

WARRIOR

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Aug. 19, 2011

Taking aim with CATM Airmen



U.S. Air Force photo/Airman 1st Class Cody H. Ramirez

(Right) Staff Sgt. Roger Scott, 509th Security Forces Squadron combat arms and maintenance instructor, teaches 509th SFS members how to stand while shooting July 28 for their upcoming M4 Carbine firing qualification. Security Forces members are required to re-qualify every six months and must conduct a day and night fire. See page 5 for photos and story.

Team Whiteman member overcomes obstacle, strives

By Airman 1st Class Montse Ramirez
509th Bomb Wing Public Affairs

The rumble of the engine and the force of the wind against his body increased as the speedometer rose. Every time he rode his motorcycle, the speed brought a rush of adrenaline through his veins.

July 26, 1996 was just another ride through a San Antonio highway, until a distracted driver took too wide of a turn and merged into his lane. Next thing he knew, his motorcycle was against the guard rail and he fell 100 feet from the elevated highway.

James Williams, husband of Staff Sgt. Shannon Williams, 509th Civil Engineer Squadron, was clinically dead upon arrival at the hospital, but doctors were determined not to let that be his last day.

He nearly died twice more on the surgery table, but after 36 surgeries, the doctors succeeded in giving him his life back.

Few can say they have survived a 100-foot fall, and fewer can say they are just as active after it. He is now the man many have seen riding his hand cycle around base.

After the accident, Mr. Williams said he

See Overcomes, page 14

Whiteman members step up, conduct AFSSO 21 assessment

By 509th Bomb Wing Public Affairs

509th Bomb Wing Air Force Smart Operations 21 manager

Whiteman AFB conducted an Air Force Smart Operations assessment Aug. 1-4. AFSSO 21 is an Air Force program that provides individuals the opportunity to improve a process or problem.

The eight step AFSSO 21 problem solving approach allowed servicemembers to determine the root cause of a possible flawed process and develop counter measures.

During the AFSSO 21 assessment, a team of Air Force Global Strike Command aircraft maintainers found a way to not only improve weapon load pre-certification, but other training as well.

"The AFSSO 21 program is a great way to solve problems not easy to see or fix," said Steven Gardner, AFSSO 21 program manager. "Getting support from a process owner was key to this successful event."

Shortly after arriving here, Master Sgt. Gabriel Flagg, 509th Aircraft Maintenance Squadron, noticed it was taking too long for B-2 Bomber weapons system loaders to complete required training for their initial load certification course. Sergeant Flagg contacted Chief Darrel Brewer, 509th Maintenance Group wing weapons manager, to

request a team hold an AFSSO 21 assessment to find flaws. Chief Brewer, also the process owner, is a supporter of AFSSO 21 and allowed Sergeant Flagg to push forward with his call.

During step one, Sergeant Flagg clarified, defined and validated the problem.

"It was determined that it took the loaders six months, on average, for requirements that needed to be schedule for I-Cert training," Mr. Gardner said. "Step two was to break down the problem and identify performance gaps. They found there were 22 weapons loaders not qualified nor scheduled for I-Cert training which led to many different impacts on the weapons loaders, for the 509th AMXS and the 509th Bomb Wing."

Mr. Gardner said that step three set an improvement target for the process and Sergeant Flagg determined that three months should be the normal completion time for all I-Cert requirements.

"Before step four began, Chief Brewer and Sergeant Flagg developed a team from the 509th Maintenance Training Flight, Weapons Standardization Training and from the 509th AMXS.

Throughout the process, the Airmen determined the root cause of the problem which was

See AFSSO 21, page 3

ON THE INSIDE

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Airmen attend K.C. Chiefs training camp

Team Whiteman members visited Kansas City Chiefs training camp Aug. 15 in St. Joseph, Mo.

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Taking aim with CATM Airmen

The 509th Security Forces Squadron is the largest security force in the Air Force and has the unique job of guarding the B-2 Spirit and the nation's nuclear enterprise.

8-9



2011-2012 KN R-VIII School District Bus Routes

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Called to Serve

Congresswoman Vicky Hartzler, U.S. Representative for Missouri 4th District, presented Master Sgt. Shane Lacaillade, 509th Medical Operations Squadron, with the Called to Serve award Saturday, during the Launch Mission G19:1.

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Whiteman AFB Theater Schedule

WEATHER

Today	Sunday
Storms	Storms
Hi 92	Hi 90
Lo 72	Lo 70
Saturday	Monday
Storms	Partly Cloudy
Hi 81	Hi 89
Lo 71	Lo 68

Courtesy of National Weather Service

Education will take you places

By Capt. Omar Villarreal
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, South Korea -- With the current military tempo, it would seem safe to say that by joining the military, new Airmen will be able to see the world. I have known many people who have joined to get away, to see new places, to expand their understandings and to gain independence.

I decided to join the Air Force because I wanted to follow the footsteps of a proud Airman who served more than 24 years for his country. That proud Airman was my father, who along with my mother stressed the importance of education.

I never was the studying type. I guess I figured there were so many other things I would rather be doing, but because of my parents I knew education could help me grow as a person.

"Education can take you places," my parents would say. "Go to school, stay on top of your studies, work hard, believe in yourself and the rest will be history."

I was commissioned nearly eight years ago, after four extremely fun years at the University of Texas at San Antonio. I am sure there were those who doubted I would be able to finish because I had a full plate. I worked full-time, I ran cross country, I was in ROTC and I was in a fraternity.

"Most people can only work and go to school, or have a social life and go to school," a school administrator said during an orientation a week before my first semester. "We advise you choose what you want to do and stay away from the other."

I am here to tell you that no matter how much you have on your plate, no matter how long it has been since you have taken your last class and no matter how hard you think it will be, there is always a little room for higher education. Putting forth

just a little amount of effort is all that is required to succeed.

As servicemembers, we have tools at our disposal to help us get an education. We have an education center. We have tuition assistance. We have leaders who understand the value of a higher education; and if we are away from our families, we have the opportunity to get one or finish one we have already started.

The education center is there to help servicemembers reach their educational goals. The education center is there to help with what probably is the hardest part about getting a higher education, registering for that first class. Once you register, you are well on your way to achieving the degree you seek.

So, with the tools available to each of us, there should be no reason for not pursuing a higher education, right? Well, that is up to us to apply the values instilled in each of us: Integrity first, Service before self and Excellence in all we do.

I think we owe it to ourselves to improve who we are. I can honestly say that I believe most servicemembers strive to be model citizens. We want a higher rank, we want more responsibility and we want to live the best life possible.

I am not going to convince you to go register for a class, buy a textbook or take the first step and visit your base's education center to by writing this commentary. Getting an education is something you have to want to do for yourself.

All I am asking is that you take a second to think about the opportunities you have. As servicemembers, we have opportunities that most only dream of. Want better for yourself? Get a higher education and go further than you ever thought possible.

For information on how you can take that first step, visit your education center or log on the Air Force Portal and visit the Air Force Virtual Education Center

THE WARRIOR

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The deadline for article submissions to the Warrior is Noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submissions does not guarantee publication.

For more information, call the Warrior office at (660) 687-6123, e-mail: Whiteman.Warrior@whiteman.af.mil, fax us: (660) 687-7948, or write to us at:

509th Bomb Wing, 1081 Arnold Ave., Bldg. 59, Whiteman AFB, Mo., 65305.

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Commander's Corner

Team Whiteman,

This week more than 100 members of Team Whiteman participated in phase II of an Operational Readiness Exercise. Exercises like these practice our ability to rapidly deploy people downrange, respond to B-2 accidents, and are essential to maintain our military readiness.

As a base with both conventional and nuclear missions, we need to continually hone a huge number of skill sets, practicing regularly in order to make sure we're ready when our nation calls. Whether it's dropping bombs in Libya or maintaining our nation's credible nuclear deterrent, we need to be sharp at all times.

Exercises and inspections also provide instant feedback for commanders, who need to be able to identify areas of improvement in their units. It's easy to fall into the trap of believing that you are perfect in every part of your job – exercises and a robust self-inspection process help keep that kind of magical thinking in check. Excellence and perfection are laudable goals; however, we must always strive to improve.



Today is the final day of our ORE, and you may notice Airmen running around in chemical protection gear practicing their ability to survive and operate in deployed locations. These tests, evaluations and demonstrations of our capability and will are part of what makes the U.S. Air Force the greatest fighting power in the world!

Finally, starting Aug. 27 our teammates in the 442nd Fighter Wing will be participating in an Air Combat Command Operational Readiness Inspection. ORIs are rigorous tests of units' ability to perform the mission given to us by our nation's leaders, and I have every confidence that the 442nd will once again demonstrate that they are one of, if not THE top Reserve unit in the Air Force.

Defensor Vindex.

-Brig. Gen. Scott Vander Hamm,
Commander"

Leadership by 'SILENT B'

By Lt. Col. Robert C. Schroeter
22nd Communications Squadron commander

MCCONNELL AIR FORCE BASE, Kan. (AFNS) -- The Air Force is transforming to meet the challenges of today's operating environment. We depend on our Airmen to contribute by adapting to advance the Air Force mission, at home and in deployed locations.

To ensure their success, leaders must cultivate an attitude of positivity and 'can-do.' I take this task on day-to-day to support my folks to accomplish the missions they are tasked to.

Every leader has a philosophy they live by. As I looked back over my career to date, I remembered the mentors I had, both officer and senior NCO. From their teachings, I came up with this leadership philosophy by "SILENT B."

Sense of pride -- Showcase your folks and the work they do. Provide them a clean and safe work environment. Do not miss a chance to recognize them and be totally committed and accessible 24 hours a day. Access to you shows that you care and value their efforts.

Importance -- Let people know where they fit into the big picture and how their work impacts the mission. Help them take ownership. Listen to their inputs; you may not use them, but they may spark ideas.

Lead by example -- People learn from you, good or bad. Be a professional in all you do. Teach, mentor, coach and mold future leaders. Take a vested interest in junior Airmen because they are the future of our Air Force.

Enforce standards -- It's the simple things that can lead you down the wrong path. Policies, standard operating procedures and discipline are there for a reason.

No mistakes -- Mistakes are inevitable; admit to them, correct them and drive on. Convert them into learning opportunities.

Teamwork -- Be loyal to the unit, its mission and its members/families. Help people around you be successful, they will make you successful.

Be happy -- Have fun. Life is too short not to. There you have it, the SILENT B leadership style.

Spirit Friday

A B-2 Spirit is scheduled to be on display at Base Operations from 9 a.m.-1 p.m. today, allowing Team Whiteman members to bring their families to see the aircraft. Static displays are weather-permitting and members are responsible for their guests while on the flightline. Security Forces will be on post and can answer questions about regulations, and cameras are not permitted. The aircraft will be roped off and patrons cannot enter restricted areas. For questions, contact public affairs at 660-687-6121.

NEWS BRIEFS

Whiteman AFB Golfer's Opinions Sought

Headquarters Air Force Services has launched its annual golfer survey at 71 courses worldwide. Patrons are asked to respond to a survey which runs until Sept. 15 and can be found at www.uasfservices.com. The survey is designed by the National Golf Foundation and gives Whiteman golfers the chance to provide feedback on the base course. Patrons can also visit the pro shop for an off-line survey.

Annual Atomic Luau BBQ

The Annual Atomic Luau BBQ is scheduled 11 a.m.-4 p.m. Aug. 26 at the Ike Skelton Park. E-1 to E-4, \$3, E-5 to E-6, \$5, E-7 and above, \$10, civilian: pay grade commensurate and 13 and younger are free and 13 and above are the same as sponsor. Bring lawn chairs and sunscreen. See unit POC for tickets and sign-up for games with unit sports representative.

Calhoun Colt Show and Fair Festival

The Calhoun Colt Show and Fair Festival is Aug. 26, 27 & 28 and is a free event which includes a nightly entertainment with a Christian concert Aug. 28. For more information visit www.coltshow.com or search Calhoun Coltshow via Facebook.

Community Blood Drive

The Community Blood Drive is from noon-5 p.m. Aug. 31 at the Community Center. To make an appointment, visit www.esavealifenow.org and use sponsor code: whiteman. For more information contact 2nd Lt. Diana Wong at 660-687-1995. One donation can help as many as two local hospital patients. Community Blood Centers must collect at least 580 pints of blood every day to meet the needs of our area.

Munitions Squadron Semi-annual Stockpile Inventory

The 509th Munitions Squadron will be conducting a semi-annual stockpile inventory Sept. 5-9. Those needing any munitions issued or have any that need to be turned in, do so either the week prior or after the inventory. During this week, MUNS will only process emergency requests, submitted in writing, and approved by the group commander or equivalent. Direct questions to Tech. Sgt. Jason Gebbia at 660-687-8251.

Blue Star Museums

Blue Star Museums are offering free admission to active-duty members and their families through Sept. 5. The Blue Star Museums initiative is a partnership among Blue Star Families, the National Endowment for the Arts, and more than 1,000 museums across America. Log on to www.arts.gov/national/bluestarmuseums to see the map of each state participating Blue Star Museums this summer of each state.

Veterans honored at Missouri State Fair



U.S. Air Force photo by Capt. John Severns

SEDALIA, Mo. – Brig. Gen. Scott Vander Hamm, 509th Bomb Wing commander, addresses Missouri State Fair individuals during a Military Application Day ceremony Sunday. Missouri Gov. Jay Nixon and Missouri National Guard's Maj. Gen. Stephen L. Danner, adjutant general, were also in attendance to honor Veterans. A "Show Me" Salute to Veterans paid tribute to men and women in uniform, with a special focus on Vietnam veterans.



AFSO 21 Continued from Page 1

not standardized and caused delays in training, according to Mr. Gardner. Another root cause to the delay in training were extra duties; since the 2W1s were not qualified, they were given all squadron details.

They also found that trainees had to go back and forth to different locations for maintenance and in-house training, determined by the team as they broke down the process.

"In step five, the team developed countermeasures to correct the issues they found within the process," Mr. Gardner said. "They arranged their solutions into areas with the biggest impact and easiest to implement to low impacts and difficult to implement."

The team put together an action plan in step six which gave ownership to individuals by name and by completion dates to get the countermeasures completed, according to Mr. Gardner.

"The team not only came up with improvement areas to lower the training time from six to three months but came up with great ideas and initiatives to improve other training areas throughout the maintenance group," he said.

Step seven process monitored the progress of the action plan and countermeasures to see if the plan was working.



Courtesy photo

(Left to right) Steven Gardner, Staff Sgt. Andy Hallenbeck, 509th AMXS; Staff Sgt. Billy Peacock, 509th AMXS; Staff Sgt. Atman Walters, 509th MOS; Master Sgt. Todd Holbert, 509th MXS; Master Sgt. Jeannie Trichel, 509th MOS; Master Sgt. Gabriel Flagg, 509th AMXS; Tech. Sgt. Kenneth Clinton, 509th AMXS; and Staff Sgt. Brian Abel, 509th MOS.

"Over the next six months, data will be collected to see if the team is meeting its set target for improvements set back in step three," he said. "In step eight, if the improvement process worked, we will adapt the new process. This is also a great time to pass on to other bases and organizations that have very similar issues to see how this team solved this problem."

"Not only did this team come up with great ways to fix the problem, but they learned the

eight step problem solving techniques which they can use on any problem in the future and they had fun working the problem as a team," Mr. Gardner added.

Team Whiteman members who have a flawed process, problem, or trouble fixing something in their work area, can contact the Whiteman AFSO 21 office at extension 660-687-2391. The AFSO 21 office can help facilitate a process and provide the tools and resources needed to conduct event.

Airmen attend K.C. Chiefs training camp



U.S. Air Force photo by Airman 1st Class Cody H. Ramirez

SAINT JOSEPH, Mo. - Airmen from Whiteman Air Force Base participated in a Kansas City Chiefs' tackling drill, the gauntlet, Aug. 15 during the team's training camp. The Airmen were invited to the practice of training camp as part of a USO tour.

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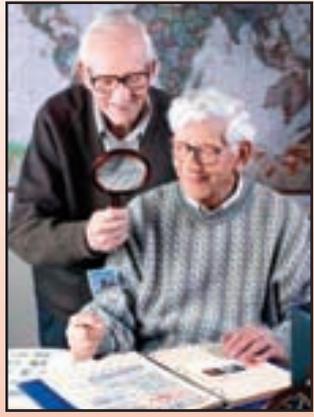
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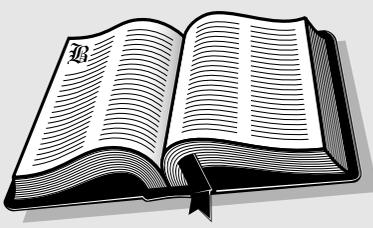
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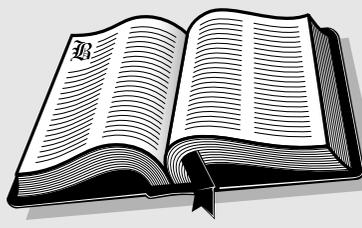
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Senior Airman Vanessa Reedtacla , 509th Security Forces Squadron, shoots at the firing range here July 28 during M4 Carbine qualification firing. Airmen must shoot 32 of 50 targets to pass proficiently, but 43 of 50 targets are required for Airmen be considered an expert marksman.

A member of the 509th Security Forces Squadron loads a magazine for his M4 Carbine here July 28 during qualification firing.



Taking aim with CATM Airmen

Story and photos by Airman 1st Class Cody H. Ramirez
509th Bomb Wing Public Affairs

The 509th Security Forces Squadron is the largest security force in the Air Force and has the unique job of guarding the B-2 Spirit and the nation's nuclear enterprise.

The 509th SFS maintains current defense skills to protect base assets and follow the Air Force Global Strike Command vision of being an elite, highly disciplined team.

Ensuring all 509th SFS members maintain this expertise are the 509th SFS combat arms and maintenance instructors.

"At any given time there are multiple weapon systems employed in the protection of the base resources," said Staff Sgt. Roger Scott, 509th SFS CATM instructor. "We train every one of the Airmen and NCOs posted on those weapons systems to be prepared.

"In the short time I've been with the 509th SFS, I see the unit as a whole takes a lot of pride in what we do," the sergeant added. "Combat Arms is the same way. We give our Airmen the skills they need to do their job."

Three CATM instructors taught semi-annual combat arms training July 28 at the firing range here to a class of 509th SFS members. All together, eight hours of classroom and range training was conducted by the end of the day.

SFS members must pass the M16A2 rifle or M4 Carbine Air Force Qualification course, the tactical rifle qualification course and the M9 qualification course. Passing requirements depend on the individuals arming group, which they are put into based on their job.

Maintaining qualifications on their weapon systems allows the SFS to be ready at a moment's notice to defend this nation and its powerful assets.



ABOVE: Senior Airman Lawrence Saunders, 509th Security Forces Squadron, adjusts the sights on his M4 Carbine here July 28 during qualification firing. The members are allowed practice rounds to ensure their weapons are firing straight prior to their qualifying test.

LEFT: Senior Airmen William Peterson and Richard Hovland, 509th Security Forces Squadron combat arms and maintenance instructors, check shooters' training targets prior to a M4 Carbine qualification fire here July 28. The CATM instructors are trained to read the targets and inform shooters if they need to adjust their sights, improve on their breathing or work on other firing fundamentals.

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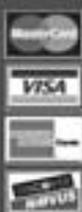


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0% for 60* Available with \$750 USAA Rebate
MSRP \$32,810
W-K's Military Price **31,742.04**
Rebate - 2000
USAA Rebate*** - 750=
W-K's Military Price \$28,992⁰⁴

#396726
2011 CHEVY SILVERADO 1500 4WD EXT CAB LT
0.9% for 72* Available with \$750 USAA Rebate
MSRP \$34,695
Military Discount Price **32,765.40**
Rebate - 4505
USAA Member Rebate*** - 750=
W-K's Military Price \$27,510⁴⁰

#120210
2012 CHEVY CRUZE LS
25 CITY 36 HIWAY
MSRP \$17,470
W-K's Military Price **17,236.69**
USAA Rebate*** - 750=
W-K's Military Price \$16,486⁶⁹

#094488
2011 BUICK REGAL CXL
19 CITY 30 HIWAY
0% for 60* Available with \$750 USAA Rebate
MSRP \$26,995
W-K's Military Price **26,427.11**
Rebate - 1,000
Wk Dealer Cash - 1,000
WK Discount - 1,500
USAA Rebate*** - 750=
W-K's Price \$22,177¹¹

#212735
2011 CHEVY CAMARO
17 CITY 28 HIWAY
MSRP \$23,770
Military Discount Price **23,265.26**
USAA Rebate*** - 750=
W-K's Price \$22,515²⁰

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10 KIA FORTE SX Leather and Sunroof \$19,691	05 GMC SIERRA 1500 CREW SLE 4WD \$18,991	07 FORD EDGE PLUS SEL AWD \$22,991	04 CHEVY SILVERADO EXT. CAB 4X4 ONLY 61,000 MILES \$17,991	09 DODGE GRAND CARAVAN SXT \$22,491	06 NISSAN PATHFINDER SE \$17,991



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KNOB NOSTER R-VIII SCHOOL DISTRICT SCHOOL BUS ROUTES 2011-2012 • August 23, 2011

WHITEMAN AFB TO KNOB NOSTER

*Attention - As more new housing opens throughout the school year new streets will be added.

Grades	Bus Number	Driver	Approx. Time First Pick-up	Streets/Locations Covered
*9-12 Stops:	4-A/Kangaroo	P. Buzzanga	6:50 a.m.	Femoyer, Metzger, Gott, Lawley, Morgan, Mathies, Michael, Truemper, Vosler, Post, Lindbergh, Burge, Bullard & Symingto
*6-8 Stops:	16-A/Alligator	J. Clarence	6:50 a.m.	Femoyer, Metzger, Gott, Morgan, Michael, Truemper, Vosler, Scott, Bullard, Lawley
*6-12 Stops:	12-A/Dolphin	K. Grotzinger	7:18 a.m.	Youth Center, Child DC, Whiteman Inn, TLF, Houx, Summit, Skybolt, Marshall, Wright, Lindbergh, Post, Atlas, Earhart, Chennault, Short
*6-12 Stops:	7-A/Rhino	M. Akers	6:50 a.m.	Carswell, Travis, McConnell, Langley, Schilling, March

WHITEMAN ELEMENTARY BUS ROUTES

Grades	Bus Number	Driver	Approx. Time First Pick-up	Streets/Locations Covered
*K-5 Stops:	13-A/Penguin	S. Cunningham	7:20 a.m.	Kelly, Morgan, Mathies, Morgan Circle, Skybolt, Summit
*K-5 Stops:	13-B/Penguin	S. Cunningham	7:40 a.m.	Kelly, Femoyer, Metzger, Gott, Lawley
*K-5 Stops:	9-A/Panda	K. Woods	7:14 a.m.	Burge, Scott, Bullard, Law, Chapman, Blake, Libby, Vosler, Michael, Truemper
*K-5 Stops:	9-B/Panda	K. Woods	7:43 a.m.	Marshall, Wright, Post, Lindbergh, McGuire

KNOB NOSTER AND VICINITY, RURAL

Grades	Bus Number	Driver	Approx. Time First Pick-up	Streets/Locations Covered
*K-12 Stops:	4-B/Kangaroo	P. Buzzanga	7:15 a.m.	Sunset, SE 971, Lakewood Trailer Ct
*K-12 Stops:	1-A/Elephant	D. Parrott	6:45 a.m.	Deer Run, Forest Trails, Huntington Estates, Deerbrook

Grades	Bus Number	Driver	Approx. Time First Pick-up	Streets/Locations Covered
*K-12 Stops:	1-B/Elephant	D. Parrott	7:18 a.m.	Ready Set Grow, State Park, Wooded Hills, Parkside (Div Rd); Deerbrook Apts - PM
*K-8 Stops:	16-B/Alligator	J. Clarence	7:15 a.m.	SW Knob Noster
*K-12 Stops:	17-A/Turtle	R. Harms	7:05 a.m.	East Rural and Villages at Whiteman, except SE 1151
*K-12 Stops:	11-A/Horse	L. Vick	6:45 a.m.	Rural Northeast of Knob Noster, Rainbow Connection, FF Hwy
*K-12 Stops:	15-A/Camel	B. Ousley	6:50 a.m.	Rural Southeast, Villages 1151, Duplexes 117
*K-5 Stops:	17-B/Turtle	R. Harms	7:35 a.m.	Allen, Monroe, Bridge, Jefferson, Hillview, Truman, Lucas, Ash
*K-12 Stops:	14-A/Octopus	D. Sokolowski	6:45 a.m.	Rural South & Southwest
*K-12 Stops:	18-A/Monkey	G. Tull	6:50 a.m.	Rural West & Northwest
*K-12 Stops:	5-A/Lion	R. Carnes	6:45 a.m.	Rural North & Northwest
*K-12 Stops:	7-B/Rhino	M. Akers	7:18 a.m.	NE 75 (E of D), Davies Rd, N of 50 Hwy to 23, Whispering Hills, Town & Country Tr Ct

KNOB NOSTER AND VICINITY, RURAL CONTINUED

Grades	Bus Number	Driver	Approx. Time First Pick-up	Streets/Locations Covered
*K-12 Stops:	2-A/Butterfly	C. Sappington	6:50 a.m.	Country Acres, NE 200 & NE 175 (E & W of 23 & W of MM), E McPherson, Rainbow Acres, Whiteman Estates Tr Ct, KN Tr Ct
*K-12 Stops:	12-A/Dolphin	K. Grotzinger	7:37 a.m.	New Beginnings
*K-5 Stops:	12-B/Dolphin	K. Grotzinger	8:05 a.m.	Delivered to homes in Knob Noster starting at 3:35 p.m. †

EARLY CHILDHOOD SPEC. ED: Bus 3 (D. Jordan) route will be arranged as children enroll based on their addresses and section.

VO-TECH: Vo-Tech (R. Carnes) route will adjust to meet class and work study requirements.

*Bus routes are subject to change without notice

The District will begin the school year with the bus routes covering the streets and county roads indicated. There may be changes later as the student population changes. Approximate pick-up times are for the first stop. A=First Run, B=Second Run, C=Third Run

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3. _____
4. _____
5. _____

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2011 CHEVROLET TRAVERSE LT AWD #16790  Special \$27,899	2008 BUICK LUCERNE CXL #11431  Special \$18,987	2005 CHRYSLER PACIFICA TOURING #368681  Special \$9,899	2009 TOYOTA COROLLA S #312201  Special \$14,899
2008 TOYOTA MATRIX XR #16079A  Special \$14,899	2010 CHEVROLET CAMARO 2LT #14718  Special \$26,899	2003 CHEVROLET SUBURBAN #33534A1  Special \$13,899	2009 NISSAN MURANO LE #19305  Special \$22,876

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Called to Serve



U.S. Air Force photo by Staff Sgt. Lauren Padden

WARRENSBURG, Mo. -- Congresswoman Vicky Hartzler, U.S. Representative for Missouri 4th District, presents Master Sgt. Shane Lacaillade, 509th Medical Operations Squadron, with the Called to Serve award Saturday, during the Launch Mission G19:1. The award recognizes a military warrior who has gone above and beyond the call of duty and call to serve.

2011 Whiteman AFB Gala

The 2011 Whiteman AFB Gala is Sept. 23 at the 5-Bay Hanger. Social hour begins at 6 p.m. Attire is formal/wear, semi-formal/mess dress. Ticket prices are \$25 for E-5/GS-5 and below, and \$30 for E-6/G-6 and above. All tickets are cash or check only. Make checks payable to the Whiteman AFB Top-3. Tickets are available Aug. 22. See unit representative for tickets. For parents night out call the YC (660) 687-5586 or the CDC (660) 687-5592.

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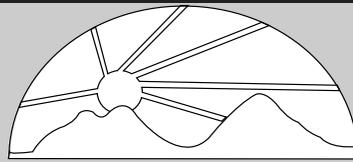
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LOCAL ACTIVITIES

Professional Women's Organization—1st Mon. of each month - Basement of City Hall
Lion's Club—2nd & 4th Mon. 7 p.m. - Jubilation Center
Chamber of Commerce—2nd Tues. of each month.
Call Tammy Templeton @ 563-4090 for more info.
Masons—2nd & 4th Thurs. 7:30 p.m. - Knob Noster Masonic Lodge AF & AM
Optimist Club—Sat. 7:45 a.m. - Panther Steak House for Breakfast. The last week of the month meetings Wed. 6:30 p.m. - Panther Steak House for Supper (family invited)
Alcoholics Anonymous (AA)—Every Fri. 8 p.m. - Basement of Methodist Church
Knob Noster Board of Aldermen—1st & 3rd Tues. each month - Basement of City Hall

Whiteman Area Piecemakers Quilt Guild—3rd Thurs. each month 7 p.m. - Methodist Church
AMVETS—Membership Night Supper 3rd Sat. each month 7-8 p.m. - AMVETS Building
VFW—1st Fri. each month 7 p.m. - VFW Building
VFW Auxiliary—1st Fri. each month 7 p.m. - VFW Building
Boy Scouts - Troop 509 Methodist Church
Cub Scouts - Pack 405 Bill Sander 687-1154
Cub Scouts - Pack 509 Methodist Church
Girl Scouts - Jo Ellen Elwell 563-3514
Freedom of the Road Riders, Local 33 - 3rd Sun. 1 p.m. - AMVETS Building

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FOOD & ENTERTAINMENT

SATURDAY 8/20

Family Bowling Special ~ Noon-4 p.m. ~ Stars & Strikes
For \$25 get one hour of bowling, free shoes, 1-large single topping pizza, and soda for a family of up to six. Call 687-5114 for more info.

SUNDAY 8/21

Family Days ~ 4 p.m. ~ Royal Oaks Golf Course
A family of four (two adults/two children) can golf every Sunday for four green fees, two carts for nine holes, four hot dogs and drinks! Military family \$30; Civilian guest family \$45. Call 687-5572 for tee times.

MONDAY 8/22

Blue Plate Special ~ 11 a.m.-1 p.m. ~ Mission's End
Today's special is baked pork chops, scallop potatoes, peas & corn, salad and a roll. Cost is \$6 members; \$8 nonmembers. Call 687-4422.

Weekly Grill Specials ~ 11 a.m.-1 p.m. ~ Mission's End
Enjoy this month's grill special Monday through Friday during lunch. August's menu is Italian meatball sandwich on a Hoagie roll with Marinara sauce and Swiss cheese or hot Italian sub on a flatbread. Both items served with French fries and a Coke. Cost is \$6.75 members, \$7.75 nonmembers. Call 687-4422.

TUESDAY 8/23

Air Force Gallery Submission ~ Arts & Crafts
Reach out and touch the world with what you've created. The Air Force Arts and Crafts Gallery showcases fine arts, crafts and photography created by military personnel, the entire base community and their families. Submission's accepted now through October 31, 2011. Call 687-4765 for more information.

Member's Only Daily Bar Bingo ~ 5p.m. ~ Mission's End
Bingo starts at 49 numbers for \$450. Each week it goes up by one number and \$50 if no jackpot winner. Consolation prize is \$20 in Overall Game. Stop by Tuesday through Friday; purchase cards by 5 p.m. Game starts at 5:30 p.m. Call 687-4422 for more information.

WEDNESDAY 8/24

Boss-n-Buddy Night ~ 4-7 p.m. ~ Mission's End
Stop in with your boss and/or buddy for some delicious chicken wings! Cost is 30 cents for members; \$45 cents for nonmembers/carryout. For more information, please call 687-4422.

THURSDAY 8/25

Cook's Night Off ~ 4-8 p.m. ~ Mission's End
Call in your order to 687-4422 by 2 p.m.; pick up between 4-8 p.m. A perfect meal that feeds a family of four. August's menu is catfish filets, savory rice pilaf, coleslaw, Texas toast and pound cake. Cost is \$15.95 for members; \$18.95 nonmembers. Or, order a large single topping pizza for just \$7.

FRIDAY 8/26

Chain Mail Class Deadline ~ Arts & Crafts
Sign up by noon today for this single session class scheduled August 30, 9 a.m.-Noon. Cost is \$25 plus supplies (approx. \$25). Call 687-4765.

Stained Glass Class Deadline ~ Arts & Crafts
Noon, today is the sign up deadline for this six-session, open enrollment class scheduled every Tuesday, 5:30-8:30 p.m. Cost is \$115, supplies included. Call 687-4765 to reserve a spot today!

Sign it Like a Star Karaoke ~ 9 p.m. 1 a.m. ~ Mission's End
Come out and "Sing it Like a Star!" Cash prizes awarded to 1st, 2nd and 3rd place winners. Nonmembers may not compete for prizes. Call 687-4422 for more details.

DODGEBALL TOURNAMENT
AUGUST 25, 1-3PM
@ Fitness Center 687-5496

Interval Power Hour
At The Community Center with Kelly Perry
Tuesdays & Thursdays at 9:30am
One hour class of weight lifting, cardio and plyometrics all jammed into one class to get the best burn for your body.
Get Ready, Get Set & Sweat!
\$5 Per Session For info call 687-5496
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Watch Whiteman's youth in this professionally produced musical!
AUGUST 19
1pm & 7pm @ Community Center Ballroom
Pre-sale tickets available at the Community Center \$2 per person (children 5 and under free)
Community Center presents...
The Pied Piper
MISSOULA CHILDREN'S THEATRE

TUNE UP SWEEPER
at Stars & Strikes
August 20, 1-5pm
for info call 687-5114

LOAFERS CONVENTION
AUGUST 20 @ COMMUNITY CENTER
FREE! 2PM TO CLOSE

BACK TO SCHOOL!
Family Night Membership Buffet!
@ Mission's End
August 29, 5-7pm
The first 120 school-age children receive a backpack full of school supplies!
*Members Only
Not a member? Sign up prior or during the Back to School Bash and start taking advantage of the many membership programs here on Whiteman AFB!
687-4422

Force Support page editor...Cathy Sloan
509th Force Support Squadron...687-6525
FORCE SUPPORT SQUADRON
WWW.WHITEMANFORCESUPPORT.COM

YOUTH & TEEN EVENTS

MONDAY 8/22
Before & Afterschool Registrations ~ Youth Center
The Before & Afterschool Program is currently accepting applications for the 2011/2012 school year. The SAP provides a safe and fun learning environment for your child before & after school. Please call the Youth Center at 687-5586 or stop by to find out how to enroll your child this school year. Cost is base on Total Family Income (TFI).

Start Smart Soccer Sign Ups ~ Youth Center
Youth, ages 3-5, sign up today for Start Smart Soccer scheduled to begin September 7. Cost is \$25 without kit or \$61 with a kit. Kit includes a manual, 1-teslon soccer ball, 1-size three soccer ball, 1-set of shinguards, and 4-cones. Parent meeting and sign up deadline scheduled 5:15 p.m., August 31 at the Youth Center. This is a PLAYpass accepted program. Call 687-5586 for more information.

TUESDAY 8/23
Open Recreation School Year 2011/2012 SY ~ Youth Center
Youth, ages 9-18, join us for open recreation throughout the week. Open rec times for ages 9-12 are 3:15-6 p.m.-Monday-Friday and ages 13-18, 3:15-6 p.m.-Monday-Friday. Youth can come in each day and choose from a wide range of activities and games including: computer lab for homework time, video game systems, gymnasium, DDR, pool, foosball, carpet ball, air hockey, two cabinets full of board games, watch age appropriate show on the big screen tv, Wii games, arts & crafts, and more! Guest speakers as well as daily educational, life skills, and fitness opportunities will be offered. Youth may also take part in Keystone & Torch Clubs. Members are free with membership card; \$2 for nonmembers per day. Call 687-5586 for more details.

FRIDAY 8/26
Preteen Back to School ~ 6:30-9:30 p.m. ~ Youth Center
Preteens, ages 9-12, come to the Youth Center for our Back to School Bash. Cost is \$5 members; \$6 nonmembers. Call 687-5586 for more information.

Outdoor Soccer Deadline ~ Youth Center
Today is the sign up deadline for Outdoor Soccer scheduled to begin mid-August for grades 4-8 and September 6 for ages 5-6. Cost is \$45 for members; \$55 nonmembers. Multiple discount of \$10 off for each additional child. This is a PLAYpass accepted program. Call 687-5586 for more details.

Guitar & Piano Lesson's Deadline ~ Youth Center
Youth, ages 7 and up, today is the last day to register for Tammy Templeton's guitar & piano lessons scheduled to begin September 10. Parent meeting and sign up deadline today, August 26, 6:30 p.m. at the Youth Center. Prices range from \$40 to \$60; depending on the age and lessons offered. This is a PLAYpass accepted program. Contact the Youth Center at 687-5586 for more info.

Outdoor Soccer Camp & Coaches Clinic Deadline ~ Youth Center
Youth, ages 5-18 and interested coaches, sign up by today for UCM's Soccer Camp & Coaches Clinic scheduled September 12 & 13, 6-7:30 p.m. at the UCM Soccer fields. This is a FREE clinic. Call 687-5586 to sign up today!

Gymnastic Fall Session Deadline ~ Youth Center
Youth, ages 5 and up, today is the parent meeting and sign up deadline for Fall Gymnastics, 6:30 p.m. at the Youth Center. Cost is \$85. Additional child discount of \$10. Approximate uniform cost will be \$55-\$85. This is a PLAYpass accepted program. Call 687-5586 for more info.

Cheer Fall Session Deadline ~ Youth Center
Youth, ages 5 and up, today is the parent meeting and sign up deadline for Cheer Fall Session at the Youth Center, 6:30 p.m. at the Youth Center. Prices range between \$50-\$65; depending on the lessons offered. This is a PLAYpass accepted program. Call 687-5586 to register today!

FCC NEWS!

RETURNING HOME CARE
Military members returning home from a 30 day or longer deployment are entitled to 16 hours of FREE child care for each child 12 years old and younger. Come to the FCC office for an application prior to participation.

PCS CARE
Arriving or departing from Whiteman? The Air Force And Society pays for 20 hours of care per child for all ranks to help with your transition. Child care is authorized in AF licensed or affiliated FCC homes. The Airman and Family Readiness Center issues certificates which are good for child care within 60 days of PCSing.

Come to the FCC office to apply prior to participation or call 687-5590 for more information about any FCC programs.

This Week at the Movies

Transformers: Dark of the Moon

Aug. 20, 7 p.m.

Shia LaBeouf, Tyrese Gibson -- A darker more introspective journey into the Transformers universe and their origins on Cybertron, There is also preview footage of the possibility of Unicron, the planet eater, in this sequel. Rated Pg-13 - 150 minutes

Horrible Bosses

Aug. 21, 3 p.m.

Jason Bateman, Charlie Day -- For Nick, Kurt and Dale, the only thing that would make the daily grind more tolerable would be to grind their intolerable bosses into dust. Quitting is not an option, so, with the benefit of a few-too-many drinks and some dubious advice from a hustling ex-con, the three friends devise a convoluted and seemingly foolproof plan to rid themselves of their respective employers...permanently. There's only one problem: even the best laid plans are only as foolproof as the brains behind them. R Crude and sexual content, perceive language and some drug material. 93 minutes

Movie showings are featured at the Whiteman AFB Movie Theater.

Call the movie line at (660) 687-5110 for more information. - Movies are \$4.50 for adults and \$2.25 (3-11 years).

Cash or check only. (Movies and ticket prices are subject to change without notice)

Overcomes Continued from Page 1

wanted to ride his bicycle but wasn't able to due to a fused leg that was unable to bend properly.

"I wrote an organization called Challenged Athletes Foundation and told them my story," he said. "They sponsored me and gave me a check so I could get a hand cycle.

"I wanted to be able to go out and feel free like I used to," Mr. Williams said. "I love riding bikes and now I get a tremendous upper-body workout."

Mr. Williams said his usual routine consists of biking about 30-miles a day throughout Whiteman.

"My average constant speed was about 11 miles-per-hour when I first started out," he said. "Now that I've stopped smoking, it has increased to about 13 or 14 miles-per-hour."

He said it has been a little over a year since he stopped smoking, and the reason he quit was his little girl.

"I want to be able to walk her down the aisle at her wedding some day," Mr. Williams said. "I might not have had that chance if I continued smoking."

Mr. Williams said another one of his goals is to start a cycling group here at Whiteman.

"I think it'd be great to ride with other bikers," he said. "It's a great motivator when you're doing what you love with others who love it too."

For now, Mr. Williams continues to train on a daily basis to get himself in the best shape possible and maybe compete in the 150-mile ride from Kansas City, Mo. to Sedalia, Mo.



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– Cynthia Kneibert, Cancer Survivor

Cynthia had never been a smoker, yet she was diagnosed with the most deadly form of lung cancer. Her closest friends suggested she go to MD Anderson in Houston. But Cynthia knew she would get the same treatment at Bothwell – and not have to travel. Over the past six years, Cynthia has undergone both chemotherapy and radiation treatment at Bothwell. In fact, she credits the wisdom of Dr. Bassem Chaar with lengthening her life. "Dr. Chaar knew about a new treatment for lung cancer, so we tried it and it worked," says Cynthia. Cynthia's cancer is not curable, but it is treatable. With her faith, her artistry, and her family, she is enjoying life.

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WHITEMAN SCHEDULE FALL 2011

Classes may be cancelled or added depending on enrollment.

SESSION 1 (SEPT. 5TH - SEPT. 23RD)

Speech M-W • Comp 1 T-Th

SESSION 2 (SEPT. 26TH - OCT. 14TH)

American History M-W • Principles of Management T-Th

SESSION 3A (OCT. 17TH - NOV. 4TH)

Humanities M-W

SESSION 3B (OCT. 17TH - NOV. 18TH)

College Algebra T-Th

STARTING THIS FALL - NO APPLICATION FEES!

Contact:

Sandy Mullins
107 S. State Street
Knob Noster, MO 65336
660-563-2400
smullins@national.edu

Facility Hours

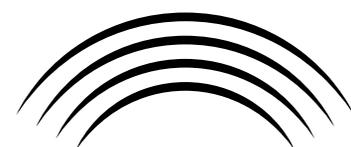
Monday	9:00am-5:00pm
Tuesday	9:00am-5:00pm
Wednesday	1:00pm-5:00pm
Thursday	9:00am-5:00pm

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FREE Classified Advertising in the Whiteman Warrior

READ ALL RULES BEFORE PLACING AN AD

- Advertising is free to all active-duty, guard and reserve military members and civil servants who work on base or at the MoARNG in Warrensburg only. Military or civil service rank must be included in the space for "rank." We do offer free advertising to retired military members.
- Ads of a commercial nature such as baby-sitting, lawn maintenance, house cleaning, product sales, apartments or houses for rent, work-at-home opportunities or any other service in which the person makes a profit must be prepaid. Paid ads must be placed directly through the Sedalia Democrat at 1-800-892-7856, dropped off at 700 S. Massachusetts Ave., Sedalia, Mo., 65301 or e-mailed to theclassifieds@sedaliademocrat.com. They accept VISA, MasterCard, cash, personal check or money order.
- Free ads are for one-time sale of personal items only. Free ads can't be placed for churches, groups, clubs, organizations or friends not affiliated with the military. Each item must be sold for \$150 or less.
- Only one free ad*, maximum 30 words, will be allowed to run at any given time by the same household, for a maximum of eight weeks. Ads over the 30-word maximum will be edited at the publisher's discretion. *People who are PCSing may place more than one ad and sell the items at any price.

- Include your home phone in the ad so people can contact you. USE OF DUTY PHONES IN ADS IS AGAINST AIR FORCE REGULATIONS.
- Print legibly, and place punctuation and spaces where necessary. Use only one word per line.
- Free ads aren't taken over the phone. They must be dropped off at or mailed to the 509th Bomb Wing Public Affairs Office, 1081 Arnold Ave Blvd, Bldg 59, Whiteman AFB, Mo., 65305. Ads may also be faxed to 660-687-7948.
- Many offices on base are using old forms**. If you would like a copy of the new ad form to keep in your office, call 687-6123 and we'll fax a new form for your use. Or, you can download it at <http://www.whiteman.af.mil> and click on "Whiteman Warrior Classified Ad Form."
- Homes for sale that are listed with a realtor must be paid for. Only people who are PCSing and selling homes FSBO (for sale by owner) qualify as a free ad.
- Free yard sale ads are for active-duty, guard, reserve and retired military members living on or off base. People who live on base must have their yard sale approved by the housing office first.
- The deadline for placing new ads, canceling or making changes to ads is 10 a.m. Friday, one week before desired publication.
- Ads that don't meet these guidelines will not run. Free advertising is a privilege extended to you by the publisher, and your cooperation is greatly appreciated. Submissions do not guarantee publication. Publication is on a space available basis.

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Misc. For Sale 135

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regular skirt, size 10 short
jacket- \$50. Call 660-422-6892
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Duplexes For Rent 210

BRAND NEW VILLAS in Warrensburg, 3 BR 2 bath units with 1-car garage, includes washer/dryer. \$950/month, 1 year lease, no pets. Home Locator, 660-429-1323.

RARE DUPLEX: Glendale subdivision, Sedalia. Renovation underway. 3 Bedrooms, 1.5 baths, 1300 square feet. View at Whiteman housing website. \$650/month.

Houses For Sale 249

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BY OWNER: Rare duplex Glendale Subdivision, Sedalia. 3 bedrooms, 1.5 baths, 1300 square feet each side, just renovated. \$138,000. (703)447-0623

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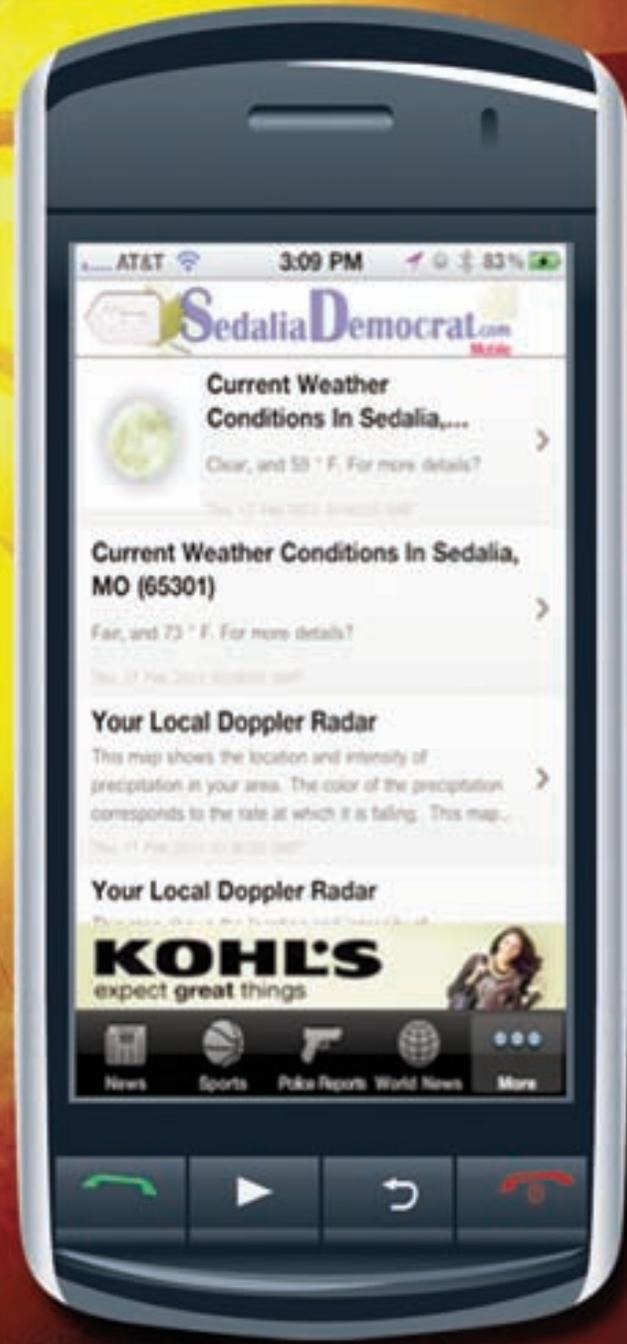
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