

# northern sentry

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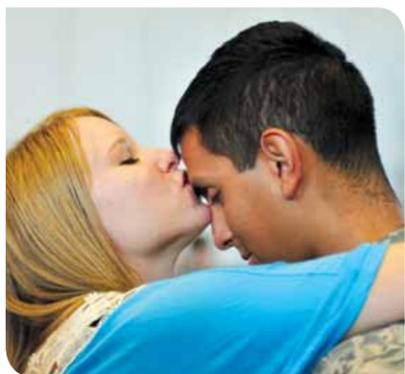
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(U.S. Air Force photo/Senior Airmen Michael J. Veloz) Airman 1st Class Davaughn Watts, 5th Security Forces Squadron, serves as a guard of a C-17 Globemaster III during the Special Assignment Airlift Mission Exercise here July 7. The SAAMEX is designed to keep Airmen combat-ready at all times. The SAAMEX hasn't been performed at Minot AFB in more than two years. Inset Photo: Weapons maintenance team members from the 17th Munitions Squadron, go over protocol before securing a simulated weapon.



## WELCOME HOME DEPLOYERS

Minot Air Force Base welcomes home its deployers! Family and friends, coworkers and commanders, all share in the warm-hearted feeling when their Airmen return safely from their deployed location, wherever in the world this may have been.

The following Airmen have recently returned from deployment:

### 5th Bomb Wing

Senior Airman Nawang Dhondup  
Senior Airman Ashley AVECILLA

### 5th Logistics Readiness Squadron

Staff Sgt. Jai Gutierrez  
Staff Sgt. Adam Davis  
Senior Airman Michael Vaughan  
Senior Airman Rodney Arrington

### 5th Munitions Squadron

Staff Sgt. Brent Contratto

### 5th Communications Squadron

Senior Airman Norris Cordan

### 5th Operations Group

Staff Sgt. Beverly Llewellyn



## 5th MXG Change of Command

(U.S. Air Force photo/Senior Airman Michael J. Veloz) Lt. Col. Eric Froehlich, 5th Maintenance Group commander, assumes command from Col. James Dawkins, 5th Bomb Wing commander, during a change of command ceremony here July 11. The change of command ceremony is one of the Air Force's time-honored traditions.

# Amputee returned to duty

by Samuel King Jr.

96th Air Base Wing Public Affairs

EGLIN AIR FORCE BASE, Fla. (AFNS) - After months of surgeries and rehabilitation, continuous physical therapy sessions and a full medical evaluation board an explosive ordnance technician gets to remain an Airman.

"It's exactly what I've been working so hard for," said Staff Sgt. David Flowers, a seven-year veteran who lost his right and most of his left leg to a land mine in the mountains of Afghanistan. "I didn't want to leave, (EOD) means a lot to me."

May 11, 2009, was Flowers' last day as a completely qualified EOD tech, but he didn't know it then.

While securing and disposing of a weapons cache, Flowers stepped on a land mine. The blast took off his right leg at the knee and shattered his left. Even though the incident changed his life forever, the sergeant can joke about it two years later.

"My foot flew up and hit me in the face," he said. "I actually kicked myself in the face."

Flowers also incurred a broken right arm and permanently damaged hearing. He said he believes his fellow EOD techs, Staff Sgt. Gene Tschida and Tech. Sgt. Lilly Smith, saved his life that day.

After the blast, Tschida sprinted across the field to begin medical treatment on Flowers. Smith rushed to call in the medical evacuation from a satellite phone.

"They did the impossible," Flowers said. "It's easy to lie on the ground and bleed. The hard part is to mustering up the courage to race across a minefield and save somebody's life."

After arriving at Walter Reed Army Medical Center, the sergeant underwent 29 different surgeries. Muscles were removed from his stomach and back and placed on his left leg. Skin was also removed from the side of his thigh and placed on his calf.

In September 2010, Flowers said he felt he was ready to move on to outside treatment.

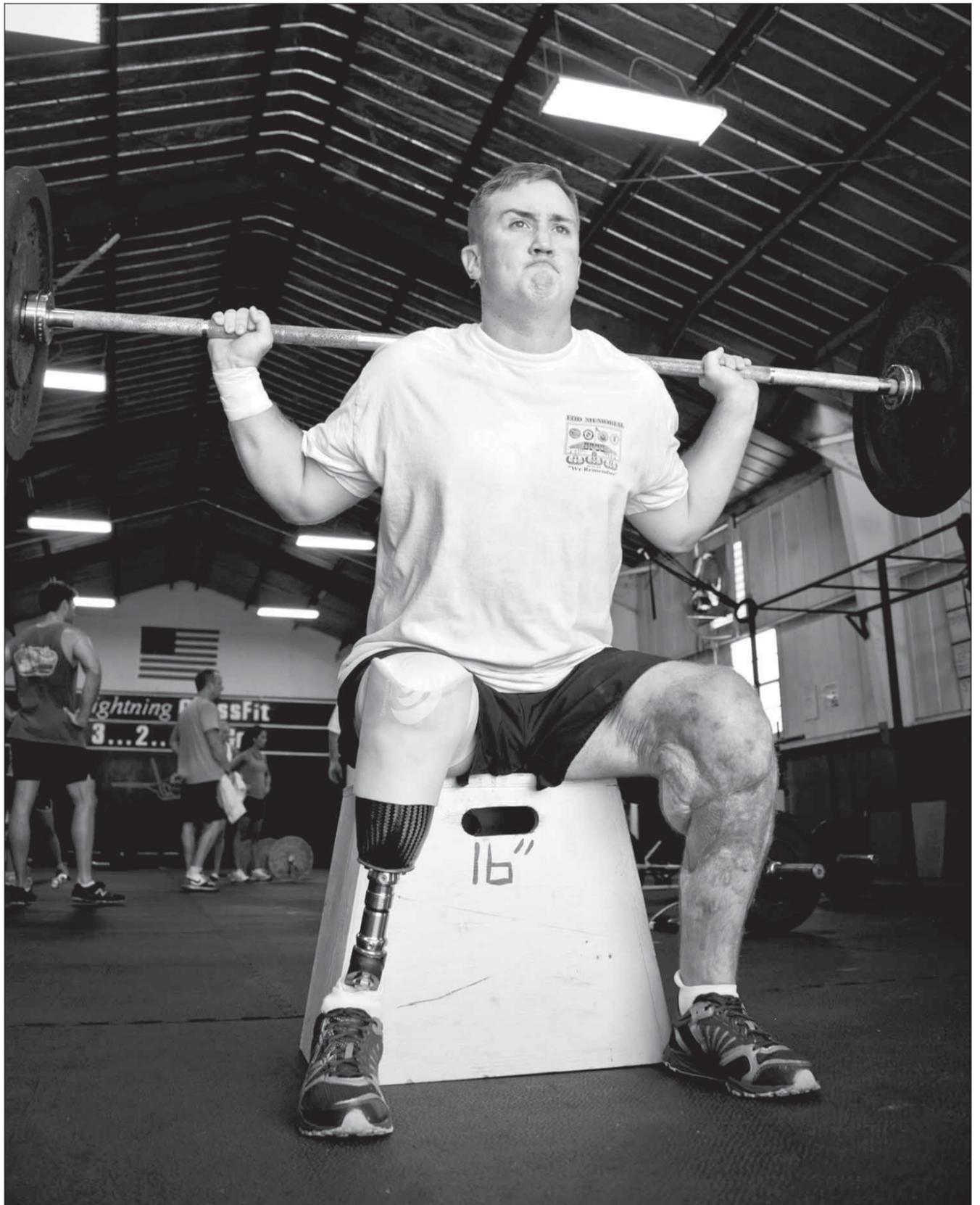
"(The medical staff members at WRAMC) were great at getting you back on your feet and even keeping you there, but I felt I could get help somewhere else and not take time from others who were still on their backs," said the Airman.

Before leaving Walter Reed, medical officials created a narrative summary of Flowers' health status. The summary initiated the medical board process and included a full breakdown of his injuries, capabilities and mobility. The medical board would determine if Flowers was fit enough for continued duty, or if he should be separated from the military.

Flowers was reassigned here, where the Eglin AFB hospital and a local-area prosthetics lab could meet his medical needs and the Navy EOD School lent the opportunity to become an instructor.

"When we discussed his return to duty and the attached limitations, his first question to me was if he would be allowed to deploy as an EOD expert," said Dr. Jeff Schievenin, from the 96th Medical Operations Squadron. "I don't think I've ever met an Airman so dedicated to his specialty and his EOD troops."

In December 2010, Schievenin drafted a new summary and a local



(U.S. Air Force photo/Samuel King Jr.)

Staff Sgt. David Flowers adds weighted squats into his workout routine June 28, 2011, at Eglin Air Force Base, Fla. The explosive ordnance technician was officially returned to duty in June after he lost his right leg and incurred major damage to his left leg in a land mine explosion in Afghanistan in 2009. In August, he is scheduled to begin training to be an EOD instructor at the Navy EOD School. Flowers is assigned to 366th Training Squadron, Det. 3.

medical evaluation board convened at Hurlburt Field, Fla. The board determined Flowers was indeed fit for duty in a limited capacity.

"His resiliency and exceptional work effort in his rehab plan has been inspirational," said his doctor.

Flowers said he was ecstatic after hearing the news and it was exactly what he'd hoped for. He said he never expected there was a chance he'd have to separate from the Air Force.

"I felt the students here needed to see what was really going on in this career field," said the Mississippi native. "You can talk all day (to students) about someone who was hurt or died, but until they see it firsthand, they have no connection to it. I can show them what it's really like."

Since 2006, 18 EOD operators have been killed in the line of duty and 90 have been awarded purple hearts for their efforts in the areas of responsibility, said Chief Master

Sgt. Al Schneider, the 336th Training Squadron, Det. 3 superintendent.

"Since the beginning of the wars (on terrorism), the battlefield has evolved and it puts Air Force EOD on the front line," said Schneider, who has deployed four times. "Though the drawdown is beginning to happen, EOD Airmen will remain in harm's way for the foreseeable future."

Flowers faced another obstacle in February 2011 when Air Force Personnel Center officials recommended a 40 percent medical retirement.

"I did not expect that after all I'd been through," he said.

Flowers said constant talks with Schneider kept him cool and focused through two months of waiting.

In May, Flowers met with a lawyer at Lackland AFB, Texas, to review his options, with plans for an appeal. Instead of an appeal, the lawyer advised Flowers to apply for limited assignment status.

According to Air Force Instruction 36-3212, Physical Evaluation for Retention, Retirement and Separation, the LAS program conserves Air Force manpower by retaining needed Airmen of experience and skills. Flowers took the chance and applied.

Within two weeks of submitting the application, Flowers got the good news. His physical evaluation board liaison officer informed him he could return to duty under the LAS program. "This was my end goal of the entire process," he said. "I just wanted to be an asset to the Air Force and give something back to the next generation of our EOD Airmen."

Flowers is scheduled to attend EOD instructor training at Keesler AFB, Miss., in August.

"If I can't be out there kicking down doors, or disarming explosives, I want to do something beneficial to the EOD community. I just want to help," he said.

# Natural disasters: More than just physical damage

by Airman 1st Class  
Jessica McConnell

Minot Air Force Base Public Affairs

When a natural disaster strikes, most people tend to think about all of the physical damage they have to deal with. A lost home, farm crop, or even business can be a devastating part of the experience.

Moving from home to home, worrying about the children and how they're coping, and dealing with the uncertainty of what is left to go back to can all wreak havoc on one's mental health. It is important for everyone affected, including Air Force Global Strike Command Airmen and their families, to take care of their health, especially during times of increased stress.

"Displaced persons can experience a lack of privacy, anger, despair and irritation," said Maj. Erik Goodwin, 5th Medical Operations Squadron traumatic stress response team chief and psychiatrist.

Capt. Jeffrey Smith, 5th MDOS Alcohol & Drug Abuse Prevention & Treatment program manager, pointed out the physical effects people can experience during prolonged periods of stress.

"People can experience sleep disruption, physical fatigue and headaches during times of crisis," said Captain Smith. "That's why it's important to stay hydrated, eat well, and stay active."

Health experts say stress is a nor-

mal part of most peoples' lives; but increased stress over a prolonged period of time, especially on a family, can be even more difficult to deal with.

According to Sean Brotherson, a family science specialist at North Dakota State University, symptoms and signs of family stress can include conversations centered on time and

“ People can experience sleep disruption, physical fatigue and headaches during times of crisis...that's why it's important to stay hydrated, eat well, and stay active.

- Lt. Col. Jeffrey Cigrang, 5th MDOS behavioral health flight commander and clinical health psychologist

tasks rather than people and feelings, explosive arguments, constant rushing from place to place, isolation in a room, and insufficient one-on-one contact.

It is important to recognize and act on correcting these symptoms before they start to affect other aspects of one's life. This is where the 5th Medical Group mental health clinic comes in.

"The mental health clinic has clinical psychologists, social workers, and a psychiatrist for active duty servicemembers," said Lt. Col. Jef-

frey Cigrang, 5th MDOS behavioral health flight commander and clinical health psychologist. "We always have a provider on-call for a consultation, both during and after duty hours. We are also currently able to see spouses of active duty members on a space-available basis to provide consultation and link people up with basic

routine are also great ways to cope with increased stress during times of crisis.

Donna Burt, a 5th MDOS family advocacy nurse, said young families can participate in many different activities through the Youth Center, the base library, and the Airman and Family Readiness Center, just to name a few. She said the internet can also serve as a very useful tool in finding things to do.

"A good thing to search for on the internet is rainy-day activities," said Ms. Burt. "There are hundreds of activities listed. There are activities on how to build a fort and even how to make play dough. It's just remarkable."

Aside from participating in activities, displaced individuals can do a lot to manage stress on their own.

"Practice focusing on things you can control," said Colonel Cigrang. "Try not to worry about those things that you can't do anything about."

Colonel Cigrang said that people are much more vulnerable when isolated.

"It's important to maintain social connectiveness," he added. "People do much better when supported in a network rather than by themselves. Get involved in helping others as well. It's both positive and very beneficial."

For more information on mental health services, how to cope with increased stress, or information on programs available, call 723-5527.

## Pet care center provides home away from home for furry family members

by Airman John D. Partlow  
374th Airlift Wing Public Affairs

YOKOTA AIR BASE, Japan (AFNS) - Yokota Air Base has many services for its military members, but the pet care center here is available to take care of service members' four-legged companions.

The center cares for dogs and cats, offering services such as sheltering, adoption, quarantine and grooming.

"We receive animals that need to be boarded here and take care of them," said Joseph Wilkerson, an animal caretaker at the pet care center. "That involves feeding them, cleaning out their kennels each morning, exercising them out in our yard, and basically acting like a hotel attendant to the pet."

Most animals at the shelter are boarded because their families are traveling for vacations or deployments. The center also helps service members with their pets during a permanent change of station.

"We board and quarantine dogs and cats whose families are PCSing in and out," said Keiji Fujiwara, the pet care center manager. "Not worrying about animals helps lighten the load families go through when they move."

Recently, pet care center staff members have had to manage many stray cats left on base by PCSing service members, requiring the center to take care of the animals and find suitable adoption homes for them.

"I do wish that people would not abandon their pets when they PCS out," Fujiwara said. "Sometimes people leave their dog or cat and nothing good comes from that."

When an animal is brought in, the staff works closely with the veterinarian clinic to ensure that the stray meets health standards for putting the animal up for adoption. After the health screening, the adoption process begins.

"People can come in and take the pet to their home for a 'free trial,'" Wilkerson said. "It gives the families time to see if the pet and family are compatible in the home."

Once the family and pet get to know each other, the family can adopt the pet for good, saving the once-abandoned animal.

"It's not a desk job or a management position, but I take pride in (what I do)," Wilkerson said. "I feel good knowing I'm doing a good thing for these pets. It's a necessary job, and by helping the pets, we're helping other people too."



(U.S. Air Force photo/Airman John D. Partlow) A staff member scratches the neck of a German shepherd July 7, 2011, at the pet care center at Yokota Air Base, Japan. The center gives the attention and care needed for animals to adjust while their owners are away.

## CONTACTUS

**Sharon Olson**

Advertising & Production Manager  
nsads@srt.com

**Morgan Bauer**

Graphic Designer  
northernentry@bhgnews.com

**Tonya Stuart**

Sales Representative/Ad Designer  
bhgads@srt.com

### NEWS SUBMISSIONS

**Northern Sentry Office**

nsads@srt.com • 701.839.0946

**MAFB Public Affairs Office**

5bw.pa.dl@minot.af.mil  
701.723.6212

### MAIL & FAX

15 1st Ave SE • PO Box 2183  
Minot, ND 58701 • 701.839.1867

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We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication.

The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

## OPERATIONS SAFERIDE

Operation SafeRIDE is a voluntary organization ready to provide assistance to Airmen in need of a wingman.

Airmen can call **723-7233(SAFE)**.

Volunteers for the week and week-end of June 13 to June 20 and June 16 to June 18 are from the 5th Aircraft Maintenance Squadron.

**Lives saved through  
June 13: 628**

## The Millennial Air Force

JOINT BASE McGUIRE-DIX-LAKEHRUST, N.J. (AFNS) - When I arrived at my first duty station in the fall of 2000, one of the first things my supervisor did was hand me the most horrid hat I had ever seen in my life. It was a blue "trucker-style" mesh hat with a blue rope stretched across the bill displaying my new organization's shield with gold lettering on the front.

I was expected to wear this "head gear" every day with my BDUs as a fully-fledged airman (we were still "little a's" then) in the United States Air Force. I was confused, as this was by appearance the least military contraption you could ever imagine. I couldn't believe the base's senior members wore this travesty without batting an eye.

Sitting here now, more than a decade later, I bring this story up as I reflect on a lot of comments I have heard in the years since about how much more "Air Force" we were in those days. From many of the comments you can read on Air Force message boards and forums, many commentators have an almost visceral reaction to anything new our service does, or proposes. This includes uniforms, policies, manning, physical fitness testing, etc.

The common refrain heard is "in the old days, things were so much better because of x,y and z."

Going back to 1999, when I enlisted, we were finishing up our recent actions in Kosovo as part of Operation Allied Force. The Air Force had active-duty end strength of more than 363,449 Airmen and was still reeling from the cutbacks of the early '90s upon the conclusion of Operation Desert Storm. The phrase "do more with less" was common in many work-

places at the time. The ever popular ergonomic bike test was the Air Force's premier fitness assessment and used an arcane formula that led world-class marathon runners and tri-athletes to routinely fail and 5'3", 250 lbs. chain-smoking Airmen to pass with flying colors, or at least as the anecdotes are told.

The premillennial Air Force was trying to educate the force on a nascent Air Expeditionary Force, or Expeditionary Aerospace Force (I always confused the two) policy that would require Airmen to serve 90 days overseas every 18 months maximum, most likely supporting Operations Southern and Northern Watch. I could go on with the history lesson, but the point I'm trying to make is the Air Force was a bit different then. At the time, a number of Airmen liked to express their dissatisfaction with certain segments of Air Force life, just as I'm sure they have for 60-plus years.

Airmen serving today are proud of the tradition and heritage of those who served before us, but when I look at the faces of many of Airmen attending pre-deployment training here, I see 19-year-old security forces Airmen who were not even in middle school on 9/11. The "new" Air Force is being shaped year by year, day by day. This generation truly answered the call to serve without hesitation, even with our nation at war. I can't say the same for myself, having enlisted with no serious threats on the horizon at the time.

I am not glossing over significant issues many Airmen face today; whether it is force shaping, severe manning reductions in workplaces, limited resources or nonstop six-

month deployments to combat zones. In fact, that is my point.

As we approach the 10-year anniversary of the Sept. 11 attacks, we have seen our service embrace more of a combat role and mindset that increases with each year. In my job at the U.S. Air Force Expeditionary Center, more than 24,000 Airmen are trained each year to go forward into harm's way. Some may deploy to larger and more established bases in Southwest Asia, and others may operate at an isolated forward operating base shared with a few dozen Soldiers or Marines. We are away from home longer. We assume risks doing our deployed missions that our predecessors 20 years ago did not anticipate, or train us for.

However, we are more fit. We are paid better. Our families have many more resources and programs available to them. Our leaders continue to find ways to allow us to develop more professionally with each passing year. The Air Force does not get everything perfect (remember the ultra-blue ABUs?), but it has dealt with a full spectrum of challenges during the years, such as major geopolitical changes in the world, two full-scale contingencies, humanitarian operations and a nationwide economic crisis. Leaders of all persuasions have faced these challenges and others and postured Airmen to meet them head on. I have faith that these leaders will continue to do so and provide an Air Force that will allow me to take the stage at my retirement ceremony post 2019 and say "back in the old days, things were not that much better. Today's Air Force is the best it has ever been."

And then I'll burn my blue hat.

Commentary by **By Tech. Sgt. Zachary Wilson**  
U.S. Air Force Expeditionary Center

## Sunner not a time for complacency

Commentary by **Masao Doi**  
Air Force Safety Center

KIRTLAND AIR FORCE BASE, N.M. (AFNS) - Summer is hot. That's the theme for this year's Critical Days of Summer campaign, which kicked off May 27.

By now, you've read the summer safety messages in the base paper, or heard them from your supervisor, commander and safety professionals at all levels. These messages include knowing the risks, having a plan and being a good wingman.

You've been enjoying the summer weeks so far and probably think everything is going well. Did you know that we'll be into the seventh

week of CDS July 8, and for the past two years, the Air Force has lost two or more times more Airmen between now and Labor Day than in all of May and June combined?

In fact, we lost 14 out of 21 and 14 out of 16 Airmen in 2009 and 2010 respectively, to both on- and off-duty preventable fatalities.

Those are alarming statistics because our goal is zero mishaps and fatalities. Now, it's as important as ever to set the safety example every day. Summer is not the time for complacency. As the weeks go by, don't let your guard down. Stay alert and

reinforce safety at every opportunity you get with your family, co-workers or Airmen and civilians who work for you.

And, if you need other reasons, think of who's waiting for you at the dinner table. Take a peek at your little ones in the back seat of your car. Consider your co-workers, friends and others who count on you every day.

Summer is hot, but complacency can be dangerous. All of you are important to our Air Force and you mean a lot to those around you. So, stay safe this summer. We look forward to seeing you in the fall.

## MAFB EMERGENCY PHONE NUMBERS

### BASE EMERGENCY

911 or Cell 727-1911

### BASE CRIME STOP

723-7867 (STOP)

### LAW ENFORCEMENT

723-3096

### SECURITY

723-3011

### FIRE

723-2461

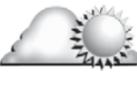
### ROAD CONDITIONS

723-1190

### SAFE RIDE

723-7233 (SAFE)

## WEATHER FORECAST

Fri 7/15	Sat 7/16	Sun 7/17	Mon 7/18	Tue 7/19
				
<b>84/64</b>	<b>88/68</b>	<b>89/67</b>	<b>87/70</b>	<b>90/65</b>
Scattered thunderstorms possible.	Sunshine. Highs in the upper 80s and lows in the upper 60s.	Sunny. Highs in the upper 80s and lows in the upper 60s.	Mix of sun and clouds. Highs in the upper 80s and lows in the low 70s.	Partly cloudy. Highs in the low 90s and lows in the mid 60s.



## Kicking to win

(U.S. Air Force photo/Airman 1st Class Jose L. Hernandez)

Staff Sgt. Jeffrey Marino, 5th Maintenance Squadron aircraft electronics & environmental systems craftsman, clears a soccer ball after confronted by opponent 1st Lt. Casey Kawaguchi, 91st Operations Group missile crew combat commander, during a match here July 9. The McAdoo Sports and Fitness Center coordinates intramural soccer matches each year as a way of increasing unit cohesiveness and boosting base morale for all soccer aficionados.

## Minot Area Recovery Fund reaches \$2 million

In less than three weeks since the Minot Area Community Foundation (MACF) launched the Minot Area Recovery Fund, it has reached \$2 million. The fund will play an active role in flood relief by supporting relief and restoration throughout the greater Minot area, including the counties of Ward, Renville, Bottineau and McHenry.

"We've received an outpouring of support from all over the U.S., and are touched by the many people and companies who thought of the greater Minot area in this time of need," said Ken Kitzman, president of the Minot Area Community Foundation.

While the fund has reached \$2 million, Kitzman stresses more still needs to be raised. "It's apparent that the needs are greater than we first realized. Our mission

is to help as many individuals and families as possible who are impacted by the flood, and we'll continue to build the fund in order to do this."

In addition to a large number of individual contributions to the fund, several businesses donated including the Otto Bremer Foundation, EOG Resources, Farstad Oil Superpumper, ING Foundation, Comfort Inn, Gooseneck Implement, Hess, and more recently BNSF Foundation and Denbury Resources.

Kitzman notes that any donation amount will make a difference. "All gifts - big and small - will positively impact the lives of many and help us carry out our mission of restoring people's lives."

For more information about the Minot Area Community Foundation or the Minot Area Recovery Fund, visit [www.centerforcommunitygiving.com](http://www.centerforcommunitygiving.com).

## Officials announce NCO retraining program dates

by Jon Hanson

Air Force Personnel, Services and Manpower Public Affairs

RANDOLPH AIR FORCE BASE, Texas (AFNS) - Approximately 900 Airmen will have the opportunity to retrain beginning July 13 as part of the fiscal-2012 NCO Retraining Program. The NCORP program consists of two phases designed to sustain the enlisted force by moving second-term and career Airmen from overage Air Force Specialty Codes to shortage AFSCs.

"Last year we made a major change in how NCORP was executed; in the past it was two very distinct phases, with each phase requiring two different announcement messages," said Senior Master Sgt. Deron Warman, the superintendent of enlisted skills management at the Air Force Personnel Center.

Another major change is the listing of restricted and unrestricted Air Force specialties in each phase. Different suspenses are set for each, and Air Force members need to read the announcement message in its entirety to determine their specific timeline for voluntary and mandatory retraining.

Officials said 30 Air Force specialties have retraining-out requirements, which is an increase from the 25 seen in the prior year program.

Six of the specialties for fiscal 2012 have retraining-in restrictions, requiring retraining into specific areas, while all other Airmen identified for NCORP can volunteer during phase I for AFSCs meeting AFSC and grade requirements as defined under NCORP. Full details can be found in the fiscal

2012 NCORP announcement message.

Phase I begins July 13 and ends for those in restricted Air Force specialties Aug. 6, and for those in unrestricted specialties Sept. 16. Phase II, if necessary, will start immediately following phase I. Airmen who are required to retrain in phase II will receive an AFSC based on Air Force needs or based on restrictions as noted in the announcement message.

Those in phase II can expect to receive a training allocation notice no later than 10 days from the ending of phase I. Airmen can find the master vulnerability list on the Virtual Military Personnel Flight, which is updated every Wednesday at 3 p.m. Central Time.

More information, including a list of NCORP frequently asked questions, is available on the Air Force personnel services website at <https://gum-crm.csd.disa.mil> under "Enlisted" and then "Retraining." In addition, Airmen can contact their local military personnel section or call 800-525-0102.

## Household goods delay

by Col. Rose Ramirez

Personal Property Activity Headquarters commander

SAN ANTONIO, Texas - Many Department of Defense customers are experiencing unexpected delays in Continental United States household goods pick-up and delivery during this busy summer season.

Those families moving during the next 60 days should initiate their moves early, anticipate possible delays, be flexible in their pickup dates and consider doing a personally procured move when feasible.

Joint Personal Property Shipping Offices are working hard to move everyone to meet their requested move dates, but some dates cannot be accommodated.

The entire CONUS and all military services are experiencing limited capacity for government-arranged moves in some markets and delayed deliveries out of storage in others.

Outbound shipments are up, so it appears government volume is up as well, particularly due to base realignment and closure moves. Unfortunately, local agents can't accept some shipments because they are out of warehouse space that is filled with shipments pending line haul transportation.

Since the last peak season, Surface Deployment and Distribution Command worked with the service headquarters in adopting capacity mitigation strategies recommended by industry. These strategies were set in place prior to the

start of the peak season in mid-May.

However, in order to further combat the CONUS capacity crunch, SDDC worked an additional mitigation strategy that was disseminated to field offices on June 13. U.S. Transportation Command and SDDC senior leadership are fully aware and engaged in this summer's peak season shipment challenges.

We ask that base-level offices ensure shipments are loaded into data processing system at least 21 days before desired pickup dates. That gives the CONUS JPPSOs more time to arrange a carrier. The CONUS JPPSOs are proactively working hard to head-off issues and handle individual customer problems on a case-by-case basis. They are working through their list of options for each and will do everything possible to move DoD families on their requested pickup dates.

They are also working hard to balance the customers' desires with industry realities. Some shipments are going directly into storage at origin, which could inconvenience members as they will likely wait for delivery at their destinations. Clear communication and patience are the keys to success.

A very viable option for members to consider is to perform a personally procured move. This option allows them to control their move dates and ensures they have ready access to their property upon arrival at the new location.

Members can discuss the

benefits and different types of PPMs with their local personal property processing offices who can provide an estimate of the cost factors, describe the particulars of the programs and help determine if this option will work for them.

As the JPPSOs work to move each challenging shipment, they may find themselves out of options. The last resort is for the JPPSO to request AF/A4LE issue a letter of non-availability. These letters allow customers to do a PPM where they are reimbursed for actual costs to move property up to their shipping entitlement.

This is a costly option that is generated by the JPPSO not the base or the customer. They will evaluate each shipment on a case-by-case basis considering the member's report no later than date and verifying all means were exhausted to secure a GAM.

Should that be the case, the JPPSO will request PPA HQ approval/endorsement of a letter of non-availability for approval in accordance with the AF Supplement to the JFTR, para A14.2.1.1.

We put out additional guidance to the base-level PPPOs to ask their help in keeping customers informed. We are also pushing out information via the AF Portal and to the bases to ensure the customers are aware of the challenges and understand the need to be flexible in their dates.

We thank everyone in advance for their patience and flexibility as we work to move everyone the best way we can.

**Berni's**  
Hair Designers Inc.

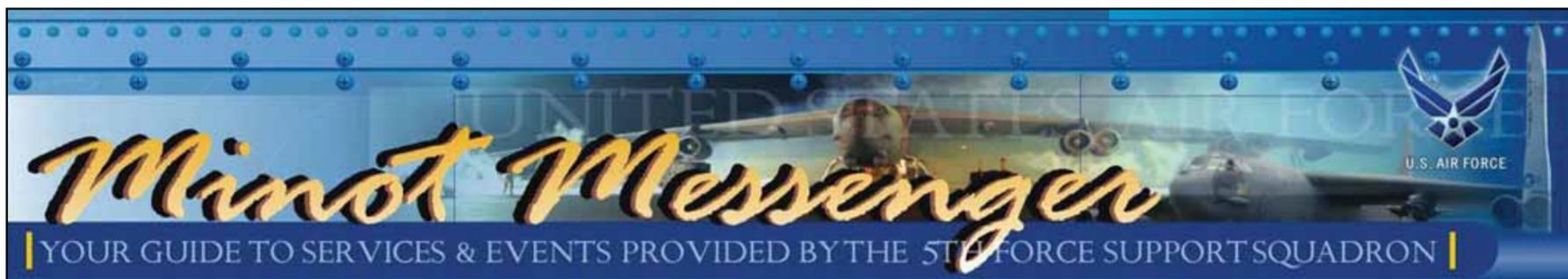
**Full Service Salon**

- Reflexology
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Make Great Gifts*

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## Summer Adventures Begin With Outdoor Recreation

With summer officially in full swing, there is an abundance of opportunities remaining for enjoying warm, sunny weekend outings. Outdoor Recreation offers Minot AFB personnel and DoD civilians a wide variety of recreational equipment to help make your summer memorable.

If you want to try your luck at fishing, Outdoor Recreation has a number of boat packages with units of various lengths and motor sizes up to 115 hp. Packages include life vests, anchors, paddles, and in some cases, a depth finder and trolling motor. Weekend boat packages range in price from \$35 to \$125 dependent on the option chosen. Canoe rentals are also available.

Outdoor Recreation has two 20 foot deck boats available for rent which feature a canopy, radio, ice chest, tow bar, and more. Equipped with 150 hp motors, these watercraft are great for family outings at the numerous area lakes and priced at just \$175 per weekend. Anyone wishing to rent any of the water craft must possess a current water safety card.

For those seeking a relaxing weekend at the lake, paddle boats are a terrific option available from Outdoor Recreation. These four-person occupancy peddle powered water craft are available for as little as \$30 per weekend.

Looking to get away with the family for a weekend? You can rent a variety of campers at Outdoor Recreation including 14, 17, 19, and 20 foot campers, as well as pop-up campers. Plus, you'll find lots of camping gear available for rent including backpacks, ice chests, water jugs, sleeping bags,



tents, and more. A special camping package is offered which includes a tent, two sleeping bags, two sleeping pads, a water jug, cooler, lantern and stove; the package is \$50 per weekend.

Outdoor Recreation can make family reunions, birthday parties, and other outings more fun with a variety of bouncy castles, bouncy slides, sumo suits, Tycoon Typhoon Money Machine, or gladiator jousting sticks. Perfect for the young or young at heart, these items rent for a flat rate of \$75 per day or per weekend. A dunk tank is available for as low as \$25 a day or \$75 a weekend.

For more information on a host of summer fun items available for rent, call Outdoor Recreation at 723-3648.

## Register By July 20th For Archery Simulator Tourney

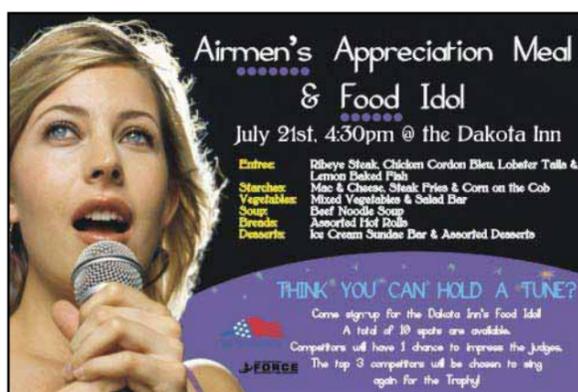


Outdoor Recreation is providing Minot AFB personnel an opportunity to show off their archery skills during the Archery Simulator Tournament July 22nd from 10 a.m. to 6 p.m. The tournament consists of shooting whitetail deer on the simulator range. This is an individual based tournament; trophies and prizes will be awarded to the winners.

Prizes for the Archery Simulator Tournament are sponsored in part by Archers Elite, Mathews Incorporated, and Scheels. *No Federal Endorsement of Sponsors Intended.*

Tournament is open to anyone age 10 and older (age 17 and under must be accompanied by an adult). Cost is free for archery members; non-members must become members to participate. Price for yearly membership is \$35 for singles per year and \$45 for families per year. Call Outdoor Recreation at 723-3648 by July 20th to register and schedule your tournament shooting time.

## Airmen's Appreciation Meal Features Food Idol Competition



The Dakota Inn is hosting their next quarterly Airmen's Appreciation Meal on July 21st beginning at 4:30 p.m. A delicious meal is planned including entrees such as ribeye steak, chicken Cordon Bleu, lobster tails, and lemon baked chicken.

If you think you can hold a tune, sign up for the Dakota Inn's "Food Idol" competition. A total of 10 spots are available for sign-up the day of the event (sign-ups starts at 4:45 p.m.). The 10 competitors choose one song to perform for the judges. The top three performers from that group will choose another song to perform. The judges will vote on who wins the "Food Idol" competition.

Winner of the competition receives a trophy which will be engraved with their name and kept on display at the Dakota Inn for future competitions. Rules of the competition to be announced at the beginning of the event. For additional details, call the Dakota Inn at 723-2359.



## Upcoming Summer Camps & Trips At David C. Jones Youth Center

### Youth Soccer Camp

Learn more about soccer and improve your skills during the Soccer Camp hosted by the Youth Center on July 18th through July 22nd. The camp is \$5 for Youth Center members and \$20 for non-members. Price includes a free soccer ball for participants and a FitFactor T-shirt. Authorized PLAYpass participants may use their youth PLAYpass and your cost is FREE. For more information, call the Youth Center at 723-2838.

### Taube Art Museum Field Trip

Join the Youth Center for the Taube Art Museum field trip scheduled for July 20th and 21st. The trip, Big Bold Batliks: Real & Tempera, allows children age 9 and older to learn the art of painting with hot wax and dyes. Cost is free for Youth Center members and \$15 for non-members. Lunch is provided; limited space available. Call the David C. Jones Youth Center at 723-2838 for more information.

### Keeper Camp

The Youth Center is hosting a Keeper Camp on July 23rd. This soccer goalie camp is \$5 for Youth Center members and \$15 for non-members. Times for the camp will be announced. For additional information, call 723-2838.

### Wacky Water Day For Kids!

Come one, come all to the FREE Wacky Water Day For Kids at the Youth Center on July 25th beginning at 4 p.m. Be prepared to get wet! Bring extra clothes and shoes in order to participate. Call the Youth Center at 723-2838 for details.

### Keep America Beautiful Field Trip

Children age 9 and older are invited on the Keep America Beautiful Trip July 27th starting at 9 a.m. Call 723-2838 for more details.

Receive information on upcoming 5 FSS events via e-mail or text. Sign up now by visiting: <http://subscribe.5thforcesupport.com/user/register>



Visit our website at [www.5thforcesupport.com](http://www.5thforcesupport.com)

### Wing Fest

Join the Doolittle Center for Wing Fest on July 15th at 5:30 p.m. There will be a variety of wings for bar food culminating into a wing eating contest. There are two categories of wings – spicy and mild. Each contestant has 3 minutes to consume as many wings as possible. Winners receive a trophy to hold onto until next month's contest along with \$25 in Darby dollars. Call the Doolittle Center at 723-3731 for more information.

### Federal Resume Workshop

In order to provide everyone a more active workshop on USAJOBS and accommodate all DoD civilians for the way to apply for 'internal civilian' federal jobs, the Airman & Family Readiness Center will be holding a "Federal Resume Workshop" on July 19th from 5 p.m. to 7 p.m. This workshop is open to all active duty members, spouses, retirees, DoD civilians, and NAF employees. Information included will be accessing USAJOBS, how to find federal jobs, finding the KSAs, and tips on writing a resume. To sign up, call 723-3950.

### Outdoor Pool Hours Of Operation

Normal hours of operation at the outdoor pool are 10 a.m. to 7 p.m. Open swimming is available Monday through Friday from 1 p.m. to 7 p.m. and Saturday and Sunday from 10 a.m. to 7 p.m. Swimming lessons are scheduled to be held from 10 a.m. to noon, Monday through Friday. Lap swimming is from noon to 1 p.m., Monday through Friday. An area near the slide is available for open swimming during the lap swim hours. The baby pool is open every day from 10 a.m. to 7 p.m.

### Register Now Through July 29th For Youth Outdoor Soccer

Youth Sports will hold registration for Youth Outdoor Soccer now through July 29th. Cost is \$26 for youth ages 5-13. Youth Center membership is required and you must have a current physical and current vaccinations (including a current flu shot) to register. Parents are required to attend an annual league orientation meeting. The soccer season is tentatively scheduled to run from August 8th through September 24th. Coaches and assistants for Outdoor Soccer are needed; mandatory training will be provided. Interested persons may apply at the Youth Center. For details, call 723-2838.

### Buck Bowling During July

Rough Rider Lanes is offering everyone a great way to get out of the house and enjoy some recreation fun. During July, you can bowl for \$1 per game from 9 a.m. to 8 p.m., Monday through Thursday. Shoe rental is FREE. Bring the entire family and all your friends. Contact Rough Rider Lanes at 727-4715 for additional information.

### Dance The Night Away

Dance, party, and hang out during J.R. Rockers Hip Hop Nights on July 16th and July 30th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Gather up your friends and enjoy a great night out. Call 727-ROCK for additional details.

### Latin Nite

Gather up your friends and get ready to party during Latin Nite at J.R. Rockers on July 23rd. The event is free for club members and \$5 for non-members; the fun starts at 9 p.m. For more information, call J.R. Rockers at 727-ROCK.

### Deployed & Returnee Family Dinner Cancelled

The Deployed & Returnee Family Dinner originally scheduled for July 28th has been cancelled due to the on-going flood efforts and Airman & Family Readiness Center activities with the Emergency Family Assistance Control Center. We apologize for any inconvenience this may cause.

### Rough Riders' July Specials

Rough Riders invites you to enjoy these July specials:

- BBQ Chicken Pizza – Golden baked pizza crust smothered in barbecue sauce then piled high with chicken and cheese blend.

Large \$16 Medium \$11 Small \$7.50

- BBQ Chicken Sub – Flatbread smothered in barbecue sauce then piled high with chicken, cheddar cheese, lettuce, tomato, and onion. Served with choice of chips and drink for only \$8.

For details, call Rough Riders at 727-4377.

### Club Championship Golf Tournament

Golfers can "tee it up" on August 6th and 7th during the Club Championship Golf Tournament at the Rough Rider Golf Course. Registration is scheduled from 8-8:45 a.m. on August 6th with a shotgun start at 9 a.m. Tournament features four person teams. Entry fee is \$25 plus green fees and includes a meal on the second day of the tournament; cart rentals are \$15. Deadline for registration is August 4th. Call 723-3164 for details.

### Swimming Lesson Open Enrollment

Swimming lesson open enrollment will be held at the outdoor pool on Monday, July 18th at 10 a.m. The swimming lesson session runs from July 18th to July 29th. Cost of the lessons are \$30 per person. Participants must be 5 years of age or older. Lessons will be held at the indoor pool during poor weather. Call Outdoor Recreation at 723-3648 for more information.

### Jewelry Making Class

The Arts & Crafts Center is hosting a Jewelry Making class on Saturday, July 16th from 10:30 a.m. to noon. Participants will receive instruction on the tools used for jewelry making as well as all supplies to make a necklace and earrings. Once you complete the jewelry, it is yours to keep. Cost for the Jewelry Making class is \$10. For more information, call 723-3640.

### Arts & Crafts Center Retail Store Open Saturday, July 16th

The retail store at the Arts & Crafts Center will be open on Saturday, July 16th from 10 a.m. to 2 p.m. Browse through their wide selection of craft supplies or check out their many unique gift ideas. Be sure to ask about the wide variety of classes they offer including scrapbooking, framing, counted cross stitch, knitting, framing, and more. For additional details, call the Arts & Crafts Center at 723-3640.

### Bundles For Babies

Expectant mothers in their last trimester are invited to attend Bundles For Babies at the Airman and Family Readiness Center on July 21st at 9 a.m. The class offers information on Air Force Aid Society community enhancement programs and the financial impact and family stressors of having a baby. For additional information, call the Airman and Family Readiness Center at 723-3950.

### Vacation Pre-Inspection Vehicle Check

Heading out on a summer trip? Auto Hobby is offering a vacation pre-inspection vehicle check for \$5 now through July 21st. Auto Hobby staff will check fluid levels, tire tread depth and pressure, your lights, and check for exhaust leaks. For more information, call Auto Hobby at 723-2127.

No. 90  
( LESSONS OF FAMILY WISDOM )

# WORK HARD AND PLAY HARDER

Be A  
**FOUR  
SEASON  
FAMILY**

UPCOMING FOUR SEASON FAMILY ACTIVITY: **JULY 15, 1300  
Water Carnival**

Bring your family to the Outdoor Pool from 1 p.m. to 7 p.m. for the Water Carnival. There will be lots of games and prizes for all ages. Cost per person: \$5, age 6 and under FREE. Season passes will not be accepted for this day. Price includes: one plate of food and a beverage.

FOR MORE INFORMATION CONTACT:  
**723-3648**

AF SERVICES

FORGE

# WE HAVE UPDATED OUR MENU!

Starting July 1, 2011  
All-Ranks Lunch Served  
Monday-Friday 11:00am-1:00pm

Members: \$7.50 Non-Members: \$9.50 Children: \$4

1. **MONDAYS:** Potato/Taco Bar, Build your own Pasta Bar, and Salad Bar
2. **TUESDAYS:** Roast Beef, Mongolian BBQ Bar, and Salad Bar
3. **WEDNESDAYS:** Gyros/Schnitzel, Greek Pasta Salad, Fries, Build your own Pasta Bar, and Salad Bar
4. **THURSDAYS:** Oriental Cuisine, Mongolian BBQ Bar, and Salad Bar
5. **FRIDAYS:** Chicken & Waffles, Fried Catfish, Coleslaw, Mac and Cheese, Build your own Pasta Bar, and Salad Bar

JIMMY DOOLITTLE  
CENTER

723-3731

CROSSWORD PUZZLE

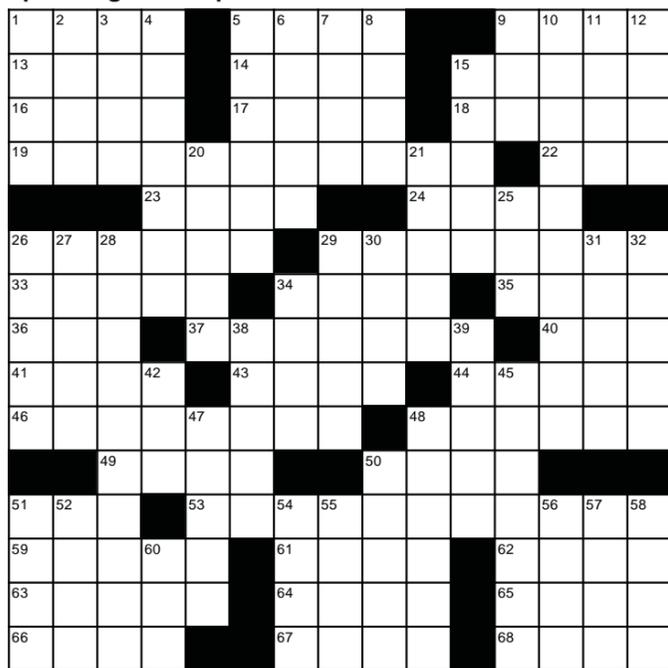
ACROSS

1. Greeley's direction
5. Sunscreen ingredient
9. Self-righteous
13. Brunei's home
14. Yemeni port
15. Chili hotness unit
16. Something missing
17. Germinated barley
18. Oslo's land, on stamps
19. Gospel-spreading Hall of Fame shortstop?
22. Barbie's beau
23. BA or RBI
24. "That hurts!"
26. Adversaries in "Risk"
29. Idaho's nickname
33. Colorful equines
34. \_\_\_ carotene
35. Carpeting calculation
36. Make a selection
37. Mongol invaders
40. Durante's \_\_\_ Calabash
41. Prefix with morphic
43. A mode of transportation
44. Be crazy about
46. Supporter of a cause
48. Overcooked to the max
49. Historians' time slices
50. Man Friday
51. Stranded driver's need
53. Gospel-spreading author of "The Client"?
59. Balkan capital
61. Scruggs or Hines
62. Act the pack rat
63. Board flaws
64. Suit to \_\_\_
65. Bad to the bone
66. \_\_\_-Coburg and Gotha (German duchies of old)
67. "Home on the Range" player
68. Sit a spell

DOWN

1. One of four on a squash court
2. Jacob's twin
3. Green around the gills
4. Accepts, as boarders
5. Where to find a gaucho
6. Adjust to fit

Spreading the Gospel



7. Round-ending signal
8. Voting "no"
9. \_\_\_-mo
10. Gospel-spreading "NCIS" actor?
11. Egg on
12. Feds
15. Black \_\_\_ (cattle breed)
20. "This is only \_\_\_"
21. Baseball's Garciparra
25. Windy City train initials
26. Sachet emanation
27. Partitioned, with "off"
28. Gospel-spreading "Lost" actor?
29. "Dig?"
30. "And others," briefly
31. \_\_\_ Haute, Indiana
32. Alleviated
34. Muffin choice
38. Retort to "Am not!"
39. Riyadh resident
42. \_\_\_ Lingus
45. Wardrobe assistant
47. Big Indians
48. Player of a lumberjack's game
50. Correspond, grammatically
51. Sounds of reproach
52. \_\_\_ O'Neill Chaplin
54. Brewski topper
55. Hoopster Archibald
56. Moneyed one
57. They try harder
58. Disappear à la Frosty
60. Suffix with social or urban

Solution to puzzle from last week.



UPCOMING MOVIES

For more information, call the movie line at 723-3802

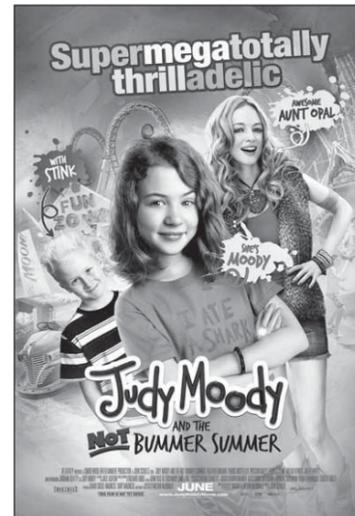
Judy Moody and the Not Bummer Summer

Friday, July 15, at 7 p.m.

This summer, Judy Moody is planning the most super-duper, double-rare summer vacation ever with best friends Rocky and Amy. Except that it turns out Rocky is going to circus camp to learn to tame lions, Amy is headed off to Borneo with her mom to save a lost tribe and Judy is stuck home with her pesky little brother Stink and second-best friend Frank Pearl. Just when she thinks things are as rotten as they can be, her parents announce that they will be going to California and Judy will have to stay behind with her Aunt Opal, who she's never even met! It looks like Judy's best summer ever has just become her way worst summer ever.

Rated PG for mild rude humor and language.

Running time: 91 Minutes



Kung Fu Panda 2

Saturday, July 16, at 7 p.m.

Po is now living his dream as The Dragon Warrior, protecting the Valley of Peace alongside his friends and fellow kung fu masters, The Furious Five. But Po's new life of awesomeness is threatened by the emergence of a formidable villain, who plans to use a secret, unstoppable weapon to conquer China and destroy kung fu. He must look to his past and uncover the secrets of his mysterious origins; only then will Po be able to unlock the strength he needs to succeed

Rated PG for sequences of martial arts action and mild violence.

Running time: 107 minutes



SUDOKU

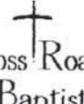
Solution to puzzle on page 22

	1			2			
3			4			5	6
			1			7	8
	7		8		5		3
2							1
1		6		9			8
4	9			6			
8	5				7		2
			1				4



check out **spry & relish** magazines in the northern sentry

# CHURCH DIRECTORY

<p><b>Little Flower Catholic Church</b> 800 University Avenue West 838-1520</p> <p><b>Mass Schedule</b> Daily M-F ..... 8 a.m. Saturday ..... 5:30 p.m. Sunday ..... 8:30 a.m. &amp; 11 a.m.</p> <p><b>Fr. Fred Harvey, Pastor</b> <a href="http://www.littleflowerminot.com">www.littleflowerminot.com</a></p>	<p><b>St. Peter The Aleut Eastern Orthodox Church</b></p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy ..... 10 a.m. Saturday Vespers ..... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p><b>Heritage Baptist</b> Independent Fundamental <b>Meeting at 435 21st St. NW 833-1798</b></p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:45 a.m. Sunday Evening ..... 6 p.m. Wed. Prayer/Bible Study ..... 7 p.m. Wed. Children's Patch Club ..... 7 p.m.</p> <p><b>Pastor Brian Ferree</b></p>	<p><b>Minot Air Force Base Chapel Protestant Services (All Sunday)</b></p>  <p>Traditional Service ..... 10:00 a.m. (North Plains Chapel) Gospel Service ..... 11:30 a.m. (Northern Lights Chapel) Contemporary Service ..... 2:00 p.m. (North Plains Chapel)</p> <p>Wednesday Feed Your Faith Classes: North Plains Chapel 1730-1930 Dinner and Children's programs included</p> <p><b>Chapel 723-2456</b></p>	<p><b>Minot Air Force Base Chapel Catholic Services</b></p>  <p><b>Complete Mass Schedule can be seen on the Chapel Information page on the Minot Air Force base website: <a href="http://www.minot.af.mil">www.minot.af.mil</a></b></p> <p>Sunday CCD ..... 11:15 a.m. (North Plains School)</p> <p><b>Northern Lights Chapel 723-2456</b></p>
<p><b>Bible Fellowship</b> 1720 4th Ave. NW • 838-0916</p> <p><a href="http://www.minotbiblefellowship.org">www.minotbiblefellowship.org</a> Sunday School ..... 9:45 a.m. Sunday Worship ..... 10:45 a.m. Sunday Evening Worship ..... 7:00 p.m. Wed. Evening Family Night ..... 7:00 p.m.</p> <p>• Pioneer Club • Youth Club • Women's Bible Study • Adult Bible Study</p> <p><b>Pastor Duane Deckert</b></p> 	<p><b>Minot Baptist Church</b></p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School ..... 9:45 a.m. Morning Worship ..... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening ..... 7:00 p.m. <i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p><b>Harvest Reformed Church</b></p>  <p>We are devoted to faithful preaching of God's Word, Confessionally Reformed Biblical worship.</p> <p>Now meeting in room 204 Minot Municipal Auditorium <b>Morning Service 10:30 a.m.</b></p> <p>838-0605 <a href="http://www.harvestreformedchurch.org">www.harvestreformedchurch.org</a></p>	<p><b>Congregational United Church of Christ</b></p> <p>430 N. Broadway • 839-1064</p> <p>Sunday School ..... 11 a.m. Sunday Worship ..... 11 a.m. Tuesday Lunch Bible Study ..... 12 Noon Wed. Youth Classes ..... 6:30-8:30 p.m.</p> <p>Rev. Frank Picard</p>	<p>Welcome to the <b>Minot Church of Christ</b> 1315 1st St. NE</p> <p><b>Sunday:</b> Bible Classes ..... 10:30 a.m. Worship ..... 5:00 p.m.</p> <p><b>Wednesday:</b> Bible Classes ..... 7:00 p.m.</p> <p>"Restoring 1st Century Christianity in the 21st Century"</p>
<p><b>First Presbyterian Church</b> 1000 3rd St. NE (Next to Trinity Nursing Home) 852-0315</p> <p>Sunday Contemporary Worship ..... 8:30 a.m. Sunday School ..... 9:30 a.m. Sunday Traditional Worship ..... 11 a.m. Monday Youth Worship ..... 7 p.m. Wednesday Community Supper ..... 5-6:30 p.m. Wednesday Contemporary ..... 6:30 p.m. Sunday Transportation &amp; Nursery Available</p> <p><a href="http://www.minotfpc.org">www.minotfpc.org</a> <i>Visitors Welcome</i></p>	<p><b>Apostolic Faith Church, UPCI</b></p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Sunday School ..... 2:00 p.m. Sunday Worship ..... 3:30 p.m. Wednesday Bible Study .. 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>	<p><b>Minot First Church of The Nazarene</b> 2500 West Central Avenue 701-838-8704</p> <p><i>Come Experience a Warm Family Feeling</i></p> <p>Coffee &amp; Conversation ..... 9-9:30 a.m. Sunday School ..... 9:30 a.m. Morning Worship ..... 10:45 a.m. Evening Service ..... 6 p.m. Midweek Service (Wed.) ..... 7 p.m.</p> <p><b>Senior Pastor Francis Warren</b></p>	<p><b>First Lutheran Church - ELCA</b> 120 - 5th Ave. NW 852-4853</p> <p>Sunday ..... 8:30 a.m. &amp; 11 a.m. Wednesday ..... 7 p.m.</p> <p><i>Saturday evening service is SUSPENDED for the Summer. For the foreseeable future, Zion Lutheran and First Lutheran will worship together.</i></p> <p><b>Pastor Ken Nelson</b> Pastors Michael &amp; Kari Pancoast <a href="http://www.firstlutheranchurchminot.com">www.firstlutheranchurchminot.com</a></p>	<p><b>St. Mark's Lutheran Church</b> <i>Missouri Synod</i></p>  <p>Sunday Worship ..... 9:30 a.m. Bible Class ..... 10:30 a.m. Holy Communion is served on the 1st &amp; 3rd Sunday of each month.</p> <p>2209 4th Ave. NW • 839-4663 Carlyle Roth, Pastor</p>
<p><b>Bethany Lutheran</b> 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Wednesday Worship ..... 7 p.m. Sunday Worship ..... 9 a.m. Sunday Fellowship ..... 10 a.m.</p> <p>Website: <a href="http://www.bethanylutheranminot.com">www.bethanylutheranminot.com</a> Email: <a href="mailto:bethanylutheran@srt.com">bethanylutheran@srt.com</a></p> <p><b>Pastor Janet Hernes Mathistad</b> <b>Pastor Gerald Roise</b></p>	<p><b>North Hill Baptist Church</b></p>  <p>524 21st Ave. NW • Minot, ND 58703 701-839-7283</p> <p><b>Pastor Dan Andrus, 701-578-5060</b> <a href="mailto:sparrow@minot.com">sparrow@minot.com</a> <a href="http://minotnorthhillbaptistchurch.com">minotnorthhillbaptistchurch.com</a></p> <p>"We're Not There Yet...Come Grow With Us!"</p>	<p><b>St. John the Apostle Catholic Church</b></p>  <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday ..... 7 p.m. Wednesday - Friday ..... 9 a.m. Saturday ..... 5 p.m. Sunday ..... 8 and 10:30 a.m.</p> <p><b>Fr. Dave Zimmer, Pastor</b> Parish website: <a href="http://www.stjohnminot.com">www.stjohnminot.com</a></p>	<p><b>All Saints' Episcopal Church (Anglican)</b> 301 S. Main St. • 839-1037</p> <p>Sunday Worship ..... 10 a.m. Wednesday Worship ..... 5:15 p.m.</p> <p><a href="http://www.allsaintsminot.org">www.allsaintsminot.org</a></p>	<p><b>Our Redeemer's Church</b> <i>A Church with a Christian School</i> 700 16th Ave SE</p> <p><b>Sundays</b> Worship Services ..... 8:30 a.m. &amp; 10:45 a.m. Radio Broadcast KHRT 1320 AM ..... 11 a.m. Children's programs ..... 9:45 a.m. Youth &amp; Adult Bible Classes ..... 10 a.m. <i>Interpreter services for the deaf ..... 10:45 a.m.</i></p> <p><b>Wednesdays</b> Supper ..... 5:40 p.m. Bible Classes for all ages ..... 6:30 p.m.</p> <p>Lead Pastor, Rod Spidahl, PhD 838-0750 • <a href="http://www.ourredeemers.org">www.ourredeemers.org</a></p>
<p><b>Bread of Life Lutheran Church</b> ELCA</p>  <p>1415 17th Ave SW 838-3360</p> <p>Saturday worship ..... 5 p.m. Sunday worship ..... 9:30 am</p> <p><b>Curt Hanson, Pastor</b> <a href="http://Breadoflifeminot.com">Breadoflifeminot.com</a></p>	<p><b>Faith United Methodist Church</b></p>  <p>801 University Ave. W • 838-1540</p> <p>Worship: Sundays 10:45 a.m. Wednesdays 5:15 p.m. (with simple supper) Nursery Available Sunday School: 9:30 Quilting: Tues. 10 a.m. &amp; Thurs. 6:30 p.m.</p> <p><b>Rev. Debra Ball-Kilbourne</b></p>	<p><b>Cross Roads Baptist</b></p>  <p>Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 6:30 p.m. Wednesdays (Prayer &amp; Missions) .. 6:30 p.m.</p> <p><a href="http://www.angellnet.net/crossroads">www.angellnet.net/crossroads</a> email: <a href="mailto:crbc@srt.com">crbc@srt.com</a></p> <p>415 28th Ave SE (Behind Menards) 838-1873 <b>Dr. Ben Pierce, Pastor</b></p>	<p><b>West Minot Church of God</b> "A Family Worship Center" 1105 16th St. NW • 839-1407</p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church ..... 10:30 a.m. Wednesday Family Training Hour ..... 6:30 p.m. Wednesday Kids on the Rock ..... 6:30 p.m. Youth Center, Friday ..... 7:00 - 11:00 p.m.</p> <p><b>ABC Child Care &amp; Pre-School Center 852-6352</b></p>	<p><b>Bethel Free Lutheran AFLC</b> <i>"Building Followers of Jesus Christ"</i></p>  <p>Sunday School ..... 9:00 a.m. Worship Service ..... 10:30 a.m. Wednesday Supper ..... 6:15 p.m. Adult/Youth Bible Study Kids Club ..... 7:00 p.m.</p> <p><b>Pastor Shane McLoughlin</b> 530 22nd Ave NW • 852-6492 <a href="mailto:bethel@minot.com">bethel@minot.com</a></p>
<p><b>River of Life Church</b></p>  <p>400 22nd Ave NW • Minot</p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Sunday Evening Service ..... 6 p.m. Wednesday Service ..... 7 p.m.</p> <p><b>Joe VanEst, Pastor • 858-7777</b></p>	<p><b>First Baptist Church</b> 220-3rd St. S.W. • 852-4533 <a href="http://www.firstbaptist-minot.org">www.firstbaptist-minot.org</a></p> <p>Summer Worship Schedule: Classic Worship ..... 9:30 a.m. Contemporary Worship Service ..... 11 a.m. Children's Church ..... 11 a.m. AWANA Wed. (Sept.-May) ..... 6:30 p.m.</p> <p><b>Rev. Kent Hinkel, Senior Pastor</b> <b>Rev. Gordon Kroeker, Discipleship &amp; Community Life</b> <b>Pastor Paul Pankratz, Student Ministries</b> <b>Pastor Josh Huesby, Worship</b></p>	<p><b>Gospel Tabernacle Community Church</b></p>  <p>County Road 19, 4 miles south of MAFB Eld. James W. Henderson, Pastor</p> <p>Church: 701-838-4492 Home: 838-5759 Dial-A-Prayer: 727-6447 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School ..... 9:45 a.m. Morning Worship ..... 11 a.m. Family Hour/ Leadership Training .... 6:30 p.m. Evening Worship ..... 7:30 p.m. Bible Study/ Children Worship (Wed.) .. 7 p.m. Prayer (Friday) ..... 7 p.m.</p>	<p><b>BEREAN BAPTIST CHURCH</b> Independent KJV</p> <p>Sunday School ..... 9:45 a.m. Worship ..... 11:00 a.m. Sunday Evening ..... 6:00 p.m. Wednesday Evening ..... 7:00 p.m.</p> <p><b>Pastor Joe Minnerup</b> <a href="http://www.bereanbaptistminot.com">www.bereanbaptistminot.com</a></p> <p>601 1st Ave SE • Minot 833-9811</p>	<p><b>First Assembly of God</b> 1805 2nd St. SE 838-1111</p> <p>Morning Worship ..... 8:30 a.m. Sunday School ..... 10 a.m. Morning Worship ..... 11 a.m. Evening Worship ..... 6:30 p.m. Wednesday Family Night ..... 7 p.m.</p>
<p><b>Trinity Church</b> <i>An Evangelical Free Church</i></p>  <p>3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>June - August Worship ..... 9 a.m.</p> <p><a href="http://www.trinitychurchminot.org">www.trinitychurchminot.org</a></p>	<p><b>Immanuel Baptist Church</b> 1615 2nd St. SE • Minot • 839-3694</p> <p>Sunday Worship ..... 10 a.m.</p> <p>Wednesdays Soup Kitchen .. 11:30 a.m. - 12:30 p.m.</p> <p><b>Pastor Allen Lively</b> <b>Sarah Dvirnak, Youth Director</b> <a href="http://www.immanuelbaptistminot.org">www.immanuelbaptistminot.org</a></p>	<p><b>ZION Lutheran ELCA</b></p>  <p>1800 Hiawatha St. 852-1872</p> <p>Saturday Worship ..... 5 p.m. Sunday Worship ..... 8:30 a.m. &amp; 11 a.m.</p> <p><b>John Streccius, Pastor</b> <b>Nathan Mugaas, Pastor</b></p>	<p><b>Vincent United Methodist Church</b></p>  <p>1024 2nd St. SE • 838-4425 <i>Behind Town &amp; Country Shopping Center</i> open hearts...open minds...open doors!</p> <p>Saturday Informal Service ..... 5 p.m. Sunday Worship ..... 8:30 a.m. &amp; 11 a.m. Sunday School ..... 9:30 a.m. Coffee Fellowship ..... 10:30 a.m.</p> <p><b>Gary L. Ball-Kilbourne</b> <a href="http://www.vincentumc.com">www.vincentumc.com</a></p>	

# Pronghorn population remains low, NDGF recommends no season

North Dakota Game and Fish Department biologists recently completed the 2011 pronghorn population survey, which revealed the statewide population is 30 percent lower than last year. Therefore, the Game and Fish Department is recommending the pronghorn hunting season remain



closed in 2011.

Bruce Stillings, big game supervisor in Dickinson, said three severe winters with high adult mortality rates followed by poor fawn production has dropped the statewide population estimate to approximately 4,500 pronghorn.

Until last year when the population fell to 6,500 pronghorn, the statewide population had been at or above 10,000 animals since 2003, including two years with more than 15,000.

"Our numbers are declining with few young animals observed due to poor production in 2009 and 2010,"

Stillings said. "To make matters worse, production this year was the lowest documented since biologists began surveying in the late

1950s."

The aerial survey is flown in late June/early July after young-of-the-year are born and visible. Five airplanes covered more than 11,000 square miles of aerial transects within pronghorn habitat. Survey results indicate the population in the western Bowman and southern Slope management regions are doing the best, while pronghorn in the northern badlands and northern Slope areas are in the poorest condition.

Pronghorn in all management regions are well-below population objectives. Northern Great Plains pronghorn are susceptible to dramatic population declines due to extreme winter conditions, Stillings said. The last three years have been a worst case scenario for pronghorn in North Dakota, similar to 1977-79 when three consecutive severe winters hit the region, resulting in closed seasons from 1978-1981.

"The last thing pronghorn needed was another severe winter," Stillings said. "A much needed mild winter would increase adult survival and leave females in good condition for fawning."

Biologists will continue to monitor pronghorn numbers in the future, and will reopen

the season when the population returns to a level capable of withstanding a harvest.

The 2011 pronghorn season will be closed to both gun and archery hunters.

Applicants who have accumulated preference points will maintain their current points.

## Deer lottery held, antlerless licenses remain

North Dakota's deer gun lottery has been held and individual results are available online at the state Game and Fish Department's website, [gf.nd.gov](http://gf.nd.gov).

The first lottery application process - deer gun, muzzleloader, youth and landowner - had nearly 100,000 applicants, with 73 percent of the applications submitted online.

Approximately 24,000 antlerless deer gun licenses remain. Unsuccessful resident applicants in the first drawing will be mailed second and third lottery applications. Resident and nonresident hunters who have not yet applied, or who want additional licenses, must submit a third lottery application. The deadline for submitting applications is Aug. 10. The second lottery will take place immediately prior to the third.

Third lottery applications will be available in mid-July. Applicants can apply online, or print an application, by accessing the Game and Fish website, or pick up a paper application from license vendors.

Additional concurrent season doe licenses can be used during the archery season with a bow; the deer gun season with a bow, rifle or muzzleloader; or during the muzzleloader season with a muzzleloader. These licenses must be used for antlerless deer only, and hunters must stay in the unit to which the license is assigned.

In addition, youth deer license hunters ages 14 and 15 may purchase additional concurrent season doe licenses to use during the youth season.

Last year, licenses were sold out in all but three units prior to opening day of deer season. Hunters are encouraged to apply early if they have a specific unit in mind.

### Third lottery deer gun licenses

B = Any Antlerless  
D = Antlerless Whitetail  
F = Antlerless Mule Deer

Unit	Type	Available
1	B	500
3B2	F	50
2B	B	900
3B3	D	1000
2C	B	2800
3C	D	700
2D	B	1200
3D1	B	50
2E	B	900
3D1	D	50
2F1	B	2000
3D2	D	50
2F2	B	1300
3E1	B	300
2G	B	100
3E1	D	400
2G2	B	100
3E2	B	300
2H	B	300
3E2	D	500
2I	B	300
3F1	B	500
2J2	B	1200
3F1	D	900
2K1	B	200
3F2	B	600
2K2	B	3000
3F2	D	800
2L	B	1100
4C	D	50
3A2	B	900
4D	D	50
3A4	B	900
4E	D	100
3B2	D	50
4F	D	200

## PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL

Keeping grass on the landscape keeps livestock producers in business and hay in the hay yard. Keeping grass on the landscape keeps other critters on the landscape, as well. The Dakota Grassland Conservation Area project works to keep both on the landscape by expanding funding opportunities for a popular program already in existence in North Dakota and South Dakota.

More than 800 landowners are waiting to participate in a longstanding, voluntary grassland and wetland conservation

easement program through the U.S. Fish and Wildlife Service and its

partnering non-governmental organizations. Currently the program is funded by a combination of money generated from the sale of Federal Duck Stamps required to hunt waterfowl along with North American Wetland Conservation Act (NAWCA) funds and money from collaborating non-governmental organizations.

The Dakota Grassland Conservation Area proposes to access Land and Water Conservation Funds (LWCF), which is money generated from a combination of offshore oil and gas leases on the Outer Continental Shelf, motorboat fuel taxes and sale of surplus federal property. "There is so much interest we simply can't meet the demand," U.S. Fish and Wildlife Service Refuge Coordinator Lloyd Jones described. The proposed program is essentially the same as the existing easement program in the Prairie Pothole Region of the United States, Jones said, but moneys generated through the Land and Water Conservation Fund would provide additional funding to meet the demand.

A nook of southeastern North Dakota and northeastern South Dakota already uses LWCF money to fund part of its

easement program. The Tallgrass Prairie Project focuses on native tallgrass prairie while the Dakota Grassland Conservation Area is broader in the scope of the Prairie Pothole Region.

Another area in North Dakota's Coteau region also uses LWCF funds it but would become part of the larger Dakota Grassland Conservation Area project if it were finalized, Jones added.

Scoping meetings were held in late 2010 in North Dakota and South Dakota as part of the process to establish the Dakota Grass-

land Conservation Area. Response was mixed in North Dakota, Jones described, while South Dakota landowners, agricultural organizations and the public were largely supportive of the proposal. Public comments meetings held in June garnered similar responses, he said.

The proposed easement area mirrors what is already in place under the current easement program, targeting 240,000 wetland and 1.7 million grassland acres in the two states. Landowners participating in the program retain ownership. Easements provide for continuation of traditional agricultural practices such as haying and grazing, as well as farming wetlands when they are dry from natural conditions.

Details of the proposed Dakota Grassland Conservation Area proposal are available from the Fish and Wildlife Service website, ([www.fws.gov/mountain-prairie/planning/lpp/nd/dkg/dkg.html](http://www.fws.gov/mountain-prairie/planning/lpp/nd/dkg/dkg.html)).

Comments regarding the proposal will be accepted until July 25 and can be emailed to [dgca\\_comments@fws.gov](mailto:dgca_comments@fws.gov) or mailed to the Fish and Wildlife Service, Mountain-Prairie Region, 134 Union Boulevard, Lakewood, Colo. 80228.

"We consider this project a true partnership with farming and ranching."

— U.S. Fish and Wildlife Service Refuge Coordinator Lloyd Jones, discussing the Dakota Grassland Conservation Area.

## Hunting guide and outfitter test set for August 20

The next guide and outfitter written examination is Aug. 20 at 1 p.m. at the North Dakota Game and Fish Department office in Bismarck. The test is given periodically to anyone interested in becoming a hunting guide or outfitter in the state.

In addition to passing a written exam, qualifications for becoming a guide include a background check for criminal and game and fish violations; certification in cardiopulmonary resuscita-

tion and standard first aid; and employment by or contract with a licensed hunting outfitter.

Hunting outfitter eligibility requirements include the guide qualifications, as well as an individual must have held a hunting guide license for two years; and must have proof of liability insurance.

Interested individuals are required to preregister by calling the Game and Fish Department's enforcement office at 328-6604.

Sunday Evening		July 17, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Extreme Makeover	Castle	Body of Proof	Local							
KXMC/CBS	Big Brother	Undercover Boss	CSI: Miami	Local							
KMOT/NBC	America's Got Talent		The Marriage Ref	Local					Dateline NBC		
KNDX/FOX	Simpsons	Cleveland	Fam. Guy	Amer. Dad	Local						
<b>Cable Channels</b>											
AMC	Collateral Damage		Breaking Bad	Breaking Bad	The Killing						
CNN	CNN Presents	Piers Morgan Tonight	CNN Newsroom	CNN Presents	Piers Morgan Tonight						
DISC	Dual Survival	Dual Survival	Man vs. Wild	Dual Survival	Man vs. Wild						
DISN	Kickin' 1	The Suite Life Movie	PrankStar	Random	Shake It	Shake It	Wizards	Wizards			
ESPN	MLB Baseball		SportsCenter				SportsCtr				
FAM	Cyberbully		Cyberbully		J. Osteen		Ed Young				
FX	Iron Man				Iron Man						
LIFE	The Holiday	Drop Dead Diva	The Protector	The Protector	Drop Dead Diva						
NICK	My Wife	My Wife	Lopez	Lopez	'70s Show	'70s Show	The Nanny	The Nanny	The Nanny	The Nanny	
SPIKE	Auction	Auction	Auction	Auction	Bar Rescue	3 Sheets	Bar Rescue		Ladder 49		
TBS	What Women Want		What Women Want								
TNT	Shooter	Leverage	Falling Skies	Leverage	Falling Skies						
USA	Law & Order: SVU	Law & Order: SVU	In Plain Sight	White Collar	Law & Order: SVU						
WGN	How I Met	How I Met	How I Met	How I Met	News/Nine	Replay	Monk		Monk		
<b>Premium Channels</b>											
HBO	Boardwalk Empire	True Blood	Curb	Entourage	True Blood	Curb	Wall St				
MAX	Sex and the City 2		Jonah Hex		Secret Lives						
SHOW	Dexter	Weeds	The Big C	The Real L Word	Shameless	The Real L Word					

Saturday Evening		July 23, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Harry Potter									Local	
KXMC/CBS	NCIS: Los Angeles		NCIS		48 Hours Mystery					Local	
KMOT/NBC	Who Do You		Law Order: CI		Law & Order: SVU					Local	Saturday Night Live
KNDX/FOX	Cops	Cops	Fam. Guy	Cleveland	Local					Fringe	Fame
<b>Cable Channels</b>											
AMC	Shawshank R.									Shawshank R.	
CNN	CNN Presents	Piers Morgan Tonight	CNN Newsroom							Piers Morgan Tonight	
DISC	Killing bin Laden	Seal Team 6	One Man Army							Seal Team 6	One Man Army
DISN	Toy 2	Good Luck	ANT Farm	Shake It	Random	Shake It	Wizards	Wizards	Fish Hook		
ESPN	NASCAR Racing		SportsCenter							Baseball Tonight	
FAM	Pirates-Carib.									Meet the Parents	
FX	Iron Man	Two Men	Two Men	Two Men	Two Men					Archer	Louie
LIFE	Memory Keeper	Magic Beyond Words								Magic Beyond Words	
NICK	Big Time	Victorou	iCarly	iCarly	'70s Show	'70s Show	Lopez	Lopez	The Nanny	The Nanny	
SPIKE	Executive	Behind Enemy Lines								Behind Enemy Lines	
TBS	The Mummy Returns		Sahara								
TNT	Men in Black II		Men in Black II							Falling Skies	Resident
USA	Indiana	Indiana Jones								In Plain Sight	Action Sports
WGN	MLB Baseball		WGN News at Nine		Scrubs	How I Met	South Pk	South Pk			
<b>Premium Channels</b>											
HBO	Dinner for Schmucks		Boxing								Blood
MAX	Face/Off		The American								
SHOW	Twil: Eclipse		Remember Me							Franchise	Green

Tuesday Evening		July 19, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Wipeout		Game Show		Combat Hospital		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	NCIS		NCIS: Los Angeles		48 Hours Mystery		Local	Late Show Letterman	Late		
KMOT/NBC	It's Worth What?		America's Got Talent				Local	Tonight Show w/Leno	Late		
KNDX/FOX	Hell's Kitchen		MasterChef		Local						
<b>Cable Channels</b>											
AMC	Caddyshack		Caddyshack							Beverly Hills Ninja	
CNN	In the Arena		Piers Morgan Tonight		Anderson Cooper 360					Piers Morgan Tonight	
DISC	Deadliest Catch	Deadliest Catch	Alaskan Monster Hunt		Deadliest Catch					Alaskan Monster Hunt	
DISN	Good Luck	Shake It	Finding Nemo		ANT Farm	Good Luck	Wizards	Wizards			
ESPN	World, Poker				Baseball Tonight		SportsCenter		Baseball	NFL Live	
FAM	Pretty Little Liars	Nine Lives	Pretty Little Liars		The 700 Club		Whose?	Whose?			
FX	Forget Sarah		Superbad								
LIFE	American Pickers	American Pickers	Hef's Runaway Bride		How I Met	How I Met	Chris	Chris			
NICK	Family	My Wife	Lopez	Lopez	'70s Show	'70s Show	The Nanny	The Nanny	The Nanny	The Nanny	
SPIKE	Auction	Auction	Auction	Auction	Auction	Auction	Repo	Repo	Ways Die	Ways Die	
TBS	Office	Office	Office	Office	Office	Conan			Lopez Tonight		
TNT	Rizzoli & Isles	Memphis Beat	HawthoRNe		Memphis Beat		HawthoRNe				
USA	Law & Order: SVU	White Collar	Covert Affairs		Necessary Roughness		White Collar				
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk		
<b>Premium Channels</b>											
HBO	The Kids Are All Right		Curb		REAL Sports Gumbel	True Blood			Curious Case		
MAX	Waterworld	Four Christmases			Happy Gilmore		Femme		Beverly Hills Cop II		
SHOW	Outsourced	Weeds	The Big C	Weeds	The Big C	Web Ther.	The Real L Word		Web Ther.		

Monday Evening		July 18, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	The Bachelorette				Extreme Makeover		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	How I Met	Mike	Two Men	Mike	Hawaii Five-0		Local	Late Show Letterman	Late		
KMOT/NBC	America's Got Talent		Law Order: CI		Harry's Law		Local	Tonight Show w/Leno	Late		
KNDX/FOX	Hell's Kitchen		MasterChef		Local						
<b>Cable Channels</b>											
AMC	The Matrix									The Matrix	
CNN	In the Arena		Piers Morgan Tonight		Anderson Cooper 360					To Be Announced	Piers Morgan Tonight
DISC	Man vs. Wild	Man vs. Wild	Surviving the Cut		Man vs. Wild					Surviving the Cut	
DISN	Good Luck	Shake It	The Incredibles		ANT Farm	Good Luck	Wizards	Wizards			
ESPN	MLB Baseball				Baseball Tonight		SportsCenter		Baseball	NFL Live	
FAM	Secret-Teen	Switched at Birth	Secret-Teen		The 700 Club		Whose?	Whose?			
FX	Death Race										
LIFE	Magic Beyond Words		Vanished, Beth		How I Met	How I Met	Chris	Chris			
NICK	Family	My Wife	Lopez	Lopez	'70s Show	'70s Show	Lopez	Lopez			
SPIKE	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	
TBS	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Conan		Lopez Tonight		
TNT	The Closer		The Closer		Rizzoli & Isles				Rizzoli & Isles		
USA	NCIS		WWE Monday Night RAW		Suits				Law & Order: SVU		
WGN	Chris	Chris	Funniest Home Videos		WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk		
<b>Premium Channels</b>											
HBO	Real Time/Bill Maher	Mann v. Ford			Up in the Air				Going		
MAX	Face/Off	Just Married			Sex and the City 2				Voyeur		
SHOW	Twil: Eclipse		Weeds	The Big C	Weeds	The Big C	The Real L Word				

Thursday Evening		July 21, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Wipeout		Expedition Imp.		Rookie Blue		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	Big Bang	Rules	Big Brother		The Mentalist		Local	Late Show Letterman	Late		
KMOT/NBC	Community	Parks	Office	30 Rock	Love Bites		Local	Tonight Show w/Leno	Late		
KNDX/FOX	So You Think		Glee		Local						
<b>Cable Channels</b>											
AMC	Conan the Barbarian		Conan the Barbarian								
CNN	In the Arena		Piers Morgan Tonight		Anderson Cooper 360					Piers Morgan Tonight	
DISC	Deadliest Catch	Alaskan Monster Hunt	Sons of Guns		Alaskan Monster Hunt					Sons of Guns	
DISN	Good Luck	Shake It	WALL-E		ANT Farm	Good Luck	Wizards	Wizards			
ESPN	Softball				Baseball Tonight		SportsCenter		Baseball	NFL Live	
FAM	Goonies	Willy Wonka			The 700 Club		Whose?	Whose?			
FX	Two Men	Two Men	Two Men	Two Men	Wilfred	Louie	Wilfred	Louie	Louie	Wilfred	
LIFE	Unsolved Mysteries	Unsolved Mysteries	Unsolved Mysteries		Hef's Runaway Bride		Chris	Chris			
NICK	Family	My Wife	Lopez	Lopez	'70s Show	'70s Show	The Nanny	The Nanny	The Nanny	The Nanny	
SPIKE	Jail	Jail	iMPACT Wrestling		Deadliest Warrior		MANswers	MANswers			
TBS	Journey-Center		Fam. Guy	Fam. Guy	Conan		Lopez Tonight				
TNT	Bones	Bones	Bones		CSI: NY		Franklin & Bash				
USA	NCIS		Burn Notice		Suits		Covert Affairs		Burn Notice		
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk		
<b>Premium Channels</b>											
HBO	Catch Me	Despicable Me			Curb	Katie	CatHouse	REAL Sports Gumbel			
MAX	Twelve	Machete			Mobsters						
SHOW	Back	The Big C	Web Ther.	The Big C	Weeds	Franchise	Green	Franchise	Green	Holy Roll	

Wednesday Evening		July 20, 2011									
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
WDAY/ABC	Middle	Family	Family	Happy	Primetime Nightline		Local	Nightline	Jimmy Kimmel Live		
KXMC/CBS	Big Brother		Criminal Minds		CSI: Crime Scene		Local	Late Show Letterman	Late		
KMOT/NBC	Minute to Win It		America's Got Talent		Love in the Wild		Local	Tonight Show w/Leno	Late		
KNDX/FOX	So You Think		Local								
<b>Cable Channels</b>											
AMC	Broken Arrow		Broken Arrow								
CNN	In the Arena		Piers Morgan Tonight		Anderson Cooper 360					Piers Morgan Tonight	
DISC	Sons of Guns	Sons of Guns	One Man Army		Sons of Guns					One Man Army	
DISN	Good Luck	Shake It	Ratatouille		ANT Farm	Good Luck	Wizards	Wizards			
ESPN	MLB Baseball				Baseball Tonight		SportsCenter		Baseball	NFL Live	
FAM	Melissa	Georgia	Cyberbully		The 700 Club		Whose?	Whose?			
FX	The Proposal				Rescue Me		Rescue Me		Rescue Me		
LIFE	Roseanne	Roseanne	Roseanne	Roseanne	Dance Moms		How I Met	How I Met	Chris	Chris	
NICK	Family	My Wife	Lopez	Lopez	'70s Show	'70s Show	Married	Married	Married	Married	
SPIKE	Deadliest Warrior	Deadliest Warrior	Deadliest Warrior		Deadliest Warrior		Ways Die	Ways Die			
TBS	Browns	Browns	Payne	Payne	Payne	Payne	Conan		Lopez Tonight		
TNT	The Mentalist		Franklin & Bash		Bones		Franklin & Bash		L		

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2008 Buick Lucerne #M17465 <b>NOW \$19,444</b>	2009 Subaru Impreza AWD #M19583 <b>NOW \$16,995</b>	2007 Chrysler Sebring Sedan #M19275B <b>NOW \$10,499</b>	2000 VW Beetle Coupe #M19725 <b>NOW \$8,990</b>
2009 Cadillac CTS M18415 <b>NOW \$27,288</b>	2006 Pontiac G6 #M10097B <b>NOW \$13,499</b>	2008 Toyota Tacoma Ex Cab #M19712 <b>NOW \$19,295</b>	
2011 GMC Terrain #M1953 <b>NOW \$31,321</b>	2008 Pontiac Grand Prix # <b>NOW \$15,777</b>	2004 Honda Odyssey Van #M19342A <b>NOW \$7,990</b>	

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# SECTION 2

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## Fifty years of B-52s at MAFB

*Passengers on first flight reminisce*

Courtesy of Eloise Ogden

Regional Editor, Minot Daily News

Former North Dakota Gov. William L. Guy and retired Air Force Col. Harold A. Radetsky remember when they were on the flight of the first B-52H Stratofortress to be assigned to Minot Air Force Base 50 years ago.

That flight was on July 16, 1961. Guy and Radetsky were on the flight from Ellsworth AFB at Rapid City, S.D., to Minot AFB.

Guy, now 91, lives in Fargo and Radetsky, 92, lives in Fort Worth, Texas. Both were recently interviewed by The Minot Daily News. Radetsky was the wing commander at Minot AFB when the first B-52 arrived.

In recognition of the arrival of the first B-52 at Minot AFB, a ceremony is being planned at the base in August, said Capt. Genieve David, chief of Public Affairs at the Minot base.

Guy said he flew to Rapid City in the state's twin engine plane which was available to the governor, and then got on the B-52.

"I wasn't used to being around those big planes like that," said Guy, who said he always has had an interest in airplanes.

He said someone helped him get up and into the opening of the plane and showed him where he would be sitting. "I would be able to sit right behind the pilots so I could see out as we flew," he said.

"We flew very, very low and the pilot explained we wanted to make this flight to Minot a flight training effort at which we do low-level bombing so we flew at a low level, which we did," Guy said.

When the plane came into the Minot base, he said it landed nicely and there was a crowd.

When we got down, the pilot pointed at this speck in the air above us, Guy said. "If we were not able to land we had an identical bomber flying high above us so not to distract



(U.S. Air Force photo by Senior Airman Michael J. Veloz)

Former North Dakota Gov. William L. Guy and retired Air Force Col. Harold A. Radetsky remember when they were on the flight of the first B-52H Stratofortress to be assigned to Minot Air Force Base 50 years ago. That flight was on July 16, 1961. In recognition of the arrival of the first B-52 at Minot AFB, a ceremony is being planned at the base in August. The above photo by Eloise Ogden is from a page of The Minot Daily News about the formal ceremony July 16, 1961, marking the arrival of the first B-52H bomber at Minot Air Force Base.

from below. But if we couldn't land the bomber, it could have fulfilled the obligation of this first bomber at Minot."

Maj. Clyde Evely was the commander of the crew flying the first B-52H to Minot AFB on July 16, 1961.

The plane arrived at the Minot base for an open house event called "Peace Persuader Day."

Guy said, as he recalled, some of the local officials in Minot came aboard the plane and were given a flight around the city.

Retired Col. Harold A. Radetsky said, when asked about his flight on the first B-52 bomber for the Minot base, said, "I remember that very well."

Radetsky said the plane was brought from the (Boeing) factory to Minot AFB via Rapid City. At the

time Radetsky was commander of the 4136th Strategic Wing at the Minot base.

"Later, it (4136th) was changed to the 5th (Bomb Wing)," Radetsky said.

The 5th Bomb Wing is the present B-52 wing at Minot AFB, with Col. James Dawkins as its commander.

Currently, 28 B-52s with the tail numbers of 60 and 61 are assigned to the Minot base.

Radetsky said he joined Guy in Rapid City for the flight on the new plane, he recalled. "It was a great day," he said. He said they were the only two passengers going along with the crew.

Radetsky said he had not been stationed at Minot AFB for very long when the first B-52 arrived there. He said it was a big deal to get the latest model of the B-52, a plane that he

flew while at Minot AFB.

Besides the B-52, during his 28-year Air Force career, Radetsky also flew the B-25, A-20 and B-26.

Radetsky spent about a year and a half at Minot AFB, then was sent to Barksdale AFB, La. Those two bases now are the only bases with B-52s.

Is he amazed these planes are still flying? "I am," Radetsky said.

He said a number of generations have or are flying the B-52. He related a brief story about a commander of a B-52 looking over to the co-pilot and saying, "Hello son."

Radetsky said he was looking over stories from The Minot Daily News from 50 years ago about the arrival of the "Peace Persuader." He noted the photos showing him, William Guy,

see **B-52s** on page 15

# WHAT'S FOR DINNER



## Grilled Chicken Pizza

- 1 pound boneless skinless chicken breast halves
- 1/2 cup Lawry's Original Seasoned Salt Marinade, divided
- 1 prepared thin pizza crust (12-inch)
- 2 cups shredded mozzarella cheese, divided
- 2 plum tomatoes, thinly sliced
- 1/4 cup thinly sliced red onion

Place chicken in large re-sealable plastic bag or glass dish. Add marinade, turn to coat well. Refrigerate 30 minutes or longer for extra flavor. Remove chicken from marinade, reserve marinade.

Grill chicken over medium heat 6 to 7 minutes per side or until cooked through, brushing with 2 tablespoons of reserved marinade. Cut chicken into thin strips.

Place crust on grill, close lid. Grill over medium heat 1 to 2 minutes or until grill marks appear on bottom of crust. Carefully flip crust over using tongs or spatula.

Brush crust with remaining 2 tablespoons marinade. Layer crust with 1/2 of cheese, grilled chicken, tomatoes, onions. Cover with remaining cheese, close lid. Discard remaining marinade.

Grill 3 to 4 minutes or until cheese is melted and crust is browned. Check pizza often to avoid burning. Rotate pizza, if necessary. Slide pizza onto baking sheet. Slice and serve. Sprinkle with crushed red pepper or oregano, if desired.

# Public invited to attend 321st strategic missile wing reunion banquet, August 6

The original "Warriors of the North," the former members of the 321st Strategic Missile Wing (SMW), will return to North Dakota for a special reunion Thursday through Saturday, August 4, 5 and 6. On Saturday, August 6, reunion participants will visit Cooperstown and the Ronald Reagan Minuteman Missile State Historic Site, which is operated by the state's history agency, the State Historical Society of North Dakota.

The general public is invited to attend the concluding banquet and presentations by General Lance Lord (Retired) and Merl Paaverud, Director of the State Historical Society of North Dakota.

The banquet will begin at 5:15 p.m. Saturday, August 6 at the Griggs County Central School in Cooperstown. Tickets for the banquet and presentations can be purchased from the Friends of Oscar-Zero. Tickets must be purchased by Friday, July 29. To purchase tickets, call (701) 797-3712.

General Lance W. Lord is the retired Commander of the Air Force Space Command. He was responsible for the development, acquisition and operation of the Air Force's space and missile systems.

The general oversaw a global network of satellite command and control, communications, missile warning and launch facilities, and ensured the combat readiness of the United States' intercontinental ballistic missile force. General Lord led more than 39,700 space professionals who provided combat forces and capabilities to the North American Aerospace Defense Command and U.S. Strategic Command. He retired in 2006.

Merl Paaverud, a Steele County native, has been the director of the State Historical Society of North Dakota, since 2001. Paaverud was instrumental in the preservation of the Oscar-Zero Missile Alert Facility and November-33 Launch Facility.

He has also been instrumental in the ongoing expansion of the North Dakota Heritage Center in Bismarck as well as the construction in recent years of a number of new interpretive centers at several of North Dakota's state historic sites.

For more than 30 years, between 1965 and 1997, the 321st SMW, during some of the coldest years of the Cold War, kept the nation safe by fulfilling a mission of nuclear deterrence. This mission was

based on the 321st's constant maintenance and operation of land-based Minuteman missiles in eastern North Dakota. During that time these service men and women, who were based at Grand Forks Air Force Base, were proud and good neighbors with the people of North Dakota.

In 1997, after fulfilling its mission, the 321st SMW was deactivated. The missiles were pulled from their silos and the control facilities were

shuttered. One of the 321st's final acts was to assist Grand Forks during the devastating 1997 flood.

The State Historical Society of North Dakota, the Friends of Oscar-Zero (a local grassroots organization dedicated to supporting the Ronald Reagan Minuteman Missile State Historic Site), and local citizens who formally served in the 321st SMW, are leading the effort to organize and support the reunion.

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## June Articles 15

Nonjudicial punishment, also known as an Article 15 punishment, provides commanders with an essential and prompt means of maintaining good order and discipline and promotes positive behavior changes in servicemembers without the stigma of a court-martial conviction. In June 2011, the following Minot Air Force Base servicemembers were punished under Article 15 of the Uniform Code of Military Justice:

1. An airman first class from the 5th Logistics Readiness Squadron received a suspended reduction in rank to airman, forfeiture of \$200.00 and a reprimand for violating Article 86, failure to go.
2. A senior airman from the 5th Security Forces Squadron received a reduction in rank to airman first class, 15 days extra duty and a reprimand for violating Article 113, sleeping on post.
3. A senior airman from the 5th Security Forces Squadron received a reduction in rank to airman first class, 15 days extra duty and a reprimand for violating Article 113, sleeping on post.
4. An airman first class from the 5th Security Forces Squadron received a suspended reduction in rank to airman and a reprimand for violating Article 92, dereliction of duty.
5. An airman first class from the 5th Security Forces Squadron had a previously suspended reduction in rank to airman which was vacated for violating Article 113, sleeping on post.
6. An airman first class from the 5th Security Forces Squadron received a suspended reduction in rank to airman and a reprimand for violating Article 92, dereliction of duty.
7. An airman first class from the 5th Security Forces Squadron received a reduction in rank to airman and a reprimand for violating Article 92, dereliction of duty.
8. An airman first class from the 5th Security

Forces Squadron received a reduction in rank to airman and a reprimand for violating Article 113, sleeping on post.

9. An airman from the 5th Security Forces Squadron received a reduction in rank to airman and a reprimand for violating Article 113, sleeping on post.
10. An airman from the 5th Security Forces Squadron had a previously suspended reduction in rank to airman which was received for violating Article 86, failure to go and Article 92, failure to obey an order.
11. An airman basic from the 5th Security Forces Squadron received forfeiture of \$733.00, 10 days extra duty and a reprimand for violating Article 92, minor in consumption.
12. An airman first class from the 5th Maintenance Squadron received a reduction in rank to airman basic and 20 days extra duty for violating Article 92, minor in consumption, and Article 112a, wrongful use of marijuana.
13. An airman first class from the 17th Munitions Squadron received a reduction in rank to airman basic suspended below airman, a suspended forfeiture of \$733.00 for two months and a reprimand for violating Article 108, damage to military property, Article 121 larceny, and Article 134, unlawful entry.
14. An airman first class from the 91st Missile Security Forces Squadron received a reduction in rank to airman basic suspended below airman, 15 days extra duty and a reprimand for two counts of violating Article 92, dereliction of duty, and Article 107, making a false official statement.
15. An airman first class from the 791st Missile Security Forces Squadron received a reduction in rank to airman basic, forfeiture of \$200.00, and a reprimand for violating Article 92, minor in consumption, and Article 111, drunken operation of a vehicle.

## TRICARE Standard gives families options

by **Linwood Outlaw III**  
TRICARE Management Activity

FALLS CHURCH, Va. (AFNS) - TRICARE Standard is a great option for military families who want more freedom when it comes to selecting their medical providers. TRICARE Standard is a fee-for-service plan available worldwide to all eligible, non-active duty beneficiaries. They include:

- Active duty family members
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- Retired service members and their families
- Survivors
- Qualified former spouses
- Medal of Honor recipients

Unlike with TRICARE Extra and Prime, health plan options in which beneficiaries must select providers from within the TRICARE network and end up paying cheaper out-of-pocket costs, beneficiaries who use TRICARE Standard have the freedom to choose any TRICARE-authorized provider, including those outside of the network. It is an ideal plan for families who are already

receiving care from a non-network provider and do not want to change providers.

Although beneficiaries will incur a higher cost share, TRICARE Standard is a preferable option for people who want to pick from a larger provider pool. Non-network participating providers accept TRICARE's allowable charge as payment in full for services rendered. But, non-network, non-participating providers do not accept the TRICARE allowable charge and can bill beneficiaries the difference between the allowable charge and the provider's billed charge. By law, beneficiaries are not held accountable for charges billed in excess of 15 percent above the TRICARE allowable charge.

Active duty service members, including activated National Guard and Reserve members, are not eligible for TRICARE Standard and must enroll in either TRICARE Prime or TRICARE Prime Remote. Beneficiaries who are eligible for TRICARE Standard and Prime cannot use both plans at the same time.

TRICARE Standard particularly helps beneficiaries who live in areas where TRICARE Prime is not available. Beneficiaries do not

have to enroll in TRICARE Standard. They are automatically covered under the plan as long as their information stays up-to-date in the Defense Enrollment Eligibility Reporting System.

For more information on DEERS, visit [www.tricare.mil/deers](http://www.tricare.mil/deers). Although beneficiaries do not need referrals to receive care under TRICARE Standard, some services may require prior authorization. Beneficiaries can receive care at a military treatment facility on a space-available basis only.

Families living abroad can qualify for the TRICARE Overseas Program Standard option. It works just like the TRICARE Standard program in the United States, except beneficiaries receive care from host nation providers. When seeing a host nation provider, beneficiaries may have to pay up front for services provided and file a claim with TRICARE for reimbursement afterwards.

To learn more about TRICARE Standard, go to [www.tricare.mil/standard](http://www.tricare.mil/standard). To find a TRICARE network or non-network provider, visit [www.tricare.mil/providerdirectory](http://www.tricare.mil/providerdirectory). For more information about the TOP Standard plan, visit [www.tricare-overseas.com](http://www.tricare-overseas.com).

## B-52s from page 13

Maj. Gen. Delmar Wilson, division commander, Col. James Jacobson, deputy wing commander for maintenance who worked for Radetsky, Lt. Col. Robert Whitehead, bomb squadron commander, and Diane Ulvedal, Miss North Dakota from Grand Forks. "She christened the bomber," Radetsky said.

Guy said Minot was a good place for this type of base because of its close proximity to the Canadian border and being in the northern center of the U.S. "It is a logical point for security for the United States," he said.

Evely, who headed the crew of the first B-52H on that flight to Minot 50 years ago, visited Minot AFB several years ago when he and his son, Clyde P. Evely Jr., attended a Northern Neighbors Day open house and air show.

The event also was the opening of a museum at the base and Evely was invited to talk about his experiences.

Evely, who retired from the Air Force after a more than 30-year career with the

rank of colonel, died April 7, 2010, in Virginia. He had lived in North Carolina for many years.

Clyde P. Evely Jr., of Catawba, Va., in a phone interview with The Minot Daily News Wednesday, said his father would talk about bringing the first

B-52 to Minot AFB and that it was an honor for him. "He had a lot of respect for the B-52," his son said. He said his father had more than 20,000 flying hours.

Clyde P. Evely Jr. said he remembers when his father and other crew members arrived at the Minot base with the first B-52H, the "Peace Persuader." He said he remembers going to the flightline and then they went into a hangar. "I was 10 years old," he said, adding, "It was a big deal." The Evelys were at Minot AFB from 1960-64.

When he and his father visited the Minot base a few years, he said his father visited with some people from Boeing and talked to them about the

B-52 being "a remarkable plane."

About a year later, in 1962, Evely headed a crew which gained notoriety in another B-52, "Persian Rug," which set numerous records.

Where the "Peace Persuader" is now or what may have happened to it is not clear because resources have discrepancies in their information so more research is required. One report is it may have been a B-52 which crashed a number of years ago.

The 5th Bomb Wing at Minot AFB has two squadrons of B-52s: the 23rd Bomb Squadron and its newest addition, the 69th Bomb Squadron. The B-52 Strato-fortress remains the backbone of the manned strategic bomber force for the United States and in the center of this nation's national security picture. It is expected to continue operations for many more years.

*(This article was re-printed with the permission of The Minot Daily News.)*

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## Motor vehicle and drivers license bureau location information

For motor vehicle tags, you go to the Chamber of commerce building, 701-857-8221. They are located next to the MDU building.

FOR A DRIVERS LICENSE you go to the DOT building on HWY 2 East across from Verendrye Electric. Its on your right as your go past Gooseneck John Deere, its a yellow building.

THE DIRECT NUMBER TO THE DRIVERS LICENSE DEPARTMENT IS: 701-857-7624

**Today**

- **Counted Cross Stitch**, 1300-1500, Arts & Crafts
- **Water Carnival**, 1300-1900, Outdoor Pool
- **Wing Fest**, 1730, JDC
- **Give Parents a Break**, 1800-2200, CDC/SAP
- **Lights & Strikes**, 1800-2300, Rough Rider Lanes

**Saturday**

- **Arts & Crafts Retail Store Open**, 1000-1400, Arts & Crafts
- **Jewelry Making Class**, 1030-1200, Arts & Crafts
- **Hip Hop Nite**, 2300-0400, J.R. Rockers
- **Lights & Strikes**, 1800-2300, Rough Rider Lanes

**Sunday**

- **All-Ranks Champagne Brunch**, 1030, JDC
- **Zumba**, 1300, Fitness Center

**Monday**

- **Money Monday's - Christmas in July**, 1130-1230, A&FRC
- **Soccer Camp**, July 18-22, Youth Center
- **Swimming Lessons**, July 18-29, 1000, Outdoor Pool

**Tuesday**

- **Federal Resume Workshop**, 1700-1900, A&FRC
- **Bedtime Story Time**, 1830, Library

**Wednesday**

- **Taube Art Museum Field Trip**, 0915-1300, Youth Center
- **Stress Management**, 1000-1130, A&FRC
- **Wild Wing Wed & \$1 Drafts for Members**, 1600, J.R. Rockers
- **Last day to register for Archery Simulator Tournament**, Outdoor Recreation

**Thursday**

- **Taube Art Museum Field Trip**, 0915-1300, Youth Center
- **Bundles for Babies**, 0900-1100, A&FRC
- **Creative Kids**, 1030-1130, Arts & Crafts
- **Airmen Appreciation Meal/Food Idol**, 1630, Dakota Inn

**July 22**

- **Archery Simulator Tournament**, 1000-1800, Outdoor Recreation
- **Anime Club**, 1630, Library
- **Lights & Strikes**, 1800-2300, Rough Rider Lanes
- **Last day to register for Deployed Family Dinner**, A&FRC

**July 23**

- **Keeper Camp**, 0900-1200, Youth Center
- **Framing Class**, 1000-1600, Arts & Crafts
- **Scrapbooking at the Library**, 1000-1800, Library
- **Buck Bowling**, 1600-1800, Rough Rider Lanes
- **Latin Night**, 2100-0200, J.R. Rockers

**Ongoing Events**

- **Equipment Orientation Class**, By appointment, Fitness Center
- **On-Base Roadside Assistance**, Auto Hobby
- **Youth Employment Skills**, for ages 13-18, Youth Center
- **July Golf Special**: Bring Son or Daughter to the course for a FREE lesson & golf (w/paid green fees)
- **Vacation Pre-Inspection Vehicle Check Special**, July 9-21, Auto Hobby

**MAFB offers temporary pet shelter**

A temporary pet shelter has opened here for pets of displaced personnel. The shelter is being offered for primarily cats and dogs. Pet owners are asked to provide all associated food, supplies, kennel and required care. The facility will be open 24 hours a day and animals will be monitored for safety and security. The shelter is located in Building 765 on Summit Drive, near the intersection with Bomber Blvd, on the base. To reserve or request a shelter space contact (701) 723-4249 or contact the Emergency Family Assistance Control Center at (701) 723-4500 to volunteer at the temporary pet shelter. For more information visit [www.minot.af.mil](http://www.minot.af.mil), our Facebook page at MAFB PA.

**Link Up 2 Golf**

Rough Rider Golf Course is offering Link Up 2 Golf, a new player program which makes learning the game simple, fun, and more affordable than ever before. This industry-wide player development initiative focuses on bringing more players to the game and keeping them playing for a lifetime. It is designed to attract new golfers, as well as infrequent and former golfers. Four different Link Up 2 Golf sessions will be held at the Rough Rider Golf Course this year. Each session provides participants with a solid foundation about the game of golf, including mechanics, etiquette, terminology, and proper behavior. For only \$99, participants receive eight hours of small group instruction and a variety of on-course playing experiences. Dates of the four Link Up 2 Golf sessions are July 11-22, and August 15-26. For Link Up 2 Golf participants who do not have golf clubs, rental clubs and range balls will be provided free of charge during the clinics. Interested parties can register at the Rough Rider Golf Course pro shop. For more information call the golf course at 723-3164.

**Stars & Stripes Scramble**

The Stars and Stripes Scramble originally scheduled for Saturday, June 11th at the Rough Rider Golf Course has been postponed until Saturday, August 13th. We apologize for any inconvenience this may cause. For more information, contact the Rough Rider Golf Course at 723-3164.

**Base Education Fair**

10 a.m. - 2 p.m. on July 19 & 20 at the BX Commons Area. Learn more about: Associate, Bachelor and Master programs available to ALL active duty, spouses, children & retired military at Minot AFB!

**Federal Resume Workshop**

In order to provide everyone a more active workshop on USAJOBS and accommodate ALL DoD civilians for the new way to apply for 'internal civilian' federal jobs, the Airman & Family Readiness Center will be holding a "Federal Resume Workshop" on July 19th from 5 p.m. to 7 p.m. This workshop is open to all active duty members, spouses, retirees, DoD civilians, and NAF employees. Information included will be accessing USAJOBS, how to find federal jobs, finding the KSAs, and tips on writing a resume. To sign up, call 723-3950.

**Bundles For Babies**

Expectant mothers in their last trimester are invited to attend Bundles For Babies at the Airman and Family Readiness Center on July 21st at 9 a.m. The class offers information on Air Force Aid Society community enhancement programs and the financial impact and family stressors of having a baby. For additional information, call the Airman and Family Readiness Center at 723-3950.

**Home School Working Group**

Are you a parent that provides home education for your child and is looking for an avenue to share your ideas or to learn from other home school providers? The Minot AFB Home School Working Group has been established to provide parents the opportunity to network with other home school providers in the local area. The working group will also feature guest speakers that will discuss other programs and resources that are available to home educators. The group will have their first meeting on Thursday, July 28th at 2:00pm in the Canadian Room at the Community Center (Roughriders) on base. Childcare will be provided for attendees so please contact the Minot AFB School Liaison Officer at 723-1447 or email [matthew.balas@minot.af.mil](mailto:matthew.balas@minot.af.mil) if you plan on attending.

**Thrift Shop Summer Hours**

The MAFB Thrift Shop will be open for Saturday Bag Sales on August 6th from 9:30 a.m. to 12:30 p.m. We accept donations 24/7. Donations can be dropped off inside the double doors facing Tanker Trail. We will resume Tuesday and Thursday operations on Thursday, August 25th.

**Local Cultural Dancers Needed**

The Minot AFB planning committee for the upcoming Minot Diversity Day is seeking dancers who specialize in: American Indian, African, Hispanic/Latino, Tahitian, Asian/Pacific Islander, Turkish, European and other historical dance genre. The event is scheduled for 19 August 2011. Interested groups/individuals should contact the Minot Equal Opportunity Office at DSN: 453-2711 or Commercial: 701-723-2711 for additional information.

**Hispanic/Latin Heritage Committee Meeting**

The Hispanic/Latin Heritage Committee is meeting to organize displays/activities/performance for the upcoming Minot AFB Cultural Diversity Day event on 19 August. Everyone is invited to participate in the planning of this observance. Come out and share the richness of your heritage with the base populace. Please contact Mrs. Gina Large at 723-7585 for more information.

**African American/Black History Committee Meeting**

The African American/Black History Committee is looking for motivated personnel to help organize and plan events surrounding the history and accomplishments of Black/African Americans in America for the upcoming Minot AFB Cultural Diversity Day event on 19 August. Anyone interested in helping to plan for this event should contact SSgt Renee Sweeting at 723-1335 or e-mail [renee.sweeting@minot.af.mil](mailto:renee.sweeting@minot.af.mil).

**Cultural Diversity Day**

Andale, andale... Please join us for The Cultural Diversity Day on Friday, 19 August 2011 in the JDC. We would like to invite all the Hispanic community to participate in this event. The event will include free food, games, dance, food demonstration, give away prizes. If you would like to be part of this event please feel free to contact Mrs. Large at 723-7585 (POC Latin/Hispanic Committee).

**Mega Mexican Platter Challenge**

Are you up to a challenge of mega proportions? The Mega Mexican Platter Challenge is a new promotion available on Fridays from 4-8 p.m. at the Doolittle Center. Customers who accept the challenge will attempt to eat a Mexican platter containing one chimichanga, two enchiladas, two tacos, refried beans, Spanish rice, and chips and salsa within a 30 minute time frame. If you're able to accomplish this feasting feat, the meal is free and you'll be added to the board of fame. If you're unable to complete the challenge, the meal costs \$15. For more information, contact the Jimmy Doolittle Center at 723-3731.

**Youth Employment Skills Program**

The Air Force Aid Society (AFAS) offers an on-base Youth Employment Skills (YES) Program that allows eligible youth an opportunity to learn valuable work skills while having a positive impact on their base communities. The YES program allows all certified and enrolled high school student to "bank" volunteer dollar credits towards their post-secondary education/training at a rate of \$4 per hour volunteered in an on-base position. For more information or to enroll in this great opportunity to "learn and earn", contact the Youth Director at 723-2838.

**FREE FLOOD HELP CLASSIFIED ADS**

The Northern Sentry is offering FREE classified ads for everyone if they are seeking or offering to help the flood relief effort.

Find us on Facebook | Minot Air Force Base Northern Sentry | and post any community fundraisers or announcements.

839.0946

[nsads@srt.com](mailto:nsads@srt.com) | [www.northernsentry.com](http://www.northernsentry.com)



**SVAS Announcement**

The Souris Valley Animal Shelter is housing in excess of 550 animals from displaced area residents. We truly appreciate all of the help from the service members and their families. We are ok for donated items right now and will continue to get the word out on facebook, kxmc, etc when the needs arise. If anyone is interested in a monetary donation to offset the cost of the pet care, salaries, med supplies, travel expense, etc, we have an account set up at First Western Bank and Trust at 900 South Broadway in Minot. Mark the checks "2011 Souris Valley Animal Shelter Flood Relief".

**Taube Museum of Art Classes Rescheduled**

We are working on getting back on track for general programming at the Taube Museum of Art! Below is a listing of rescheduled events and classes:

Rescheduled Revel in the Rubble Rummage Sale Dates: July 15: 8:30 a.m. - 5:30 p.m., July 16: 9 a.m. - 4 p.m., July 19 - 22: 10:30 a.m. - 5:30 p.m., July 23: 11 a.m. - 4 p.m.

We will also continue to accept contributions for the rummage sale so feel free to drop them off. Volunteer help would be appreciated setting up and pricing for the sale.

Rescheduled Art Classes: (visit [www.taubemuseum.com](http://www.taubemuseum.com) for all Taube Museum Art Classes and Art Camp)

3. RESCHEDULED: Art for Young Children I: Float your Boat, Date: August 11 & 12 Instructor: Tracey Schmitz, Time: 9:30 - 10:30 am, Age: 4-5, Fee: Nonmembers: \$30, Members: \$24

16. RESCHEDULED: Copper Enamel and Beading, Create your own copper enamel pendant necklace. Date: August 11 & 12 Instructor: Tonya Stuart, Time: 1-3 pm, Age: 8+, Fee: Nonmembers: \$38, Members: \$32

19. RESCHEDULED: Imagination Station: Sculpture, Create your unique sculpture using wire, wood, and Sculpey. Date: July 21 & 22, Instructor: Charlie Lee, Time: 1 - 3 pm, Age: 7+, Fee: Nonmembers: \$38, Members: \$32

20. RESCHEDULED: Pressed Tin: Repousse Create a mixed media triptych using colored pencils, black paper, and tin. Date: August 17 & 18, Instructor: Tonya Stuart, Time: 1 - 3 pm, Age: 8+, Fee: Nonmembers: \$38, Members: \$32

More updates will be listed as they become available. If you have any questions or would like to volunteer please contact Taube Museum of Art, 2 N. Main St., Minot, ND 58703, 701-838-4445, Fax: 701-838-6471, [www.taubemuseum.org](http://www.taubemuseum.org).

**Centennial 100m Motorcycle Ride**  
Starting at Minot's Scandinavian Heritage

Park, riders will tour city, county and area parks on a 100 mile course, finishing back at the Scandinavian Park for entertainment and a meal on Sunday, July 17.

**Sports Card & Memorabilia Show**

Sports Card & Memorabilia Show. The latest and greatest sports cards and memorabilia will be on display and for sale at Sleep Inn & Suites on Saturday July 23, 10 a.m.-4 p.m. Lots of sports merchandise also for sale. The newest sports card packs for sale also. Free Admission! BUY-SELL-TRADE

**1000 "Four Corners" Iron Butt Run**

North Dakota 1000 "Four Corners Run" 1000 Miles in 24 Hours, July 23rd-24th start and stop at Oak Park in Minot. Registration start: 6 a.m. on the 23rd. Kick stands up 7 a.m. Check in start: 6 a.m. on the 24th Official stop time: 7 a.m. \$5:00 FREE WILL donations go to the Minot Salvation Army. All Motorcycles welcome, all riders are asked to ride within the law and to their abilities. And most importantly; Have Fun challenging themselves and their bikes. Questions: please contact tim lett at 720-9974 and or ed karhan at 852-8257.

**2011 ND State Fair cancelled**

The North Dakota State Fair Board decided in an emergency meeting Saturday afternoon to cancel the 2011 North Dakota State Fair due to the continuing Mouse (Souris) River flood situation. Fair and city officials reviewed the revised flood estimates from the National Weather Service which has now forecasted slower than expected receding flood waters of the Mouse River. Ticket purchases and camping reservations made by a credit card will be automatically refunded back to the account. It is not necessary to contact the fair office if a credit card was used for the purchase. Those ticket holders can expect to see a credit by July 31st. Any customers, who made purchases with cash, do need to contact the North Dakota State Fair office at 701-857-7620 or email [ndsfa@minot.com](mailto:ndsfa@minot.com).

**Lunch n Learn**

The Minot Senior Coalition proudly sponsors Lunch n Learn on Thursday, July 28th at the Parker Senior Center (21 1st Ave SE). Lunch will be served at 11:30 am at the cost of \$3.50 for senior citizens. Lunch must be reserved by Wednesday, July 27th by calling 852-0561. The 12:00 pm speaker is Steve Burnside, RPh, Natural Health Shoppe, How can we experience wellness through natural health products? The 1:00 pm speaker is Elaine Edington, Regional Volunteer Coordinator Senior Medicare Patrol, Protect, detect and report Medicare errors, fraud, and abuse!

**Walk Minot**

• August 2nd, Tuesday at 6:30pm. Walk through historic Downtown Minot. Leader: Bonnie Kemper, Downtown Association. Meet at the Parker Senior Center parking lot (NORTH side of the building).

**MAHC Annual 5k Fun Walk/Run**

Minot Area Homeless Coalition, Inc. 2nd Annual 5K Fun Walk/Run will be held on Saturday, August 27. The charity 5k fun walk-run to benefit the Minot Area Homeless Coalition. This is an "All comer's race (participants not put into divisions). It's a great way to test yourself against the whole field while supporting a worthy cause". Please note: this is a non-competitive charity run to aid the MAHC. There are no prizes promised or implied to those who participate. Contact the Homeless Coalition for more information or to register for this event. 701-852-6300.

**Why Not! Fest**

Why Not! Fest is back again - a week earlier this time: August 12-14, 2011 at Pangea House, Minot! We are all really excited for Why Not! this year and we have a whole gaggle of new events. Keep checking the site for updates (and reserve a ticket if you want to get ahead of the game!)

Confirmed Traveling Bands Include: DEAD (Melbourne, Australia), Unstoppable Death Machines (Brooklyn, NY), Johnny Unicorn (Seattle, WA), The Cigarette Burns (Los Angeles, CA), Mean Mug (Minneapolis, MN), Serengetto (Minneapolis, MN), Laardvark (Minneapolis, MN), F. Detector (Fargo, ND), Systems Victims (Bismarck, ND - TEN YEAR ANNIVERSARY!) and Many More TBA! And Fantastic Local Acts: It's a Secret, Jazmine Wolff, Bitemarks, Cody Blotter, Tod.d

Microcosm Publishing will also be there tabling and dropping knowledge again! Single day admission wristbands: \$7, Three day admission wristbands: \$15. For more information visit <http://whynot.pangeahouse.org>.

**Tide Loads of Hope**

We are still accepting laundry in Minot, ND but the drop off location has changed. Please bring your items to Suds N' Suns 631 31st Ave SW Minot, ND 58701 from 10am-8pm. There is a limit of 2 loads of laundry per family/per day.

**Peace Garden Military Special**

International Peace Garden salutes our United States Military. Present your valid Military ID and receive 50% off of one vehicle admission (a \$5 value). This is good for the 2011 Spring and Summer season. Call 1-888-432-6733 or check us out at: [www.peacegarden.com](http://www.peacegarden.com).

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Today more people are choosing cosmetic fillers and Botox as ways to rejuvenate and feel better. This service is now conveniently available at Trinity Health.

**Q:** How do Botox and cosmetic fillers work?

**A:** Both are used to treat fine lines that result from aging and skin damage. Botox helps relax the muscles to reduce depth of the lines around our eyes, forehead and mouth. Fillers can be used to plump up deeper wrinkles, smoothing their appearance, or fillers can be used to enhance the shape of lips. Each of these can help provide a fresher, revitalized appearance.

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# Children's dental health FAQ's

by Capt. Robert E. Wake  
5th Medical Operations Squadron

With summer here and the consumption of popsicles and fruit juices being more frequent, this is a time to educate the public on the importance of dental health, especially in children. Below are some common questions parents may have about their children's teeth and oral developmental patterns.

**Q: I have a 15-month-old baby girl who has not gotten her first tooth yet. Is this of concern?**

**A:** Children usually have their baby teeth erupt between the ages of six to nine months. It is important to realize that this range is an average, and everyone is different. There are very few conditions that lead to the absence of teeth, so be patient as the baby teeth grow before becoming visible in the mouth. If you still have concerns, seek an evaluation by your dentist.

**Q: My daughter just informed us she has a loose tooth, a day after her fifth birthday. There has been no trauma, so what could have caused this? I seem to remember losing my first tooth in first grade. Is this a bit early for her to get her first loose tooth?**

**A:** Children lose their first primary tooth between the ages of six and seven. Again, this is an average so some children may lose their teeth earlier while others may retain their baby teeth longer. Sometimes a baby tooth does not come out on its own and has to be removed by a dentist because it has fused with the bone. So if you notice a baby tooth remaining even after the surrounding teeth have come out and it doesn't appear loose, then you should

follow-up with your dentist.

**Q: My 4-year-old son fell and knocked out his front tooth and chipped his other one last week. Do I need to go to the dentist even though this is only a baby tooth?**

**A:** Traumatic accidents are best evaluated as soon as possible by your family dentist. Some situations are more urgent and should not wait, particularly if he is in any kind of pain, if he cannot eat or drink cold or hot foods, if there appears to be any tooth discoloration, or if there is swelling and bleeding of the gums. If none of these conditions apply, then the child may be able to wait longer to see the dentist. However, it is important for the dentist to evaluate the child despite an absence of symptoms to determine possible damage to a developing tooth and to ensure there are no tooth fragments in the gum tissue that may have gone unnoticed.

**Q: I have an 8-year-old daughter and I can**

**hear her grinding her teeth really bad in her sleep. What can I do? Should I be concerned?**

**A:** Grinding in children is not uncommon. About half of kids under the age of 8 grind their teeth. It is often a subconscious activity that people do as a mechanism for dealing with stress or anxiety. If the habit persists once all the baby teeth have exfoliated (fallen out), a dentist can

make a protective appliance that your child can wear at night to protect the permanent teeth.

**Q: My toddler is 18 months old and I was wondering when I should schedule her first appointment with the dentist. Does she need to get seen before she is 2 years old?**

**A:** It is recommended by The Academy of Pediatric Dentistry that your child sees a dentist at ages 1, 2, and again at 3. At these appointments your child will be introduced to the dental environment and a basic oral exam can be done. Dental work is usually minimal at the younger ages but routine visits help the children feel comfortable at the dentist's office. If dental treatment is necessary, the dentist may decide to take x-rays. These appointments are also good opportunities to talk with your dentist and ask any questions you may have.

Hopefully some of these questions are ones that you yourself have wondered about. Regular visits to the dentist can usually identify and fix problems before they become worse. It is important to take time with your children and reinforce good oral hygiene habits while they are young.



## Global Strike Airmen, Canadians cooperate for close air support training

by Crystal Jordan  
Air Force Global Strike  
Command Public Affairs

BARKSDALE AIR FORCE BASE, La. - Air Force Global Strike Command recently provided conventional bomber support during an annual Canadian military exercise at Canadian Forces Base Shilo, Manitoba.

The exercise, dubbed "Western Defender," provided an opportunity for Air Force Global Strike Command's 5th Bomb Wing at Minot Air Force Base, N.D., to work with the 1st Royal Canadian Horse Artillery in a close air support training mission.

"International training missions are important," said Maj. Dan Dorson, the chief of Air Force exercises branch at Global Strike Command. "Although we may have the same objective, in combat situations, the boots on the ground and the pilots overhead aren't always wearing the same flag on their shoulders."

Training missions give everyone

a chance to become familiar with other nations' operating procedures, Major Dorson said, and this ability to communicate is vital to the success of close air support missions.

The scenario of "Western Defender" mirrored real world operations in current conflicts--allied forces were tasked to locate targets and meet objectives while also avoiding enemy detection.

Three B-52 Stratofortress bombers departed Minot and made the 20-minute flight over the border to Shilo, dropping simulated bombs over the range with the aid and guidance of Canadian joint tactical air controllers on the ground.

Capt. Chad Guendelsberger, a 69th Bomb Squadron flight evaluator at Minot, helped plan and evaluate the exercise.

"These international exercises are great opportunities to build coalition relationships, overcome any language barriers and identify and iron out differences in operational specifics," Captain Guendelsberger said.



### Loading to success

(U.S. Air Force photo/Tech. Sgt. Mark Bell)

5th Aircraft Maintenance Squadron load crew team members Staff Sgt. Jesse Rushing, Senior Airman Matthew Geriak, Senior Airman Demario Coleman and Staff Sgt. Jason Elio (not pictured), were awarded the Load Crew of the Quarter during a competition here July 8. Members of the 5th AMXS participate in these types of competitions as a way to maintain combat readiness while at home station.

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Minot Air Force Base Northern Sentry  
and post any community fundraisers  
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**THANK YOU!**  
To everyone who helped with the Flood Fight 2011

23 South Main Downtown - Minot



**The Taube Museum is OPEN!**

Revel in Rubble Rummage Sale Rescheduled  
July 15th - 8:30am-5:30pm & July 16th - 9:00am-4:00pm  
July 19th - 22nd: 10:30 - 5:30 July 23rd: 11:00 - 4:00

• 701-838-4445 •  
2 N. Main St.  
Minot, ND 58703  
• [www.taubemuseum.org](http://www.taubemuseum.org) •

**Summer Art Ventures**  
Classes have been rescheduled  
please check our website or call for details

# CLASSIFIEDS

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 <p><b>\$228,550</b></p> <p>IN KENMARE – High quality, new construction home now being built. Convenient one level 3 bedroom, 1 ¾ bath floor plan with Southern exposure. Concrete foundation, crawl space, covered front porch, landscaping and appliances included. Attached double garage.</p> <p><b>MLS #20110931</b></p>	 <p><b>\$110,000</b></p> <p>HIDDEN BAY GETAWAY – Large 26x46 garage with finished living space complete w/kitchenette, dining area, ¾ bath and multi-purpose room. Great views and nice shoreline to tie off boat</p> <p><b>MLS #20110905</b></p>	 <p><b>\$127,500</b></p> <p>INVESTMENT OPPORTUNITY – 1 ½ story duplex. Main level is a 2 bedroom, 912 sq ft unit. Upstairs unit has 1 bedroom and a separate entrance. Large lot and single garage</p> <p><b>MLS #20110520</b></p>
 <p><b>Emily Tescher-Johnston</b> 721-3675 emndoug@srt.com</p>	 <p><b>ZOOM IN</b> minothomes.com</p>	 <p><b>Gary Kramlich</b> 721-0526 kramlich@minot.com</p>



**Minot State UNIVERSITY**

**Project Coordinator**

NDCPD at MSU is recruiting applicants for a Project Coordinator on a newly funded grant, Early Reading First. The person hired for this position will be responsible for the following duties:

- Assist with the implementation of project goals as assigned
- Establish and maintain professional relationships with related project constituents, agencies and consumers with disabilities and their families as needed.
- Assist with organizing and conducting of a variety of different project meetings and workshops (focus group meetings, stakeholder meetings, advisory group meetings, etc.)
- Collect and analyze data
- Develop and disseminate technical reports specific to project activities
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- Travel in and out of state as needed for meetings, presentations and/or workshops

This position will require a bachelor's degree in Education, Special Education, Social Work or a human service related field; Master's degree preferred. Applicants must have experience in technical report writing and data analysis. Must have knowledge and experience in the use of personal computers and application software (word processing, spreadsheets, and e-mail applications). Requires excellent oral, written and interpersonal communication skills, and a demonstrated ability to deal effectively and interact positively with a variety of people. Must have a valid driver's license and be able to travel. A criminal history background check must be satisfied prior to employment.

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9	7	4	6	8	1	5	2	3
2	8	5	7	3	4	6	9	1
1	3	6	2	9	5	7	8	4
4	9	2	5	6	3	8	1	7
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Answers to puzzle on page 8

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