

# northern sentry

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## SORTIES DISPLAY

5 BW Flying Goals, September 2011

SQUADRON	SORTIES	FLOWN	DELTA
23rd BS/AMU	44	00	0
69th BS/AMU	44	00	0



## WELCOME HOME DEPLOYERS

Minot Air Force Base welcomes home its deployers! Family and friends, coworkers and commanders, all share in the warm-hearted feeling when their Airmen return safely from their deployed location, wherever in the world this may have been.

The following Airmen have recently returned from deployment:

**5th Operations Support Squadron**  
Staff Sgt. John Williams

**5th Medical Group**  
Capt. Tracy Brannock

**5th Civil Engineer Squadron**  
Senior Airman Benjamin Dickson

**5th Logistics Readiness Squadron**  
Senior Airman Gregory Smith  
Airman 1st Class Dallas Parsons  
Airman 1st Class Matthew Bush  
Airman 1st Class John Johnson  
Airman 1st Class David Judy



(U.S. Air Force Photo/Senior Airman Jesse Lopez)

Minot Mayor Curt Zimbelman alongside Josh Duhamel, actor and Minot native, speak to nearly 16,000 people in attendance for The Black Eyed Peas concert at the North Dakota State Fairgrounds, as part of an event orchestrated to support the flood relief, here Sept. 3. More than 200 Minot AFB Airmen volunteered to set up the electrifying evening, as a night of celebrity-filled fun comforted many Minot residents and Airmen who are still recovering from the tragic flood's aftermath that displaced one-fourth of the city. All concert proceeds will go to the Minot Area Community Foundation's Minot Area Recovery Fund to assist victims in Minot and surrounding flood affected communities. See full story and more photos on the front page of section 2.

## First New START inspection a success

**Airman 1st Class  
Jose L. Hernandez**

Minot Air Force Base Public Affairs

Minot AFB successfully completed its first New Strategic Arms Reduction Treaty (NST) inspection Aug. 23 when the 91st Missile Wing was selected for a NST Missile Base type One Inspection.

As part of the treaty implementation, a team of ten Russian Federation inspectors, escorted by eight Defense Threat Reduction Agency Escorts from Travis AFB, Calif., conducted a Type One inspection, designed to confirm the accuracy of the declared data on the number and types of deployed Intercontinental Ballistic Missiles at Minot AFB.

New START, which entered into force Feb. 5, 2011, calls for the United States and the Russian Federation to significantly reduce their strategic offensive armaments. It also allows for verification of data via national technical means (satellites) and on-site inspections.

According to the Minot AFB Arms Control Office, there are two types of inspections outlined in NST. A Type

One inspection focuses on operational systems (such as the ICBMs and bombers at Minot AFB) and Type Two inspections focus on non-operational systems (such as those at a storage facility).

Under the treaty Minot is subject to up to four short-notice NST inspections per treaty year, two for the 91st MW and two for the 5th Bomb Wing. Minot AFB is a key player during New START inspections because it hosts both the Minuteman III ICBM and B-52H Stratofortress, both equipped with nuclear armaments. Mr. Patrick Travnicek, treaty compliance officer, said once the base was notified of the inspection on Aug. 21, the United States had 24 hours to get the inspectors on base. He added his team of experts were in charge of facilitating the overall inspection and ensured everything ran smoothly. He said it was important for the entire inspection sequence to flow adequately and to ensure everything went as scheduled.

"We built a schedule and timeline and were able to follow it successfully throughout the entire inspection," said Travnicek.

Col. Stephen Davis, 91st Missile Wing commander, said he was proud of the inspection's success because it reinforces the country's trust in our Airman to be stewards of America's nuclear deterrent capabilities.

"It's imperative to meet our treaty obligations and Team Minot has done that in a superb fashion given the on-going flood recovery" said Davis. "This success will help strengthen confidence between our great Nation and the Russian Federation."

Travnicek attributed the success of the inspection to the hard work of all Team Minot members who always put forth their best at all times.

"The Minot Air Force Base team has spent countless hours writing and practicing plans," said Travnicek. "We did anything from tabletop discussions to mock inspections in preparation for the first New START inspection."

With more New START inspections likely to follow in the future, Mr. Travnicek said his team of experts will continue to make sure the base is ready to comply with the specific treaty obligations that affect base activities.

## CORRECTION

In the Sept. 2 issue of the Northern Sentry, we inaccurately identified the aircrew that completed the historical flight over the North Pole. The correct squadron this crew is assigned to is the 23rd Bomb Squadron. We apologize for any inconvenience.

# Kadena Airmen provide relief to Minot flood victims

By Staff Sgt. Christopher Hummel  
18th Wing Public Affairs

KADENA AIR BASE, Japan (AFNS)-Members of Kadena Air Base gathered for a 5K fundraiser Sept. 1 to help Air Force Global Strike Command Airmen and their families affected by the recent flooding situation at Minot Air Force Base, N.D.

More than 130 Airmen navigated the 3.1-mile course in a show of support for their fellow wingmen of the 5th Bombing Wing and 91st Missile Wing.

The fundraiser was put on by a 13-member coordination team led by Tech. Sgt. Kevin Brown of the 718th Civil Engineer Squadron. The team helped participants follow through with their desire to lend a hand. Brown said the event raised \$2,000 toward flood relief efforts.

"We started planning the event in June during the height of their emergency," Brown said. "Our (Kadena Air Base) 56 group contacted the first sergeants council at Minot AFB to offer our assistance."

Master Sgt. Patrick Lund, 5th BW Medical Group first sergeant, said he was grateful for the contributions offered by Kadena Airmen.

Senior Airman Mary Fawcett, a member of the 18th Dental Squadron and first-place finisher in the women's category said the run meant a lot to her. "I just returned from a deployment to Iraq where I was stationed with a lot of Airmen from Minot (AFB). They returned to a home damaged by this flood."



(U.S. Air Force photo/Staff Sgt. Christopher Hummel)

Participants of the 5K fun run designed to aid flood victims from Minot Air Force Base, N.D., gather at the finish line to hear the fundraising results Sept. 1, 2011, at Kadena Air Base, Japan. More than 130 Airmen raised \$2,000 during the event.

The record flooding in Minot was called the "100-year flood." It displaced more than 10,000 residents of the city including more than 1,000 Team Minot Airmen.

"The funds we were able to raise today will hopefully be able to replace

things lost in the flood," said Tech. Sgt. Saquadrea Crosby, another event coordinator from the 18th Aerospace Medical Squadron. "Maybe some of the money can be used to purchase supplies for school, which is just about to start over there."

Local North Dakotans and Minot AFB Airmen weren't the only people impacted by the disaster. In a June 27 announcement, Air Force officials halted all moves to Minot - a decision that has yet to be rescinded.

[Noted: Minot Air Force Base Public Affairs contributed to this story.]

# 5th BW commander sets forth priorities

by Airman 1st Class  
Jose L. Hernandez

Minot Air Force Base Public Affairs

During a series of commander's calls held here recently, Col. James Dawkins Jr., 5th Bomb Wing commander, laid out his top priorities and expectations for all Warbird Airmen.

Dawkins reaffirmed the wing's mission, "Our mission has not changed. We exist to deter America's enemies. If deterrence fails, we will hunt down and destroy our country's enemies."

Among the commander's top priorities were warfighting readiness, creating future leaders, taking care of Airmen and their families, and ensuring Airmen remain both physically and mentally fit.

"War-fighting readiness comes from knowing your mission and how to accomplish it," said Dawkins.

As for creating future leaders, he emphasized the fact all Airmen are part of the number one Air Force in the world and it was essential to safeguard that by creating the next generation of officer and enlisted leadership.

Dawkins also explained the Air Force is like a family and therefore, it is necessary for all Airmen to take care of each other as family members.

Highlighting the importance of staying physically and mentally fit was a priority Dawkins underscored as vital, explaining physical fitness goes beyond just passing a PT test. He stressed the necessity of having the physical reserve to continue supporting the mission when necessary at all times and maintaining readi-

“ War-fighting readiness comes from knowing your mission and how to accomplish it.

- Col. James Dawkins, Jr., 5th Bomb Wing commander

ness for unexpected deployments in order to provide support in war zones.

The commander's priorities went hand-in-hand with the expectations he required of Airmen. In all, Dawkins set forth seven expectations which included:

- Excellence and confidence in everything
- Maintaining a warrior mentality
- Readiness at all times
- Setting a high bar of expectations for performance
- Enforcing Air Force core values

always and everywhere

- Holding each other accountable
  - Adhering to basic standards in order to build trust and confidence
- "We have proven ourselves before," said Dawkins. "But we have to move forward."

Whether it is having the mentality of being a warrior, not taking no for an answer, and setting a high standard of expectations for performance, Dawkins expressed the necessity to implement such values in order to prove to the world the 5th BW's capabilities in excelling in its mission.

Dawkins closed by reminding the Airmen to truly remember his priorities, the mission, and the expectations he set forth.

## Air Force Chaplains contribute to recovery efforts



(U.S. Air Force Photo/Senior Airman Jesse Lopez)

Minot AFB chaplains recently presented a \$110,887 check to Operation Warmheart's Minot Flood relief on behalf of the Air Force Chaplain Corps. Base leadership praised the charitable contributions as a testament to the Air Force's dedication in taking care of its family. In total, Operation Warmheart has received \$175,000 in contributions from across the globe. Funds from donations are currently being used to help Airmen and their families with grants to help offset flood related expenses. Approximately \$95,000 has been given to Team Minot Airmen in need.

# Take precautions this season, hunting the safe way

By Rod Krause

5th Bomb Wing Ground Safety

Whether a person's been hunting for years or it's their first time out, hunting is bound to present a new adventure every time. The success of a hunting trip is dependent on who a person hunts with, what the person is hunting, when and where he or she is hunting as well as how he or she prepares for the hunt.

Who a person hunts with is an important determinant of how successful the hunt is. A person's experience, habits and general knowledge of wild game are all key factors contributing to a person's ability to hunt well.

Normally an experienced hunter will ask a potential partner numerous questions to determine whether they would hunt well together. This is especially important considering that approximately 40 percent of the hunters injured each year are accidentally shot by their hunting partner. Another 35 percent accidentally shoot themselves. Both parties' skill levels and knowledge base are crucial to ensuring a safe hunting trip.

The type of wild game being hunted also contributes to the success of a hunting trip. Some of the most commonly hunted game includes deer, elk, bear, duck, turkey, quail, pheasant, squirrel, rabbit, grouse, fox and raccoon. Skunk, boar, woodchuck, coyote, weasel and porcupine are also commonly hunted.

The hunting seasons do overlap. This tends to increase the chances of a serious hunting accident. Some of the most serious accidents typically occur during deer season. This is mainly because of the greater shooting distance and higher destructive power associated with the high velocity rifles used.

The time in which a person hunts is another factor to consider while hunting. One may want to consider scheduling the hunt when the activity level of the game is low, such as deer and bear. Since the total number of hunters is highest when big game season first opens up, scheduling the hunt in the middle or last part of the hunting season will reduce the risk of an accident occurring.

Where a person hunts is an extremely important factor to consider. The location a hunter chooses could



be a matter of life and death. A hunter could just jump in a vehicle and drive for hours to hunt in a random area they have never been to before.

However, this type of hunting practice is likely to end badly. A hunter should always do some pre-hunt scouting to visually check the planned hunting areas.

Scouting involves checking the land to ensure that it is open to hunting. It also involves the checking for trails and ponds, checking for game and also determining the usability of cellular phones in the area.

If a cellular phone doesn't have a strong signal in the hunting area, locating an occupied area where telephones or help may be available should be part of the planning phase. Talking with local officials and residents is another good way to prepare for a hunt.

How a person hunts will also

greatly determine the success of a trip. Just as hunting seasons overlap, weapons used may also have some overlap. Muzzleloaders, assorted firearms and the bow and arrow (archery) may be used as long as one abides by the rules and guidelines set by each state. Each state usually publishes hunting regulations and pamphlets with special game permits. These are a must read for all hunters.

Cellular phones and two-way radios allow hunters to stay in contact with each other. These devices are also important to hunters in the event of an emergency. A backpack with food, water, a first aid kit, a flashlight, blankets and tools should accompany a hunter during a trip. Mirrors and flares are other key items to take with to use as signaling devices. These should be taken with no matter what the location is.

Most states also ask or require

hunters to wear orange clothing. This helps other hunters to be absolutely positive of their target. Always consider what is behind the targeted game to ensure the projectile doesn't glide through buildings, people or in the direction of a road. One of the oldest safety messages is to remain in control of the firearm's muzzle.

Firearms should be properly secured and stored on base. This can be accomplished through the security forces armory.

Always be sure to communicate planned courses of action for any potential situations, wear hunter orange clothing, pick hunting buddies with care, and keep the gun barrel pointed in the right direction! For a list of the North Dakota hunting season dates, please visit <http://gf.nd.gov/about/season-dates.html> and remember to be safe this season.

## August Articles 15

### Base Legal Office

Nonjudicial punishment, also known as an Article 15 punishment, provides commanders with an essential and prompt means of maintaining good order and discipline and promotes positive behavior changes in service members without the stigma of a court-martial conviction. Punishment is determined on a case by case basis. In August 2011, the following Minot Air Force Base service members were punished under Article 15 of the Uniform Code of Military Justice:

An airman first class from the 5th Aircraft Maintenance Squadron received a suspended reduction in rank to airman, forfeiture of \$250 pay per month for two months and a reprimand for two violations of Article 92, minor in consumption and dereliction of duty.

An airman first class from the

5th Aircraft Maintenance Squadron received a suspended reduction in rank to airman, 15 days restriction to base, 15 days of extra duty and a reprimand for violating Article 92, failure to obey.

An airman from the 5th Civil Engineering Squadron received a reduction in rank to airman basic, 15 days restriction to base, 10 days of extra duty and a reprimand for violating Article 92, minor in consumption and Article 111, driving under the influence.

An airman from the 5th Force Support Squadron received a reduction in rank to airman basic, suspended forfeiture of \$250 pay per month for two months and a reprimand for two violations of Article 92, minor in consumption and sleeping on duty and Article 112, driving under the influence.

A senior airman from the 5th Medical Operations Squadron received

a suspended reduction in rank to airman first class, forfeiture of \$250 pay per month for two months and a reprimand for violating Article 86, AWOL and Article 134, incapacitated for the performance of duties.

An airman first class from the 5th Medical Operations Squadron received a suspended reduction in rank to airman, forfeiture of \$140 pay per month for two months, 14 days of extra duty and a reprimand for violating Article 86, failure to go.

An airman first class from the 5th Maintenance Squadron received a suspended reduction in rank to airman and forfeiture of \$411 of pay per month for two months for violating Article 92, dereliction of duty and Article 134, child endangerment.

A staff sergeant from the 5th Security Forces Squadron received a reduction in rank to senior airman and a reprimand for violating Article 111, driving under the influence.

A senior airman from the 5th Security Forces Squadron received a reduction in rank to airman first class, forfeiture of \$975 pay and a reprimand for violating Article 92, dereliction of duty and Article 107, false official statement.

A senior airman from the 5th Security Forces Squadron received a reduction in rank to airman first class, 10 days of extra duty and a reprimand for violating Article 86, AWOL and Article 92, dereliction of duty.

A senior airman from the 5th Security Forces Squadron received a reduction in rank to airman first class and a reprimand for violating Article 91, disrespect towards an NCO and Article 92, dereliction of duty.

A senior airman from the 5th Security Forces Squadron received a reduction in rank to airman first

**ARTICLES 15** continued on page 5

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We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication.

The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

## OPERATIONS SAFERIDE

Operation SafeRIDE is a voluntary organization ready to provide assistance to Airmen in need of a wingman. Airmen can call **723-7233(SAFE)**.

Volunteers for the week and weekend of July 18 to July 25 and July 21 to July 23 are from the 91st Missile Security Forces Squadron.

**Lives saved through  
July 18: 726**

## Never stop trying

KABUL, Afghanistan (AFNS) - As Sept. 11 approaches, I find myself once again in Afghanistan, this time for a year. This mission is different from the last. Instead of supporting missions to "seek out and destroy the enemy," I am here to train members of the Afghan Air Force on how to do my job: aircrew flight equipment.

I'm also teaching them how to manage their people and resources as well as how to solve problems on their own. I assure you, it's not an easy task with their lack of classroom education and cultural differences.

Thinking back on where I was and what I was doing on 9/11, I'm reminded of the pain and anger I felt at such a senseless act. On 9/11, I saw every one of "them" as the enemy. My anger was boiling over and I wanted all of them eradicated from this earth. I'm sure many others felt the same way as they watched the horrors unfold on the news, replayed repeatedly.

What came to mind later as I calmed down were the millions of innocent men, women and children who had nothing to do with these acts of terrorism. I slowly began to realize that 9/11 was not the work of all the people who are Muslim or from the Middle East, but the work of small extremist groups.

I reserved my anger for the ones responsible, the factions and groups of extremist Muslims who hate Americans and wish to see us die. I consciously decided it was not right to judge them all on the actions of a few.

However, on April 27 this year, nine of my friends and coworkers were killed by one of the Afghans we were training. It was by far the single most horrifying experience of my life. My reaction of rage and disbelief was very similar to my feelings on 9/11. I

felt an overwhelming anger that sickened me. Why did my friends have to die so senselessly? I felt myself looking at every Afghan I saw with pure hatred.

After the shootings, I struggled to regain my enthusiasm for what I was doing here. How could I help these people, not knowing if their secret agenda was to kill me? On my first day back to work it was clear that "my" Afghans had no such intentions toward me.

The sadness and pain in their eyes told me what I needed to know. They feared I would hate them for their fellow comrade's actions and decide to no longer help them. As much as I wanted to, I couldn't hold it against them. These men didn't kill my friends. They were trying their best to do what any of us would want: to make a better life for themselves, their family and their country.

Weeks later during a conversation with my Afghan interpreter, I asked him if he thought his country would ever be able to get rid of the Taliban, Al-Qaeda and the warlords who ravage the country. Were we here for nothing, wasting our time and money? He asked me if the U.S. has ever been able to get rid of all its "bad guys," those who rob, rape and murder.

"No", I said. "Of course not, but we will always keep trying to make it better."

"That's all we are trying to do as well," he responded.

His simple statement stuck with me. They should have the chance to try and make a better world for themselves, for the good men who are weak to become strong and capable of fighting the evil men.

I see the innocent children smiling

Commentary by Master Sgt. Sonya L. Couture  
438th Air Expeditionary Wing

and waving excitedly, giving us the "thumbs up" as we convoy down the dirty streets of Kabul. We are hope to them and their future. I visit injured children in the hospital and absorb some of the positive, radiant energy they each have despite their injuries and constant struggles. These kids deserve to have a better life. The men I am training are trying to make this a better place for their families, the same thing we strive for every day, and I am proud to be a part of it.

On Sept. 11 at an Afghan Air Force base, we will read the names of the 3,000-plus victims who died on that day and raise our flag in their honor.

Who would have ever thought we would get to this point?

As we pay tribute to and honor those who lost their lives on that day, let us not forget how blessed we are to be citizens of the United States. It is by the grace of God that we did not find ourselves born into a country such as Afghanistan where life is harder and more uncertain than we could ever imagine.

In February next year, I will be on my way home to my family. I will leave this country behind and wish them well in their endeavors to become a better, stronger country. Nothing can change what happened on Sept. 11, 2001, nor bring back the loved ones, family and friends who were lost then or during the war that followed.

All we can do is continue to honor their memory, to never forget and to keep fighting for something more - a better world so this never happens again. We will never be able to wipe out all of the "bad guys" in this world, but that doesn't mean we should ever stop trying.

## Leaving the kids at home

JOINT BASE CHARLESTON, S.C. (AFNS) - When my wife and I had our first child, it was difficult to convince her to get a babysitter and take an evening off. On those rare occasions when she did take a break, my wife would leave a list of dozens of instructions for the sitter, which amused me to no end. As our girls have grown older and become more independent, I've noticed the list becoming shorter and shorter.

When I took command and had to leave my squadron for the first time, I ensured I gave detailed instructions on what to do and whom to contact. My wife just shook her head and laughed. I was nervous about "leaving

home." Not my actual home mind you, my wife had and still has the handle on that. No, I was nervous about leaving the squadron. What if something happened?

How, as a leader, can you tell if you've properly trained your Airmen? There are lots of "measurable" ways, such as operational readiness inspections and other exercises.

However, a boss of mine once said to me: "You need to train your replacement." This is good, sound advice. He also said to teach your Airmen to think two levels up so they can fill those jobs when needed and, just as importantly, can provide the answers and problem solving you

need when you ask for it.

So, is there a way to tell if your Airmen are ready? You can send them on exercises of course, and deployments always test people. But one way I've learned to determine if my Airmen are ready is to go on temporary duty myself.

In my current assignment, I don't travel much; however, when I do, things tend to happen. When I first took command, I didn't want to leave the squadron, afraid that I'd miss something or that something would happen and I wouldn't be there to handle it. That wasn't new to this job.

**LEAVING** continued on page 5

## MAFB EMERGENCY PHONE NUMBERS

**BASE EMERGENCY**  
911 or Cell 727-1911

**BASE CRIME STOP**  
723-7867 (STOP)

**LAW ENFORCEMENT**  
723-3096

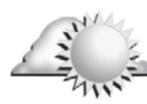
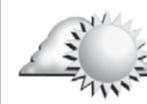
**SECURITY**  
723-3011

**FIRE**  
723-2461

**ROAD CONDITIONS**  
723-1190

**SAFE RIDE**  
723-7233 (SAFE)

## WEATHER FORECAST

Fri 9/9	Sat 9/10	Sun 9/11	Mon 9/12	Tue 9/13
				
<b>85/55</b>	<b>84/57</b>	<b>83/48</b>	<b>67/45</b>	<b>69/46</b>
A few clouds. Highs in the mid 80s and lows in the mid 50s.	Abundant sunshine. Highs in the mid 80s and lows in the upper 50s.	Plenty of sun. Highs in the low 80s and lows in the upper 40s.	Mostly sunny. Highs in the upper 60s and lows in the mid 40s.	A few clouds. Highs in the upper 60s and lows in the mid 40s.



## Minneapolis: A tourist haven

**By Senior Airman Ashley N. Vecilla**

Minot Air Force  
Base Public Affairs

Those interested in taking a little break from Minot can visit what the surrounding areas or even take a trip out to Minneapolis.

For a couple hundred-dollar plane tickets or an eight hour car ride, you may be able to find yourself in the tourist heaven that is Minneapolis. One can always make a stop in Fargo, N.D. as well and take advantage of the many cuisines not found near Minot.

If choosing to drive out to the city, you have the option of taking advantage of the new scenery. Once entering Minnesota, the scenic landscape becomes one of mountains and vegetation.

Those who may not feel comfortable driving around

a big city like Minneapolis also have the option of riding the light rail and bus system which has a cost of up to \$2.25. There are also buses running along Nicollet Mall which are accessible free of charge.

Minneapolis is a place where one can find an assortment of activities to do including visiting museums, restaurants, shopping and various outdoor activities among other things.

A visit to the Mall of America is of course a must for all shopping enthusiasts. It not only has a large range of stores to shop from, but an aquarium and Nickelodeon center for children. America's largest mall is quite sizeable and families can expect to spend the whole day there. As a matter of fact, people are known to make a couple of stops back at their vehicles to drop off the many shopping bags accumulated.

Those interested in exquisite dining can try one of the many restaurants available throughout the city. The Midtown Global Market is small, but has a large assortment of international foods and souvenirs to satisfy any visitor. Chinese, Mexican, or Middle Eastern food, it's there. Grab a gyro to go, or buy a few groceries.

Families can also soak up the sun by taking a bike ride or spending the day at one of the many outdoor festivals. Try taking a walk or carriage ride through downtown for a fun and relaxing time.

Whatever your interests, Minneapolis definitely has something for you. Spending more than a weekend in Minneapolis is highly encouraged. Two days is not enough time to experience everything.

For more information on Minneapolis attractions, visit [www.ci.minneapolis.mn.us](http://www.ci.minneapolis.mn.us).

## The choice of re-enlistment

**By Senior Airman Ashley N. Vecilla**  
5th Bomb Wing Public Affairs

As the band, The Clash, once sang, "Should I stay or should I go", staying or separating from the U.S. Air Force is one question many Airmen have to ask themselves nearing the end of their enlistment.

During a time when government officials say jobs are hard to come by and there is not much economic hope in America's immediate future, many young Americans are relying more and more on the military for economic stability, evident in the military's growing population.

The Informed Decision Seminar, an informative program designed to assist Airmen in the decision of whether or not to re-enlist, is provided to point out the pros and cons of re-enlisting in the Air Force.

This seminar is a required, four hour seminar all first- and second-term Airmen take within the last year of their enlistment. The seminar reminds Airmen of the reason why they joined the military and explains the benefits of staying enlisted. However, the main point of the seminar is to remind Airmen of the importance of planning ahead.

The series of seminar briefs also explained benefits and programs many Airmen may not be aware of. Lois Nelson, Minot AFB education center counselor, provided an array of educational programs, such as the Reserve Officers' Training Corps and the Airmen Education Commissioning Program. Both programs designed to pay for military members' ability to go to school full-time.

Nelson also mentioned states that help former military members pay for their college tuition as well.

Whether Airmen decide to separate or not, the Informed Decision Seminar is a mandatory brief all Airmen can benefit from.

Like Master Sgt. Steven Ekker, 5th Force Support Squadron career assistant advisor, said, "Failing to plan equals planning to fail."

## LEAVING continued from page 4

just magnified by my new scope of responsibility.

I failed to take a few things into account though. First, the squadron had been there before me and, if all goes well, will continue long after I'm gone. Second, we have incredible Airmen in today's Air Force who make things happen, even in situations they have never faced. Third - and this may have been the most difficult to accept - they can and will survive without me.

That's actually the key. If you've trained, mentored and nurtured your Airmen correctly, they'll survive, if not thrive, without you there to oversee things. Not that I'm saying they're going to do better without you, although that too may happen. No, what I'm saying is they'll be ok.

As I said earlier, things tend to happen back home when I go TDY or am out of the office. In our squadron, with its crisis response mission, those things tend to be, well, crises.

Did and do I want to be there running things when we have to respond or there's an emergency? Sure I do. But I know that I have strong,

competent Airmen who will accomplish the mission no matter what. I know that I can leave them alone and they'll perform. They keep me informed but perform the mission.

To me, that's the true mark of how one is succeeding as a leader and mentor. If you still have to be the action officer as a leader, you haven't trained your Airmen well. If they aren't empowered to accomplish the mission and have to run to you for every minor decision, you've done them, and yourself, a disservice.

If, however, you can and do leave them and they perform well, you've done the right thing. You've trained them to be leaders, to get the mission done. You've trained your replacements and done them and the Air Force a service. You've helped ensure the future.

My own kids are getting older and more independent. In a few years, they'll be old enough to stay home on their own. I'm no longer dreading that day, or dreading it as much anyway, because we've given them the tools to succeed.

Can you leave home?



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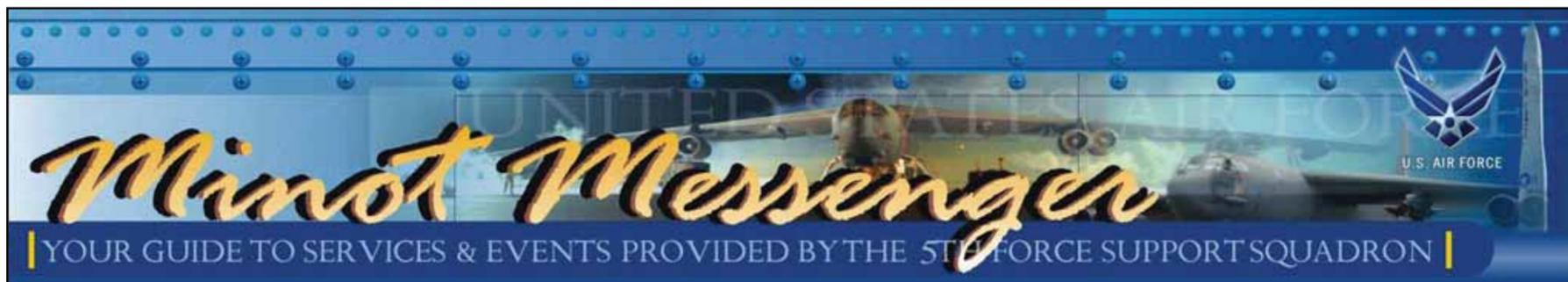
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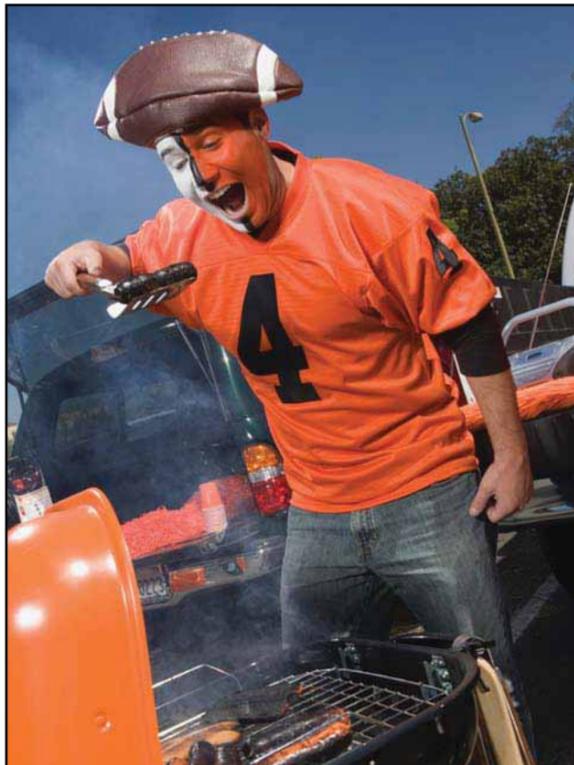
## Football Frenzy At J.R. Rockers Kicks Off With Tailgate Party

It's time to cheer on your favorite NFL team as J.R. Rockers kicks off this year's Football Frenzy promotion with a spectacular Tailgate Party starting at 11 a.m. on September 11th. The event is free for club members and \$5 for non-members. Enjoy a special free buffet while it lasts starting at 11 a.m. featuring grilled burgers and brats, baked beans, and coleslaw. Then catch all the action on the big screen on the patio or on one of the many televisions located throughout J.R. Rockers. This is your chance to register for Frenzy prizes as you enjoy a great day of NFL Sunday Ticket football action.

You won't want to miss out on all the beverage combo specials available including 10 wings and a pitcher of beer for \$8.95, 10 wings and a pint for \$5.95, 10 wings and a Euro pint (22 oz.) for \$6.25, or 10 wings and a pitcher of soda for \$6. Enjoy drink specials including a Mug Club special for \$2 or pitchers of domestic beer for \$5.95. Specials are valid for in-house only.

Club members who participate in the Football Frenzy promotion have a chance to win a trip to the Super Bowl or one of two regular season games. Members need only attend a Football Frenzy event at J.R. Rockers and fill out an entry form to be registered to win.

Only adults will be allowed in the lounge during the Football Frenzy Tailgate Party. Children age



12 and older will be allowed in the Top of the Rock when accompanied by parents. The dining room is closed on Sundays; however, the football menu is available.

For additional information, call J.R. Rockers at 727-ROCK.

## Register By September 15th For 3-D Archery Tournament

Show off your archery skills during the 3-D Archery Tournament September 17th from noon to 4 p.m. The tournament features fifteen 3-D Rinehart targets at the outdoor range with two rounds of shooting the targets. Divisions will be individual with different shooting categories. Cost is free for archery members; non-members must become members to participate. Yearly membership cost is \$35/year for single persons and \$45/year for families. Register at Outdoor Recreation by September 15th. For details, call Outdoor Recreation at 723-3648.



## Burger Doo It Your Way! Family Night At Doolittle Center On September 12th

The Jimmy Doolittle Center has the perfect cure for your delicious hamburger cravings. On Monday, September 12th, you won't want to miss Burger Doo It Your Way! Family Night from 5 - 7 p.m.

You can build your own burger by choosing from ground beef, ground turkey, portobello mushrooms, and all the toppings. You start by choosing the kind and amount of meat, cheese, and seasonings you want. Then the Doolittle Center staff pack your burger and grill it to perfection. Once it's cooked and returned to you, you'll put it on your choice of bread and top with your choice of toppings.

The meal is served with fries, fresh greens, and a drink. Cost is \$4 for club members and \$7 for non-members plus 50 cents for each ounce of meat and cheese. To make this family night extra special, Dizzy the Clown will be performing a special show at 6 p.m. For more information on the Burger Doo It Your Way! Family Night, contact the Doolittle Center at 723-3731.

## Don't Miss "Grill Your Own Steak Night" Coming To Clubs On September 9th



Does the thought of a perfectly grilled steak make your mouth water? You can quench your appetite for a delicious steak meal when both the Doolittle Center and J.R. Rockers host "Grill Your Own Steak" Night on September 9th from 5-7 p.m.

J.R. Rockers invites you to add your personal touch to their Friday members buffet by grilling your steak exactly the way you want it. The facility is providing all the fixens to go with your steak on the buffet line. Cost is \$8.50 for club members and \$10.50 for non-members. Club members may just enjoy the regular free Friday members buffet if they choose not to purchase the steak.

The Doolittle Center gives you the chance to pick your own ribeye steak and cook it on the patio over a charcoal grill as part of their Steak Night. The facility is featuring a potato bar with all the fixens, marinated salad, and garlic medallians. Cost is \$8.50 for club members and \$10.50 for non-members.

For more information, call the Doolittle Center at 723-3731 or J.R. Rockers at 727-ROCK.

## Family Child Care Pre-Orientation

Would you like to work in your home, be your own boss, and make a difference on Minot AFB and in the life of a child? Then attend the Family Child Care Pre-Orientation on September 12th from 6-8 p.m. to see if it is for you! All persons providing care in their homes for more than 10 hours per week must be licensed. People who become affiliated providers living downtown have the same opportunities as base providers. Call the Family Child Care office at 723-6662 to make your reservation.

**Football Frenzy** Win a trip to the Super Bowl! or one of two Regular Season Games

All trips include:

- Airfare for two
- Hotel accommodations
- Car rental
- Tickets to the game

Plus, End-of-Season Bonus drawing for \$5,000 in FSS gift cards!

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**Pride Of America Scramble**

Golfers can "tee it up" on September 11th during the Pride of America Scramble at the Rough Rider Golf Course beginning at 9 a.m. Entry fee for this 18 hole four person scramble is \$25 plus green fees and includes a meal after the tournament, Pro Shop games, and prizes; cart rentals are \$15. The tournament is sponsored in part by Ryan Family Dealerships. Deadline for tournament registration is September 8th. No federal endorsement of sponsor intended. For more information, contact the Rough Rider Golf Course at 723-3164.

**Children's Literacy Workshop**

The Base Library is hosting a Children's Literacy Workshop on Saturday, September 17th at 11 a.m. The class is designed to instill a love of reading in your children and taught by special guest Cammy Davis. Ms. Davis is an educational consultant with Usborne Books & More. Children are welcome to attend as the class will include readings of several children's books as part of the presentation. For additional information on the Children's Literacy Workshop, call the Base Library at 723-3344.

**\$1.50 Bowling During September**

Rough Rider Lanes is offering everyone a great way to get out of the house and enjoy some recreation fun. During September, you can bowl for \$1.50 per game, Monday through Thursday from 9 a.m. to 3 p.m. and Friday and Saturday from 4-6 p.m. Shoe rental is \$1. Contact Rough Rider Lanes at 727-4715 for details.

**Jewelry Making Class**

The Arts & Crafts Center is hosting a Jewelry Making class on Saturday, September 17th from 10:30 a.m. to noon. Participants will receive instruction on the tools used for jewelry making as well as all supplies to make a necklace and earrings. Once you complete the jewelry, it is yours to keep. Cost for the Jewelry Making class is \$10. For more information, call 723-3640.

**Arts & Crafts Center Open September 17th**

The retail store at the Arts & Crafts Center will be open on Saturday, September 17th from 10 a.m. to 2 p.m. Check out their many unique gift ideas. For details, call the Arts & Crafts Center at 723-3640.

**BGCA Day For Kids & "Child Find" Event**

The Youth Center invites all youth to the Boys and Girls Club Day For Kids and "Child Find" event on Friday, September 16th at 5 p.m. Both events are FREE. Enjoy face painting, a bounce house, splat wall, arts & crafts, carnival games, and more. Agencies will be there to discuss available resources for children with special needs as part of the "Child Find" event. For details, call the Youth Center at 723-2838.

**Back To School Bash**

Join the Base Library on Saturday, September 10th when they host their Back To School Bash beginning at 1 p.m. Listen to stories about good, bad, and strange school days, craft some cool school supplies, and watch a cartoon about the misadventures of a fish who plays hooky from school. Whether you're finishing up elementary school or are still waiting to start kindergarten, you're welcome to join the fun. For more information, call the Base Library at 723-3344.

**Join A Bowling League**

Rough Rider Lanes invites you to strike up some fun through participation in one of their many bowling leagues. Bowling leagues offer Minot AFB personnel a great opportunity to get out of the house or dorm. You definitely don't need to be a terrific bowler to join a league and enjoy a weekly bowling outing. Rough Rider Lanes sets up their leagues so low average bowlers can compete with high average bowlers. Leagues available include: 9 Pin No Tap League on Mondays, Scotch Doubles League on Tuesdays, Squadron Xtramural League on Wednesdays, Mixed League on Thursdays, Fun Mixed League on Fridays, and Youth Leagues on Saturdays. For details, call Rough Rider Lanes at 727-4715.

**Dance The Night Away**

Dance, party, and hang out during J.R. Rockers Hip Hop Nights on September 10th, 17th, and 24th. The fun starts at 11 p.m.; free for members and \$5 for non-members. Gather up your friends and enjoy a great night out. Call J. R. Rockers at 727-ROCK for details.

**Youth Flag Football and Cheerleading Registration**

The Youth Center is holding registration for Youth Flag Football and Cheerleading now through September 30th. Cost is \$26 for youth 5-13 years of age. Youth Center membership is required. Current sports physical and current vaccinations (including current flu shot) are required. The season is tentatively planned to run from October 17th through December 16th. Parents must attend an annual league orientation meeting (contact Youth Center for date). For more information, call the Youth Center at 723-2838.

**Minot AFB Pet fair**  
September 10, 2011  
10:00am-12:00pm

Bring your pets to Bud Ebert Park for a little fun, competition and prizes! Enter your pet in the Best Dressed, Best Trick, Owner/Pet Look-a-Like, Most Unique Name contest and more. Prizes also given for Best Canine, Best Feline, and Best Unique Pet. There will be prizes, giveaways, and much more for the whole family to enjoy!

Logos for CC community center Air Force Services, FORCE EXCHANGE, and U.S. AIR FORCE MINOT AFB are present.

**BOWLER CUSTOMER APPRECIATION DAY**  
September 10, 2011  
12:00pm-4:00pm

FREE Burgers & Hot Dogs on the Grill!  
Bouncy Castle for the Kids.  
FREE BOWLING!!

Sign Up for FALL LEAGUES.  
Youth League Meeting at 1 p.m.

Logos for FORCE 727-4715 and BOWLING are present.

**Happy Birthday!**

**Aidan Passaro**  
turns 6 on September 14!

**Join the Birthday Club!**  
E-mail your name, address, phone number & birth date to [birthdayclub@5thforcesupport.com](mailto:birthdayclub@5thforcesupport.com) along with a color photo (.jpg format). Please submit request for child's birthday wish a minimum of 10 days before birthday.

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# 9/11: Former AF surgeon recalls Pentagon post-attack response

by **G. W. Pomeroy**

Air Force Surgeon General  
Public Affairs

## The attack

Scores of people were injured, trapped. Before he made his way to the triage area where medics from all services would gather to treat and send off victims in ambulances, the senior Air Force medic waded through fire, smoke and chest-high debris looking for victims inside the Pentagon.

"The clock was ticking," retired Lt. Gen. (Dr.) Paul K. Carlton Jr. later told *People Magazine*. "I thought, 'If we wait for normal rescuers, we won't have anyone alive.'"

It was Sept. 11, 2001.

At first he thought it had been a terrorist bomb, "but then I saw the landing gear," Carlton said. "It was on the ground in the alley between the B and C rings. When I saw it there, not only did I realize an airplane had struck the Pentagon, but it was clear that the plane had come through the E, D and C rings to get there."

## The plan

The terrorist attack on the Pentagon 10 years ago shook the nation; however, the aftermath could have been much worse if not for Carlton's efforts months earlier.

One of several Airmen awarded the Airman's Medal for lifesaving contributions on Sept. 11, 2001, Carlton was the Air Force surgeon general when American Airlines Flight 77 slammed into the Pentagon. He wasn't thinking about it at the time, but the tragedy was replete with ironies. First of all, Carlton's office wasn't in the Pentagon; it was across town at Bolling Air Force Base, Washington,

D.C. The fact that he was there when the plane hit was a coincidence.

But the biggest irony -- if not saving grace -- was that he had approved what were apparently the first-ever mass-casualty exercises at the U.S. military headquarters earlier in the year.

The origin of the May 2001 exercise was a stairwell conversation in February 2001 between Carlton and now-retired Col. John Baxter, who was the Air Force's Flight Medicine Clinic commander in the Pentagon at the time. Baxter suggested a mass casualty exercise. Intrigued, Carlton and Baxter tried to come up with a scenario until their conversation was interrupted by a jet taking off from nearby Reagan National Airport.

"We had to stop talking because the jet noise was so high," Carlton said. "Then we resumed our conversation."

Baxter suggested the idea of an aircraft hitting the Pentagon. He did not suggest wild-eyed terrorists bent on murder. In fact, Baxter's idea was mundane compared to the reality of what was to come.

"Why don't we have an airplane hit a bunch of birds, lose an engine, do a VMC rollover (which means one engine is out and the flying speed is not enough to prevent the airplane from rolling over on its back) and hit the Pentagon?" Carlton said, repeating Baxter's suggestion.

"I thought it was a great idea," Carlton said.

The tabletop exercise, developed by Baxter and approved by Carlton, included the Army's DiLorenzo Tri-care Health Clinic and the Air Force Flight Medicine Clinic, both housed within



(Department of Defense photo)

Aerial view of the Pentagon after the E Ring collapsed Sept. 11, 2001.

the Pentagon. Representatives from Arlington County Emergency Medical Services and various agencies also participated.

Carlton said they "did not do very well on the exercise" and set a "get-well" date for Sept 1, 2001. Even so, Col. James Geiling, then-commander of the DTHC, later said this exercise prepared them well to respond to the Pentagon attack on 9/11. For example, the Air Force Flight Medicine Clinic retooled its trauma packs and staffers from both clinics were issued special blue vests labeled "physician," "nurse," or "EMT," to allow for easy identification.

The "get-well" exercise in early August was a mass

casualty exercise that involved a practice evacuation and treatment of wounded. Retired Gen. Lance Lord, then-assistant vice chief of staff of the Air Force, was a participant. He later told Air Force Space Command News Service: "(It was) purely a coincidence; the scenario for that exercise included a plane hitting the building." Lord also said that on 9/11, "our assembly points were fresh in our minds" thanks to this practice.

The irony didn't stop there for Carlton. When he became Air Force surgeon general in October 1999, Carlton chose two cities to work on for mass casualty management: Washington D.C. and New York City. Prior to 9/11 he had lectured on the topic to the New York City Council of Hospitals and the Washington Hospital District.

## The action

Carlton said that like many folks directly involved that day, it was difficult for him to talk about for quite a while. His Airman's Medal citation, which focuses on the very beginning of his September 11 experience, offers insight as to why.

"General Carlton entered a room filled with chest high debris," according to his Airman's Medal citation. "Although half the room was engulfed in flames and smoke filled, General Carlton and several other rescuers located a trapped victim who was stuck under some fallen debris. The men could see the trapped victim, but could not quite reach the man. One of the rescuers cleared the debris while General Carlton

tried to pull the victim free.

"He then placed a water-soaked tee shirt on the victim's face to aid his breathing. The victim was roused, and realizing the imminent danger they were all facing, rolled to his left far enough for General Carlton to grab him. They were then able to move the victim to safety. All the while, the room continued to rain fire and debris on General Carlton and the others.

"As the fire intensified and moved closer in the room, General Carlton continued to sweep the room for other victims. There was a loud noise, the flaming ceiling began to fall and one of the rescuers shouted for all to leave the area. As the metal caging in the ceiling gave way, General Carlton helped the others to escape the burning room."

## The present

Today, Carlton is the director of innovation and preparedness for the Health Science Center at Texas A&M University in College Station, Texas. He has consulted on homeland security and disaster response for many organizations - most recently the destroyed medical center in Joplin, Mo.

Ten years after the Pentagon attack, Carlton is optimistic but cautious.

"We have faced a determined foe who has shown us repeatedly that life has no meaning, and used a weapon we did not expect him to use," he said. "Our enemy out-thought us. We can never let that happen again!"

He also kept the blue vest. "It's a reminder that we live day-to-day," he said.

## ARTICLES 15 continued from page 3

class, 10 days of extra duty and a reprimand for violating Article 92, dereliction of duty.

An airman first class from the 5th Security Forces Squadron received a reduction in rank to airman, 14 days of extra duty and a reprimand for violating Article 92, dereliction of duty and Article 113, sleeping on post.

An airman first class from the 5th Security Forces Squadron received a reduction in rank to airman, suspended forfeiture of \$400 pay and a reprimand for violating Article 92, minor in consumption; Article 111, driving under the influence; and Article 134, soliciting another airman to purchase alcohol for them.

An airman first class from the 5th Security Forces Squadron received a reduc-

tion in rank to airman, forfeiture of \$822 pay and a reprimand for violating Article 92, dereliction of duty.

An airman first class from the 5th Security Forces Squadron received a reduction in rank to airman and a reprimand for violating Article 113, sleeping on post.

An airman from the 5th Security Forces Squadron received a reduction in rank to airman basic, 15 days of extra duty and a reprimand for violating Article 113, sleeping on post.

An airman from the 5th Security Forces Squadron received a reduction in rank to airman basic, forfeiture of \$300 pay and a reprimand for violating Article 92, dereliction of duty and Article 113, sleeping on post.

An airman first class

from the 791st Missile Security Forces Squadron received a suspended reduction in rank to airman, forfeiture of \$500 pay and a reprimand for violating Article 92, minor in consumption.

An airman first class from the 791st Missile Security Forces Squadron received a reduction in rank to airman, suspended forfeiture of \$500 pay per month for two months and a reprimand for violating Article 92, minor in consumption.

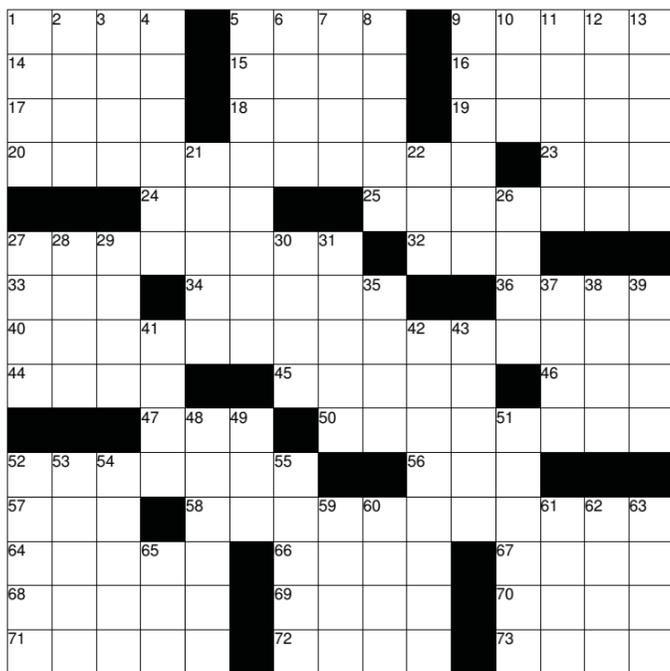
An airman first class from the 791st Missile Security Forces Squadron received a suspended reduction in rank to airman, forfeiture of \$250 pay and a reprimand for violating Article 92, minor in consumption.

# CROSSWORD PUZZLE

## Beware of the Dog

### ACROSS

1. Sentry's imperative
5. Knocks out of one's socks
9. IHOP serving
14. "Essays of \_\_\_"
15. Big picture
16. 34-Across became one
17. Hamper contents
18. Zilch
19. Bowie's last stand
20. Put an early end to
23. Give a darn?
24. \_\_\_ chi
25. Western topper
27. Sent, as to a military outpost
32. Grate stuff
33. Give two thumbs down to
34. Onetime "97-pound weakling" Charles
36. Doo-wop group member
40. Obey the drill sergeant
44. Beat by a whisker
45. 1960 Wimbledon champ Fraser
46. Schooner contents
47. Graffiti, to some
50. They manage the wines
52. Flock leaders
56. WWE outcome
57. 39, to Jack Benny
58. Get destroyed
64. Conical abode
66. Scotto solo
67. Social reformer Baker
68. Maze word
69. Creditor's claim
70. Bartlett's abbr.
71. Windows icon
72. "\_\_\_ we forget ..."
73. Carpet features



21. Bother persistently, as an injury
22. Actress Hagen
26. "Oh no, not \_\_\_!"
27. Basilica part
28. A natural abrasive
29. Negotiations hang-up
30. Verve
31. Tests for carbon 14
35. ER shout
37. Bull artist
38. Snitched
39. Till fill
41. Bog stuff
42. Seuss's Horton, for one
43. Tyro, informally
48. Steamboat builder Fulton
49. Angular opening?
51. Like vicuñas and llamas
52. Party spreads
53. Smiley or Smart
54. Nasal partitions
55. Play for time
59. Lackawanna's lake
60. Spots for tacks
61. Radius neighbor
62. Hardly four-star cuisine
63. Catches some rays
65. Occupational suffix

Solution to puzzle from last week.



### DOWN

1. Chopped down
2. Jai \_\_\_
3. Daffy's problem
4. Gauguin's island home
5. Pursued, as a career
6. Colorful fish
7. Left or right of the goalposts
8. Replacement players, to some
9. Jazz cats' wear
10. Business card abbr.
11. Gather together
12. Intaglio's reverse
13. Like an open secret

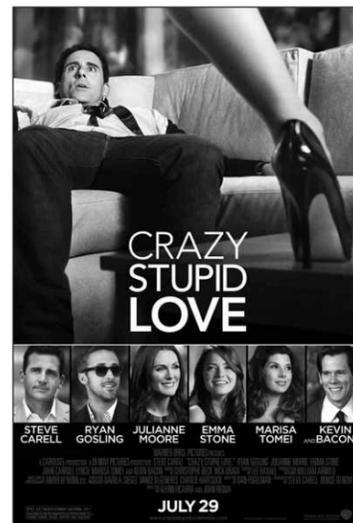
# UPCOMING MOVIES

For more information, call the movie line at 723-3802

## Crazy, Stupid, Love

Friday, September 9, at 7 p.m.

At forty-something, straight-laced Cal Weaver is living the dream—good job, nice house, great kids and marriage to his high school sweetheart. But when Cal learns that his wife, Emily, has cheated on him and wants a divorce, his "perfect" life quickly unravels. Worse, in today's single world, Cal, who hasn't dated in decades, stands out as the epitome of un-smooth. Cal and Emily aren't the only ones looking for love in what might be all the wrong places: Cal's 13-year-old son, Robbie, is crazy about his 17-year-old babysitter, Jessica, who harbors a crush on Cal. And despite Cal's makeover and his many new conquests, the one thing that can't be made over is his heart, which seems to keep leading him back to where he began.



Rated PG-13 for coarse humor, sexual content and language.

Running time: 110 Minutes

## Captain America: The First Avenger

Saturday, September 10, at 7 p.m.

Steve Rogers volunteers to participate in an experimental program that turns him into the Super Soldier known as Captain America. As Captain America, Rogers joins forces with Bucky Barnes and Peggy Carter to wage war on the evil HYDRA organization, led by the villainous Red Skull.



Rated PG-13 for intense sequences of sci-fi violence and action.

Running time: 124 Minutes

# SUDOKU

Solution to puzzle on page 22

						1		2
	3				4			5
5		6			7			3
	5		4			3		
3		4				8		9
		7			6		2	
9			5			7		8
8			1				4	
2		3						

check out **spry & relish** magazines in the northern sentry

## First-come, first-served deer licenses issued Sept. 14

More than 8,000 antlerless deer gun licenses are still available after the North Dakota Game and Fish Department recently completed its third lottery drawing. These remaining licenses will be issued on a first-come, first-served basis beginning Sept. 14. There is no limit to the number of licenses a hunter can receive.

Hunters will be able to apply online, or print out an application to mail, at the Game and Fish Department website, [gf.nd.gov](http://gf.nd.gov). Paper applications will also be available from Game and Fish offices, county auditors and license vendors. Hand delivered applications will not be processed at the department while the applicant waits. Residents and nonresidents are eligible to apply.

Remaining antlerless licenses in units 3E1, 3E2, 3F1, 3F2 and 4F can be used during the special herd reduction season (Sept. 23 - Oct. 7). Additional concu-

Unit	Type	Available
1	B	189
3E1	D	437
2C	B	1098
3E2	D	319
2D	B	764
3F1	B	336
2F1	B	681
3F1	D	1047
2K2	B	666
3F2	B	294
2L	B	794
3F2	D	1036
3D1	D	31
4F	D	301
4F	F	28

(B = Any Antlerless D = Antlerless Whitetail F = Antlerless Mule Deer)

rent season doe licenses can be used during the archery season with a bow; the deer gun season with a bow, rifle, or muzzleloader; or during the muzzleloader season with a muzzleloader.

These licenses must be used for antlerless deer only, and hunters must stay in the unit to which the license is

assigned.

In addition, hunters ages 14 and 15 who have special youth season licenses may purchase additional concurrent season doe licenses to use during the youth season.

The archery season opened Sept. 2, youth deer Sept. 16, regular deer gun Nov. 4 and muzzleloader Nov. 25.

## Hunters are asked to cooperate in PLOTS survey

The North Dakota Game and Fish Department is asking hunters to complete a short survey immediately after hunting on selected tracts of land enrolled in the department's Private Land Open To Sportsmen program.

Kevin Kading, private land section leader, said the survey will involve about 50 PLOTS tracts statewide. "We will have these survey points on various types of PLOTS tracts so we can hopefully gain a better understanding of what our hunters are looking for in the PLOTS program," Kading said.

Because PLOTS tracts can involve many different types of lands, Kading said they all offer their own unique hunting opportunities for wildlife species such as pheasants, waterfowl and deer. "We have to find that right balance of what hunters are looking for and use our hunter dollars in the most responsible way we can," Kading said.

The postcard-sized survey will be placed on a PLOTS sign at the entrance of the tract. Hunters are asked to complete the survey and place them in the drop box.

## Deer season for youth ages 12-15 opens Sept. 16

Friday, Sept. 16 at noon signals the start of a nine-and-a-half day deer hunting season for youth ages 12-15.

Licensed youth ages 12 and 13 are allowed to hunt statewide, but only for antlerless white-tailed deer. Deer hunters age 14 or 15 with a "youth season" license can hunt statewide for any deer, except for restricted licenses and units in western North Dakota.

In addition, 14- and 15-year-olds with special "youth season" licenses can use additional concurrent season antlerless deer licenses during this youth deer season. Hunters must follow the unit and species restrictions listed on the license. After opening day, hunting hours are one-half hour before sunrise to one-half hour after sunset. Solid daylight fluorescent orange vests or coats, and hats are required for all young hunters and their adult mentors.

Each youth deer hunter must be under direct supervision of an adult while in the field.

In addition to the deer license, hunters must possess a general game and habitat license and hunting certificate.

The youth deer season closes Sunday, Sept. 25.

## PRAIRIE ADVENTURES

BY PATRICIA STOCKDILL

It seems the Smiley Face isn't smiling on North Dakota's wildlife right now.

A scan through recent N.D. Game and Fish Department press releases isn't brimming with the usual cheery news about how well wildlife populations are doing and how deer numbers need to be reduced.

The sad part about it is this could be the tone not just for the immediate future but long-term, as well.

From a short-term perspective, more than one-half of the 72,000 acres of Game and Fish Department Wildlife Management Areas (WMA) along

the Missouri River System suffered anywhere from minor to major flood-induced habitat degradation. That's some of the state's best available habitat, plus it's public land.

About 15,000 acres of the Oahe WMA sat under water for months. "This area south of Bismarck-Mandan has been extremely popular with deer and pheasant hunters because it provides some of the best wildlife habitat in the state. But this year's flood has changed the dynamics dramatically," described Game and Fish Department wildlife resource management supervisor Jeb Williams.

Lake Sakakawea WMAs also flooded for several months. While the lake is dropping, it's leaving the same devastation found along flooded river bottoms. Even Audubon WMA on Lake Audubon's north shore had high water as the Army Corps of Engineers stored floodwater in Audubon.

WMAs will recover but it's still a short-term setback.

The prairie also suffered because of abundant moisture. Spring sharptail breeding populations dropped 30 percent, Game and Fish Department upland biologist Aaron Robinson said. Populations fell from west to east.

Partridge are also down in numbers. On top of that, Robinson expects birds will be more localized. "Scouting areas will be critical to success," he said. "At this time there is not one area that stands out from the rest. The cover is high so hunters will need to scout and be willing to move to other areas to find localized pockets of birds."

It doesn't get any better for ruffed grouse, not that there are many of them in the first place: Drumming counts dipped 15 percent statewide from 2010, including a 28 percent decline in the Turtle

Mountains.

If there is a bright spot, at least the number of drumming males increased nearly 13 percent in the Pembina Hills.

The final sour note for upland birds comes from sage grouse and prairie chickens, where seasons remain closed for the second straight year due to low populations.

While that's the short-term dour news, the long-term picture isn't any brighter considering the demise of Conservation Reserve Program grassland acres. It's an issue biologists have been harping about for the past few years but reality is starting to take a grip as thousands of acres of grass were turned over in favor of crop production again this year.

Whether or not hunters and wildlife enthusiasts truly grasp the reality that CRP equals wildlife habitat equals healthy wildlife populations - and speak out on its behalf - remains to be seen.

But even now wildlife conservation organizations are gearing up to a major battle in Congress in efforts to save CRP and other conservation programs in the next Federal Farm Bill.

If unsuccessful, CRP - along with wildlife populations - could go the way of other programs such as Soil Bank.

“Excessive water has affected (sharptail) reproduction in areas but there will be some areas good for sharptails. But no doubt about it, birds will be harder to find.

- N.D. Game and Fish Department upland biologist Aaron Robinson.

## Youth waterfowl is Sept. 17-18, license required

North Dakota's two-day youth waterfowl season is Sept. 17-18. Legally licensed resident and nonresident youth waterfowl hunters age 15 and younger may hunt ducks, geese, coots and mergansers statewide.

The daily bag limit and species restrictions for the youth season are the same as for regular duck and goose seasons.

Resident and qualifying nonresident youth waterfowl hunters must possess a general game and habitat license and a fishing, hunting and furbearer certificate. Nonresidents from states that do not provide a reciprocal licensing agreement for North Dakota residents must purchase the entire nonresident waterfowl license package.

In addition, all youth hunters must be Harvest Information Program certified, and youth ages 12 and older need to have passed a certified hunter education course. Hunters age 15 and younger do not need a federal duck stamp.

Hunters who purchase a license through the North Dakota Game and Fish Department can easily get HIP certified. Otherwise, hunters must call (888) 634-4798, or log on to the Game and Fish website at [gf.nd.gov](http://gf.nd.gov), and record the HIP number on their fishing, hunting and furbearer certificate.

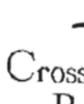
Shooting hours for the youth waterfowl season are one-half hour before sunrise to sunset. An adult at least 18 years of age must accompany the resident youth hunter into the field, and a licensed adult is required to accompany a nonresident youth hunter. The two-day weekend hunt does not count against a nonresident adult hunter's 14-day regular season waterfowl dates.

**Northern Sentry**

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# CHURCH DIRECTORY

<p><b>Little Flower Catholic Church</b> 800 University Avenue West 838-1520</p> <p><b>Mass Schedule</b> Daily M-F ..... 8 a.m. Saturday ..... 5:30 p.m. Sunday ..... 8:30 a.m. &amp; 11 a.m.</p> <p><b>Fr. Fred Harvey, Pastor</b> <a href="http://www.littleflowerminot.com">www.littleflowerminot.com</a></p>	<p>St. Peter The Aleut Eastern Orthodox Church</p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Sunday Liturgy ..... 10 a.m. Saturday Vespers ..... 6 p.m.</p> <p>The Very Reverend Father Anastassy</p>	<p><b>Heritage Baptist</b> Independent Fundamental <b>Meeting at 435 21st St. NW 833-1798</b></p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:45 a.m. Sunday Evening ..... 6 p.m. Wed. Prayer/Bible Study ..... 7 p.m. Wed. Children's Patch Club ..... 7 p.m.</p> <p><b>Pastor Brian Ferree</b></p>	<p><i>Minot Air Force Base Chapel</i> <b>Protestant Services (All Sunday)</b></p>  <p>Traditional Service ..... 10:00 a.m. (North Plains Chapel) Gospel Service ..... 11:30 a.m. (Northern Lights Chapel) Contemporary Service ..... 2:00 p.m. (North Plains Chapel)</p> <p>Wednesday Feed Your Faith Classes: North Plains Chapel 1730-1930 Dinner and Children's programs included</p> <p><b>Chapel 723-2456</b></p>	<p><i>Minot Air Force Base Chapel</i> <b>Catholic Services</b></p> <p><b>Complete Mass Schedule can be seen on the Chapel Information page on the Minot Air Force base website: <a href="http://www.minot.af.mil">www.minot.af.mil</a></b></p> <p>Sunday CCD ..... 11:15 a.m. (North Plains School)</p> <p><b>Northern Lights Chapel 723-2456</b></p>
<p><b>Bible Fellowship</b> 1720 4th Ave. NW • 838-0916</p> <p><a href="http://www.minotbiblefellowship.org">www.minotbiblefellowship.org</a> Sunday School ..... 9:45 a.m. Sunday Worship ..... 10:45 a.m. Sunday Evening Worship ..... 7:00 p.m. Wed. Evening Family Night ..... 7:00 p.m.</p> <p>• Pioneer Club • Youth Club • Women's Bible Study • Adult Bible Study</p> <p><b>Pastor Duane Deckert</b></p> 	<p><b>Minot Baptist Church</b></p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School ..... 9:45 a.m. Morning Worship ..... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening ..... 7:00 p.m.</p> <p>Independent/Fundamental/KJV 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p><b>Harvest Reformed Church</b></p>  <p>We are devoted to faithful preaching of God's Word, Confessionally Reformed Biblical worship.</p> <p>Now meeting at 1505 N Broadway, Grand International, Norse Room</p> <p><b>Sunday Service 10:30 a.m.</b> 838-0605 <a href="http://www.harvestreformedchurch.org">www.harvestreformedchurch.org</a></p>	<p><b>Congregational United Church of Christ</b></p> <p>430 N. Broadway • 839-1064</p> <p>Sunday School ..... 11 a.m. Sunday Worship ..... 11 a.m. Tuesday Lunch Bible Study ..... 12 Noon Wed. Youth Classes ..... 6:30-8:30 p.m.</p> <p>Rev. Frank Picard</p>	<p>Welcome to the <b>Minot Church of Christ</b> 1315 1st St. NE</p> <p><b>Sunday:</b> Bible Classes ..... 10:30 a.m. Worship ..... 5:00 p.m.</p> <p><b>Wednesday:</b> Bible Classes ..... 7:00 p.m.</p> <p>"Restoring 1st Century Christianity in the 21st Century"</p>
<p><b>First Presbyterian Church</b> 1000 3rd St. NE (Next to Trinity Nursing Home) 852-0315</p> <p>Sunday Contemporary Worship ..... 8:30 a.m. Sunday School ..... 9:30 a.m. Sunday Traditional Worship ..... 11 a.m. Monday Youth Worship ..... 7 p.m. Wednesday Community Supper ..... 5-6:30 p.m. Wednesday Contemporary ..... 6:30 p.m. Sunday Transportation &amp; Nursery Available</p> <p><a href="http://www.minotfpc.org">www.minotfpc.org</a> <i>Visitors Welcome</i></p>	<p><b>Apostolic Faith Church, UPCI</b></p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Sunday School ..... 2:00 p.m. Sunday Worship ..... 3:30 p.m. Wednesday Bible Study .. 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>	<p><b>Minot First Church of The Nazarene</b> 2500 West Central Avenue 701-838-8704</p> <p><i>Come Experience a Warm Family Feeling</i></p> <p>Coffee &amp; Conversation ..... 9-9:30 a.m. Sunday School ..... 9:30 a.m. Morning Worship ..... 10:45 a.m. Evening Service ..... 6 p.m. Midweek Service (Wed.) ..... 7 p.m.</p> <p><b>Senior Pastor Francis Warren</b></p>	<p><b>First Lutheran Church - ELCA</b> 120 - 5th Ave. NW 852-4853</p>  <p><b>We're All Being Brought Back</b> Join us for our return back "home." <b>Sunday Worship, Sept. 11 - 9:30 am</b> Radio Broadcast, KRRZ 1390 AM</p> <p><b>Pastor Ken Nelson</b> Pastors Michael &amp; Kari Pancoast <a href="http://www.firstlutheranchurchminot.com">www.firstlutheranchurchminot.com</a></p>	<p><b>St. Mark's Lutheran Church</b> Missouri Synod</p>  <p>Sunday Worship ..... 8:30 a.m. &amp; 11 a.m. Sunday School &amp; Bible Class .. 9:45 a.m. Holy Communion is served on the 1st &amp; 3rd Sunday of each month.</p> <p><b>2209 4th Ave. NW • 839-4663</b> Carlyle Roth, Pastor</p>
<p><b>Bethany Lutheran</b> 215 3rd Ave. SE, Minot, ND Phone: 838-5196 • Fax: 852-8494 A Member of the ELCA</p> <p>Wednesday Worship ..... 7 p.m. Sunday Worship ..... 9 a.m. Sunday Fellowship ..... 10 a.m.</p> <p>Website: <a href="http://www.bethanylutheranminot.com">www.bethanylutheranminot.com</a> Email: <a href="mailto:bethanylutheran@srt.com">bethanylutheran@srt.com</a></p> <p><b>Pastor Janet Hernes Mathistad</b> <b>Pastor Gerald Roise</b></p>	<p><b>North Hill Baptist Church</b></p>  <p>524 21st Ave. NW • Minot, ND 58703 <b>701-839-7283</b></p> <p><b>Pastor Dan Andrus, 701-578-5060</b> <a href="mailto:sparrow@minot.com">sparrow@minot.com</a> <a href="http://minotnorthhillbaptistchurch.com">minotnorthhillbaptistchurch.com</a></p> <p>"We're Not There Yet... Come Grow With Us!"</p>	<p><b>St. John the Apostle Catholic Church</b></p>  <p>2600 West Central Ave • Minot, ND 58701 <b>839-7076</b></p> <p>Daily Mass Schedule: Tuesday ..... 7 p.m. Wednesday - Friday ..... 9 a.m. Saturday ..... 5 p.m. Sunday ..... 8 and 10:30 a.m.</p> <p><i>Fr. Dave Zimmer, Pastor</i> Parish website: <a href="http://www.stjohnminot.com">www.stjohnminot.com</a></p>	<p><b>All Saints' Episcopal Church (Anglican)</b></p> <p>301 S. Main St. • 839-1037</p> <p>Sunday Worship ..... 10 a.m. Wednesday Worship ..... 5:15 p.m.</p> <p><a href="http://www.allsaintsminot.org">www.allsaintsminot.org</a></p>	<p><b>Our Redeemer's Church</b> A Church with a Christian School 700 16th Ave SE</p> <p><b>Sundays</b> Worship Services ..... 8:30 a.m. &amp; 10:45 a.m. Radio Broadcast KHRT 1320 AM ..... 11 a.m. Children's programs ..... 9:45 a.m. Youth &amp; Adult Bible Classes ..... 10 a.m. Interpreter services for the deaf ..... 10:45 a.m.</p> <p><b>Wednesdays</b> Supper ..... 5:40 p.m. Bible Classes for all ages ..... 6:30 p.m.</p> <p>Lead Pastor, Rod Spidahl, PhD 838-0750 • <a href="http://www.ourredeemers.org">www.ourredeemers.org</a></p>
<p><b>Bread of Life Lutheran Church</b> ELCA 1415 17th Ave SW 838-3360</p>  <p>Saturday Worship ..... 5 p.m. Sunday Worship ..... 8 a.m. &amp; 10:30 a.m. Sunday Education ..... 9:15 a.m. Wednesday Education ..... 6:30 p.m.</p> <p><b>Pastor Taryn Montgomery</b> <a href="http://Breadoflifeminot.com">Breadoflifeminot.com</a></p>	<p><b>St. Paul's Lutheran Church</b></p> <p>Sunday Service .... 8 &amp; 10:30 a.m. (Video-TV Feed to Family Room) Sunday School ..... 9:15 a.m. Saturday Service ..... 7 p.m.</p> <p>(at Lynch Immanuel, located north of MAFB) Call for summer schedule 852-2821 200 Burdick Expy E • Minot 1 Block East of Trinity Hospital</p>	<p><b>Cross Roads Baptist</b></p>  <p>Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 6:30 p.m. Wednesdays (Prayer &amp; Missions) .. 6:30 p.m.</p> <p><a href="http://www.angellnet.net/crossroads">www.angellnet.net/crossroads</a> email: <a href="mailto:crbc@srt.com">crbc@srt.com</a></p> <p>415 28th Ave SE (Behind Menards) 838-1873 <b>Dr. Ben Pierce, Pastor</b></p>	<p><b>West Minot Church of God</b> "A Family Worship Center" 1105 16th St. NW • 839-1407</p>  <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church ..... 10:30 a.m. Wednesday Family Training Hour ..... 6:30 p.m. Wednesday Kids on the Rock ..... 6:30 p.m. Youth Center, Friday ..... 7:00 - 11:00 p.m.</p> <p>ABC Child Care &amp; Pre-School Center 852-6352</p>	<p><b>Bethel Free Lutheran AFLC</b> "Building Followers of Jesus Christ"</p>  <p>Sunday School ..... 9:00 a.m. Worship Service ..... 10:30 a.m. Wednesday Supper ..... 6:15 p.m. Adult/Youth Bible Study Kids Club ..... 7:00 p.m.</p> <p><b>Pastor Shane McLoughlin</b> 530 22nd Ave NW • 852-6492 <a href="mailto:bethel@minot.com">bethel@minot.com</a></p>
<p><b>River of Life Church</b></p>  <p>400 22nd Ave NW • Minot</p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Sunday Evening Service ..... 6 p.m. Wednesday Service ..... 7 p.m.</p> <p><b>Joe VanEst, Pastor • 858-7777</b></p>	<p><b>First Baptist Church</b> 220-3rd St. S.W. • 852-4533 <a href="http://www.firstbaptist-minot.org">www.firstbaptist-minot.org</a></p> <p>Classic Worship Service ..... 8:30 a.m. Adult Sunday School ..... 9:45 a.m. Contemporary Worship Service ..... 9:50 a.m. Children's Church ..... 9:50 a.m. Sunday School (All Ages) ..... 11 a.m. Contemporary Worship Service ..... 11:05 a.m. Wed. AWANA (Sept.-May) ..... 6:30 p.m.</p> <p><b>Rev. Kent Hinkel, Senior Pastor</b> <b>Rev. Gordon Kroeker, Discipleship &amp; Community Life</b> <b>Pastor Paul Pankratz, Student Ministries</b> <b>Pastor Josh Huesby, Worship</b></p>	<p><b>Faith United Methodist Church</b></p>  <p><b>Joint services with Vincent United Methodist Church 1024 2nd St. SE</b></p> <p>Worship: Sundays 9:45 a.m. Sunday School: 11 a.m. Wednesday Evenings: 5 p.m. (with simple supper in Fellowship Hall)</p> <p><b>Rev. Debra Ball-Kilbourne</b></p>	<p><b>BEREAN BAPTIST CHURCH</b> Independent KJV</p> <p>Sunday School ..... 9:45 a.m. Worship ..... 11:00 a.m. Sunday Evening ..... 6:00 p.m. Wednesday Evening ..... 7:00 p.m.</p> <p><b>Pastor Joe Minnerup</b> <a href="http://www.bereanbaptistminot.com">www.bereanbaptistminot.com</a> <b>601 1st Ave SE • Minot 833-9811</b></p>	<p><b>First Assembly of God</b> 1805 2nd St. SE 838-1111</p> <p>Morning Worship ..... 8:30 a.m. Sunday School ..... 10 a.m. Morning Worship ..... 11 a.m. Evening Worship ..... 6:30 p.m. Wednesday Family Night ..... 7 p.m.</p>
<p><b>Trinity Church</b> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p><b>September-May</b> Sunday School ..... 9 a.m. Worship ..... 10:30 a.m.</p> <p><a href="http://www.trinitychurchminot.org">www.trinitychurchminot.org</a></p>	<p><b>Immanuel Baptist Church</b> 1615 2nd St. SE • Minot • 839-3694</p> <p>Sunday School ..... 9:15 a.m. Sunday Worship ..... 10:30 a.m.</p> <p>Wednesdays Soup Kitchen .. 11:30 a.m. - 12:30 p.m. Classes for all ages ..... 6:45 p.m. Adult Choir Rehearsal ..... 8 p.m.</p> <p><b>Pastor Allen Lively</b> <b>Sarah Dvirnak, Youth Director</b> <a href="http://www.immanuelbaptistminot.org">www.immanuelbaptistminot.org</a></p>	<p>Fill his spot in the Church Directory for only \$7 per week!</p> <p>call us at 839.0946 or email us at <a href="mailto:nsads@srt.com">nsads@srt.com</a> for more info.</p>	<p><b>ZION Lutheran ELCA</b></p>  <p>1800 Hiawatha St. 852-1872</p> <p>Saturday Worship ..... 5 p.m. Sunday Worship .... 8:30 a.m. &amp; 11 a.m.</p> <p><b>John Streccius, Pastor</b> <b>Nathan Mugaas, Pastor</b></p>	<p><b>Vincent United Methodist Church</b></p>  <p>1024 2nd St. SE • 838-4425 Behind Town &amp; Country Shopping Center open hearts...open minds...open doors!</p> <p>Saturday Informal Service ..... 5 p.m. Sunday Worship ..... 8:30 a.m. &amp; 11 a.m. Sunday School ..... 9:30 a.m. Coffee Fellowship ..... 10:30 a.m.</p> <p><b>Gary L. Ball-Kilbourne</b> <a href="http://www.vincentumc.com">www.vincentumc.com</a></p>

# WE WILL *Never Forget* 9.11.01

Time is passing. Yet, for the United States of America, there will be no forgetting September the 11th. We will remember every rescuer who died in honor. We will remember every family that lives in grief. We will remember the fire and ash, the last phone calls, the funerals of the children.

- President George W. Bush, November 11, 2001

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# SECTION 2

NORTHERN SENTRY • FRIDAY, SEPTEMBER 9, 2011 • WWW.NORTHERNSENTRY.COM

## Black Eyed Peas, Duhamel raise funds for recovery

by Senior Airman Jesse Lopez  
Minot Air Force Base Public Affairs

The popular hip hop group Black Eyed Peas and Hollywood actor and native Josh Duhamel traveled to Minot to perform at Minot Rising a benefit concert to raise recovery funds for the flood-stricken city at the North Dakota State Fairgrounds here Sept. 3.

The night of celebrity-filled fun comforted many Minot residents, many of whom are still recovering from the historic Souris River flooding, which displaced more than 11,000 residents and more than 1,100 Airmen and their families.

Approximately 16,000 people filled the fairgrounds to attend the event orchestrated by Minot native Duhamel and his wife, Fergie, lead singer for the Black Eyed Peas. Tickets were sold at \$100 each and later discounted military tickets were offered at \$50.00 courtesy of the Minot Chamber of Commerce.

"We came up with this idea to do something, whether it was a benefit dinner or a local concert with some local bands," said Duhamel. "I asked my wife [Fergie] if she would come out and sing a couple songs; she said, 'Well maybe I can get the whole peas to come out too'. A couple days later she called back and said the entire group was in."

Duhamel, an honorary chairman of the Minot Area Recovery Fund, praised the hundreds of flood prevention and recovery workers as well as event volunteers, which included more than 200 Airmen from Minot Air Force Base.

"This community has been so strong," said Duhamel. "The base has been tremendous neighbors to this town. I know that 200 people have come out here to volunteer from the base. I know that you all were instrumental in helping to fend off as much water as possible, and when the water hit, the base was right there for the city. We really, truly appreciate you all."

Volunteers were also very impressed with the efforts shown by the hip hop group and actor.



(U.S. Air Force Photos/ Senior Airman Jesse Lopez)

Nearly 16,000 people filled the North Dakota State Fairgrounds to watch The Black Eyed Peas perform as part of an event orchestrated by actor and Minot native, Josh Duhamel, to support the flood relief, here Sept. 3. More than 200 Minot AFB Airmen volunteered to set up the electrifying evening, as a night of celebrity-filled fun comforted many Minot residents and Airmen who are still recovering from the tragic flood's aftermath that displaced one-fourth of the city. All concert proceeds will go to the Minot Area Community Foundation's Minot Area Recovery Fund to assist victims in Minot and surrounding flood affected communities.

"I really think it's an outstanding effort on their part," said Tech Sgt. Bruce Davis, 5th Contracting Squadron contract administrator. "The fact that [Duhamel] didn't forget where he came from speaks volumes. It's really awesome that they can do all this for Minot."

Encouragement for the reconstruction of Minot exuded from the crowd as screens displayed footage of the damage throughout the city, as well as the band seamlessly incorporating "North Dakota" into popular songs as

the night went on.

All concert proceeds will go to the Minot Area Community Foundation's Minot Area Recovery Fund to assist victims of this summer's flooding. Minot AFB displaced Airmen are eligible to receive assistance from the foundation.

The record breaking flood from the Souris River started its devastation on June 26, with approximately 20 percent of Minot sustaining water damage. More than 4,100 homes were damaged with the majority of

home owner and renters without flood insurance.

Duhamel said the benefit earned an estimated \$800,000 in corporate sponsorships alone. All remaining proceeds from ticket and merchandise sales are yet to be determined.

Duhamel hoped to raise anywhere between \$1.5 million to \$2 million from the event.

"It's not going to make it whole, it's not going to fix the problem, but hopefully it will be a start," says Duhamel.



The Black Eyed Peas perform for nearly 16,000 people at the North Dakota State Fairgrounds, as part of an event orchestrated by actor and Minot native, Josh Duhamel, to support the flood relief, here Sept. 3.

## WHAT'S FOR DINNER



### Bacon Cheeseburger Tacos

1 pound lean ground beef  
 1 medium onion, chopped (1/2 cup)  
 1 package (1 ounce) taco seasoning mix  
 2/3 cup water  
 1/2 cup Cheese 'n Salsa dip (from 15-ounce jar)  
 1 box (7.4 ounce) hard or soft taco shells  
 1 1/2 cups shredded lettuce  
 1 large tomato, seeded and chopped (1 cup)  
 6 slices bacon, crisply cooked, crumbled  
 In 10-inch nonstick skillet, cook beef and onion over medium-high heat 5 to 7 minutes, stirring frequently, until thoroughly cooked; drain. Stir in taco seasoning mix and water. Reduce heat to medium; cook 3 to 4 minutes, stirring frequently, until thickened. Stir in dip until well mixed. Heat taco shells and tortillas as directed on box. Fill heated taco shells and tortillas with warm beef mixture, lettuce, tomato and bacon.



Emily Monfort just before her lung transplant (for cystic fibrosis), photo by Rosanne Olson.



Woman in pool, part of a new fine art series, "Rapture," by Rosanne Olson.

## MSU Hall of Fame photographer to speak at Northwest Art Center

Rosanne Olson, Seattle photographer and recent inductee to the Minot State University Academic Hall of Fame, will present "The Creative Life" Monday, September 19 at 7:00 p.m. in the Aleshire Theater, MSU, as a part of the Northwest Art Center Lecture Series.

Olson will chronicle her work as a photographer, artist, and author, sharing insights into the creative process and methods to nurture it and keep it flourishing over a lifetime.

An informal reception and book signing will follow the lecture. The lecture is free of charge. Parking in campus lots is unrestricted after 5 p.m.

Olson will be honored at the MSU Academic Hall of Fame Banquet September 18 at 7 p.m. in the Audubon Room of the MSU Student Center. Tickets for the banquet are \$18 and are avail-

able in advance by calling 1-800-777-0750, ext. 3989, or at the door.

Olson received her B.S. degree from Minot State in 1972 and M.S. in journalism from University of Oregon in 1981. She began her photographic career at The Register-Guard in Eugene, OR, then moved to Seattle, where she founded Rosanne Olson Photography.

Over the past 25 years she has collaborated with designers and art directors around the country, photographing for advertising campaigns such as the New York City Ballet, Seattle Opera, Seattle Symphony and Children's Hospital. In 2008 she authored *This is Who I Am*, a book of photographs and essays that celebrates women and their stories.

Olson's fine art photography is represented by Robin Rice Gallery in New York, Iris Gallery in Boston and

Benham Fine Art in Seattle. Her work has appeared in Communication Arts and Graphis photography annuals, and she has been featured in articles in Communication Arts, Photo District News, View Camera, LensWork, PhotoMedia and More magazine.

Olson recently completed a video of still images of the flood aftermath in Minot to raise awareness and support for flood recovery. Images are online at <http://www.youtube.com/watch?v=dPUqrqsfGNY>

Olson currently lives in Seattle with her husband, Ted McMahon.

This project is funded in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts. For more information about Northwest Art Center activities, call 701-858-3264.

**September 11, 2011**  
**A Day to Recall, Reflect and Remember**

11:00 a.m. - Ceremony marking the 10th anniversary of 9/11 at the International Peace Garden. There will be a solemn service at the 9/11 memorial which contains ten girders from the World Trade Center wreckage. Scheduled speakers include Manitoba Premier Greg Selinger, North Dakota Secretary of State Alvin Jaeger, Alex Forest the President of the Fire Fighters Union and guest speaker General Alain Parent, one of many Canadian Forces members involved in landing the dozens of flights in Canada after the United States shut down its air space that fateful day. The ceremony will kick off Sunday, September 11th at 11 a.m. with the 26th Regiment leading the procession.

[www.peacegarden.com](http://www.peacegarden.com) • 1-888-432-6733  
 The International Peace Garden located on the ND/Manitoba Border  
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## MSU receives check from BSU during "Beaver Bash"

Bemidji State University President Richard Hanson presented a check for more than \$1,900 to Minot State University President David Fuller Aug. 25 during the third-quarter break of the "Beaver Bash" football game in Bemidji, Minn.

The funds were collected at the game and earlier that day at BSU's sixth annual Appreciation Day. The event is BSU's way of thanking residents of Bemidji and the surrounding communities for their support of the university.

This year, in addition to the free food, games, face painting and dozens of information booths, the BSU Foundation solicited donations for the MSU Flood Families Fund.

Joe Czapiewski, director



of development for the BSU Foundation, said the university has a strong affinity for MSU and wanted to do "something more" to assist with Minot flood recovery efforts. In addition to having the same mascot, BSU and

MSU share family ties. Rich Jahner, BSU assistant head football coach and defensive coordinator, is a 1988 MSU Alumnus and his son, Trace, is currently a sophomore defensive back for the MSU Beavers.

# Annual event returns to State Fair Center

## Rodeo raises money, brings normalcy back to Minot

The flooding may have dampened the spirits of the people of Minot, but it won't rain on the Minot Y's Men's Rodeo.

Events though the State Fair Center in Minot sustained some flooding damage, the Minot Y's Men's Rodeo will take place there October 6-9.

For the fifth year, Minot will host the Ram Badlands Circuit Final Rodeo, the championship event for pro rodeo in North and South Dakota. Nearly 100 cowboys and cowgirls will compete in seven events for the title of Badlands Circuit champion.

The rodeo is a fundraiser for Triangle Y Camp at Garrison, N.D., and its Friday, October 7 performance is the "Tough Enough to Wear Pink" night, where monies are raised for cancer rehabilitation at the Trinity Health Care Exercise Rehabilitation program at the Minot Family YMCA.

The 2011 rodeo will serve as a kind of "pick-me-up" for the Minot area, said chairman Fred Beuchler. "The community is going to need something. We've been beaten down." About one quarter of the area was flooded, with 11,000 people evacuated and 4,100 homes damaged. "The rodeo will be a piece of normalcy" for the citizens of Minot, Beuchler said. "We even talked about planning a

kick off party for the rodeo, to get some rah-rah spirit back."

Beuchler grew up on a farm/ranch south of Minot and enjoys being part of the rodeo committee. "For me, it's the rodeo spirit, working with a variety of people, and raising money for a good cause. I went to (Triangle Y) camp, and I have two young kids who will go to camp someday. It's a huge part of why I'm involved with this."

This year's Minot Y's Men's Rodeo will be October 6-10, with performances on October 6-9 at 6:30 p.m. and a Sunday, October 10 matinee at 1:30 p.m. Tickets are available online at [www.MinotYs-MensRodeo.com](http://www.MinotYs-MensRodeo.com) and go on sale at Dakota Square Mall on September 24. The rodeo is sponsored by Touchstone Energy Electric Cooperatives and 4-Bears Casino & Lodge. For more information, visit the website at

(U.S. Air Force photo by Staff Sgt. Keith Ballard) Cole Ershere of Faith, S.D., competes in the saddle bronc competition during the 2010 Y's Men's Rodeo.

[tYsMensRodeo.com](http://tYsMensRodeo.com) or call 701-852-5577.

### INTERNATIONAL PEACE GARDEN UPCOMING EVENTS

#### SEPTEMBER

Sept. 11 9/11 Ceremony 11 a.m.

### MSU observes National Day of Service and Remembrance Friday

On Friday (Sept. 9) Minot State University will hold a short program in honor of the 10th anniversary of the 9/11 attacks and those who lost their lives on that tragic day. The event is at 9:30 a.m. in front of the twin pines of Memorial Hall on MSU's campus.

To commemorate the National Day of Service, MSU President David Fuller has granted all faculty and staff work release time to volun-

teer with one of several non-profit organizations that need additional workers.

For this 10th anniversary, more than one million Americans are expected to serve in their communities. MSU's Center for Engaged Teaching and Learning is coordinating the activities.

For more information, contact Beth Odahlen, CETL director, at 858-3177 or [beth.odahlen@minotstateu.edu](mailto:beth.odahlen@minotstateu.edu).

# Remembering 9/11.

On the next **Kid Scoop**, find out about some of the special tributes that have been created to remember the victims and heroes of the September 11, 2001 attacks. And discover how YOU can be a hero in your community.

[www.bhgnews.com](http://www.bhgnews.com)

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Sunday School..... 9:45 a.m.  
Morning Worship ..... 11 a.m.  
Family Hour/  
Leadership Training .... 6:30 p.m.  
Evening Worship ..... 7:30 p.m.  
Bible Study/  
Children Worship (Wed.).. 7 p.m.  
Prayer (Friday)..... 7 p.m.

## OTOLARYNGOLOGY



### Mark D. Noel, DO

#### OTOLARYNGOLOGY

As an otolaryngologist, Dr. Mark Noel specializes in ear, nose and throat disorders, with special expertise in chronic ear disease, snoring, sleep apnea, sinus problems, head & neck cancers, thyroid conditions, hearing issues and dizziness. His experience also includes balloon sinuplasty and Baha implantation – a hearing device that is implanted behind the ear to correct hearing loss.

#### MEDICAL EDUCATION:

- Graduate, Brigham Young University, Provo, UT
- Master's in Public Health and Doctor of Osteopathy degree, Des Moines University, Iowa
- Five-year residency in Otolaryngology and Facial Plastic Surgery, Michigan State University/Genesys Regional Medical Center, Grand Blanc
- Intern of the Year, Chief Resident honors
- Affiliate member, American Academy of Otolaryngology – Head and Neck Surgery
- Enjoys hiking, fishing, snowboarding and family activities



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Sunday Evening											September 11, 2011			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30				
WDAY/ABC	Extreme Makeover	20/20			20/20		Local							
KXMC/CBS	9/11: 10 Years Later				The Good Wife		Local							
KMOT/NBC	Football	NFL Football												
KNDX/FOX	Simpsons	Family Guy		Crockett	Local									
<b>Cable Channels</b>														
AMC	We Were Soldiers				Breaking Bad		Breaking Bad		The Killing					
CNN	CNN Presents	Beyond Bravery		CNN Newsroom		CNN Presents		Piers Morgan Tonight						
DISC	Curiosity	Dinosaur Revolution		Dinosaur Revolution		Curiosity		Dinosaur Revolution						
DISN	Good Luck	Shake It	Random	ANT Farm	Good Luck	Good Luck	Random	Good Luck	Wizards	Wizards				
ESPN	MLB Baseball							SportsCenter						
FAM	Princess Diaries 2		Sweet Home Alabama					J. Osteen	Ed Young					
FX	X-Men Origins				X-Men Origins									
LIFE	Sister Act		Sister Act 2: Back				Sister Act							
NICK	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends				
SPIKE	Auction	Auction	Auction	Bar Rescue		Bar Rescue		Behind Enemy Lines						
TBS	Legally Blonde			Legally Blonde										
TNT	The Terminal		Forrest Gump					Almost Famous						
USA	NCIS		The Space Between		Towers		The Space Between	Twin Towers						
WGN	How I Met	How I Met	How I Met	How I Met	News/Nine	Replay	Monk		Monk					
<b>Premium Channels</b>														
HBO	Boardwalk Empire		True Blood		Curb	Entourage	True Blood	Entourage	Curb					
MAX	My Soul	Due Date			Bad Boys II				Chemistry					
SHOW	Dexter		Rebirth				The Love We Make		Letters					

Thursday Evening											September 15, 2011			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30				
WDAY/ABC	Wipeout				Grey's Anatomy		Local	Nightline	Jimmy Kimmel Live					
KXMC/CBS	Big Bang	Big Bang		The Mentalist		The Mentalist		Late Show Letterman	Late					
KMOT/NBC	Community	All Night	Office	Free Ag.	Law & Order: SVU		Local	Tonight Show w/Leno	Late					
KNDX/FOX	Bones				Local									
<b>Cable Channels</b>														
AMC	Top Gun				Top Gun									
CNN	Anderson Cooper 360	Piers Morgan Tonight		Anderson Cooper 360	John King, USA		Piers Morgan Tonight							
DISC	Cops & Coyotes	Extreme Drug		Texas Drug Wars	Extreme Drug		Texas Drug Wars							
DISN	Shake It	Spy Kids		ANT Farm	Shake It	Wizards	Wizards	Wizards	Wizards					
ESPN	College Football					SportsCenter		Baseball Tonight						
FAM	Remember	Gone in 60 Seconds				The 700 Club		Whose? Whose?						
FX	Two Men	Two Men	Two Men	Two Men	Sunny	Archer	Sunny	Archer	Wilfred	Louie				
LIFE	Project Runway	Project Runway				Dance Moms		Russian	Project Runway					
NICK	My Wife	My Wife	Lopez	Lopez	Friends	Friends	'70s Show	'70s Show	Lopez	Lopez				
SPIKE	UFC Unleashed	IMPACT Wrestling				MANswers	MANswers	Inside Access						
TBS	Step Up		Fam. Guy	Fam. Guy	Conan			Office	Office					
TNT	Castle		Castle		Castle		CSI: NY	CSI: NY						
USA	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	NCIS	NCIS					
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk					
<b>Premium Channels</b>														
HBO	Unstoppable		Curb	Entourage	Entourage	Taxicab Confessions	24/7	Convictio						
MAX	Terminator 3				My Soul to Take									
SHOW	The Love We Make	Web Ther.	The Big C	Weeds	The Big C	Gigolos	Fubar: Balls to the Wall							

Monday Evening											September 12, 2011			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30				
WDAY/ABC	Bachelor Pad		Bachelor Pad				Local	Nightline	Jimmy Kimmel Live					
KXMC/CBS	How I Met	How I Met		Mike	Hawaii Five-0		Local	Late Show Letterman	Late					
KMOT/NBC	America's Got Talent		2011 Miss Universe				Local	Tonight Show w/Leno	Late					
KNDX/FOX	Hell's Kitchen		Hell's Kitchen		Local									
<b>Cable Channels</b>														
AMC	Rocky				Rocky II									
CNN	Tea Party Debate				Anderson Cooper 360		Tea Party Debate							
DISC	American Chopper		American Chopper		Brothers	Brothers	American Chopper	Brothers	Brothers					
DISN	Good Luck	Snow White and the Dwarfs		Random	Good Luck	Wizards	Wizards	Wizards	Wizards					
ESPN	NFL Football				NFL Football									
FAM	The Lying Game		Cyberbully				The 700 Club	Whose? Whose?						
FX	The Incredible Hulk						The Incredible Hulk							
LIFE	White the Child		The Perfect Roommate				The Protector	The Perfect Roommate						
NICK	My Wife	My Wife	George	Lopez	Friends	Friends	'70s Show	'70s Show	George	Lopez				
SPIKE	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die	Ways Die				
TBS	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Conan		The Women					
TNT	The Closer		The Closer		Rizzoli & Isles		The Closer		Rizzoli & Isles					
USA	NCIS		WWE Monday Night RAW				Suits		Law & Order: SVU					
WGN	Chris	Chris	Funniest Home Videos		WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk					
<b>Premium Channels</b>														
HBO	Mel Brooks		Conviction				Boxing							
MAX	For Love of the Game				Due Date			The A-Team						
SHOW	Rebirth				Weeds	The Big C	Weeds	The Big C	Marigold					

Friday Evening											September 16, 2011			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30				
WDAY/ABC	Shark Tank		Karaoke Battle USA		20/20		Local	Nightline	Jimmy Kimmel Live					
KXMC/CBS	48 Hours: Bullying		CSI: NY		Blue Bloods		Local	Late Show Letterman	Late					
KMOT/NBC	ALMA Awards		Dateline NBC				Local	Tonight Show w/Leno	Late					
KNDX/FOX	Kitchen Nightmares		Fringe		Local									
<b>Cable Channels</b>														
AMC	Silence-Lambs				Silence-Lambs									
CNN	Anderson Cooper 360	Piers Morgan Tonight		Anderson Cooper 360	John King, USA		24/7	24/7						
DISC	Man, Woman, Wild	Man, Woman, Wild		One Man Army	Man, Woman, Wild		One Man Army							
DISN	Wizards	ANT Farm	Phineas	Random	Vampire	Good Luck	Wizards	Wizards	ANT Farm	Phineas				
ESPN	College Football						SportsCenter		Baseball Tonight					
FAM	Happy	Happy	Happy	Happy	Happy	Happy	The 700 Club	Whose? Whose?						
FX	How I Met	How I Met	X-Men Origins						12 Rounds					
LIFE	Reba	Reba	Reba	Reba	Roseanne	Roseanne	Reba	Reba	Reba	Reba				
NICK	SpongeBob	Bucket	Lopez	Lopez	Friends	Friends	'70s Show	'70s Show	Lopez	Lopez				
SPIKE	Gangland		UFC Unleashed		UFC Unleashed				UFC Unleashed	Day-Thndr				
TBS	Fam. Guy	Fam. Guy	The Longest Yard						The Longest Yard					
TNT	Law & Order		The Rock						Assault on Precinct 13					
USA	Fast & Furious				Fast & Furious				Na! Treasure					
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk					
<b>Premium Channels</b>														
HBO	24/7	24/7	24/7	24/7	Real Time/Bill Maher	Real Time/Bill Maher	Face Off	Edge						
MAX	Terminator 2				Strike Back	Chemistry	Skin-Max	Strike Back						
SHOW	Living for 32		Patton Oswalt		Sweet Karma		Push							

Tuesday Evening											September 13, 2011			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30				
WDAY/ABC	Wipeout		ABC News Special				Local	Nightline	Jimmy Kimmel Live					
KXMC/CBS	NCIS		NCIS: Los Angeles		NCIS: Los Angeles		Local	Late Show Letterman	Late					
KMOT/NBC	It's Worth What?		America's Got Talent		Parenthood		Local	Tonight Show w/Leno	Late					
KNDX/FOX	Glee		Raising	Raising	Local									
<b>Cable Channels</b>														
AMC	Rocky III				Rocky III									
CNN	Anderson Cooper 360	Piers Morgan Tonight		Anderson Cooper 360	John King, USA		Piers Morgan Tonight							
DISC	Auction	Auction	Auction	Auction	D. Money	D. Money	Auction	Auction	D. Money	D. Money				
DISN	Random	Tinker Bel		ANT Farm	Random	Wizards	Wizards	Wizards	Wizards					
ESPN	World, Poker		World, Poker		Baseball Tonight		SportsCenter		Baseball Tonight					
FAM	Bruce Almighty		Evan Almighty				The 700 Club	Whose? Whose?						
FX	Iron Man				Sons of Anarchy		Sons of Anarchy		Sons of Anarchy					
LIFE	American Pickers		American Pickers		Picker Sisters		Picker Sisters		American Pickers					
NICK	My Wife	My Wife	Lopez	Lopez	Friends	Friends	'70s Show	'70s Show	Lopez	Lopez				
SPIKE	Auction	Auction	Auction	Auction	Auction	Auction	Repo	Repo	Auction	Auction				
TBS	Office	Office	Office	Office	Office	Office	Conan		Office	Office				
TNT	Rizzoli & Isles		Law & Order		Law & Order		CSI: NY		CSI: NY					
USA	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Necessary Roughness		Law & Order: SVU					
WGN	Chris	Chris	How I Met	How I Met	WGN News at Nine	Scrubs	Scrubs	South Pk	South Pk					
<b>Premium Channels</b>														
HBO	127 Hours		24/7	Curb	Entourage	True Blood		Devil						
MAX	Drumline			She's Out										
SHOW	Thirst		Weeds	The Big C	Weeds	The Big C	Web Ther							

**Today**

- **Patriot's Day 5K**, 0700, Fitness Center
- **Grill Your Own Steak Night**, 1700-1900, J.R. Rockers and JDC
- **Anime Club**, 1630, Library
- **Kids Night Out**, 1830-2100, Youth Center

**Saturday**

- **Horseback Riding Trip**, Outdoor Recreation
- **Pet Fair**, 1000-1200, Bud Ebert Park
- **Bowler Customer Appreciation Day**, 1200-1600, Rough Rider Lanes
- **Back to School Bash**, 1300, Library
- **Give Parents a Break**, 1300-1700, CDC/SAP
- **Deployed FREE Skate Night**, 1800-2000, Youth Center
- **Hip Hop Nite**, 2300-0400, J.R. Rockers

**Sunday**

- **Pride of America Scramble**, 0900, Rough Rider Golf Course
- **All-Ranks Champagne Brunch**, 1030, JDC
- **Football Frenzy Tailgate Party**, 1100-1900, J.R. Rockers
- **Sunday Escapes Book Club**, 1330, Library

**Monday**

- **Framing Class**, 1000-1600, Arts & Crafts
- **Burger Doo it Your Way! Family Night**, 1700-1900, JDC
- **FCC Pre-Orientation**, 1800-2000
- **Otaku 2.0**, 1800, Library

**Tuesday**

- **Men's Day**, 0800-1200, Rough Rider Golf Course
- **Family Frenzy**, 1700-2100, J.R. Rockers
- **Club Membership Benefit**, all day, Rough Rider Lanes

**Wednesday**

- **Right Start**, 0730-1200, JDC
- **Hello/Goodbye/Birthday Celebration**, 1600, Youth Center
- **2-4-1 Burger Night**, 1700-2100, J.R. Rockers

**Thursday**

- **Creative Kids**, 1030-1130, Arts & Crafts
- **Last day to register for 3-D Archery Tournament**, Outdoor Recreation
- **Registration starts for Pre-Teen Lock-In**, Youth Center

**September 16**

- **Federal Resume Workshop**, 1100-1300, A&FRC
- **BGCA Day for Kids**, 1700, Youth Center
- **Lights & Strikes Bowling**, 1800-2300, Rough Rider Lanes
- **Last day to register for Deployed Family Dinner**, A&FRC

**September 17**

- **Arts & Crafts Retail Store Open**, 1000-1400, Arts & Crafts
- **Jewelry Making Class**, 1030-1200, Arts & Crafts
- **Children's Literacy Workshop**, 1100, Library
- **3-D Archery Tournament**, 1200-1600, Outdoor Recreation
- **Red Pin Bowling & Music**, 1800-2300, Rough Rider Lanes
- **Hip Hop Nite**, 2300-0400, J.R. Rockers

**Pride of America Scramble**

Golfers can "tee it up" on September 11th during the Pride of America Scramble at the Rough Rider Golf Course beginning at 9 a.m. Entry fee for this 18 hole four person scramble is \$25 plus green fees and includes a meal after the tournament, Pro Shop games, and prizes; cart rentals are \$15. The tournament is sponsored in part by Ryan Family Dealerships. Deadline for tournament registration is September 8th. No federal endorsement of sponsor intended. For more information, contact the Rough Rider Golf Course at 723-3164.

**Back To School Bash**

Join the Base Library on Saturday, September 10th when they host their Back To School Bash beginning at 1 p.m. Listen to stories about good, bad, and strange school days, craft some cool school supplies, and watch a cartoon about the misadventures of a fish who plays hooky from school. Whether you're finishing up elementary school or are still

waiting to start kindergarten, you're welcome to join the fun. For more information, call the Base Library at 723-3344.

**Burger Doo It Your Way! Family Night**

The Jimmy Doolittle Center has the perfect cure for your delicious hamburger cravings. On Monday, September 12th, you won't want to miss Burger Doo it Your Way! Family Night from 5 - 7 p.m. You can build your own burger by choosing from ground beef, ground turkey, portobello mushrooms, and all the toppings. You start by choosing the kind and amount of meat, cheese, and seasonings you want. Then the Doolittle Center staff pack your burger and grill it to perfection. Once it's cooked and returned to you, you'll put it on your choice of bread and top with your choice of toppings. The meal is served with fries, fresh greens, and a drink. Cost is \$4 for club members and \$7 for non-members plus 50 cents for each ounce of meat and cheese. To make this family night extra special, Dizzy the Clown will be performing a special show at 6 p.m. For more information on the Burger Doo It Your Way! Family Night, contact the Doolittle Center at 723-3731.

**Minot AFB Basketball Team Tryouts**

Tryouts for this year's Minot AFB basketball team will be held on September 12th, 14th, and 15th at the McAdoo Fitness Center. The base basketball team is a traveling team which represents Minot AFB in competitions with colleges and other bases located in surrounding states. The tryouts are scheduled for 5 p.m. each day. For more information, call the Fitness Center at 723-2145.

**Federal Resume Workshop**

In order to provide everyone a more active workshop on USAJOBS and accommodate all DoD civilians for the way to apply for 'internal civilian' federal jobs, the Airman & Family Readiness Center will be holding a "Federal Resume Workshop" on September 16th from 11 a.m. to 1 p.m. This workshop is open to all active duty members, spouses, retirees, DoD civilians, and NAF employees. Information included will be accessing USAJOBS, how to find federal jobs, finding the KSAs, and tips on writing a resume. To sign up, contact the Airman & Family Readiness Center at 723-3950.

**Jewelry Making Class**

The Arts & Crafts Center is hosting a Jewelry Making class on Saturday, September 17th from 10:30 a.m. to noon. Participants will receive instruction on the tools used for jewelry making as well as all supplies to make a necklace and earrings. Once you complete the jewelry, it is yours to keep. Cost for the Jewelry Making class is \$10. For more information, call 723-3640.

**Wounded Warrior Project 5K**

On Sept. 17, a 5K will take place to benefit the Wounded Warrior Project. The race will start at 9 a.m., with registration beginning at 8:30 a.m. The cost of the race is \$10 with all proceeds going towards the Wounded Warrior Project. Registration will be inside the base gym at the basketball courts.

**Currently Deployed and Returnee Family Dinner**

Dinner is on us! The Airman & Family Readiness Center invites family members of currently deployed personnel and deployment returnees/families to enjoy a free Deployed Family Dinner on September 22nd from 5-7 p.m. at the Airman & Family Readiness Center patio. This is a great informal event which provides an opportunity to network with other family members experiencing a separation. No speakers or briefings!

There will be door prizes, resource materials, program/incentive information, activities for children, great food, and lots of conversation. Interested persons should pre-register by September 16th by calling 723-4500; seating is limited. Eligible participants include any deployment returnee who came home after May 26th, 2011 and their family members, 5 BW/91 MW families of currently deployed members, and 91 MW families experiencing a work-related separation on the date of the event. For more information, call the Airman & Family Readiness Center at 723-4500.

**Tastes Around The World Beer Tour**

Are you a beer connoisseur? Would you like to become one? J.R. Rockers has the perfect opportunity for you to tempt your taste buds by sampling a variety of beers during their 7th Annual Tastes Around the World Beer Tour. The tour begins at 4:30 p.m. on September 22nd and runs every Thursday until November 17th. Each club member completing the tour will receive a complimentary J.R. Rockers jacket. Don't miss out as you savor the flavor of beers from around the world. For more information on the Tastes Around the World Beer Tour, call J.R. Rockers at 727-ROCK.

**Amazing Race**

The Fitness Center invites you to participate in the Amazing Race on September 24th at 11 a.m. This is a team event in which participants receive points for mental and physical challenges, treasure hunts, or being at the right place at the right time. Teams will consist of two participants who must travel together, on foot, to required stations to collect points. Registration deadline is September 22nd. The game will have a time limit of two hours. Event is open to DoD ID card holders age 16 and older. For additional details, call the Fitness Center at 723-2145.

**Home-Based Career & Telework Job Development Program**

The Airman and Family Readiness Center invites you to attend the Home-Based Career & Telework Job Development Program on September 24th from 9 a.m. to 4 p.m. at the Jimmy Doolittle Center. This program focuses on how and where to find legitimate home-based work opportunities with companies like 1-800FLOWERS, U-haul, American Express, and hundreds of others. Nationally known guest speaker Christine Durst brings a wealth of knowledge to share with attendees. This program is ideal for military spouses, retirees, DoD civilian personnel, transitioning personnel, and more. Military spouses will receive sign-up preference. To register or for more information, call the Airman and Family Readiness Center at 723-3950.

**Youth Dance Lesson Registration**

Youth Center members are invited to put on their dancing shoes and learn a variety of styles of dance. Members age 2 and older may register for a Creative Movement class, a Ballet, Tap, and Jazz combined lessons class, or a Hip Hop class. The cost of each dance style class is \$35 per month. Dance lessons are scheduled to begin Saturday, September 17th; late registration will run until September 29th. All classes are scheduled for Saturdays. The tentative times for each class are below:

- 1 p.m. to 1:45 p.m.: Creative Movement – Ages 2 – 3
  - 2 p.m. to 2:55 p.m.: Ballet/Tap/Jazz – Ages 3-5
  - 3 p.m. to 3:55 p.m.: Ballet/Tap/Jazz – Ages 3-5
  - 4 p.m. to 4:55 p.m.: Ballet/Tap/Jazz – Age 6 and older
  - 5 p.m. to 5:55 p.m.: Hip Hop – Age 6 and older
- There will be a parent orientation at 5 p.m. on September 15th. For more details, call 723-2838.

**Youth Employment Skills Program**

The Air Force Aid Society (AFAS) offers an on-base Youth Employment Skills (YES) Program that allows eligible youth an opportunity to learn valuable work skills while having a positive impact on their base communities. The YES program allows all certified and enrolled high school students to "bank" volunteer dollar credits towards their post-secondary education/training at a rate of \$4 per hour volunteered in an on-base position. For more information or to enroll in this great opportunity to "learn and earn", contact the Youth Director at 723-2838.

**Mom's Network**

Want a chance to network with mothers on base? Well here is your chance every Wednesday from 11am – 1pm you can join us at the Northern Plains Chapel Basement for a open house-type structure, come and go, snack and learn, share with others, called the Mom's Network. We are offering this service to provide support to new (and experienced) Moms to promote healthy nutrition for families, support breast feeding, etc. Each session will consist of an educational topic and snacks will be served. Come and join us! The Mom's Network is co-sponsored by Family Advocacy and HAWC. Contact Donna Burth, Rn Family Advocacy at 723-5140 or Sandra Horob, RD, HAWC at 723-2994.

**The Lord's Cupboard Food Pantry**

Faith United Methodist Church Food Pantry will be held at 103 14th Ave SE: old Steve Vibeto insurance office, east of Good Will Store. Hours are Mondays, 10am to 1pm, Wednesdays from 1pm to 4pm and again on Fridays from 2pm to 5pm.

**Taste of Heaven Soup Kitchen**

Come to our new location: United Congregational Church at 430 N. Broadway, Minot. The hours are Mondays from 11 a.m. to 12:30 p.m. The soup kitchen will be open every Monday until further notice.

**Women In The Outdoors Shooting Event**

Saturday, September 10 at the Mark Hamilton Ranch (8100 County Road 12 West, Minot) Women in the Outdoors provides opportunities for women to learn new skills and meet people with similar interests. Instruction offered in the following shooting disciplines: Handgun, Rifle, Shotgun and Archery. This event is open to women ages 14 and older. The cost is \$20 and includes lunch, instruction, use of all equipment, program materials, and a 1 year membership in Women in the Outdoors. (WITO) We will have a silent auction and door prizes. Check in will begin at 9:30 a.m. and the day will wrap up at 4 p.m. Questions: Percy Ottmar at 701-721-5546 or 701-839-5546 or Peter Yung at 701-857-8644 or visit our website: [www.srblongbeards.com](http://www.srblongbeards.com).

**Minot Main Street Crazy Days**

Saturday, September 10 at 10am - 5pm. Minot Main Street Crazy Days at United Pantry, Gourmet Chef, Main Street Books and LaLee Cakes. Activities include meeting Llama Llama at Main Street Books! Story time at 2pm with Llama Llama! Wusthof knife sale and sharpening form 10-2pm at Gourmet Chef! \$1.00 per knife, limit 4, with proceeds going to Minot's 2nd Story Community Center. Great food samples and live music at United Pantry! Hourly cake walk and cupcake drawing with LaLee Cakes! Door prizes and carnival games! Grand prizes include: \$100 Children's Book Basket, \$140 Wusthof Cutlery Set, \$50 Sushi Basket, and \$50 Cake Gift Certificate. Free will donations for Minot Area Flood Relief.

**Chamber Chorale Rehearsals**

The Minot Chamber Chorale starts rehearsals for its upcoming season on Sunday, September

11. To join the group, contact the Conductor, Bob Demke at 721-4548 or [redinvest@srt.com](mailto:redinvest@srt.com), for an audition.

**Sausage & Pancake Breakfast**

Benefit for Minot Area Flood Victims on September 11th from 8 am to 1:30 pm. Free Will Donations at Rolette Memorial Hall & Rolla Public School. Sponsored by Rolette County First Responders. 100% of funds raised will go to the Minot Fund to assist Minot & surrounding areas.

**Kids in Need Foundation Helping Child Flood Victims**

The Kids In Need Foundation, a national, non-profit organization dedicated to providing free school supplies to economically disadvantaged school children and under-funded teachers, is accepting donations to provide school supplies to students affected by the record-breaking floods in Minot, North Dakota. Donors can visit the Kids In Need Foundation website and make a donation that will deliver school supplies, including paper, pencils, glue, notebooks, and scissors directly to the hands of local Minot teachers and students. Donations can be made at <http://kinf.org/minot> until September 15.

**Parkinson's Disease Symposium**

We will have informative speakers and refreshments on Friday, September 16th at the Knights of Columbus in Minot. (Plenty room for parking) For information, call Eilene Emly at 837-8538 or Cecilia Howe at 839-1762.

**Walk to End Alzheimer's**

09/17/11 - Dakota Square Mall - JCPenney wing - Registration 8 am; Program/Walk 9 am. Join the Alzheimer's Association Walk to End Alzheimer's™ and unite in a movement to reclaim the future for millions. Since 1989, we've mobilized millions of Americans in the Alzheimer's Association Memory Walk®; now, we ask you to register for Walk to End Alzheimer's, the nation's largest event to raise awareness and funds for Alzheimer care, support and research. Together, we can end Alzheimer's disease the nation's sixth-leading cause of death.

**Legacy of the Arts Fall Festival/garage sales**

Join us in Harvey for September 23

- 24. On Friday, September 23: Noon - 1 pm - Scavenger Hunt begins - pick up rules at City Armory, grand prize is \$500.00. Approximately 1:30 pm will be the Homecoming Parade followed by a Pep Rally at Harvey High School. The football game will be held at 7pm - Harvey-Wells Co. Hornets vs. Larimore Polar Bears. There will be a Silent Auction on Sept 24th at the 1st International Bank.

**Art Show and Wine Walk in Harvey**

Join us Saturday, September 24th from 10 am - 10 pm - 4th Annual Art Show at Harvey City Armory including the Ultimate Veggi & Scarecrow Contests. Food Vendors available. From 10am to Noon - Kuchen drop-off at Kiwanis room, Armory, pre-register. At 3pm will be the end of the scavenger hunt. At 4pm - Awards Ceremony for Art Show, Kuchen Queen, Scarecrow & Scavenger Hunt at City Armory. Lion's Club selling "brats" on Lincoln avenue. From 7:30pm to 10pm - Wine Walk begins at RUE no 54 - Advance Tickets. From 7pm to 9pm - Music on the corners of Lincoln Avenue.

**Zion Lutheran (Minot) Annual Lutefisk and Meatball dinner**

41st annual Lutefisk and Meatball dinner, Saturday, September 24th, 2011 from 2 p.m. to 7 p.m. Tickets \$15, on sale day of event.

**Karlsruhe Harvest Festival**

Saturday, September 24, 9am-4pm on Main Street in Karlsruhe. Rummage sales, Vendor & Craft Show, Bake Sale, Karlsruhe Cook Book Sales, Dakota Cruisers & Classic Car Show will be from 11am-3pm. Serving Lunch.

**MCFSC Needs Coaches**

Figure Skating Coaches needed, if interested please contact the Magic City Skating Club at 701.838.6720.

**Basic Skills Skating Classes**

for Girls & Boys - Preschool to Adult  
Session A 2011

Magic City Figure Skating Club

Registration: Sunday, Sept, 11th, 2011

Time: 2:00-4:00pm

Where: MAYSA Arena - 2501 W. Burdick Expressway  
"Basic Skills" Scholarships (limited number available)

Questions: Call Cassie 721-7221 or MCFSC at 838-6720

(Classes begin the week of Sept. 12th & end Oct. 26th)

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# Minot State University Spring 2011 Dean's List

## ARTS AND SCIENCES

A total of 133 undergraduate students were named to the spring semester 2011 College of Arts and Sciences Dean's List at Minot State University, according to Dean Conrad Davidson. To be recognized in the dean's list, students must earn a grade point average of 3.5 to 3.79 for the semester and complete a minimum of 12 hours of instruction.

### From Minot

Morgan Abel, Dylan Abrahamson, Katelyn Backes, Alexander Baker, Joshua Beaudoin, Eric Benz, Tyler Berg, Heidi Berndt, Alyssa Beyer, Shelby Beyer, Maxwell Boeckel, Kara Bohan, Kelly Bonsness, Susan Brooks, Christina Burner, Thomas Carraher, Jennifer Castro, Jesse Clark, Ashley Coffin, Kayla Cote, Stephen Davison, Krista Doty, Emily Evanoff, Terry Falcon, Loren

Files, Doug Fredrich, Nick Fredrich, Arielle Glaspie, Elizabeth Hamm, Teresa Hargrove, Ross Hartley, Kori Haskins, Angela Hernandez, Gary Huwe, Kathryn Jackson, Taylor Jensen, Scott Jones, Sara King, Jennifer Kondos, Ruth Kroeker, Molly Kvigne, Nichole Kvigne, Benjamin Lahay, Aaron Larson, Matthew Larson, William Luetzen, Briana Luxem, Janna McKechnie, Eric Merck, Steven Merkel, Jonathon Moser, Amy Olson, Timothy Olson, Maxwell Patzner, Amanda Paulsen, Brittany Pfau, Lance Powell III, Alyson Preston, Amanda Roise, Katie Seier, Tyler Thompson, Zachary Thorne, Leah VanTilborg, Jurene Wallery, Kathy Wallstrum, Justina Wise.

From Minot Air Force Base  
Amanda Kopecky, Cassandra Robbins, Ancela Thomas.

## BUSINESS

A total of 48 students were named to the spring semester College of Business Dean's List at Minot State University, according to Dean JoAnn Linrud. To be recognized in the dean's list, students must earn a grade point average of 3.5 to 3.79 for the semester and complete a minimum of 12 hours of instruction.

### From Minot

Aryn Arndt, Barbara Barron, Elysha Blikre, Jessica Bocek, Ryan Bock, Jordan Brabandt, Jerik Elm, Jennifer Farroh, Cole Gregurek, Cody Hiller, McKenna Larson, Jennifer Lock, Abby Martinson, Kaitlin McHenry, Crystal Pellett, Daniel Pfau, Shane Prough, Carly Seibold, Melody Shelkey, Scott Slorby, Jared Starr, Arthur Ward.

From Minot Air Force Base  
Olga Bell, Melissa Durrent, Athena Olmstead, Avery Suddreth.

## EDUCATION AND HEALTH SCIENCES

A total of 183 students were named to the spring semester College of Education and Health Sciences Dean's List at Minot State University, according to Dean Neil Nordquist. To be recognized in the dean's list, students must earn a grade point average of 3.5 to 3.79 for the semester and complete a minimum of 12 hours of instruction.

### From Minot

Alyssa Almond, Kayla Anderson, Brenden Bertrand, Denise Blotter, Amber Bluhm, Brad Bonness, Alan Bruning, Andrew Castle, Thomas Clark, Matthew Cookman, Leslie Crosten, Marie Cutaiar, Shauntae Delmar, Maddie Dockter, Anthony Dosch, Jessica Dunn, Heather Ell, Miranda Erdmann, Dayna Flaten, Alex Fornshell, Jordyn Geer, Maari Gudmunson, Kristina Hildebrandt, Jennifer Hills, Ryne Hornecker, Macken-

zie Keating, Sasha Larson, JorDan Lawson, Taylor-Rae Leslie, Renju Maharjan, Elizabeth Malnaa, Ryan Marchus, Karl Martin, Johnny McCoy, Kristina McMakin, Monique McReynolds, Melissa Meigs, Jessica Morin, MacKenzie Nagel, Mitchell Nelson, Ashlee Olson, Stephanie O'Neill, Carly Rochholz, Turqoyz Rogahn, Jessica Rovenko, Ryan Rowe, Kathryn Rubbelke, Jessica Rundall, Jessica Rush, Kasie Sander, Elizabeth Sanders, Marlee Schmidt, Becky Schneider, Amber Sluke, Eric Steele, Megan Volk, Shannon Walsh, Jennifer Walter, Micaela Walth, Megan Ward, Stephanie Ward, Natalie Williams, Colin Wilson, Candy Wormsbecker, Loren Ziegler, Jacinta Zietz.  
From Minot Air Force Base  
Jocilynn Culver, Megan Davidson, Angela Gaston, Valerie Legaspi, Ashley Perez, Janelle Ramirez, Felicity Smith, Ann Summers.

# Minot State University Spring 2011 President's List

A total of 466 undergraduate students were named to the spring semester 2011 President's List at Minot State University, according to President David Fuller. To be named to the MSU President's List, students must earn a grade point average of at least 3.8 for the semester and complete a minimum of 12 hours of instruction.

### From Minot

Casaundra Adahl, Jayme Albright, Anthony Anderson, Brittany Armstrong (4.0), Kelsey Aspaas (4.0), Drew Awalt (4.0), Erica Bednar (4.0), April Bender, Nichole Bennett Spitzer (4.0), Lacey Berentson, Benjamin Berg, Katherine Berg (4.0), Therese Bertrand, Tasha Bischof (4.0), Matthew Black, Amanda Blikre (4.0), Kristen Bliven, Julia Bogenrief (4.0), Hannah Bolinger, William Brand (4.0), Timothy Brandt, April Bratten (4.0), Ashley Brossart, Andrea Brown (4.0), Christopher Brown (4.0), Samuel Buchholz, Kodi Bullinger (4.0), Bethanie Burckhard (4.0), Daniel Chase (4.0), Alec Clark (4.0), Jonathan Clark (4.0), Pamela Clarkson (4.0), Ian Crawford (4.0), Lorianne Cree, Erin

Danielson (4.0), Katelin David, Jonna Dawson (4.0), Derek Diede (4.0), Rex Dimond (4.0), Kaylee Dockter (4.0), Katelyn Donald (4.0), Nicole Duchene (4.0), Aimee Duchsherer (4.0), Suezane Durand (4.0), Kelsey Eaton (4.0), Philip Eaton (4.0), Mikayla Ellingson, Tyrel Erickson, Michael Filkins (4.0), Trillity Finlayson (4.0), Samantha Follman, Alexandra Fowler (4.0), Jared Francis, Beth Garber (4.0), Alisha Geisen (4.0), Christine Geist (4.0), Heather Gilbert (4.0), Pratigya Giri (4.0), Joseph Goldade, Samantha Gores (4.0), Jennifer Gravos (4.0), Sarah Gress, Shayla Greybear (4.0), Katie Grier (4.0), Tatyanny Griffiths, Matthew Grubbs (4.0), Salome Guerrero, Pamela Guss (4.0), Daniel Haff (4.0), James Haff (4.0), Miranda Hager (4.0), Alyssa Hall (4.0), Shauna Hamilton (4.0), Anzley Harmon, Lance Hartleib (4.0), Arthur Haskins (4.0), Arielle Heizelman (4.0), Mandy Heizelman, Lindsay Helseth (4.0), Kirsten Hernandez, Chris Hickel, Amy Hill (4.0), Karissa Hoff (4.0), Kallie Holmen (4.0), Kristina Hull (4.0), Laura Johnson (4.0), Dominic

Junglas (4.0), Denise Keplin, Hailee Kizima (4.0), Amanda Klein, Brittany Knickerbocker (4.0), Meghan Korzun, Chris Kvamme (4.0), Kayla Kvisle (4.0), Marcene Labrensz (4.0), Katherine Langemo (4.0), Leah Larson, Megan Ledoux, Jonathan Lee (4.0), Kevin Leier, Shauna Logan (4.0), Nicole Love (4.0), Alexander Lozensky (4.0), Samantha Lucy (4.0), Christina Lynch (4.0), Lindsay Lyon, Troy Madsen (4.0), Ashley Maercklein (4.0), Sarah Magnuson (4.0), Heather Malone, Tiffany Marking, Alexis Martinsen (4.0), Elizabeth McClure (4.0), Monica McLeod, Monica Melvin, Jonah Mihalek, Carson Moen (4.0), Madelyn Moen (4.0), Christina Morin (4.0), Adam Morse (4.0), Darcy Mott (4.0), Anne Mugaas (4.0), Rachael Nadeau (4.0), Kelsi Nagel (4.0), Mickayla Nagel (4.0), Schyler Namanny (4.0), Cassandra Neuharth, Jordan Niess, Milika Njenga (4.0), Andrea Noftsker, Nicole Nolz, Michael Nordquist (4.0), Erin Obenchain (4.0), Megan Odegard (4.0), Deann Olschlager (4.0), Samuel Olson, Angela Orluck (4.0), Melissa Perry, Ryan Peterson (4.0),

Bryan Phillips, DiNell Polsfut (4.0), Jessica Pratt, Ariel Preskey (4.0), Tricia Randall (4.0), Kristina Roed, Michael Rogers (4.0), Jessica Rosin (4.0), Kelsey Rydberg (4.0), Brett Schott (4.0), Amanda Schumacher (4.0), Steven Sem (4.0), Aaron Severson (4.0), Wendy Simmons (4.0), Deserea Simons (4.0), Tonya Sipple (4.0), Cassandra Skar (4.0), Cory Smith (4.0), Sarah Smith (4.0), Trista Smith (4.0), Corrine Spaulding, Amandajane Stewart (4.0), Phillip Streccius (4.0), Joshua Sweet (4.0), Jamie Taylor (4.0), Jennifer Thomas (4.0), Jeremy Thomas (4.0), Vangelis Thompson, Natasha Thorlaksen, Matthew Titus, Courtney Traeger, Mark Trout (4.0), Rachel Vandal (4.0), Andrew Van-

sickle, Michaela Vinje, Mariah Vollmer, Elizabeth Walz (4.0), Danielle Wangler (4.0), Kala Wangsness (4.0), Tate Wells, Kristyn Wenger, Mike Wentz, Alanna Wiens, Kristofer Williams, Brittni Wiseman (4.0), Alexandria Witowic (4.0), Medora Witwer (4.0), Kelly Wolf, Lindsey Wolf, Jazmine Wolff (4.0), Marlee Wunderlich (4.0), Bradley Yoder, Justin Ziegler (4.0), Melissa Zimbelman.  
From Minot Air Force Base  
Achlee Beharic, Aubry Davis, Lindsay Fortuna (4.0), Andrea Harris, Janelle Hendrix (4.0), LanaLee Lambrecht (4.0), Angelia Muha (4.0), Jennifer Nelson, Angela Roper (4.0), Crystal Ruan, Sarah Suhr (4.0).



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The Tactical Response Force competes in the Sports Day tug-o-war here, Sept. 1. Although TRF had the best scores, they unfortunately were frequently disqualified because they did not have a female on their team. Offices competed against each other in a variety of events such as the 5K run, build a boat, 3-on-3 basketball, swim relay, and numerous other events. Each team was required to have at least one male and female member to receive points. At the end of the day, 5th Force Support Squadron accumulated the most points.



Airman 1st Class Kyle Banogon, 5th Communications Squadron client systems technician, passes the baton to Staff Sgt. Aaron Toledo, 5th Communications Squadron communications project manager, here, Sept. 1. Members of each team ran one lap before passing the baton to the next teammate.



Airmen compete against each other in Sports Day sand volleyball here, Sept. 1.



Minot Airmen warm-up for the Sports Day 5K run here, Sept. 1.

(U.S. Air Force photos/Senior Airman Ashley N. Avecilla)

# Do you know if it's an emergency?

By Shari Lopatin

TriWest Healthcare Alliance

Did you know the cost of an emergency room visit is typically as much as 10 times more than an urgent care visit?

Although the emergency room can appear a convenient and available choice, some situations may be best suited for urgent care. Do you know the differences? Take a look:

### Urgent care examples

An illness or injury that won't cause disability or death if not treated immediately, but needs medical attention to keep from becoming a greater threat.

- Minor lacerations
- Urinary tract infections
- Earaches
- Migraine headaches
- Sprains
- Rising fever

### Emergency room examples

Anything severe enough to reasonably believe life, limb or eyesight could be threatened. This includes maternity and psychiatric emergencies, as well as:

- No pulse
- Inability to breathe
- Spinal cord or back injury
- Severe bleeding
- Chest pains
- Severe eye injuries
- Broken bones

• Car accident  
Besides the extra cost, emergency rooms are normally crowded, which could equal longer wait times for you. So the next time you're getting ready to run to the ER, ask yourself:

Is this REALLY an emergency?

Make the right choice and save space for patients who truly need emergency care.

For more on the differences between emergency room and urgent care, visit [www.triwest.com/UrgentCare](http://www.triwest.com/UrgentCare).

## FREE CLASSIFIED ADS

The Northern Sentry is offering FREE classified ads for everyone if they are selling personal items or to advertise rummage sales.

Find us on Facebook  
**Minot Air Force Base Northern Sentry**  
to post any community fundraisers or announcements.

839.0946  
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**\$109,900**

GREAT STARTER HOME - Close to MSU - home offers one level living with efficient floor plan. Furnace and water heater on the main level. Detached double garage.

MLS #20111533



**\$94,900**

READY FOR FINISH WORK! Flooded home with 3 bedrooms, 1 3/4 baths. Basement and main level gutted & professionally sanitized. Rewired, new 200 amp box, new furnace, ductwork, and A/C. Nice neighborhood-water receded quickly most homes are being fixed. Attached garage, newer driveway.

MLS #20111482



**\$75,000**

CONSIDER THIS! Home was flooded, being gutted, sanitized and being sold "as is". 4 bedroom, 1 1/2 story home with 2 bedrooms on main level and 2 upper level bedrooms. Attached single garage and a detached double garage

MLS #20111402



**\$89,900**

FIXER-UPPER Professionally gutted, sanitized - now ready to be fixed up. 2 bedroom, 2 3/4 bath home. Large kitchen area, formal dining, living room w/fireplace. Second story had no damage. Prior to flood was appraised for \$186,200. Double garage w/alley access.

MLS #20110793



**NOW \$125,000**

PRICE REDUCED - 3 bedroom, 2 bath home in Glenburn. Many updates plus a completely remodeled basement in 2011 w/new bath, egress bedroom and family room. Hardwood floors on main level, nicely landscaped large lot w/alley access and storage shed. Attached garage.

MLS #20111034



**\$164,900**

COUNTRY LIVING - Great 4 bedroom, 1 3/4 bath home on 8+ acres near Ryder and a short drive to Lake Sakakawea. Formal dining room, main floor laundry, deck, detached garage and 40x80 pole building.

MLS #20111183



Travis Garrison  
720-3728  
[travis@minothomes.com](mailto:travis@minothomes.com)



ZOOM IN  
[minothomes.com](http://minothomes.com)



Ali Ryan  
720-9004  
[amryan66@yahoo.com](mailto:amryan66@yahoo.com)

Help provide HOPE by dressing casual!  
**Project HOPE Community Casual Days**  
September 12-18, 2011

Join area businesses and individuals in a new community wellness event to learn about healthy lifestyles, cancer prevention, and early detection.

Dress casual and wear colors representing the top four cancers in North Dakota.

Find out how to get your business involved in project HOPE at [bismarckcancercenter.com](http://bismarckcancercenter.com)

BISMARCK CANCER CENTER

[bccprojecthope.org](http://bccprojecthope.org)  
Contact Jill at (701) 226-2095

# CLASSIFIEDS

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## HELP WANTED

### Part-Time Room Monitors

Do you have a passion for improving the lives of children and families in the community? The Village Family Service Center, a 117 year-old nonprofit human service agency, has immediate openings for part-time room monitors in its Supervised Parenting Time & Child Exchange Program. Room monitors are responsible for facilitating interactions between parents and children in cases where supervised visitation is required, and when parents with shared custody exchange their children. Successful candidates must demonstrate the ability to work independently, strong decision making skills and passion for serving at-risk children and their families. Experience working directly with children and/or families is required. Candidates with experience or education in social work, child development, psychology, counseling, teaching, domestic violence and related areas are strongly encouraged to apply. Hours of work will range from 12pm - 9pm and will include rotating weekends. Deadline for resumes is Friday, Sept 16, 2011. Send resume and cover letter to Jeni McCann, the Village Family Service Center, 20 1st St. SW Suite 250, Minot, ND 58701. Background checks completed. EOAAE [www.TheVillageFamily.org](http://www.TheVillageFamily.org)



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ifn

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4	8	9	3	6	5	1	7	2
7	3	2	9	1	4	6	8	5
5	1	6	2	8	7	4	9	3
6	5	8	4	2	9	3	1	7
3	2	4	7	5	1	8	6	9
1	9	7	8	3	6	5	2	4
9	6	1	5	4	2	7	3	8
8	7	5	1	9	3	2	4	6
2	4	3	6	7	8	9	5	1

Answers to puzzle on page 9

**GARAGE SALES**  
**BUYING NEW & USED FURNITURE,** appliances, antiques, couches, loveseats, dining sets, all households. Leaving Minot? Just give me a call on my cell phone 833-9042 or home 839-1776.

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MISCELLANEOUS

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 <b>05 CHEVY IMPALA LS</b> 84K, leather, sunroof, 3.8V6 <b>\$9,995</b>	 <b>09 FORD FOCUS SE</b> 21,000 MILES, 4 DR, Cruise, alloys <b>\$14,995</b>	 <b>91 TOYOTA 4 RUNNER</b> 4x4, Runs/Drives Good <b>\$3,995</b>
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**\$100,000**



Flooded Home. Being sold "AS IS". Home is cleaned and ready to build to your specifications. New roof, shed stays, lot of possibilities. Bring an offer! Call Clyde Thorne Today! #20111524

**\$30,000**



Flooded Home. Being sold "AS IS". Some partial clean out. Selling for the lot value. Call Clyde Thorne Today! #20111507

**\$109,800**



3 bedrooms and 2 baths with an oversized single stall garage. Home has been stripped and sanitized and ready for re-model. Huge backyard to the park. The home was in the 2011 flood and had about 4 inches on the main floor. Call Lorell Seibold Today! #20111410

**\$116,600**



Flooded Home. Being sold "AS IS". Very nice brick home is being cleaned out to the 2" x 4"s, washed, and sanitized. Soon to be ready to rebuild in your style. Nice detached 2 car garage to compliment the single attached garage. Call Clyde Thorne Today! #20111398

**\$117,000**



This charming home needs some attention but is structurally sound. Flooded main floor by 4 inches. High ceilings, large open dining-living room area with tons of character. High kitchen ceilings and cupboards gives you lots of space, breakfast room off kitchen. The main floor has been dried out and sheetrock has been removed. Call Dawn VerBruggen Today! #20111353

**\$84,000**



Great Home! Home was flooded but lots of work has been done to it! Professionally cleaned and sanitized by Serve Pro. Seller is reframing rooms and preparing home for remodel. Heat runs will be replaced, new 200 amp service, new furnace, central air and water heater. Seller removed appliances, cupboards and counter tops prior to flood and will be included with the house. Call Dawn VerBruggen Today! 20111352

**\$64,500**



2 bedroom, 1 bath home that was in the flood of 2011. Gutted, cleaned and sanitized. Ready for a re-build. Call Lorell Seibold Today! #20111317

**\$900,000 Rugby**



Spectacular 4,480 sq. ft. home proudly standing on approx. 9.06 acres just East of Rugby next to the Rugby Golf Course. This fabulous 4+ bedroom - 6 bath home was built in 2000. Attached 3 stall garage. The detached Garage/shop features approx. 3,720 sq. ft. Call Bruce Walker Today! #20110816

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Completely remodeled home from top to bottom, with new siding, roofing, shingles, insulation, wiring, and much more. A new porch was added on the front for those days just sitting on the porch in your rocker. Completely ready to move in, no work necessary. Call Clyde Thorne Today! #20110739

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Todd Fettig.....852-0136  
Ken Gorze.....852-0136

Neil Gush.....833-9003  
Tasha Haugen.....721-9969  
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Brad Livesay.....720-7769  
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