 8am- 4pm Saturday

CROSSWORD PUZZLE

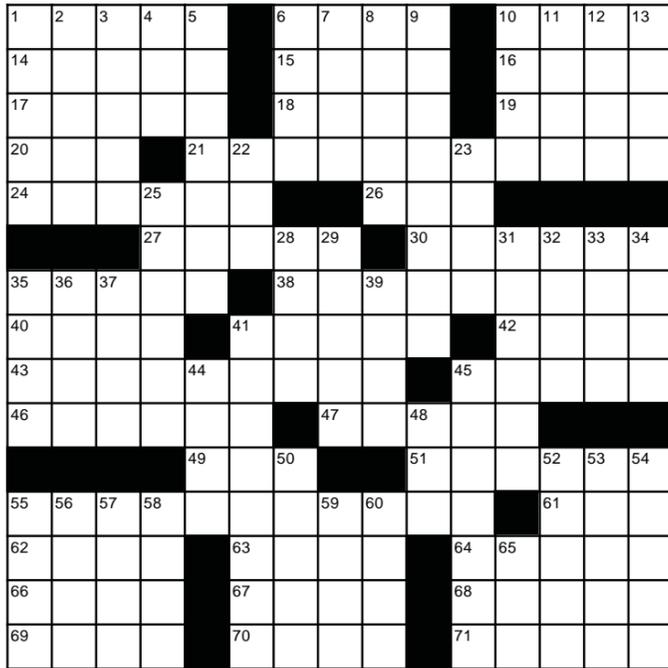
ACROSS

1. Group belief
6. Sharif of "Funny Girl"
10. End-of-round signal
14. Rial spender
15. Spot on the Web
16. Lamb's nom de plume
17. ___ one's time (waited)
18. Part of QED
19. "___ fair in love ..."
20. Barely make, with "out"
21. Raw recruit
24. Rich source of fossils, perhaps
26. "Ich bin ___ Berliner"
27. Grid coach Amos Alonzo ___
30. Lure into crime
35. Puts together
38. '89 movie based on a '73 court decision
40. Baseball's Felipe or Moises
41. Lenya or Lehmann
42. Land of the leprechauns
43. It may be 20/20
45. Was biased
46. "And so ___" (Ellerbe catchphrase)
47. Clunky shoe
49. I-95, e.g.
51. Sci-fi zapper
55. Worrisome economic condition
61. Prefix with corn or form
62. Chore list heading
63. Bow-toting god
64. Demagnetize, as a tape
66. Dentist's request
67. ___ gin
68. Tangle, or disentangle
69. "The World of Suzie ___" (1960 movie)
70. 1/1 song ender
71. Practices with a pug

DOWN

1. Lama land
2. Eleniak of "Baywatch"
3. Corvair critic Ralph
4. Hydrocarbon suffix
5. Juicy morsels of gossip
6. Oil gp. since 1960

"Oh, Deer!"



7. A+ or B-
8. Slack-jawed
9. Fetch, as stored data
10. Ward and June's younger, for short
11. Raines or Cinders
12. Cheery tune
13. Emit an intense beam
22. Hollywood's Hagen
23. Wayside retreats
25. Prefix meaning "false"
28. Pirate's potation
29. Ancient Germanic invaders
31. Intended prey for a "puddy tat"
32. ___ avis
33. Score after deuce
34. Confined, with "up"
35. Hawaiian fish, on menus
36. Touched down
37. Empire State Building climber
39. Singer James or Jones
41. In the doldrums
44. Medieval drudge
45. Borrowed cars, e.g.
48. Friend in the 'hood
50. Of a long-ago era
52. Tropical source of jelly
53. Any of three Indy winners
54. Nobel physicist Bohr
55. Cram into the overhead
56. "___ ' the mornin'!"
57. Yemeni port
58. Barris game show prop
59. Many a Disney character
60. Fortuneteller's opening
65. Séance sound

Solution to puzzle from last week.

A	R	B	S		B	A	S	E	S	T		S	O	B		
L	O	O	T		O	R	N	A	T	E		H	U	E		
I	M	S	O	E	X	C	I	T	E	D		E	T	A		
S	E	C	U	R	E		P	E	R		P	S	S	T		
T	O	S	T	A	D	A		R	E	G	I	A				
				E	S	S	E	S		O	A	K	L	E	Y	
L	A	H	R		E	R	E			S	E	A	T	O		
E	N	E			T	O	N	I	S			D	O	G		
I	N	S	E	T			D	O	H		M	Y	N	A		
F	O	A	L	E	D		S	W	A	M	I					
				R	I	L	E	Y		A	M	I	S	T	A	D
B	E	E	S		B	O	A		U	S	A	R	M	Y		
O	R	B			Y	O	U	R	E	S	O	V	A	I	N	
L	I	E			A	N	N	L	E	E		E	D	G	E	
D	E	L			T	E	T	O	N	S		R	E	O	S	

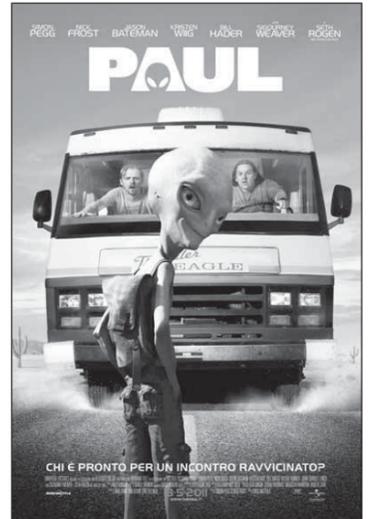
UPCOMING MOVIES

For more information, call the movie line at 723-3802

Paul

Friday, April 29, at 7 p.m.

For the past 60 years, an alien named Paul has been hanging out at a top-secret military base. For reasons unknown, the space-traveling alien decides to escape the compound hopping on the first vehicle out of town - a RV containing Earthlings Graeme Willy and Clive Gollings. Chased by federal agents and the fanatical father of a young woman that they accidentally kidnap, Graeme and Clive hatch a fumbling escape plan to return Paul to his mother ship. And as two nerds struggle to help, one little green man might just take his fellow outcasts from misfits to intergalactic heroes.

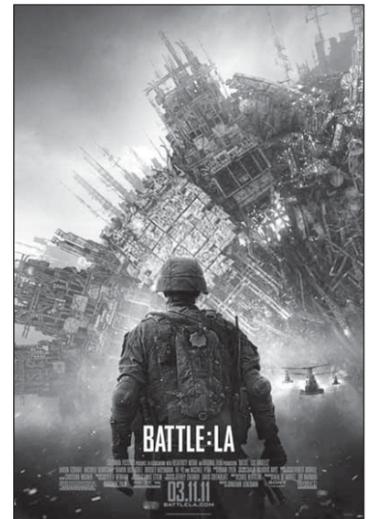


Rated R for language including sexual references, and some drug use.
104 Minutes

Battle: Los Angeles

Saturday, April 30, at 7 p.m.

For years, there have been documented cases of UFO sightings around the world - Buenos Aires, Seoul, France, Germany, China. But in 2011, what were once just sightings will become a terrifying reality when Earth is attacked by unknown forces. As people everywhere watch the world's great cities fall, Los Angeles becomes the last stand for mankind in a battle no one expected. It's up to a Marine staff sergeant and his new platoon to draw a line in the sand as they take on an enemy unlike any they've ever encountered before.



Rated PG-13 for sustained and intense sequences of war violence and destruction, and for language.
116 minutes

SUDOKU

Solution to puzzle on page 22

		1	2		3			4
			1		5			6
5		7				2	1	
	4			8	6			
6		9				7		2
			9	5			3	
	7	6					9	1
	2		4		7			
8			6		1	3		



check out **spry & relish** magazines in the northern sentry

CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule Daily M-F 8 a.m. Saturday 5:30 p.m. Sunday 8:30 a.m. & 11 a.m.</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p>Heritage Baptist Independent Fundamental Meeting at 435 21st St. NW 833-1798</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:45 a.m. Sunday Evening 6 p.m. Wed. Prayer/Bible Study 7 p.m. Wed. Children's Patch Club 7 p.m.</p> <p>Pastor Brian Ferree</p>	<p>Minot Air Force Base Chapel Protestant Services (All Sunday)</p>  <p>Traditional Service 10:00 a.m. (North Plains Chapel) Gospel Service 11:30 a.m. (Northern Lights Chapel) Contemporary Service 2:00 p.m. (North Plains Chapel)</p> <p>Wednesday Feed Your Faith Classes: North Plains Chapel 1730-1930 Dinner and Children's programs included</p> <p>Chapel 723-2456</p>	<p>Minot Air Force Base Chapel Catholic Services</p> <p>Complete Mass Schedule can be seen on the Chapel Information page on the Minot Air Force base website: www.minot.af.mil</p> <p>Sunday CCD 11:15 a.m. (North Plains School)</p> <p>Northern Lights Chapel 723-2456</p>
<p>Bible Fellowship 1720 4th Ave. NW • 838-0916</p> <p>www.minotbiblefellowship.org Sunday School 9:45 a.m. Sunday Worship 10:45 a.m. Sunday Evening Worship 7:00 p.m. Wed. Evening Family Night 7:00 p.m.</p> <p>• Pioneer Club • Youth Club • Women's Bible Study • Adult Bible Study</p> <p>Pastor Duane Deckert</p> 	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening 7:00 p.m.</p> <p>Independent/Fundamental/KJV 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Harvest Reformed Church</p>  <p>We are devoted to faithful preaching of God's Word, Confessionally Reformed Biblical worship.</p> <p>Now meeting in room 204 Minot Municipal Auditorium</p> <p>Morning Service 10:30 a.m.</p> <p>838-0605 www.harvestreformedchurch.org</p>	<p>Congregational United Church of Christ</p> <p>430 N. Broadway • 839-1064</p> <p>Sunday School 11 a.m. Sunday Worship 11 a.m. Tuesday Lunch Bible Study 12 Noon Wed. Youth Classes 6:30-8:30 p.m.</p> <p>Rev. Frank Picard</p>	<p>Welcome to the Minot Church of Christ 1315 1st St. NE</p> <p>Sunday: Bible Classes 9:30 a.m. Worship 5:00 p.m.</p> <p>Wednesday: Bible Classes 7:00 p.m.</p> <p>"Restoring 1st Century Christianity in the 21st Century"</p>
<p>First Presbyterian Church 1000 3rd St. NE (Next to Trinity Nursing Home) 852-0315</p> <p>Sunday Contemporary Worship 8:30 a.m. Sunday School 9:30 a.m. Sunday Traditional Worship 11 a.m. Monday Youth Worship 7 p.m. Wednesday Community Supper... 5-6:30 p.m. Wednesday Contemporary 6:30 p.m. Sunday Transportation & Nursery Available</p> <p>www.minotfpc.org <i>Visitors Welcome</i></p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Sunday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study .. 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>Minot First Church of The Nazarene 2500 West Central Avenue 701-838-8704</p> <p><i>Come Experience a Warm Family Feeling</i></p> <p>Coffee & Conversation 9-9:30 a.m. Sunday School 9:30 a.m. Morning Worship 10:45 a.m. Evening Service 6 p.m. Midweek Service (Wed.) 7 p.m.</p> <p>Senior Pastor Francis Warren</p>	<p>First Lutheran Church - ELCA 120 - 5th Ave. NW 852-4853</p>  <p>Wednesday Supper 5 p.m. WOW (Worship on Wednesday) 5:45 p.m. Wednesday School & Confirmation... 6:20 p.m. Saturday Worship 5:30 p.m. Sunday Worship 8:45 & 10:45 a.m. Sunday School & Adult Forum 9:45 a.m.</p> <p>Radio Broadcast KRRZ 1390 AM - 8:45 a.m. Pastor Ken Nelson Pastors Michael & Kari Pancoast www.firstlutheranchurchminot.com</p>	<p>St. Mark's Lutheran Church Missouri Synod</p>  <p>Sunday Worship 8:30 a.m. & 11 a.m. Sunday School & Bible Class 9:45 a.m.</p> <p>Holy Communion is served at 8:30 a.m. service on the 1st & 3rd Sunday and at 11 a.m. service on the 2nd and 4th Sunday</p> <p>2209 4th Ave. NW • 839-4663 Carlyle Roth, Pastor</p>
<p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Wednesday Worship 7:00 p.m. Sunday Worship 8:15 a.m. & 10:45 a.m. Fellowship 9:15 a.m. Adult Forum 9:30 a.m. Sunday School 9:30 a.m.</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>North Hill Baptist Church</p>  <p>524 21st Ave. NW • Minot, ND 58703 701-839-7283</p> <p>Pastor Dan Andrus, 701-578-5060 sparrow@minot.com minotnorthhillbaptistchurch.com</p> <p>"We're Not There Yet... Come Grow With Us!"</p>	<p>St. John the Apostle Catholic Church</p>  <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7 p.m. Wednesday - Friday 9 a.m. Saturday 5 p.m. Sunday 8 and 10:30 a.m.</p> <p><i>Fr. Dave Zimmer, Pastor</i> Parish website: www.stjohnminot.com</p>	<p>All Saints' Episcopal Church (Anglican) 301 S. Main St. • 839-1037</p> <p>Sunday Worship 10 a.m. Wednesday Worship 5:15 p.m.</p> <p>www.allsaintsminot.org</p>	<p>Our Redeemer's Church A Church with a Christian School 700 16th Ave SE</p> <p>Sundays Worship Services 8:30 a.m. & 10:45 a.m. Radio Broadcast KHRT 1320 AM 11 a.m. Children's programs 9:45 a.m. Youth & Adult Bible Classes 10 a.m. Interpreter services for the deaf 10:45 a.m.</p> <p>Wednesdays Supper 5:40 p.m. Bible Classes for all ages 6:30 p.m.</p> <p>Lead Pastor, Rod Spidahl, PhD 838-0750 • www.ourredeemers.org</p>
<p>Augustana Lutheran Church 321 University Ave W • Minot (Across from MSU) ELCA • 839-9563</p> <p>Sunday Worship 8 & 10:30 a.m. Sunday School, Confirmation, Adult Forum & Choir Rehearsal 9 a.m.</p> <p>Pastor Michon Weingarther Home of Campus Pastor Kerri Williamson</p>	<p>Faith United Methodist Church</p>  <p>801 University Ave. W • 838-1540</p> <p>Worship: 10:45 a.m. Nursery Available Soup Kitchen: 11 a.m. - 12:30 p.m. Mon. Food & Clothing Pantry: Mon. 9:30 a.m. - 1 p.m. & Wed. 2 - 4 p.m.</p> <p>Rev. Debra Ball-Kilbourne</p>	<p>Cross Roads Baptist</p>  <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) .. 6:30 p.m.</p> <p>www.angellnet.net/crossroads email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873 Dr. Ben Pierce, Pastor</p>	<p>West Minot Church of God "A Family Worship Center" 1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church 10:30 a.m. Wednesday Family Training Hour 6:30 p.m. Wednesday Kids on the Rock 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m.</p> <p>ABC Child Care & Pre-School Center 852-6352</p>	<p>Bethel Free Lutheran AFLC</p>  <p>"Building Followers of Jesus Christ"</p> <p>Sunday School 9:00 a.m. Worship Service 10:30 a.m. Wednesday Supper 6:15 p.m. Adult/Youth Bible Study Kids Club 7:00 p.m.</p> <p>Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com</p>
<p>River of Life Church</p>  <p>400 22nd Ave NW • Minot</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Sunday Evening Service 6 p.m. Wednesday Service 7 p.m.</p> <p>Joe VanEst, Pastor • 858-7777</p>	<p>First Baptist Church</p>  <p>220-3rd St. S.W. 852-4533 www.firstbaptist-minot.org</p> <p>Summer Worship Schedule: Classic Worship 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service 11:05 a.m. Wed. AWANA Clubs (Sept. - May) ... 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Gordon Kroeker, Discipleship & Community Life Pastor Paul Pankratz, Student Ministries Pastor Josh Huesby, Worship</p>	<p>Gospel Tabernacle Community Church</p>  <p>County Road 19, 4 miles south of MAFB Eld. James W. Henderson, Pastor</p> <p>Church: 701-838-4492 Home: 838-5759 Dial-A-Prayer: 727-6447 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m.</p> <p>Morning Worship 11:00 a.m.</p> <p>Family Hour/ Leadership Training 6:30 p.m.</p> <p>Evening Worship 7:30 p.m.</p> <p>Bible Study/ Children Worship (Wed.) ... 7:00 p.m.</p> <p>Prayer (Friday) 7:00 p.m.</p>	<p>BEREAN BAPTIST CHURCH Independent KJV</p> <p>Sunday School 9:45 a.m. Worship 11:00 a.m. Sunday Evening 6:00 p.m. Wednesday Evening 7:00 p.m.</p> <p>Pastor Joe Minnerup www.bereanbaptistminot.com</p> <p>601 1st Ave SE • Minot 833-9811</p>	<p>First Assembly of God 1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night 7 p.m.</p>
<p>Trinity Church An Evangelical Free Church</p>  <p>3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>September - May Sunday School 9 a.m. Worship 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	<p>Immanuel Baptist Church</p>  <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sunday School 9:15 a.m. Sunday Worship 10:30 a.m.</p> <p>Wednesdays Soup Kitchen 11:30 a.m. - 12:30 p.m. Classes for all ages 6:30 p.m. Adult Choir Rehearsal 8:10 p.m.</p> <p>Pastor Allen Lively Sarah Dvirnak, Youth Director</p>	<p>ZION Lutheran ELCA</p>  <p>1800 Hiawatha St. 852-1872</p> <p>Saturday Worship 5 p.m. Sunday Worship 8:30 a.m. & 11 a.m.</p> <p>John Streccius, Pastor Nathan Mugaas, Pastor</p>	<p>Vincent United Methodist Church</p>  <p>1024 2nd St. SE • 838-4425 Behind Town & Country Shopping Center open hearts...open minds...open doors!</p> <p>Saturday Informal Service 5 p.m. Sunday Worship 8:30 a.m. & 11 a.m. Sunday School 9:30 a.m. Coffee Fellowship 10:30 a.m.</p> <p>Gary L. Ball-Kilbourne www.vincentumc.com</p>	

Friday Evening April 29, 2011										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Shark Tank		20/20				Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	The Royal Wedding	CSI: NY		Blue Bloods			Local	Late Show Letterman	Late	
KMOT/NBC	Friday Night Lights	Dateline NBC					Local	Tonight Show w/Leno	Late	
KNDX/FOX	Kitchen Nightmares	Fringe		Local						
Cable Channels										
AMC	Death Wish V: Face			Death Wish V: Face					From Dusk Till Dawn	
CNN	Piers Morgan Tonight	Piers Morgan Tonight		Anderson Cooper 360					Piers Morgan Tonight	
DISC	Dual Survival	Dual Survival		American Loggers		Dual Survival			Dual Survival	
DISN	Phineas	Fish Hook	Buttowski	Good Luck	Shake It	Shake It	Shake It	Shake It	Phineas	Fish Hook
ESPN	NBA Basketball					NBA Basketball				
FAM	Funniest Home Videos	Funniest Home Videos		Funniest Home Videos	The 700 Club			Whose?	Whose?	
FX	Role Models			Role Models					Justified	
LIFE	William & Kate			Prince William					Chris	How I Met
NICK	Victorou	Big Time	My Wife	My Wife	Lopez	Lopez	Lopez	Lopez	Lopez	Lopez
SPIKE	Auction	Auction	Repo	Repo	Coal	Coal			Auction	Auction
TBS	Fam. Guy	Fam. Guy	Last Holiday						My Baby's Daddy	
TNT	Con Air								The Mummy Returns	
USA	Indiana Jones								Face/Off	
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk	
Premium Channels										
HBO	Transformers			Real Time/Bill Maher	Real Time/Bill Maher				Edge of Darkness	
MAX	Hoodlum	Friday the 13th		Bad Boys II					Erotic 3	
SHOW	Return to Me	The Joneses			National Lampoon's Van Wilder				Gigolos	

Wednesday Evening May 4, 2011										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Middle	Better	Family	Cougar	Happy	Family	Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	Survivor: Redemption	Criminal Minds		C.M.: Suspect			Local	Late Show Letterman	Late	
KMOT/NBC	Minute to Win It	Minute to Win It		Law & Order: SVU			Local	Tonight Show w/Leno	Late	
KNDX/FOX	American Idol			Breaking	Local					
Cable Channels										
AMC	Die Hard								Terminator 2	
CNN	In the Arena		Piers Morgan Tonight		Anderson Cooper 360				Piers Morgan Tonight	
DISC	MythBusters	MythBusters		MythBusters					MythBusters	
DISN	16 Wishes		Deck	Deck	Deck	Deck	Wizards	Wizards	Hannah	Hannah
ESPN	NBA Baseball				Baseball Tonight				SportsCenter	Baseball
FAM	DirtyDan	Practical Magic			The 700 Club			Whose?	Whose?	
FX	Earth Stood				Justified				Justified	
LIFE	American Justice	The First 48		The First 48			How I Met	How I Met	Chris	Chris
NICK	My Wife	My Wife	Chris	Chris	Lopez	Lopez	The Nanny	The Nanny	The Nanny	The Nanny
SPIKE	UFC Unleashed	The Ultimate Fighter	Repo	Repo	Repo	Repo	The Ultimate Fighter	Repo	Repo	Repo
TBS	Are We Th	Are We Th	Browns	Browns	Payne	Payne	Conan		Lopez Tonight	
TNT	NBA Basketball				NBA Basketball					
USA	NCIS		NCIS		NCIS		NCIS		CSI: Crime Scene	
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk	
Premium Channels										
HBO	Game of Thrones	Game of Thrones	Game of Thrones		Real Time/Bill Maher				Treme	
MAX	Ocean 11	17 Again			Kids Are All					
SHOW	Tara	Nurse	NASCAR	Teller	The Borgias	NASCAR	Gigolos	The Borgias		

Saturday Evening April 30, 2011										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Batman Begins						Local			
KXMC/CBS	Fight Camp 360		Criminal Minds		48 Hours Mystery		Local			
KMOT/NBC	Chase		Law & Order: LA		Law & Order: SVU		Local	Saturday Night Live		
KNDX/FOX	NASCAR Racing						Fringe	30S	Local	
Cable Channels										
AMC	Rocky III						Rocky IV		Rocky V	
CNN	CNN Presents		Piers Morgan Tonight		Newsroom		CNN Presents		Piers Morgan Tonight	
DISC	MythBusters	MythBusters		MythBusters			MythBusters		MythBusters	
DISN	Beverly Hills Chihuahua		Good Luck		Phineas	Phineas	Fish Hook	Deck	Deck	Phineas
ESPN	College Softball				Baseball Tonight		SportsCenter		Baseball Tonight	
FAM	Matilda				Charlie & Chocolate				Prince	
FX	Eagle Eye		Two Men	Two Men	Two Men	Two Men	Eagle Eye		Coming Home	
LIFE	Dangerous Child	Obsessed			Army Wives				Coming Home	
NICK	Victorou	Ninjas	Big Time	iCarly	My Wife	My Wife	Lopez	Lopez	The Nanny	The Nanny
SPIKE	UFC 129: Prelims	Repo	Repo	Auction	Auction	Auction	Auction	Auction	Prisoners/Control	
TBS	Just Like Heaven				The Bucket List				Phenomenon	
TNT	NBA Basketball				Inside the NBA		White Men		Can't Jump	
USA	NCIS		NCIS		Law Order: CI		In Plain Sight		In Plain Sight	
WGN	MLB Baseball		WGN News at Nine	Scrubs	Scrubs	How I Met	South Pk	South Pk		
Premium Channels										
HBO	Nightmare-Elm				Game of Thrones		Sherlock Holmes			
MAX	Public Enemies				Kids Are All					
SHOW	Nurse	Tara	Nick DiPaolo		Fight Camp 360		Remember Me			

Thursday Evening May 5, 2011										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Wipeout		Grey's Anatomy		Private Practice		Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	Big Bang	Rules	CSI: Crime Scene		The Mentalist		Local	Late Show Letterman	Late	
KMOT/NBC	Community/Office	Office	Parks		30 Rock	Outsource	Local	Tonight Show w/Leno	Late	
KNDX/FOX	American Idol		Bones		Local					
Cable Channels										
AMC	Welcome to Mooseport						The Killing		True Lies	
CNN	In the Arena		Piers Morgan Tonight		Anderson Cooper 360				Piers Morgan Tonight	
DISC	Deadliest Catch		River Monsters		Hogs Gone Wild		Deadliest Catch		River Monsters	
DISN	The Suite Life Movie		Deck	Deck	Deck	Deck	Wizards	Wizards	Hannah	Hannah
ESPN	NBA Basketball				NBA Basketball					
FAM	Grease	Hairspray			The 700 Club			Whose?	Whose?	
FX	Two Men	Two Men	Two Men	Two Men	Wide	Wide	Wide	Dark City		
LIFE	Reba	Reba	Reba	Reba	Reba	Reba	How I Met	How I Met	Chris	Chris
NICK	My Wife	My Wife	Chris	Chris	Lopez	Lopez	The Nanny	The Nanny	The Nanny	The Nanny
SPIKE	Jail	Jail	TNA Wrestling				Auction	Repo	MANswers	MANswers
TBS	Fool's Gold				Fam. Guy	Fam. Guy	Conan		Lopez Tonight	
TNT	Body of Lies				Body of Lies					
USA	NCIS		Law & Order: SVU		Law & Order: SVU		CSI: Crime Scene		CSI: Crime Scene	
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk	
Premium Channels										
HBO	Tooth F		Precious Life		Treme		K. Morgan	Real Sex	Lottery Ticket	
MAX	Whip It				Independence Day				Hangover	
SHOW	Furry	The War Boys			Nurse	Call Girl	Gigolos	Call Girl	Gigolos	Cocaine C

Sunday Evening May 1, 2011										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Extreme Makeover		Desperate Housewives		Brothers & Sisters		Local			
KXMC/CBS	The Amazing Race		Undercover Boss		CSI: Miami		Local			
KMOT/NBC	America's		Celebrity Apprentice				Local		Dateline NBC	
KNDX/FOX	Simpsons	Cleveland	Fam. Guy	Amer. Dad						
Cable Channels										
AMC	The Perfect Storm				The Killing		The Killing		Breaking Bad	
CNN	CNN Presents		Piers Morgan Tonight		Newsroom		CNN Presents		Piers Morgan Tonight	
DISC	Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch		Deadliest Catch	
DISN	Good Luck	Shake It	Deck	Deck	Deck	Deck	Wizards	Wizards	Hannah	Hannah
ESPN	MLB Baseball						SportsCenter		SportsCtr	
FAM	The Princess Diaries		A Walk to Remember				J. Osteen		Ed Young	
FX	Iron Man				Two Men	Two Men	Two Men		Two Men	
LIFE	Within		Army Wives		Coming Home		Army Wives		Coming Home	
NICK	My Wife	My Wife	My Wife	Chris	Lopez	Lopez	The Nanny	The Nanny	The Nanny	The Nanny
SPIKE	Repo	Repo	A Bronx Tale						Bad Boys	
TBS	Liar Liar		Liar Liar							
TNT	Twister				Twister				Red Eye	
USA	Law & Order: SVU		Law Order: CI		In Plain Sight		Burn Notice		Law Order: CI	
WGN	How I Met	How I Met	How I Met	How I Met	News/Nine	Replay	Monk		Monk	
Premium Channels										
HBO	True Blood		Game of Thrones		Treme		Game of Thrones		Treme	
MAX	Hangover	The Kids Are All Right			She's Out					
SHOW	The Borgias	Nurse	Tara		The Borgias		The Borgias		Nurse	Tara

Friday Evening May 6, 2011										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Shark Tank		Primetime: What		20/20		Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	Flashpoint		CSI: NY		Blue Bloods		Local	Late Show Letterman	Late	
KMOT/NBC	Friday Night Lights		Dateline NBC				Local	Tonight Show w/Leno	Late	
KNDX/FOX	Kitchen Nightmares		Fringe		Local					
Cable Channels										
AMC	88 Minutes				Hills-Eyes 2				Hills-Eyes 2	
CNN	In the Arena		Piers Morgan Tonight		Anderson Cooper 360				Piers Morgan Tonight	
DISC	Dual Survival		Dual Survival		American Loggers		Dual Survival		Dual Survival	
DISN	Deck	ANT Farm	Deck	Deck	Suite Life on Deck		Good Luck	Good Luck	Good Luck	Good Luck
ESPN	NBA Basketball				NBA Basketball					
FAM	Freaky	The Princess Diaries			The 700 Club			Whose?	Whose?	
FX	Changeling				Black Mask					
LIFE	Reba	Reba	Reba	Reba	Reba	Reba	How I Met	How I Met	Chris	Chris
NICK	Victorou	Victorou	My Wife	My Wife	George	George	The Nanny	The Nanny	The Nanny	The Nanny
SPIKE	Star Wars-Phantom		Star Wars Ep 2						The Scorp	
TBS	Witch Mount				Drillbit Taylor				Jungle 2 Jungle	
TNT	Bones		Bones				CSI: NY		CSI: NY	
USA	NCIS		NCIS		NCIS		CSI: Crime Scene		Law & Order: SVU	
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk	
Premium Channels										
HBO	Cinema Verite		Brides		Real Time/Bill Maher		Real Time/Bill Maher		A Perfect Getaway	
MAX	Orphan				Basic					
SHOW	The Hurt Locker				Fight Camp 360		Gigolos	Call Girl	Youth in Revolt	

Monday Evening May 2, 2011										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
WDAY/ABC	Dancing With Stars				Castle		Local	Nightline	Jimmy Kimmel Live	
KXMC/CBS	How I Met	Mad Love	Two Men	Mike	Hawaii Five-0		Local	Late Show Letterman	Late	
KMOT										

Buy map. Throw dart.

Kupper Subaru



The 2011 Outback. The adventurer's vehicle of choice. Symmetrical All-Wheel Drive grips whatever comes your way. An efficient transmission gives you an enviable 29 mpg.* Best of all, it's built in a zero landfill plant, so you can indulge your urge to explore, responsibly. **Love. It's what makes a Subaru, a Subaru.**



Outback. Well-equipped at \$23,195¹

*EPA-estimated 27 city/29 hwy/23 combined mpg. Actual mileage will vary. MSRP excludes destination and delivery charges, tax, title and registration fees. Dealer sets actual price. ¹Outback 2.5i Touring equipped MSRP of \$23,195. Vehicle shown with available equipment.

Kupper
Subaru
Formerly Reseller Subaru

CALL 877-782-2783
CLICK kupper-subaru.com
VISIT 805 East Main Street **Mandan**

SECTION 2

NORTHERN SENTRY • FRIDAY, APRIL 29, 2011 • WWW.NORTHERNSENTRY.COM



(U.S. Air Force photo/Blaze Lipowski)

Ann Mitchell, Air Force Global Strike Command's director of Logistics, Installations and Mission Support, and members of the command's biannual ICBM General Officer's Steering Group, held a conference here April 12. The third-ever ICBM General Officer Steering Group was an opportunity for leadership across AFGSC to meet, discuss needs and plan for the future of the ICBM mission.

ICBM generals address 'warfighter' issues

by 2nd Lt. Stacey Fenton
90th Missile Wing Public Affairs

F. E. WARREN AIR FORCE BASE, Wyo. - More than 30 top Air Force leaders gathered here April 12 for the third in a series of meetings focusing their attention on how best to sustain the ICBM weapon system, an effort begun after the launch of Air Force Global Strike Command in 2009.

Ann Mitchell, Air Force Global Strike Command's Director of Logistics, Installations and Mission Support, chaired the conference to bring together key decision-makers on

nuclear sustainment issues and strategic planning for the ICBM. "There was no solid system in place for the wings to get the help they needed" when Global Strike Command took on the ICBM mission here, at Minot AFB, N.D., and at Malmstrom AFB, Mont., in December 2009, Ms. Mitchell said.

"Now we have partnered together and proven that the system can and will continue to work," she said.

"We started with a template, we worked action items, and now we are seeing the tremendous progress and commitment from our wings," said Ms. Mitchell.

"Being a part of this team and solving some of the more difficult issues is very satisfying," said Col. Greg Tims, 90th Missile Wing commander. "The Steering Group is key to ensuring nuclear sustainment."

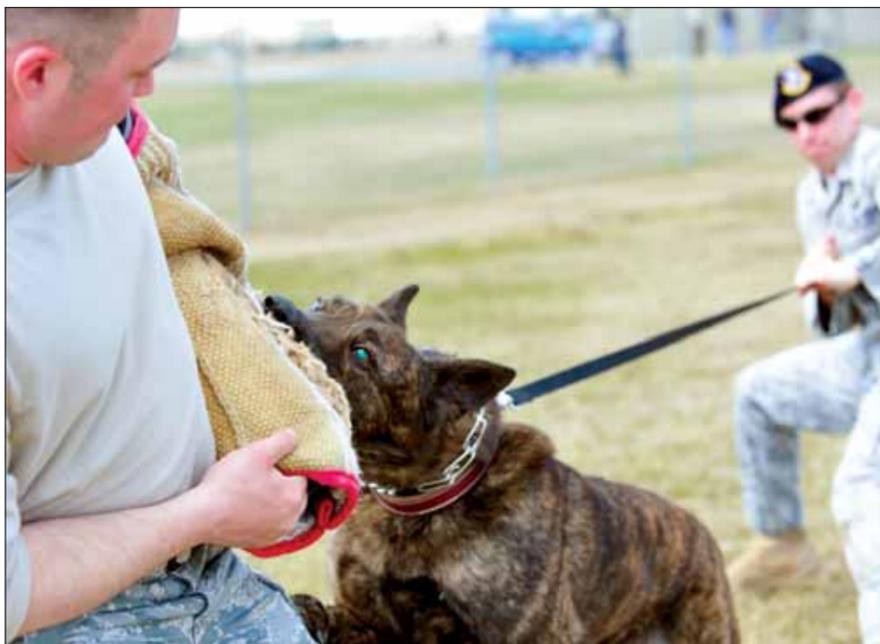
"We are here to provide guidance as well as gain insight into the warfighters' perspective," Ms. Mitchell said in her opening remarks to the group. "We want to answer the question, what can the provider provide?"

Maj. Gen. C. Donald Alston, 20th Air Force commander added, "Getting the leadership that's responsible for the sustainment of the ICBM together to discuss the most important is-

ues affecting the weapon system, and then having them commit their organizations to achieving timely solutions has direct payoff for the warfighter."

Members of the steering group discussed the unique issues faced by each wing as well as issues faced by Global Strike Command as a whole. Since the first ICBM Steering Group, many significant improvements have been made, officials say.

"Hosting the ICBM General Officer Steering Group this year was a great honor," Colonel Tims said. The group has previously met at Malmstrom AFB, Mont. and Kirtland AFB, N.M.



Taking a bite out of Crime

(U.S. Air Force photo/Senior Airman Jesse Lopez Jr.)

Staff Sgt. David Wyrick and Staff Sgt. Steven Kaun 5th Security Force Squadron dog handlers, conduct training with Lareco, a military dog here April 25. Trained military working dogs (MWDs) are utilized for patrol, drug and explosive detection, as well as specialized mission functions for security efforts worldwide.



(U.S. Air Force photo/Airman 1st Class Aaron-Forrest Wainwright)

Lareco, 5th Security Forces Squadron military working dog, tackles one of the various challenges during the obstacle course here April 25. The obstacle course builds up the dog's confidence so the military working dog will be able to handle any challenge that comes its way on a mission or deployment.

WHAT'S FOR DINNER



Mini Coffee Ice Cream Sundaes

- 2 cups Breyers Coffee ice cream
- Salted caramel sauce*
- Almond whipped cream**
- 1 shot espresso coffee
- 4 amaretti cookies
- Chocolate-covered coffee beans

Arrange 2 (1/4-cup) scoops ice cream in 4 demitasse coffee cups. Drizzle with salted caramel sauce, then top with almond whipped cream. Pour a little espresso into each cup, then garnish with cookies and coffee beans.

*For salted caramel sauce, bring 3/4 cup sugar and 1/4 cup water to a boil over high heat in heavy-duty saucepan until caramel-colored. Remove from heat, then slowly stir in 1/2 cup whipping or heavy cream. Let cool, then stir in 1/4 teaspoon kosher salt. Let stand at room temperature until ready to use.

**For almond whipped cream, whip 1/2 cup whipping or heavy cream, 1 teaspoon sugar and 2 drops almond extract in mixing bowl with electric mixer until soft peaks form. Chill until ready to serve.

MSU percussion spring concert May 3

Minot State University percussion students will present their Spring Concert Tuesday, May 3, 2011 at 7:30 p.m. in Ann Nicole Nelson Hall, MSU. The Percussion Ensemble, Marimba Ensemble and spring semester Percussion Methods class will perform.

"If you are a percussionist, you don't play a single instrument, you learn dozens-everything from drums and cymbals to the keyboard instruments like xylophone and marimba," said MSU Percussion Instructor Avis Veikley. "When we do a concert we take over the entire stage."

The con-

cert will feature a number of unusual instruments, such as a ceramic African udu drum, Trinidadian steel pans, and a collection of hand-made percussion instruments built by MSU art students as a sculpture class project with instructor Doug Pfliger.

The Marimba Ensemble will perform "Cinco de Mayo" by Earl Hatch and "Song of Praise" by Michael Aukofer; the latter features Tim Olson on udu drum. The Percussion Methods class will perform a drum line number, "Moonwalkin'" by Chris Brooks, and a Ruth Jeanne arrangement of "Amazing Grace."

The Percussion Ensemble will present Christopher Rouse's "Ku-ka-ilimoku," and will join forces with the Marimba Ensemble for "Sur-render," an up-beat soca tune from Trinidad arranged by Kenneth Joseph.

Rounding out the program will be "My Lady White" by David Maslanka, performed by Justin Goetz on solo marimba, and a demonstration of the sculpture class instruments by percussion students.

The concert is free and open to the public. Parking on the MSU campus is unrestricted after 5 p.m.



Affordable elegance priced to fit the smaller budget

Blissful Beginnings

...where bliss begins. We make wedding wishes come true.

Event Planning, Day-of Coordinating, Decorating, & Rental Services
Tables, Wedding Chairs, Linens, Arches, Pillars, Aisle Runners, & more
Weddings, Retirement Parties, Proms, Graduations, & Corporate Events

blissbegins.com • blissbegins@gmail.com • 701.758.2443(w) • 701.720.5166(c)

Northern Sentry
839.0946 | nsads@srt.com
www.northernsentry.com

PRAISE JAM!
3

"Generations of Praise"

Please join us as we praise, sing, shout, mime, eat, fellowship & dance in worship & in honor of GOD!

Saturday April 30, 2011
6:00 pm • North Plains Chapel, Minot AFB

If you would like to attend and are unable to access the base please call Eric Henson at 701.340.7933 by 20 April 2011

WATNE REALTORS It's the Sign of Success

Over 59 years serving the real estate needs of the Minot Area
408 North Broadway, Minot, ND 58703 • 701-852-1156

 \$194,900 WOW! Total makeover in this 4 bedroom, 2 bath home. Laminate in dining room, open kitchen w/breakfast bar, updates include windows, furnace, roof, steel siding, patio. Lower level has a bedroom, bath, family room & office area. Detached double garage. MLS #20110551	 \$139,500 GREAT CURB APPEAL - 1 1/2 story home with enclosed front porch. 3 bedrooms, 1 3/4 baths, hardwood floors, original woodwork, formal dining room and eat-in kitchen. Detached single garage. MLS #20110559	 \$39,000 MOVE IN READY - 3 bedroom, 2 bath manufactured home in great condition. Open kitchen/dining area w/oak cabinets, breakfast bar, built-in buffet. Master suite has double closets & full bath. Includes washer/dryer, parking for 2 cars, privacy fence & deck. MLS #20110544
 \$174,400 SHARP CONDO - 2 bedrooms, 1 3/4 baths. Spacious kitchen w/like new cabinetry, breakfast bar and newer appliances. Master suite with walk-in closet and 3/4 bath. Large rear deck. Attached double garage. MLS #20110381	 \$125,000 LIKE NEW - 3 bedroom, 2 bath 2010 modular home with permanent foundation on a 85x135 lot. Open floor plan with 1057 sq ft of space. Large wrap around deck, new well and septic. MLS #20110327	 \$119,900 PRICE REDUCED! 2 bedroom home in NW area. Refinished hardwood floors in living room and master bedroom, eat-in kitchen with laminate floor, main floor bath w/stackable washer/dryer that stay. Attached garage. MLS #20101686

Jim Bowman 578-4253 | jjbowman@minothomes.com

Judy Brooks 833-8893 | judyb@minothomes.com

ZOOM IN minothomes.com

MINOT AREA COUNCIL OF THE ARTS UPCOMING EVENTS

VISUAL ARTS

APRIL

1-30 Minot Public Library, Hawaiian water colors Exhibit by Pat Marquardt

12-30 Taube Museum, ND student art exhibit

15-30 NW Art Center, MSU Juried Student Show

MAY

1-30 Minot Public Library, Jane Kalmbach

1-10 NW Art Center, MSU Juried Student Show, Juror: Annette Marchand, Moorhead, MN

5-30 NW Art Center, Senior Capstone Exhibition, Erika Edwards and Kayla Cote, Gordon B. Olson Library Gallery

5 Taube Museum, main gallery: Native Americans: the New Town Portraits 2010 by Herbert Ascherman of Ohio in lower gallery: TBA, Public reception: Thursday, May 12, 5:30-7 p.m.

6-8 Institute of Dance & Ballet Theater, "Diary of Anne Frank" and "Hatikva the Hope" Central Campus Theater, 7 p.m. 6th & 7th, 2 p.m. 8th, \$12, 837-0239

7 Taube Museum, Art Ala Carte "Hot Dogs & Chips" 11 a.m.-1 p.m.

13-30 NW Art Center, Senior Capstone Exhibit, James Skinner, Jon Ross, June Szczur, Hartnett Hall Gallery, opening reception the 13th, 6:30-8 p.m.

15 62 Doors, "Hip to be Square" 7-9 p.m., 62doors.com

THEATER

MAY

7 Mouse River Players Theater, 1st Saturday Workshops, \$10 per child, noon-4 p.m.

19-22 "Get Smart" Mouse River Players Theater, 7:30 p.m., 2 p.m. on 22nd, \$12, \$10 under 10 yrs

PERFORMANCES

APRIL

29/30 MSU Music Division, cellist Yehuda Hanani, music of Beethoven, Nelson Hall, 7:30 p.m.

MAY

1 Chamber Chorale "Chorale Potpourri and Ice Cream Social" 1st Presbyterian Church, 3 p.m.

1 MSU Music Div., Beethoven's music performed by cellist Yehuda Hanani, Nelson Hall, 3 p.m.

2 MSU Music Div., Concert Band, Nelson Hall, 7:30 p.m.

3 MSU Music Div., Percussion Ensemble Concert, Nelson Hall, 7:30 p.m.

8 Western Plains Opera, Children's Choir Concert, Nelson Hall, 7 p.m.

LECTURES

MAY

4 NW Art Center, visiting author, MSU English Dept., Aleshire Theater, 7 p.m.

HISTORY

DAILY Ward Co. Historical Soc. 10 a.m.-3 p.m., Mon-Sat or by apt 839-0785

MUSEUMS & HERITAGE

DAILY Carnegie Center-Schedule a special event, 839-1993

Place an ad for as little as \$5 per week! For more information call 839-0946

MAGIC CITY FLEA MARKET
STATE FAIRGROUNDS • MINOT
Saturday, April 30th • 8 am to 4 pm
Sunday, May 1st • 10 am to 3 pm
ANTIQUES, COINS, BOOKS, JEWELRY, TOOLS, BAKED GOODS, & MORE

Soup, Sandwiches & Soul Food!



NEW Management!
Monday-Thursday 7am-3pm
Friday 7am-3pm & 5pm-8pm
Saturday 8am-2pm & 4pm-6pm
*Catering available *Office Parties

We deliver to base!
Deli at the Fair
Soups, Sandwiches & Soul Food!
112 Main Street South
701-838-0712

NATIONAL DAY OF PRAYER A MIGHTY FORTRESS IS OUR GOD

Thursday, May 5th

Grand Ballroom in the Grand International Inn

The Ballroom will be open all day (10am - 7pm) for people to come and pray - stay as long as you like. Community Services 12 noon - 12:50 pm and 7:00 pm. Don't miss this opportunity to call on God to hear our prayers and heal our land!



NWAC lecture explores gender bias in criminology

Dr. Patricia Lomire, Associate Professor of Sociology at Minot State University, will discuss gender bias in criminology in a presentation Wednesday, May 4, at 7:00 p.m. in the Aleshire Theater, MSU. Lomire's presentation, "The Glass Ceiling in Criminology" is the final installment of the 2010-11 Northwest Art Center Lecture Series.

Lomire's talk is based on her research over the last 20 years on the coverage of female-related topics in professional journals and textbooks on criminology. Research shows that "female offenders and victims are underrepresented" in professional literature, fostering a "lack of female visibility" in the field, according to Lomire.

"Implications are that if

students are not exposed to the concept of female integration into college and university-level textbooks, then students will not develop the image of female presence and integration into a given discipline," Lomire states in an abstract of her research. The result can be a "glass ceiling" that limits the advancement of women in criminology careers.

Lomire used a spring 2011 sabbatical to further her previous research on the topic.

Lomire has been on the faculty of Minot State University for over two decades and has served as Associate Professor of Sociology, Coordinator of Sociology, Gerontology and Internships, and was Chairperson of the Division of Social Science for four terms.

She is a past president

of the Minot Business and Professional Women and of the North Dakota Federation of Business and Professional Women.

Her bachelor's, master's and Ph.D. degrees are in Sociology with a focus on ethnic and feminist theory and research. Teaching interests include Comparative Ethnic Studies, Gender and Feminist Thought, Environmental Sociology, Social Problems, Gender and Criminology, and American and Global Family.

The lecture is free and open to the public. An informal reception will follow the presentation. Parking on the MSU campus is unrestricted after 5 p.m.

For more information about Northwest Art Center activities, call 701-858-3264.

QUALITY + AFFORDABILITY + EFFICIENCY + SATISFACTION

We're truly honored.



Trinity Health has been recognized as a 2010 Hospital Value Index™ Best in Value™ Award winner!

The Hospital Value Index™ honors our achievements and demonstrates the success that exceptional hospitals, like Trinity Health, have achieved in quality, affordability, efficiency and patient satisfaction.



To learn more about Trinity Health visit our website: www.trinityhealth.org

Trinity Health | Minot, ND | (701) 857-5000

Today

- **Family Bowl-a-Rama**, 1700-1900, Rough Rider Lanes
- **14th Annual Kids Block Party**, 1700-1930, Youth Center
- **Phil Baker's Children Concert**, 1830-1930, Youth Center
- **Open Mic Night**, 1900, J.R. Rockers
- **Pre-Teen Dance**, 2000-2200, Youth Center
- **Teen Dance**, 2200-2300, Youth Center
- **Lights & Strikes**, 2200-2400, Rough Rider Lanes

Saturday

- **Zumba**, 1000, Fitness Center
- **Lights & Strikes**, 2200-2400, Rough Rider Lanes
- **Hip Hop Nite**, 2300-0400, J.R. Rockers

Sunday

- **All-Ranks Champagne Brunch**, 1030-1330, JDC
- **TurboKick**, 1300, Fitness Center
- **Traditional Service**, 1000 North Plains Chapel
- **Gospel Service**, 1130 Northern Lights Chapel
- **Contemporary Service**, 1400 North Plains Chapel

Monday

- **Ladies Day**, 0800-1200, Rough Rider Golf Course
- **New Parent's Play Group**, 1000-1130, Youth Center
- **Step Class**, 1700, Fitness Center

Tuesday

- **Home Based Business Workshop**, 1300-1500, A&FRC
- **Family Night**, 1700-2100, J.R. Rockers
- **Veterinary Appointments Available**, Call 723-6449

Wednesday

- **Start Your Own Business Workshop**, 0800-1300, A&FRC
- **Fajitas & \$1 Drafts for Members**, 1630, J.R. Rockers
- **4-Day Childbirth Class (1 of 4)**, 1900-2100, A&FRC
- **Veterinary Appointments Available**, Call 723-6449
- **Feed Your Faith Night**, 1730-1930 North Plains Chapel

Thursday

- **Teen Life Skill**, 1530, Youth Center
- **Recipe Swappers Club**, 1830, Library
- **Last day to register for Un-Birthday Party**, A&FRC

May 6

- **Jewelry Making Class**, 1030-1200, Arts & Crafts
- **Cinco De Mayo Celebration**, 1630-1900, JDC
- **Cinco De Mayo**, 1630-2000, J.R. Rockers
- **Kids Night Out**, 1830-2100, Youth Center
- **80's Rockin-n-Rollin Skating Party**, 2000-2230, Youth Center
- **Lights & Strikes**, 2100-2300, Rough Rider Lanes
- **Last day to register for Babysitting Course**, Youth Center
- **Last day to register for MAFB Triple Crown**, Fitness Center

May 7

- **Mother's Day Special**, All Day, Rough Rider Lanes
- **MAFB Triple Crown**, 1200, Fitness Center
- **Un-Birthday Party for Families of Deployed**, 1600-1730, Youth Center
- **End of Season Tournament 9 Pin No Tap**, 1700-2100, Rough Rider Lanes
- **Rocker's Old School Night**, 2100-0100, J.R. Rockers

Ongoing Events

- **Equipment Orientation Class**, By appointment, Fitness Center
- **On-Base Roadside Assistance**, Auto Hobby
- **Rough Riders May Specials**: Kat's Sausage Pizza & Sub

- **Wrap of the Month - May- Beef Fajita**, J.R. Rockers
- **Youth Employment Skills**, for ages 13-18, Youth Center
- **Register for Summer Leagues at Rough Rider Lanes**
- **T-ball, Baseball & Softball Registration starts**, Apr 25-May 20, Youth Center
- **Rough Rider Golf Course Now OPEN! Walking Only, No Carts**

Praise Jam!

Please join us on April 30 at 6 p.m. in the North Plains Chapel, Minot AFB as we praise, sing, shout, mime eat, fellowship and dance in honor and worship of God!

School Carnival

The School Carnival at North Plains Elementary will be on May 13th from 4pm-8pm.

The Happiness Experiment

The Airman & Family Readiness Center is looking for individuals willing to commit to an hour and a half twice a week for four weeks to participate in The Happiness Experiment. Session begins on Tuesday, May 3rd from 3:30-5 p.m. and continues each Tuesday and Thursday through May 26th. Join us for facilitated group discussions designed to boost your happiness. Participants' results will be monitored at predetermined intervals and potentially utilized to support future scheduling of The Happiness Experiment. To register, contact the Airman & Family Readiness Center at 723-3950 or e-mail family.support@minot.af.mil.

SBA Home Based Business Workshop

The Airman & Family Readiness Center will host a Small Business Administration (SBA) - Home Based Business Workshop on May 3rd from 1 p.m. to 3 p.m. This free workshop provides an introduction into the steps needed to set up a home-based business in an efficient and effective manner. Participants will learn how to avoid common mistakes and pitfalls that affect many home-based entrepreneurs. Among the key issues to be covered are: evaluating the business opportunity, advantages vs. disadvantages of having a home business, finding the right "space" in your home, and marketing options. The workshop is open, free of charge, to all active duty members, spouses, family members, DoD and NAF civilians. To pre-register, contact the Airman & Family Readiness Center at 723-3950.

Start Your Own Business Workshop

The Airman & Family Readiness Center will host a Small Business Administration (SBA) - "Start Your Own Business" Workshop on May 4th from 8 a.m. to 1 p.m. Studies show the mortality rate among new businesses is very high. The purpose of this workshop is to help prospective business owners identify and minimize the risks associated with opening a new business. Among the key issues to be covered are: evaluating the business opportunity, creating a unique business identity, regulations and the business plan, and finding the money. The workshop is open, free of charge, to all active duty members, spouses, family members, DoD and NAF civilians. To pre-register, contact the Airman & Family Readiness Center at 723-3950.

Mother's Day Special on May 7th

Celebrate Mother's Day early with a trip to Rough Rider Lanes on May 7th. All day, moms can bowl up to three free games with free shoe rental when accompanied by spouse, children, or the entire family who bowl at regular open play rate. Rent-a-lane will not be available for this event. For details, call Rough Rider Lanes at 727-4715.

\$300 Guarantee Purse Tournament

Rough Rider Lanes is hosting an End of Season Nine Pin No Tap Tournament on Saturday, May 7th from 5-9 p.m. This tournament features a \$300 guarantee purse. Cost is \$25 per person; must have at least 20 bowlers to conduct this event. Participants must be 18 years of age or older to bowl in this tournament. For additional details, call Rough Rider Lanes at 727-4715.

Rockers Old School Night

Come to J.R. Rockers on May 7th for Old School

Night from 9 p.m. to 1 a.m. Enjoy a drink with your friends while you listen to your old time favorite music. J.R. Rockers DJ will be playing smooth and easy music to bring you back to the old school days. Call J.R. Rockers at 727-ROCK for more information.

Youth Job Fair

The Airman and Family Readiness Center is hosting a Youth Job Fair on Monday, May 9th from 5-7 p.m. at the Youth Center. This is a great opportunity for eligible youth family members looking for employment. Both on-base and off-base employment agencies will be available. No registration is necessary to attend. Call the Airman and Family Readiness Center at 723-3950 for more information.

Fitness Bingo

B9...BINGO! Five fitness classes...BINGO! The Fitness Center is hosting Fitness Bingo from May 1st through May 31st. Win a prize for completing the required workouts on your bingo card. Participants must complete one regular bingo, either horizontally, vertically, or diagonally by May 31st. Participants may pick up their bingo card and guidelines at the Fitness Center customer service desk. Event is open to all DoD ID card holders 16 years of age or older. For more information, call the Fitness Center at 723-2145.

Relay for Life

Relay for Life is the world's largest movement against cancer. Every year, millions of people gather together to remember those they have lost, celebrate those who have survived, and raise money towards finding a cure. This year, the Minot CGOC is forming a team to participate in the Relay for Life, June 10 at 7 p.m. that the city of Minot is hosting. We encourage you to join our team or help raise funds and awareness to save lives by donating to our team. Spouses, dependents and civilians are more than welcome to join!

Summer Lodging Crunch

Availability of lodging rooms, both on and off base, will experience critical shortages affecting both PCS and TDY personnel. We count on off-base hotels to meet demand, and those accommodations are increasingly scarce. Due to the economic boom in NW North Dakota, alternate accommodations could be above the area per diem rate or as far away as Bismarck. We anticipate on-base TLF accommodations will be booked up to 90 days in advance. PCSing families and sponsors should make reservations as soon as the need is known. Be sure to contact the Sakakawea Inn for contract quarters or non-availability documents. Avoid reservation requests during the ND State Fair, 22-30 July as there will be no lodging available in the area.

Youth Employment Skills Program

The Air Force Aid Society (AFAS) offers an on-base Youth Employment Skills (YES) Program that allows eligible youth an opportunity to learn valuable work skills while having a positive impact on their base communities. The YES program allows all certified and enrolled high school student to "bank" volunteer dollar credits towards their post-secondary education/training at a rate of \$4 per hour volunteered in an on-base position. For more information or to enroll in this great opportunity to "learn and earn", contact the Youth Director at 723-2838.

Local Cultural Dancers Needed

The Minot AFB planning committee for the upcoming Minot Diversity Day is seeking dancers who specialize in: American Indian, African, Hispanic/Latino, Tahitian, Asian/Pacific Islander, Turkish, European and other historical dance genre. The event is scheduled for 19 August 2011. Interested groups/individuals should contact the Minot Equal Opportunity Office at DSN: 453-2711 or Commercial: 701-723-2711 for additional information.

Cultural Diversity Day

Andale, andale...Please join us for The Cultural Diversity Day on Friday, 19 August 2011 in the JDC. We would like to invite all the Hispanic community to participate in this event. The event will include free food, games, dance, food demonstration, give away prizes. If you would like to be part of this event please feel free to contact Mrs. Large at 723-7585 (POC Latin/Hispanic Committee).

Chrysler Drive/Bingo Night

Help raise money for Bell School - test drive Chrysler, Friday, April 29, 5:00 - 8:00 PM. We need 150 licensed drivers (eighteen or older) to drive and Bell school will receive \$10 per person! Bingo will be played from 6:30 - 8 p.m. and food will be served 5:30 - 7 p.m.

H.M.S. Pinafore

Our Redeemer's Christian School will be presenting Gilbert and Sullivan's "HMS Pinafore". This musical takes place on a ship in the British Navy in the 1860's and is full of great music, romance, mixed-up identities and loads of humor. Performances are Friday, April 29th at 7 p.m. and Saturday, April 30th at 2 p.m. at Our Redeemer's Church - 700 16th Ave. SE.

Spring Honor Dance and Pow Wow Celebration

The 22nd Annual MSU Native American Cultural Awareness Club will present this celebration on April 29th and 30th, 2011 at the Minot State Dome. There will be tables available for vendors for \$75.00. For more information, call 1-800-777-0750 or 858-3365

Nodakords Good Time Music Show

The show will start on Saturday, April 30th at 7:30 pm at the Sleep Inn & Suites. Featuring: Nodakords, Directed by Gordon Troxel, Dakota Blend, Dixieland Band with Mystery Emcee. With special guests: Dakota Rose Band, McKensie & Nacey Jo Larson. Tickets are available at the door for \$15. 12 years old and younger free.

Annual Spring Bouquet

Augustana Lutheran Church located at 321 University West (across from Minot State University) will have having their annual Spring Bouquet on Saturday April 30th. Crafts, bake sale, grandmas attic, plants, raffle and silent auction items will be on sale from 9:30am-2pm. Lunch will be served from 11 a.m.-1:30 p.m. featuring Oriental Chicken Salad with dessert for \$7.

Bread of Life Lutheran Church Bake/Rummage Sale

The women of the Bread of Life Lutheran Church will host a rummage/bake sale on Saturday, April 30th at the church from 8 am - 1 pm. There will be a big bag sale from 12 Noon to 1 pm. The day will also feature morning coffee with home-made caramel rolls and doughnuts and a noon lunch beginning at 11 am. Proceeds of the day will be used for scholarships for youth attending Bible Camp. For more information, call Joylea at the church at 838-3360

Phil Baker Concert

Celebrate the Week of the Young Child with a FREE children's concert on Saturday, April 30 at Dakota Mall at Penny's Court, 1 p.m. - 2 p.m. Hosted by Minot Early Childhood Education Association (MECEA) For Children of all ages.

Dinner & Silent Auction to help Minot Youth

Jon Haskins, 16 year old son of Art & Kathy Haskins was diagnosed with Crohn's disease 5 years ago. He has had several surgeries, but the last one at Mayo was very life changing, he had to have an ileostomy bag. A sloppy joe dinner & silent auction fundraiser with matching funds thru Thrivent is planned for Sunday, May 1, 2011 from 12 noon to 2 p.m. at New Life Lutheran Church, 710 46th Ave NE, Minot.

Peace Lutheran Turkey Dinner

Join us on Friday, May 1st at 11 am to 2 pm at the Burlington Elementary School. Adults \$8, Children 5-12: \$5, Under 5 are free "to go orders will be available" Choice funds may be available by Thrivent for Lutherans. For more information contact Sandy Burner at 838-0256 or Jacki Haider at 852-9321.

A Chorale Potpourri

The Minot Chamber Chorale will end its season with 'A Chorale Potpourri' on Sunday, May 1, at 3:00 pm at the First Presbyterian Church. The Chorale will end its season with a variety of vocale favorites. The potpourri of musical selections will include modern compositions, spirituals and folk songs. Th event will conclude with our popular ice

cream social. No admission charge (a free will offering will be taken).

Spring Fling Art Show & Sale

Lakeview Art Club of Kenmare will present this event. Join us in Kenmare on Sunday, May 1st from 1-4pm then again on Monday, May 2nd from 9am to 2pm at the Janelle Art Studio Downtown Kenmare.

Benefit Brunch for Bryson

The benefit brunch will help with medical expenses. The date is Sunday, May 1st from 9:30 am to 1 pm at the Sts. Peter and Paul Catholic Church, Kalrsuhe, ND. Free will offering. There will also be a raffle and drawings.

Masquerade \$5 Jewelry and Accessories Sale

Experience the Frenzy! The sale will be held on Tuesday, May 3rd from 7am to 5pm and Wednesday, May 4th from 7am to 3pm. Join us at Trinity Health Trinity Hospital Skywalk. Cash, Checks, and Credit Cards Accepted. Proceeds Benefit Trinity Health Auxiliary.

International Coin Collectors Association

Top Experts in the country will be in town to examine your rare coins, silver coins, collections, gold bullion, investment gold, silver rounds, proof sets etc. This event is free and open to the public with no item limits. Please join ICCA at the Comfort Inn, 1515 22nd Ave S.W., Minot, ND 58701. Tuesday, May 3- Friday, May 6 , 9 a.m. to 6 p.m. and Saturday, May 7, 9 a.m. to 4 p.m.

SVAS Garage Sale

The Souris Valley Animal Shelter's Garage Sale will take place on Fri, June 10th and Sat, June 11th from 8:00 am-5:00 pm. Come shop till you drop to help our furry friends! Drop off your items to the shelter from May 3rd thru May 28th... nothing before May 3rd please! All items must be CLEAN and in working order. No clothing or stuffed animals! For more information, contact Susan at 701-839-6770

National Day of Prayer

Thursday, May 5 at the International Inn - Grand Ballroom.

- The Ballroom will be open all day (10 a.m.-7 p.m.) for people to come and pray...staying as long as you like.
- Community Prayer Gathering - The focus will be on seeking God and His Righteousness for our city and country, 12 Noon - 12:50 p.m.
- Community Prayer Service - Prayer will focus on the "nine mountains of influence" (Church, family, education, government, media, arts/entertainment, business, military and Israel), 7 p.m.

For More Information Contact the Minot National Day of Prayer Planning Committee at (701) 720-8667 or (701) 721-2211.

Minot Prairie Quilt Guild

The Quilt Guild meets the first Thursday of the month beginning with refreshments, an educational program, quilt dilemmas, and show-and-tell. The program for May will be a Spring Tea with Julia Mehlhoff, Bottineau, as speaker. All interested persons are invited to attend. For more information, contact Becky at 838-0270. The meeting will be May 5 at Vincent United Methodist Church, 6:45 p.m.

Spring Sale - Open House

This is a spring sale of the independent consultants around Granville. There will be Pampered Chef, Scentsy, Tastefully Simple, Mary Kay, Tupperware, and Handmade Jewelry. Come out and shop around on Saturday, May 7 at the Granville Community Center from 10 a.m. to 2 p.m.

Tom Roark Benefit Spaghetti Dinner

We are having a freewill spaghetti feed, silent auction, raffle and bake sale to raise funds for Tom Roark. He has stage 4 Renal Failure and is on the list to get a living donor kidney. It will be held in the National Guard Armory in Rugby, ND from 12 noon to 4 p.m. on Saturday, May 7.

2011 Salute to Senior Event

The Minot Senior Coalition is proud to present the 2011 Salute to Senior Event, Tuesday, May 10th, at the All Seasons Arena. The theme for this

year's event is "The Power of North Dakota." The event runs from 9 AM to 3:30 PM and the cost is \$12 per seat. Cost includes a hot meal, great door prizes, and a day of entertainment. There is going to be great entertainment from Taylor Falcon, Dakota Rose, Lois Zahn, Ara Bruce, and The Baptist Boys. There are also going to be speakers from Verendrye Electric and Enbridge, and as always, there will be booths from local businesses and organizations that provide great information and resources to all those that attend this event. Be sure to reserve your seat by May 3rd. Reservations can be made by calling the Minot Senior Coalition at 701-857-0509 or by mailing your reservation to: Minot Senior Coalition, PO Box 326, Minot, ND 58702.

The View to Honor Area Nurses

In honor of National Nurses Week, The View is hosting a Fiesta in appreciation of our area's Registered Nurses (RNs) and Licensed Practical Nurses (LPNs). The event will be held Thurs., May 12 from 4:30-6:00pm at The View on Elk Drive. Admission is free and open to all area RNs and LPNs. The View is located at 2905 Elk Drive in Minot. For more information call The View at 852-7700.

Hoofin' It for a Cure-Cancer Awareness Ride

The Hoofin' It for a Cure-Cancer Awareness Ride will be held May 14 & 15. This is a 2-day 32 mile horseback ride from Roseglen to Garrison to raise cancer awareness and a fundraiser for the American Cancer Society. A free will donation is required to ride. Snacks, drinks, and meals will be provided along the way. There will be camping at the Sharon and Larry Iverson farm 12 miles west of Garrison. No stallions, no dogs, and no alcohol during the ride. For more information call Dawn Kolden at 701-743-4322. Pre-registration is appreciated but not required.

Pot Luck Benefit for Jim Moseanko

Join us for the pot luck. The benefit will be held on Sunday, May 15th at the Butte Legion Hall from 12:30 to 2pm. This benefit will help with medical expenses and supplemental funds have been requested from McLean County Chapter of Thrivent Financial for Lutherans.

Breakfast Benefit & Silent Auction

We are holding a Breakfast Benefit & Silent Auction in honor of Minot Resident Craig Gillmore. on Sunday, May 15 at St. Paul's Lutheran Church (200 Burdick Expressway East) starting at 8 a.m. Craig was diagnosed with Progressive Ulcerative Colitis in January. He had emergency surgery on Feb 17 and has been in the hospital since. This is to help with medical costs. An account has been set up at Town & Country Credit Union at 615 Broadway, Minot, c/o Craig Gillmore. Over 30 Silent Auction items & Free Will offering.

Scandinavian Heritage Park Opens

The Scandinavian Heritage Park will be opening on Tuesday, May 17. The 14 acre park celebrates the heritage from Denmark, Finland, Iceland, Norway and Sweden. Buildings are open when volunteer greeters are present. 9 a.m. to 9 p.m. Mon - Friday, 9 a.m. - 4 p.m. Saturday, and 1 p.m. - 4 p.m. Sunday.

"Get Smart" by Mouse River Players

Join us at the Mouse River Players Community Theater at 115 1st St SE for "Get Smart", the hilarious spoof spy thriller, presented May 19, 29,21 at 7:30 p.m., and on May 22 at 2 p.m.

Gymagic 1st Annual Pancake & Sausage Breakfast

Gymagic Gymnastics 1st Annual Pancake & Sausage Breakfast Sunday, May 22, 2011 from 7 a.m. to 1 p.m. at the Minot Moose Lodge. A large selection of raffle baskets will be available.

Panda Mania

Where God is Wild about you! Ready for a Wild Adventure? New friends, amazing crafts, wild games, lip-smacking snacks, wild bible adventure and incredible music. The event will take place at Our Redeemer's Church, June 6-10 from 9 a.m. to 12 noon. For kids entering kindergarten through 6th grade 2011-2012. For more information call Our Redeemer's Church at 838-0250 or visit the Children's Ministry page at www.ourredeemers.org. Located at 700 16 Ave SE in Minot.

Global Strike commander challenges scholars to lead in times of change

by Megan Meyer

Air Force Global Strike
Command Public Affairs

SHREVEPORT, La. - The commander of Air Force Global Strike Command recently spoke at a scholarship banquet honoring high school students planning careers in science, technology, engineering, mathematics and information technology.

"Our modern world is characterized by change," Lt. Gen. Jim Kowalski said in front of almost 400 military and community leaders. "The challenge is how we adapt to those changes."

Also in attendance at the annual scholarship awards ceremony April 21 were the scholarship winners, their families and members of the Armed Forces Communications and Electronics Association.

Ten scholarships were awarded to local high school students based on recommendations from teachers, community leaders and employers.

Scholarship decisions included consideration of applicants' participation in school and community, their commitment to university-level technical studies, and their ability to maintain at least a 3.0 grade point average.

"This scholarship makes a big difference in my life," said Ms. Sylvia Lemley, winner of the AFCEA General Dynamics Diamond Partner Scholarship and corps commander of the Air Force Junior ROTC program at Parkway High School in Bossier City.

"Six months ago I didn't know if I was going to be able to afford to go to college, but with this scholarship, I can."

Sylvia plans to attend the University of Louisiana-Monroe in the fall, and gave credit to her ROTC instructor, Lt. Col. Dave Hadden, for suggesting she apply for the scholarship.

General Kowalski offered three pieces of advice to the scholars.

First, he challenged them to build character. "All of you are architects of your own character," General Kowalski said. The strength of one's character helps an individual to deal with rapid changes, he said.

Second, General Kowalski told the scholars it is important to think for themselves. Experts often provide an "illusion of certainty," the general said.

"Take their information, but don't shut off your own brain as you live your life... you are accountable for your own decisions," he said. Finally, leadership is about change, the general said.

"Part of what you have to do as a leader is to recognize the face of change and take your people to the next level."

AFCEA members and community leaders from across Shreveport-Bossier City sponsored the scholarships and the event.

Mr. John Hubbard, manager of external affairs for Southwestern Electric Power Company, said "there is no better relationship" than the one that exists between Barksdale and the Shreveport-Bossier City community.

For more information about Air Force Global Strike Command, visit us on Twitter @afglobalstrike or check out our Facebook page at www.facebook.com/AirForceGlobalStrikeCommand.



(U.S. Air Force photos/Airman 1st Class Micaiah Anthony)

The commander of Air Force Global Strike Command, Lt. Gen. Jim Kowalski, addresses the audience at the Armed Forces Communications and Electronics Association Ark-La-Tex Chapter Scholarship Awards Ceremony at Sam's Town in Shreveport, La., April 21. General Kowalski was the guest speaker for the event, where ten scholarships were presented to local high school students planning careers in math, science and technology.



Scholarship winners at the Armed Forces Communications and Electronics Association Ark-La-Tex Chapter's Scholarship Awards Ceremony pose for a photo at Sam's Town in Shreveport, La., April 21. The award winners received a \$3,000 scholarship, backpack, printer and laptop.



(U.S. Air Force photo/Airman 1st Class Micaiah Anthony)

Winner of the AFCEA General Dynamics Diamond Partner scholarship, Ms. Sylvia Lemley, applauds at the Armed Forces Communications and Electronics Association Ark-La-Tex Chapter Scholarship Awards Ceremony at Sam's Town in Shreveport, La., April 21. Ms. Lemley is one of ten local area high school students who were presented scholarships to continue education at the university level in math, science or technology. The commander of Air Force Global Strike Command, Lt. Gen. Jim Kowalski, served as guest speaker.

You have been authorized to save time and money

By Brian P. Smith

TriWest Healthcare Alliance

How can TRICARE help you be healthy, wealthy and wise? In this article you will learn how to:

- Work with your primary care manager to keep your health in check
- Protect your wallet from unnecessary out-of-pocket expenses
- Make your specialty appointments more quickly.

It may start when your primary care manager (PCM) refers you to a provider outside of the military clinic for specialty care. Your PCM and the military clinic are your health partners. They

help you manage your routine and specialty health care.

TriWest gets the referral and then sends you an authorization for a number of visits within a certain time period for a specific type of care.

It is important that you know two things: how many visits and how long?

If you need additional visits – either more than were originally authorized or extending beyond the original time period – you will need to contact your PCM or the military clinic referral office. They may submit a new referral or may request that you visit your PCM.

If you see a specialist without a current referral in

place, you would pay toward a deductible and then a 50 percent cost share. This is known as point of service (POS).

Active duty service members cannot use point of service. Without a referral, they may be responsible for the entire cost.

That's how you can save money. So how do you save time? Easy! Register for paperless authorization letters at www.triwest.com/GoGreen. Don't wait days on a mailed authorization letter. Electronic notifications are sent within 24 hours of being processed. You can schedule your specialty care visits that much sooner.

Surprise Mom this Mother's Day

Show her how special she is with one of these unique gifts

Pick-a-Petal
Mother's Day Sale
May 5th - 8th



Gourmet Chef, Inc.
122 South Main Minot • 839-8928 • www.gchef.com

COOKIES For you, and cakes, too



A Cookie Gift & Bouquet Company

No Matter where Mom is this year, show her how much you care with a cookie and candy bouquet from Cookies For You, Inc! We ship everywhere!

- Cookie Pizzas
- Sweets Trays
- Cookie & Candy Bouquets

We deliver locally, on base
117 S. Main • 701-839-4975
www.cookiesforyou.com

Happy Mother's Day

Grand International Mothers Day Buffet
May 8, 2011 • 11 am-3 pm

No waiting in line. All Reservations Seated in our new Grand Ballroom. All Walk-ins Seated in Convention Center.

Chef Sliced Prime Rib • Roast Loin of Pork
Breast of Chicken Kiev • Wild Rice
Baby Red Potatoes in Parsley Butter
Fresh Spring Vegetables • Fresh Fruit Trays
Tossed Salad • Array of 6 Assorted Salads
Selection of Sweet Desserts
Adults \$14.95 • Children 4-12 \$6.25
3 and under eat Free
Reservations requested for 10 or more
Additional seating available in the Grand Ball Room
Full Primo Menu available 11am-9pm

GRAND International
1505 N. Broadway
852-3161

The purrr-fect gift for Mother's Day!



The Zoo is selling discounted memberships for Military members! Find us at the BX Saturday, May 7th, from 10 am to 4 pm.

Normal rates are:	Military Rates are:
\$35 Single	\$30 Single
\$55 Family	\$50 Family
\$80 Family Plus	\$75 Family Plus
\$55 Grandparents	\$50 Grandparents
\$105 Patron	\$100 Patron

This discount is for Saturday, May 7th, only.

1219 East Burdick Expressway
Minot, ND 58701
(701) 857-4166
www.rpzoo.com



Berni's
Hair Designers Inc.

Happy Mother's Day



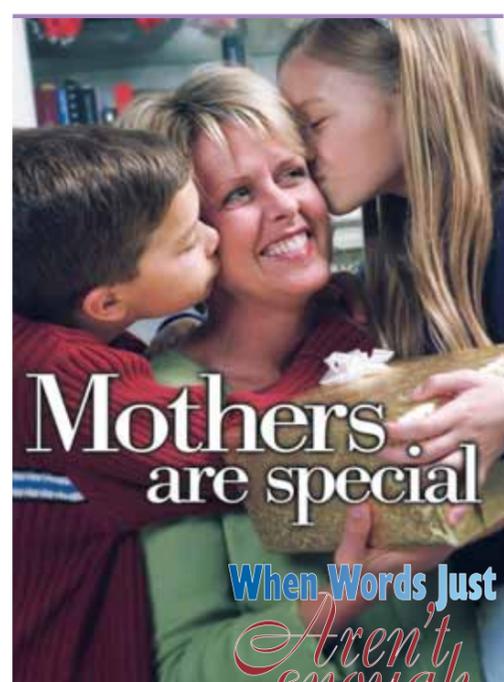
Full Service Salon
• Reflexology
• Facials
• Color Techniques

Gift Certificates
Make Great Gifts

Trend Setting Hair Styles

2001 3rd St. NW • Minot
852-5095

Mothers are special
When Words Just Aren't Enough



- Layaway available
- Military discount offered
- Knowles Charge Card offers 6 months interest free financing

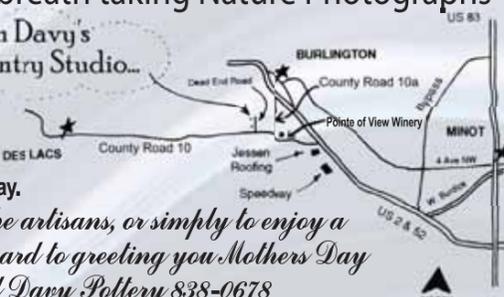
Knowles
MINOT ND

515 20th Ave. SE, Suite #4
838-3523 • 1-800-735-5934

19th Annual Mother's Day Weekend
Beyond Pottery & Jewelry
Show & Sale

Unique Pottery, Handmade Jewelry, Fabulous Glass Art, Intricate Scroll Saw Art and breath taking Nature Photographs

Directions to Susan Davy's Country Studio...



From Minot 6 miles West on US Hwy 2 & 52. Just pass Speedway turn left on County Hwy 10 towards Des Lacs. Watch for Signs!
Stop and visit Pointe of View Winery along the way.

Come to buy the art works, to meet the artisans, or simply to enjoy a spring day's adventure! We look forward to greeting you Mothers Day Weekend. For more info call Davy Pottery 838-0678

Friday May 6th
Noon till 7:00 pm
Saturday May 7th
10:00 am till 6:00 pm
Sunday May 8th
Noon till 5:00 pm

World's Top Coin Collectors in Town Next Week to Purchase All Types of Coins!

By **KEN MCINTOSH**
STAFF WRITER

ICCA will be placing ads in newspapers, radio and running television spots next week asking people to bring in any old silver and gold coins made before 1965. Those that bring in their coins will be able to speak with collectors one on one and have their coins looked at with an expert set of eyes. With the help of these ICCA members, offers will be made to those that have coins made before 1965. Offers will be made based on silver or gold content and the rarity of the coins. All coins made before 1965 will be examined and purchased including gold coins, silver coins, silver dollars, all types of nickels and pennies. Those that decide to sell their coins will be paid on the spot.

If you are like a lot of people you might have a few old coins or even a coffee can full lying around. If you have ever wondered what they are worth now might be your chance to find out and even sell them if you choose. They could be worth a lot according to the International Coin Collectors Association also known as ICCA. Collectors will pay a fortune for some coins and currency for their collections. If it is rare enough, one coin could be worth over \$100,000 according to Eric Helms, coin collector and ICCA member. One ultra rare dime, an 1894S Barber, sold for a record \$1.9 million to a collector in July of 2007. While that is an extreme example, many rare and valuable coins are stashed away in dresser drawers or lock boxes around the country. The ICCA and its collector members have organized a traveling event in search of all types of coins and currency. Even common coins can be worth a significant amount due to the high price of silver and gold, says Helms, Washington quarters and Roosevelt dimes can be worth many times their face value. Recent silver markets have driven the price up on common coins made of silver. Helms explains that all half dollars, quarter and dimes made before 1965 contain 90% silver and are sought after any time silver prices rise. Right now it's a sellers market he said.

What We Buy:

COINS

Any and all coins made before 1965, rare coins, entire collections, Silver Dollars, Half Dollars, Quarters, Dimes, Half Dimes, Nickels, Three Cent Pieces, Two Cent Pieces, Cents, Large Cents, Half Cents and all others.

PAPER MONEY

All denominations made before 1934.

GOLD COINS

Including \$20, \$10, \$5, \$4, \$3, \$2.5, \$1, Private Gold, Gold Bars, etc.

INVESTMENT GOLD

Kruggerands, Canadian Maple Leafs, Pandas, Gold Bars, U.S. Eagles and Buffalos, etc.

GOLD

IS TRADING AT ALL TIME HIGHS
NOW IS THE TIME TO CASH IN!

SCRAP GOLD

Broken and unused jewelry, dental gold.

JEWELRY

Diamond rings, bracelets, earrings, loose diamonds, all gem stones, etc.

PLATINUM

Anything made of platinum.

SILVER

Flatware, tea sets, goblets, jewelry, etc. and anything marked sterling.

The rarest coins these collectors are looking for include \$20, \$10, \$5 and \$2 1/2 gold coins and any coin made before 1850. These coins always bring big premiums according to the ICCA. Silver dollars are also very sought after nowadays.

Other types of items the ICCA will be purchasing during this event include U.S. currency, gold bullion, investment gold, silver bars, silver rounds, proof sets, etc. Even foreign coins are sought after and will be purchased.

Also at this event anyone can sell their gold jewelry, dental gold or anything made of gold on the spot. Gold is currently trading at over \$1,100.00 per ounce near an all time high. Bring anything you think might be gold and the collectors will examine, test and price it for free. If you decide to sell you, will be paid on the spot – it has been an unknown fact that coin dealers have always paid more for jewelry and scrap gold than other jewelers and pawn brokers.

So whether you have one coin you think might be valuable or a large collection you recently inherited, you can talk to these collectors for free. If you're lucky you may have a rarity worth thousands. Either way there is nothing to lose and it sounds like fun!

For more information on this event visit the ICCA website at

WWW.INTERNATIONALCOINCOLLECTORS.COM

FREE

ADMISSION CONTINUES IN MINOT EVERY DAY

NEXT TUESDAY - NEXT SATURDAY

MAY 3RD - 7TH

NEXT T-F 9AM-6PM

NEXT SAT 9AM-4PM

COMFORT INN

1515 22ND AVENUE SW
MINOT, ND 58701

DIRECTIONS: (701) 852-2201

SHOW INFO: (217) 787-7767

**WE BUY SCRAP
GOLD & GOLD
JEWELRY**



Here's How It Works:

- Gather items of interest from your attic, safe deposit box, garage, basement, etc. There is no limit to the amount of items you can bring
- No appointment necessary
- If interested in selling, we will consult our collector's database to see if a buyer exists. 90% of all items have offers in our database
- The offer is made on the spot on behalf of our collectors making the offer
- If you decide to accept the offer, we will pay you on the spot!
- You get 100% of the offer with no hidden fees



MILLIONS SPENT!

1000 NATIONAL EVENTS!



1893
Morgan
PAID \$1,800



1916
Mercury
Dime
PAID \$2,800



1932
Washington
Quarter
PAID \$250



1849
Gold Dollar
PAID \$8,500



1803
\$10 Gold
PAID \$14,000

CLASSIFIEDS

www.northernentry.com | nsads@srt.com | 701.839.0946 | 15 1st Avenue SE | PO Box 2183 | Minot, North Dakota

HELP WANTED

THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

MATURE, RELIABLE, TRUSTWORTHY INDIVIDUAL. Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

CARRIERS NEEDED to deliver the Northern Sentry to base housing. Please call Michelle at 838-5937 for more information.

WANTED: Looking for Dependable worker to work part time in Deli at the Commissary. Starting pay \$9.39 hr, 401K, Health and Dental Insurance. Must be 18 yrs or older. If interested stop by the Deli for an application.

JCPenney is hiring.

We're searching for friendly, outgoing people to assist our customers at JCPenney.

- Customer Service Associates
- Commission Shoe Associates
- Salon Stylist

- *15-40 hour positions available
- * Flexible hours, including mornings, mid-day evenings and weekends
- * Friendly atmosphere
- * Merchandise discounts
- * Competitive pay

To join the JCPenney team, apply now at the Associate kiosk at JCPenney in Dakota Square, or visit www.jcpennycareers.com to apply to the store nearest you. EOE.

Every Day Matters™

JCPenney

COLLECTION SPECIALIST
Are you self motivated and looking for a great opportunity, in a progressive fast-paced company?

If so **Procollect Services** has a great opportunity for you. Our Collections Specialist position offers great pay and great benefits, for the right person. Flexible hours, no weekends, four day work week. If interested submit resume to **PO Box 389 Minot, ND 58703**

LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?
The Minot Vocational Adjustment Workshop (MVAW) is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. We are an equal opportunity employer and a drug free workplace.

Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Gail Peterson by E-mail or phone at gpeterson@mvaaw.org (701)852-1014 ext 136

WANTED TO BUY

CASH FOR YOUR UNSOLD RUMMAGE and also buying; old books, records, stereo equip., cameras, Antiques, old postcards, old radios, pottery, glassware, guns, comics, furniture, lamps, jewelry, fishing gear, old signs, marbles, vinyl records, CDs & DVDs, old model kits, old magazines, Pre 1950's, anything else you want to sell. 626-2712

22p4x

Advertise your business in the Northern Sentry Business & Professional Directory for as little as \$6 per week. Call our office at 839-0946 or email nsads@srt.com for more information.

BUSINESS & PROFESSIONAL DIRECTORY

REAL ESTATE

FOR SALE

Century 21 Action Realtors
www.minotsells.com

SUPPORT OUR TROOPS

Century 21 Action Realtors
1370 20th Ave. SW
Minot, ND 58701
(701) 839-0021

To View All Properties Listed In Minot And The Surrounding Areas Go To www.minotsells.com
For More Information Or To Schedule A showing Call A Century 21 Action Agent at 839-0021

MISCELLANEOUS

PROFESSIONAL MEDIATION
1st Session Free for Military
Call Tera at 701-362-7304
www.professionalmediationonline.com

BRADY MARTZ
CERTIFIED PUBLIC ACCOUNTANTS
24 W. Central, Minot • 852-0196
www.bradmartz.com

ARE YOU IN NEED OF HOME REPAIR?
CALL LJJ BUILDING AND REMODELING
Over 20 Years Experience

- Window Replacement
- Siding • Roofing
- Framing
- Concrete Work

For a FREE estimate Call 701-240-9713 (Licensed & Insured)

eLendingNow
PREMIER MORTGAGE CORP.

...Very Fast ...Very Simple
...and the Very Best Rates!

Fast & Free Preapproval VA and FHA Financing

Apply Online at eLendingNow.com

701-838-3247
1408 20th Ave. SW, Ste 3 • Minot, ND 58701

Chad Vogel
Cell 721-5889
NMLS #213256

Mike Lindquist
Cell 578-0478
NMLS #213449

HOBBY SHOP

AEROPORT HOBBY SHOP
RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues.
838-1658
2112 N. Broadway • Minot, ND
Ask for Eva • www.airporthobby.com

STORAGE UNITS

AAA MINI STORAGE
Several Sizes Available
Reasonable Rates, Easy Access, Security Lights
N. Hwy 83 Next to Starr
Fireworks • 852-1157

NORTHERN PRAIRIE CONDOS & STORAGE, INC.
Military Discounts ~ Best Rates
24 Hour Access
701-720-0710 or 701-720-1093
Convenient North Location for Both Base & Minot Customers

Souris River Storage
Located in SE Minot Easy Access
Low Rates
5x10, 10x10, 10x15, 10x20
Call 701-833-5362

KENNELS

Sterling Kennels Inc.
PET BOARDING & GROOMING

"WE DON'T SAY WE'RE THE BEST - WE PROVE IT"

- Most Modern & Complete Pet Facilities You Will Find Anywhere
- Full All Breed Grooming Service
- Indoor/Outdoor Heated Kennels
- Central Air Conditioning
- Individual Daily Exercise
- Pet Supplies
- 24 Hr Vet On Call
- On Premise Security

852-6379
RR #6 • Minot
1 Mile West
Hwy 83 ByPass
30th Ave NW

OPEN 7 DAYS A WEEK 8 A.M. TO 7 P.M.

AUTOMOTIVE

MBM AUTO SERVICE
Minot's Service Specialists
PARTS & SERVICE

VW Diagnostics Check ups

We Specialize in Volkswagen, Audi, and More...

1215 Valley St. 838-9607
Next to Action Wrecking

ACTION AUTO WRECKING

Free Parts Locating service

1215 Valley St., Minot
Formerly Minot Wrecking

We pay top price for cars & trucks, running or not
Selling new, used and rebuilt parts.

Phone 852-2470 or Toll Free 1-800-533-5904 • Fax 838-7627

Minot State UNIVERSITY

Grant Coordinator

MSU has a newly created entity called the Great Plains Center for Community Research & Service (GPCRS) who is recruiting a Grant Coordinator to generate revenue via grants and contracts for GPCRS. More information about GPCRS can be found online at www.minotstateu.edu/gpcrs.

The primary responsibilities for this position include:

- Research external revenue (grants and contracts) opportunities related to the missions of MSU and GPCRS.
- Coordinate the development of grants, contracts, service agreements, procurements and solicitations to federal, state, local and private foundations, corporations, charitable organizations and individuals.
- Create fundable components within larger project concepts.
- Assist the director with the technical writing of all proposal components including concept creation, goals and activities, narrative, budget and attachments.
- Provide expertise and guidance in submission processes.
- Monitor awards including timelines and compliance requirements.
- Assist in the training of faculty and staff in grant writing techniques.
- Assist the director with establishing networks and relationships with external local and state officials to build rapport for the GPCRS and MSU.

Selection Criteria: Requires a bachelor's degree related to business, entrepreneurial, or administration; preference will be given to applicants with a master's degree in any of these areas. Applicants must:

- Have demonstrated experience in technical/grant writing and submission procedures including grant-specific budgeting techniques
- Must be able to interact and communicate with individuals and groups at all levels of the organization
- Must be able to lead teams including MSU faculty & staff in proposal creation and submission
- Must be detailed & task oriented, diligent in follow-through activities, and have excellent verbal & writing skills
- Must have knowledge of standard office equipment including personal computer, printer, fax machine, copier as well as general software
- Must be able to travel in and out of state
- Applicants must have a valid driver's license and successfully satisfy a criminal history background check prior to employment.

Submit MSU application to:

Human Resources Office OR 2nd Floor, Administration Bldg
Minot State University 701-858-3334
500 University Avenue West 701-858-3686 (Fax)
Minot, ND 58707 www.minotstateu.edu/hr/

Minot State University is an equal opportunity and affirmative action employer.

TRANSPORTATION

KARZ4-U AUTO SALES **240-9172**
 1105 16th St. SW • Minot
 Cliff Butler/Retired MSgt
 www.Karz4-U.com

 97 AUDI A6 AWD Wagon, 3 rd row, MINT, 85k \$7,325	 99 GMC SIERRA SLT 4x4 Ext Cab, 132K, Htd/Lthr, NICE \$9,450	 04 OLDS ALERO V6 76,000 miles, Nice, good MPG \$6,995
 99 GMC YUKON SLT 4x4, htd/lthr, 131K Tow pkg, NICE \$6,495	 04 NISSAN FRONTIER Crewcab, 83K, 2WD, Nice Truck \$9,995	 08 CHEVY COLORADO EXTCAB LT 4X4, 1 Owner, MINT, 85K hwy miles \$16,995
 05 FORD F250 SUPERDUTY 4X4, Diesel, 140K, NICE \$16,995	 88 TOYOTA PICKUP 2WD, 5 spd, customized, NICE \$3,995	 04 CHEVY 1500 SILVERADO 4x4 Crewcab, 80K, NICE \$17,995
 96 VOLVO 960 New Tires, 98K, Lthr/Sunroof, NICE \$4,495	 00 FORD F150 Regcab Shortbox 2WD, 140K, Runs good \$4,995	 00 NISSAN XTERRA 4X4 \$7,995

TRANSPORTATION

JOHN'S AUTOBODY

Pays Up To \$500
Insurance Deductibles
 We Guarantee All Work & Color Match
4121 S. Broadway
839-8896

\$\$\$ QUICK CASH \$\$\$
 Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

****GOOD USED CARS FOR SALE**** We buy, consign, take trades and have financing available. Check out our inventory at KARZ-4-U, 16th St. SW (next to High School). Call Cliff (Retired MSgt) at 240-9172. www.karz4-u.com

2004 CHRYSLER SEBRING, 2dr Coupe, 4 cyldr, 28,000 miles Shiny Gray/silver glossy paint Remote starter, 3,000 ft range Yokohama Avid tires, 2 yrs old Vehicle serviced every 3,000, tires rotated/balanced every 6,000 Excellent gas mileage, smooth ride...asking \$8,000 Please call 340-5911 or 837-9693

QUICK CASH!!
 Running & Non-Running Cars & Trucks

Edwardson Sales
839-9512
 We also sell cars \$500 - \$1500
 Give Us A Call!
 Will Haul Junk Cars Free Of Charge

RECREATION

SPORTSMAN'S LOFT
 2800 S. Broadway
 Between Denny's & Penny's
GUNS
Buy, Sell & Trade
 *Handguns *AR - 15's
 *Tactical Weapons (and accessories)
 *Hunting Rifle & Shotguns
 *Large Ammo Section
 *Military Discounts for Glock Firearms
852-4000

Introducing...
Premier
 America's #1 Rated Pontoon

 COME SHOP OUR FULL SELECTION IN OUR LARGE INDOOR SHOWROOM
JEFF'S SPORT SHOP
 www.jeffsportshop.com
 11-54th Ave SE
 Minot ND 838-3229

GOLF CAR SALES, SERVICE & PARTS
 New and used electric, gas, and utility vehicles in stock.
 Your full service EZ-GO golf car dealer.
JB REPAIR, INC.,
 Garrison, ND
 701-463-2054

SELL YOUR ITEMS
AN AD IN THE NORTHERN SENTRY will get the job done! Email your ad copy to: nsads@srt.com

TRANSPORTATION
I BUY CARS OR HAUL JUNKERS AWAY FOR FREE
 - Call Karz 4-U at 240-9172.

HELP WANTED

Park University - Minot Campus Center

Now Hiring!



Administrative Specialist:

Park University at Minot seeks an organized individual to work with adult students, and to act in a comprehensive support capacity. The ideal candidate will be self-motivated, have excellent customer service skills, and be able to learn and work quickly. Computer skills are a must. Flexible hours and competitive wages!

Faculty:

Park University at Minot is now taking applications for Adjunct Faculty to teach freshman through senior level courses in English, Accounting, and Economics. For application instructions please contact the Park University Minot Campus Center.

To apply, please send a letter of interest and resume to:

Park University: Minot Campus Center 210 Missile Ave., MAFB

PHONE: (701) 727-0469 FAX: (701) 727-0470 EMAIL: mino@park.edu WEBSITE: www.park.edu



Discover the Spirit
MOTOR VEHICLE
MINOT BRANCH
 NORTH DAKOTA
 PEACE GARDEN STATE
 Process Title transfers
 Issue Vehicle License Plates & Tabs
 Handicapped Certificates
 Autos • Trucks • Trailers
 Utility Trailers • ATV's
 Snowmobiles • Motorcycles
Open Mon.-Fri., 9a.m.-5:30p.m.
857-8221
 Arrowhead Shopping Center
 1600 2nd Ave. SW • Minot

GARAGE SALES

BUYING NEW & USED FURNITURE, appliances, antiques, couches, loveseats, dining sets, all households. Leaving Minot? Just give me a call on my cell phone 833-9042 or home 839-1776.

MOVING NEED CASH? Sell your used/unwanted items at **MAGIC CITY FLEA MARKET**, April 30 & May 1, State Fairgrounds. Info 852-1289.

STORAGE UNITS GARAGE SALE- April 30th & May 1st. 3721 East Burdick 10am-4pm. Garage rull of: Collectibles, Old Books, Records, Pictures, Old Frames, Newspapers, CDs, VHG movies, lamps, chairs, mirrors, Comic Books, Old Books, Glassware, Collectibles, Comic Books, Glassware, Pottery, much more misc plus more added weekly. **Heavy Duty Legal Size File Cabinets with Cam Out Doors \$50** Questions 626-2712

YARD SALE: 116-1 Sirocco Drive MAFB. Friday, Saturday, Sunday April 29, 30 May 1 and May 6,7,8. Lots of deigner clothes, shoes, handbags. Appliances, movies, games, toys, etc.

SELL YOUR CAR

AN AD IN THE NORTHERN SENTRY will get the job done! Email your ad copy to: nsads@srt.com

Sudoku Answers

9	8	1	2	6	3	5	7	4
2	3	4	1	7	5	8	6	9
5	6	7	8	4	9	2	1	3
3	4	2	7	8	6	1	9	5
6	5	9	3	1	4	7	8	2
7	1	8	9	5	2	4	3	6
4	7	6	5	3	8	9	2	1
1	2	3	4	9	7	6	5	8
8	9	5	6	2	1	3	4	7

Answers to puzzle on page 9

HELP WANTED

Have Something To Sell? Are You Active Duty Military?
 You can advertise it for FREE
 Active Duty military & their dependents will receive a FREE 25 word ad for the sale of personal items. Ad will run for one week. Ads must be for personal sales ONLY. Classified advertising that does not adhere to these guidelines must be submitted as a regular Swap 'n Shop ad. Ads can be dropped off at our office at 15 1st Ave SE, Minot by Noon Tuesday or mailed to: PO Box 2183, Minot, ND 58702. You may also e-mail your ad to nsads@srt.com or fax to 839-1867.



North Dakota RV Dealer
 #1 Motor Home, Towable & Toy Hauler RV Sales

2305 Elk Drive • Minot, ND

Hours: Monday - Thursday 8:00 am - 6:00 pm
 Friday 8:00 am - 5:00 pm • Saturday 9:00 am - 3:00 pm

701-838-4343 • 800-488-7896

www.capitalrv.com

KARZ4-U AUTO SALES **240-9172**
 1105 16th St. SW • Minot
 Cliff Butler/Retired MSgt
 www.Karz4-U.com

 08 TOYOTA CAMRY 5 Spd, Power windows/locks/cruise \$12,995	 05 FORD F150 Regcab, 2 WD w/Blizzak tires, 117K \$7,995	 00 DODGE RAM EXT Sport 4x4, 112K, Leather, Runs/Drives Nice \$7,995
 08 PONTIAC G6 GT Even Smells New, 7200k miles \$14,995	 87 MERCEDES 300E 137K, Sunroof, Classic \$3,995	 08 CHEVY HHR LS 41K, Remote, Warranty \$10,995
 98 MERCEDES ML32 AWD, NICE, 160K, but runs/drives great \$6,995	 06 TOYOTA CAMRY 72K, Very nice local trade \$11,995	 91 TOYOTA 4 RUNNER 4x4, Runs/Drives Good \$3,995
 04 PONTIAC SUNFIRE 67K, Automatic \$5,995	 08 HONDA ACCORD 28K, 1 Local Owner \$17,995	 99 PONTIAC GR. AM SE 4 Dr, 6 Cyl, 101K, Alloys, Spoiler, Red \$4,450

MISCELLANEOUS

Thomas & Thomas

Attorneys At Law

114 South Main Street

- Divorce
- Bankruptcy
- Step-parent Adoption
- Military Law
- Vehicle Accidents
- Criminal Defense
- Child Support
- Child Custody
- Guardianship
- Wills
- Estates
- Juvenile Law
- Personal Injury
- Wrongful Death

852-1602

Richard B. Thomas
Attorney At Law
Former USAF Judge Advocate

Robert S. Thomas
Attorney At Law

RUTHVILLE BARBER SHOP, Mon-Thurs. 8:30 to 5. Appointments or walk ins, haircut, neck shave and shoulder massage for \$13. Call 839-5311 today!

VINTAGE JEWELRY, old tools, used records/CDs, Watkins, Avon, old books/paperbacks, baked goods, and much much more at the Flea Market, Sat. and Sun. at the State Fairgrounds.

Let your mouse navigate you to your next House
brokers12.com
852-3757 • 1-800-568-6671



SHOP MINOT'S Largest Antique & Second Hand Store. DAKOTA ANTIQUES & BOOKS. Clean Used Furniture. #3-1st St. SE. Downtown Minot. 838-1150

SHOP & SAVE

Claset Connection
CONSIGNMENT SHOP



Childrens • Mens • Womens
1515 24th Ave SW
(1 Blk West of Dakota Square)
Mon - Sat 10-6; Sun 12-5

BEAUTY on a BUDGET- Skin care packed with multiple benefits. Special offers you don't want to miss. Free samples so you can try before you buy. Free makeovers and expert tips. Shop at your convenience with my personal delivery. No crowds. No parking hassles. No drain on your gas tank. What better way to get all your skin care and makeup! Contact me today! LEE CLOUSE Mary Kay Independent Beauty Consultant. www.marykay.com/lclouse. 839-0475

CHIROPRACTIC SOLUTIONS - Now open & accepting new patients. Flexible hours including Saturdays. Theurapeutic massage therapist available utilizing various techniques. Lindsey White D.C. & Danielle White L.M.T. 3108 S. Broadway, Suite B, Minot, ND. 58701. 852-3232

MAGIC CITY FLEA MARKET

STATE FAIRGROUNDS • MINOT

Saturday, April 30th • 8 am to 4 pm
Sunday, May 1st • 10 am to 3 pm

ANTIQUES, COINS, BOOKS, JEWELRY, TOOLS, BAKED GOODS, & MORE

LARGE DISPLAY CABINET FOR SALE. Has 2 doors with windows on 3 sides and a mirrored back with lights. No shelves. Asking \$250 OBO, please call (614) 593-1360

65 INCH WIDE SCREEN tv Sony Early Edition HD Call for details You move Beth or Craig 728-6416

FOR RENT

MANAGEMENT OF RENTAL HOMES & APARTMENTS. Professional, experienced, and affordable. Contact Matt or Roger. IPM, Inc. 852-1157

Find **ALL** listed homes for sale in Minot and the surrounding areas at: www.brokers12.com

16x80 MOBILE HOME- 3 bedrooms, 2 full baths, master bath has beautiful garden tub, seperate shower, island kitchen with D/W, W/D, built in Microwave. Oak cabinets through out. Newer flooring and carpeting, central air. The is a very nice mobile home, well maintained. Located in mobile home park in Minot with fenced yard and deck. Asking \$35,200. Call (701) 837-6284

A GREAT LOCATION AT A LOW PRICE! Single family home w/ 5 bdrms, 3 baths & all the storage you can imagine. 5 car garage. Just over 3 3/4 acres all for an excellent price in Towner, ND. 40 miles East of Minot. Call Andrew Hanselman of Century 21 Action Realtors at 716-397-4946 or 839-0021.

Do you show attention to detail, have a willingness to learn and love working with people?

We're looking for a self-starter who is interested in a challenging, rewarding position as a Newspaper advertising sales person with the Minot Air Force Base newspaper, Northern Sentry.

We offer a competitive wage and a good work environment in our Downtown Minot office, great co-workers. 32 plus hours a week. Here is your chance to put your talents to work producing a vital newspaper. Position offers the opportunity to help our team with administrative duties and design. We'll train the right person. Call Sharon at 839-0946 for details or send e-mail to nsads@srt.com

Minot Catholic Schools
Welcome Home!
Bishop Ryan High School
Little Flower Elementary School
701.838.3355

Check us out online each week at www.northern Sentry.com

Welcome to Your New Home



1ST MINOT REALTY
219 S. Main
852-0136

www.cbminot.com • cb@minot.com

An Independently Owned and Operated Member of Coldwell Banker Real Estate Corporation

\$325,000 Berthold



Check out this Gem in Berthold! This spacious ranch style home has 4 plus bedrooms, 3 bathrooms, 2 family rooms, updated kitchen with custom hickory cabinets and a convenient mud room off of the garage. Laundry is on the main floor. Call Sara Luedke Today! 20110558

\$144,900



3 bedroom single bath home with updates through-out. Remodeled bath and bedrooms, newer flooring, and furnace with central air 5 years old. Lower level office (non-egress bedroom) and family area. Close to Lincoln School. Room to build on! Call Lorell Seibold Today! #20110552

\$109,900



Cute 2 bedroom home in SW Minot, close to school and library. Home has a newer furnace and a new roof put on in 2008. Enclosed entrance to the home and a small storage shed. Call Erich Sinn Today! #20110543

\$214,700



Move right into this well kept 3 bedroom 2 bathroom home in a great NW location. Beautiful large fenced yard with fire pit, shed, hot-tub with gazebo and a double attached garage. Call Aisha Vadell Today! #20110529

\$342,500



Enjoy the spectacular view from this quiet setting in SW Minot. This beautiful condo in Elk Ridge with 3 bedrooms, 3 bathrooms and 3 car garage. Walk-out lower with many built-ins and a bar with granite counter tops. A must see Condo! Call Bruce Walker Today! #20110522

\$30,000 Lansford



Very Unique ROUND home with steel framework and fiberglass exterior sides and roof. Bathrooms are operational. Interior needs to be completed. Situated on 5 city lots. Call Tony Alef Today! #20110524

\$135,000



Main level condo that has a pleasant view. There is a gas fireplace in the living room to keep you warm on those cool nights. Large master bedroom has ample closet space and a connected master bathroom that has a Jacuzzi tub, Central air and an underground heated 1 car garage, elevator and security system entrance. Call Virginia Slavick Today! #20110448

\$249,900



DON'T MISS OUT!! Over 3500 square feet of living space. Main floor features 3 bedrooms, 1 bath, large living room with newer flooring and a fireplace. Nice sized kitchen and dining room. Lower level consists of 1 non-egress bedroom and a renovated 3/4 bath. Call Jerry Thomas Today! #20110374

\$151,900 Surrey



3 bedroom 2 bath ranch style home in Surrey. Remodeled lower level with family room and 2 more non-egress bedrooms. Walk-out to newer deck with hot tub in a large fenced back yard and a double garage. Call Lorell Seibold Today! #20110157

\$449,900



This 5 bedroom 5 bathroom home with appx. 4000 sq ft of living space sits on a half acre of land along the Mouse River. This home has quite a History being Originally built in 1917 in Minnewaukan ND. Over the past 12 years the home has been updated and preserved. Call Alish Charley Today! #20110099

\$417,500



Awesome custom 5 bed room, 4 bath home in a beautiful NW neighborhood close to schools and shopping. This home has over 3600 square feet of living space and a 4 stall garage for all of your toys. Call Jerry Thomas Today! #20101674

\$179,000



This very nice 4 bedroom home is located just 2 blocks from Longfellow elementary school is very well taken care of and has many great amenities and upgrades. Living room, kitchen and dining area flow very nicely together. Nice private fenced backyard. Call Angela Eldevik Today! #20110409

\$58,700



Harvey ND Beckons Attention! 3 bedroom, 2 bath ranch home with large eat-in kitchen with large living & family area that has a wood burning fireplace. Beautifully finished lower level. Main floor laundry. Tandem garage offers super long space with an entrance and an exit door. Call Aisha Vadell Today! #20100311

- Tony Alef.....362-7599
- Alish Charley.....701-509-5362
- Tamie Dunn.....720-1723
- Todd Fettig.....852-0136
- Ken Gorze.....852-0136
- Neil Gush.....833-9003
- Tasha Haugen.....721-9969
- Lori Henderson.....721-0158
- Trenton Kary.....720-6520
- Danette Krumwiede.....720-2335

- Brenda Larson.....578-5480
- Brad Livesay.....720-7769
- Sara Luedke.....852-0136
- Mike Matteson.....463-2099
- Orville Nesdahl.....852-6488

- Jim Olson.....240-8761
- Lorell Seibold.....721-4996
- Erich Sinn.....852-0136
- Virginia Slavick.....852-0136
- Jerry Thomas.....833-7578

- Clyde Thorne.....240-8594
- Brad Torkelson.....339-8907
- Aisha Vadell.....833-1136
- Dawn VerBruggen.....720-2034
- Matthew Waind.....721-1166
- Bruce Walker.....852-0136

Don Bessette Motors SPRING SAVINGS EVENT

<p>\$16,990</p>  <p>2004 Chevy TAHOE LT • #M19411 • Gold</p>	<p>\$18,195</p>  <p>2007 Saturn VUE • M19570 • AWD • Red</p>	<p>\$19,990 3 to choose from</p>  <p>2010 Kia SEDONA LX</p>	<p>\$20,495</p>  <p>2006 Subaru TRIBECA • M19564 • AWD • 35K miles</p>
<p>\$21,888</p>  <p>2009 VW PASSAT • M8958A • Leather • Roof • 29K miles</p>	<p>\$21,995</p>  <p>2007 MAZDA CX9 • #M19075 • Grey • AWD</p>	<p>\$23,995</p>  <p>2008 Honda PILOT • M19529 • Grey</p>	<p>\$24,495</p>  <p>2011 Ford TAURUS • M19875 • LOADED</p>
<p>\$26,595</p>  <p>2010 Nissan FRONTIER • M19561 • Silver • CrewCab • 4X4 • 11K miles</p>	<p>\$29,990</p>  <p>2011 Chevy TRAVERSE • #M19515 • Black</p>	<p>\$31,777</p>  <p>2011 GMC TERRAIN • M19583 • SLT • Leather • Grey</p>	<p>\$31,990</p>  <p>2010 Acura RDX AWD • M19573 • Silver • Leather • LOADED</p>
<p>\$38,990</p>  <p>2007 Cadillac ESCALADE ESV</p>	<p>\$39,995</p>  <p>2010 Chevy SUBURBAN LT • #M19382</p>	<p>\$48,990</p>  <p>2010 Infinity QX 56 • #M19426 • Silver • LOADED • Leather • Roof • AWD • 21K Miles</p>	<p>Don't forget to ask about our first time buyers program!</p>

DON BESSETTE PRE-DRIVEN SPECIALS

<p>2009 CHEVY SILVERADO CREWCAB #12890A was \$36,995...NOW \$30,988</p>	<p>2008 BUICK LUCERNE #M17465 was \$21,495...NOW \$19,988</p>	<p>2007 CHEVY TAHOE LT #M6028A, pewter was 25,998...NOW \$24,888</p>	<p>2009 DODGE GRAND CARAVAN #M19103 NOW \$18,995</p>
<p>2008 CHEVY CREWCAB #12855A was \$30,995...NOW \$27,888</p>	<p>2010 CHEVY MALIBU #M19390 was \$20,495...NOW \$18,988</p>	<p>2008 HONDA PILOT Grey, 18K miles was \$26,995...NOW \$24,888</p>	<p>2010 FORD EXPLORER #M19560, XLT, White was \$24,995...NOW \$23,888</p>
<p>2008 CHEVY CREWCAB #13035A was \$29,995...NOW \$27,888</p>	<p>2008 VW JETTA M19095, 27K, White was \$18,995...NOW \$17,500</p>	<p>2006 HUMMER H3 #M19504, black, 4x4, loaded was \$20,995...NOW \$19,990</p>	<p>2009 DODGE DURRANGO #M19580, SLT, White, 39K miles was \$20,995...NOW \$20,495</p>
<p>2009 CHEVY CREWCAB #12875A was \$30,995...NOW \$28,777</p>	<p>2011 KIA SORENTO was \$24,995...NOW \$23,995</p>	<p>2009 HONDA FIT #M19217, like new, 8K miles was \$16,995...NOW \$15,695</p>	<p>2008 VW RABBIT #M18818A was \$12,995...NOW \$11,775</p>
<p>2006 FORD F250 CREWCAB DIESEL #M18898A was \$27,995...NOW \$26,344</p>	<p>2010 HYUNDAI SANTA FE was \$23,995...NOW \$21,990</p>	<p>2010 DODGE JOURNEY AWD, White was \$22,995...NOW \$21,888</p>	<p>2010 CHEVY COLORADO #M19568, Red, CrewCab LT, 4X4 was \$25,995...NOW \$24,444</p>
<p>2008 HONDA RIDGELINE RTL #12822B was \$28,995...NOW \$26,344</p>	<p>2010 NISSAN MURANO Grey, 25K miles was \$28,995 NOW \$26,555</p>	<p>2009 CADILLAC CTS #M18415 NOW \$27,995</p>	<p>2010 CADILLAC ESCALDE Pearl White, Nav, Quad Seats, 22 inch wheels was \$57,995...NOW \$56,495</p>
<p>2007 GMC YUKON SLT SLT 4X4 Black, 3rd Seat, 40k miles, Leather roof was \$30,990...NOW \$29,977</p>	<p>2009 CHEVY MALIBU was \$16,995...NOW \$14,595</p>	<p>2010 CHRYSLER TOWN & COUNTRY #M19106 NOW \$18,995</p>	<p>2005 CHEVY EQUINOX #M19581, Silver, AWD, PW, PL was \$13,995...NOW \$12,495</p>
			<p>2008 GMC YUKON XL DENALI #M19083, Silver, Nav, Wheels, 3rd Seat was \$34,995...NOW \$33,495</p>

Stop in today at Don Bessette Motors high atop North Hill • Minot 1715 N. Broadway • 701-852-3300
800-422-1201 • www.donbessettemotors.com • 9 am - 7 pm Mon. - Fri.; 9 am - 6 pm Sat.

							
Dennis Bessette 1st Sales March	Dermer Chadwell	Terry Epps 3rd Sales March	Terry Faul	Kevin Johnson	Rodney McHenry	Mitch Melby	Robin Shelby 2nd Sales March