

# northern sentry

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(U.S. Air Force photo/Senior Airman Michael J. Veloz) (RELEASED)

1st Lt. Daniel Welch, 23rd Bomb Squadron copilot, speaks to Airmen during the 50th anniversary of the B-52H Stratofortress' arrival here Aug. 19. The B-52, named the "Peace Persuader," had nostalgic nose art painted on the airframe to commemorate the history of the aircraft. Welch, a third-generation B-52 crew member spoke as the keynote speaker at the ceremony.

## Still going strong 50 years later

by Staff Sgt. Keith Ballard  
Minot Air Force Base Public Affairs

Base personnel and civic leaders from the city of Minot gathered here, Aug. 19 to celebrate the 50th anniversary of Air Force Global Strike Command's B-52H Stratofortress.

Having first arrived here July 16, 1961, the B-52H Stratofortress has called Minot its home for more than 50 years.

Some of the original service members and civic leadership to attend the first ceremony were present for this year's ceremony as well. Among them was Maj. Gen. Murray Sagsveen of the North Dakota National Guard.

As a child, the general won a contest held to name the very first B-52H aircraft at the base; that name was and still is the Peace Persuader.

Throughout the ceremony, base and civic leadership commented on the history of the aircraft, as well as how the base and community have maintained strong relations through-

out the years.

Col. James Dawkins, 5th Bomb Wing commander, opened the event saying, "The same characteristics that have made the B-52 a legendary aircraft for more than half a century can be seen in the relationship between the base and city. These include endurance, dependability, strength, resiliency, perseverance, and fortitude."

Mr. Bruce Carlson, president of the Minot military affairs committee added, "The spirit of teamwork between the Air Force and this greater Minot community has existed even before the first B-52 flight, and it has grown stronger and stronger throughout the years."

The keynote speaker for the event was a third generation B-52 crewman. The 23rd Bomb Squadron co-pilot, 1st Lt. Daniel Welch, spoke of his grandfather and father, both of whom were pilots, and their service to this country.

The ceremony was highlighted

by an unveiling of new nose art that included the title of the first B-52 to arrive at Minot and a re-creation of the original photo from the ceremony back in 1961.

For more than 40 years, B-52H Stratofortresses have been the backbone of the manned strategic bomber force for the United States and is capable of dropping or launching the widest array of weapons in the U.S. inventory.

Updated with modern technology, the B-52 will be capable of delivering the full complement of joint developed weapons and will continue into the 21st century as an important element of our nation's defenses.

The B-52 has proven itself to be an aircraft that can withstand the test of time and will continue to prove itself an invaluable part of the Air Force mission for years to come, as current engineering analyses show the B-52's life span to extend beyond the year 2040.



## A glimpse of RF-A 11-3

Three B-52H Stratofortress sit on the runway as an E-3 Sentry launches during RED FLAG-Alaska 11-3 August 15, 2011, Eielson Air Force Base, Alaska. RF-A allows participating units to exchange tactics, techniques and procedures as well as improve interoperability. The B-52s are assigned to the 69th Bomb Squadron, Minot Air Force Base, North Dakota. The E-3 Sentry is assigned to the 962nd Airborne Air Control Squadron, Joint Base Elmendorf-Richardson, Alaska.

(U.S. Air Force photo/Staff Sgt. Miguel Lara III)

## SORTIES DISPLAY

5 BW Flying Goals, August 2011

SQUADRON	SORTIES	FLOWN	DELTA
23rd BS/AMU	59	25	-3
69th BS/AMU	41	26	-1



## WELCOME HOME DEPLOYERS

Minot Air Force Base welcomes home its deployers! Family and friends, coworkers and commanders, all share in the warm-hearted feeling when their Airmen return safely from their deployed location, wherever in the world this may have been.

The following Airmen have recently returned from deployment:

**69th Bomb Squadron**  
Capt. Joshua Strafaccia

**5th Logistics Readiness Squadron**  
Senior Airman Rodolfo Rodriguez  
Airman 1st Class Aaron Riggle



### Commander's top auto picks

(Courtesy photo)

Col. James Dawkins, 5th Bomb Wing commander, presented Lee Schoffstall and Marlene Schoffstall, the Warbird's Choice award during the 6th Annual Show and Shine Car Show held here Aug. 19. Wing leadership from the 5th BW and 91st Missile Wing each select one vehicle they believe deserves recognition as that wing's Commander's Choice. The Schoffstall vehicle, a 1972 GMC pick-up, was the Commander's Choice pick.



(Courtesy photo)

Col. Thomas A. Summers, 91st Missile Wing vice commander, presented Dana Peterson, the Rough Rider's Choice award during the 6th Annual Show and Shine Car Show held here Aug. 19. Wing leadership from the 5th Bomb Wing and 91st MW each select one vehicle they believe deserves recognition as that wing's Commander's Choice. Peterson's vehicle, a 1970 Ford Torino, was the Commander's Choice pick.



## Minot AFB golfers' opinions sought

5th Force Support Squadron

Headquarters Air Force Services has launched its second annual golfer survey at 71 courses worldwide.

Designed by the National Golf Foundation, the survey gives Minot AFB golfers a chance to provide valuable feedback about the base course.

"We ran this survey in 2007 to determine what was most important to the golfers here at Rough Rider Golf Course," said Shane Larson, 5th Force Support Squadron Rough Rider Golf Course manager. "The survey results are important not only to us, but to Air Force-level officials as well, because they develop programs and guide the direction of Air Force golf."

Larson added the feedback received from golfers in the 2007 survey led to a submission of a NAF small project to update the club house. They partnered with Air Combat Command, at the time, to invest \$325,000, in a complete renovation of the club house with all new furnishings.

For more information or to respond to the survey visit <http://ngfsurvey.com/cgi/start.asp?SC=roughrider> or visit the pro-shop for an off-line survey.



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**Jeffrey Pitcher, MD**  
Plastic and Reconstructive Surgeon



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# MAFB families get free homework help

by Airman 1st Class  
Jessica McConnell

Minot Air Force Base Public Affairs

A client services manager demonstrated a free online tutoring program for service members and their families here, Aug. 22.

Jennifer Marsh, client services manager for Tutor.com, advised Airmen and their families on how the Defense Department site, [www.tutor.com/military](http://www.tutor.com/military), professional tutors can assist with homework, studying, test preparation, resume writing and more.

"This site is for military families and is the Defense Department's online, on-demand tutoring and homework help service," said Marsh. "We connect eligible service members and their families one-to-one with one of our 2,500 tutors, 24 hours a day, seven days a week, from any computer anywhere in the world with an Inter-

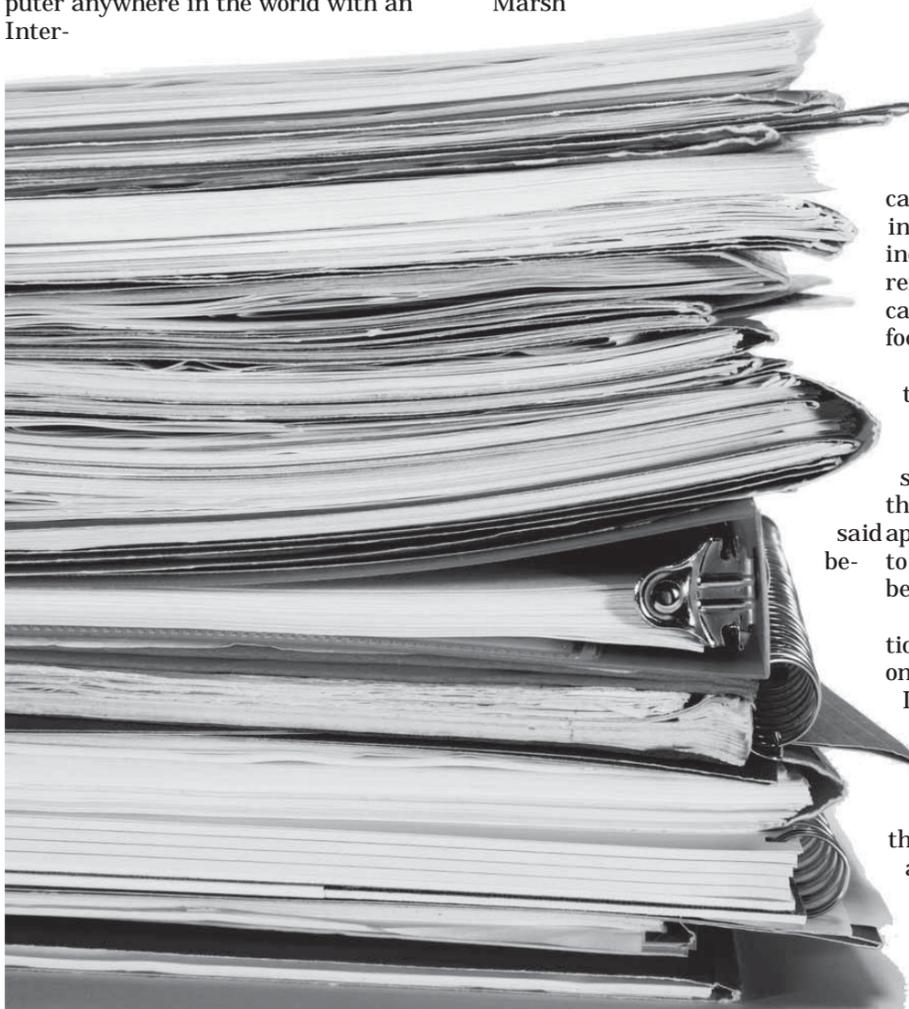
net connection."

U.S. Marine Corps and U.S. Army families have had access to the program for more than a year. Seeing the value, Defense Department officials decided to expand the service to encompass all service members and their families, officials said.

"Providing 24/7 academic and career support for military families during a time when so many parents have a deployed spouse has been an important and well-received benefit for Marine Corps and Army families," said Tommy T. Thomas, deputy undersecretary of defense for military community and family policy.

"We are pleased to expand this program to all U.S. military families and provide peace of mind that their children are never alone when it comes to learning - there is always a certified, professional tutor available to help," he said.

Marsh



cause military families face an inordinate amount of distractions, including PCS-ing, deployment, and reintegration, even the most dedicated students might not be totally focused at school every day.

"They may have academic questions when no one is at home or when their parents or caregivers are busy, Marsh continued. "This site allows students to get help on their own schedule. There are no said appointments. The goal of the site is to help students get help efficiently before they get frustrated."

Active-duty service members, National Guard and Reserve personnel on active duty in a deployed status, Defense Department civilians in a deployed status and their dependents are eligible to participate, officials said.

Along with test preparation, the site is open to students of any age - from kindergartners to high school seniors - for one-on-one help in math, science, social studies and English, including Advanced Placement and honors courses.

"Students going to college can also get help, even in courses like statistics and calculus," said Marsh. "In our ProofPoint Center, our tutors provide proofreading and editing in real-time for any type of writing. This service is free for eligible service members and their families."

Marsh said 98 percent of the site's students say they would recommend it to a friend, and 86 percent said they would feel more comfortable taking an advanced or AP level course if they knew they would have access to this service.

The network includes more than 2,500 professional tutors and career specialists who have delivered more than 5 million one-on-one tutoring sessions since 2001, officials said. Each tutor is certified through the site, and all sessions are recorded for quality control.

For more information, visit [www.Tutor.com](http://www.Tutor.com), or visit their page on Facebook and Twitter. Their blog can also be viewed at [www.blog.tutor.com](http://www.blog.tutor.com).

[The American Forces Press Service contributed to this article.]



## Celebrating a diverse AF

Col. James Dawkins, 5th Bomb Wing commander, and Col. Stephen Davis, 91st Missile Wing commander, sign the Minot Air Force Base Diversity Day Proclamation at the Jimmy Doolittle Center Aug. 19. The signing of the proclamation started off the event. The event ran for approximately five hours and included a variety of multi-cultural booths, cooking, dancing, singing, and poetry.



(U.S. Air Force photo/Senior Airman Ashley N. AVECILLA) (RELEASED)  
Minot Airmen prepare a variety of international foods at the Jimmy Doolittle Center Aug. 19. For Diversity Day, Airmen prepared a combination of Asian Pacific, Hispanic, and European cuisine. The event ran for approximately five hours and included a variety of multi-cultural booths, cooking, dancing, singing, and poetry.

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We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication.

The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

## OPERATIONS SAFERIDE

Operation SafeRIDE is a voluntary organization ready to provide assistance to Airmen in need of a wingman. Airmen can call **723-7233(SAFE)**.

Volunteers for the week and weekend of July 18 to July 25 and July 21 to July 23 are from the 91st Missile Security Forces Squadron.

**Lives saved through July 18: 726**

## The relevance of OPSEC

LAJES FIELD, Azores (AFNS) - During the Vietnam War, a special team was established to address the alarming number of pilot casualties and aircraft lost from enemy attacks.

The team, known as "Purple Dragon," was established to take a critical look at operational tactics and mission planning. What the team eventually discovered was a host of "open source" information that linked aircraft call signs to mission related activities or indicators.

Since the call signs were easily intercepted via radio transmissions and behaviors were neither random nor cleverly concealed, enemy insurgents were able to accurately predict what, where, when and how missions would unfold.

Operations security, or OPSEC, became the moniker and the program established processes to protect key assets and critical information. The goal is to prevent competitors or adversaries from accurately deducing or predicting critical or sensitive information. The process includes not only

identifying critical information, but analyzing threats and vulnerabilities to determine associated risks, and develop effective countermeasures to negate viable risks. It focuses on information or activities that require protection and assists in understanding how someone might attempt to acquire that information.

OPSEC is an important part of any successful organization. Blending OPSEC into everyday activities is important to satisfying mission requirements and accomplishing organizational goals.

Service members and civilians alike must be mindful of any information that might violate OPSEC. What happens when OPSEC is violated? Omission of any OPSEC element results in a security program liable to provide inadequate protection or require unnecessary or expensive protection measures.

At the basic level, a combined definition of critical information can be summed up as "a collection of absolutely necessary facts and data about

Commentary by Maj. Robert Sweeney  
65th Operations Support Squadron

a specific subject." An indicator can be defined as "something observed or calculated that is used to show the presence of a condition or trend."

Whether in times of war or peace, we must all be careful to recognize what a unique role we all play for this wing and the U.S. Air Force. Each member is an important brick in the foundation of our mission. As such, when one of those bricks has compromised its mass or integrity, the foundation is no longer secure. When we operate under the old premise of "loose lips sink ships," we protect those men and women executing the tactical requirements at all levels, so they are free to operate in an uncompromised environment.

The next time you are sitting at your terminal, engaging in friendly conversation locally or over the telephone, or posting something on Facebook, think critically about the information you convey. If someone was listening or watching, are you perhaps compromising or inadvertently divulging critical information?

Commentary by Don Branum  
Air Force Academy Public Affairs

## Please, hang up and drive

U.S. AIR FORCE ACADEMY, Colo. (AFNS) - If you've been in the Air Force for a while, you might know the name Gary Kunich. He worked for European Stars and Stripes around the time I first entered the Air Force in 1999. He retired in 2006 as a master sergeant, but he has never put down the pen: today he writes for local publications in his adopted hometown of Kenosha, Wis.

Today, he has a new message, one that he's asking everyone to help spread: "Don't drive distracted. Put away your electronic devices before you start your engine."

It's a message he can't spread by himself, but it's one that might have saved his son.

Kunich shared tragic news with a group of military public affairs professionals via Facebook Aug. 14: Devin Kunich, 21, had died a few days earlier when a car hit his bicycle along County Highway H in Pleasant Prairie, Wis., in the early hours of Aug. 7.

According to Pleasant Prairie Police Department reports, visibility was poor: the stretch of County Highway H where the accident occurred has no street lights, and a fog blanketed the area. Devin was riding north on his way home from the Bristol, Wis., Renaissance Faire, where, according to his obituary, he was captain of the Black Swan swing ride.

At the same time, 18-year-old

Quashae Taylor was driving along the same road. She was driving without her glasses and had been talking off and on to her boyfriend on her cell phone. She closed her eyes for what she described as a "long blink" as she answered her phone again at approximately 12:45 a.m.

Taylor probably never saw Devin before she hit his bicycle from behind. The impact flipped him onto her car, where he lay for almost six seconds before falling off. Police would later find his backpack, personal belongings and bicycle seat strewn in a 300-foot trail from the impact site.

Taylor slowed down, called 911 and stopped at the intersection of County Highway H and State Highway 165, a mile north of the accident scene. The paramedics who responded pronounced Devin dead at the scene.

As tragically as the events unfolded, one thing stuck out at me: the police reported that Devin was wearing dark clothing at the time of the accident and was not wearing a helmet. They later found a light which may have been on his bicycle at the time of impact.

I talked with one of my co-workers about the situation on Aug. 15. At the time, police had reported not finding any lights or rear reflectors on Devin's bike. I asked my co-worker, a fellow bicyclist, how I could write a story without mentioning that it might have been impossible for anyone to see Devin until the last second? Neither of us had a good answer.

That answer came a couple of days

later, on the evening of Aug. 17. I was talking to my wife as we walked through Garden of the Gods Park, and as I posed the same question to her, I recalled a similar event about a year ago.

I was driving north along Chelton Road, just north of Fountain Boulevard in Colorado Springs, about an hour after dark. A bicyclist, dressed in dark clothing and with no lights on his bicycle, seemingly appeared out of nowhere. I had maybe half a second to swerve just enough to avoid him - and I probably missed him by less than a foot.

Half a second. The blink of an eye. What if I had been trying to answer my phone instead of paying attention to the road?

Quashae Taylor has no prior record, no criminal history, not even a traffic ticket. Prosecutors have charged her with negligent homicide: she faces up to 10 years in prison and a \$25,000 fine. The blink of an eye changed her life.

Devin Kunich is dead. The blink of an eye ended his. Gary and Ruth Kunich must live the rest of their lives without their son. Gary told me he doesn't want her to face extensive jail time but does want "some jail time and accountability."

"The hard part is struggling with the forgiveness (balanced with) the accountability," he said.

But more importantly, Gary and Ruth want people to put the phone away before turning the ignition.

So please, hang up and drive

## MAFB EMERGENCY PHONE NUMBERS

**BASE EMERGENCY**  
911 or Cell 727-1911

**BASE CRIME STOP**  
723-7867 (STOP)

**LAW ENFORCEMENT**  
723-3096

**SECURITY**  
723-3011

**FIRE**  
723-2461

**ROAD CONDITIONS**  
723-1190

**SAFE RIDE**  
723-7233 (SAFE)

## WEATHER FORECAST

Fri 8/26	Sat 8/27	Sun 8/28	Mon 8/29	Tue 8/30
 <b>77/53</b>	 <b>76/56</b>	 <b>76/52</b>	 <b>74/53</b>	 <b>73/53</b>
Abundant sunshine. Highs in the upper 70s and lows in the low 50s.	Partly cloudy with a stray thunderstorm.	Slight chance of a thunderstorm.	Sunny. Highs in the mid 70s and lows in the low 50s.	Isolated thunderstorms. Highs in the low 70s and lows in the low 50s.

# National Guard ready for Hurricane Irene

by Tech. Sgt. John Orrell  
National Guard Bureau

WASHINGTON (AFNS) - National Guard adjutants general along the East and Gulf Coasts are currently awaiting the potential land-fall of Hurricane Irene, but are prepared to act if called upon by their governors, Guard officials said Aug. 23.

As of 3:30 p.m., the Florida National Guard 125th Fighter Wing, has upgraded to Hurricane Condition (HURCON) 3 and began to evacuate aircraft. They have not begun to evacuate personnel.

The Puerto Rico National Guard 156th Airlift Wing will remain at HURCON 1, and four of the eight evacuated aircraft have returned back to the base, with other aircraft scheduled to return during the next two days.

In an Associated Press release, South Carolina Gov. Nikki Haley said she's been in meetings and on the phone today regarding hurricane preparedness and decided to raise the states readiness level to four.

She said volunteers are in place, food is available, shelters are stocked and the National Guard is ready.

According to the National Hurricane Center, Hurricane Irene is still a category 2 hurricane on the Saffir-Simpson hurricane wind scale.

As of noon, the center of Irene was located about 70 miles south of Grand Turk Island and about 50 miles north northwest of Puerto Plata, Dominican Republic.

It is moving toward the west northwest at about 12 mph and is expected to continue through the night followed by a turn to the northwest Aug. 24. Maximum sustained winds are anticipated to reach near 100 mph with even higher gusts.

Hurricane-force winds extend outward up to 50 miles from the center and tropical-storm-force winds extend outward up to 205 miles from the center.

According to the National Oceanic and Atmospheric Administration, Irene could potentially reach land fall in Florida in the next two days, if it follows its current course.



## Construction: Worth the wait

(U.S. Air Force Photo/ Airman 1st Class Stephanie Ashley) (RELEASED)

Construction of the new 91st Missile Wing training facility is nearing completion, here Aug. 23. This project will foster advanced training programs and improve regiments assisting Airmen with their skills and developing a better understanding of their individual duties.)



(U.S. Air Force Photo/ Airman 1st Class Stephanie Ashley) (RELEASED)

Contractors repair pot holes and reconstruct the road along Missile Avenue to the front gate, resulting in detours through base housing, here Aug. 23. This project will provide a more winter ready road surface by reducing the risk of splitting caused by freezing weather conditions.

## 17 Airmen graduate FTAC

### Minot Air Force Base Public Affairs

Congratulations to the following Airmen who graduated from the First Term Airman Center here Aug. 19.

The First Term Airman Center is a one-week transitory seminar designed to aid Airmen with their transition from the systematic and regimented environment of basic military training and technical school to their first duty station.

### 5th Security Forces Squadron

Airman 1st Class Aaron Boring  
Airman 1st Class Jonathan Espey  
Airman 1st Class Zachary Kunkler  
Airman 1st Class Tiffany Landry  
Airman 1st Class Skyler Shelton  
Airman Dylan Moody  
Airman Kameron Lee  
Airman Shermon Abrams  
Airman Basic Matthew Pittala

### 5th Operations Support Squadron

Airman 1st Class Zachery Anderson

### 5th Logistics Readiness Squadron

Airman 1st Class Juan Cardenas  
Airman 1st Class Joshua Cash

### 5th Aircraft Maintenance Squadron

Airman 1st Class Anthony Gater  
Airman 1st Class Christopher Randolph  
Airman 1st Class Nicholas Larson

### 5th Maintenance Squadron

Airman 1st Class Zachary Malone

### 91st Missile Security Forces Squadron

Airman 1st Class Ryan Bartlett

## VITREORETINAL SURGERY AND DISEASE



### David J. Jacobs, MD

#### VITREORETINAL SURGERY AND DISEASE

Dr. Jacobs specializes in vitreoretinal surgery and disease, providing expert care for people with diabetic retinopathy, macular degeneration, retinal detachment and other problems affecting the retina. He is board certified by the American Board of Ophthalmology.

#### MEDICAL EDUCATION/PRACTICE HISTORY:

- Graduate, Brigham Young University, Provo, UT
- Medical degree, University of South Carolina School of Medicine, Columbia
- Ophthalmology residency Wake Forest University Eye Center, North Carolina, where he served as co-chief resident
- Vitreoretinal fellowship, the top-rated Bascom Palmer Eye Institute, University of Miami
- Authored numerous peer-reviewed articles and lectured at international conferences
- Board certified, American Board of Ophthalmology
- Member, American Academy of Ophthalmology and Association for Research in Vision and Ophthalmology



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# Minot Rising Black Eyed Peas opening act, brings Minot natives to center stage

Minneapolis-based rockers Charlz Newman will open for The Black Eyed Peas benefit concert, Minot Rising, on Sept. 3 in Minot, N.D.

The band includes Eric Wilson and two Minot natives, Brian Neumann and Mark Charles Kelly.

The band, which has frequently performed in Minot, participated in a flood relief concert in Minneapolis in July, raising \$21,000 for the Minot Area Community Foundation (MACF).

"We were honored to be asked to play for Minot Rising. Minot needs something like this right now, and we're really looking forward to being a part of it," says Kelly.

According to MACF president Ken Kitzman, Charlz Newman is one of the many pieces adding up to a historic event. "Minot Rising is the result of good people with ties to Minot generously contributing their time and talents to help our community. It's

going to be an outstanding event."

Charlz Newman will take the stage at the State Fair Grandstand at 7 p.m. with The Black Eyed Peas scheduled to perform at 8:30 p.m. Doors open at 6 p.m. and Josh Duhamel make a special appearance between the opening act and The Black Eyed Peas.

Prior to the show, a family-friendly Party in the Plaza will take place from noon to 6 p.m. in front of the North Dakota State Fair Grandstand.

The event includes eight bands on two stages, food and drink vendors, kids' activities and flood relief fundraising opportunities.

Charlz Newman also will play Sunday, Sept. 4 at The Landing in Minot.

More information about Charlz Newman can be found at [www.charlznewman.com](http://www.charlznewman.com).

More information about the Minot Rising events, concert t-shirts and tickets can be found at [www.MinotRising.com](http://www.MinotRising.com). Tickets also can be purchased at Minot Air Force Base Outdoor Recreation Center, Marketplace Foods on 20th Ave, Marketplace Foods at the Dakota Square Mall and at the ticketing kiosk in the Herberger's Court of the Dakota Square Mall. Cost of a ticket is \$100 plus ticket fees for either standing room or reserved seating.

All Minot Rising concert proceeds will go to the Minot Area Community Foundation - Recovery Fund. Josh Duhamel, a Minot native and Hollywood actor, is the honorary chairman for the Minot Area Recovery Fund, which helps Minot and the surrounding area in its long-term flood recovery needs. Duhamel is married to Fergie, the lead singer of The Black Eyed Peas.

Established by the Minot Area Community Foundation, the Minot Area Recovery Fund plays an active role in flood relief by supporting relief and restoration throughout the greater Minot area, including the counties

of Ward, Renville, Bottineau and McHenry. All of these counties experienced a record-breaking flood from the swollen Souris River.

On June 26 a new flood record was set in Minot at 1,561.72 feet above sea level, three feet above the previous record set back in 1881. Approximately 12,000 people are displaced from their homes. It is estimated that 20 percent of Minot has sustained damage from the flood.

Over 4,100 homes have been affected by the flood; 2,376 of those homes have extensive damage from 6-10 feet of water and 805 of the 4,100 homes are damaged beyond repair.

## FREE CLASSIFIED ADS

The Northern Sentry is offering FREE classified ads for everyone if they are selling personal items or to advertise rummage sales.

Find us on Facebook **Minot Air Force Base Northern Sentry** to post any community fundraisers or announcements.

839.0946

[nsads@srt.com](mailto:nsads@srt.com)

[www.northernsentry.com](http://www.northernsentry.com)



**4 Bears Casino & Lodge Benefit Concert**  
**Featuring Cheap Trick & Georgia Satellites**  
 \$55 General Admission • \*\$60 Reserved Seating \*21 and older  
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 Profit from the concert will go to the Minot area recovery fund to aid flood victims throughout the region.

Go to [4BearsCasino.com](http://4BearsCasino.com) to order your tickets today! Or call 800.294.5454 ext.7624

Thank you to our media sponsors who have helped promote this benefit concert!

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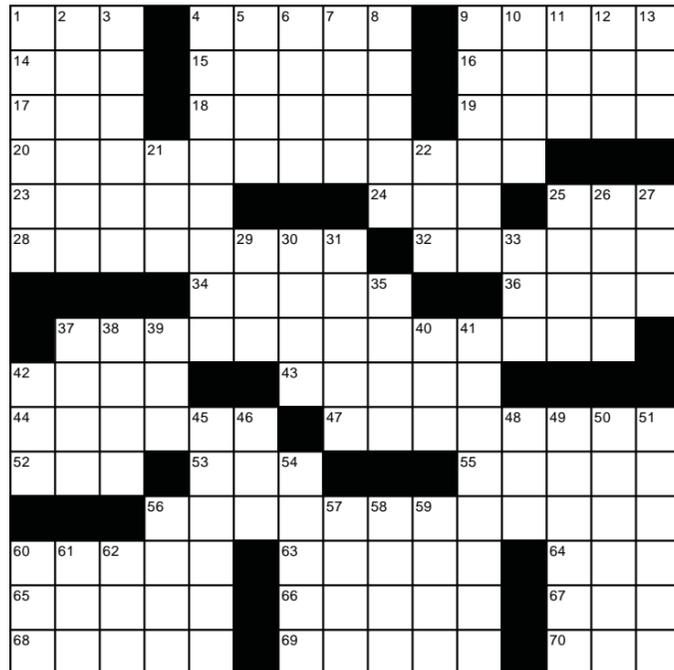
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# CROSSWORD PUZZLE

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4. Taj \_\_\_
9. Managed, somehow
14. Comic Charlotte
15. In unison
16. In heaven
17. Whopper
18. Gym offering
19. Poet's concern
20. "Kid Galahad" star
23. Morticia, to Fester
24. Stirrup site
25. 3,000-hit club member Ripken
28. Baja California city
32. "On the Street Where You Live" singer Vic
34. Send to the Hill
36. "\_\_\_ the Roof" (Drifters hit)
37. "Billy Bathgate" star
42. Flower in a Stein line
43. Prefix with comic
44. "Relax, soldier!"
47. Takes away
52. Take the plunge
53. One-man play about Capote
55. Get the lead out?
56. "The Nanny" star
60. Toulouse toodle-oo
63. Kangaroo \_\_\_
64. "How was \_\_\_ know?"
65. "No más" boxer Roberto
66. Golfer with an "army"
67. Baton Rouge sch.
68. Remora's ride
69. Etonian's dad
70. Elgart or Brown

## The Goat Family



13. "\_\_\_ Rosenkavalier"
21. Zamboni's milieu
22. Young kiltie
25. Manilow song setting
26. Before long
27. Novelist Deighton
29. He "stung like a bee"
30. Places for trophy cases
31. Needed liniment
33. Not talking
35. Went like the blazes
37. \_\_\_ on (love to excess)
38. Like thrift shop wares
39. Vast expanse
40. In great shape
41. "The African Queen" author C.S.
42. Like some deals or data
45. "The Elements of Style" coauthor
46. Hurler's stat
48. Pendulum's path
49. 1973 title role for John Wayne
50. Dreaded fly
51. Pertaining to blood fluid
54. Open, as a bottle
56. North Carolina's Cape \_\_\_
57. "Dumb" girl of old comics
58. Litter's littlest
59. Toledo's waterfront
60. Messages from SWMs, e.g.
61. "That's obvious!" in teen talk
62. Sinn Féin's gp.

## DOWN

1. \_\_\_ Francis of "What's My Line?"
2. Like some rebates
3. Annoys
4. "Manon" composer Jules
5. "Pronto!" in memos
6. Billing unit, for some
7. Meara or Murray
8. Auto contract, maybe
9. Funt's "candid" gear
10. Toe the line
11. Beer belly
12. Eden evictee

Solution to puzzle from last week.



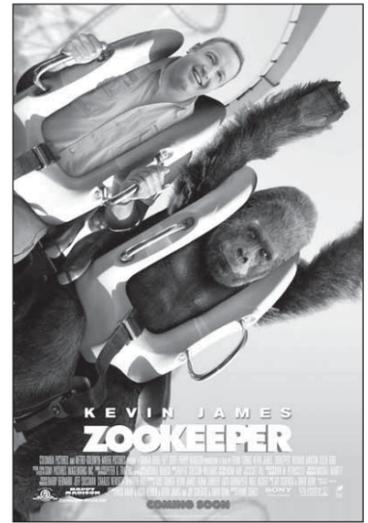
# UPCOMING MOVIES

For more information, call the movie line at 723-3802

## Transformers: Dark of the Moon

Friday, August 26, at 7 p.m.

In "The Zookeeper," the animals at the zoo adore their caretaker Andrew, an amiable but lonely guy who's never quite fit in. Finding himself more comfortable with a lion than a lady, Andrew decides he should leave the zoo and get a life. When the zoo animals discover his plan they decide to break their code of silence and reveal their biggest secret: they can talk!



Now they won't shut up and they're teaching Andrew nature's best mating rituals. To help him win the girl of his dreams and save their happy family they're willing to do - or say - anything.

Rated PG for some rude and suggestive humor, and language.

Running time: 102 Minutes

## Harry Potter and the Deathly Hallow Part 2

Saturday, August 27, at 7 p.m.

The end begins as Harry, Ron, and Hermione go back to Hogwarts to find and destroy Voldemort's final horcruxes, but when Voldemort finds out about their mission, the biggest battle begins and life as they know it will never be the same again.

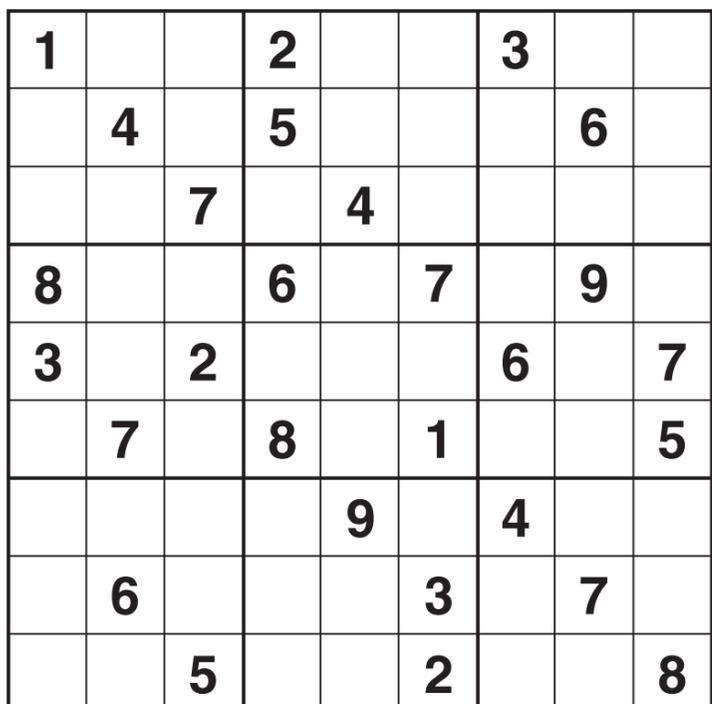


Rated PG-13 for some sequences of intense action violence and frightening images.

Running time: 118 Minutes

# SUDOKU

Solution to puzzle on page 23



## PLOTS guide available online, at vendors in Early September

The North Dakota Game and Fish Department's Private Land Open To Sportsmen Guide for 2011 is now available online at the Department's website, [gf.nd.gov](http://gf.nd.gov). In addition, PLOTS Guides will be available at most license vendors throughout the state in early September.

The guide will feature about 1 million PLOTS acres, a level reached in 2007 and maintained each year since.

Because the guide is printed in mid-August, some PLOTS tracts highlighted in the guide may have been removed from

the program since the time of printing. There will also be some PLOTS tracts where the habitat and condition of the tract will have changed significantly.

Conversely, Game and Fish may have added new tracts to the program after the guide went to press.

To minimize possible confusion, Game and Fish will update PLOTS map sheets weekly on its website.

Hunters can also view the guide, and find a list of vendors where guides are available, on the website.

The PLOTS Guide features maps highlighting these walk-in areas, identi-

fied in the field by inverted triangular yellow signs, as well as other public lands.

The guides are free, and available at county auditor offices and license vendors in the state; by walk-in at the Game and Fish Department's Bismarck office; and at district offices in Riverdale, Harvey (Lone-tree), Williston, Dickinson, Jamestown and Devils Lake.

The guides are not available to mail, so hunters will have to pick one up at a local vendor, or print individual maps from the website.



## PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL

Time equals money in today's business climate. But for many contractors, extra hours spent cleaning and inspecting equipment are more about good business practices and doing their share to prevent the spread of aquatic nuisance species (ANS) than what it costs in time and labor.

It's not just anglers and boaters taking time to ensure they're not spreading ANS. Contractors and other businesses and industries where equipment transfers from one water body to another should follow the same procedures of high-pressure washing with a bleach solution and inspections.

"I've seen what it (ANS) can do to lake and rivers and we want to do our part to keep them clean," said

Todd Jones, superintendent with Graham Construction's Eagan, Minn.-based branch office. Graham Construction currently has barges and tugboats working on Lake Sakakawea. The barges serve as a marine diving platform as part of the construction of the City of Parshall's freshwater intake structure. The tugboats push four barges, which are 10 feet by 40 feet each. Graham Construction has been working in the area throughout much of the summer.

Jones is familiar with the destruction ANS such as Eurasian water milfoil can cause. "I've seen it take over lakes that are 15 feet deep and it comes up to only a couple of feet from the surface," he described.

Current regulations requiring cleaning and inspection are good, Jones added, and are quite thorough. Depending on its size, a single inspection for one piece of equipment could take several hours.

New inspections are done every time equipment goes to a new water body even if it's just going from Lake Sakakawea to the Missouri River, for example. That's because

even though they're nearby, one water body may have something the other doesn't. Plus, "it's a consistency issue," explained N.D. Game and Fish Department ANS coordinator Lynn Schlueter. "It gets people in the habit of cleaning it all of the time."

Paul Schoebel, project supervisor with Ames Construction, Burnsville, Minn., is busy with road projects in the Devils Lake area. His company, much like Fargo-based Industrial Builders, conducts employee training seminars where Schlueter teach

employees and supervisors proper cleaning and inspection techniques.

Industrial Builders is currently working on Lake Sakakawea in the New Town area.

Vice president of construction Roger Haberman said their water intake, soil boring and bridge work takes them throughout the Missouri River Basin. Employees also learn what to identify, he said.

Schlueter, other Game and Fish Department or U.S. Fish and Wildlife Service staff conduct inspections, which involve a complete walk-around of the equipment, including pumps, anchors and other pieces of equipment even diving suite - coming in contact with the water. They find out where the equipment was used, when it was removed from storage and how it was cleaned. Once the equipment passes inspection, companies receive dated documentation and it can enter the water.

"They (contracting firms) understand what's at stake. They like to hunt and fish when they get a chance. They know they have a responsibility to do the right thing and they are doing the right thing," Schlueter said.

Any water can have potential ANS issues, Schoebel said.

“It only takes one boat or one piece of equipment to mess it up (with ANS) and once it's underwater, it's too late.”

— Paul Schoebel,  
Ames Construction project supervisor,  
Devils Lake road construction projects.

## Dove season opens Sept. 1, hunters reminded of HIP

North Dakota's dove season opens statewide Sept. 1, and hunters are reminded to register with the Harvest Information Program prior to hunting.

The daily limit is 15 and possession limit is 30. Shooting hours are 30 minutes before sunrise to sunset. The season is open through Oct. 30.

All dove hunters must possess a fishing, hunting and furbearer certificate and a general game and habitat license, regardless of age. In addition, hunters ages 16 and older need a small game license.

Hunters who purchase a hunting license through the state Game and Fish Department's electronic licensing system ([gf.nd.gov](http://gf.nd.gov)) or instant licensing telephone number at (800) 406-6409 can easily get HIP certified.

Otherwise, hunters can access the department's website, or call (888) 634-4798 and record the HIP number on their fishing, hunting and furbearer certificate.

Those who registered to hunt the spring light goose season in North Dakota do not have to register with HIP again, as it is required only once per year. However, hunters must HIP register in each state for which they are licensed before hunting migratory game birds.

## Deer archery season opens Sept. 2

North Dakota's deer archery season opens Friday, Sept. 2 at noon, and bowhunters are reminded that additional concurrent season antlerless deer gun licenses can be used with a bow during the archery season in the designated hunting unit.

Bowhunters must follow all regulations of the managing agency when using tree stands on public hunting areas, including displaying the owner's name, address and telephone number on tree stands left unattended on North Dakota Game and Fish Department wildlife management areas.

The Game and Fish Department annually receives inquiries from bowhunters regarding tree stands that are stolen, moved or tampered with. Tree stands are private property and theft constitutes a criminal violation that should be reported to the local sheriff's department.

Bowhunters are also reminded that hunting big game over bait is prohibited on both public and private land in deer unit 3F2.

The archery season is open through Jan. 8, 2012. Hunters should refer to the 2011 deer hunting guide for season information and regulations.

## Flooding affects shooting ranges, Moffit to hold public sight-in days

High water and the after-effects of flooding along the Missouri River will likely keep some public shooting ranges closed throughout the fall. MacLean Bottoms range south of Bismarck, Wilton Mine range near Wilton, and Lewis and Clark range south of Williston are all closed until further notice. Schmidt Bottoms range south of Mandan and Riverdale Wildlife Management Area range near Riverdale remain open.

To alleviate congestion in the Bismarck-Mandan area, the Bismarck-Mandan Rifle and Pistol Association, in cooperation with the North Dakota Game and Fish Department, will host several public sight-in days over the next two months at their club shooting range near Moffit.

Jon Hanson, Game and Fish Department hunter education and range grant coordinator, said area residents are encouraged to take advantage of this opportunity, especially with MacLean Bottoms and Wilton ranges closed due to flooding.

"The only public range available in the area is at Schmidt Bottoms south of Mandan," Hanson said. "It is relatively small, and will most likely be crowded as hunting season approaches."

To help minimize traffic at Schmidt Bottoms, Hanson said BMRPA has agreed to provide opportunities for the general public. In addition to a public sight-in weekend already scheduled for Oct. 1-2 (9 a.m. - 4 p.m.), public shooters are invited to BMRPA Sept. 9, 4-7 p.m.; Sept. 23, 4-7 p.m.; Sept. 24, 9 a.m. - 4 p.m.; Oct. 14, 4-7 p.m.; Oct. 22, 9 a.m. - 4 p.m.; and Oct. 29, 9 a.m. - 4 p.m.

Shooters must abide by club rules, Hanson said, which are listed on the BMRPA website, [bmrpa.org](http://bmrpa.org). "All participants are asked to respect the property, in addition to other shooters," Hanson said.

The BMRPA club range is located near Moffit at 13839 262 St. SE. A printable map with directions is available on the BMRPA website. Shooters sighting in firearms should always wear hearing and eye protection, keep their gun pointed in a safe direction, keep fingers off the trigger until ready to shoot, keep guns unloaded until ready to use, and identify the target and know what is beyond.



**Only The Best Come North Scramble Flight One Winners**

(Submitted photo)

The Only The Best Come North Scramble was held on Sunday, August 21st at the Rough Rider Golf Course. The winning team of the First Flight consisted of (left to right) David Varner, Shane Larson, Steve Berens, and Ken Septon. The event was sponsored in part by Don Besette Motors. *No Federal Endorsement of Sponsor Intended.*



**Only The Best Come North Scramble Flight Two Winners**

(Submitted photo)

The winning team of the Second Flight during the Only The Best Come North Scramble held at the Rough Rider Golf Course was comprised of (left to right) Ryan Besette, Chad Krumwiede, and Brian Borkhuis. Not pictured is Terry Faul.



(U.S. Air Force Graphic/Corey Parrish)

**Caring for People Survey results provide insight**

**by Erin Tindell**

Air Force Personnel, Services and Manpower Public Affairs

SAN ANTONIO (AFNS) - More than 100,000 total force Airmen voiced their opinions in the online Caring for People survey conducted from Dec. 1, 2010 to Jan. 3, 2011.

After experts performed a comprehensive analysis, officials have released results to force support leadership.

The survey allowed active duty, Guard and Reserve Airmen, civilians, retirees and spouses an opportunity to tell Air Force leaders how they can better address services within health and wellness; Airmen and family support; education and development; and housing and communities.

Respondents expressed satisfaction in areas such as housing, installation schools and military benefits. Additionally, dining facilities, fitness centers, child development centers and youth programs received customer satisfaction ratings of 70 or higher.

"The Air Force customer satisfaction index score was good overall," said Curt Cornelssen, chief of future operations for Air Force Services at the Pentagon. "Information, Tickets and Travel and the Air Force Food Transformation Initiative were standouts, competing with

comparable industry leaders in the travel and food service industries respectively."

Areas of concern include a sense of Air Force community, the economy and financial issues, spouse support, medical care for families and job satisfaction.

Survey results were released to senior Air Force leaders and force support leadership to gain insight on how to improve quality of life programs, Cornelssen said.

"Air Force leaders will continue to prioritize activities and initiatives to best support quality of life satisfaction and readiness," Cornelssen said.

"Additionally, detailed customer service data will be provided to the installation level for improvement action planning and ongoing management."

The Caring for People Survey was a merger of previous quality of life and customer satisfaction surveys conducted in 2008.

Insights from the 2008 surveys and subsequent focus groups spurred the development of several initiatives for improving fitness facilities, dining operations and housing. Officials also allocated \$10 million to start development of a Single Airmen program.

For more information on quality of life programs within the Air Force, visit [www.MyAirForceLife.com](http://www.MyAirForceLife.com).

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 <b>\$239,000</b> JUST LISTED! 3 bedroom, 1 3/4 bath one level family home. French doors in family room and dining room, vaulted ceilings, new carpets, paint and dura-ceramic flooring. Oak cabinets in kitchen. Detached garage. <b>MLS #20111385</b>	 <b>\$129,000</b> GREAT STARTER - 2 bedroom home in NW area that was not flooded. Some original woodwork, built-ins in living room, enclosed front porch and a patio in backyard. Furnace & water heater replaced in 2007. Attached garage. <b>MLS #20111368</b>	 <b>\$89,900</b> FIXER-UPPER Professionally gutted, sanitized - now ready to be fixed up. 2 bedroom, 2 3/4 bath home. Large kitchen area, formal dining, living room w/fireplace. Second story had no damage. Prior to flood was appraised for \$186,200. Double garage w/alley access. <b>MLS #20110793</b>
 <b>\$130,750</b> MINUTES FROM MAFB - 3 bedroom, 2 bath home in Glenburn. Many updates plus a completely remodeled basement in 2011 w/new bath, egress bedroom and family room. Hardwood floors on main level, nicely landscaped large lot w/alley access and storage shed. Attached garage. <b>MLS #20111034</b>	 <b>\$130,000</b> 2-STORY - A flooded home - Ok'd by a structural engineer and currently in demolition and cleanup. The 3 bedrooms on 2nd level w/hardwood floors were not affected. Sellers continuing to work on home until it is sold or selling as is and willing to look at offers. <b>MLS #20111296</b>	 <b>\$164,900</b> COUNTRY LIVING - Great 4 bedroom, 1 3/4 bath home on 8+ acres near Ryder and a short drive to Lake Sakakawea. Formal dining room, main floor laundry, deck, detached garage and 40x80 pole building. <b>MLS #20111183</b>
 <b>Richard Lavik (Rugby)</b> 208-0956 <a href="mailto:watne@stellarnet.com">watne@stellarnet.com</a>	 <b>ZOOM IN</b> <a href="http://minothomes.com">minothomes.com</a>	 <b>Susanne Hoskin</b> 833-0160 <a href="mailto:susanneh@srt.com">susanneh@srt.com</a>

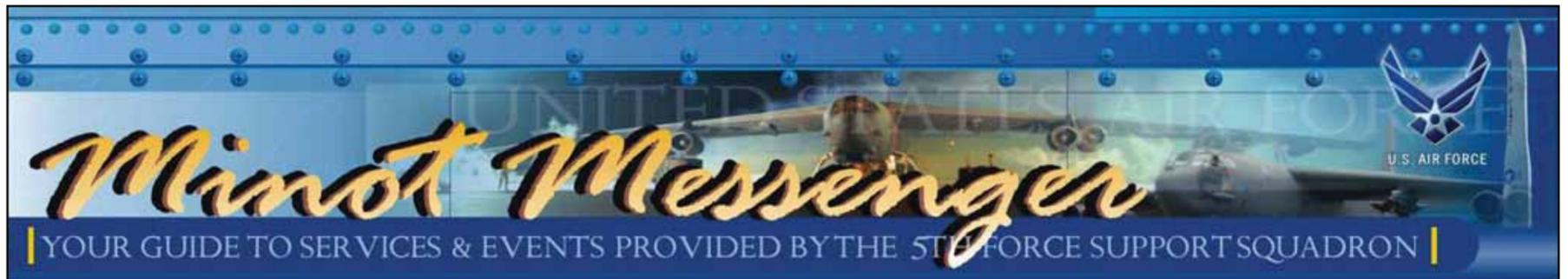
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## Enjoy Welcome Back Backyard BBQ At Rough Rider Lanes

Believe it or not, autumn is right around the corner. Rough Rider Lanes invites everyone to make the transition from summer into fall by attending their Welcome Back Backyard BBQ on Saturday, September 10th from noon to 4 p.m. The event provides the bowling center an opportunity to show their appreciation to customers and get everyone in the mood for some great indoor fun.

A wide variety of enjoyable activities are scheduled. Bring your family and friends for a delicious FREE backyard BBQ featuring hamburgers, hot dogs, potato salad, and chips served from noon until the food is gone. Everyone can strike up some fun with FREE bowling and free shoe rental during the event. There will be a bouncy castle for the kids to enjoy.

The Welcome Back Backyard BBQ also serves as the perfect time to register for a variety of winter leagues available at Rough Rider Lanes. A 9 Pin No Tap League, Scotch Doubles League, Squadron Xtramural League, Mixed League, Fun Mixed League, and Youth Leagues are some of the leagues available. Leagues are expected



to begin September 7th. There will be a Youth League organizational meeting held at 1 p.m. during the event for those interested in participating. A complete story regarding winter leagues available at Rough Rider Lanes is available in this issue of the Minot Messenger.

For more information on the Welcome Back Backyard BBQ or winter league sign-up, contact Rough Rider Lanes at 727-4715.

## Pet Fair Offers A "Dog-Gone" Good Time For Pet Lovers



Are you looking for a "howling" good time? Pet lovers of all kinds will enjoy the annual Pet Fair on September 10th from 10 a.m. to noon at Bud Ebert Park. The annual event, hosted by the

### "Grill Your Own Steak" Nights Coming To Clubs On September 9th

Does the thought of a perfectly grilled steak make your mouth water? You can quench your appetite for a delicious steak meal when both the Doolittle Center and J.R. Rockers host "Grill Your Own Steak" Night on September 9th from 5-7 p.m.

J.R. Rockers invites you to add your personal touch to their Friday members buffet by grilling your steak exactly the way you want it. The facility is providing all the fixens to go with your steak on the buffet line. Cost is \$8.50 for club members and \$10.50 for non-members. Club members may just enjoy the regular free Friday members buffet if they choose not to purchase the steak.

The Doolittle Center gives you the chance to pick your own ribeye steak and cook it on the patio over a charcoal grill as part of their Steak Night. The facility is featuring a potato bar with all the fixens, marinated salad, and garlic medallians. Cost is \$8.50 for club members and \$10.50 for non-members.

For more information, call the Doolittle Center at 723-3731 or J.R. Rockers at 727-ROCK.

Community Center and Vet Treatment Facility, is a great family outing designed for anyone who owns a pet. It provides a great opportunity to show off the furry members of your family with lots of great contests, prizes, and giveaways.

Owners may register their pet at the event in numerous contest categories including: Most Unique Name, Owner and Pet Look-A-Like, Best Dressed Pet, Most Unusual Pet Trick, Best Feline, Best Canine, and Best Unique Pet. Prizes will be awarded to contest winners.

A wide variety of pet supplies and products will be given away during this year's Pet Fair. Numerous national and local sponsors are contributing items to help make this year's event a success.

For additional information, contact the Community Center at 723-4670.

### Tailgate Party At J.R. Rockers Kicks Off Football Frenzy Action

It's time to cheer on your favorite NFL team as J.R. Rockers kicks off this year's Football Frenzy promotion with a spectacular Tailgate Party starting at 11 a.m. on September 11th. The event is free for club members and \$5 for non-members. Enjoy a special free buffet while it lasts starting at 11 a.m. along with great drink specials. This is your chance to register for Frenzy prizes as you enjoy a great day of NFL Sunday Ticket football action.

Club members who participate in the Football Frenzy promotion have a chance to win a trip to the Super Bowl or one of two regular season games. Members need only attend a Football Frenzy event at J.R. Rockers and fill out an entry form to be registered to win.

Only adults will be allowed in the lounge during the Football Frenzy Tailgate Party. Children age 12 and older will be allowed in the Top of the Rock when accompanied by parents. The dining room is closed on Sundays; however, the football menu is available.

For details, call J.R. Rockers at 727-ROCK.

## Summerfest Sports Day Schedule Of Events Thursday, September 1st

7:30 a.m. - Bud Ebert Park  
Opening Ceremony

8:00 a.m. - 5K Jogging Trail  
5K Run

8:00 a.m. - Fitness Center  
Doubles Racquetball

8:30 a.m. - Golf Course  
Golf

8:30 a.m. - Fitness Center  
3 Point Shoot Out

9:00 a.m. - Softball Fields  
1 Pitch Softball

9:00 a.m. - Bud Ebert Park  
Volleyball

9 a.m. & 11 a.m. - Bowling Center  
Bowling

9:30 a.m. - Outdoor Track  
4x400 Relay

11:00 a.m. - Fitness Center  
3 on 3 Basketball

11:00 a.m. - Outdoor Pool  
4 Person Swim Relay

12:30 p.m. - Outdoor Pool  
Build-a-Boat Competition

1:00 p.m. - Bud Ebert Park  
Obstacle Course

2:00 p.m. - Bud Ebert Park  
Tug-O-War

3:30 p.m. - Bud Ebert Park  
Closing Ceremony

The annual Team Minot Summerfest Sports Day features a full-day of fun and friendly competition designed to promote morale and team building among Minot Air Force Base personnel. Squadrons will compete for the coveted Championship Trophy through points accumulated in each event. For more information, contact the Fitness Center at 723-2145.

Receive information on upcoming 5 FSS events via e-mail or text. Sign up now by visiting: <http://subscribe.5thforcesupport.com/user/register>



Visit our website at [www.5thforcesupport.com](http://www.5thforcesupport.com)

### Dance The Night Away

Dance, party, and hang out during J.R. Rockers Hip Hop Nights on August 27th and September 10th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Gather up your friends and enjoy a great night out. Call 727-ROCK for details.

### Patriot Day 5K Run

The Fitness Center will host the Patriot Day 5K Run on September 9th at 7 a.m. This will be an individual competition with each participant running 5K. Prizes will be awarded for first, second, and third place in both the male and female category. See the Fitness Center front desk to sign-up. Open to DoD ID card holders age 16 and older. Call 723-2145 for details.

### Buck Bowling During August

Rough Rider Lanes is offering everyone a great way to get out of the house and enjoy some recreation fun. During August, you can bowl for \$1 per game, Monday through Thursday from 9 a.m. to 3 p.m. and Friday and Saturday from 4-6 p.m. Shoe rental is FREE. Contact Rough Rider Lanes at 727-4715 for details.

### Bundles For Babies

Expectant mothers in their last trimester are invited to attend Bundles For Babies at the Airman and Family Readiness Center on September 8th at 9 a.m. The class offers information on Air Force Aid Society community enhancement programs and the financial impact and family stressors of having a baby. For additional details, call 723-3950.

### Badlands Horseback Riding Trip

Have you ever experienced the rugged beauty of the Badlands of North Dakota? Outdoor Recreation is offering an afternoon of horseback riding in the Badlands on September 10th. Cost is \$65 per person; includes transportation and a three hour horseback ride. Must be six years of age or older; age 17 and under must be accompanied by an adult. To reserve your spot, call Outdoor Recreation at 723-3648 by September 8th.

### Minot AFB Basketball Team Tryouts

Tryouts for this year's Minot AFB basketball team will be held on September 6th, 8th, 12th, 14th, and 15th at the McAdoo Fitness Center. The base basketball team is a traveling team which represents Minot AFB in competitions with colleges and other bases located in surrounding states. The tryouts are scheduled for 5 p.m. each day. For more information, call the Fitness Center at 723-2145.

### Youth Dance Lesson Registration

Youth Center members are invited to put on their dancing shoes and learn a variety of styles of dance. Members age 2 and older may register for a Creative Movement class, a Ballet, Tap, and Jazz combined lessons class, or a Hip Hop class. The cost of each dance style class is \$35 per month. Dance lessons are scheduled to begin Saturday, September 17th; late registration will run until September 29th. All classes are scheduled for Saturdays. The tentative times for each class are below:

**1 p.m. to 1:45 p.m.**

Creative Movement – Ages 2 – 3

**2 p.m. to 2:55 p.m.**

Ballet/Tap/Jazz – Ages 3-5

**3 p.m. to 3:55 p.m.**

Ballet/Tap/Jazz – Ages 3-5

**4 p.m. to 4:55 p.m.**

Ballet/Tap/Jazz – Age 6 and older

**5 p.m. to 5:55 p.m.**

Hip Hop – Age 6 and older

There will be a parent orientation at 5 p.m. on September 15th. For more details, call 723-2838.

### Rockers Old School R&B Night

Make plans now to come to J.R. Rockers on Friday, August 26th for Old School R&B Night from 9 p.m. to 1 a.m. Enjoy a drink with your friends while you listen to your old time favorite music. J.R. Rockers DJ will be playing smooth and easy music to bring you back to the old school days. Event is free for club members and \$5 for non-members. For more information, call J.R. Rockers at 727-ROCK.

### Doolittle Center Closed September 2-5

The Jimmy Doolittle Center will be closed from September 2nd through September 5th for the Labor Day holiday weekend. We apologize for any inconvenience this may cause.

### Family Child Care Pre-Orientation

Would you like to work in your home, be your own boss, and make a difference on Minot AFB and in the life of a child? Then attend the Family Child Care Pre-Orientation on September 12th from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. Call the Family Child Care office at 723-6662 to make your reservation.

### BGCA Day For Kids & "Child Find" Event

The Youth Center invites all youth to the Boys and Girls Club Day For Kids and "Child Find" event on Friday, September 16th at 5 p.m. Both events are FREE. Enjoy face painting, a bounce house, splat wall, arts & crafts, carnival games, and more. Agencies will be there to discuss available resources for children with disabilities as part of the "Child Find" event. For details, call 723-2838.

## Rough Rider Lanes Offering Wide Variety Of Bowling Leagues

Rough Rider Lanes invites you to strike up some fun through participation in one of their many bowling leagues. Bowling leagues offer Minot AFB personnel a great opportunity to get out of the house or dorm during the long winter months. Leagues are great for getting a bunch of friends and family together to form a team or join others who would like to be in a league and make new friends.

You definitely don't need to be a terrific bowler to join a league and enjoy a weekly bowling outing. Rough Rider Lanes set up their leagues so low average bowlers can compete with high average bowlers. All but one of their leagues is organized with a handicap for all bowlers to make bowling more fun. A novice bowler with a 100 average score receives anywhere from 80-100 pins of handicap to compete against a 200 average score bowler who does not receive any handicap.

At Rough Rider Lanes, participants may choose from both sanctioned and non-sanctioned leagues. Sanctioned leagues have a one-time sanctioning fee of \$18 per bowler. This payment covers the bowler for all sanctioned leagues they bowl in for the season.

Some of the leagues available at Rough Riders Lanes include a 9 Pin No Tap League on Mondays, a Scotch Doubles League on Tuesdays, the Squadron Xtramural League on Wednesdays, a Mixed League on Thursdays, a Fun Mixed League on Fridays, and Youth Leagues on Saturdays.

The 9 Pin No Tap League is an affordable \$11 per bowler per night. In this league, 9 pins down on the first ball gives the bowler a strike for that frame. Input from participants will determine how long the league runs (normally 15-30 weeks). This is not a sanctioned league; each team could have 3-5 bowlers on the team. Part of the cost will be used to provide a league prize fund for the end of the season. Tentatively, the 9 Pin No Tap League is scheduled for Mondays at 6:30 p.m.

A great league for couples is the Scotch Doubles League where ladies bowl the first ball of each frame and the gentlemen bowl the second ball in an attempt to pick up any remaining pins. If the lady bowls a strike on the first ball, the gentleman bowls the first ball on the next frame. Cost will be \$11 per doubles per night. This league does not have a handicap and participant input will determine how long the league runs. Part of the cost will be used to provide a league prize fund for the end of the season. Tentatively, the Scotch Doubles League is scheduled for Tuesdays at 6:30 p.m.

Do you think you have the best squadron bowling team on Minot AFB? You have a chance



to prove it during the Squadron Xtramural League at Rough Rider Lanes. Each team has four bowlers who bowl each Wednesday night. You can use your entire squadron as a team roster to allow participants a chance to take a night off when they need to. All squadrons compete for Commander's points during the league and playoffs at the end of the league. Cost is \$11 per bowler per night and the league runs for 30 weeks. This is a sanctioned and handicap league which begins at 5 p.m. each Wednesday.

Another fun sanctioned and handicap league is the Mixed League on Thursdays. This league can be all women, all men, or a mix of women and men. Cost is \$11 per bowler and the league runs for 30 weeks. Part of the cost will be used to provide a league prize fund for the end of the season. The Mixed League starts at 6:45 p.m. each Thursday night. A Fun Mixed League is held on Friday nights at 6:30 p.m. for those whose schedule works better for Fridays than Thursdays.

Rough Rider Lanes hasn't forgotten about the youngsters. They have Youth Leagues on Saturdays for children age 4 through age 18. The Pee Wee League is for young youth bowlers (ages 3-6) who need bumpers. Participants will bowl two games each at a cost of \$4 per bowler. Start time is 9:30 a.m. on Saturdays.

The Youth Bantam League is for children 6-9 years old. Cost is \$6 per bowler each week; play begins at 11:30 a.m. The Youth Prep League is for youth 9-12 years old. Cost is \$8 per bowler each week; start time is around 11:30 a.m. Rough Rider Lanes also hosts a Youth Junior League for bowlers 13-18 years of age. Cost is \$8 per bowler each week; play begins at around 11:30 a.m. The Bantam, Prep, and Junior Leagues are all sanctioned. Contact Twyla Scott at 833-6030 for cost of sanction fee and other Youth League information.

Have some fun this fall and winter by joining one or more of the enjoyable leagues available at Rough Rider Lanes. For complete details, call Rough Rider Lanes at 727-4715.

WHAT'S FOR DINNER



**White Chicken Chili**

- 1 tablespoon vegetable oil
- 1 1/2 pounds boneless, skinless chicken breast tenders
- 1 medium onion, chopped
- 1 clove garlic, chopped
- 1 tablespoon ground cumin
- 1 1/2 teaspoons ground coriander
- 1 - 1 1/2 cups mild salsa verde
- 1 can (15 ounces) cannellini beans, drained
- 1 can (15 ounces) pinto beans, drained
- 1 cup water
- 1/2 cup loose-pack frozen corn
- 1 can (12 fluid ounces) Nestlé Carnation Evaporated Low-fat 2% Milk
- 1 cup fresh spinach leaves
- Baked tortilla chips and light sour cream for serving (optional)

Heat oil in large saucepan over medium-high heat. Add chicken; cook on each side until golden. Transfer to plate; cover.

Add onion to same saucepan. Cook, stirring occasionally, until translucent. Add garlic; cook for 30 seconds. Stir in cumin and coriander; cook for 30 seconds. Stir in salsa verde, cannellini beans, pinto beans, water and corn. Cook for 10 minutes or until hot.

Cut or shred chicken into bite-size pieces and add to saucepan along with any accumulated juices on plate. Stir in evaporated milk and spinach; cook for a few minutes just until heated through and spinach is slightly wilted. Serve topped with crumbled tortilla chips and dollop of sour cream.

**Minot Catholic Schools**  
  
 Welcome Home!  
 Bishop Ryan High School  
 Little Flower Elementary School  
 701.838.3355

**NW Art Center lecture features study-abroad tours**

Travelers from the Minot State University study-abroad program will open fall semester of the Northwest Art Center Lecture Series with "A Tale of Two Adventures: MSU Faculty and Students in Europe and Central America," Tuesday, August 30, at 7:00 p.m. in the Aleshire Theater, MSU.

This past summer MSU faculty member Andrea Donovan led a group of students to England, France and Italy; and John Girard accom-

panied students on a cruise to ports in the Caribbean and Central America.

Travelers Erik Berland, Jessika Cooper, and Micheal Ough will join Donovan and Girard to recap the two trips in pictures and anecdotes.

Information also will be provided on MSU study abroad trips planned in 2012.

The lecture is free and open to the public. An informal reception will follow the presentation. Parking on the MSU campus is unrestricted

after 5 p.m.

The Northwest Art Center Lecture Series is funded in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

For more information about Northwest Art Center activities, call 701-858-3264.

INTERNATIONAL PEACE GARDEN  
 UPCOMING EVENTS

**AUGUST**

**26-28** 3rd Annual International Metis/Michif Rendezvous "Where the Fiddle and Mountain Unite" www.metisfest.com. Fun for the entire family – music galore, vendors, food concessions & more.

**29** NAGWM – Annual Memorial Service, 1 p.m.

**SEPTEMBER**

**Sept. 11** 9th - 9/11 Ceremony 11 a.m.

**ETHNIC SUNDAY BUFFETS - 11 A.M. – 2 P.M.**

\$9.95 Plus Tax, 12 & Under-.75 per year

**Aug. 28** Mexican Buffet **Sept. 4** Italian Buffet

  
**NOW OPEN**  
 Minot Farmers Market  
 Mark your calendar for every:  
 Tuesday - Thursday - Saturday  
 4-6 on Thursday  
 9:00 am at the Soccer Park  
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 visit us on our facebook page

Browse a quality selection of homegrown produce, flowers, baked goods, jams & jellies at the Soccer Park every Tuesday, Thursday & Saturday, 9:00 am  
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Questions or comments?  
 Contact Paulette Bailey 838-6822

**September 3-5, 2011**

  
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Paid Admission Events	Free Events
<b>Nodak Auto Racing (Grandstand)</b> Sept. 4-5, 5pm \$15 adults, \$8 kids, Sr. & Military \$13	<b>Classic Car Auction (State Fair Center)</b> Viewing Sept. 3, 9am-8pm Auction Sept. 4, 12:01pm
<b>Enduro Race (Grandstand)</b> Sept. 5, 11am \$10 adults, \$5 kids	<b>Souris Valley United Way Pedal Car Auction (State Fair Center)</b> Sept. 3, 4pm
<b>Dakota Cruisers Classic Car Show (State Fair Center)</b> Sept. 3, 10am-6pm Sept. 4, 10am-5pm \$5 for adults, 12 and under free	<b>Simulated Impaired Driving Experience (SIDNE) (East of the State Fair Center)</b> Sept. 3-4, 10am-4pm
<b>Black Eyed Peas Benefit Concert (Grandstand)</b> Sept. 3 Doors Open at 6pm Tickets: \$107.50 Party in the Plaza 12-8pm - Free <a href="http://www.minotrising.com">www.minotrising.com</a>	<b>Historic Military Vehicle Display (Expo Building)</b> Sept. 3-4, 10am-8pm
	<b>SCCA Auto Cross (Near the Main Gate)</b> Sept. 5, 10am

**INTERNATIONAL PEACE GARDEN**

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**AUGUST 26-28 3rd Annual International Matis/Michif Rendezvous**

**"Where The Fiddle & The Mountain Unite"**  
 Fun for the entire family- music galore, vendors, food concessions, discounted camping and gate fees.

**ALL YOU CAN EAT - Ethnic Sunday Buffets 11:00 a.m. to 2:00 p.m.**  
 \$9.95 plus tax • 12 & under 75¢ per year of age

Aug 28 Mexican Buffet | Sept 4 Italian Buffet

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# Health info on the go with new TriWest mobile website, app

Delivering mobile support to military members, families

PHOENIX — You're 2,000 miles from home, just about to board a flight. You need to see if your doctor referral was processed and all you have is your smartphone.

Tap... Tap... Scroll... Tap... Got it!

TriWest Healthcare Alliance has launched its mobile website and a mobile application, allowing TRICARE West Region beneficiaries to easily tap and scroll their way to their healthcare information, right from their smartphones and mobile devices.

TriWest manages the Department of Defense's TRICARE health program for 2.9 million military families in the western United States.

Healthcare Info Goes Wherever You Go

Military families face distinct challenges in their daily lives, routinely managing family moves, household duties and the prospects of a loved one's deployment.

Providing direct, mobile access to their healthcare information is one way TriWest hopes to reduce some of the burden on military members and families.

"We're excited to unveil this technology to our customers, because it brings a whole new level of convenience to their busy lives," said TriWest President and

CEO David J. McIntyre, Jr. "Military families can now manage their health care right from their phone, while they're traveling or at home with the kids—whenever they want or need to use it."

### Mobile Site

TriWest's mobile website (m.TriWest.com) allows any beneficiary with a secure TriWest.com account to use their phone to:

- Receive real-time status of healthcare authorizations and referrals
- Check claims
- Pay fees or premiums

### Mobile App

TriWest's mobile app provides added features to smartphone and iPad® users, including:

- Compare TRICARE coverage plans
- Change plans based on life events, such as birth or

adoption

- Create an address book for doctors
- View guidelines for getting care

The app can be downloaded for iPhone®/iPad and Android™ devices.

Learn more about TriWest mobile capabilities, including text alerts, at TriWest.com/GoMobile.

### About TriWest

TriWest Healthcare Alliance partners with the Department of Defense to do "Whatever It Takes" to support the healthcare needs of 2.9 million members of America's military family. A Phoenix-based corporation, TriWest provides access to cost-effective, high-quality health care in the 21-state TRICARE West Region. Follow us on Twitter and Facebook or visit www.triwest.com for more information.

# Lions come to the aid of Minot flood victims

The City of Minot and its surrounding area continue to reel from the effects of the devastating flood that wreaked havoc this summer. It will be years before some sense of normalcy can be attained. Numerous groups and entities have stepped forward to offer aid, whether it be financial or otherwise. Among those has been Lions Clubs International and Lions Clubs across North Dakota.

The damage is so overwhelming that one wonders how would be the best way to help those in need the most. Lions across the state say the best way to help is to make a donation to the Zone 2A Flood Relief Fund. Lions officials said the fund would offer Lions the most bang for their buck.

"We will have more opportunity to help out where it is needed," said Lion Josh Ressler, member of the Magic City Lions and 5NW cabinet member. "Things we will do with this is to purchase building supplies, helping out

the Minot and area schools, medicine, disaster financial kits, and anything else where we feel there is a need."

Ressler also said that if a matching grant from LCIF, the charitable arm of Lions Clubs International, is given, matching funds would need to come first. Lions Clubs International Foundation supports the compassionate humanitarian service of 1.35 million Lions in 206 countries by providing grant funding and developing programs that improve lives around the world. Information about the worldwide charitable arm of Lions is available at www.lcif.org.

More than 7,000 individuals families have filed reports with FEMA. About 3,500 homes have not been inspected or the inspections have not been completed. They are the worst of the worst, Ressler said.

To help in the relief effort, send checks to: Lions 2-A Flood Relief Fund, PO Box 782, Minot ND 58702.

## GASTROENTEROLOGY AND HEPATOLOGY



### Edmundo S. Justino, MD

#### GASTROENTEROLOGY AND HEPATOLOGY

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#### MEDICAL EDUCATION/PRACTICE HISTORY:

- Medical degree, University of Texas Medical Branch, Galveston
- Internal Medicine residency and Gastroenterology/Hepatology Fellowship, Johns Hopkins University School of Medicine, Baltimore
- Excellence in Service Award at John Hopkins
- Recipient, Maryland Patient Choice Award, 2008 and 2009
- Practiced Gulf Coast Gastroenterology, Lake Jackson, TX
- Board certified, Internal Medicine



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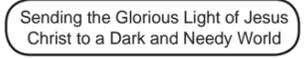
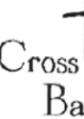
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# CHURCH DIRECTORY

<p><b>Little Flower Catholic Church</b> 800 University Avenue West 838-1520</p> <p><b>Mass Schedule</b> Daily M-F ..... 8 a.m. Saturday ..... 5:30 p.m. Sunday ..... 8:30 a.m. &amp; 11 a.m.</p> <p><b>Fr. Fred Harvey, Pastor</b> <a href="http://www.littleflowerminot.com">www.littleflowerminot.com</a></p>	<p><b>St. Peter The Aleut Eastern Orthodox Church</b>  109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy ..... 10 a.m. Saturday Vespers ..... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p><b>Heritage Baptist</b> Independent Fundamental <b>Meeting at 435 21st St. NW</b> <b>833-1798</b></p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:45 a.m. Sunday Evening ..... 6 p.m. Wed. Prayer/Bible Study ..... 7 p.m. Wed. Children's Patch Club ..... 7 p.m.</p> <p><b>Pastor Brian Ferree</b></p>	<p><b>Minot Air Force Base Chapel Protestant Services (All Sunday)</b> </p> <p>Traditional Service ..... 10:00 a.m. (North Plains Chapel) Gospel Service ..... 11:30 a.m. (Northern Lights Chapel) Contemporary Service ..... 2:00 p.m. (North Plains Chapel)</p> <p>Wednesday Feed Your Faith Classes: North Plains Chapel 1730-1930 Dinner and Children's programs included</p> <p><b>Chapel 723-2456</b></p>	<p><b>Minot Air Force Base Chapel Catholic Services</b> </p> <p>Complete Mass Schedule can be seen on the Chapel Information page on the Minot Air Force base website: <a href="http://www.minot.af.mil">www.minot.af.mil</a></p> <p>Sunday CCD ..... 11:15 a.m. (North Plains School)</p> <p><b>Northern Lights Chapel 723-2456</b></p>
<p><b>Bible Fellowship</b> 1720 4th Ave. NW • 838-0916</p> <p><a href="http://www.minotbiblefellowship.org">www.minotbiblefellowship.org</a> Sunday School ..... 9:45 a.m. Sunday Worship ..... 10:45 a.m. Sunday Evening Worship ..... 7:00 p.m. Wed. Evening Family Night ..... 7:00 p.m.</p> <p>• Pioneer Club • Youth Club • Women's Bible Study • Adult Bible Study</p> <p><b>Pastor Duane Deckert</b> </p>	<p><b>Minot Baptist Church</b>  Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School ..... 9:45 a.m. Morning Worship ..... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening ..... 7:00 p.m.</p> <p>Independent/Fundamental/KJV 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p><b>Harvest Reformed Church</b> </p> <p>We are devoted to faithful preaching of God's Word, Confessionally Reformed Biblical worship.</p> <p>Now meeting at 1505 N Broadway, Grand International, Norse Room</p> <p><b>Sunday Service 10:30 a.m.</b> 838-0605 <a href="http://www.harvestreformedchurch.org">www.harvestreformedchurch.org</a></p>	<p><b>Congregational United Church of Christ</b> 430 N. Broadway • 839-1064</p> <p>Sunday School ..... 11 a.m. Sunday Worship ..... 11 a.m. Tuesday Lunch Bible Study ..... 12 Noon Wed. Youth Classes ..... 6:30-8:30 p.m.</p> <p>Rev. Frank Picard</p>	<p>Welcome to the <b>Minot Church of Christ</b> 1315 1st St. NE</p> <p><b>Sunday:</b> Bible Classes ..... 10:30 a.m. Worship ..... 5:00 p.m.</p> <p><b>Wednesday:</b> Bible Classes ..... 7:00 p.m.</p> <p>"Restoring 1st Century Christianity in the 21st Century"</p>
<p><b>First Presbyterian Church</b> 1000 3rd St. NE (Next to Trinity Nursing Home) 852-0315</p> <p>Sunday Contemporary Worship ..... 8:30 a.m. Sunday School ..... 9:30 a.m. Sunday Traditional Worship ..... 11 a.m. Monday Youth Worship ..... 7 p.m. Wednesday Community Supper ..... 5-6:30 p.m. Wednesday Contemporary ..... 6:30 p.m. Sunday Transportation &amp; Nursery Available</p> <p><a href="http://www.minotfpc.org">www.minotfpc.org</a> Visitors Welcome</p>	<p><b>Apostolic Faith Church, UPCI</b> 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Sunday School ..... 2:00 p.m. Sunday Worship ..... 3:30 p.m. Wednesday Bible Study .. 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>	<p><b>Minot First Church of The Nazarene</b> 2500 West Central Avenue 701-838-8704</p> <p>Come Experience a Warm Family Feeling</p> <p>Coffee &amp; Conversation ..... 9-9:30 a.m. Sunday School ..... 9:30 a.m. Morning Worship ..... 10:45 a.m. Evening Service ..... 6 p.m. Midweek Service (Wed.) ..... 7 p.m.</p> <p><b>Senior Pastor Francis Warren</b></p>	<p><b>First Lutheran Church - ELCA</b>  120 - 5th Ave. NW 852-4853</p> <p>Sunday ..... 8:30 a.m. &amp; 11 a.m. Wednesday ..... 7 p.m.</p> <p>Saturday evening service is SUSPENDED for the Summer. For the foreseeable future, Zion Lutheran and First Lutheran will worship together.</p> <p><b>Pastor Ken Nelson</b> Pastors Michael &amp; Kari Pancoast <a href="http://www.firstlutheranchurchminot.com">www.firstlutheranchurchminot.com</a></p>	<p><b>St. Mark's Lutheran Church</b> Missouri Synod </p> <p>Sunday Worship ..... 9:30 a.m. Bible Class ..... 10:30 a.m. Holy Communion is served on the 1st &amp; 3rd Sunday of each month.</p> <p>2209 4th Ave. NW • 839-4663 Carlyle Roth, Pastor</p>
<p><b>Bethany Lutheran</b> 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Wednesday Worship ..... 7 p.m. Sunday Worship ..... 9 a.m. Sunday Fellowship ..... 10 a.m.</p> <p>Website: <a href="http://www.bethanylutheranminot.com">www.bethanylutheranminot.com</a> Email: <a href="mailto:bethanylutheran@srt.com">bethanylutheran@srt.com</a></p> <p><b>Pastor Janet Hernes Mathistad</b> <b>Pastor Gerald Roise</b></p>	<p><b>North Hill Baptist Church</b>  524 21st Ave. NW • Minot, ND 58703 701-839-7283</p> <p><b>Pastor Dan Andrus, 701-578-5060</b> sparrow@minot.com minotnorthhillbaptistchurch.com</p> <p>"We're Not There Yet... Come Grow With Us!"</p>	<p><b>St. John the Apostle Catholic Church</b>  2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday ..... 7 p.m. Wednesday - Friday ..... 9 a.m. Saturday ..... 5 p.m. Sunday ..... 8 and 10:30 a.m.</p> <p>Fr. Dave Zimmer, Pastor Parish website: <a href="http://www.stjohnminot.com">www.stjohnminot.com</a></p>	<p><b>All Saints' Episcopal Church (Anglican)</b> 301 S. Main St. • 839-1037</p> <p>Sunday Worship ..... 10 a.m. Wednesday Worship ..... 5:15 p.m.</p> <p><a href="http://www.allsaintsminot.org">www.allsaintsminot.org</a></p>	<p><b>Our Redeemer's Church</b> A Church with a Christian School 700 16th Ave SE</p> <p><b>Sundays</b> Worship Services ..... 8:30 a.m. &amp; 10:45 a.m. Radio Broadcast KHRT 1320 AM ..... 11 a.m. Children's programs ..... 9:45 a.m. Youth &amp; Adult Bible Classes ..... 10 a.m. Interpreter services for the deaf ..... 10:45 a.m.</p> <p><b>Wednesdays</b> Supper ..... 5:40 p.m. Bible Classes for all ages ..... 6:30 p.m.</p> <p>Lead Pastor, Rod Spidahl, PhD 838-0750 • <a href="http://www.ourredeemers.org">www.ourredeemers.org</a></p>
<p><b>Bread of Life Lutheran Church</b> ELCA  1415 17th Ave SW 838-3360</p> <p>Saturday worship ..... 5 p.m. Sunday worship ..... 9:30 am</p> <p><b>Pastor Taryn Montgomery</b> <a href="http://Breadoflifeminot.com">Breadoflifeminot.com</a></p>	<p><b>St. Paul's Lutheran Church</b> Sunday Service .... 8 &amp; 10:30 a.m. (Video-TV Feed to Family Room) Sunday School ..... 9:15 a.m. Saturday Service ..... 7 p.m. (at Lynch Immanuel, located north of MAFB) Call for summer schedule 852-2821 200 Burdick Expy E • Minot 1 Block East of Trinity Hospital</p>	<p><b>Cross Roads Baptist</b> </p> <p>Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 6:30 p.m. Wednesdays (Prayer &amp; Missions) .. 6:30 p.m.</p> <p><a href="http://www.angellnet.net/crossroads">www.angellnet.net/crossroads</a> email: <a href="mailto:crbc@srt.com">crbc@srt.com</a></p> <p>415 28th Ave SE (Behind Menards) 838-1873 Dr. Ben Pierce, Pastor</p>	<p><b>West Minot Church of God</b> "A Family Worship Center" 1105 16th St. NW • 839-1407</p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church ..... 10:30 a.m. Wednesday Family Training Hour ..... 6:30 p.m. Wednesday Kids on the Rock ..... 6:30 p.m. Youth Center, Friday ..... 7:00 - 11:00 p.m.</p> <p>ABC Child Care &amp; Pre-School Center 852-6352</p>	<p><b>Bethel Free Lutheran AFLC</b>  "Building Followers of Jesus Christ"</p> <p>Sunday School ..... 9:00 a.m. Worship Service ..... 10:30 a.m. Wednesday Supper ..... 6:15 p.m. Adult/Youth Bible Study Kids Club ..... 7:00 p.m.</p> <p><b>Pastor Shane McLoughlin</b> 530 22nd Ave NW • 852-6492 <a href="mailto:bethel@minot.com">bethel@minot.com</a></p>
<p><b>River of Life Church</b>  400 22nd Ave NW • Minot</p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Sunday Evening Service ..... 6 p.m. Wednesday Service ..... 7 p.m.</p> <p><b>Joe VanEst, Pastor • 858-7777</b></p>	<p><b>First Baptist Church</b>  220-3rd St. S.W. • 852-4533 <a href="http://www.firstbaptist-minot.org">www.firstbaptist-minot.org</a></p> <p>Summer Worship Schedule: Classic Worship ..... 9:30 a.m. Contemporary Worship Service... 11 a.m. Children's Church ..... 11 a.m. AWANA Wed. (Sept.-May) ..... 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Gordon Kroeker, Discipleship &amp; Community Life Pastor Paul Pankratz, Student Ministries Pastor Josh Huesby, Worship</p>	<p><b>Gospel Tabernacle Community Church</b>  County Road 19, 4 miles south of MAFB Eld. James W. Henderson, Pastor</p> <p>Church: 701-838-4492 Home: 838-5759 Dial-A-Prayer: 727-6447 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School ..... 9:45 a.m. Morning Worship ..... 11 a.m. Family Hour/ Leadership Training .... 6:30 p.m. Evening Worship ..... 7:30 p.m. Bible Study/ Children Worship (Wed.) .. 7 p.m. Prayer (Friday) ..... 7 p.m.</p>	<p><b>BEREAN BAPTIST CHURCH</b> Independent KJV</p> <p>Sunday School ..... 9:45 a.m. Worship ..... 11:00 a.m. Sunday Evening ..... 6:00 p.m. Wednesday Evening ..... 7:00 p.m.</p> <p>Pastor Joe Minnerup <a href="http://www.bereanbaptistminot.com">www.bereanbaptistminot.com</a></p> <p>601 1st Ave SE • Minot 833-9811</p>	<p><b>First Assembly of God</b> 1805 2nd St. SE 838-1111</p> <p>Morning Worship ..... 8:30 a.m. Sunday School ..... 10 a.m. Morning Worship ..... 11 a.m. Evening Worship ..... 6:30 p.m. Wednesday Family Night ..... 7 p.m.</p>
<p><b>Trinity Church</b>  An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>September-May Sunday School ..... 9 a.m. Worship ..... 10:30 a.m.</p> <p><a href="http://www.trinitychurchminot.org">www.trinitychurchminot.org</a></p>	<p><b>Immanuel Baptist Church</b>  1615 2nd St. SE • Minot • 839-3694</p> <p>Sunday Worship ..... 10 a.m.</p> <p>Wednesdays Soup Kitchen .. 11:30 a.m. - 12:30 p.m.</p> <p><b>Pastor Allen Lively</b> Sarah Dvirnak, Youth Director <a href="http://www.immanuelbaptistminot.org">www.immanuelbaptistminot.org</a></p>	<p><b>Zion Lutheran ELCA</b> </p> <p>1800 Hiawatha St. 852-1872</p> <p>Saturday Worship ..... 5 p.m. Sunday Worship .... 8:30 a.m. &amp; 11 a.m.</p> <p><b>John Streccius, Pastor</b> <b>Nathan Mugaas, Pastor</b></p>	<p><b>Vincent United Methodist Church</b>  1024 2nd St. SE • 838-4425 Behind Town &amp; Country Shopping Center open hearts...open minds...open doors!</p> <p>Saturday Informal Service ..... 5 p.m. Sunday Worship ..... 8:30 a.m. &amp; 11 a.m. Sunday School ..... 9:30 a.m. Coffee Fellowship ..... 10:30 a.m.</p> <p>Gary L. Ball-Kilbourne <a href="http://www.vincentumc.com">www.vincentumc.com</a></p>	

**Today**

- **Mega Mexican Platter Challenge**, 1600-2000, JDC
- **Anime Club**, 1630, Library
- **Lights & Strikes**, 1800-2300, Rough Rider Lanes
- **Rocker's Old School Night**, 2100-0100, J.R. Rockers

**Saturday**

- **Retiree Scramble**, 0900, Rough Rider Golf Course
- **Framing Class**, 1000-1600, Arts & Crafts
- **Scrapbooking at the Library**, 1000-1800, Library
- **Lights & Strikes**, 1800-2300, Rough Rider Lanes
- **Hip Hop Nite**, 2300-0400, J.R. Rockers

**Sunday**

- **All-Ranks Champagne Brunch**, 1030, JDC

**Monday**

- **Ladies Day**, 0800-1200, Rough Rider Golf Course
- **Buck Bowling**, 0900-1500, Rough Rider Lanes
- **Lunch Special**, 1100-1400, Kelley's Place

**Tuesday**

- **Beginning Crocheting Class**, 1300-1430, Arts & Crafts
- **Lap Swim**, 1200-1300, Outdoor Pool
- **Family Night**, 1700-2100, J.R. Rockers

**Wednesday**

- **Double Stamp Wednesday**, 1100-1400, Rough Riders
- **Roller Skating**, 1300, Youth Center
- **2-4-1 Burger Night**, 1700-2100, J.R. Rockers

**Thursday**

- **Summerfest Sports Day**, 0730-1530, Fitness Center
- **Flag Football & Cheerleading Registration**, Sept 1-30, Youth Center
- **Recipe Swappers Club**, 1830, Library

**September 2**

- **Retiree Day Golf Special**, 0800-1200, Rough Rider Golf Course
- **Lunch Special**, 1100-1400, Kelley's Place

**September 3**

- **Go to [www.5thforcesupport.com](http://www.5thforcesupport.com) to see Labor Day Weekend Facility Hours.**

**Ongoing Events**

- **Equipment Orientation Class**, By appointment, Fitness Center
- **On-Base Roadside Assistance**, Auto Hobby
- **Rough Riders Aug Specials**: Chicken Condon Bleu Pizza & Sub
- **Wrap of the Month - Aug- Oriental Sesame Chicken Wrap**, J.R. Rockers
- **Youth Employment Skills**, for ages 13-18, Youth Center
- **Aug Golf Special: FORE!!** Bring your family of 4 to the course for 18 holes of golf and 2 cart rentals for \$40 (\$65 value)
- **Dance Registration**, Aug 15-Sept 29, Youth Center
- **Flag Football & Cheerleading Registration**, Sept 1-30, Youth Center

**Main Gate Traffic Info**

From Aug. 1 to Sept. 10, the Minot Air Force Base main gate will only be open to limited traffic, Monday through Friday from 6 a.m. to 5:30 p.m. Limited traffic includes Medical Group appointments and housing residents. The main gate will be closed to all traffic on weekends, holidays, and down days. The south gate will open for 24/7 operations during this time, excluding visitor passes. The north gate will be open from 6 a.m. to 5:30 p.m. for oversized and contractor vehicles. The north gate will replace south gate operations during the aforementioned time period.

**Retiree Scramble**

The Retiree Scramble Golf Tournament will be held August 27th at 9 a.m. at the Rough Rider Golf Course. Teams of four will consist of retirees, active duty, and spouses. The entry fee for the tournament is \$15 per person; green fees and cart rental extra (includes meal). The tournament is sponsored by

the David C. Jones Chapter of the Air Force Association. No federal endorsement of sponsor intended. Call the Rough Rider Golf Course at 723-3164 for more information.

**Mandatory School Bus Meeting**

There will be a mandatory school bus meeting on Monday, August 29th at 7 pm at the Base Theater for any student that plans to attend Magic City Campus, Central Campus, or Souris River Campus for the 2011-12 school year. At least one parent is also required to attend the meeting with their child. The meeting is being conducted by Barry Brooks who is the Director of Transportation for the Minot Public School District.

**Flu shots available**

The 5th Medical Group will be holding a flu shot line next Monday through Thursday, Aug. 29 to Sept. 1, from 8 a.m. to 6 p.m. The shot line will be located on the third floor of the clinic, directly across from the stairwell. Signs will also be posted. Flu shots will be available for all active duty personnel and children aged 6 months to 18 years old. For questions regarding the flu shot program, please call the immunizations office at 723-5056.

**Minot AFB Basketball Team Tryouts**

Tryouts for this year's Minot AFB basketball team will be held on September 6th, 8th, 12th, 14th, and 15th at the McAdoo Fitness Center. The base basketball team is a traveling team which represents Minot AFB in competitions with colleges and other bases located in surrounding states. The tryouts are scheduled for 5 p.m. each day. For more information, call the Fitness Center at 723-2145.

**Pride of America Scramble**

Golfers can "tee it up" on September 11th during the Pride of America Scramble at the Rough Rider Golf Course beginning at 9 a.m. Entry fee for this 18 hole four person scramble is \$25 plus green fees and includes a meal after the tournament, Pro Shop games, and prizes; cart rentals are \$15. The tournament is sponsored in part by Ryan Family Dealerships. Deadline for tournament registration is September 8th. No federal endorsement of sponsor intended. For more information, contact the Rough Rider Golf Course at 723-3164.

**Badlands Horseback Riding**

Outdoor Recreation is offering an afternoon of horseback riding in the Badlands on September 10th. Cost is \$65 per person; includes transportation and a three hour horseback ride. Must be six years of age or older; age 17 and under must be accompanied by an adult. To reserve your spot, call Outdoor Recreation at 723-3648 by September 8th.

**Back To School Bash**

Join the Base Library on Saturday, September 10th when they host their Back To School Bash beginning at 1 p.m. Listen to stories about good, bad, and strange school days, craft some cool school supplies, and watch a cartoon about the misadventures of a fish who plays hooky from school. Whether you're finishing up elementary school or are still waiting to start kindergarten, you're welcome to join the fun. For more information, call the Base Library at 723-3344.

**Burger Doo It Your Way! Family Night**

The Jimmy Doolittle Center has the perfect cure for your delicious hamburger cravings. On Monday, September 12th, you won't want to miss Burger Doo It Your Way! Family Night from 5 - 7 p.m. You can build your own burger by choosing from ground beef, ground turkey, portobello mushrooms, and all the toppings. You start by choosing the kind and amount of meat, cheese, and seasonings you want. Then the Doolittle Center staff pack your burger and grill it to perfection. Once it's cooked and returned to you, you'll put it on your choice of bread and top with your choice of toppings. The meal is served with fries, fresh greens, and a drink. Cost is \$4 for club members and \$7 for non-members plus 50 cents for

each ounce of meat and cheese. To make this family night extra special, Dizzy the Clown will be performing a special show at 6 p.m. For more information on the Burger Doo It Your Way! Family Night, contact the Doolittle Center at 723-3731.

**Mega Mexican Platter Challenge**

Are you up to a challenge of mega proportions? The Mega Mexican Platter Challenge is a new promotion available on Fridays from 4-8 p.m. at the Doolittle Center. Customers who accept the challenge will attempt to eat a Mexican platter containing one chimichanga, two enchiladas, two tacos, refried beans, Spanish rice, and chips and salsa within a 30 minute time frame. If you're unable to complete the challenge, the meal costs \$15. For more information, contact the Jimmy Doolittle Center at 723-3731.

**Youth Employment Skills Program**

The Air Force Aid Society (AFAS) offers an on-base Youth Employment Skills (YES) Program that allows eligible youth an opportunity to learn valuable work skills while having a positive impact on their base communities. The YES program allows all certified and enrolled high school students to "bank" volunteer dollar credits towards their post-secondary education/training at a rate of \$4 per hour volunteered in an on-base position. For more information or to enroll in this great opportunity to "learn and earn", contact the Youth Director at 723-2838.

**Mom's Network**

Want a chance to network with mothers on base? Well here is your chance every Wednesday from 11am - 1pm you can join us at the Northern Plains Chapel Basement for a open house-type structure, come and go, snack and learn, share with others, called the Mom's Network. We are offering this service to provide support to new (and experienced) Moms to promote healthy nutrition for families, support breast feeding, etc. Each session will consist of an educational topic and snacks will be served. Come and join us! The Mom's Network is co-sponsored by Family Advocacy and HAWC. Contact Donna Burth, Rn Family Advocacy at 723-5140 or Sandra Horob, RD, HAWC at 723-2994.



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**Minot RCC Established**

The Minot Recovery Coordination Center (RCC) has been established. This service, free of charge, pairs volunteers with flood victims requesting volunteer assistance. Go to [www.minotnd.org](http://www.minotnd.org) to register for this service. Those without internet access may visit the Minot Municipal Auditorium at 420 3rd Ave SW between the hours of 9am-5pm to fill out the request for volunteer assistance form or volunteer form in-person. Free volunteer assistance available for: muck out, mold remediation, salvaging items, gutting, demolition, moving assistance, sanitizing, repairs and other needs! Registering your volunteer assistance needs with the Minot RCC is the first step in getting volunteer support. When volunteer teams become available and are able to access the flood-affected neighborhoods, the RCC will match your needs with a volunteer team that can assist.

**Free Medora Musical Tickets**

The Medora Musical is offering free tickets to flood victims on certain dates. Call 1-800-633-6721, and ask for the tickets under the Flood Block Code. The dates you can use them are: August 31 and September 1, 5-8.

**MAHC Annual 5k Fun Walk/Run**

Minot Area Homeless Coalition, Inc. 2nd Annual 5K Fun Walk/Run will be held on Saturday, August 27. The charity 5k fun walk-run to benefit the Minot Area Homeless Coalition. This is an "All comers" race (participants not put into divisions). It's a great way to test yourself against the whole field while supporting a worthy cause". Please note: this is a non-competitive charity run to aid the MAHC. There are no prizes promised or implied to those who participate. Contact the Homeless Coalition for more information or to register for this event. 701-852-6300.

**Montessori of Minot****Back to School Extravaganza**

Come to Montessori of Minot (1 mile north of the main gate of Minot Air Force Base) on August

27 for a day of fun from 10 a.m. to 2 p.m.. We will have a truck touch (a chance to see and touch big rigs, police cars, and more), bounce house, games, and tours of the school. This is a free event open to the public. The Montessori of Minot PTO will be selling concessions. For more information call 701-727-4994.

**"Summer Serenity" by Heavenly Harp Concert**

The concert will be held at the Minot Bread of Life Lutheran Church. (1415 17th Ave SW) on Saturday, August 27th at 7pm. Music featured will be harp, flute and vocal music performed by the mother-daughter duo Karin and Joy Gunderson professional musicians from Phoenix, AZ. The concert includes classical pieces, favorite hymns and inspiring stories. The event is free and the public is invited to attend. A free-will offering will be received and Heavenly Harp CD's and DVDs will be available. For more information contact Joylea at Bread of Life 838-3360.

**Annual Corn Feed & Silent Auction**

Anamoose Area Community Foundation will be hosting their annual Corn Feed & Silent Auction on Sunday, August 28th at the Anamoose City Park (moved to Fire Hall if weather becomes unfavorable). Many new items for auction including 1 Ton of anhydrous and also 80 acres 2011 Fall custom application of Anhydrous! The silent auction will be from 10:30 am to 12 noon; the corn feed from 11:00 am to 1:00 pm Entertainment will be provided by Heidi & Pastor Olson and also accordion music by Francis Seefeld.

**Gold Rush!**

Minot Magicians Football Fans are headed back to Duane Carlson Field on Friday, 9/2/2011 after playing at MSU last season. Come to the "Gold Rush" Please wear as much gold and glitz as possible! Friday, September 2 8:00 pm...Gold Rush!

**Electric Brigade FREE Concert**

The concert will be held at Magic City Campus,

Arvel Graving Theatre, on Friday, September 2, at 7pm. This is something the Naval Academy wants to do for the Minot Community in the aftermath of the flood and anyone from Minot or the surrounding area is invited to attend this event.

**Coca-Cola to Award Favorite Park**

Coca-Cola is giving away \$100,000 to your favorite park! Help Minot's Oak Park win up to \$100,000 - go to [www.livepositively.com/#/americas-parks/vote](http://www.livepositively.com/#/americas-parks/vote) and search for the city "Minot" to vote for Oak Park. Vote as many times as you would like between now and September 6th.

**Awana Club**

Join us at the First Baptist Church of Minot as they kickoff their Awana Clubs on Wednesday, September 7th at 6:30pm. Awana is a nondenominational ministry for children who are age 3 by August 31st and youth through the 12th grade. Awana is a Bible centered program where children and youth can learn about God and His Word, meet new friends, and participate in exciting games. Awana will meet every Wednesday night during the school year from 6:30pm to 8pm. First Baptist Church is located at 200 3rd St SW For more information, please call the church office at 852-4533.

**Kids in Need Foundation Helping Child Flood Victims**

The Kids In Need Foundation, a national, non-profit organization dedicated to providing free school supplies to economically disadvantaged school children and under-funded teachers, is accepting donations to provide school supplies to students affected by the record-breaking floods in Minot, North Dakota. Donors can visit the Kids In Need Foundation website and make a donation that will deliver school supplies, including paper, pencils, glue, notebooks, and scissors directly to the hands of local Minot teachers and students. Donations can be made at <http://kinf.org/minot> until September 15.

**Peace Garden Military Special**

International Peace Garden salutes our United States Military. Present your valid Military ID and receive 50% off of one vehicle admission (a \$5 value). This is good for the 2011 Spring and Summer season. Call 1-888-432-6733 or check us out at: [www.peacegarden.com](http://www.peacegarden.com).

**Singers Wanted!**

The Minot Chamber Chorale is seeking singers for the upcoming season. The Chorale was founded over thirty six years ago and is the only mixed community choir in Minot. Singers make a commitment to perform in the four concerts each season including a Fall Pops Concert, Renaissance Christmas Feast, Classical Works Concert and Spring Sampler Concert & Ice Cream Social. To schedule an audition contact the conductor, Bob Demke at 721-4548 or [rcinvest@srt.com](mailto:rcinvest@srt.com).

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**LOCAL CULTURAL DANCERS NEEDED-** The MinotAFB planning committee is seeking dancers who specialize in: American Indian, African, Hispanic/Latino, Tahitian, Asian/Pacific Islander, Turkish, European and other historical dance genres, for the upcoming Minot Diversity Day. The event is scheduled for August 19, 2011. Interested groups/individuals should contact the Minot Equal Opportunity Office at DSN: 453-2711 or Commercial: 701-723-2711 for additional information.

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1	8	6	2	7	9	3	5	4
2	4	3	5	1	8	7	6	9
5	9	7	3	4	6	8	2	1
8	5	4	6	2	7	1	9	3
3	1	2	9	5	4	6	8	7
6	7	9	8	3	1	2	4	5
7	2	8	1	9	5	4	3	6
9	6	1	4	8	3	5	7	2
4	3	5	7	6	2	9	1	8

Answers to puzzle on page 11

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**\$109,800**  
  
3 bedrooms and 2 baths with an oversized single stall garage. Home has been stripped and sanitized and ready for re-model. Huge backyard to the park. The home was in the 2011 flood and had about 4 inches on the main floor. Call Lorell Seibold Today! #20111410

**\$99,450 Glenburn**  
  
Your next home! This 3 bedroom 2 bath home in Glenburn features maintenance free vinyl siding, large master bedroom with a 3/4 bath, and a formal dining room. Hardwood laminate flooring, an attached garage and a dog kennel all on a large corner lot across from the school. Call Aisha Vadell Today! #20111406

**\$116,600**  
  
Flooded Home. Being sold "AS IS". Very nice brick home is being cleaned out to the 2" x 4"s, washed, and sanitized. Soon to be ready to rebuild in your style. Nice detached 2 car garage to compliment the single attached garage. Call Clyde Thorne Today! #20111398

**\$46,000**  
  
A newer mobile home that was moved before the flood, no damaged. Three (3) bedrooms and 2 bathrooms, nice open living room-dining room-kitchen area. Home is ready to be moved to your new location. Call Clyde Thorne Today! #20111395

**\$35,000**  
  
This 2 bedroom 1 bathroom home with a double attached garage has been cleaned out after the flood. Home is being sold "AS IS". Call Bruce Walker Today! #20111392

**\$48,000**  
  
Upstairs virtually not affected by the flood. 2 bed 1 bath with eat in kitchen, stucco siding and a 1 stall garage. Homes main floor and basement have been gutted and sanitized. Quiet park and alley access behind home. Call Aisha Vadell Today! #20111382

**\$79,800**  
  
3 bedroom 1.75 bath home with 1532 square feet on the main floor. Single stall garage. Was in the 2011 flood and has been stripped, cleaned and sanitized. Call Lorell Seibold Today! #20111381

**\$274,000**  
  
Move right in! Welcome home! This home has potential for 5 bedrooms, large main floor master bedroom with patio doors and a full bath. 3 nice sized bedrooms upstairs with one that has a full bath. Beautiful open kitchen with stainless steel appliances. The double attached garage is insulated & sheet-rocked. Call Dawn VerBruggen Today! #20111376

**\$125,000**  
  
Historical home in Eastwood Park with 3 bedrooms and 3 bathrooms. Home was flooded and is waiting for you to restore the natural charm! This home is listed on the Historic Register. All cabinet doors and interior main doors were removed before the flood. Call Bruce Walker Today! #20111375

**\$218,000**  
  
Large 100 x 175 lot, house with 3 bedrooms. Great rental property with room for another small house or manufactured home. 36 x 40 garage, very nice large private yard. Call Lori Henderson Today! #20111005

**\$151,900 Kenmare**  
  
A very clean Ranch style home in Kenmare! Main floor features are large living room, open dining/kitchen all with laminate flooring, 3 nice sized bedrooms and 1 full bathroom. This home also features and attached garage. Call Jerry Thomas Today! #20110886

**\$69,000 Bowbells**  
  
Cozy 3 bedroom 1 bath home with Main floor laundry. Two stall attached garage. Large lot with gazebo and storage shed. Located one block from Main St. in Bowbells. New laminate wood flooring on main floor. To be sold "As Is". Call Brad Torkelson Today! #20110802

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Alish Charley.....701-509-5362  
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Todd Fettig.....852-0136  
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Tasha Haugen.....721-9969  
Lori Henderson.....721-0158  
Danette Krumwiede.....720-2335  
Brenda Larson.....578-5480

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Brad Torkelson.....339-8907  
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