

General Wilson steps up to lead The Mighty Eighth

By Staff Sgt. Brian Stives

8th Air Force Public Affairs

Brig. Gen. Stephen W. Wilson assumed command of Air Force Global Strike Command's 8th Air Force at historic Hoban Hall here June 3.

At the same ceremony, General Wilson also became commander of the Joint Functional Component Command for Global Strike of U.S. Strategic Command, headquartered at Offutt AFB, Neb.

Navy Vice Adm. Cecil D. Haney, Strategic Command's deputy commander, and Lt. Gen. James Kowalski, commander of Air Force Global Strike Command, presided.

After accepting the Eight Air Force guidon from General Kowalski, General Wilson addressed the audience and the formation of nearly 100 8th Air Force Airmen.

"I can't even begin to tell you how thrilled and honored I am to stand here before you," he said. "Since its inception 1942, there is no more legendary or storied numbered air force in our history — with leaders with names like Eaker, Spaatz, Doo-

little, Harris, Carlson, Elder and Carpenter."

"In today's uncertain world, 8th Air Force, Joint Functional Component Command for Global Strike and Task Force 204 play a prominent role in our national security," the general said.

General Wilson's most recent a position was deputy chief of staff for operations, plans and requirements, Headquarters U.S. Air Force, Washington, D.C. He is a 1981 graduate of Texas A&M University and has directed combat forces in support of operations Enduring Freedom and Iraqi Freedom.

General Wilson is a command pilot with more than 4,500 flying hours and 680 combat hours.

Falling under Air Force Global Strike Command, 8th Air Force supports U.S. Joint Forces Command, and is designated as U.S. Strategic Command's Task Force 204, providing on-alert, combat-ready forces to the president. 8th Air Force controls long-range nuclear-capable B-2 and B-52 bombers for conventional operations and nuclear deterrence.



Senior Airman Joanna M. Kresge/U.S. Air Force
Brig. Gen. Stephen Wilson renders his first salute to the members of the 8th Air Force after assuming command at Hoban Hall. General Wilson comes to The Mighty Eighth from Headquarters Air Force in Washington, D.C., where he was the Joint Integration Directorate of Operational Capability Requirements, Deputy Chief of Staff for Operations, Plans and Requirements.



Col. Robert Gass, 8th Air Force vice commander, stands at parade rest during the 8th Air Force change-of-command ceremony held at Hoban Hall. Brig. Gen. Stephen Wilson accepted command of The Mighty Eighth during the ceremony.

Airman 1st Class Micaiah Anthony/U.S. Air Force

"I can't even begin to tell you how thrilled and honored I am to stand here before you."

Brig. Gen. Stephen Wilson
8th Air Force commander

Louisiana Senator visits Barksdale

By Staff Sgt. John Gordinier

2nd Bomb Wing Public Affairs

Louisiana Sen. Mary Landrieu toured Barksdale on June 2 to speak with base leadership, Airmen and to visit installation facilities on quality-of-life issues.

The senator said she visited the three largest military installations in Louisiana to demonstrate her strong support for military families and education.

During her visit, the senator toured the new housing area on Barksdale's East Reservation, dorm rooms and visited with Airmen for lunch at the Red River Dining Facility.

"I am working hard in Washington to ensure we have strong

infrastructure in Louisiana," Landrieu stated. "As a leader on the Appropriations Committee, I am dedicated to ensuring we have strong support for efforts that create jobs and opportunities for all our Louisiana families to include the military. I will not rest until every child in Louisiana has a top-notch education."

"The senator is very passionate about education and she has had great success in that arena," said Melissa Carpenter, wife of retired Maj. Gen. Floyd Carpenter, former 8th Air Force commander. "I think the primary focus of the visit to Barksdale has been education and how to improve it."

Base families need good quality of life, which includes good schools that address the specific needs of the children of Soldiers, Airmen, Sailors and Marines, the senator said. To make education successful, it takes base and community leaders working together to ensure military families have access to good schools near the bases that kids want to attend.

"Together I know we can do something meaningful here in Louisiana for our communities and our military families; I invite each one of you to join me, and the First Lady in the Joining Forces Initiative, to ensure we have strong thriving military families," Landrieu said.



Senior Airman Joanna M. Kresge/U.S. Air Force
Louisiana Sen. Mary Landrieu greets Master Sgt. Jason Sharp, 2nd Munitions Squadron, and other Airmen who gathered for a question-and-answer luncheon at the Red River Dining Facility.

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SATURDAY
2 p.m.: "Rio" (G)
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A Times Publication

Publisher: Pete Zanmiller
Executive Editor: Africa Price
Warrior Editor: Danielle Hill, (318) 459-3259 or (662) 352-1946
Retail Advertising: (318) 459-3323

Public Affairs Staff:
 2nd Lt. Victoria Lalich, deputy chief of public affairs
 Master Sgt. Mary Davis, superintendent
 Staff Sgt. John Gordinier, editor
 Senior Airman Allison Boehm, assistant editor

The Barksdale Warrior is published each Friday by Gannett River States Publishing Company, DBA The Times, a private firm in no way connected with the Air Force.

Contents of The Barksdale Warrior are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

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The Barksdale Warrior welcomes submitted articles. The deadline is noon one week prior to publication.

All submissions and story ideas can be e-mailed to Danielle Hill at dhill4@gannett.com and/or 2BW Public Affairs at 2BW.PA@barksdale.af.mil, and must include full rank, name and phone number for the author. All articles will be edited for accuracy, brevity, clarity and journalistic style.

Facing and overcoming change

By Jolene Tolbert

5th Bomb Wing spouse

MINOT AIR FORCE BASE, N.D. — “The waiting is the hardest part. Every day you see one more yard. You take it on faith. You take it to the heart. The waiting is the hardest part.” These words by Tom Petty come into my mind every time I’m waiting for something.

I believe military families do more waiting to hear what is next than the average family. With most assignments finally out for this year, the waiting is over. It was suggested I write about dealing with waiting and uncertainty. When I started this feature, I told you sometimes I would share my stories just so you know that everyone goes through the same kinds of things. Well this is that kind of column.

One would think that after more than 20 years I’d be used to the assignment game, but sorry to tell you, it doesn’t get a whole lot easier. You know the drill — the assignments will be out on Thursday, now they’ll be out next Friday, now they’re not saying when. All the while, it’s all you can think about.

You accost your spouse every evening, “Any word yet?” You might even give him a call or two during the day. Everyone in the house is a little on edge, then a lot on edge. You feel like you have no control over what is happening in your life. You start to wonder if those mysterious assignment boards enjoy this little game.

Then you start to hear the rumors. If it’s that dream assignment you start to get butterflies and can’t help checking out a few things on the internet. Still, you try not to get your heart set on it. Or, it’s not what you were hoping for; so, you’re a little down, but you know it still might change. This may not be your scenario, but it sure is what it looked like around our house for a month or so.

I must admit I did not handle the uncertainty well. Of course, once you know your assignment, you can deal with it, whether it’s that dream job or not; but Lordy, Lordy, that waiting. Seriously, I thought I’d get better at it, but this year it seems I literally pattered around the house waiting. In light of this fact, I am obviously in no position to offer advice on how to

survive the process. I did a little research for tips to help you and me next time we’re waiting for something.

A lot of the research and advice concentrates on taking charge of the change, to see it as an opportunity, to be open to the possibilities that will open up because of the change, etc. While these are all true and helpful, I find it frustrating sometimes because we really have so little control over the change. Here are some of the better ideas:

Focus on the present — We can do nothing about the past and little about the future, but we have more control over the present. We cannot control the circumstances, but we can control our reaction to these circumstances. Focus on being in the here and now.

Stay busy — We all know this is true. Yet, it can be very easy to withdraw from your usual activities because of the anxiety. I pledge to do better with this one next time. Instead of pattering around waiting, I could have been doing something useful.

Keep sight of the long-term vision — This one is so true. You know that once you are actually

moved, everything will be fine.

The military often talks about resiliency, but what does that mean and how can we be resilient in the face of change and uncertainty? Here are common traits that influence their resiliency, found by researchers at the University of Georgia, of people who had productive lives past the age of 100:

Optimism — They had a positive view of the past and future, not dominated by negativity.

Engagement — They were actively involved in life, not passive observers.

Mobility — They stayed physically active.

Adaptability — They had an extraordinary ability to handle and accept change and loss.

I am not sure how many of those traits are inborn or learned, but they are surprisingly simple.

Change is going to be a part of our lives for as long as we live. I know that if I happen to live to 100, I would like to be active and productive. I am sure you would, too. Keep these tips in mind when you know a change is coming and hopefully you, and I, will handle the uncertainty more gracefully.

AFGSC commander visits Barksdale

U.S. Air Force photos by
 Airman 1st Class Micaiah Anthony

RIGHT: Lt. Col. David Chisenhall, 2nd Mission Support Group deputy commander, escorts Lt. Gen. James Kowalski, Air Force Global Strike Command commander, around the air traffic control tower catwalk at Barksdale. Colonel Chisenhall explained how ongoing military construction projects at Barksdale have improved Airman morale and welfare.



General Kowalski speaks with squadron commanders of the 2d Bomb Wing. The general visited with Airmen at the dorms, dining facility and the Barksdale Club during his visit.



General Kowalski meets Airman 1st Class Lawrence Devonshire, 2nd Operations Support Squadron, at Barksdale. General Kowalski met with Barksdale Airmen at the Red River Dining Facility and answered their questions during breakfast.



General Kowalski presents a coin to Senior Airman Jennifer Coffin, president of the Barksdale Chapter of Airman Against Drunk Driving. Airman Coffin briefed General Kowalski about the AADD program and future plans to improve it.



General Kowalski leads a breakfast discussion with Barksdale Airmen at the Red River Dining Facility. Topics of discussion included Global Strike Command’s involvement in recent base events and how Barksdale Airmen help to accomplish the greater Global Strike Command mission.

Summer is here, keep safety in mind

By Airman 1st Class Micaiah Anthony
2nd Bomb Wing Public Affairs

The sun is setting and the sky is bursting with colors slowly fusing together. Under the Louisiana sunset rests a B-52 Stratofortress, its shadow provides shade for the sweat-soaked Airmen working underneath. The Airmen have been working for 11 hours and still have more to go to complete their mission.

Completely drained, one Airman crosses the flightline back to the hanger for a quick 15-minute break. He enters the break room and swings open the refrigerator door. The Airman surveys the selection and reaches past a bottle of water to grab an energy drink. He pops the top and chugs the beverage. Shortly after, he walks out to the flightline to finish the job. Moments pass and the Airman's supervisor begins to question where the Airman has gone. As he walks around the tail section of the aircraft, he notices red lights in the distance...an ambulance has been called to the flightline.

Summer is here. Kids are out of school, Airmen are taking leave for vacations and the grills are firing up. The 101 critical days of summer have begun. Why are these days so critical?

Due to increased outdoor activities mixed with traveling and high temperatures, summertime is the peak season for mishaps ac-

For more information

To find out more information about summer safety, contact the 2nd Bomb Wing safety office at (318) 456-2568.

According to Staff Sgt. Jeremy Gavidia, 2nd Bomb Wing Safety office.

Mishaps can occur both on- and off-duty. According to Sergeant Gavidia, the Air Force and the Department of Defense has put together a campaign to raise awareness and lower the frequency of mishaps.

According to Barksdale's Safety office's first half of the 2011 Safety statistics, on-duty mishaps can happen due to various reasons. However, 98 percent of on-duty mishaps occur due to human error, which is primarily caused by complacency and fatigue.

According to Staff Sgt. Ashley Johnson, 2nd Bomb Wing Safety office, off-duty mishaps occur more often during the summer months. Some mishaps can occur from boating, outdoor activities, traveling or grilling.

Tech. Sgt. William Richardson, 2nd Bomb Wing Safety office, recommends that when grilling outdoors with a gas grill, make sure to check the hoses and tubing

for any blockage or cracks in the tubing. If any leaks are found, turn off the gas from the tank and do not attempt to light the grill. Also, when cooking with a gas grill, do not smoke or allow others to smoke near the grill as a fire precaution.

"Charcoal grills should never be brought indoors or in confined spaces, because the burning charcoal produces carbon monoxide gas, which if inhaled in large amounts, could cause death," Sergeant Richardson added. "It is also recommended not to grill while consuming alcohol."

To beat the heat, many Airmen and their families venture off to pools or large bodies of water to cool off.

"Never leave children alone in any body of water," Sergeant Richardson said. "If you are boating, make sure the child's life vest fits properly. Inflatable swimming aids should never be used as a substitute for a life vest and do not allow children to swim in swift-moving water. When swimming in open water areas, ensure you keep within one arms length away from your child, this technique is known as 'touch supervision.' Never swim alone... even the most advanced swimmers should swim with a buddy."

During the summer months, high temperatures make dehydration and heat



Airman 1st Class Micaiah Anthony/U.S. Air Force photo illustration
Summer is here, and staying hydrated is essential. Reduce the amount of energy drinks and sodas, especially when outdoors during strenuous activity. Drinking water regularly will reduce risks of heat stroke, dehydration and heat stress.

stress another factor in the equation.

"Sometimes energy drinks or sodas are consumed to help fight fatigue and raise awareness," Sergeant Gavidia said. "These beverages can dehydrate you even more, especially if you are working outside or in a hot, enclosed space. Dehydration, heat stress and heat strokes are

all mishaps that can occur from not drinking enough water."

The Airman's supervisor sprints towards the ambulance and asks the paramedics what happened, but before the paramedic could reply, another Airman chimes in, "he passed out." The paramedic explains that the Airman is dehydrated and needs to

be taken to the hospital for further evaluation.

Summer is here and hydrating is just one of the many safety concerns that everyone should keep in mind.

"Our mission is keeping Airmen safe and keeping everybody healthy, so they can support the mission," concluded Sergeant Johnson.

Barksdale Exchange to 'Give Away the House'

From Army & Air Force Exchange Service Public Affairs

Army & Air Force Exchange Service locations are once again teaming up with Hershey's to give away nearly \$20,000 worth of children's playhouses through June 30.

One "Step 2 Neat and Tidy Cottage" playhouse will be given away to a Barksdale Exchange shopper as part of the giveaway. Valued at approximately \$159, the playhouse includes an interactive phone, working doorbell and pass-through mailbox in addition to a molded-in kitchen table, faucet, burner and two seats.

"This may some little boy or girl's first 'home,'" said the Exchange's General Manager Gilbert Mata. "We look forward to not only awarding the prize but, depending on how generous the winner's allowing is, maybe even showing them how the Exchange can help them furnish it."

The "Hershey's Fisher House Sweepstakes" runs from June 3-30 and the in-store drawing for the playhouse will take place at the Barksdale Exchange on or about July 1. All authorized shoppers are eligible and no purchase is necessary to enter.

For more information

To learn more, call the base exchange at (318) 741-3243.

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Special to Warrior

Second Lt. Victoria Lalich, 2nd Bomb Wing Public Affairs officer from Barksdale, reads the Oath of Enlistment to her brother, Staff Sgt. Christopher Lalich, RQ-4 network technician, at Beale Air Force Base, Calif.

Brother and sister in arms

By 2nd Bomb Wing Public Affairs

BEALE AIR FORCE BASE, Calif. — Have you ever met someone who grew up in the state of ‘everywhere’? How about someone who is referred to as a ‘military brat’?

For military members who grew up in military families, their service is not only a way of life, it’s the only way they know how to live.

Staff Sgt. Christopher Lalich, an RQ-4 network technician stationed at Beale Air Force Base, Calif., grew up in one such family. He moved every two years with his sister, mom and stepfather to various bases throughout his childhood, and he resided with his dad, stepbrothers and stepmother near Laughlin AFB, Texas, during high school.

“My mom and stepdad did air traffic control in the Air Force and continue to work at Laughlin,” Sergeant Lalich said. “My dad was security forces, but now works as the chief of information systems at the Laughlin clinic.”

Sergeant Lalich’s sister, 2nd Lieutenant Victoria Lalich, is a Public Affairs officer at the 2nd Bomb Wing, Barksdale AFB.

Their mother, Lidia Dow, said she was a little surprised both of her children decided to join the Air Force, but soon realized the passion they felt about the service was similar to her own.

“It’s very moving to see both of my children in the service of this great nation,” she said. “I am very proud of them.”

Their father agreed.

“As a retired Air Force master sergeant, you hope that your children will follow in your footsteps, but you want them to make up their own mind,” Dave Lalich said. “It is tremendously gratifying to see that you raised your children with the same values that you hold dear and they have embraced those values.”

When Sergeant Lalich re-enlisted in the Air Force at Beale on May 27, his family was proudly there to attend and preside over the ceremony.

“It was great to have my sister and my parents come out to California for my re-enlistment,” Sergeant Lalich said. “It’s not every day one sibling gets to issue the oath of enlistment to another.”

“I am very grateful for the opportunity to re-enlist my brother,” Lieutenant Lalich said. “He was my first salute after my commissioning in May 2010, so I wanted to be there to support him during this important ceremony.”

“It was also another chance to have my big brother to salute me again,” she added with a grin.

It was truly a unique moment for the brother and sister. The ceremony was performed outside of the wing headquarters building on base. It included the oath of enlistment, a salute, signing the official paperwork and exchanging big smiles between the two. Lieutenant Lalich also gave her brother a coin, or “coined” him, as a symbol of congratulations and appreciation shared among those in the military.

“Being the father of a son and daughter who both decided to join the Air Force and having the opportunity to watch as my daughter, an Air Force Academy graduate, re-enlisted my son, a new staff sergeant, made my chest swell with extreme pride,” Dave Lalich said.

Push is on to save energy in Global Strike Command

By Carla Pampe
Air Force Global Strike Command
Public Affairs

The Air Force Global Strike Command commander is looking to Airmen to find innovative ways to save energy in the air and on the ground.

One focus of good ideas is at this week’s Energy Management Steering Group meeting, the second such gathering since February.

“We’re looking at shrinking budgets and growing energy costs,” Lt. Gen. Jim Kowalski said. “We have to do everything we can to control what we spend on fuel and power. I’m really looking for our people to help us rein in our energy consumption.”

Global Strike Command is currently looking at ways to conserve power and fuel use in installation facilities and in flight, especially in the face of increasing energy costs.

The energy management group is examining the command’s energy use, ways to conserve energy in flying operations and opportunities to promote energy awareness.

Michele Price, an energy manager with the command’s logistics directorate, said that the Air Force is an energy-dependent organization that uses a lot of fuel and electricity in everything it does.

“The ability to utilize energy as efficiently as possible and sustain reliable, low-cost energy sources is critical,” she said.

The command is looking to build on some innovative successes already earning significant savings. A project at Minot Air Force Base, N.D., for instance, earned the 2010 Federal Energy Management Program Award for energy efficiencies, renewable energy and water efficiency.

The Minot initiative uses naturally occurring heat from below ground on base and at several of Minot’s remote missile alert facilities instead of traditional heating sources, Ms. Price said. Heat pumped from the ground is more efficient and cheaper than buying electricity from commercial power companies, she said, saving the base up to 300 percent at some locations.

“Minot’s [initiatives] are recognized as a benchmark throughout the Air Force and across the federal government,” she said.

With aircraft fuel consumption, one quick change that can save money right away is to strictly monitor what is aboard an aircraft when it takes off, and to question whether it needs to be there, said Maj. Brian Gilpatrick, liaison officer with the command’s Detachment 1 at Langley Air Force Base, Va.

“We are currently exploring options to ensure aircraft aren’t carrying anything that unnecessarily increases the weight or drag of the aircraft,” he said. This can include removing things like internal and external munitions racks when they aren’t necessary for a mission.

Just like car drivers can save fuel by removing extra pounds of things tossed in a trunk, aircraft can also conserve fuel by carrying less gas, officials say, because fuel carried in fuel tanks weighs a lot.

So the command is looking at things like the timing of scheduled air refueling on long-duration flights to better control the amount and weight of fuel on board at any given time.

On the ground, energy audits are ongoing at command installations to identify areas for savings, and opportunities to use renewable sources of energy,” Price said.

“Identifying solutions to reduce the command’s demand for energy and increasing supplies of renewable energy sources are an obligation for a headquarters, that is working to change the command’s energy ‘culture’ — the attitude toward energy use and conservation, she said.

Price said awareness is key to reaching this year’s command energy goals.

“We need to work together to ensure we save energy and water whenever we see the chance,” she said.

Interested in hearing more about Air Force Global Strike Command? Follow the commander on Twitter @AFGSC_CC or follow the command @afglobalstrike.

General Blaskiewicz visits Barksdale

U.S Air Force photos by
Master Sgt. Mary Hinson



ABOVE: Brig. Gen. Gary Blaskiewicz, the director of logistics for Air Force Reserve Command, examines a piece of PVC that will be used as part of the construction of a bomb rack maintenance stand, as Tech. Sgt. David Griffore from Metals Technology explains to him about the extension of the Metals Technology Facility.



LEFT: General Blaskiewicz listens as Tech. Sgt. Richard Murchison with the Propulsion Shop explains how he is installing thermocouples into the transition case. Thermocouples are the inner turbine temperature probes that provide the pilot critical instrument engine temperature and performance data.

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FTAC prepares Airmen for career

Article & photos by Senior Airman Allison M. Boehm

2nd Bomb Wing Public Affairs
Months of schooling and technical training lead up to an Airman's first assignment, but before they can put that training to use at their first base, airmen must attend a nine-day



Airmen stand at the position of parade rest as they prepare for a briefer to enter the room at the First Term Airman Center.

long course — First Term Airman Center.

Barksdale FTAC provides a structured program to transition Airmen from a training environment to the mission-oriented Air Force.

"FTAC is a one-stop shop for first-term Airmen who have just in processed the base," said Staff Sgt. Thomas Hoover, FTAC team leader. "We are able to educate them on everything from how to navigate the virtual military personnel flight to how to manage their finances. This training and professional development is a high priority for new Airmen."

Team leaders schedule approximately 20 briefings, which are governed by Air Force Instruction, for the airmen to learn how specific career fields and support units play into their career. Topics ranging from base legal to the base chapel are briefed over the two-week span, totaling 28 hours of learned material for the airmen.

"These briefings are very important to new Airmen," said

"Being enrolled in the FTAC course is very beneficial. I was able to meet fellow new Airmen, learn new leadership skills and important information about Barksdale — some of these briefings really showed me my potential to progress and how much I can achieve in my career."

Airman 1st Class Jacob Rash
2nd Operations Support Squadron

Sandy Griffin, Barksdale education office. "It gives them a view into the Air Force life. I am able to show them about the benefits and entitlements the education office offers, it's a great



Staff Sgt. Jason Potoka, First Term Airman Center team leader, addresses a class of Airmen who are currently enrolled in FTAC. FTAC is a nine-day course designed to provide a structured program to transition Airmen from a training environment to the mission-oriented Air Force.

thing to start off at a new base with that information."

According to Staff Sgt. Jason Potoka, FTAC team leader, team leaders give the airmen all the right tools to succeed in their career and current students agree.

"Being enrolled in the FTAC course is very beneficial," said

Airman 1st Class Jacob Rash, 2nd Operations Support Squadron. "I was able to meet fellow new airmen, learn new leadership skills and important information about Barksdale — some of these briefings really showed me my potential to progress and how much I can achieve in my career."

JAG corps announces law school programs

KIRTLAND AIR FORCE BASE, N.M. — Applications for the Funded Legal Education Program and Excess Leave Program are being accepted from January through March 2012.

The number of FLEP and ELP applicants selected in any academic year is determined based on the needs of the Air Force.

"Our Air Force missions are constantly changing, and commanders deserve to have access to legal advisors with a broad background of military experiences," said Maj. T. Shane Heavener, the chief of the Accessions Branch, Professional Development Directorate, Office of The Judge Advocate General. "The FLEP and ELP will ensure that we can continue to maintain a corps of officers whose military experience complements their legal training providing commanders with the highest caliber of legal support."

Air Force JAGs do more than just provide legal as-

For more information

For more information and application materials, visit <http://www.airforce>.

stance, said Lt. Col. Stephen See, the 377th Air Base Wing Staff Judge Advocate. In addition to prosecuting and defending clients brought before court-martial, JAG officers routinely participate in nearly every facet of the Air Force mission, including developing and acquiring weapons systems, ensuring availability of airspace and ranges where those systems are tested and operated, consulting with commanders about how those systems are employed in armed conflict, and assisting commanders in the day-to-day running of military installations around the world.

"Each facet of every Air Force mission is bound by elements of the law," Colonel See said.

The FLEP is a paid le-

gal studies program for active-duty Air Force commissioned officers. The FLEP is an assignment action. Participants receive full pay, allowances and tuition.

FLEP applicants must have between two and six years active-duty service (enlisted or commissioned) and must be in the pay grade O-3 or below as of the day they begin law school.

The FLEP is subject to tuition limitations. Positions may be limited due to overall funding availability. The Air Force Institute of Technology establishes the tuition limit. The 2011 academic year was set at approximately \$16,000 per year, but this amount may change year to year.

The ELP is an unpaid legal studies program for Air Force officers. ELP participants do not receive pay and allowances, but remain on active duty for retirement eligibility and benefits purposes.

Applicants must have between two and 10 years active-duty service and must be in the pay grade O-3 or below as of the first day of law school.

Applications will be accepted from January 2012 through March 1, 2012. Both programs require attendance at an American Bar Association accredited law school. Upon graduation and admission to practice law in the highest court of any state, territory of the U.S., or a federal court, candidates are eligible for designation as judge advocates. Officers must provide a letter of conditional release from their current career field. Selection for both programs is competitive.

The total number of applicants selected for any academic year is based on the needs of the Air Force. AFI 51-101, Judge Advocate Accession Program, Chapters 2 and 3, discuss the FLEP and ELP.

(Courtesy of Judge Advocate General's Corps)

Barksdale gas pumps switching to E10 gasoline

From Barksdale Base Exchange

Due to the fact that many gas terminals are switching from traditional fossil fuels and various mandated energy changes, military shoppers gassing up at the Barksdale Shoppette on Wilbur Wright Rd. and the Capehart Annex can contribute to the "green" movement by filling up with environmentally-friendly Ethanol 10.

Ethanol fuel is a gasoline alternative manufactured from the conversion of carbon-based feed stocks such as sugar cane, sugar beets, switch grass, corn and barley. It has become more common because it is used as an oxygenate additive for gasoline and is a replacement for Methyl Tertiary Butyl Ether, which are sources of contamination of soil and groundwater.

"In addition to the benefits this provides to the agricultural community, ethanol fuel is a sustainable energy resource," said Barksdale's Base Exchange General Manager Gilbert Mata. "It can provide a more environmentally and economically friendly alternative to fossil fuels such as diesel and gasoline. This change will take place within the next week or two."

Based on laws passed in the 2006 Clean Air Act and other Environmental Protection Agency and U.S. government laws, ethanol blends are now present in more than 50 percent of the fuel supply.

2 CES cleanup storm



Airman 1st Class Micaiah Anthony/U.S. Air Force

Staff Sgt. Reuben Dominguez, 2nd Civil Engineer Squadron, prepares to cut a tree branch. Airmen from the 2 CES were called to remove a fallen tree branch from a fence due to a storm.

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307th Bomb Wing in the spotlight

By Tech. Sgt. Jeff Walston

307th Bomb Wing Public Affairs

The 307th Bomb Wing at Barksdale was spotlighted recently when Jenna Zibton, anchor/reporter for NBC affiliate KTAL-Channel 6 in Shreveport interviewed Col. Keith Schultz and Jennifer Wylie at the KTAL studio May 19.

Colonel Schultz, 307th

Operations Group commander, joined Wylie to discuss the Bossier Chamber of Commerce's "Military Speaker Luncheon" scheduled for June 9 at Ralph & Kacoo's. Wylie is the communications director/military relations professional for the Bossier Chamber.

The luncheon, which is scheduled from 11 a.m. to

1 p.m., will bring together several military leaders from Barksdale to discuss the future of Barksdale and Bossier City. Colonel Schultz is scheduled to speak at the luncheon on behalf of the 307th BW.

Attendees will learn about major happenings taking place at Barksdale Air Force Base, in order to better un-

derstand the mission and gain insight on the day-to-day operations for the 307 BW, Air Force Global Strike Command, 8th Air Force and 2nd Bomb Wing.

Jeffrey Beene, AFGSC director of staff, Col. Andy Thomson, 8th AF chief of staff, and Col. Timothy Fay, 2 BW commander, also all spoke at the luncheon.



Tech. Sgt. Jeff Walston/U.S. Air Force

Col. Keith Schultz, 307th Operations Group commander, discusses the future of Barksdale with Jennifer Wylie, communications director/military relations, Bossier Chamber of Commerce, before an on-air interview at the KTAL-Channel 6 studios in Shreveport on May 19.

Deployments: Helping children cope

By Danielle Hill

dhill@shreveporttimes.com

Deployments affect every member of the family in a different way.

While the servicemember is in the daily grind of a combat zone and worrying about things on the home front, their spouses and children have to deal with their own battles here at home.

A deployment can be especially hard on a child. Oftentimes they are unaware of ways to help deal with their worries or stress.

The most evident cause of stress is change in the family dynamic. With one parent gone and the other taking on all parental responsibilities, the child may feel uneasy, be confused about what is happening and why Mommy or Daddy is not home every day.

Children often learn how to deal with stress by copying the way their parents deal with stress. Parents can help their children get through difficult situations by exemplifying resiliency to the situation.

"The Airman & Family Readiness Center conducts predeployment briefings for servicemembers and spouses," said Stephanie Reyes, Air-

For more information

To learn more about programs to help children deal with deployments, call the Airman & Family Readiness Center at (318) 456-8400 or call the American Red Cross at (318) 865-9545. Families can also contact Military OneSource at (800) 342-9647 or www.militaryonesource.com.

man & Family Readiness chief. "During this briefing, parents are briefed on age-specific behaviors the parent left behind may encounter with their children during the separation. They are also provided suggestions to alleviate separation anxiety. During our reintegration briefings, parents are briefed on age-specific behaviors during the readjustment period. Servicemembers receive recommendations on how to slowly reintegrate back into the family."

Servicemembers and their spouses have access to a wide variety of pamphlets and other helpful literature relating to deployments.

According to the American Red Cross, "although parental distress is

expected during times of deployment, how adults manage their distress will affect how their children manage their stress."

There are other programs on base such as the Child and Youth Behavioral Military and Family Life Consultants. CYB-MFLC are located at the Child Development Center and Youth Center. They provide "situational, short-term problem-solving support."

Military OneSource suggests the deployed parent still try to remain as active in their child's life as possible. This could mean prearranging a special gift to be sent to the child following an important sporting event or music recital. It could also include video taping themselves reading the child's favorite book so the child can still "read" with Mom or Dad at night. Other suggestions include putting the parent's photo on a pillowcase, or starting a family Web page so the family can post photos and still feel connected.

Each situation is different and should be handled in its own unique way. However, there are numerous resources to help families decide which option will work best for them.

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TRICARE joins campaign to increase medication adherence

FALLS CHURCH, Va. — TRICARE joined the U.S. surgeon general and other partners recently in Washington D.C. to launch the Script Your Future campaign, which encourages patients to take their medications as directed.

The Script Your Future campaign's primary goal is patient education and awareness, focused on patients with three serious chronic conditions: diabetes, respiratory disease and cardiovascular disease.

According to the National Consumer League, which leads the campaign, one in three Americans never fills his or her prescription, and nearly three out of four Americans do not take their medications as directed. This trend of poor adherence is linked to one third of hospital admissions. This is especially true for people with chronic health conditions that can worsen quickly without proper medication use. In addition, the NCL reports that up to \$290 billion a year in medical costs can be attributed to poor medication adherence.

In order to reverse this trend, the Script Your Future campaign encourages patients to properly use medication and medical devices, like asthma inhalers; develop strategies to make it easier to remember to take medications; and communicate with their doctor and pharmacist about all their over-the-counter and prescription medications. The campaign also teaches patients about the negative health affects of poor medication adherence.

"The least effective and most expensive pill TRICARE provides is the one a beneficiary never takes," said Rear Adm. Thomas J. McGinnis, chief of TRICARE pharmacy operations. "Following the labeled directions for prescription medications is one of the easiest ways to help protect and improve overall wellness. Read the instructions carefully and contact a doctor or pharmacist with any questions."

The Script Your Future campaign is online at www.scriptyourfuture.org. The

website includes tips and tools to help individuals improve adherence. These

include a "question builder" to help patients start conversations with their

doctor, printable lists to keep track of medications and worksheets to help

build a plan to take medication as prescribed. (Courtesy of TRICARE)

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Briefly

Military Appreciation Day

Yogie and Friends Exotic Cat Sanctuary will honor military personnel and their families with Military Appreciation Day from noon to 5 p.m. Saturday. Admission on this day is free to active duty and retired military personnel with a valid military ID card. Family members will also receive a 10 percent discount on admission. Participants will also receive 10 percent off Yogie and Friends merchandise.

2011 Tennis Grand Mixer

The 2011 Tennis Grand Mixer will begin at 9 a.m. Tuesday at the northside tennis court (across from the Barksdale Club). Door prizes will be awarded. Come out and support your newly renovated facility and show off your skills. For more information, call Senior Airman Shasta Ward at (318) 456-4135.

Barksdale's amazing race

Barksdale's Amazing Race will be held at 7 a.m. at the Barks-

dale Fitness Center and will test your endurance and strength. All DoD civilians and active duty can participate. Only one team per squadron. First place will win a \$50 gift card/team member, T-shirt, water bottle and team trophy, and second place will win a \$25 gift card/team member, T-shirt and water bottle. For more information or to sign up, contact Senior Airman Taylor or Senior Airman Veysey at (318) 456-4135.

PWOC Bible study

The Barksdale Chapter of the Protestant Women of the Chapel will be offering a summer Bible study session at 9:30 a.m. Thursday at Chapel 2 annex. "Tour of Duty" by Sara Horn is a Bible study for spouses of deployed servicemembers (past, present or expected for the future). Child care is provided for young children. For more information about PWOC at Barksdale AFB, e-mail barksdale@pwoc.org or pwocbarksdale@yahoo.com.

"Fun in the Sun" fun run

A "Fun in the Sun" fun run will be held at 7 a.m. June 17. Eight or more local area sponsors will be on hand to show their support for the Barksdale community. LifeShare Blood Center will be on site following the run and presentations for those who wish to donate blood. First-place prizes will be awarded to top male/female finishers, as well as plenty of great door prizes to be awarded. Volunteers for road guard and water stations will be needed. For more details or to volunteer, contact Staff Sgt. K. Jampit at (318) 456-4135.

Team Barksdale Chief's Group golf tournament

The Chief's Group is hosting a four-man scramble June 17 with a shotgun start at noon at the Fox Run Golf Course. The entry fee is \$10 plus green fees and cart, and there is a \$5 mulligan package. The tournament is open to military and civilians. First-, second- and third-place prizes are available for the longest drive and closest to the pin, as well as door

prizes. Prizes will include a TaylorMade driver, golf balls, Academy sports gift certificate, green fee/cart certificate (local golf courses) and casino buffet coupons. To register, contact Senior Master Sgt. Barriet Thomas at (318) 456-3724 or barriet.thomas@barksdale.af.mil.

8th Air Force golf tourney

Headquarters 8th Air Force will be hosting a shotgun start golf tournament June 24 at 1 p.m. to say farewell to 8th AF Commander Maj. Gen. Floyd Carpenter and to welcome the new commander, Brig. Gen. Steve Wilson. All proceeds will go toward the 8th AF holiday party. Prices are: E1-E4, \$31; E5-E7, \$34; GS1-GS7, \$34; E8 and up (to include all officers), \$38; guests, \$45. All prices include green fees and carts. There will be awards for first, second, third and last place, as well as door prizes, a longest-drive contest and a closest-to-the-pin contest. Strings, mulligans and a 50/50 drawing will be available at an additional cost. For more information, contact

Tech. Sgt. David Patch at (318) 529-1157, (318) 401-0050 or david.patch@barksdale.af.mil.

Ozone Action Day Alert

The Air Quality Index indicates ozone will be at the orange level, which is unhealthy for sensitive groups. Increasing ozone levels may cause unhealthy air quality during afternoon hours. Active children and adults, the elderly and people with respiratory diseases, such as asthma, should avoid prolonged outdoor activities and exertion. More information about current air quality and what you can do to help prevent ozone formation is available online at the DEQ Web site at www.deq.louisiana.gov.

Military Ball photos

There was a minor delay with the photo orders from the Military Ball of the Ark-La-Tex. The photo lab was affected by the tornados in the South. Photos were shipped to customers last Friday. The large group photos are still being worked on.

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Service Technicians must have basic knowledge in carpentry, electrical, plumbing or HVAC repairs. Stellar Oilfield Rentals, LLC is a growing company with future opportunities, competitive pay and benefits.
Apply at Stellar Oilfield Rentals
4287 Johnson Koan Rd.
Houffton, LA 71037
(318)687-3593

RESTAURANTS & CLUBS

No Ordinary People needed for Manager, Cashier, and kitchen positions for 2 new Cafes. Smiling faces only need apply. Opportunity for growth with Cafes. Send resumes to: nonordinarycafe@aol.com Apply at 5781 S. Lakeshore Dr. Shreveport. ONLY 2-4pm, M-F.

SALES - MARKETING

CHEMICAL SALESMAN NEEDED

Darlin chemical is currently seeking account managers for Northwest and North Central Louisiana. 2 years minimum oilfield chemical sales preferred. Darlin prides itself in providing the best service in the industry and is looking for individuals that will continue to help continue these efforts.
Send application online www.darlin.us or contact Mike Brown at 580-302-4698

Darlin Chemicals is an Equal Opportunity Employer

SALES - MARKETING

OUTSIDE SALES
Sell pools this summer and make \$10-14K PER MONTH!
One call close experience is a plus and we pay your gas to run credit approved T.V. and internet leads. Customers call us! No cold calling. No telemarketing leads. 800-705-0907 x-3101

Salesperson needed. Excellent earning potential.
Johnson's Furniture
318-742-1621

SALON PROFESSIONAL

THE SANCTUARY MEDICAL SPA IN TEXARKANA HAS AN OPENING FOR A FULL-TIME NAIL TECH. Fax resume to: 903-223-6380

SCHOOL - INSTRUCTIONS

15 Medical Trainees Needed!
Ayers now has Accelerated Medical Training Program!
PHARMACY TECH & MEDICAL ASSISTING
Get Trained & Job Ready in just a few months!
No Experience Needed!
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Hands on Training!
Call for free information

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1-888-246-7451

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861-3246

Search The Times
Classifieds Online
at shreveporttimes.com

STUFF

APPLIANCES

Almond GE25cf side-by-side refrigerator, water/ice dispenser, transferable/renewable Service Contract, excellent condition. \$400 OBO. 318-965-3174
Koromo Washer and Dryer, excellent condition. \$200.00 OBO
Please call 318-741-1118 or 288-7300 or email topos@man.com for pictures.

Washer For Sale
Whirlpool Gold Ultimate Care II. Large Capacity, White, Excellent condition, \$175 or best offer. 318-954-0948.

FITNESS EQUIPMENT

Bowflex Blaze, 250 lb. resistance, upgradeable to 350 lbs. All manuals and attachments. \$500
Delivery available in local area. 903-633-2882

FURNITURE ACCESSORIES

Great condition! Beige leather reclining couch and matching leather rocker/recliner chair \$650 OBO
Contact Michele at 843-827-7004
Mattress and Box Spring, Sealy Posturpedic Super Premium, Full Size, Excellent Condition, Firm Rating, \$75 or best offer. 318-964-0948

Queen Size Mahogany Canopy Bed w/ mattresses

Great Condition, \$250 OBO.
2 Top-rated Britax Regent, child car seats extended harnessing for the forward-facing, only child. Upper weight limit of 80 pounds to accommodate heavier children. Paid \$279 ea/Asking \$50 ea. 318-675-9047

MISCELLANEOUS

Child's Elt Lowes sled \$20 OBO. 318-965-3174
Everything must go
Exercise bike, Marvel Graphic Novels, Comics, sports jerseys, tennis shoes, hats, and other items for sale. 318-918-7252

REAL ESTATE

ZONE 8

FSBO: Savannah Place, 4 Bdrm house, bonus room, 2304 SF, Jaruzzi, Fireplace, 2 Walk-In Closets, 10 mins. to BAFCB. \$254,900. Call 742-5422
FSBO Southgate Estates in Bossier City. It's a 3/2 home with 1,658 sq foot. Amenities include: remote master suite, tinted windows & sunrooms, privacy fence and dock, large open kitchen and dining area, security system installed, and new roof. Call to schedule an appointment 318-549-1373

Home for Sale: 1614 Cline St. 3-BR, 2-BA, kitchen w/ new stainless steel appliances & backsplash. Completely remodeled. Huge back yard with covered patio. Asking \$119,500. Call 318-742-3934

RENTALS

COMMERCIAL PROPERTY

Fenced Warehouse 50,000 sq.ft. excellent for Oil field services, easy access off I-20. 318-707-1964

CONDOS, TOWNHOUSES

Townhouse For Rent - \$875/mo/\$875 dep. 1 BR/1BA, F.P, W/D, Apl included, Bossier City. Call 318-288-1459

WHEELS

LEXUS

For Sale 06 Lexus GS300, excellent condition, well maintained asking \$22,500. 318-210-0898

Home & Garden section
Thursdays In The Times

FREE CLASSIFIED AD
DEADLINE: 4:30 P.M. WEDNESDAYS

For active-duty and retired military and family members assigned to Barksdale AFB. Maximum 20 words. Only home phone numbers will be published.

LIMIT TWO ADS PER PERSON.

Free ads must be non-commercial and for personal property offered without regard to race, creed, color or national origin. The publisher reserves the right to edit ads. Ads run on a space-available basis for two weeks. Ads must be e-mailed to warrior@gannett.com by 4:30 p.m. Wednesdays for inclusion in the following Wednesday's paper. The following information must be included in the e-mail:

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Address • City • Zip code
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warrior@gannett.com
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CALENDAR OF EVENTS

sat.11

TESLA IN CONCERT

When: 8 p.m. Horseshoe Casino & Hotel, 711 Horseshoe Blvd., Bossier City.

Admission: \$30.

Info: (888) 512-7469 or www.riverdome.com.

14TH ANNUAL CRUISIN' FOR KIDS CAR SHOW

When: 8 a.m.-3 p.m. Louisiana Boardwalk, Bossier City.

Featuring: car show benefiting The Gingerbread House.

Admission: \$30, registration per vehicle; free, spectators.

Info: (318) 868-1876.

sun.12

'SO YOU THINK YOU CAN DANCE'

When: 3 p.m. Bossier Civic Center, 620 Benton Road, Bossier City.

Featuring: live dance competition fundraiser.

Admission: \$20.

Info: (318) 780-2625.

thur.16

RINGLING BROS. AND BARNUM & BAILEY: ZING ZANG ZOOM GOLD EDITION

When: 7 p.m. June 16-18; 3 p.m. June 18; 1 p.m. June 19. CenturyTel Center, 2000 CenturyTel Center Drive, Bossier City.

Featuring: a fantasy-filled world with young thrillusionist, David DaVinci.

Admission: \$28-\$103.

Info: (318) 747-2501.

TNT TROLLEY EXPRESS

When: 5 p.m. Artspace, 710 Texas St., Shreveport.



Jim Hudelson/Warrior

The Shreveport-Bossier Captains will be in baseball action against the Fort Worth Cats at 7:05 p.m. June 17-18 and 6:05 p.m. June 19 at Fair Ground Field.

Featuring: "Boogie-Woogie Music" tour will be "in tune" with this narrated tour of historic music venues and musical experiences, including stops at the Zebra Room, Blue Goose Cafe', Municipal Auditorium and the Barnwell Garden & Art Center for its jazz series.

Admission: free.

Info: (318) 673-6535.

fri.17

RON WHITE: MORAL COMPASS

When: 7:30 and 10 p.m. Horseshoe Casino & Hotel, 711 Horseshoe Blvd., Bossier City.

Admission: \$65-\$75.

Info: (888) 512-7469 or www.riverdome.com.

2011 CITY AMATEUR MATCH PLAY GOLF CHAMPIONSHIP

When: 8 a.m. June 17-19. Querbes Park Golf Course, 3500 Beverly Place, Shreveport.

Featuring: tournament open to all male amateur golfers.

Admission: \$85, entry fee per player includes green fee. Entry deadline is 5 p.m. June 15.

Info: (318) 673-7773 or www.mySPAR.org.

MOVIES & MOONBEAMS

When: 8:30 p.m. Riverview Park, Clyde Fant Memorial Parkway, Shreveport.

Featuring: outdoor screening of "Yogi Bear."

Admission: free.

Info: (318) 673-7892 or www.mySPAR.org.

SHREVEPORT-BOSSIER CAPTAINS VS. FORT WORTH CATS

When: 7:05 p.m. June 17-18; 6:05 June 19. Fair Grounds Field, 2901 Perishing Blvd., Shreveport.

Featuring: a minor league baseball game.

Admission: \$5.

Info: (318) 636-5555 or captains@sbcaptains.com.

TRAVIS TRITT

When: 8 p.m. Municipal Auditorium, 705 Elvis Presley Ave.,

Shreveport.

Featuring: Cody Cooke and the Bayou Outlaws.

Admission: \$27-\$47.

Info: iebooking@aol.com.

sat.18

THE SHREVEPORT HOUSE CONCERT SERIES

When: 7 p.m. Fairfield Studios, 1510 Fairfield Ave, Shreveport.

Featuring: Eric Taylor.

Admission: \$20.

Info: (318) 219-7688 or reservations@fairfieldstudios.com.

'MY MOMMA DIDN'T RAISE NO FOOL'

When: 7 p.m. June 18; 5 p.m. June 19. The Vickie Roberson Theatre, 233 E. 67th St., Shreveport.

Featuring: stage play production by Vickie Roberson.

Admission: \$12.50.

Info: (318) 861-1993 or www.vickieroberson.com.

HUMMINGBIRD SEMINAR

When: 9-10 a.m. Louisiana Nursery, 12290 Mansfield Road, Keithville.

Featuring: Lynn Eddy, Master Gardener and hummingbird specialist.

Admission: free.

Info: (318) 925-0971.

mon.20

SHREVEPORT-BOSSIER CAPTAINS VS. GRAND PRAIRIE AIRHOGS

When: 7:05 p.m. June 20-22. Fair Grounds Field, 2901 Perishing Blvd., Shreveport.

Featuring: a minor league baseball game.

Admission: \$5.

Info: 636-5555 or captains@sbcaptain.com.

thur.23

'LITTLE SHOP OF HORRORS'

When: 8 p.m. June 23-25, July 1-2; 2 p.m. June 26, July 3. Shreveport Little Theatre, 812 Margaret Place, Shreveport.

Featuring: a Shreveport Little Theatre Lagniappe production.

Admission: \$22.

Info: (318) 424-4439.

fri.24

TRACY LAWRENCE IN CONCERT

When: 8 p.m. DiamondJacks Casino Resort, 711 DiamondJacks Blvd., Bossier City.

Admission: \$20-\$30.

Info: (318) 678-7695 or www.diamondjacks.com.

sat.25

GENTLEMEN'S COOKING CLASSIC

When: 6-9 p.m. Harrah's Louisiana Downs, 8000 E. Texas St., Bossier City.

Featuring: competition honoring Orlando Chapman, owner of Brother's Seafood; Matthew Linn, owner of Columbia Cafe'; and Gayland Johnson, executive chef for Ralph & Kacoos.

Admission: \$10-\$25.

Info: 6 (318) 70-6681.

sun.26

THE PERRY CONCERT

When: 6 p.m. Central Assembly of God, 700 Highway 80, Bossier City.

Admission: free.

Info: (318) 949-0010.



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U.S. Air Force photo by Staff Sgt. Chad Trujillo

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