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WELCOME HOME DEPLOYERS

Minot Air Force Base welcomes home its deployers! Family and friends, coworkers and commanders, all share in the warm-hearted feeling when their Airmen return safely from their deployed location, wherever in the world this may have been.

The following Airmen have recently returned from deployment:

5th Munitions Squadron
Maj. Steven Gorman

5th Medical Group
Lt. Col. Joseph Silvers



Airmen continue mission, fight flood

(U.S. Air Force photo/Senior Airman Michael J. Veloz)

A B-52H Stratofortress lands on to the taxiway after a sortie here June 30. Air Force Global Strike Command Airmen continue to provide combat ready forces for nuclear deterrence and global strike operations despite the recent flooding of the Souris River.

Purifiers assist base water supply

by Airman 1st Class
Jose L. Hernandez

Minot Air Force Base Public Affairs

Water purification units shipped from Holloman AFB, N.M., were set up here June 30.

Six reverse osmosis water purification units are fully functional and running, ensuring the continuation of water supply throughout the installation. These systems produce nearly a quarter million gallons per day.

An additional two units have been designated as reserve components and are on standby mode.

Tech. Sgt. Trevor Szuch, 49th Material Maintenance Squadron waters fuels systems maintenance craftsman, is a ROWPU technician who traveled from Holloman AFB to help out with the setup of equipment here and has been in support of the 24-hour ROWPU management operations.

"On arrival we were able to get the systems up and running within hours," said Sergeant Szuch. "After the initial setup, we were able to quickly train our counterparts here on the components, and they have begun to take over. Everything has been working out well."

While the installment of the ROWPU's provides Minot AFB with an adequate water supply, it is essential residents continue water conservation efforts, said Tech. Sgt. Douglas McPherson, 5th Civil Engineer Squadron waters fuels systems maintenance craftsman.

"We don't have the ability to produce the amount of water that is used during an average summertime here," said Sergeant McPherson. "So, we need to make sure we continue to

see **PURIFIED WATER** on page 5



(U.S. Air Force photo/Senior Airman Jesse Lopez)

Airman 1st Class Christopher Martinez, 5th Civil Engineer Squadron waters fuels maintenance apprentice, works on the recently acquired reverse osmosis water purification units brought here from Holloman Air Force Base, N.M., July 5. In order to ensure the continuation of water supply throughout Minot Air Force Base, six reverse osmosis water purification units are fully functional and running, with an additional two units designated as reserve components.

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<p>2011 Cadillac SRX #M19616 NOW \$41,964</p>	<p>2010 Pontiac G6 #M19691 NOW \$16,795</p>	<p>2008 VW Beetle Coupe #M19671 NOW \$17,888</p>	<p>2004 Honda Odyssey Van #M19342A NOW \$7,990</p>
<p>2011 Chevy Traverse #M19515 NOW \$29,711</p>	<p>2010 Hyundai Accent #M19629 NOW \$13,998</p>	<p>2008 VW Jetta Loaded #M19095 NOW \$17,888</p>	<p>2005 Pontiac Grandprix #M19406A NOW \$9,490</p>
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What happened to MAFB water?

by Capt. Todd Brackett
5th Medical Group

On June 24, flood water from the Mouse River entered a large underground storage tank near the city of Minot Water Treatment Plant through an overflow drain line.

The amount of time that river water flowed into the tank is unknown, but operators estimated it could have been 100,000 gallons or more. It is still not known where the contaminated water went to in the distribution system or if the water was actually unsafe to drink, but the Minot Public Water System and all other systems connected to it were forced to issue a boil water order as a precautionary measure.

To date, all pH, free available chlorine and turbidity measurements have been normal, and no water samples have tested positive for bacteria.

Every day the water treatment plant produces 4.5 to 11 million gallons of water. Why be concerned about 100,000 gallons of river water?

Contrary to the adage 'dilution is the solution to pollution,' contamination does not perfectly dilute in water distribution networks. Contamination tends to travel in slugs through the pipes and may generate hazardous conditions in some areas while not affecting others.

So, what are the health hazards associated with flood water?

Untreated river water may contain many biological hazards, to include viruses, bacteria, and other microorganisms which can cause mild to severe illness. The chlorine added during the water treatment process is very effective at killing most bacteria and destroying viruses.

If chlorinated water can kill most viruses and bacteria, than why do we need to worry about a little untreated river water mixing with millions of gallons of treated water?

Some microorganisms are very resistant to chlorine and have the potential to cause serious illnesses. Also, contamination moving through water systems often does not mix perfectly with treated water. There may not be enough chlorine to kill the bacteria, viruses and other microbes before they reach your tap. Boiling water will kill any remaining threat to your water.

What is Minot AFB doing to ensure that our water is safe?

Following the boil water order issued on June 25, Bioenvironmental Engineering has conducted sampling every four hours at points throughout each of the five loops in our distribution system, as well as from the main line which normally connects us to the city of Minot.

What are we testing in the water?

Free available chlorine, pH, and turbidity are collected from each sample site. While none of these parameters alone can prove that a biological hazard is present in our water, they each can be collected quickly and provide indi-

cations that a biological hazard may be present.

Below is a brief description of what each test means:

pH: pH must be kept constant in order for chlorine to be most effective against microbes.

Free Available Chlorine: Chlorine is added to the water in the treatment process and as it travels through the pipes some of it is used to kill bacteria and other microbes. FAC is the amount of chlorine remaining in the water when it comes out of the tap. Therefore, if there is no chlorine remaining in tap water, this may indicate the presence of contamination.

Turbidity: Turbidity is a fancy word for how cloudy the water is. Think about how clear water is when it comes out of your tap; now contrast this with the flood water which we have seen this past week. If untreated river water were to mix with the drinking water supply, then we might expect turbidity to increase. Obviously people cannot see the microbes that cause illnesses and cloudy water is not necessarily unhealthy, however the impurities that make the water appear cloudy may be associated with these harmful microbes. The sampling equipment will also allow the detection of very small changes in turbidity that are not visible to the naked eye.

Bacterial Testing: Bioenvironmental Engineers are collecting samples every four hours from the Minot AFB water main.

Samples are incubated for a period of 24 hours. At the end of the incubation period, we can determine the presence or absence of bacteria.

Bioenvironmental Engineers will continue increased sampling tempos until the city of Minot lifts the boil water order, the water service returns to normal operations, and public confidence in the city water is restored.

Storage expenses to be reimbursed for displaced Airmen

Expenses of up to 180 days of storage of house hold goods will be reimbursed for displaced Airmen and their families as a result of the historic Souris River flood that occurred in McHenry, Renville and Ward counties.

Col. James Dawkins Jr., 5th Bomb Wing commander, authorized the reimbursement of property storage and short-distance move expenses incurred by Air Force Global Strike Command Airmen and their families June 29.

This order applies to displaced active duty military and dependents whose permanent residence is located within evacuation areas, which include McHenry, Renville, and Ward Counties.

Additional storage or moving costs exceeding the allotted 180 days will be at the expense of the active duty military member or dependent.

All household goods shipment and storage requests under this order must be initiated in coordination with the 5th Logistics Readiness Squadron and the Joint Personal Property Shipping Office before Aug. 5. Property collection, transport, and storage can begin after Aug. 5 as necessary.

Base leadership understands the difficulties displaced Airmen and their families are currently going through and will do their best to ensure their needs are met.

Affected members should report to their chain of command for further instructions on short distance moves and temporary storage at government expense.

Displaced Airmen dependents to receive allowances

The commander of Minot Air Force Base issued a limited evacuation order June 29, for Department of Defense, active duty military, and civilian dependents who were previously evacuated from their homes due to the Souris River flooding.

Col. James Dawkins Jr., 5th Bomb Wing commander, mandated this order to allow for base personnel to report to a shelter or find temporary lodging within the safe haven. This includes all DoD military and civilian dependents in the evacuation area.

The safe haven has been defined as the area within the state of North Dakota.

A limited evacuation order provides allowances to military dependents who are authorized or ordered to leave a location within the Continental United States because of unusual or emergency circumstances.

Evacuation allowances may begin effective June 29. In addition, Colonel Dawkins has determined members may accompany their dependents to their safe haven location, then return to Minot AFB, while their dependents remain at the safe haven location.

Travel orders for military dependents will be prepared by the personnel readiness unit. If evacuated dependents travel to a location other than, or outside, the designated safe haven area, transportation costs are limited to the authorized location, and the standard CONUS per diem rate applies.



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The official newssource for Minot Air Force Base is www.minot.af.mil.

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We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication.

The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

OPERATIONS SAFERIDE

Operation SafeRIDE is a voluntary organization ready to provide assistance to Airmen in need of a wingman. Airmen can call **723-2233(SAFE)**.

Volunteers for the week and weekend of June 13 to June 20 and June 16 to June 18 are from the 5th Aircraft Maintenance Squadron.

**Lives saved through
June 13: 628**

Dear Drunk Driver

ELLSWORTH AIR FORCE BASE, S.D. (AFNS) - Dear Drunk Driver,

We don't know each other. We never met. That is until our lives literally collided. It was a night/early morning I wish I could forget and, in some ways, have forgotten. I guess there is part of me that also wishes I could remember more.

The night started out great. I was with my sister and a great friend. We did have a good night and, surprisingly, I was in a good mood when we got in the car and headed home. On our way home we did stop and got some food, saw another friend and was warned to drive safe. There really isn't much after that I remember until I woke up in the back of the car and people were staring at us. Then I heard my sister screaming. She obviously didn't hear me because she didn't respond.

All I remember is pain after that. The rest I had to be told from friends and family. No one would tell me,

but I knew my friend didn't make it through the accident. I feel guilty because I made it and she did not, especially since she had a young daughter who was going to have to grow up without her now. I just didn't feel right.

There was a part of me that wishes, more than anything, I could go back and switch places with her, that I was the one who didn't make it through the accident. Now, almost 12 years later, I do understand why things ended the way they did. If I hadn't made it, my husband wouldn't be mine and our children wouldn't exist, but the guilt still hasn't gone away completely.

In the beginning, I didn't feel anything but hatred for you and the people who allowed you to get in the car after all the drinks you consumed that night. Part of me was glad that you, too, didn't make it, that now your family was going to have to go through the rest of their lives without you.

After learning and growing, after 12 years of fighting to remember and grateful for my memory loss, I feel sorry for those you love. I feel sorry for you. I wish I knew for sure how old you were; I just know you were young and didn't really have a chance to live. We were all young. The ones who survived had to grow up a little more than we should have, and the ones that lost their lives didn't get to experience the wonderful things there is to experience here.

I want you to know that I have forgiven you for the accident. I may not fully forgive myself yet, but I am getting there. I pray that you have learned a lesson and understand the consequences of your actions, that you can help others with your story. That we all can help someone somewhere not have to live with the physical and mental wounds we have.

I hope you have found peace.

(The author of this commentary wishes to remain anonymous.)

Standards of courage

JOINT BASE CHARLESTON, S.C. (AFNS) - The other day at lunch I saw something that really stuck with me. A colonel excused himself from his dining companions for a moment and went over to an Airman at another table. Discretely, he corrected her on improper wear of the uniform.

Is this something to be concerned about? Is this what leaders should take their time to do?

The answer is yes. He corrected something the moment he saw it was wrong. It doesn't matter that it was something as seemingly trivial as the improper wear of the uniform. It's our duty as Airmen, and especially as leaders, to correct things that are wrong, from simple uniform items to multi-million-dollar budgets, and everything in between. It's a combination of excellence and integrity.

To put it more concretely, as I sit writing this in an airport gate area, awaiting my maintenance delayed flight, I sure hope someone is watching and correcting the mechanics fixing my jet.

In addition to integrity, it also took courage to correct that Airman. Sure, some might argue that as a senior officer, one should feel secure in correcting a lower-ranking person. In this case, rank doesn't matter. It takes moral courage to walk up to someone you don't know and tell them they're doing something wrong. Odds are,

you're not making an instant friend and you're going to cause some hurt feelings.

It's a responsibility all supervisors share. I knew of a supervisor who would not give feedback, or at least honest feedback, because once when he did so, the person he was trying to help started crying. I've known of others who just didn't take the time to correct seemingly minor infractions such as hair or uniforms. The problem is those seemingly minor issues become larger issues. These leaders set their Airmen up for failure. In a couple of cases I've seen, the lack of an early course correction resulted in being passed over for promotion a few years down the road.

It's not fun correcting people. Adversarial encounters rarely are a good time. However, it's our duty, as Airmen and as leaders, to uphold the standards. That requires not only knowing the standards, but having the moral courage to tell someone they're wrong. You do it professionally, with as little fuss as needed, but nonetheless, you do it.

But it's not just supervisors.

A personal example and one that definitely shows courage is the Airman who recently corrected me on a uniform issue. We were at a squadron event and he asked if he could speak to me. When we were out of earshot of everyone else, he very quietly told

me that I was doing something the Air Force Instructions did not allow. I quickly corrected the issue and thanked him for helping me out.

That took courage. Moreover, he handled it fantastically. He pulled me aside, kept it very professional and helped me out instead of playing "gotcha!" I appreciated that correction which helped me look better, and even more so, I appreciated his courage in approaching me.

This is where excellence comes in. We hold ourselves responsible, as Airmen of all ranks, to uphold standards and display excellence in what we do.

It's also about more than just correcting mistakes or issues you see. It's about setting your Airmen up for success. One of the hardest things I've had to do in my career was to defer a promotion until the Airman could meet standards - not my standards, but Air Force standards. However, as a leader, it was about more than just telling someone they were wrong. It doesn't just stop with the correction. After that, a good leader ensures the Airman has the support needed to get back on track. That's what we do as leaders. We help our Airmen.

Have that moral courage to do what's right, no matter how unpleasant it may be. You'll be happy you did, and just importantly, those people you correct will most likely thank you in the long run.

Commentary by Lt. Col. Aaron Burgstein
1st Combat Camera Squadron

WEATHER FORECAST

Fri 7/8	Sat 7/9	Sun 7/10	Mon 7/11	Tue 7/12
				
84/66	80/60	77/57	76/59	77/58
Scattered strong to severe thunderstorms.	A few clouds. Highs in the low 80s and lows in the low 60s.	Sunny. Highs in the upper 70s and lows in the upper 50s.	Mostly sunny. Highs in the mid 70s and lows in the upper 50s.	Mostly sunny. Highs in the upper 70s and lows in the upper 50s.

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MAFB EMERGENCY PHONE NUMBERS

BASE EMERGENCY
911 or Cell 727-1911

BASE CRIME STOP
723-7867 (STOP)

LAW ENFORCEMENT
723-3096

SECURITY
723-3011

FIRE
723-2461

ROAD CONDITIONS
723-1190

SAFE RIDE
723-7233 (SAFE)

Flood-related illnesses

by **Capt. Monica Sicker**
5th Medical Group

As Air Force Global Strike Command Airmen and their families begin returning to their homes, many health-related questions may arise.

The 5th Medical Group is devoted to addressing any medical concerns. One of the most common issues families may confront in flooded areas is mold.

First and foremost, it is important to remember that mold is present naturally inside and outside of homes at all times.

However, due to the current circumstances, it is possible that even more mold is growing inside those homes that were exposed to flooding or significant moisture. Therefore, safe and proper cleanup is a must.

Mold can affect people in different ways, ranging from no symptoms to severe symptoms. Exposure to airborne mold spores may occur with clean-up, and if inhaled in large amounts, one could develop breathing problems.

Remember that inhaling large amounts of any airborne clean-up debris may cause breathing issues. Other symptoms of mold exposure may be mild, such as rashes, stuffiness, runny eyes and runny noses. Many times, simple medications can help reduce or resolve those symptoms. Medical providers here can evaluate and treat for these issues.

If one has a diagnosed chronic lung disease, asthma or immune-suppression, they should avoid involvement with initial clean-up efforts. Mold spores have the potential for making these diseases much worse. If chronic illnesses are getting worse or are not well controlled, please

FYI

- One of the most common issues families may confront in flooded areas is mold.
- Mold can affect people in different ways, ranging from no symptoms to severe symptoms.
- During clean-up efforts, the most important things to remember include protecting the body with proper equipment like masks, gloves and goggles.

make an appointment with a provider. He or she can determine if further testing or treatment is needed.

Every case is different, and there are a variety of mold species that are likely to cause symptoms in people.

During clean-up efforts, the most important things to remember include protecting the body with proper equipment like masks, gloves and goggles.

Also be sure to practice avoidance, especially those with previous lung diseases as mentioned above.

Remember, the medical group is here to help and has resources available to treat many medical issues, including those associated with mold exposure. Do not hesitate to call and make an appointment at 723-5633.



Keeping pets safe after the flood

by **Capt. Morgan Mander**
Minot AFB veterinarian

As everyone adjusts to the new normal, it is important for Air Force Global Strike Command Airmen and their families to remember to keep their pet's health and safety in mind.

Here are some tips to consider:

Keep pets away from the water. Contaminated floodwater can pose many dangers to pets. Do not allow pets to drink or enter the floodwater. High levels of bacteria can be found in floodwaters. Drinking the infected water can cause gastrointestinal infections. In addition, many of these infections can then be spread from animals to humans.

Floodwater also provides ideal conditions for the growth of other infectious agents. Fungus and molds,

as well as disease-carrying insects like mosquitoes, can increase in flooded environments. Floodwaters may also contain toxic chemicals or heavy metals, such as lead. Floating hazards such as building materials, tree limbs and other debris can also cause injury.

In addition, animals may also try to swim in the water and become exhausted and drown. If the pet does become wet or covered in mud, they should be washed with clean water as soon as possible.

Also be sure to keep pets on a leash or in a carrier at all times while outside. Do not allow pets to roam loose. As familiar scents and landmarks disappear, pets can easily become lost or confused.

Changes in their routine and to their surroundings can lead to stress and behavior changes. Pets may act aggres-

sive or protective. Give them time to adjust to their surroundings. Be patient with pets as they express behavioral issues, and provide them with a safe, comfortable and quiet environment, which allows them to readjust.

Additionally, use caution when returning home. Keep an eye out for items inside and outside the home that may injure or harm pets. Pets don't have protective shoes or clothing, so be aware that sharp or harmful objects can be hidden in the water or mud and may injure pets. Identify any hazardous materials, such as chemicals, which may have contaminated the area. Be aware of dangerous wildlife or other animals which may have found refuge in the home or on higher ground. Look around for downed power lines or other hazards and keep pets away.

Also be sure to examine pets frequently and note any abnormalities. Contact a veterinarian if concerned about injury, illness or behavioral changes. Also contact a veterinarian for preventative health measures such as vaccinations and preventative medicine for fleas, ticks, heartworms and intestinal parasites.

By keeping control of pets and identifying hazards in the area, owners can keep pets safe and prevent injury and illness.

PURIFIED WATER from page 1

watch our overall usage of water."

In addition to the water conservation directive on base, the boil order continues to be in effect as well, regardless of the base's acquisition of ROWPU's. The order is mandated by the state of North Dakota.

However, Sergeant McPherson said bioenvironmental engineers have been testing the water every four hours and approving it before it gets pumped into the base water pipes. He explained water that runs through the ROWPU is pumped into storage bladders, tested and then pumped directly into the base's water systems.

Sergeant McPherson said the Minot and Holloman teams have worked really well together and it shows the dedication they have for helping out the base community and in Minot.

"This whole process we have set up here also supports Minot," Sergeant McPherson said. "If we have our own systems up here, it relieves the city from having to worry about supplying water to the base and they can focus on fixing their systems."

While the base has taken measures to provide residents here with adequate water, Guardsmen in Minot have also taken steps to help the city with its water situation.

According to the North Dakota National Guard, an upwards of two dozen similar purification units are expected to be arriving in Minot, with one system already setup at Trinity Hospital.

"Overall, the coordination has been outstanding, the crews out here are fantastic and everyone has been working hard to ensure the base has sufficient water," said Sergeant McPherson.



(U.S. Air Force photo/Senior Airman Jesse Lopez)

Six reverse osmosis water purification units are fully functional and running to ensure the continuation of water supply throughout Minot Air Force Base. An additional two units have been designated as reserve components and are on standby mode. These water purification units were shipped recently from Holloman AFB, N.M and can produce nearly a quarter million gallons of purified water per day.



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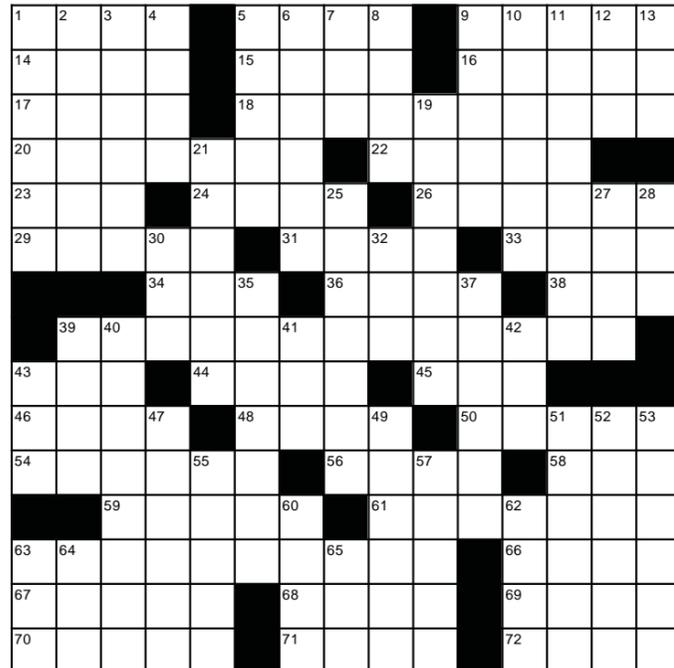
ACROSS

1. Fitzgerald forte
5. Singer James or Jones
9. Little rascal
14. Kipling's "Rikki-Tikki-___"
15. Like khakis
16. French capital, in song
17. "___ Old Cowhand"
18. Kind of molecular link
20. Marker feature
22. King's domain
23. To's companion
24. Half a fortnight
26. Word before monkey or gun
29. Stocking stuffer?
31. Ardor
33. Use a swizzle stick
34. Hosp. staffers
36. Regrets deeply
38. Bach's "Minuet ___ Major"
39. Object of ridicule
43. Sportscaster McCarver
44. 9D or 10EEE
45. Japanese honorific
46. Castle basements, in some horror movies
48. African grassland
50. Brutish one
54. Islands vacation, perhaps
56. Elite Navy diver
58. Pre-Lenten carnival site
59. Cataloguer of yore
61. Europe's westernmost country
63. "I Walk the Line" singer
66. Plenty mad
67. Upturned
68. Prefix with cumulus
69. Ratchet engager
70. Bacon piece
71. Soy-based soup
72. Eyelid swelling

DOWN

1. Leaves no tip to
2. Paparazzo's need
3. Arthurian paradise
4. Windshield shading
5. Aviator Rickenbacker
6. Saint-___ (French

Asset Management



- | | |
|--------------------------------|---|
| resort) | attacks |
| 7. Letter before epsilon | 41. Suffix with ion or lion |
| 8. The ans. to this clue, e.g. | 42. "Blastoff!" preceder |
| 9. Asparagus serving | 43. Gentle handling, initially |
| 10. Sends a telegraph to | 47. "Burnt" crayon color |
| 11. Like potpourri | 49. Believers like Franklin and Jefferson |
| 12. Chess pieces | 51. Biblical landfall |
| 13. ___ XING | 52. Strong and lean |
| 19. Like snakes and worms | 53. Take baby steps |
| 21. Jew's-harp sounds | 55. Pooch that said "Arf!" |
| 25. Nutmeats | 57. Allergy-season sound |
| 27. Go down | 60. Con job |
| 28. Joule fraction | 62. They may be read or sealed |
| 30. Play about Capote | 63. Mr. Six-pack |
| 32. Dog days mo. | 64. Come-___ (marketing ploys) |
| 35. Chilled to the bone | 65. He whipped Foreman in '74 |
| 37. Nag's digs | |
| 39. Whopper creator | |
| 40. Many oater | |

Solution to puzzle from last week.

S	E	G	A		E	L	I	H	U		M	A	S	T		
O	R	A	N		S	A	V	E	S		O	I	L	Y		
W	A	T	E	R	C	R	E	S	S		D	R	A	G		
S	T	E	W	A	R	D		A	R	T	I	S	T	E		
					J	O	S				U	S	H	E	R	
G	U	F	F	A	W		H	O	N	S	H	U				
A	L	I	A	S		N	O	V	A	K		T	B	A		
V	A	R	Y		O	A	T	E	N		S	T	A	R		
E	N	E		T	A	T	E	R		C	A	L	E	B		
				E	S	H	K	O	L		W	A	G	E	R	S
P	E	S	T	O						M	A	P				
R	E	C	O	R	D	S				A	R	R	E	A	R	S
O	R	A	L				E	A	R	T	H	A	N	G	E	L
P	I	P	E				B	L	U	T	O		D	I	N	E
S	E	E	N				S	T	E	E	L		S	N	O	W

UPCOMING MOVIES

For more information, call the movie line at 723-3802

The Hangover Part II

Friday, July 8, at 7 p.m.

Phil, Stu, and Alan travel to Bangkok for Stu's wedding only to find themselves in another post-blackout misadventure.

Rated R for pervasive language, strong sexual content including graphic nudity, drug use and brief violent images. Rated R for some strong sexuality, and language throughout.

Running time: 105 minutes



Pirates of the Caribbean: On Stranger Tides

Saturday, July 9, at 7 p.m.

When Captain Jack Sparrow crosses paths with the enigmatic Angelica, he's not sure if it's love -- or if she's a ruthless con artist who's using him to find the fabled Fountain of Youth. When she forces him aboard the "Queen Anne's Revenge," the ship of the legendary pirate Blackbeard, Jack finds himself on an unexpected adventure in which he doesn't know whom to fear more: Blackbeard or Angelica, with whom he shares a mysterious past.

Rated PG-13 for some frightening images and sequences of action adventure.

Running time: 137 minutes

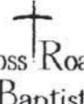


SUDOKU

Solution to puzzle on page 18

1					2			3
	4		3			5		6
	6		7		8			9
7		4	9					
8	5							3 7
					7	4		1
5			8		9		6	
9		3			5		7	
4			1					2

CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule Daily M-F 8 a.m. Saturday 5:30 p.m. Sunday 8:30 a.m. & 11 a.m.</p> <p>Fr. Fred Harvey, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy 10 a.m. Saturday Vespers 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p>Heritage Baptist Independent Fundamental Meeting at 435 21st St. NW 833-1798</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:45 a.m. Sunday Evening 6 p.m. Wed. Prayer/Bible Study 7 p.m. Wed. Children's Patch Club 7 p.m.</p> <p>Pastor Brian Ferree</p>	<p>Minot Air Force Base Chapel Protestant Services (All Sunday)</p>  <p>Traditional Service 10:00 a.m. (North Plains Chapel) Gospel Service 11:30 a.m. (Northern Lights Chapel) Contemporary Service 2:00 p.m. (North Plains Chapel)</p> <p>Wednesday Feed Your Faith Classes: North Plains Chapel 1730-1930 Dinner and Children's programs included</p> <p>Chapel 723-2456</p>	<p>Minot Air Force Base Chapel Catholic Services</p>  <p>Complete Mass Schedule can be seen on the Chapel Information page on the Minot Air Force base website: www.minot.af.mil</p> <p>Sunday CCD 11:15 a.m. (North Plains School)</p> <p>Northern Lights Chapel 723-2456</p>
<p>Bible Fellowship 1720 4th Ave. NW • 838-0916</p> <p>www.minotbiblefellowship.org Sunday School 9:45 a.m. Sunday Worship 10:45 a.m. Sunday Evening Worship 7:00 p.m. Wed. Evening Family Night 7:00 p.m.</p> <p>• Pioneer Club • Youth Club • Women's Bible Study • Adult Bible Study</p> <p>Pastor Duane Deckert</p> 	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening 7:00 p.m. Independent/Fundamental/KJV 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Harvest Reformed Church</p>  <p>We are devoted to faithful preaching of God's Word, Confessionally Reformed Biblical worship.</p> <p>Now meeting in room 204 Minot Municipal Auditorium Morning Service 10:30 a.m.</p> <p>838-0605 www.harvestreformedchurch.org</p>	<p>Congregational United Church of Christ</p> <p>430 N. Broadway • 839-1064</p> <p>Sunday School 11 a.m. Sunday Worship 11 a.m. Tuesday Lunch Bible Study 12 Noon Wed. Youth Classes 6:30-8:30 p.m.</p> <p>Rev. Frank Picard</p>	<p>Welcome to the Minot Church of Christ 1315 1st St. NE</p> <p>Sunday: Bible Classes 10:30 a.m. Worship 5:00 p.m.</p> <p>Wednesday: Bible Classes 7:00 p.m.</p> <p>"Restoring 1st Century Christianity in the 21st Century"</p>
<p>First Presbyterian Church 1000 3rd St. NE (Next to Trinity Nursing Home) 852-0315</p> <p>Sunday Contemporary Worship 8:30 a.m. Sunday School 9:30 a.m. Sunday Traditional Worship 11 a.m. Monday Youth Worship 7 p.m. Wednesday Community Supper... 5-6:30 p.m. Wednesday Contemporary 6:30 p.m. Sunday Transportation & Nursery Available</p> <p>www.minotfpc.org <i>Visitors Welcome</i></p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Sunday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study .. 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>Minot First Church of The Nazarene 2500 West Central Avenue 701-838-8704</p> <p><i>Come Experience a Warm Family Feeling</i></p> <p>Coffee & Conversation 9-9:30 a.m. Sunday School 9:30 a.m. Morning Worship 10:45 a.m. Evening Service 6 p.m. Midweek Service (Wed.) 7 p.m.</p> <p>Senior Pastor Francis Warren</p>	<p>First Lutheran Church - ELCA 120 - 5th Ave. NW 852-4853</p>  <p>Sunday 8:30 a.m. & 11 a.m. Wednesday 7 p.m.</p> <p><i>Saturday evening service is SUSPENDED for the Summer. For the foreseeable future, Zion Lutheran and First Lutheran will worship together.</i></p> <p>Pastor Ken Nelson Pastors Michael & Kari Pancoast www.firstlutheranchurchminot.com</p>	<p>St. Mark's Lutheran Church Missouri Synod</p>  <p>Sunday Worship 9:30 a.m. Bible Class 10:30 a.m.</p> <p>Holy Communion is served on the 1st & 3rd Sunday of each month.</p> <p>2209 4th Ave. NW • 839-4663 Carlyle Roth, Pastor</p>
<p>Bethany Lutheran 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Wednesday Worship 7 p.m. Sunday Worship 9 a.m. Sunday Fellowship 10 a.m.</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise</p>	<p>North Hill Baptist Church</p>  <p>524 21st Ave. NW • Minot, ND 58703 701-839-7283</p> <p>Pastor Dan Andrus, 701-578-5060</p> <p>sparrow@minot.com minotnorthhillbaptistchurch.com</p> <p>"We're Not There Yet...Come Grow With Us!"</p>	<p>St. John the Apostle Catholic Church</p>  <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7 p.m. Wednesday - Friday 9 a.m. Saturday 5 p.m. Sunday 8 and 10:30 a.m.</p> <p>Fr. Dave Zimmer, Pastor Parish website: www.stjohnminot.com</p>	<p>All Saints' Episcopal Church (Anglican) 301 S. Main St. • 839-1037</p> <p>Sunday Worship 10 a.m. Wednesday Worship 5:15 p.m.</p> <p>www.allsaintsminot.org</p>	<p>Our Redeemer's Church A Church with a Christian School 700 16th Ave SE</p> <p>Sundays Worship Services 8:30 a.m. & 10:45 a.m. Radio Broadcast KHRT 1320 AM 11 a.m. Children's programs 9:45 a.m. Youth & Adult Bible Classes 10 a.m. Interpreter services for the deaf 10:45 a.m.</p> <p>Wednesdays Supper 5:40 p.m. Bible Classes for all ages 6:30 p.m.</p> <p>Lead Pastor, Rod Spidahl, PhD 838-0750 • www.ourredeemers.org</p>
<p>Augustana Lutheran Church 321 University Ave W • Minot (Across from MSU) ELCA • 839-9563</p> <p>Sunday Worship 8 & 10:30 a.m. Sunday School, Confirmation, Adult Forum & Choir Rehearsal 9 a.m.</p> <p>Pastor Michon Weingartner Home of Campus Pastor Kerri Williamson</p>	<p>Faith United Methodist Church</p>  <p>801 University Ave. W • 838-1540</p> <p>Worship: Sundays 10:45 a.m. Wednesdays 5:15 p.m. (with simple supper) Nursery Available Sunday School: 9:30 Quilting: Tues. 10 a.m. & Thurs. 6:30 p.m.</p> <p>Rev. Debra Ball-Kilbourne</p>	<p>Cross Roads Baptist</p>  <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) .. 6:30 p.m.</p> <p>www.angellnet.net/crossroads email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873 Dr. Ben Pierce, Pastor</p>	<p>West Minot Church of God "A Family Worship Center" 1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church 10:30 a.m. Wednesday Family Training Hour 6:30 p.m. Wednesday Kids on the Rock 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m.</p> <p>ABC Child Care & Pre-School Center 852-6352</p>	<p>Bethel Free Lutheran AFLC</p>  <p>"Building Followers of Jesus Christ"</p> <p>Sunday School 9:00 a.m. Worship Service 10:30 a.m. Wednesday Supper 6:15 p.m. Adult/Youth Bible Study Kids Club 7:00 p.m.</p> <p>Pastor Shane McLoughlin 530 22nd Ave NW • 852-6492 bethel@minot.com</p>
<p>River of Life Church</p>  <p>400 22nd Ave NW • Minot</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Sunday Evening Service 6 p.m. Wednesday Service 7 p.m.</p> <p>Joe VanEst, Pastor • 858-7777</p>	<p>First Baptist Church 220-3rd St. S.W. • 852-4533 www.firstbaptist-minot.org</p>  <p>Summer Worship Schedule: Classic Worship 9:30 a.m. Contemporary Worship Service... 11 a.m. Children's Church 11 a.m. AWANA Wed. (Sept.-May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Gordon Kroeker, Discipleship & Community Life Pastor Paul Pankratz, Student Ministries Pastor Josh Huesby, Worship</p>	<p>Bread of Life Lutheran Church ELCA</p>  <p>1415 17th Ave SW 838-3360</p> <p>Saturday worship 5 p.m. Sunday worship 9:30 am</p> <p>Curt Hanson, Pastor Breadoflifeminot.com</p>	<p>BEREAN BAPTIST CHURCH Independent KJV</p> <p>Sunday School 9:45 a.m. Worship 11:00 a.m. Sunday Evening 6:00 p.m. Wednesday Evening 7:00 p.m.</p> <p>Pastor Joe Minnerup www.bereanbaptistminot.com</p> <p>601 1st Ave SE • Minot 833-9811</p>	<p>First Assembly of God 1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Evening Worship 6:30 p.m. Wednesday Family Night 7 p.m.</p>
<p>Trinity Church An Evangelical Free Church</p>  <p>3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>June - August Worship 9 a.m.</p> <p>www.trinitychurchminot.org</p>	<p>Immanuel Baptist Church 1615 2nd St. SE • Minot • 839-3694</p>  <p>Sunday Worship 10 a.m.</p> <p>Wednesdays Soup Kitchen .. 11:30 a.m. - 12:30 p.m.</p> <p>Pastor Allen Lively Sarah Dvirnak, Youth Director</p> <p>www.immanuelbaptistminot.org</p>	<p>This spot could be yours for only \$7 per week!</p> <p>call us at 839.0946 or email us at nsads@srt.com for more info.</p>	<p>ZION Lutheran ELCA</p>  <p>1800 Hiawatha St. 852-1872</p> <p>Saturday Worship 5 p.m. Sunday Worship 8:30 a.m. & 11 a.m.</p> <p>John Streccius, Pastor Nathan Mugaas, Pastor</p>	<p>Vincent United Methodist Church</p>  <p>1024 2nd St. SE • 838-4425 Behind Town & Country Shopping Center open hearts...open minds...open doors!</p> <p>Saturday Informal Service 5 p.m. Sunday Worship 8:30 a.m. & 11 a.m. Sunday School 9:30 a.m. Coffee Fellowship 10:30 a.m.</p> <p>Gary L. Ball-Kilbourne www.vincentumc.com</p>

Zebra mussel still present in Red River

The North Dakota Game and Fish Department has confirmed zebra mussel veligers were recently found in the southern Red River in the same vicinity where they were discovered last year.

The zebra mussel veliger, a microscopic free-swimming (young) stage, was originally found in a plankton sample taken at Kidder Dam in Wahpeton in June 2010. Sampling efforts conducted twice in the past month found veligers in the area on both occasions. Additional zebra mussel veligers were found in the lower Otter Tail River at Breckenridge, Minn.

The Otter Tail and Bois de Sioux rivers join at Wahpeton-Breckenridge to form the Red River.

Biologists believe the zebra mussels sampled in the Red River originated from Pelican Lake in Minnesota, which is in

the Otter Tail River's drainage. Adult zebra mussels were found in Pelican Lake in fall 2009.

Zebra mussels are an aquatic nuisance species introduced into North America and currently found in many states east and south of North Dakota. Adult zebra mussels have not been found in North Dakota or the Red River.

Zebra mussel veligers can float along in river currents for weeks before eventually attaching to hard structures and growing into dime-sized mussels. When established, these invasive mussels reproduce at rapid rates. One female can produce up to a million eggs a season and each egg has the potential to develop into an adult.

Adult mussels attach to hard surfaces such as rocks, submerged trees, bridge abutments, docks and industrial

or municipal water intake pipes. When in dense colonies

they can block water flow in pipes, causing costly damages annually in the United States.

Zebra mussels can also alter natural ecosystems. They are siphon feeders capable of filtering about one liter of water per day while feeding primarily on plankton. These exotic mussels have the ability to alter the food chain and eventually deplete native flora and/or fauna in the affected water.

Game and Fish staff will continue periodic sampling of the Red River during the open-water season, as well as work with local government entities along the Red to monitor boat docks and other hard structures for the presence of adult zebra mussels.

Zebra mussels, like most aquatic nuisance species, are extremely difficult and costly to eliminate once they are established. The Game and Fish Department reminds water recreationists to abide by laws that are already in place to prevent introduction of ANS into new waters.

Existing ANS regulations include:

- All water must be drained from boats and other watercraft, including livewells, baitwells, bilges and

motors before leaving a water body.

- All aquatic vegetation must be removed from boats and construction equipment, personal watercraft, trailers and associated equipment such as fishing poles/lures before leaving a body of water.

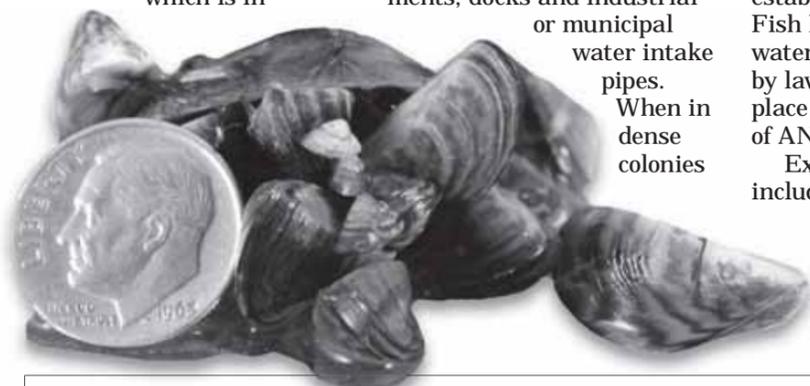
- All aquatic vegetation must be removed from bait buckets when leaving the water.

- Live aquatic bait or aquatic vegetation may not be transported into North Dakota. Also, all water must be drained from watercraft prior to entering the state.

Sampling and monitoring for zebra mussels is a cooperative effort with the North Dakota Game and Fish Department, Minnesota Department of Natural Resources, South Dakota Game, Fish and Parks, and Manitoba Water Stewardship.

More information is available at:

- gf.nd.gov/fishing/ans-animals.html
- www.protectyourwaters.net/hitchhikers/mollusks_zebra_mussel.php
- www.dnr.state.mn.us/invasives/aquaticanimals/zebramussel/index.html



PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL

The scene was surreal: Shoveling scoop after scoop of sand – much better suited beneath a child's swing set – into an uncooperative plastic bag as the melodious whirl of a Blackhawk helicopter thumped overhead.

It was a sandbagging scene playing out in Bismarck. Or Mandan.

Maybe Pierre, S.D. Even Hamburg, Iowa. It was the harsh reality that Mother Nature rules, no matter how hard we as humans try to tame her.

It's hard to admit we're powerless in her arms. It hurts to admit it, too, because it means we're mortal. Sometimes, our actions and those of others – as well intended as they might be – aren't the right ones.

It hurts.

It's a punch in the gut by the school bully and so much more.

The Missouri River stretches more than 2,000 miles before spilling into the Mississippi River at St. Louis, Mo. and eventually into the Gulf of Mexico. She touches the State of Wyoming...Montana...North Dakota and South Dakota...Iowa...Nebraska...Kansas...and finally, her namesake, Missouri.

She is not our river.

But she is also not Missouri's river.

She is everybody's river, for she provides – on a normal year, if there is such a thing – anywhere from 40 to 50 percent of Mississippi River inflows.

A wise person once said 'we are all connected' when it comes to water.

He was talking about aquatic nuisance species concerns at the time but that same philosophy applies to water and rivers in general.

What we do – or what someone else does – is critical to everyone up and down the Missouri River. We all want and need that water.

For drinking.

Millions and millions of people rely on the Missouri River. Rural water districts and major metropolitan cities alike.

For energy.

Missouri River water powers homes, industry, businesses and farms in regions not even touching her riverbanks.

For recreating.

More so in the Dakotas than anywhere along the river, recreation provides relaxation and livelihoods. For some, the river or her reservoirs are why they live where they live.

It's not that way in places like Kansas City, Mo.

To understand why recreation isn't a part of their soul as it up here is to understand history. For, as another wise person once said, it wasn't all that long ago when their neck of the river was nothing but dumping grounds for waste from livestock slaughterhouses dotting the river.

Fish or swim the river?

Not a chance when a cow's leg or other unidentifiable body part floats alongside.

Today, in 2011, what's floating by are people's hopes and dreams and hard work, snapped like the tiniest toothpick in Mother Nature's hands.

They're washing away.

It's happening up and down the river, not just in North Dakota or South Dakota.

It's in Iowa and Missouri, where overtopped levees flood misery onto someone else's life just as the once beautiful river is doing here in North Dakota and South Dakota.

We are in this together.

Perhaps the newly created Missouri River Working Group can do more than work together to improve flood control.

Perhaps they can help people up and down the Missouri River understand it is everyone's river. It's important to all.

Perhaps, by working together as group, we can all look at the Missouri River in a better, understanding light.

But first, those up and down the river need time to grieve, be angry, and hopefully, eventually heal.

Game and Fish advises boaters to use common sense

North Dakota boaters are reminded to follow a few simple regulations to ensure safe boating this summer.

Nancy Boldt, boat and water safety coordinator for the state Game and Fish Department, said using good judgment is what it takes to be a safe boater. "It's just a matter of using common sense and making the right decisions," Boldt said.

Boating regulations are found in the 2010-12 North Dakota Fishing Guide, the North Dakota Boat and Water Safety Guide or the Boat North Dakota education book. These guides are available online at the Game and Fish website, gf.nd.gov, by email at ndgf@nd.gov, or at a local Game and Fish Department office.

Some of these regulations include:

- No person may operate any motorboat or vessel, or manipulate any water skis, surfboard, or similar device while intoxicated or under the influence of any narcotic drug, barbiturate or marijuana.

- No person may operate a motorboat or vessel within 100 feet of a person fishing from a shoreline, swimmer, swimming diving raft, or an occupied anchored or nonmotorized vessel, or within 250 feet of a reduced speed or slow or no wake sign at greater than slow or no wake speed.

- No person may operate any motorboat or vessel, or manipulate any water skis, surfboard, or similar device in a reckless or negligent manner so as to endanger the life, limb, or property of any person. Reckless or negligent operation of a motorboat or vessel includes weaving through congested motorboat or vessel traffic, jumping the wake of another motorboat or vessel within 100 feet of the motorboat or vessel, or in any other manner that is not reasonable or prudent.

Watchable wildlife photo contest

The deadline for submitting photos to the North Dakota Game and Fish Department's annual Watchable Wildlife Photo Contest is Sept. 30.

The contest has categories for nongame and game species, as well as plants/insects. An overall winning photograph will be chosen, with the number of place winners in each category determined by the number of qualified entries.

Contest entries are limited to 5x7-inch or larger color prints, or digital files submitted on disk or via email. Contestants are limited to no more than five entries. Photos must have been taken in North Dakota.

By submitting an entry, photographers grant permission to Game and Fish to publish winning photographs in North Dakota OUTDOORS magazine, and as part of the magazine on the Department's website, gf.nd.gov.

Prints or photo disks should be sent to Watchable Wildlife Photo Contest, C/O Patrick T. Isakson, North Dakota Game and Fish Department, 100 N. Bismarck Expressway, Bismarck, ND 58501-5095.

Send emailed digital photos to photocontest@nd.gov. Digital submissions can be either original digital photographs, or scans made from prints or slides/transparencies. Photographers will need to supply the original image if needed for publication.

Prints will be returned if requested following judging. Photo disks will not be returned. All entries must be accompanied by the photographer's name, address, phone number and email address if available. Other information such as photo site location and month taken are also useful.

Although care will be taken with submitted material, the Game and Fish Department assumes no financial responsibility for lost or damaged materials.

Flood recovery operations: Safety first

by Tech. Sgt. Buddy Snyder
5th MDOS Public Health

As the flood waters start to reduce, it is only natural for people to want to move back to their residence as soon as possible.

Once local authorities allow Air Force Global Strike Command Airmen and their families back into their

homes, they must be sure to take all the necessary precautions.

First, be sure to get immunized. The 5th Medical Group offers tetanus shots to active duty, dependents and other enrollees. If it has been more than 10 years or one has never received the vaccine, they should receive their shots before beginning any

recovery actions.

Also, be sure to practice good hygiene. Always wash hands before eating, smoking or when they become heavily soiled.

It is important to make sure foods and water are safe. The United States Department of Agriculture recommends throwing out any food that may have been contami-

nated by flood waters. Check with the local government websites for when the water is safe to drink. If the water is unsafe, use bottled water or water that has been boiled for at least one minute.

While at home, be sure to evaluate structural soundness. Look for leaning walls, sagging roofs and ceilings, and weakened support columns. If there is any doubt that it is unsafe, leave immediately.

Also ensure that the electricity is turned off. If you have to step in water in order to get to your electrical box, call an electrician or power company. When using electricity, pay attention to where the power cords are located. Always be sure to raise cords above any damp floors.

Remember to turn off the gas or have the gas company turn it off. If there is a leak or a smell of gasoline, leave the house or area immediately.

If using a generator, make sure to use it properly. Gas generators should only be operated outside.

While renovating and using tools, wear the appropriate personal protective equipment. This includes steel toe boots, hearing protection, safety goggles, long-sleeved shirts, long pants, hard hats, and gloves. If using a chainsaw, ensure that it is in good working condition and is used properly. Before cutting, have an escape route planned.

When re-entering the home, water may need to be removed from the basement. Only pump out two to three feet of water a day. If the basement drains too quickly, the walls and floor can crack or collapse.

While cleaning, keep in mind that there are several resources available, including www.ag.ndsu.edu/flood and the USDA food safety hotline at 1-800-535-4555.

Additionally, the 5th MDG Public Health office can be reached at 723-5204 for any questions or concerns.

Most importantly, remember to not enter one's home unless permission has been granted by the local authorities.

 <p>It's the Sign of Success</p> <p>60 years serving the real estate needs of the Minot Area 408 North Broadway, Minot, ND 58703 • 701-852-1156</p>		
 <p>\$329,900 BEAUTIFUL HOME - 2 story with 4 bedrooms, 3 1/4 baths. Formal dining room, large kitchen w/eat-in area. Main floor family room w/fireplace & walkout to deck. Walkout lower level family room w/fireplace plus a large rec-room. Double garage MLS #20110900</p>	 <p>\$162,000 JUST LISTED! 3 bedroom, 1 bath ranch style home on North hill. Steel siding, newer kitchen appliances, full unfinished basement, deck, shed and nice yard. Detached double garage</p>	 <p>\$139,900 RANCH STYLE - 2 bedroom, 1 3/4 bath home in Tioga. Large kitchen with breakfast bar, lots of cabinets, an island and dining nook. Walkout to covered deck to enjoy backyard. Finished lower level w/non-egress bedroom, family room, 3/4 bath and laundry. Attached garage MLS #20110833</p>
 <p>\$110,000 HIDDEN BAY GETAWAY - Large 26x46 garage with finished living space complete w/kitchenette, dining area, 3/4 bath and multi-purpose room. Great views and nice shoreline to tie off boat. MLS #20110905</p>	 <p>\$339,900 "SALE PENDING" PRICE REDUCED - 4 bedroom, 3 bath home on 1 acre with 2 tiered decks to enjoy the valley view. Open kitchen, dining area and great room w/gas fireplace - perfect for entertaining. Walkout lower level. Attached triple garage. MLS #20110571</p>	 <p>\$220,000 TRI-PLEX - Great Investment Property! Offers 2 units with 2 bedrooms each plus garage space and a 1 bedroom unit with no garage. MLS #20110519</p>
 <p>Colleen Johnson 721-4536 crowjohnson@min.midco.net</p>	 <p>Donna Foster 833-7953 donna@minothomes.com</p>	

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A: After pregnancy or weight loss, the skin and muscle can become stretched and fail to return to their original shape. Despite exercise and diet, these tissues don't always respond and a tummy tuck, also known as an abdominoplasty, may provide a highly effective method of tightening the muscles and treating these difficult abdominal areas. This can be combined with liposuction as well to sculpt difficult to reduce areas.

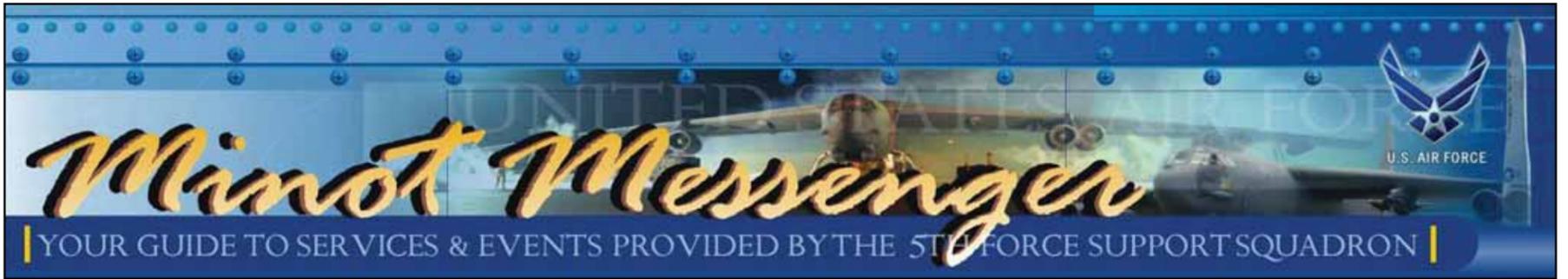
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Annual Water Carnival Offers Plenty Of Fun For Entire Family

Don't miss the annual Water Carnival at the outdoor pool scheduled for July 15th from 1 p.m. to 7 p.m. The event features games, prizes, and open swimming. There are Duck Races for children ages 2-4, Minnow Races for children age 10 and under, and Seal Races for youth age 16 and under. Children 16 and under can compete in the Hula Hoop and Limbo contests. There will be a bouncy castle and dunk tank. Cost for this fun-filled family event is \$5 per person with children age 6 and under free. Price includes one plate of food and a beverage. Season passes will not be accepted for this event. Event will be held pending water conservation restrictions being lifted and pool reopened. Call 723-3648 for more details.



Show Off Your Archery Skills At Archery Simulator Tourney



Outdoor Recreation is providing Minot AFB personnel an opportunity to show off their ar-

chery skills during the Archery Simulator Tournament July 22nd from 10 a.m. to 6 p.m. The tournament consists of shooting whitetail deer on the simulator range. This is an individual based tournament; trophies and prizes will be awarded to the winners.

Tournament is open to anyone age 10 and older (age 17 and under must be accompanied by an adult). Cost is free for archery members; non-members must become members to participate. Price for yearly membership is \$35 for singles per year and \$45 for families per year. Call Outdoor Recreation at 723-3648 by July 20th to register and schedule your tournament shooting time.

Currently Deployed & Returnee Family Dinner Is July 28th

Dinner is on us! The Airman & Family Readiness Center invites family members of currently deployed personnel and deployment returnees/families to enjoy a free Deployed Family Dinner on July 28th from 5-6:30 p.m. at the Airman & Family Readiness Center patio. This is a great informal event which provides an opportunity to network with other family members experiencing a separation. No speakers or briefings!

There will be door prizes, resource materials, program/incentive information, great food, and lots of conversation. Interested persons should pre-register by July 22nd by calling 723-4500; seating is limited.

Eligible participants include any deployment returnee who came home after June 23rd, 2011 and their family members, 5 BW families of currently deployed members, and 91 MW families experiencing a work-related separation on the date of the event.

The Deployed Dinner for July is hosted by the Airman & Family Readiness Center and 5 CONS.

Families of currently deployed personnel and deployment returnees can use this occasion to discover more about the PLAYpass Respite Deployment Support Program. Representatives from 5 FSS activities will be on hand to provide information on events and programs which qualify for free or reduced cost when the eligible member and/or family members utilize the PLAYpass.

Library To Host "Campfire Tales" On Saturday, July 9th

Join the Base Library on Saturday, July 9th at 1 p.m. for Campfire Tales. All ages are invited to attend a casual campfire of snacks and stories. Enjoy making smores and reading some sort of (but not too) scary stories as well as making some cool crafts to take home. Moms, dads, grandparents, and kids come join us around the fire and enjoy the fun time without the mosquito bites. For more information, call the Base Library at 723-3344.



Youth Center Hosting Variety Of Upcoming Summer Camps & Trips

Triangle Y Camp Horseback Riding & Swimming Trip

The Youth Center will host a trip to the Triangle Y Camp near Garrison, ND on July 13th for Youth Center members only. Youth can enjoy horseback riding with an opportunity to swim afterwards. Trip will depart Youth Center at 7 a.m. and return at approximately 3 p.m. Cost is \$10 per youth. Call 723-2838 for details or to register.

Youth Soccer Camp

Learn more about soccer and improve your skills during the Soccer Camp hosted by the Youth Center On July 18th through July 22nd. The camp is \$5 for Youth Center members and \$20 for non-members. Price includes a free soccer ball for participants and a FitFactor T-shirt. Authorized PLAYpass participants may use their youth PLAYpass and your cost is FREE. For more information, call the Youth Center at 723-2838.

Taube Art Museum Field Trip

Join the Youth Center for the Taube Art Museum field trip scheduled for July 20th and 21st. The trip, Big Bold Batliks: Real & Tempera, allows children age 9 and older to learn the art of painting with hot wax and dyes. Cost is free for Youth Center members and \$15 for non-members. Lunch is provided; limited space available. Call the David C. Jones Youth Center at 723-2838 for more information.

WE HAVE UPDATED OUR MENU!
Starting July 1, 2011
All-Ranks Lunch Served
Monday-Friday 11:00am-1:00pm

Members: \$7.50 Non-Members: \$9.50 Children: \$4

1. **MONDAYS:** Potato/Taco Bar, Build your own Pasta Bar, and Salad Bar
2. **TUESDAYS:** Roast Beef, Mongolian BBQ Bar, and Salad Bar
3. **WEDNESDAYS:** Gyros/Schnitzel, Greek Pasta Salad, Fries, Build your own Pasta Bar, and Salad Bar
4. **THURSDAYS:** Oriental Cuisine, Mongolian BBQ Bar, and Salad Bar
5. **FRIDAYS:** Chicken & Waffles, Fried Catfish, Coleslaw, Mac and Cheese, Build your own Pasta Bar, and Salad Bar



For more events, visit the 5 FSS website at www.5thforcesupport.com

Receive information on upcoming 5 FSS events via e-mail or text. Sign up now by visiting: <http://subscribe.5thforcesupport.com/user/register>



Visit our website at www.5thforcesupport.com

Family Child Care Pre-Orientation

Would you like to work in your home, be your own boss, and make a difference on Minot AFB and in the life of a child? Then attend the Family Child Care Pre-Orientation on July 11th from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. Call the Family Child Care office at 723-6662 to make your reservation to attend.

Wing Fest

Join the Doolittle Center for Wing Fest on July 15th at 5:30 p.m. There will be a variety of wings for bar food culminating into a wing eating contest. There are two categories of wings – spicy and mild. Each contestant has 3 minutes to consume as many wings as possible. Winners receive a trophy to hold onto until next month's contest along with \$25 in Darby dollars. Call the Doolittle Center at 723-3731 for more information.

Resume Writing & Interview Skills Workshop

Get the tools to write a resume and brush up on your interviewing skills during the Resume Writing and Interview Skills Workshop on July 11th from 11:30 a.m. to 1 p.m. at the Airman and Family Readiness Center. This fact filled 90 minute seminar has great information to assist you in writing your resume to get the interview you want. Additionally, you'll learn interviewing skills to make that impression which will help you get the job. Whether you are looking for a new position or starting out in the work force, this workshop is for you. Call the Airman and Family Readiness Center at 723-3950 to pre-register.

Airmen's Appreciation Meal To Feature "Food Idol" Competition

The Dakota Inn is hosting their next quarterly Airmen's Appreciation Meal on July 21st beginning at 4:30 p.m. A delicious meal is planned including entrees such as ribeye steak, chicken Cordon Bleu, lobster tails, and lemon baked chicken. If you think you can hold a tune, sign up for the Dakota Inn's "Food Idol" competition. A total of 10 spots are available with the winner receiving a trophy. Call 723-2359 for details.

Minot AFB Triathlon

Are you up for a challenge? The Fitness Center is hosting the Minot AFB Triathlon on July 9th at 11 a.m. Participants will swim a half mile (pending pool being open), bike 10K, and run 5K. Prizes awarded to first, second, and third place finishers. Event is open to DoD ID card holders. Visit the Fitness Center to sign-up. Registration at the event is from 10:30-11 a.m.; deadline for registration is July 8th. For additional details, call the McAdoo Fitness Center at 723-2145.

Rockers Old School Night

Come to J.R. Rockers on July 9th for Old School Night from 9 p.m. to 1 a.m. Enjoy a drink with your friends while you listen to your old time favorite music. J.R. Rockers DJ will be playing smooth and easy music to bring you back to the old school days. Event is free for club members and \$5 for non-members. Call J.R. Rockers at 727-ROCK for more information.

Swimming Lesson Open Enrollment

Swimming lesson open enrollment will be held at the outdoor pool on Monday, July 18th at 10 a.m. (pending pool being open). The swimming lesson session runs from July 18th to July 29th. Cost of the lessons are \$30 per person. Participants must be 5 years of age or older. Lessons will be held at the indoor pool during poor weather. Call Outdoor Recreation at 723-3648 for more information.

Only The Best Come North Scramble Postponed

Due to the current flood related issues in Minot and surrounding areas, the Only The Best Come North Scramble originally scheduled for Sunday, July 10th has been postponed. A rescheduled date is to be determined and will be announced at a later time. We apologize for any inconvenience this may cause.

Dance The Night Away

Dance, party, and hang out during J.R. Rockers Hip Hop Nights on July 16th and July 30th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Gather up your friends and enjoy a great night out. Call 727-ROCK for details.

Latin Nite

Gather up your friends and get ready to party during Latin Nite at J.R. Rockers on July 23rd. The event is free for club members and \$5 for non-members; the fun starts at 9 p.m. For more information, call J.R. Rockers at 727-ROCK.

Toga/Graffiti Party

Get a little wild and crazy during the Toga/Graffiti Party at the Doolittle Center on July 8th. Wear your toga and be ready to be graffitied!! Markers will be available to decorate each others toga with a prize awarded for the best decorated toga. Enjoy a delicious pizza party buffet. For details, call 723-3731.

Buck Bowling During July

Rough Rider Lanes is offering everyone a great way to get out of the house and enjoy some recreation fun. During July, you can bowl for \$1 per game from 9 a.m. to 8 p.m., Monday through Thursday. Shoe rental is FREE. Bring the entire family and all your friends. Contact Rough Rider Lanes at 727-4715 for additional information.

Jewelry Making Class

The Arts & Crafts Center is hosting a Jewelry Making class on Saturday, July 16th from 10:30 a.m. to noon. Participants will receive instruction on the tools used for jewelry making as well as all supplies to make a necklace and earrings. Once you complete the jewelry, it is yours to keep. Cost for the Jewelry Making class is \$10. For more information, call 723-3640.

Texas Hold'em Tournament

Do you know when to hold'em and when to fold'em? J.R. Rockers invites you to bring your best poker face to the Texas Hold'em tournament scheduled for Friday, July 8th. \$20 for club members and \$25 for non-members; sign in by 7 p.m. with play beginning at 7 p.m. Call 727-ROCK to register.

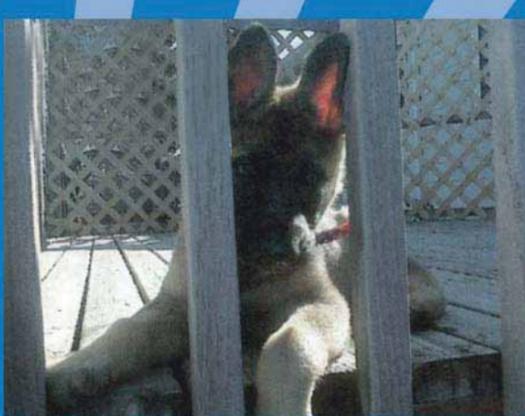
Arts & Crafts Center Retail Store Open Saturday, July 16th

The retail store at the Arts & Crafts Center will be open on Saturday, July 16th from 10 a.m. to 2 p.m. Browse through their wide selection of craft supplies or check out their many unique gift ideas. Be sure to ask about the wide variety of classes they offer including scrapbooking, framing, counted cross stitch, knitting, framing, and more. For additional information, call the Arts & Crafts Center at 723-3640.

**MAY
PET OF
THE MONTH**



Proud Owners:
A1C James &
Jessica Johnson

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Winner receives a \$20 gift card to R&J's World of Pets and \$15 Darby Dollars which can be used at any Force Support Squadron facility.

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Take Day Trips - Check out the great day trips at Outdoor Recreation.

Get In The Swim - Get a pool pass at a discount and learn how to stay safe in the water while having fun!

Deployment-affected eligible members and families may acquire their **PLAYpass** by visiting the Airman & Family Readiness Center. Please bring a copy of your deployment orders to confirm eligibility. Visit www.MyAirForceLife.com for more information on the **PLAYpass** program.

WHAT'S FOR DINNER



Marinated Grilled Shrimp

Prep Time: 5 minutes, plus 1 hour for marinating
Cook Time: 7 minutes

- 1/4 cup Heinz 57 Sauce
- 1 cup dry white wine
- 1 cup extra virgin olive oil
- 1/4 cup freshly squeezed lemon juice
- 3/4 cup fresh basil leaves, chopped (or 1/4 cup dried basil)
- 24 raw, peeled and deveined jumbo shrimp

In a medium bowl, whisk together sauce, wine, oil, lemon juice and basil until well mixed. Pour into resealable plastic food storage bag. Add shrimp and seal tightly, turning until well coated. Allow to marinate in refrigerator for up to one hour, turning occasionally.

Preheat grill to medium heat. Remove shrimp from refrigerator, reserving the marinade and discarding the bag. Thread shrimp onto 4 skewers and grill for 4 to 7 minutes or until cooked through, turning often and basting with reserved marinade during last 3 minutes of grilling.

Photography exhibit at 62 Doors Gallery

Minot State University art student Ashley Duchsherer will present her senior capstone exhibition, "Essence of a Woman," July 16 through August 6, 2011 at 62 Doors Gallery & Studios, 11B South Main Street, Minot.

Opening reception is Saturday, July 16 from 7 to 9 p.m. at the gallery.

Duchsherer is a photography major at MSU. In a series of photographs, Duchsherer uses natural lighting and the representation of Mother Nature to show the essence of a woman.

"My inspiration for this series stemmed from my love of nature. I hope the viewer sees my photographs, has an instant connection to the subject and an unexpected wonder and curiosity that inspire a desire to interact with the subject," said Duchsherer. The exhibition and recep-

tion are free and open to the public. Gallery hours are 1-6 p.m. Thursday through Saturday or by appointment.

For more information contact the gallery at 62doors@gmail.com.

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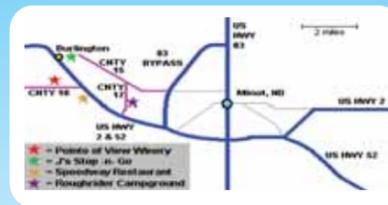
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MSU SUMMER THEATRE PRESENTS

THE PIRATES OF PENZANCE

Tonya Stuart

Northern Sentry Advertising Sales & Design

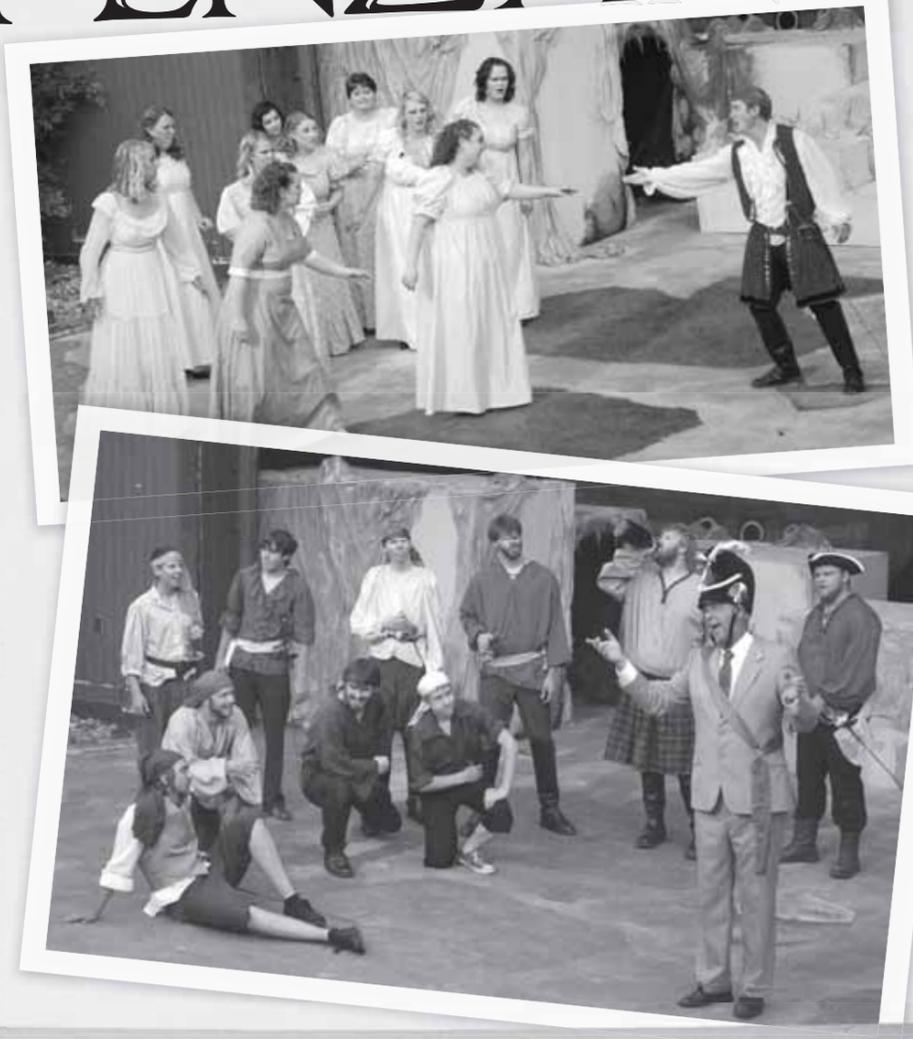
Rain or flood won't stop this show from going on! This is MSU Summer Theatre's 46th year in production. Every year MSU chooses four productions that they perform during the months of June and July. Even though the cast members and faculty started preparing in April, nothing could prepare them for the flood.

With many of the people involved having to evacuate their homes, MSU Summer Theatre had to postpone the dates of their productions. The Pirates of Penzance opens on July 7th and runs until the 11th, on July 9th Military personnel and their families can enjoy the play with \$2.00 off of each adult ticket and \$1.50 off of each child ticket purchased.

According to director Chad Gifford "hilarity ensues". This is very true after watching the dress rehearsal, I left with my stomach in stitches from laughing so hard. What is better than a bunch of pirates, a silly old colonel, and a bunch of dancing fine maidens? You guessed it nothing! This family friendly musical comedy is easy for everyone to enjoy no matter what age you are.

This musical was written over 130 years ago by Gilbert and Sullivan. The last time MSU Summer Theatre performed a play by the two, the year was 1969 and Minot flooded, what a coincidence. Kevin Neuharth is blaming them for the flood.

So come one come all and experience a show like no other, enjoy the stars, some popcorn and a good laugh. Call 858-3228 to make your reservations today.



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Eld. James W. Henderson, Pastor

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- Dial-A-Prayer: 727-6447
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- Sunday School..... 9:45 a.m.
- Morning Worship11 a.m.
- Family Hour/
Leadership Training 6:30 p.m.
- Evening Worship 7:30 p.m.
- Bible Study/
Children Worship (Wed.).. 7 p.m.
- Prayer (Friday) 7 p.m.

MSU SUMMER THEATRE Season 46 Presents:
Gilbert and Sullivan's
The Pirates of Penzance
Music by Arthur Sullivan / Libretto by W.S. Gilbert
Directed by Chad Gifford
JULY 7-11
Military Appreciation Night: Saturday, July 9
For Reservations Call 858.3228

If you have any problems concerning the delivery of the Northern Sentry in base housing,

Please call Michelle Bock at 838-5937.



MINOT AREA COUNCIL ON THE ARTS UPCOMING EVENTS

VISUAL ARTS

- DAILY** MSU NW Art Center - "Mandala: Reinventing the Wheel", Gordon B Olson Library Gallery
- DAILY** MSU NW Art Center – Senior Capstone exhibit, John Ross, James Skinner, June Szcur, Hartnett Hall "Mandala: Reinventing the Wheel", Gordon B. Olson Library Gallery
- DAILY** Taube Museum Summer Art Ventures – see www.taubemuseum.org

AUGUST

- 13&14** Prairie Artist Arts & Fine Crafts Show, Metigoshe Christian Center, Bottineau, 701-228-2905

THEATER

- JULY**
- 7-11** "Don't Dress for Dinner" MSU Summer Theater, 8:30 p.m., 858-3228 \$8 adults
- 18-23** "My Fair Lady" MSU Summer Theater, 8:30 p.m., 858-3228 \$8 adults

REGISTRATION DEADLINES

- AUGUST**
- 16&17** Registration for Dance Company of Minot Fall classes, 838-5094

Cooperatives team up to donate \$50,000 to the local Red Cross

Three electric cooperatives, a telephone cooperative and a cooperative bank teamed up today to donate \$50,000 to the Mid-Dakota Red Cross in Minot to help with their flood relief efforts.

Verendrye Electric Cooperative, Central Power Cooperative, our transmission cooperative, Basin Electric Cooperative, our generation cooperative, Souris River Telecommunications, our sister cooperative and CoBank, our cooperative bank, each pledged \$10,000 on Monday.

"The Red Cross is vital to helping people both in Minot and in rural areas recover from this disaster and this donation will help," said Verendrye Manager Bruce Carlson. "Working together to help our communities is a core principle of cooperatives."

Allan McGeough, executive director of the Mid-Dakota Red Cross, was notified of the donation today.

"We really appreciate all of the contributions we receive from organizations like Verendrye, SRT, Central Power, Basin Electric and CoBank," McGeough said. "Donations from businesses and individuals will be used to help meet the immediate needs of people affected by the flood."

To make a donation to the



Allan McGeough, executive director of the Mid-Dakota Red Cross, left, shakes hands with Verendrye General Manager Bruce Carlson after discussion a \$50,000 donation to the Red Cross from five cooperatives.

Mid-Dakota Chapter, go to minotredcross.org, call 701-852-2828 or mail donations to Mid-Dakota Chapter ARC, P.O. Box 456, Minot, ND 58702.

Verendrye Electric, with offices in Velva and Minot, is a distribution cooperative that has about 12,500 meters. Central Power is a transmission cooperative based in Minot that serves Verendrye and five other distribution cooperatives in North Da-

kota. Basin Electric is based in Bismarck and produces power for 135 distribution cooperatives in nine states like Verendrye. SRT Communications is a telephone cooperative based in Minot. CoBank, based in Denver, provides loans, leases, export financing and other financial services to agribusinesses and rural power, water and communications cooperatives in all 50 states.

Boeing supports US AF launch of miniature air launched decoy

Jammer MALD-J expands B-52's defensive role

WICHITA, Kan. – Boeing earlier this month supported the U.S. Air Force in the first powered launch of a Miniature Air Launched Decoy Jammer (MALD-J) from a B-52. The successful test, in which the electronic jammer was launched from a B-52 Stratofortress, took place over the Gulf of Mexico at the Eglin Air Force Base, Fla., test range.

Boeing designed the avionics software onboard the B-52 that controls and launches the Raytheon-built MALD-J.

"The software functioned exactly as we designed," said

Scot Oathout, B-52 program director for Boeing. "We were able to power up the MALD, send the mission through the interface and verify that the data was properly received."

MALD-J is the newest variant in the MALD family. It has added capabilities to loiter or orbit over an area and jam adversaries' radars.

"This is another great opportunity for the Air Force and Boeing to transform the B-52 and expand its mission from a predominantly offensive role to a more defensive player, defending U.S. and allied aircraft in combat zones,"

said Oathout.

A unit of The Boeing Company, Boeing Defense, Space & Security is one of the world's largest defense, space and security businesses specializing in innovative and capabilities-driven customer solutions, and the world's largest and most versatile manufacturer of military aircraft.

Headquartered in St. Louis, Boeing Defense, Space & Security is a \$32 billion business with 65,000 employees worldwide. Follow us on Twitter: @BoeingDefense.

Tips to help you stay healthy during flood cleanup

The North Dakota Department of Health encourages everyone cleaning up after the recent flooding to stay healthy by following these tips:

- Always wear mosquito spray to avoid being infected with West Nile virus.
- Take precautions when cleaning areas that contain mice droppings, nests or dead mice. For more information, see the "Hantavirus Pulmonary Syndrome" fact sheet available at www.ndhealth.gov/disease.
- Make sure your tetanus vaccination is up to date (within 10 years).
- Dispose of garbage properly.
- Wash your hands be-

fore you eat or drink.

- Drink plenty of water to avoid dehydration.
 - Take breaks in the shade or an air-conditioned car to avoid heat exhaustion and heat stroke.
 - Lift heavy objects properly to avoid back injuries.
 - Wear sturdy shoes, protective eyewear and masks, if possible.
 - If you are injured during cleanup, wash the wound with soapy water and seek medical care if needed.
- For more information about any of these guidelines, please contact the North Dakota Department of Health at 701.328.2372.

Convenient access to online accounts with one password

By Brian P. Smith

TriWest Healthcare Alliance

There is a logon that allows military families access to certain Department of Defense (DoD) benefit websites with one username and password: it's the DS Logon. Having a DoD Self-Service Logon (DS Logon) can mean remembering just one username and password for some DoD and Veterans Affairs (VA) websites.

How to request your single logon:

Sponsors with a Common Access Card (CAC) or DFAS myPay Login ID may request a DS Logon at myaccess.dmdc.osd.mil/dsaccess.

Eligible beneficiaries can request a DS Logon at TRICARE Service Centers (TSC). Sponsors and family members can also request a DS Logon through the VA eBenefits portal.

It's safe and secure

If the sponsor does not use the CAC or DFAS method to request a DS Logon, beneficiaries must finish a verification process known as in-person proofing to be granted full DS logon access. To help protect your identity, users need full, or Level 2, access to view or change personal information through the websites below. You can complete the verification process at a TSC. National Guard and Reserve members who can't go to a TSC for validation may be eligible to complete a remote proofing process (more information at www.tricare.mil/reserve).

After in-person (or remote) proofing, your DS Logon can be used to access these DoD and VA sites:

Beneficiary Web Enrollment (www.dmdc.osd.mil/appj/bwe): Manage TRI-

CARE Prime enrollments and update contact information.

Reserve Component Purchased TRICARE Application (www.dmdc.osd.mil/appj/reservetricare): Purchase TRICARE Reserve Select and TRICARE Retired Reserve coverage.

TRICARE Online (www.tricareonline.com): Set appointments and refill prescriptions at certain military treatment facility locations.

myDoDbenefits (mydoDbenefits.dmdc.osd.mil): Access and update information that goes directly into the Defense Enrollment Eligibility Reporting System (DEERS).

VA eBenefits (www.ebenefits.va.gov): Apply for Veterans Affairs (VA) benefits, download your Certificate of Release or Discharge from Active Duty (DD Form 214) and view benefits status.

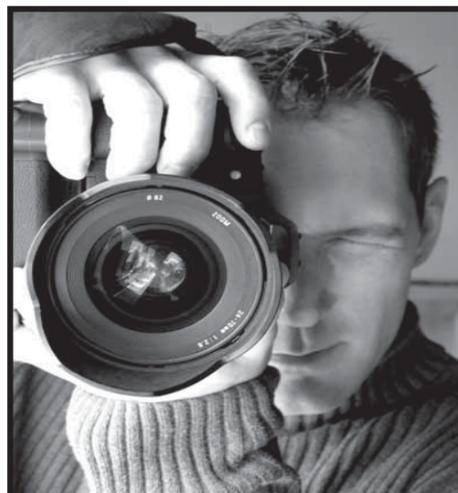
DS Logon Self-Service (myaccess.dmdc.osd.mil/dsaccess): Activate and manage your DS Logon account.

What kind of identification do I need for in-person proofing?

Beneficiaries need two current forms of approved ID; at least one must be a government-issued photo ID. DMDC's list of approved IDs: www.dmdc.osd.mil/appj/dsaccess/pub/FAQ.do.

What about my secure www.triwest.com account?

Your triwest.com account does not use the DS Logon option. A triwest.com username and password are required to manage your health care through a triwest.com account. Go to www.triwest.com/Register to learn more.



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Today

- **Firecracker 5K**, 0900, Fitness Center
- **Toga/Graffiti Party**, 1600-1900, JDC
- **Anime Club**, 1630, Library
- **Texas Hold'em Tournament**, 1900, J.R. Rockers
- **Lights & Strikes Bowling**, 1800-2300, Rough Rider Lanes
- **Whitewater Rafting Trip**, July 8-10, Outdoor Recreation

Saturday

- **MAFB Triathlon**, 1100, Fitness Center
- **Campfire Tales**, 1300, Library
- **Give Parents a Break**, 1300-1700, CDC/SAP
- **Lights & Strikes Bowling**, 1800-2300, Rough Rider Lanes
- **Rocker's Old School Night**, 2100-0100, J.R. Rockers
- **Vacation Pre-Inspection Vehicle Check Special**, July 9-21, Auto Hobby

Sunday

- **Only the Best Come North Scramble** **Postponed**, Rescheduled date to be determined, Rough Rider Golf Course
- **Sunday Escapes Book Club**, 1330, Library
- **Traditional Service**, 1000 North Plains Chapel
- **Gospel Service**, 1130 Northern Lights Chapel
- **Contemporary Service**, 1400 North Plains Chapel

Monday

- **Framing Class**, 1000-1600, Arts & Crafts
- **Resume Writing & Interview Skills Workshop**, 1130-1300, A&FRC
- **U.S. Kids Golf/Link Up 2 Golf**, M, W, F, 1700-1800 or 1800-1900, Rough Rider Golf Course
- **Otaku 2.0**, 1800, Library
- **FCC Pre-Orientation**, 1800-2000

Tuesday

- **Zumba**, 1700, Fitness Center
- **Family Night**, 1700-2100, J.R. Rockers

Wednesday

- **Triangle Y Camp Field Trip**, 0700-1500, Youth Center
- **Right Start**, 0730-1200, JDC
- **Burgers/Brats & \$1 Drafts for Members**, 1600, J.R. Rockers
- **Hello/Goodbye/Birthday Celebration**, 1600, Youth Center
- **Feed Your Faith Night**, 1730-1930 North Plains Chapel

Thursday

- **Quarterly Awards & Achievement Ceremony/Ice Cream Social**, 1700, Youth Center
- **2-4-1 Appetizers for Members**, 1700-1900, J.R. Rockers

July 15

- **Counted Cross Stitch**, 1300-1500, Arts & Crafts
- **Water Carnival**, 1300-1900, Outdoor Pool
- **Wing Fest**, 1730, JDC
- **Give Parents a Break**, 1800-2200, CDC/SAP

16 July

- **Arts & Crafts Retail Store Open**, 1000-1400, Arts & Crafts
- **Jewelry Making Class**, 1030-1200, Arts & Crafts
- **Hip Hop Nite**, 2300-0400, J.R. Rockers

MAFB offers temporary pet shelter

A temporary pet shelter has opened here for pets of displaced personnel. The shelter is being offered for primarily cats and dogs. Pet owners are asked to provide all associated food, supplies, kennel and required care. The facility will be open 24 hours a day and animals will be monitored for safety and security. The shelter is located in Building 765 on Summit Drive, near the intersection with Bomber Blvd, on the base. To reserve or request a shelter space contact (701) 723-4249 or contact the Emergency Family Assistance Control Center at (701) 723-4500 to volunteer at the temporary pet shelter. For more information visit www.minot.af.mil, our Facebook page at MAFB PA.

Link Up 2 Golf

Rough Rider Golf Course is offering Link Up 2 Golf, a new player program which makes learning the game simple, fun, and more affordable than ever before. This industry-wide player development initiative focuses on bringing more players to the game and keeping them playing for a lifetime. It is designed to attract new golfers, as well as infrequent and former golfers. Four different Link Up 2 Golf sessions will be held at the Rough Rider Golf Course this year. Each session provides participants with a solid foundation about the game of golf, including mechanics, etiquette, terminology, and proper behavior. For only \$99, participants receive eight hours of small group instruction and a variety of on-course playing experiences. Dates of the four Link Up 2 Golf sessions are July 11-22, and August 15-26. For Link Up 2 Golf participants who do not have golf clubs, rental clubs and range balls will be provided free of charge during the clinics. Interested parties can register at the Rough Rider Golf Course pro shop. For more information call the golf course at 723-3164.

Stars & Stripes Scramble

The Stars and Stripes Scramble originally scheduled for Saturday, June 11th at the Rough Rider Golf Course has been postponed until Saturday, August 13th. We apologize for any inconvenience this may cause. For more information, contact the Rough Rider Golf Course at 723-3164.

Base Education Fair

10 a.m. – 2 p.m. on July 19 & 20 at the BX Commons Area. Learn more about: Associate, Bachelor and Master programs available to ALL active duty, spouses, children & retired military at Minot AFB!

Federal Resume Workshop

In order to provide everyone a more active workshop on USAJOBS and accommodate ALL DoD civilians for the new way to apply for 'internal civilian' federal jobs, the Airman & Family Readiness Center will be holding a "Federal Resume Workshop" on July 19th from 5 p.m. to 7 p.m. This workshop is open to all active duty members, spouses, retirees, DoD civilians, and NAF employees. Information included will be accessing USAJOBS, how to find federal jobs, finding the KSAs, and tips on writing a resume. To sign up, call 723-3950.

Bundles For Babies

Expectant mothers in their last trimester are invited to attend Bundles For Babies at the Airman and Family Readiness Center on July 21st at 9 a.m. The class offers information on Air Force Aid Society community enhancement programs and the financial impact and family stressors of having a baby. For additional information, call the Airman and Family Readiness Center at 723-3950.

Local Cultural Dancers Needed

The Minot AFB planning committee for the upcoming Minot Diversity Day is seeking dancers who specialize in: American Indian, African, Hispanic/Latino, Tahitian, Asian/Pacific Islander, Turkish, European and other historical dance genre. The event is scheduled for 19 August 2011. Interested groups/individuals should contact the Minot Equal Opportunity Office at DSN: 453-2711 or Commercial: 701-723-2711 for additional information.

Hispanic/Latin Heritage Committee Meeting

The Hispanic/Latin Heritage Committee is meeting to organize displays/activities/performance for the upcoming Minot AFB Cultural Diversity Day event on 19 August. Everyone is invited to participate in the planning of this observance. Come out and share the richness of your heritage with

the base populace. Please contact Mrs. Gina Large at 723-7585 for more information.

African American/Black History Committee Meeting

The African American/Black History Committee is looking for motivated personnel to help organize and plan events surrounding the history and accomplishments of Black/African Americans in America for the upcoming Minot AFB Cultural Diversity Day event on 19 August. Anyone interested in helping to plan for this event should contact SSgt Renee Sweeting at 723-1335 or e-mail [renee.sweeting@minot.af.mil](mailto:sweeting@minot.af.mil).

Cultural Diversity Day

Andale, andale...Please join us for The Cultural Diversity Day on Friday, 19 August 2011 in the JDC. We would like to invite all the Hispanic community to participate in this event. The event will include free food, games, dance, food demonstration, give away prizes. If you would like to be part of this event please feel free to contact Mrs. Large at 723-7585 (POC Latin/Hispanic Committee).

Thrift Shop Summer Hours

The MAFB Thrift Shop will be open for Saturday Bag Sales on July 2nd and August 6th from 9:30 a.m. to 12:30 p.m. We accept donations 24/7. Donations can be dropped off inside the double doors facing Tanker Trail. We will resume Tuesday and Thursday operations on Thursday, August 25th.

Mega Mexican Platter Challenge

Are you up to a challenge of mega proportions? The Mega Mexican Platter Challenge is a new promotion available on Fridays from 4-8 p.m. at the Doolittle Center. Customers who accept the challenge will attempt to eat a Mexican platter containing one chimichanga, two enchiladas, two tacos, refried beans, Spanish rice, and chips and salsa within a 30 minute time frame. If you're able to accomplish this feasting feat, the meal is free and you'll be added to the board of fame. If you're unable to complete the challenge, the meal costs \$15. For more information, contact the Jimmy Doolittle Center at 723-3731.

Youth Employment Skills Program

The Air Force Aid Society (AFAS) offers an on-base Youth Employment Skills (YES) Program that allows eligible youth an opportunity to learn valuable work skills while having a positive impact on their base communities. The YES program allows all certified and enrolled high school student to "bank" volunteer dollar credits towards their post-secondary education/training at a rate of \$4 per hour volunteered in an on-base position. For more information or to enroll in this great opportunity to "learn and earn", contact the Youth Director at 723-2838.

Summer Lodging Crunch

Availability of lodging rooms, both on and off-base, will experience critical shortages affecting both PCS and TDY personnel. We count on off-base hotels to meet demand, and those accommodations are increasingly scarce. Due to the economic boom in NW North Dakota, alternate accommodations could be above the area per diem rate or as far away as Bismarck. We anticipate on-base TLF accommodations will be booked up to 90 days in advance. PCSing families and sponsors should make reservations as soon as the need is known. Be sure to contact the Sakakawea Inn for contract quarters or non-availability documents. Avoid reservation requests during the ND State Fair, 22-30 July 2011 as there will be no lodging available in the Minot area.

FREE FLOOD HELP CLASSIFIED ADS

The Northern Sentry is offering FREE classified ads for everyone if they are seeking or offering to help the flood relief effort.

Find us on Facebook | Minot Air Force Base Northern Sentry | and post any community fundraisers or announcements.

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SVAS Announcement

The Souris Valley Animal Shelter is housing in excess of 550 animals from displaced area residents. We truly appreciate all of the help from the service members and their families. We are ok for donated items right now and will continue to get the word out on facebook, kxmc, etc when the needs arise. If anyone is interested in a monetary donation to offset the cost of the pet care, salaries, med supplies, travel expense, etc, we have an account set up at First Western Bank and Trust at 900 South Broadway in Minot. Mark the checks "2011 Souris Valley Animal Shelter Flood Relief".

The Pirates of Penzance

MSU's Summer Theatre will be presenting The Pirates of Penzance Thursday, July 7 - Monday, July 11 at 8:30 p.m. Prepare for a salty tale of lad meets lass, lad falls for lass, and lass swears love to lad...who just happens to be a pirate. See where the notion of a "romanticized," eyeliner-adorned swash-buckler we have come to love truly originated, and don't be surprised if you find yourself rooting for this pack of misunderstood seadogs.

Turtle Races

Turtle Days in Turtle Lake are from July 8-10th. This will be the 30th annual races which will run at 1pm on Saturday, July 9th, a street dance featuring the music of 32 Below and the Western Edge Bull-a-rama and mutton bustin' rodeo on Sunday. This year's event offers something fun for the whole family. On Saturday they will have the annual Turtle Trot at 7:30am followed by the Turtle Days parade at 10am, one of the biggest small town parades in the state, followed by a kid's carnival and street fair featuring numerous vendors, a Soap Box Derby at 11am followed by the Turtle Races at 1pm. There will be a fun dunk tank with the kid's tractor pull at 3pm and then an egg toss and ski races. The "Murdered Family" Book presented by author Vernon Keel will be held at 2pm in the American Legion. Sunday starts with a Community Church service at 10:30am welcom-

ing all denominations followed by the annual Lions BBQ at 11am in the City Park. Promptly at 1pm the Rubber Duck Race will be held at the canal and is concluding the Turtle Days event is the Western Edge Bull-A-Rama featuring junior and senior bull riding competition.

Minot Flood Volunteer Training

The Salvation Army in Minot will hold volunteer training for Canteen, warehouse, pantry, kitchen, Thrift Store workers. July 8 at 8:30 a.m., July 9 at 9:00 a.m., July 11-13 at 7:00 p.m. daily, July 14 at Noon

Makoti Centennial Arts and Crafts Show

Join us on Saturday, July 9th from 9am to 3pm at John Deere Building at the Makoti Threshing Grounds. There will be jewelry, wood working, sewing, quilting, ceramics, Makoti Souvenirs, Metal Painting plus much much more! Food Vendors Available on Main Street. Everyone is welcome!!

Free Pancake & Sausage Breakfast for the displaced in Burlington

Join us on Sunday, July 10th from 10am to 1pm at the Hacienda. A free will offering will be taken. All proceeds will be donated to the Burlington Flood Relief.

Centennial 100m Motorcycle Ride

Starting at Minot's Scandinavian Heritage Park, riders will tour city, county and area parks on a 100 mile course, finishing back at the Scandinavian Park for entertainment and a meal on Sunday, July 17.

Sports Card & Memorabilia Show

Sports Card & Memorabilia Show. The latest and greatest sports cards and memorabilia will be on display and for sale at Sleep Inn & Suites on Saturday July 23, 10 a.m.-4 p.m. Lots of sports

merchandise also for sale. The newest sports card packs for sale also. Free Admission! BUY-SELL-TRADE

1000 "Four Corners" Iron Butt Run

North Dakota 1000 "Four Corners Run" 1000 Miles in 24 Hours, July 23rd-24th start and stop at Oak Park in Minot. Registration start: 6 a.m. on the 23rd. Kick stands up 7 a.m. Check in start: 6 a.m. on the 24th Official stop time: 7 a.m. \$5:00 FREE WILL donations go to the Minot Salvation Army. All Motorcycles welcome, all riders are asked to ride within the law and to their abilities. And most importantly; Have Fun challenging themselves and their bikes. Questions: please contact tim lett at 720-9974 and or ed karhan at 852-8257.

Walk Minot

• August 2nd, Tuesday at 6:30pm. Walk through historic Downtown Minot. Leader: Bonnie Kemper, Downtown Association. Meet at the Parker Senior Center parking lot (NORTH side of the building).

MAHC Annual 5k Fun Walk/Run

Minot Area Homeless Coalition, Inc. 2nd Annual 5K Fun Walk/Run will be held on Saturday, August 27. The charity 5k fun walk-run to benefit the Minot Area Homeless Coalition. This is an "All comer's race (participants not put into divisions). It's a great way to test yourself against the whole field while supporting a worthy cause". Please note: this is a non-competitive charity run to aid the MAHC. There are no prizes promised or implied to those who participate. Contact the Homeless Coalition for more information or to register for this event. 701-852-6300.

Peace Garden Military Special

International Peace Garden salutes our United States Military. Present your valid Military ID and receive 50% off of one vehicle admission (a \$5 value). This is good for the 2011 Spring and Summer season. Call 1-888-432-6733 or check us out at: www.peacegarden.com.

TRICARE expectant, new parents survey validates review program

FALLS CHURCH, Va. (AFNS) - Patients enrolled in TRICARE's Parent Review program are giving high marks to this outreach.

Out of 1,037 completed surveys, the great majority of respondents' comments were positive, expressing appreciation for the email service.

More than 2,000 healthy babies are born to military families each week. Meeting the needs of these young families remains a high priority for TRICARE. According to these patients, the Parent Review provides convenient and useful resources to guide them through pregnancy, child birth and care of a newborn.

The Parent Review offers weekly, customized emails to new and expectant parents who receive care at select military treatment facilities and civilian practices. Beginning in the seventh week of pregnancy, through birth and up to the child's third birthday, messages are sent directly to the mother's personal email.

Included are tips, questions and answers, information on their baby's current stage of development, parenting news and recent research. Emails may also include customized information from the MTF where they receive obstetric or pediatric care.

Last year, TRICARE Management Activity conducted a Web-based survey



of program participants to assess the effectiveness of the Parent Review. Findings include:

- 86 percent always read their weekly email
- 78 percent said the emails were extremely/very helpful
- 74 percent indicated that the emails definitely or usually gave them a sense of connection to their MTF
- 73 percent said the emails provided new information
- Respondents indicated the emails helped them take better care of themselves (76 percent) and their child (84 percent)

In each case, the Hispanic and non-white responses were even higher, suggesting that the messages were particularly well suited to the needs

of these groups.

In response to the open-ended survey questions, parents described reading the emails with their spouses and sharing them with other family members.

One mother mentioned forwarding the emails to her husband, who was deployed during her pregnancy, and said she appreciated the messages as a way to inform and include him in her experience. Another mother said that she sends the email to her mother, who lives out of state, as a way to include her in the pregnancy.

Along with using the Parent Review, military families can help keep their child on the path to healthy development by accessing other useful TRICARE resources at www.tricare.mil/baby.

Base Education Fair!

10 a.m. - 2 p.m.

July 19 & 20, 2011

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Minot State University seeks applicants for an Instructor of Foreign Language - Spanish. Non-tenure track position, beginning August 15, 2011. This is a 70% position. Responsibilities include teaching Spanish coursework, managing a language center and other duties as assigned. Master's degree required, Ph.D. preferred. Review of applications will begin immediately and will continue until filled. Visit http://www.minotstateu.edu/hr/jobs_01.shtml for complete details.

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 The Minot AFB planning committee is seeking dancers who specialize in: American Indian, African, Hispanic/Latino, Tahitian, Asian/Pacific Islander, Turkish, European and other historical dance genres, for the upcoming Minot Diversity Day. The event is scheduled for August 19, 2011. Interested groups/individuals should contact the Minot Equal Opportunity Office at DSN: 453-2711 or Commercial: 701-723-2711 for additional information.

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3	6	5	7	4	8	2	1	9
7	1	4	9	3	6	8	2	5
8	5	9	2	1	4	6	3	7
6	3	2	5	8	7	4	9	1
5	7	1	8	2	9	3	6	4
9	2	3	4	6	5	1	7	8
4	8	6	1	7	3	9	5	2

Answers to puzzle on page 6

FOR RENT
MANAGEMENT OF RENTAL HOMES & APARTMENTS. Professional, experienced, and affordable. Contact Matt or Roger. IPM, Inc. 852-1157

Email us your community events and changes. We are Minot Air Force Base's number one source of news and information! Email to: nsads@srt.com

Tell them you saw their ad in the Northern Sentry!

RECREATION

Youth ATV's now available in Minot 110 cc and 150 cc model's with factory warranty, these smaller quads have adjustable throttle, electric start and automatic transmission, price's start at \$895.00. Contact D&L Motorsports at 838-5152.

1990 NITRO 175 Fish & Ski boat, 150hp Evinrude with electric tilt & trim, 50lb thrust trolling motor, Lowrance fish finder, 2 livewells. Runs Great. \$4,500.00 701-727-0205

RETURNING TO YOUR FLOODED HOME? LIVE IN YOUR DRIVEWAY... 5th Wheel -'04 Springdale 28' Super Slide - Queen Bed Sleeps 6 - Rear Living Rm Completely Furnished-TurnKey Dishes - Cookware - Towels - Sheets \$15,500 Former Minot Resident - Coming to help family 406-223-0630 - Will deliver

GOLF CAR SALES, SERVICE & PARTS New and used electric, gas, and utility vehicles in stock. Your full service EZ-GO golf car dealer. JB REPAIR, INC., Garrison, ND 701-463-2054

AN AD IN THE NORTHERN SENTRY will get the job done! Email your ad copy to: nsads@srt.com

SPORTSMAN'S LOFT
 2800 S. Broadway
 Between Denny's & Penny's

GUNS
Buy, Sell & Trade

- *Handguns *AR - 15's
- *Tactical Weapons (and accessories)
- *Hunting Rifle & Shotguns
- *Large Ammo Section
- *Military Discounts for Glock Firearms

852-4000

TRANSPORTATION

KARZ4-U AUTO SALES
240-9172
 1105 16th St. SW • Minot
 Cliff Butler/Retired MSgt
 www.Karz4-U.com

 08 TOYOTA CAMRY 5 Spd, Power windows/locks/cruise \$13,995	 05 FORD F150 Regcab, 2 WD w/Blizzak tires, 117K \$7,995	 00 DODGE RAM EXT Sport 4x4, 112K, Leather, Runs/Drives Nice \$7,995
 08 PONTIAC G6 GT Even Smells New, 7200k miles \$14,995	 87 MERCEDES 300E 137K, Sunroof, Classic \$3,995	 08 CHEVY HHR LS 41K, Remote, Warranty \$10,995
 07 CHEVY EQUINOX LT AWD, heated/seats, sunroof, remote start \$16,995	 06 TOYOTA CAMRY 72K, Very nice local trade \$11,995	 91 TOYOTA 4 RUNNER 4x4, Runs/Drives Good \$3,995
 04 PONTIAC SUNFIRE 67K, Automatic \$5,995	 08 HONDA ACCORD 28K, 1 Local Owner \$17,995	 01 FORD RANGER Supercab Edge 2WD, 5 spd. \$5,495

REAL ESTATE

Find **ALL** listed homes for sale in Minot and the surrounding areas at www.brokers12.com.

ifn

FOR SALE: Wonderful home in Mohall! Only minutes from Minot AFB! 5 bedrooms, 3.5 baths, main floor laundry, attached single garage with large fenced yard. GREAT LOCATION - A MUST SEE! Call Holly Nelson today for your private showing. (701) 833-2185 or (701) 839-0021. Century 21 Action Realtors. MLS 20110541 \$152,900

29c4x

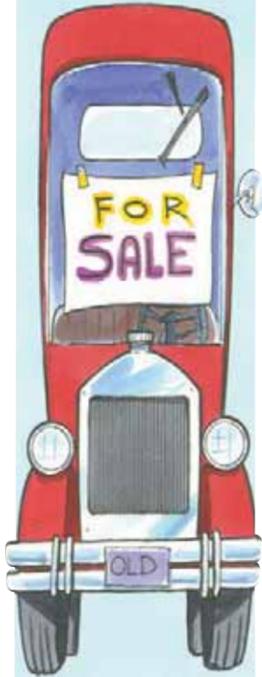
GARAGE SALES

BUYING NEW & USED FURNITURE, appliances, antiques, couches, loveseats, dining sets, all households. Leaving Minot? Just give me a call on my cell phone 833-9042 or home 839-1776.

27n13x

YOU CAN NOW LIST YOUR GARAGE SALES FREE! To help out the recover process in Minot, the Northern Sentry is now offering FREE garage sale ads to everyone. Just email your ad to: nsads@srt.com before Noon on Tuesday to have your garage sale in that Friday's issue of the Northern Sentry

There is a better way...



Got something you really want to sell? Put it in front of the faces of thousands of readers everyday in the Classifieds.

Your ad will be seen online as well as in the Northern Sentry. And now the Northern Sentry is offering word ads to sell your personal items FREE for everyone!

Email your ads to: nsads@srt.com



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Minot, ND 58701
701.857.1333



Check us out online each week at: www.northernsentry.com



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Welcome to Your New Home

\$110,000 Kenmare



Completely remodeled home from top to bottom, with new siding, roofing, shingles, insulation, wiring and much more. A new porch was added on the front. Completely ready to move into, no work necessary. Call Clyde Thome today! #20110739

\$129,900



Enjoy this cozy 2 bedroom suitcase ready cottage in the SW area of Minot close to schools and shopping. Outside there is a carport, a garage and a heated workshop area. Private fenced yard and a verandah off the front of the home. Call Orville Nesdahl Today! #20110732

\$152,900



Large open floor plan, nice hardwood floors, newer carpet through-out large living room all in a nice residential area. This home also has central air and newer appliances, a fenced yard and a detached 12x22 garage. Call Lori Henderson today! #20110718

\$325,000 Berthold



Check out this Gem in Berthold! This spacious ranch style home has 4 plus bedrooms, 3 bathrooms, 2 family rooms, updated kitchen with custom hickory cabinets and a convenient mud room off of the garage. Laundry is on the main floor. Call Sara Luedke Today! 20110558

\$30,000 Lansford



Very unique ROUND home with steel framework and fiberglass exterior sides and roof. Bathrooms are operational. Interior needs to be completed. Situated on 5 city lots. Call Tony Alef today! #20110524

\$249,900



DON'T MISS OUT!! 3 bedrooms 1 1/4 baths, large living room with newer flooring and a fireplace. Nice sized kitchen and dining room with sliding glass door to backyard. Large family room with a 3rd fireplace and a nice sized laundry/utility room. Call Jerry Thomas Today! #20110374

\$179,800



This 3 bedroom 1 bath home has vaulted ceilings and spacious living and dining rooms, beautiful kitchen with oak cabinets and a huge basement family room ready for your touch. Large deck and backyard! New furnace and a single garage. Call Lorell Seibold Today! #20110078

\$160,000 Garrison



Lake Front Property directly across from New Marina on Garrison Bay. Pine Trees give you that special lake cabin feeling! Dog Kennel & flag pole included. Call Mike Matteson Today! #20101547

\$98,500 Sawyer



Gorgeous 2010 26x80 manufactured home that needs to be moved. 4 bedrooms and 2 bathrooms, living room and family room. Beautiful kitchen w/stainless steel appliances. Deck can convey with property. Washer /Dryer stay. Call Danette Krumwiede #20110633

\$110,000 Garrison



Open Floor plan, no basement water worries, large open living area with a kitchen that would suit any chef! Tenant has 45 day notice rights, COE >=6-01-11. Home is well maintained, clean, ready to move in. Call Mike Matteson Today! #20110446

Tony Alef.....362-7599
Alish Charley.....701-509-5362
Tammie Dunn.....720-1723
Todd Fettig.....852-0136
Ken Gorze.....852-0136

Neil Gush.....833-9003
Tasha Haugen.....721-9969
Lori Henderson.....721-0158
Danette Krumwiede.....720-2335
Brenda Larson.....578-5480

Brad Livesay.....720-7769
Sara Luedke.....852-0136
Mike Matteson.....463-2099
Orville Nesdahl.....852-6488
Jim Olson.....240-8761

Lorell Seibold.....721-4996
Erich Sinn.....852-0136
Virginia Slavick.....852-0136
Jerry Thomas.....833-7578
Clyde Thome.....240-8594

Brad Torkelson.....339-8907
Aisha Vadell.....833-1136
Dawn VerBruggen.....720-2034
Matthew Waind.....721-1166
Bruce Walker.....852-0136

ATTENTION MILITARY PERSONNEL!

Receive an additional **\$1000 Military Appreciation Bonus Cash**
6/22/11 through 7/11/11

Offer excludes Viper. See Dealer for program qualification and details.

MILITARY APPRECIATION EVENT



2011 DODGE® CHARGER RT

27 MPG*



Lease for **\$359** /mo for 39 mos** **OR** **2.9%** for 60 mos††
 Plus \$1000 Military Bonus Cash

2011 DODGE® DURANGO AWD

22 MPG*



Lease for **\$329** /mo for 39 mos** **OR** **1.9%** for 60 mos††
 Plus \$1000 Military Bonus Cash

2011 CHRYSLER® TOWN & COUNTRY

25 MPG*



Lease for **\$299** /mo for 39 mos** **OR** **0%** for 60 mos††
 Plus \$1000 Military Bonus Cash

2011 CHRYSLER® 200

31 MPG*



Lease for **\$199** /mo for 39 mos** **OR** **0%** for 60 mos††
 Plus \$1000 Military Bonus Cash

2011 RAM 1500

20 MPG*



0% for 60 mos†† **+\$1000** Bonus Cash **OR** **UP TO \$7000** Total Savings

2011 RAM 2500



0% for 60 mos†† **+\$1000** Bonus Cash **OR** **UP TO \$4000** Total Savings

2011 JEEP® WRANGLER

19 MPG*



\$299 /mo for 39 mos**
\$0 due at signing
 "SIGN & DRIVE"
 Plus \$1000 Military Bonus Cash

2011 JEEP® GRAND CHEROKEE

22 MPG*



\$339 /mo for 39 mos**
 Plus \$1000 Military Bonus Cash

Vehicles are for representation purposes only. Residency restrictions apply. See Dealer for full details. Tax, title and license extra. Military Bonus Cash ends 7/11/2011. *2011 EPA estimated miles per gallon, actual mileage varies based on engine and driving conditions. See details on MPG Ratings at www.dodge.com under "Research", at www.ramtrucks.com under "Buyers Tools", at www.jeep.com under "Jeep Capabilities" and at www.chrysler.com under "Research". **Incentive and lease calculations based on programs at time of printing. Residual values and lease subvention may change on 7/6. See dealer for updated rates. For well qualified lessees after all applicable offers. \$2499 due at signing (Chrysler 200 = \$1999 due at signing). Total due at lease signing includes a down payment and first month's payment. Offer requires dealer contribution. Lessee pays for excess wear and mileage of \$.20/mile for each mile over 12,000 miles per year, if vehicle is returned at end of term. Option to buy at lease end at pre-negotiated price. Dealer's actual terms may vary. Offer through Ally Financial. ††For well-qualified buyers. Not all Buyers will qualify for the lowest rates. Must receive financing through Ally. See dealer for details. \$16.67 per month per \$1,000 financed for 0% for 60 months, \$17.48 per month per \$1,000 financed for 1.9% for 60 months and \$17.92 per month per \$1,000 financed for 2.9% for 60 months. Example down payment is 10%.